



PROGRAM GUIDE

REGISTRATION BEGINS
WEDNESDAY, DECEMBER 6

JAN-APR 2024



📍 You *belong* here. 📍 Tú *perteneces* aquí. 📍 Vous *appartenez* ici. 📍 你屬於這裡。

PARA INFORMACIÓN EN ESPAÑOL: [PAGINA 79](#)

CONTENTS

- 1 Letter from the President
- 77-79 Residency, Registration, & Financial Info
- 80 Additional Park District Information

Places to Go

- 2-4 UPD Map & Facilities
- 5 Pavilions
- 6 Anita Purves Nature Center
- 7 Friendship Grove Nature Playscape
- 8 Brookens Gym
- 9 Urbana Dog Park
- 10-11 Lake House in Crystal Lake Park
- 12-13 Phillips Recreation Center
- 14-16 Urbana Indoor Aquatic Center
- 64 Natural Areas

Special Events

- 17 S'mores Social & Stroll
- 17 C-U Read Across America
- 18 Best in Show Photo Print Competition
- 19 Winter Wellness Virtual 5K
- 20 Art at the Anita Purves Nature Center
- 20 Egg Hunt with a Splash!
- 21 Boneyard Arts Festival Art Show
- 21 Earth Day for Everyone
- 22 Indoor Beach Party
- 22 Crystal Lake Park Art Fair
- 23 Urbana

Things to Do

- 24-25 Free Programs & Events Calendar
- 26 Birthday Parties
- 27 Job & Volunteer Opportunities
- 28-35 Summer Camps
- 36-39 Aquatic Programs
- 40-43 Athletic Programs
- 44-54 Community Programs
 - Age-Friendly Programs (44-45)
 - Cooking (46-47)
 - General Interest Programs (48)
 - Performing Arts (49-52)
 - Teen Programs (53)
 - Zoom Language Classes (54)
- 55-58 Fitness Programs
- 59-60 Wellness Programs
- 61-67 Nature Programs

Additional Projects & Events

- 68 Urbana Park District C.A.R.E.S. Plan
- 69 You Belong Here! Initiative
- 70 Champaign-Urbana Special Recreation
- 71-73 Meadowbrook Park PrairiePlay Project
- 74 Barn Bash
- 75 Champaign Park District
- 76 Urbana Park District Advisory Committee

UPD MISSION

It is the mission of the Urbana Park District to: Improve the quality of life of its citizens through a responsive, efficient, and creative park and recreation system; Pursue excellence in a variety of programs, parks and special facilities that contribute to the attractiveness of neighborhoods, conservation of the environment and overall health of the community.

Board of Commissioners

Michael W. Walker | President
Meredith Blumthal | Vice President
Roger Digges | Commissioner
Cedric Stratton | Commissioner
Laura Hastings | Commissioner

Support Us

Donate | Call the Development Manager: 217-367-1536
Volunteer | Call the Community Program & Engagement Coordinator: 217-255-8601
or visit urbanaparks.org

Park District Leadership Team

Tim Bartlett | Executive Director
Corky Emberson | Superintendent of Recreation
Derek Liebert | Superintendent of Planning & Operations
Laura Orcutt | Finance Manager



Derek Liebert, Laura Orcutt, Tim Bartlett, and Corky Emberson

 **You belong here.**

Dear fellow Urbana residents,

As we move into the coldest season of the year, we hope this leisure guide will help you find great options for keeping active during the winter ahead. As a community we again face the challenge of staying fit when the outdoors is more difficult to enjoy and indoors we have warnings of resurgent COVID-19 strains, a virulent flu season, and now RSV. The UPD is committed to protecting the health of all our residents and employees through this ever evolving situation.

As part of that commitment, it is gratifying to know that a year from now this guide will be showcasing many new options that will be made possible by the completion of the Health & Wellness Center in Prairie Park. Not only will it allow for expanded winter time programming, the building will also have modern innovations to improve indoor air quality and provide a safer, more enjoyable experience for all who enter it. Keep a lookout for construction progress in the months ahead.

The UPD is always looking to hire new staff. Go to urbanaparks.org/jobs to see what is available. And it is not too early to get a summer job lined up either! Apply to be a lifeguard, camp counselor or other seasonal employee.

The annual Best in Show Photographic Print Competition is coming in February at Lincoln Square. Check it out — whether you or someone you know has a special photo you would like to enter, or you are just interested in seeing the great variety of works by local photographers.

For those planning ahead, this guide has information about the UPD's summer day camps. Remember that these popular camps fill early so we encourage you to sign up now. As a reminder, youth scholarship funds are available to help offset camp costs for those that qualify.

No matter what your favorite activities, we encourage you to get out often this winter and spring to enjoy the variety of parks and programs that strong community support has made possible in Urbana. Be well, be safe and remember that when it comes to our parks – "You Belong Here!"



Sincerely,

Michael W. Walker

(He/Him)

President

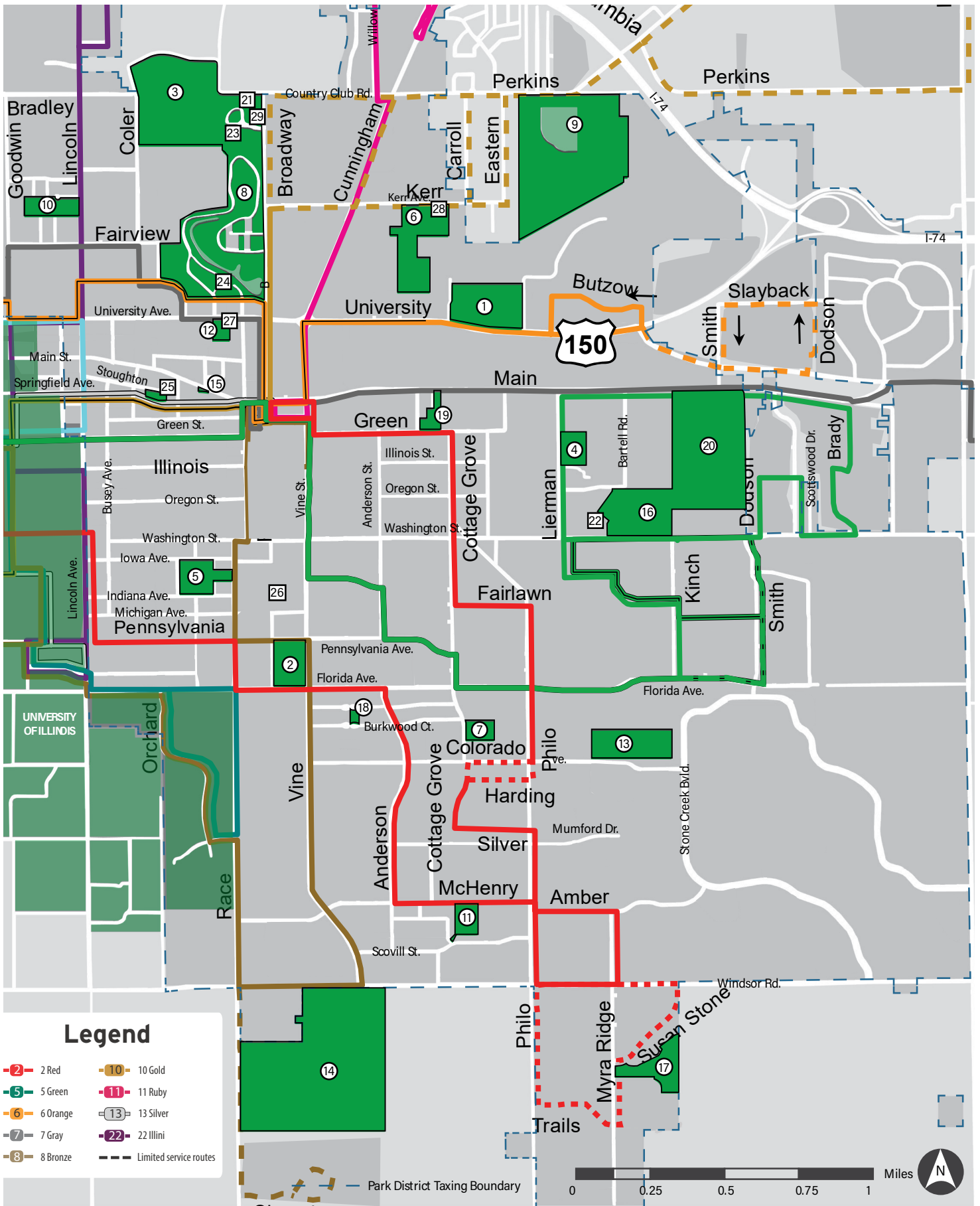
Urbana Park District

Board of Commissioners

Board of Commissioners

The Urbana Park District Board of Commissioners oversees the operation of the Urbana Park District. The five-member board is elected by the public, and each member serves a six-year term.

The Board of Commissioners meets at 7pm on the second Tuesday of each month. Meetings take place at the Planning and Operations building, located at 1011 E. Kerr Ave. The public is invited to attend.



Park		MTD Bus Route	Archery	Ball Diamonds	Basketball	Cricket Field	Boating (Seasonal)	Disc Golf	Dog Park	Fishing	Flower Beds	Garden Plots	Herb Garden	Historic Marker	Horseshoes	Porta Potties (Seasonal)	Open Fields	Path/Trails	Pavilion	Picnic Tables	Playground	Restrooms (Apr-Oct)	Sculpture	Grills	Sledding Hill	Soccer Field	Swimming Pool	Tennis Courts	Volleyball	Water Feature	FREE Wifi	Acreage (Owned & Leased)		
1	AMBUCS	Orange		○							○					○	○	○	○	■	○	○	○									22		
2	Blair	Bronze/Green/Red/Teal		○							○			○	○		○	○	○	○	○	○	○			○		○				○	11	
3	Busey Woods	Gold/Ruby																○															59	
4	Canaday	Gray/Green		○											○																		5	
5	Carle	Bronze/Green/Red									○			○			○	○		○	○		○			○			○			○	11	
6	Chief Shemauger	Gold		○	○						○					○	○							○									13	
7	Crestview	Green/Red									○			○			○	○	○	○	○			○									6	
8	Crystal Lake	Gold/Gray/Orange					○		○	○			○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	144
9	Perkins Road Park Site/Judge Webber/Dog Park	Gold	○						○							○	○																84	
10	King	Gray/Illini			○						○			○	○	○	○	○	○	○	○	○	○	○	○			○				8		
11	Larson (Wheatfield)	Red									○						○					○						○					5	
12	Leal	Gray/Orange									○			○			○	○						○									3	
13	Lohmann	Green/Red				○		○								○	○									○							15	
14	Meadowbrook	Bronze									○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	130	
15	Patterson Parklett	Gold/Silver																															<1	
16	Prairie	Green		○							○					○	○							○	○	○							20	
17	South Ridge	Red															○	○				○											11	
18	Sunnycrest Tot Lot	Bronze/Red															○					○											1	
19	Victory	Gray/Red			○						○	○					○	○	○	○	○	○	○		○			○					5	
20	Weaver (In Development)	Gray/Green															○	○															60	

* Accessible Playground • Accessible Grills ■ With Shelters

Facility		MTD Bus Route	ADA Accessible	Ball Diamonds	Boating (Seasonal)	Basketball	Birthday Parties	Fitness	Flower Beds	FREE Wifi	Nature Store	Offices	Open Fields	Paths/Trails	Picnic Tables	Playground	Rentable Rooms	Sculptures	Soccer Fields	Swimming Pool	
21	Anita Purves Nature Center	Gold/Ruby	○				○	○	○	○	○	○	○	○	○	○	○	○			
22	Brookens Gym/Fields	Gray/Green	○	○	○		○	○	○	○	○	○	○	○	○	○	○	○	○		
23	CLP Family Aquatic Center	Gold/Ruby	○				○	○	○	○					○	○	○*				○
24	Lake House	Gray/Gold/Orange	○		○			○	○	○					○	○	○				
25	Phillips Recreation Center	Gold/Silver	○			○	○	○	○	○		○	○		○	○	○	○			
26	Urbana Indoor Aquatic Center	Gray/Green/Bronze	○				○	○	○	○		○					○				○
27	Greek Revival Cottage	Gray/Orange	○						○	○		○						○			
28	Planning and Operations	Gold	○						○	○		○									
29	Friendship Grove Nature Playscape	Gold/Ruby	○				○	○	○	○		○	○	○	○	○	○				

* Outdoor Party Patio

We're here to help our community thrive.



Champaign-Urbana Mass Transit District
 217.384.8188 mtd.org





Facilities

Administration Building

303 W. University Ave.
217-367-1536

Anita Purves Nature Center

1505 N. Broadway Ave.
217-384-4062

Brookens Gym

1776 E. Washington St., Pod 400
217-255-8601

Crystal Lake Park Family Aquatic Center

1401 N. Broadway Ave.
217-239-7946

Lake House in Crystal Lake Park

206 W. Park St.
217-328-1069

Phillips Recreation Center

505 W. Stoughton St.
217-367-1544

Planning And Operations

1011 E. Kerr Ave.
217-344-9583

Urbana Indoor Aquatic Center

102 E. Michigan Ave.
217-384-7665



Urbana Parks

Ambucs Park

1140 E. University Ave.

Blair Park

1406 S. Broadway Ave.

Canaday Park

300 S. Lierman Ave.

Carle Park

400 W. Indiana Ave

Chief Shemauger Park

1001 E. Kerr St.

Crestview Park

1802 S. Cottage Grove Ave.

Crystal Lake Park

206 W. Park St.

Dog Park/Perkins Rd. Park

1501 E. Perkins Rd.

Judge Webber Park

1701 E. Perkins Rd.

King Park

915 W. Wascher St.

Larson (Wheatfield) Park

1105 E. McHenry St.

Leal Park

303 W. University Ave.

Lohmann Park

1803 E. Florida Ave.

Meadowbrook Park & Wandell Sculpture Garden

2808 S. Race St.

Patterson Parklet

401 W. Main St

Prairie Park

2000 E. Washington St.

South Ridge Park

3008 S. Myra Ridge Dr.

Sunnycrest Tot Lot

505 Sunnycrest Ct. East

Victory Park

1000 E. Green St.

Weaver Park

2205 E. Main St.



Pavilion Rentals

Garden Pavilion

Meadowbrook Park: Bronze Bus Route
 Rental Cost: \$95 | Picnic Tables: 8
 Capacity: 64

- Electricity
- Restrooms
- Water fountain
- Lights on timers

Nick Santi Pavilion

AMBUCS Park: Orange Bus Route
 Rental Cost: \$95 | Picnic Tables: 8
 Capacity: 64

- Lights
- Large-double barbecue

North Woods Pavilion

Crystal Lake Park: Gold/Orange Bus Route
 Rental Cost: \$85 | Picnic Tables: 6
 Capacity: 48

- Barbecue
- Sand volleyball
- Electricity
- Lights on timers

PrairiePlay Pavilion

Meadowbrook Park: Bronze Bus Route
 Rental Cost: \$85 | Picnic Tables: 8
 Capacity: 48

- Electricity
- Grill with charcoal bin
- Water fountain
- Lights on timers
- Restrooms

Jean Driscoll Pavilion

AMBUCS Park: Orange Bus Route
 Rental Cost: \$110 | Picnic Tables: 12
 Capacity: 120

- Playground
- Restrooms
- Large grill
- Water fountain
- Accessible parking
- Electricity
- Lights on timers

Jettie Rhodes Pavilion

King Park: Grey/Illini Bus Route
 Rental Cost: \$95 | Picnic Tables: 8
 Capacity: 64

- Grills
- Restrooms
- Electricity
- Tennis court
- Water fountain
- Bankshot basketball court
- Playground
- Walking path
- Lights on timers

Large Pavilion

Crystal Lake Park: Gold/Orange/Green Bus Route
 Rental Cost: \$110 | Picnic Tables: 24
 Capacity: 176

- Grill
- Electricity
- Water fountain
- Lights on timers
- Concrete game tables
- Cornhole boards
- Playground
- Portable toilets

About Requesting a Pavilion

Reserve your space well in advance of your event. Restrooms and water fountains are available mid-April to mid-October. When restrooms are closed, portable toilets are located nearby. Prices listed are per time slot. **Alcohol is prohibited without a permit.**

Pavilion Times	9am-2pm 3pm-8pm
Peak Season	Apr 1-Oct 31
Off Season	Nov 1-Mar 31

Call 217-367-1544 for information about reservation. Full payment required for reservation.

Off Season - During off season, these pavilions may be rented at the rate of \$50 per time slot.

Other Available Shelters

The following parks have shelters available for free on a first-come, first-served basis:
AMBUCS | Blair Park | Crestview Park | Crystal Lake Park | King Park | Victory Park




Anita Purves Nature Center





The Anita Purves Nature Center, located at the north end of Crystal Lake Park, is an environmental education facility open free to the public. Next door, you'll find the Friendship Grove Nature Playscape and Busey Woods.

Multipurpose Rooms for Rent:

September-May: 7am-11pm. Multipurpose rooms are ideal for parties, retreats, meetings, or groups for up to 70 people.

 1505 North Broadway, Urbana

 Gold (Weekdays) | Ruby (Weekends, walk from Kerr and Broadway)

 Questions: 217-384-4062

Monday - Friday: 8am-5pm

Saturday: 9-4pm

Nature Store Open: 9-4pm each day

Closed Jan 1-15

Exhibits & Wildlife Viewing: See the nature center's education owl, turtles, salamanders, and snakes, and observe wildlife that visit the habitat gardens. Explore feathers, skulls, frog calls and more in the interactive, hands-on Field Station!

Nature Store: Check out the great selection of nature-related and environmentally-friendly items including books by local authors, laundry detergent sheets, vinyl stickers, reusable kitchen items, educational toys & sustainable earrings. Grab a water bottle, an ID guide, or walking stick for your next hike. All proceeds support environmental programs. Cash, checks, major credit cards, Apple Pay & Google Pay accepted. Educators get a 10% discount.

Busey Woods: A 59-acre forest preserve with a boardwalk loop and seasonal ponds, open daily from sunrise to sunset. The Busey Woods Gateway Trail is a link between park and woods. Hike the trails, which include the 0.3-mile boardwalk trail. View interpretive information about Busey Woods' seasonal ponds, habitats and natural resources management. See page 64 for more information about Busey Woods and other district natural areas.



FRIENDSHIP GROVE NATURE PLAYSCAPE

Open daily from sunrise to sunset

***Climbing features are intended for ages 5-12.
Children must be accompanied by an adult.
Keep your dog at home - they are not
permitted here or in district natural areas
(see page 64 for more information).***

The Friendship Grove Nature Playscape at the Anita Purves Nature Center is a hands-on, kid-directed outdoor play space where boulders, logs, and other thoughtfully curated natural items give kids' imaginations room to soar. The space provides accessible play opportunities for all abilities. There are four main features, many other play elements, and an ever-changing variety of loose play pieces such as pots and pans, baskets for gathering, cardboard for forts, and more!

The Four Anchor Pieces

- Log Wall – This line of flat-topped logs is a balancing challenge.
- Tree Tower – Climb and jump from this enormous tree trunk.
- Digging Area – Get dirty and enjoy digging canals, making sandcastles or mixing mud pies.
- Tunnel – Go low or high in this intriguing stone tunnel and hill combination.

Donations Accepted

We accept donations of old cookware, kitchen equipment, baskets, and garden shovels.
Contact David Subers at dasubers@urbanaparks.org.



Planning a group visit? Call 217-384-4062

Please call ahead if you plan to bring a group of 10 or more. Staff can help you choose a time that does not conflict with a scheduled program or event and can help you reserve picnic tables if needed.



See photos and learn more about the Friendship Grove Nature Playscape and the benefits of nature play at:

www.urbanaparks.org/facilities/friendship-grove-nature-playscape/



Brookens Gym & Fields



Brookens Gym is in pod 400 of the Champaign County Administration (Brookens) Building. The gym is well-lit and has a reconditioned floor. Locker rooms are available to program participants. Locks are not provided. Ample parking can be found directly adjacent to the building accessible from the Lierman Avenue entrance off Art Bartell Road.

Athletic Field Rentals: Soccer, Baseball, Softball

Download a field request form at:

www.urbanaparks.org/rentals/rent-a-park/

Minimum \$20/1hr (base price with bases/goals)
\$10/hr additional
\$110 - Prepped field (includes dragging and lining)
\$40/hr - lights (only at Canaday & Ambucs)

Sports Officials

Urbana Park District youth and adult sports programs provide an excellent training ground for individuals interested in officiating sports. Officials must be at least 15. Certified officials are encouraged to apply to assist in maintaining a high-quality program and to help develop and train less experienced officials. The pay rate varies with the age of competition www.urbanaparks.org/employment.html

Sport	Rate/Game
Youth Soccer	\$17-40
Adult Kickball	\$19
Youth Baseball	\$70
Youth Basketball	\$20-40

Urbana Park District Rainout Line

217-367-9575

www.urbanaparks.org/events/rain-outs-and-cancellations/

For information about program cancellations, including weather cancellations, and for updates about special events or other key happenings at the Urbana Park District, visit www.urbanaparks.org. For evening sports programs, this line will be updated after 4:30pm on weekdays and one hour before the scheduled program or sports on the weekend. All other updates will be made as conditions change.

Planning a birthday party?

Reserve your Brookens Gym rental at least two weeks in advance by completing an application and making a full payment. A \$100 deposit is due at time of request. There is a two-hour minimum on rentals. Call 217-255-8601 for information.

VOLUNTEER COACHES NEEDED

Adult volunteers coach our youth sports programs such as basketball and soccer. Without our volunteer coaches, we do not have leaders for your player's team. As a volunteer, you will spend 3-4 total hours per week leading practices through drills and skill building exercises and coaching games. Training resources are provided for each sport including discussions on skills, strategies, and policies. We can even match you with another adult and you can co-coach. Adults interested in helping should call 217-255-8601, or fill out a Volunteer Application online at www.urbanaparks.org.

📍 1776 East Washington, Urbana

🚌 Green/Grey

📞 Questions: 217-255-8601

Rent Brookens Gym on weekdays (8am-3pm*) for only \$25/hour

*Call 217-255-8601 to check availability



Dog Park

A park especially for dogs
Open daily from sunrise to sunset

The Urbana Park District Dog Park allows dogs to run off-leash and is open daily from sunrise to sunset. For security of all members, do not visit the park after dark. The 10 acres feature a shaded area and plenty of open meadow for running. This park provides a fun place for your dog to romp with other dogs and for you to meet other dog owners.

MEMBERSHIPS

Available on a yearly basis from the date of purchase at the Phillips Recreation Center:
505 W. Stoughton, Urbana.

Yearly Fees

One Dog \$46R/\$69NR
Each Additional Dog: \$6R/9NR
Gate Entry Fob: \$10 each

Monthly Trial Visitor Passes

Visitors may purchase a monthly trial/visitor pass for \$10 plus the \$10 fob fee. If in that month you wish to purchase a year-long membership, your trial pass fee will be applied toward your annual membership fee. All visitors must follow all rules and membership requirements.

Register in Person or by Mail

1. Complete a registration form in person or visit www.urbanaparks.org/parks/dog-park-perkins-rd-site/. Read the rules. Include your email address.
2. Proof of vaccination from your vet is required. Provide a copy of your dog's current vet records showing proof of distemper and rabies vaccinations. Your vet may fax these documents to 217-367-1592 or email them to info@urbanaparks.org
3. Payment:
 - In person: Pay by cash, check or credit card.
 - By mail: Include check with your membership form.
 - By phone: Staff will call you for your credit card information once they have received the completed registration form and vet records.
 - DO NOT email your credit card information
4. Membership requires a fob to open the electronic gate at the entrance. There is a one-time \$10 fee per fob. It can be mailed to you if you register by phone or mail, or stop by the Phillips Recreation Center to pick it up. The fob is active through the duration of your membership. ***The Urbana Park District is not responsible for fobs lost through the mail.***
5. Only active members have working fobs. Do not open the gate for others. If your fob does not work, call 217-367-1544.

Two Memberships for the Price of One!

The Champaign Park District operates the Bark Park on the corner of Windsor and Rising Roads. The two park districts have an agreement that allows members to purchase a gate fob for the other dog park for just \$10. Members must show a copy of their membership receipt to the other park district to register for the additional dog park access. Rules for both parks are the same.

📍 1501 East Perkins Road, Urbana

🚌 Gold

☎ Questions: 217-344-9583



The Lake House in Crystal Lake Park



The Lake House is perfect for birthdays, anniversaries, retirement parties, bridal and baby showers, rehearsal dinners, family reunions, small weddings, graduation parties, and receptions. Bright track lighting plus open Wi-Fi make the room even more suited for corporate trainings, meetings, and retreats as well. It offers a beautiful view of Crystal Lake with easy access to pavilions, playgrounds, and boating in the park. The climate-controlled room can seat 50 people or accommodate up to 80 people with the inclusion of the patio. Rental requests should be made at least two weeks in advance. Add a special touch to a wedding or reunion by booking a group boat rental (available May 4-September 2). You'll get a discount when you plan ahead!

Stay Connected! Like us on Facebook.
[facebook.com/UPDLakehouse](https://www.facebook.com/UPDLakehouse)

 206 West Park, Urbana

 Orange/Gold/Gray

 Rental Information: 217-367-1544

 Boating Information: 217-328-1069

Skiing and Sledding

Crystal Lake Park is a great location for winter activities when the weather permits. Cannonball Hill is perfect for cool, steep sledding fun. The hill lights are on until 9pm. Cross country skiers enjoy the brisk weather while skiing the park's trails.

Ice skating is no longer allowed on Crystal Lake. The lake acts as a drainage basin for Crystal Lake Park and the surrounding neighborhood and is continually receiving new water all winter. This means there is no guarantee that the lake will freeze evenly to a depth of six inches. Call our Planning and Operations office at 217-344-9583 if you have questions.

Facility Rental Fees

M-Th	\$55/hr (seats 50) \$70/hr with patio (seats 80)
F-Su	\$65/hr (seats 50) \$80/hr with patio (seats 80)
Lakeside Deck	\$50 flat fee (seats 75 with chairs you supply)
Extras	LCD Projector \$20 TV/DVD \$10

Included in Every Rental: use of a prep kitchen (no stove or oven) with counter space, small microwave, sink, ice machine, refrigerator and freezer. Easel, portable screen and podium are also available at no extra charge.

All rentals require a \$100 deposit. Additional permits and/or fees are required to serve beer and wine at your event or if you are charging an entry fee to the public. Please make all requests at least two weeks in advance. Requests made less than two weeks in advance pay additional charges.

The Perfect Wedding Spot!

The Lake House is a fantastic location for an intimate wedding or other celebration. Call Janet at 217-367-1544 to talk about set-up options and accommodations for a larger party. Quite often, groups rent additional tables and chairs to complement our indoor set-up for an outdoor ceremony. We'd be glad to help plan your day!

Plan Your Next Meeting, Company Training, or Retreat with Us

The Lake House offers a unique and relaxing setting that your staff and your budget will appreciate. \$45 or \$55/hour - includes access to all the Lake House features. Call Janet at 217-367-1544 to see if your meeting qualifies for our seminar rate.





Phillips Recreation Center



Stop by the Urbana Park District's recreation office and community center. This public facility has three multi-purpose rooms with Sport Court flooring, a dance and fitness studio, and a gorgeous demonstration kitchen. Experience the variety of exciting classes, programs, and activities for all ages. The Phillips Center is the place to sign up for programs, rent a picnic pavilion, or get your pool pass photo taken. We look forward to helping you enjoy all that the district has to offer!

 505 West Stoughton, Urbana

 Gold/Silver/Green

 Questions: 217-367-1544

Office Hours:

M-Th 8am-6pm | F 8am-5pm | Sa 8am-12pm

Closure Dates:

January 1 & 15, March 30

Room Rental

When rooms are not in use for programs, they are available to rent. Rooms can accommodate up to 120 people, depending on room arrangement and needs. Rental rates range from \$60 to \$170 an hour, depending on how many rooms are rented. Each room is just over 660 square feet. Talk with Heather at 217-367-1544 about room setup and availability. Rentals are unavailable during closure dates and from May 11-Sep 9.

James Room Kitchen

The demonstration kitchen at the Phillips Recreation Center features:

- double ovens
- two refrigerators
- small ice machine
- 6 adjustable tables
- 5 counter-height chairs
- island with stove top
- microwave
- dishwasher
- 12 chairs

The kitchen can be added to a multi-purpose room rental or be rented alone. Renters will be given a brief orientation at the start of their kitchen use and a building attendant will walk through the kitchen's condition before and after the rental. In addition to renting the kitchen, we hope you and your family take advantage of our various cooking classes. See pages 46-47 for classes in the James Room Kitchen!



Dance/Fitness Studio

Our 2,000 square foot wood-sprung dance floor is easy on the joints when you dance or exercise with us. The Phillips Recreation Center is known for a non-intimidating atmosphere and welcoming instructors, so exercising here is convenient and comfortable. A wide variety of classes fits many schedules. Don't miss our flexible fitness option: buy a 10-punch card and attend class when you can – they never expire! See page 55 for group fitness or yoga punch card prices and pages 50-51 for dance classes.





UIAC

URBANA INDOOR AQUATIC CENTER



The Urbana Park District and the Urbana School District have agreed to a new, four-year contract to operate the Urbana Indoor Aquatic Center (UIAC). The school district owns the pool and the park district operates the pool. The contract runs from May 1, 2023 to April 30, 2027.

Both the park district and school district are pleased to continue this unique, over 20-year partnership that brings indoor aquatics to Urbana and the surrounding community. Both the school district and the park district are committed to provide the community with high-quality programs for years to come.

The USD and the UPD negotiating team worked collaboratively to identify cost-effective ways to provide the highest level of programming at the UIAC, while helping to reduce staffing, operating, and capital costs over the term of the new agreement. The pool will close during the summer to all programs and activities while Crystal Lake Park Family Aquatic Center (the outdoor pool) is open.

📍 102 E. Michigan, Urbana

🚌 Green/Grey/Bronze

☎ Questions: 217-384-7665

✓ Register: 217-367-1544

The park district is pleased to offer popular aquatics programs for the entire community to enjoy. During the fall and winter, UIAC will offer open swim during the school district's Fall, Winter, and Spring Breaks. The park district will rent the pool out for private parties on Saturdays and Sundays. The park district will continue to offer swimming lessons, water aerobics classes, and lap swim on a regular basis.

HOURS AND INFORMATION

Lap swim times are for individuals age 15 and up who wish to swim for exercise. Attend District water exercise classes by registering and paying for a specific program or by using a water flexi punch pass. Open swim times are available during USD 116 spring break. You may enter by paying a daily admission fee or by using your membership pass.

Private rentals are a great way to utilize the facility for birthday parties, company parties, or just family and friend get-togethers. These times are available on Saturday and Sundays. Lifeguards are provided. The Urbana Indoor Aquatic Center is also home to the Urbana Park District swim lesson program and diving lessons. Local swim team practices and meets, special events, and private rentals are also held here. The Urbana Park District is proud and grateful to have access to such a wonderful facility.

Pool Features

- Well-trained guards
- Zero-depth recreational pool equipped with water geysers, tiger slide, and rain drop umbrella toy
- Drop slide and flume slide
- 25-meter x 25-yard competition pool
- 1-meter diving board
- Locker rooms and family changing area
- Party room

Lap Swim Etiquette

Children under 15 are not allowed in the pool during lap swim times. Circle swimming will be enforced when there are more than two swimmers in a lane. Early morning activities from 6-8am include lap swim, water aerobics, and occasional swim team practice.

PUBLIC HOURS:

Hours are subject to change. Look for postings on the Urbana Indoor Aquatic Center outer doors. Refunds and/or credits are not given for closures of any kind.

Spring Hours: January 2- May 23

Days	Time	Type of Swim
M-F	6-8am	Lap Swim & Water Exercise Classes
	11am-1pm	Lap Swim & Water Exercise Classes
Sa/Su	Closed	

Spring Break Hours: March 11-15

Days	Time	Type of Swim
M-F	6-8am	Lap Swim & Water Exercise Classes
	11am-1pm	Lap Swim & Water Exercise Classes
	1:30-5pm	Public Swim
Sa/Su	Closed	

Closure Dates

Closed all day - No public activities

- January 1 - New Year's Day



CRYSTAL LAKE PARK FAMILY AQUATIC CENTER MEMBERSHIP - PRE-SEASON SALE

January 2-April 30

Type	Resident	Non-Resident
Individual	\$88	\$132
Family of 2-3	\$172	\$258
Family of 4	\$202	\$303
Family of 5	\$232	\$348
Add Family Members	\$30	\$45
Senior	\$69	\$104

Entrance Fees

- \$3** Non-Swimmers wishing to supervise swimmers (must be 15 or older)
- \$6** Swimmers
- \$5** Per person group rate of 5+ people

Youth age 10 and under must be accompanied by a paying supervisor age 15 or older any time they visit UIAC. This is for the safety and enjoyment of all pool visitors. Children age 11 and older may attend the facility without a supervisor.

Lap Swim Punch Cards

Lap Swim punch cards are a great way to get a discount on your exercise routine without committing to a membership yet! Try out the Urbana Indoor Aquatic Center. Or give one to family or friends from out of town. Take advantage of this alternative that saves you money.

- 5-Visit Punch Card **\$25**
- 10-Visit Punch Card **\$50**

Private Rentals

When you rent the Urbana Indoor Aquatic Center before or after public hours it includes swimming, party area, and use of the facility. Lifeguards will be provided. An additional \$100.00 damage deposit is due at the time of the rental request.

	1-15 People	16-30 People	31-45 People	46-60 People
One Pool	\$72/hr	\$110/hr	\$148/hr	\$186/hr
Both Pools	\$116/hr	\$154/hr	\$192/hr	\$230/hr

For groups of more than 60, please speak with the Aquatics Coordinator at 217-384-7665. Lower rates are available for rentals that use only one pool in the complex (Recreational or Competition).

Once you complete your paperwork and pay the deposit fee, the staff will review your request. Your party rental is **NOT APPROVED** until confirmed by email or phone call from the Aquatics Coordinator.

Memberships

Purchase a membership at either the Urbana Indoor Aquatic Center or the Phillips Recreation Center. Memberships cannot be put on hold due to vacations or extended absences.

Resident (UPD/USD #116)	Monthly*	3 months	6 months
Youth Ages (Up to Age 17)	\$30	\$75	\$127
Adult Ages (18+)	\$35	\$86	\$152
Family of 2-4	\$47	\$115	\$191
Additional Family Member	\$8	\$15	\$30

Nonresident	Monthly*	3 months	6 months
Youth Ages (Up to Age 17)	\$36	\$90	\$150
Adult Ages (18+)	\$42	\$105	\$179
Family of 2-4	\$56	\$138	\$225
Additional Family Member	\$8	\$15	\$30

*Monthly memberships are reoccurring and will be automatically charged per month

Family Memberships

A family includes anyone residing in the same household. Proof of residency must be provided. Children under age 4 do not require a pass.

Flexible Fitness Punch Cards

If your schedule fluctuates or you find it difficult to attend an entire session of fitness classes, purchase a 10-class Flexible Water Fitness Punch Card. Attend any water fitness class that accommodates your schedule. Pre-registered participants get priority of class space. Passes cannot be used for lap swim, pool admission, or for non-water fitness classes. Before each class you attend, present the card upon arrival and you will be admitted to the class. Punch cards do not expire and can be used from one session to the next.

SALE! JANUARY 2-6 - \$42R/\$63NR



Water Fitness Pass

\$47R/\$71NR

- Basic Water Exercise
- Indoor Deep Water Aerobics

SPECIAL EVENTS



FREE! S'mores Social and Stroll

Sundays, 3-5pm

January 14, February 11, & March 10
at the Lake House in Crystal Lake Park

Join your fellow park lovers in these fun, self-guided winter strolls through Crystal Lake Park. Walk at your own pace with friends and then convene for s'mores over a fire and hot chocolate. Enjoy the outdoors with fresh air and nature views.

Donations will be accepted to cover the cost of chocolatey treats. Call the Park District Rainout line for severe weather cancellation information: 217-367-9575.

C-U Read Across America Celebration

Saturday, March 2, 10am-1pm
Lincoln Square Mall
All ages

Join the Urbana Park District and more than 40 local businesses and organizations as we celebrate literacy!

Hands-on activities, story-tellers, costumed characters, toddler area, local celebrity greeters, and books read in multiple languages make this event a family favorite. The first 1,000 children who attend will receive a free bag and a book of their choice!



2024 BEST IN SHOW PHOTOGRAPHIC PRINT COMPETITION

February 10-25 | Lincoln Square, Urbana | All Ages

Early Bird entry fee: \$5 for first print and \$3 each for the next four
Deadline: Wednesday, January 24 at 6pm

Regular entry fee: \$10 for first print and \$3 each for the next four
Deadline: Wednesday, January 31 at 6pm

The Urbana Park District and Champaign County Camera Club are proud to announce their 23rd annual competition at Lincoln Square next February. This is a great opportunity for amateur photographers to have their photos publicly exhibited and professionally judged. There is a five-piece limit, and all prints must be mounted on foamcore.

For information on categories, eligibility and matting requirements see our website at www.urbanaparks.org or pick up a Best in Show brochure and entry form at the Phillips Recreation Center, Lincoln Square, or the News-Gazette. Call Janet at 217-367-1544 for more information.

Exhibition will now be on display for two weeks!
Photos will be up from February 10 at 12pm through February 25 at 12pm.

February 25: All photos must be picked up between 2-4pm.



Winter Wellness Virtual 5k

Complete your mileage between February 5-February 17 | Any Location
First 100, Free: (Code: 737) | After 100, \$12: (Code: 738) | Deadline: January 11

Don't let the winter weather keep you from taking time to improve your wellness! The Winter Wellness Virtual 5k encourages participants of all ages and abilities to walk, run, or roll their 5k distance in one of UPD's many parks and enjoy their beauty during the Winter. The first 100 registrants will receive FREE registration and a complete swag package including a t-shirt, medal, and more! Register anytime between December 6, 2023 and by 12pm on January 11, 2024. The Winter Wellness Virtual 5k will begin on February 5 and end on February 17.

Please note:

- Complete your mileage anytime between February 5 - February 17.
- Mileage can be done all at once, or broken up over several days.
- Shirt sizes are available youth S-L and adult S-3XL.
- After the first 100 free registration spots are taken, participants can still register for \$12 and will receive a t-shirt.
- **Race swag will NOT be mailed to participants.** Participants can pick up their swag starting Monday, February 5, 2024 at the Phillips Recreation Center at 505 W. Stoughton, Urbana, IL 61801
- Race swag must be picked up by March 1.



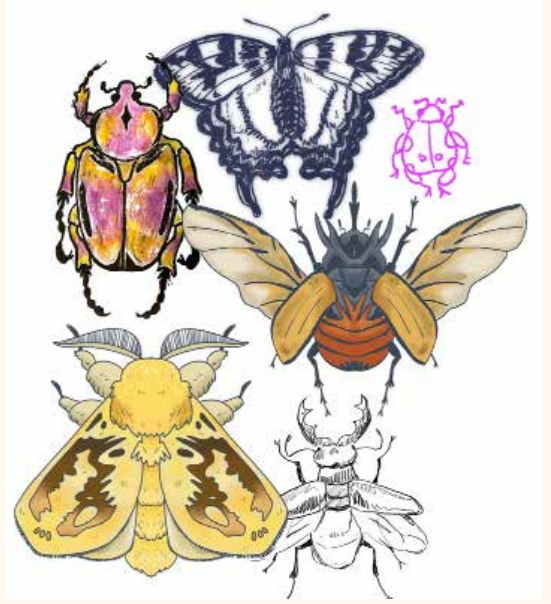
Participants are encouraged to submit photos and 5k times to info@urbanaparks.org to be included in our Winter Wellness Wall at the end of the event.

Art at Anita Purves Nature Center

Collections of an Unseen World by Jeremy Cagle
Show Dates: March 2-May 31, 2024
Opening Reception: Saturday, March 2, 1-3pm

The Anita Purves Nature Center displays works from local artists who offer their original perspectives on nature and environmental issues. During art show dates, stop by anytime M-F 8am-5pm & Sat 9am-4pm. Admission is always free, and everyone is welcome.

Artist Statement: What happens when stories of the present become tales of the past? With the rapid changes in our world's ecosystems, some species are finding it hard to keep up. In a future where memory will be our only way to communicate the rich history of wildlife, the artist imagines how tales of the "unseen world" may portray different species. His childlike fascination with insects and their incredible diversity inspires his drive to record and catalog them. This multi-media art exhibition includes references to real life with vivid alterations that show how memory can fade or change a subject over time.



Egg Hunt with a Splash!

Sunday, March 24 - \$10R/\$15NR
Urbana Indoor Aquatic Center

Age 2-3: 12:00pm (Code: 494) Age 6-8: 1:00pm (Code: 496)
Age 4-5: 12:30pm (Code: 495) Age 9-10: 1:30pm (Code: 497)

Dive into the Urbana Indoor Aquatic Center and collect many surprise filled eggs. Wear your suit, bring a PLASTIC bag and get ready for some 'eggstra' fun! Registration fee includes admissions to the Egg Hunt plus one daily admission pass to the pool. Participants must re-enter the pool during public hours to swim. *Each age group will start ON TIME. If you are late, you will miss your egg hunt. Refunds are not given for tardiness. Egg Hunts go very quickly. Please arrive 10 minutes before the start time for your age group.

Register by March 16 by calling 217-367-1544.

FREE! Boneyard Arts Festival Art Show at the MIC

Saturday, April 13, 12pm-3pm | Meadowbrook Interpretive Center | All ages

This year's featured artist at the Meadowbrook Interpretive Center is Tim Summerville, a local artist from St. Joseph, IL. "I am a maker," Tim says. "I have always had a strong drive to make things using pencils, paints, wood, glass, and now metal."

Tim's piece "Life on the Prairie", a bison constructed of thousands of pieces of rebar and welded together, can be seen with her calf in the Walker Grove section of Meadowbrook Park, just south of the barn. Tim's art will be the inspiration for more than 60 works of art by students from our SPLASH program. This show will be part of the Boneyard Arts Festival, a county-wide arts celebration put on by 40 North | 88 West, the Champaign County Arts Council.



EARTH DAY FOR EVERYONE



Saturday, April 20 from 1-4pm | Crystal Lake Park | Rain Date: Sunday, April 21

Show some love for our home planet by celebrating Earth Day as you enjoy a springtime stroll through Crystal Lake Park. Enjoy live music, hands-on activities and demonstrations by local community groups, and more! Activity stations will be spread throughout Crystal Lake Park. Call 217-384-4062 for more information.

Indoor Beach Party

Saturday, May 4, 12:30-2:30pm | Urbana Indoor Aquatic Center
Ages 8 and under w/ adult | Code: 499

Early Bird Cost: \$17R/\$26NR (Deadline: April 20) | Regular Cost: \$20R/\$30NR (Deadline: April 27)

Enjoy swimming at the Urbana Indoor Aquatic Center while mingling with our special guests! Princesses and super heroes and mermaids will be joining our guests for a fun filled event. Please be sure to wear your swimsuit and be ready for a fun time!
All participants must be accompanied by an adult.



CRYSTAL LAKE PARK ART FAIR

URBANA, ILLINOIS

AUGUST 3, 2024

10AM-4PM

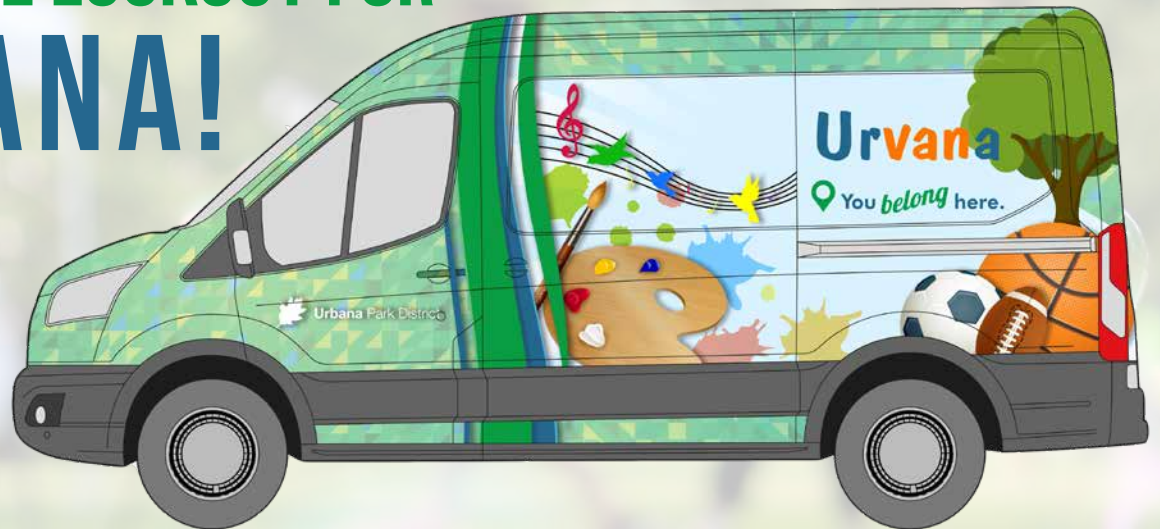
Artists interested in applying to participate in the fair, please contact Kelly at kwhite@40north.org for more info.



Urvana Mobile Recreation Unit bringing more fun and activities to a neighborhood near you!



**BE ON THE LOOKOUT FOR
URVANA!**



Follow Urvana on social media!



Urvana Mobile Recreation Unit



@upd_urvana

FREE PROGRAMS & EVENTS

JANUARY

*Pre-registration required

Event	Day	Date	Time	Age	Location	Page
FREE Fitness Week	Tue-Sat	Jan 2-6	Any Time	All Ages	PRC	55
Dance it UP! begins	Thu	Jan 4	6-7:30pm	Age 14+	PRC	60
FRESH Crew Volunteer Stewardship Day	Sat	Jan 6	2-4pm	Grades 6-12	PRWP	53
Injury Screening with Athletico	Mon	Jan 8	12:30-2pm	Age 15+	PRC	60
Absolute Beginner Ukulele Workshop*	Tue	Jan 9	5:30-6:30pm	Ages 18+	PRC	49
Toddler Art Play Group	Thu	Jan 11	9-11am	Ages 1-4	PRC	48
Virtual Aging Mastery Series*	Thu	Jan 11	2:30-3:30pm	Ages 50+	Virtual	44
Ukulele Chord Theory and Application*	Thu	Jan 11	5:30-6:30pm	Ages 18+	PRC	49
Creative Senior Connections*	Fri	Jan 12	11am-1pm	Ages 50+	LH	44
S'mores Social & Stroll	Sun	Jan 14	3-5pm	All Ages	CLP	17, 59
Race Training Injury Treatment & Prevention*	Thu	Jan 18	5:30-6:30pm	Ages 15+	PRC	59
Nature Pre-K Friday	Fri	Jan 19	9:30am-12pm	Ages 0-6	APNC	61
Connecting You To Nature Hike	Tue	Jan 23	5:30-6:30pm	All Ages	BW	62
Toddler Art Play Group	Thu	Jan 25	9-11am	Ages 1-4	PRC	48
Nature Pre-K Friday	Fri	Jan 26	9:30am-12pm	Ages 0-6	APNC	61
FRESH Teen Hangout Zone	Fri	Jan 26	3:30-6pm	Grades 6-12	PRC	53

FEBRUARY

Event	Day	Date	Time	Age	Location	Page
Nature Pre-K Friday	Fri	Feb 2	9:30am-12pm	Ages 0-6	APNC	61
FRESH Crew Volunteer Stewardship Day	Sat	Feb 3	2-4pm	Grades 6-12	PRWP	53
Winter Wellness Virtual 5K*	Mon-Sat	Feb 5-17	Any Time	All Ages	Various	19
Spring Part-Time & Seasonal Job Fair	Thu	Feb 8	5-6:30pm	Ages 14+	PRC	27
Toddler Art Play Group	Thu	Feb 8	9-11am	Ages 1-4	PRC	48
Nature Pre-K Friday	Fri	Feb 9	9:30am-12pm	Ages 0-6	APNC	61
2024 Best in Show Exhibition	Sat-Sun	Feb 10-25	Any Time	All Ages	LSM	18
S'mores Social & Stroll	Sun	Feb 11	3-5pm	All Ages	CLP	17, 59
Injury Screening with Athletico	Tue	Feb 13	5:30-7pm	Age 15+	PRC	60
Nature Pre-K Friday	Fri	Feb 16	9:30am-12pm	Ages 0-6	APNC	61
The Great Backyard Bird Count	Fri-Mon	Feb 16-19	Any Time	All Ages	Various	62
Toddler Art Play Group	Thu	Feb 22	9-11am	Ages 1-4	PRC	48
Nature Pre-K Friday	Fri	Feb 23	9:30am-12pm	Ages 0-6	APNC	61
FRESH Teen Hangout Zone	Fri	Feb 23	3:30-6pm	Grades 6-12	PRC	53
Connecting You To Nature Hike	Tue	Feb 27	5:30-6:30pm	All Ages	MP	62



Community
Environmental
Fitness/Wellness/Outreach

APNC	Anita Purves Nature Center
BW	Busey Woods

CLP	Crystal Lake Park
LH	Lake House in CLP

FREE PROGRAMS & EVENTS

MARCH

*Pre-registration required

Event	Day	Date	Time	Age	Location	Page
C-U Read Across America Celebration	Sat	Mar 2	10am-1pm	All Ages	LSM	17
Art Show Opening Reception	Sat	Mar 2	1-3pm	All Ages	APNC	20
FRESH Crew Volunteer Stewardship Day	Sat	Mar 2	2-4pm	Grades 6-12	PRWP	53
Sunday Morning Bird Walks begin	Sun	Mar 3	7:30-9am	All Ages	BW	62
Matter of Balance with Family Service*	Wed	Mar 6	9-11am	Ages 50+	PRC	44
Toddler Art Play Group	Thu	Mar 7	9-11am	Ages 1-4	PRC	48
Rules of the Road	Thu	Mar 7	10am-12pm	Ages 50+	PRC	44
Financial Workshop: Debt Management*	Thu	Mar 7	5:30-6:30pm	Ages 15+	PRC	59
S'mores Social & Stroll	Sun	Mar 10	3-5pm	All Ages	CLP	17, 59
Injury Screening with Athletico	Mon	Mar 11	12:30-2pm	Age 15+	PRC	60
Woodcock Walk	Wed	Mar 20	6:45-8:15pm	All Ages	MP	62
Toddler Art Play Group	Thu	Mar 21	9-11am	Ages 1-4	PRC	48
FRESH Teen Hangout Zone	Fri	Mar 22	3:30-6pm	Grades 6-12	PRC	53
Connecting You To Nature Hike	Tue	Mar 26	5:30-6:30pm	All Ages	WP	62

APRIL

Event	Day	Date	Time	Age	Location	Page
Toddler Art Play Group	Thu	Apr 4	9-11am	Ages 1-4	PRC	48
FRESH Crew Volunteer Stewardship Days	Sat	Apr 6	2-4pm	Grades 6-12	MP	53
Injury Screening with Athletico	Tue	Apr 9	5:30-7pm	Ages 15+	PRC	60
Boneyard Arts Festival Art Show	Sat	Apr 13	12-3pm	All Ages	MIC	21
Busey Woods History Walk and Talk	Sat	Apr 13	2-4pm	Ages 15+	BW	63
Toddler Art Play Group	Thu	Apr 18	9-11am	Ages 1-4	PRC	48
Earth Day for Everyone	Sat	Apr 20	1-4pm	All Ages	CLP	21
Connecting You To Nature Hike	Tue	Apr 23	5:30-6:30pm	All Ages	PRWP	62
FRESH Teen Hangout Zone	Fri	Apr 26	3:30-6pm	Grades 6-12	PRC	53



LSM	Lincoln Square Mall
MIC	Meadowbrook Interpretive Center

MP	Meadowbrook Park
PRC	Phillips Recreation Center

PRWP	Perkins Road Wet Prairie
WP	Weaver Park



BIRTHDAY PARTIES

Anita Purves Nature Center Parties

\$138 (1-15 children); \$5 each additional child
\$100 refundable damage deposit due when booking

Celebrate a birthday at the nature center with a themed program! You will get a 2½ hour room rental including a 45-60 minute kids' program packed with games, activities, and sometimes a live animal. Following the program, use the room to open gifts and eat treats you bring. The birthday child will receive a gift certificate to the Nature Shop. To request a party, call 217-384-4062 at least three weeks before your desired party date.

Nature Birthday Party Themes

- Mud Kitchen Party (ages 4+)
- Creepy Crawly Bugs Party (ages 4+)
- Reptiles Party (ages 4+)
- Dino-mite Party (ages 4+)
- Owls Party (ages 5+)
- Nature Scavenger Hunt Party (ages 5+)
- Going Batty Party (ages 6+)
- Campfire Party (ages 9+)
- Custom Party
(additional fees apply; 4-weeks' notice required)

Brookens Gym Rentals:

\$110/2 hours (\$45 per additional hour)
\$250 deposit for scoreboard use
All Ages

Use Urbana Park District athletic equipment and the gym for games and fun, and use adjacent space to serve treats you supply. Reserve your rental at least two weeks in advance by completing an application and making a full payment. \$100 damage deposit is due at time of request. Two-hour minimum on parties. Call 217-255-8601 for more information.

Urbana Indoor Aquatic Center Rentals

\$100 refundable damage deposit due at booking

Rent the Urbana Indoor Aquatic Center and have access to the pool(s), party area, and general use of the facility. Lifeguards will be provided.

For groups of more than 60, please speak with the Aquatics Coordinator at 217-384-7665.

Once you complete your paperwork and pay the deposit fee, the staff will review your request. Your party rental IS NOT APPROVED until confirmed by email or phone call from the Aquatics Coordinator.

# of Pools	Number of Guests	
	1-15	16-30
1	\$72/hr	\$110/hr
2	\$116/hr	\$154/hr



Phillips Recreation Center Parties

\$125 (Up to 8 children); *Add extra items or upgrade to a Complete Party for additional fees*

Request a date and select the theme. Extra items are available for additional fees, including piñatas and balloon bouquets. Request your party at least three weeks in advance by submitting an application to the Phillips Recreation Center. Party approval is subject to building and staff availability. Call the Community Program Coordinator at 217-367-1544 for additional information.

Parties are available Saturdays and Sundays from 1-3pm or 2-4pm.

Phillips Recreation Center Birthday Party Themes

- Pirate Party (Ages 6-8)
 - A Birthday to "Dye" For (Ages 8-15)
 - Ooze, Gooze, & Fun (Ages 6-10)
- Or create a Custom Party for an additional \$40*

Essentials Party

Includes Party Leaders, Activities, & Decorations	\$125 - Up to 8 Children
	\$185 - 9-16 Children

Complete Party

Includes Essential Party plus Cake, Ice Cream, Drinks, Tableware, & Goody Bags	\$185 - Up to 8 Children
	\$250 - 9-16 Children

JOB & VOLUNTEER OPPORTUNITIES

Environmental Programs Volunteer

Hone your natural history knowledge and leadership skills and make a difference to thousands of children who engage in environmental education programs each year. Share the excitement of teaching while exploring Busey Woods, Weaver Park, and Meadowbrook Park's Spomer Prairie.

Do you love being outdoors and want to share your passion for the environment? Join us as an environmental education volunteer! Help with school field trips, forest school, and other environmental special events. No experience required. For more information, call 217-384-4062

Wednesday Workdays

January-February, 10am-12pm, Various Locations
March+-April, 9-11am, Various Locations

During these two-hour sessions you might plant trees or flowers, collect or scatter seed, remove nuisance plants, maintain trails, and pick up trash as needed. Email Matt Balk at mjbalk@urbanaparks.org to join the e-mail list for location announcements.

Become a Natural Area Site Steward

Want to help improve nature but don't know how? Email Matt Balk at mjbalk@urbanaparks.org with your favorite Urbana Park District natural area, and we can match you with a project. Year-round opportunities are available, from nature observer to nuisance plant remover. No experience necessary.

Spring Part-Time & Seasonal Job Fair

Thursday, February 8, 5-6:30pm
Phillips Recreation Center

Looking to land a great part-time or seasonal job with us? Be sure to attend our annual job fair. This is a great opportunity to meet with members of each park district division. From Community Programs to Planning and Operations, we have positions perfect for all ages! Hands-on assistance with the application process will be available during and after the fair.

UrVANA Mobile Recreation Volunteer

Volunteer with UrVANA! UrVANA is Urbana Park District's mobile recreation unit that travels throughout the Urbana community to bring park district activities directly to our residents, free-of-cost; including but not limited to crafts, sports, music, environmental education, sensory and wellness activities. UrVANA appearances frequently take place on weekends and evenings, and require a team of volunteers and staff to help with event setup and tear-down, to engage with the general public (often children) in various recreational settings, and to represent the Urbana Park District's 'You Belong Here' philosophy through actions and conversation.

Please contact Jameel Jones at 217-357-1544 or email jtjones@urbanaparks.org with any questions or interest in the role.

Note: Applicants must pass a background check prior to volunteering with UrVANA.

SPLASH Afterschool Leader or Supervisor

Volunteer & paid positions available

SPLASH is an Urbana Middle School Program designed to provide academic support, STEAM classes, and enrichment classes for middle school students. You will assist the students with developing and strengthening academic, physical, and social skills by planning and running recreational and educational programs. Hours may vary on Monday-Thursday between 2:30-6pm. To learn more about SPLASH, visit: usd116.org/grantbasedprograms/

Please contact the Phillips Recreation Center at 217-367-1544 or email info@urbanaparks.org with any questions or interest in the roles.

Note: Applicants must pass a background check prior to volunteering/working with SPLASH.



To view all available Urbana Park District and Champaign-Urbana Special Rec positions, scan the QR code or visit: urbanaparks.org/jobs

Application assistance is available to anyone needing accommodations; please email your request to info@urbanaparks.org.



Summer Camps

Summer Camps

GENERAL CAMP INFORMATION

- All campers must be toilet trained unless limited by a disability.
- Participants will be the correct age for camp enrollment by September 1, 2024.
- Would your child benefit from an aide at camp? See page 30 for more information.
- The District uses a secure, paperless system called ePACT to organize and secure your camper's information. Account creation and form submissions are required prior to the start of the camp session. The email address used to register will be the ePACT username. An email from ePACT for account creation will be sent in April. Assistance navigating this system is available once registered. If you do not have access online, we also have devices available to get your account set up. Please call 217-384-4062.
- Camps may be canceled for severe or threatening weather. No refunds are issued for weather-related cancellations.
- A child cannot be registered for a camp without deposit payment, but full payment is preferred at registration. A payment plan option is available for in-person or online registration (see page 30). When registering by phone credit card payment in full is required.
- Camps may fill so a waitlist occurs on a first-come, first-served basis. If a spot becomes available, staff will notify you. Payment will only be required if your camper is enrolled.

Summer Camps at a Glance

Dates	Camp Name	Age	Location	Times (M-F)	Page
May 28-May 31	School's Out for Summer	6-12	Phillips Recreation Center	7:30am-5:30pm	31
June 3-Aug 9	Preschool Arts Camp	3-5	Phillips Recreation Center	8:30am-12pm	32
	Preschool Nature Camp	3-5	Anita Purves Nature Center	8:30am-12pm	34
	Nature Day Camp*	6-12	Anita Purves Nature Center	7:30am-3pm	33-34
	Extended Nature Day Camp*	6-12	Anita Purves Nature Center	3-5:30pm	33-34
	Summer Arts Camp	6-12	Phillips Recreation Center	7:30am-3pm	32
	Extended Summer Arts Camp	6-12	Phillips Recreation Center	3-5:30pm	32
	Sports Camp	6-12	Brookens Gym	7:30am-3pm	31
	Extended Sports Camp	6-12	Brookens Gym	3-5:30pm	31
July 8-26	Camp <i>FRESH</i>	12-15	Lake House in Crystal Lake Park	7:30am-3pm	34

* August 5-9 Nature Day Camp and Extended Nature Day Camp are under Wild Child Survival Camp on page 34.

DON'T WAIT... REGISTER NOW!

1. Early registration is advised due to the popularity of camps and the limited number of spaces available.
2. Super Early Bird pricing is available through April 2, 2024, after which time prices increase.
3. Camp registration is required one week prior to the start of each session. Late registration is at the discretion of the camp coordinator.

Summer Camp Fees & Deadlines**

Session	Dates	Deadline	Super Early Bird Prices <i>Dec 6, 2023-April 2, 2024</i>	Weeks 1-2, 4 & 6-10	Weeks 3 & 5
1	Jun 3-7	May 28	Day Camps (7:30am-3pm)	\$143R/\$215NR	\$115R/\$172NR
2	Jun 10-14	June 3	Extended Camps (3-5:30pm)	\$73R/\$110NR	\$57R/\$86NR
3	Jun 17-21*	June 10			
4	Jun 24-28	June 17	Early Bird Prices <i>April 3-May 20</i>	Weeks 1-2, 4 & 6-10	Weeks 3 & 5
5	Jul 1-5*	June 24	Day Camps (7:30am-3pm)	\$152R/\$228NR	\$122R/\$183NR
6	Jul 8-12	July 1	Extended Camps (3-5:30pm)	\$78R/\$117NR	\$61R/\$92NR
7	Jul 15-19	July 8			
8	Jul 22-26	July 15	Regular Prices <i>May 21-Registration Deadline</i>	Weeks 1-2, 4 & 6-10	Weeks 3 & 5
9	Jul 29 - Aug 2	July 22	Day Camps (7:30am-3pm)	\$162R/\$243NR	\$130R/\$195NR
10	Aug 5-9	July 29	Extended Camps (3-5:30pm)	\$83R/\$125NR	\$65R/\$98NR

**Alternate fees apply to
Preschool Camps and Camp FRESH*

**No camps on Wednesday, June 19 or Thursday, July 4.*

Summer Camps

Extended Camp Drop-In

Monday-Friday, 3-5:30pm | All Registered Full-Day Campers | \$17 per camper per day

The Extended Camp Drop-In option is perfect for adults of full-day campers who are occasionally unable to pick up children by 3pm, but not often enough to enroll campers in a full session of Extended Camp. Space permitting, you may register your child for a single day or multiple days. Please contact office staff as soon as you know the days that you need to enroll as this is a first-come, first-served program. Once space is confirmed, payment is due upon enrollment.

Extended Nature Camp: 217-384-4062 | Extended Arts Camp & Extended Sports Camp: 217-367-1544

I HAVE MORE THAN ONE CHILD IN CAMP. IS THERE A DISCOUNT?

Yes! Families with more than one child enrolled during the same session can receive a discount of \$14 per session per each additional child. Multiple-child discounts are only available over the phone or in person, not online.

HOW DO I TRANSFER A CHILD FROM ONE CAMP TO ANOTHER?

You may transfer a child to another camp, space permitting, if you make the request prior to the session deadline. Fee differences, if applicable, are due at time of transfer. Call the Phillips Recreation Center at 217-367-1544

I NEED ASSISTANCE AFFORDING CAMPS. ARE THERE SCHOLARSHIPS AVAILABLE?

Possibly. Scholarship requests may be submitted when registration opens and must be received no later than two weeks before the program's deadline. Space is not guaranteed, and a spot is not saved for your child until we receive payment or the \$25 deposit. The regular camp payment schedule still applies.

- **SEB** - Super Early Bird; an early registration deadline for summer camps with an additional discounted fee
- **EB** - Early Bird; An early registration deadline with a discounted fee
- **R** - Resident; Individuals living within the boundaries of the Urbana and Champaign Park Districts
- **NR** - Nonresident; Individuals living outside the boundaries of the Urbana and Champaign Park Districts



CAN I PAY FOR CAMP IN INSTALLMENTS USING A PAYMENT PLAN OPTION?

You can! The Payment Plan Option is only available for registration in person or online; phone registration is only available once we have a completed automatic payment plan form. If you choose to pay in installments, a \$25 per camper, per session, nonrefundable registration deposit is required. This deposit will be applied to the full payment of the camp fee.

A payment plan authorization form is required allowing the District to make scheduled withdrawals from your checking account or credit card. The payment plan schedule is established by the Urbana Park District for the remaining balance. Payments will be debited two weeks before the first day of the camp session. If an automatic payment is declined for any reason, payment must be received by Wednesday at 5pm of the same week to avoid unenrollment.

Camp Sessions and Dates	Automatic Payment Due Date	Non-Payment Withdrawal Date
Session 1, June 3-7	May 20	May 22
Session 2, June 10-14	May 28	May 30
Session 3, June 17-21*	June 3	June 5
Session 4, June 24-28	June 10	June 12
Session 5, July 1-5*	June 17	June 19
Session 6, July 8-12	June 24	June 26
Session 7, July 15-19	July 1	July 3
Session 8, July 22-26	July 8	July 10
Session 9, July 29-August 2	July 15	July 17
Session 10, August 5-9	July 22	July 24

CAN I REQUEST A REFUND?

Yes! Refunds, minus the \$25 nonrefundable deposit per session, will be issued if requested prior to the session deadline. No refunds are issued once the session starts or when camps are canceled due to weather.

Who Should I Call with Questions about A Specific Camp Program?

Sports Camps

- Athletics Coordinator: 217-255-8601

Arts Camps & School's Out for Summer

- Community Program Coordinator: 217-367-1544

Nature Camps & Wild Child Survival Camp

- Environmental Public Program Coordinator: 217-384-4062

MY CAMPER NEEDS SPECIAL/INCLUSION SERVICES. HOW DO I REQUEST THEM?

Champaign Urbana Special Recreation (CUSR) offers free inclusion services for District programs. Participants do not need to have an IEP or 504 to qualify for inclusion services. Upon an initial assessment, services that are deemed appropriate based on each individual may be provided. If needed, a one-on-one aide may be available to work with participants. When registering, please complete the ADA information section as needed on the registration form. If you register online you must contact the Phillips Recreation Center at 217-367-1544 to arrange services. Services should be requested as early as possible and are on a first-come, first-served basis. *Inclusion services may be limited at this time. Due to staffing availability, Inclusion Assistants cannot be guaranteed.

I RECEIVE ASSISTANCE FROM CCRS (CHILD CARE RESOURCE SERVICE). WHAT DO I NEED TO KNOW ABOUT CAMP REGISTRATION?

A \$10 deposit per child per session will be required to save a spot. These deposits will be refunded at the end of the summer as long as attendance requirements are met. Due to the cost of camps and CCRS restrictions, extended camps may not be covered by CCRS. If you would like to register for these camps, you will need to sign up for the regular payment plan. An approval letter for the Urbana Park District or payment in full will be required by the Thursday before a camp begins in order for your child to attend. You are responsible for any remaining balance after CCRS. Once your letter is received, payment must be made or a payment plan set up with the Office Specialist I within 1 week for your child to continue attending camp.

JC Program, Camp FRESH, & CIT Program

- Environmental Education Coordinator: 217-384-4062

Registration, Scholarships, CCRS, & Camp Payments

- Recreation Office Staff: 217-367-1544

ePact Camper Information System

- Environmental Office Manager: 217-384-4062

School's Out for Summer

Meets Tuesday-Friday from 7:30am-5:30pm
(Sign up for individual dates desired)
Phillips Recreation Center
Ages 6-12

Travel around town to see what Urbana-Champaign has to offer while hanging out with old and new friends! Each day will feature different games and activities. You'll ride the MTD to our field trip locations. All movies rated G or PG. Be sure to bring your lunch, swimsuit, sunscreen, and towel each day—we may get very messy and wet! An afternoon snack will be provided. Any days when Urbana School District classes are in session, camp will be canceled.

SEB Cost	EB Cost	Regular Cost
\$45R/\$68NR	\$48R/\$72NR	\$51R/\$77NR

Camp Day	Deadline	Code
Th, May 30	May 23	193
F, May 31	May 24	194



Sports Camp

Monday-Friday, 7:30am-3pm
Brookens Gym
Ages 6-12

Kids will enjoy a variety of fun activities involving sports and games, while making new friends in an active environment. Campers are instructed on a variety of sports activities, participate in competitions, and go on trips. Camp includes two afternoons a week of free swim at the Urbana Indoor Aquatic Center or Crystal Lake Park Family Aquatic Center. Campers ride MTD buses for field trips. Bring a lunch that does not need refrigeration and a morning snack daily, and bring a swimsuit and towel on swim days. Campers should wear tennis shoes daily.

Session	Date	Deadline	Code
1	Jun 3-7	May 28	201
2	Jun 10-14	June 3	202
3	Jun 17-21*	June 10	203
4	Jun 24-28	June 17	204
5	Jul 1-5*	June 24	205
6	Jul 8-12	July 1	206
7	Jul 15-19	July 8	207
8	Jul 22-26	July 15	208
9	Jul 29 - Aug 2	July 22	209
10	Aug 5-9	July 29	210

Extended Sports Camp

Monday-Friday, 3-5:30pm
Brookens Gym
Ages 6-12

Children registered for Sports Camp can add extended camp and stay for more camp fun until 5:30pm. *Participants must be enrolled in the corresponding session of Sports Camp.*

Session	Date	Deadline	Code
1	Jun 3-7	May 28	211
2	Jun 10-14	June 3	212
3	Jun 17-21*	June 10	213
4	Jun 24-28	June 17	214
5	Jul 1-5*	June 24	215
6	Jul 8-12	July 1	216
7	Jul 15-19	July 8	217
8	Jul 22-26	July 15	218
9	Jul 29 - Aug 2	July 22	219
10	Aug 5-9	July 29	220

See page 29 for fees.

****There are no camps on
Wednesday, June 19 or Thursday, July 4.***

Art Camp Themes and Information

Each camper will learn new art terms and techniques and gain valuable friendships. Drop off begins at 7:30am with official activities beginning between 8:30 and 9am. Be sure to dress for mess. Campers will ride MTD buses for field trips, have open play time at the Phillips Recreation Center playground, and swim up to twice a week. Please provide a lunch and snack daily. Each child receives an Arts Camp T-shirt.

Session	Date	Theme
1	Jun 3-7	3D Art
2	Jun 10-14	Clay, Dough, & Modeling
3	Jun 17-21*	Textiles
4	Jun 24-28	Painting/Drawing
5	Jul 1-5*	Graphic Design & Photography
6	Jul 8-12	Eco-Friendly Art
7	Jul 15-19	Performing Arts
8	Jul 22-26	Mixed Media
9	Jul 29 - Aug 2	Art Meets Science
10	Aug 5-9	Wood, Glass, & Plastic

Preschool Arts Camp

Monday-Friday, 8:30am-12pm
Phillips Recreation Center
Ages 3-5, must be toilet trained

Young artists will develop their visual and performing arts skills in this exciting camp just for 3-5 year old campers. Each session will include hands-on art exploration as well as play-based learning and recreation in a small group setting. This camp is for children who no longer require a napping period during the day.

Session	Date	Deadline	Code
1	Jun 3-7	May 28	169
2	Jun 10-14	June 3	170
3	Jun 17-21*	June 10	171
4	Jun 24-28	June 17	172
5	Jul 1-5*	June 24	173
6	Jul 8-12	July 1	174
7	Jul 15-19	July 8	175
8	Jul 22-26	July 15	176
9	Jul 29 - Aug 2	July 22	177
10	Aug 5-9	July 29	178

	Cost	*Sessions 3 & 5 Cost
SEB	SEB Cost: \$71R/\$107NR	\$57R/\$86NR
EB	EB Cost: \$75R/\$113NR	\$60R/\$90NR
REG	Reg Cost: \$80R/\$120NR	\$64R/\$96NR



Summer Arts Camp

Monday-Friday, 7:30am-3pm
Phillips Recreation Center
Ages 6-12

Budding artists focus on the visual and performing arts. Each session will have a virtual art show posted online.

Session	Date	Deadline	Code
1	Jun 3-7	May 28	147
2	Jun 10-14	June 3	148
3	Jun 17-21*	June 10	149
4	Jun 24-28	June 17	150
5	Jul 1-5*	June 24	151
6	Jul 8-12	July 1	152
7	Jul 15-19	July 8	153
8	Jul 22-26	July 15	154
9	Jul 29 - Aug 2	July 22	155
10	Aug 5-9	July 29	156

Extended Summer Arts Camp

Monday-Friday, 3-5:30pm
Phillips Recreation Center
Ages 6-12

Summer Arts Campers can extend their day with these afternoons of general recreation activities, swimming and more. Structured and unstructured activities will be offered, including games, sports, movies, quiet play, playground time and a daily snack. We swim up to twice a week. Extended Camp ends at 5:30pm. *Participants must be enrolled in the corresponding session of Summer Arts Camp.*

Session	Date	Deadline	Code
1	Jun 3-7	May 28	180
2	Jun 10-14	June 3	181
3	Jun 17-21*	June 10	182
4	Jun 24-28	June 17	183
5	Jul 1-5*	June 24	184
6	Jul 8-12	July 1	185
7	Jul 15-19	July 8	186
8	Jul 22-26	July 15	187
9	Jul 29 - Aug 2	July 22	188
10	Aug 5-9	July 29	189

****There are no camps on Wednesday, June 19 or Thursday, July 4.***

See page 29 for fees.

Nature Camp Themes and Information

Nature Camp gives children opportunities to discover, connect with, and ask questions about nature. Campers are divided into separate groups and spend their days exploring the outdoors during weekly themed sessions. Leaders guide hands-on investigations, field trips and more. Traditional summer camp activities like songs, games, crafts, and swimming are also offered. Each camper receives a Nature Day Camp T-shirt. Please dress your child for mess and bring a refillable water bottle daily.

Session	Date	Theme	Description
1	Jun 3-7	Woodlands	Get up-close and personal with Busey Woods as we explore and discover different parts of our surroundings each day.
2	Jun 10-14	STEAM Week	Explore how Science, Technology, Engineering, Art and Math can connect us with nature through inquiry and discovery!
3	Jun 17-21*	Wetlands	Visit different wetland habitats in the park district and compare the different kinds of life we can find!
4	Jun 24-28	Space & Sky	Put your eyes to the skies as we learn about the atmosphere and beyond!
5	Jul 1-5*	Paws, Claws, & Jaws	From prehistoric beasts to modern predators, animals have unique adaptations that allow them to survive. Join in this week to focus on creatures that are fast, formidable, and ferocious.
6	Jul 8-12	Myths, Legends, & Lore	Nature and animals are the subjects of many fables and folktales. This week we'll bring the fantastic to life!
7	Jul 15-19	Fungi & Decomposers	Get down with decomposers to discover the importance of these ecosystem engineers!
8	Jul 22-26	Buggy Blitz	Insects, spiders, slugs and bugs—search and learn what makes invertebrates such important members of the biological community.
9	Jul 29 - Aug 2	Around the World	The world will be our stage as we explore the many cultures, communities, and environments on Earth.

**No camps on Wednesday, June 19 or Thursday, July 4.*

Nature Day Camp

*Monday-Friday, 7:30am-3pm
Anita Purves Nature Center & Crystal Lake Park
Ages 6-12*

Campers will explore nature and the environment as they play and learn outdoors. Children are divided into smaller groups, each with a different camp leader. Drop off is from 7:30-8:30am with kids' choice activities. Scheduled group activities begin at 8:30am. Campers must bring a morning snack, lunch, and water bottle daily.

Session	Date	Deadline	Code
1	Jun 3-7	May 28	102
2	Jun 10-14	June 3	103
3	Jun 17-21*	June 10	104
4	Jun 24-28	June 17	105
5	Jul 1-5*	June 24	106
6	Jul 8-12	July 1	107
7	Jul 15-19	July 8	108
8	Jul 22-26	July 15	109
9	Jul 29 - Aug 2	July 22	110

Extended Nature Day Camp

*Monday-Friday, 3-5:30pm
Anita Purves Nature Center & Crystal Lake Park
Age 6+*

Nature Day and Camp *FRESH* campers can end the day with various supervised recreational activities. Play games, make crafts, go swimming and more. *Participants must be enrolled in the corresponding session of Nature Day Camp or Camp FRESH.*

Session	Date	Deadline	Code
1	Jun 3-7	May 28	122
2	Jun 10-14	June 3	123
3	Jun 17-21*	June 10	124
4	Jun 24-28	June 17	125
5	Jul 1-5*	June 24	126
6	Jul 8-12	July 1	127
7	Jul 15-19	July 8	128
8	Jul 22-26	July 15	129
9	Jul 29 - Aug 2	July 22	130

See page 29 for fees.

Wild Child Survival Camp

Monday-Friday, Aug 5-9, 7:30am-3pm
Anita Purves Nature Center
Ages 6-12

See page 29 for fees.

In this adventure-based outdoor camp, your child will learn skills that promote independence and critical thinking such as building campfires and debris shelters, orienteering, identifying plants and animals, and more. Campers will also take field trips, swim, and enjoy some general recreation activities throughout the day. Drop-off will be from 7:30 to 8:30 and pickup from 4:30 to 5:30. Dress your child in closed-toed shoes, long pants, and clothing that can get dirty. Bring a lunch, snacks, and a refillable water bottle daily.

Session	Date	Deadline	Code
10	Aug 5-9	July 29	131

Extended Wild Child Survival Camp

Monday-Friday, Aug 5-9, 3-5:30pm
Anita Purves Nature Center
Ages 6-12

See page 29 for fees.

Wild Child campers can end the day with various supervised recreational activities. Play games, make crafts, go swimming and more. *Participants must be enrolled in Wild Child Survival Camp.*

Session	Date	Deadline	Code
10	Aug 5-9	July 29	132

Preschool Nature Camp

Monday-Friday, 8:30am-12pm
Anita Purves Nature Center
Ages 3-5, must be toilet trained

This morning camp, for children who have not yet attended kindergarten, nurtures curiosity and provides a positive introduction to day camp and nature. Camper drop off is from 8:30-9am starting with free play. Scheduled activities begin at 9am. Campers must bring a water bottle daily.

Session	Date	Deadline	Code
1	Jun 3-7	May 28	112
2	Jun 10-14	June 3	113
3	Jun 17-21*	June 10	114
4	Jun 24-28	June 17	115
5	Jul 1-5*	June 24	116
6	Jul 8-12	July 1	117
7	Jul 15-19	July 8	118
8	Jul 22-26	July 15	119
9	Jul 29 - Aug 2	July 22	120

	Cost	*Sessions 3 & 5 Cost
SEB	SEB Cost: \$71R/\$107NR	\$57R/\$86NR
EB	EB Cost: \$75R/\$113NR	\$60R/\$90NR
REG	Reg Cost: \$80R/\$120NR	\$64R/\$96NR



Camp FRESH!

Monday-Friday, 8am-3pm | Crystal Lake Park Lake House | Age 12-15

Camp FRESH offers teens a unique look at the Urbana-Champaign community. Camp is held in the Lake House in Crystal Lake Park in Urbana where campers will enjoy boating, fishing, and picnicking. Campers ride MTD for activities and experiences all around Urbana-Champaign. This camp is a great way to meet new friends and try new things! Drop off is from 8-8:30am at the Lake House; scheduled group activities begin at 8:30am. See Extended Nature Day Camp on page 33 for a longer camp day.

Looking for more activities for teens? See page 53.

Session	Date	Deadline	Code
6	July 8-12	July 1	137
7	July 15-19	July 8	138
8	July 22-26	July 15	139

	Cost	Deadline
SEB	\$163R/\$246NR	Apr 2
EB	\$174R/\$261NR	May 20
REG	\$185R/\$278NR	See above.

***There are no camps on Wednesday, June 19 or Thursday, July 4.**

Counselor-In-Training (CIT) Program

*Ages 13-15 (Completion of 7th grade required)
Application Deadline: March 31, 2024
Monday-Friday, June 3-August 2, 8:30am-3pm
Anita Purves Nature Center
Fee \$360 (required at acceptance into program)
Financial assistance is available!*

Bring your own energy and talents to the team and have a blast at Nature Day Camp! CITs will be at camp 15-20 hours a week, 3 days a week. Throughout the summer, CITs will set goals for success, attend weekly CIT meetings and reflect on experiences while growing personally and professionally. Join the Nature Day Camp team to build your leadership skills and gain experience from park district camp leaders.

Interested? Complete a CIT application, available at any park district office or online at urbanaparks.org. Candidates are selected through an application and interview process. Space is limited.

Fee includes camp T-shirt, training time, supervision and field trips for the entire camp season. Payment is due on acceptance into the program. For more information, contact Chelsea Prah at the Anita Purves Nature Center at 217-384-4062 or by email at ckprahl@urbanaparks.org.

Job Opportunity! - Junior Counselor (JC)

*Ages 16-17 (15 with related experience)
Application Deadline: March 31, 2024
Camp Dates: Monday-Friday, June 3-August 2*

Being a Junior Counselor trains you for future camp leader positions and much more. You get the benefits of a paid position, staff training and a fun camp experience that includes planning and implementing activities, interacting with campers and staff, and all the fun! Throughout the summer, your level of responsibility increases along with your skills and confidence in your own abilities. Junior Counselors work alongside camp leaders, assist campers and Counselors-in-Training and bring energy and enthusiasm to camp each day. As a JC, you'll have a paid 20-25 hour work week and receive a staff T-shirt.

Interested? Visit www.urbanaparks.org to submit an Urbana Park District job application by March 31, 2024. Candidates are selected through an application and interview process. Space is limited. For more information, contact Chelsea at the Anita Purves Nature Center at 217-384-4062 or by email at ckprahl@urbanaparks.org.





Aquatic Programs

Urbana Park District Swim Lessons

Early registration is encouraged. A waitlist may be started for programs that fill quickly. Swim lessons take place at the Urbana Indoor Aquatic Center.

Multiple Student Discount: Enroll more than one child in swim lessons and receive a \$5 discount for each additional child. Can only be applied in person or over the phone.

How do I know where to place my child for swim lessons?

During the first class of each session, instructors and coordinators will evaluate the child's swim skills and place them in the appropriate level.

Toddler & Me Swim Lessons

Children are introduced to the water with games and songs. They will work on jumping in, splashing, and being comfortable floating on front and back.

According to Illinois Health Code, all children wearing diapers must also wear plastic pants over them or wear a "swim diaper." This is to help prevent the spread of infectious disease through fecal accidents. Swim diapers are available for \$1 at the entrance.

**EB Cost: \$35R/\$52NR | Regular Cost: \$43R/\$65NR*

EB Cost: \$40R/\$60NR | Regular Cost: \$49R/\$74NR

6-18 Months

Day	Date	Time	No Class	Makeup Date	EB Deadline	Reg Deadline	Code
MW	Jan 8-31	5:30-6:00pm	N/A	N/A	Dec 26	Jan 2	402
MW	Mar 4-Apr 3	5:30-6:00pm	Mar 11 & 13	N/A	Feb 19	Feb 26	403
TuTh	Feb 6-29	5:30-6:00pm	N/A	N/A	Jan 23	Jan 30	404
TuTh	Apr 9-May 2	5:30-6:00pm	N/A	N/A	Mar 26	Apr 2	405
Sat	Jan 20-Mar 2	9:15-9:45 am	Jan 27	N/A	Jan 6	Jan 13	406
Sat*	Mar 23-May 4	9:15-9:45 am	Mar 30 & Apr 27	N/A	Mar 9	Mar 16	407

**EB Cost: \$35R/\$52NR | Regular Cost: \$43R/\$65NR*

EB Cost: \$40R/\$60NR | Regular Cost: \$49R/\$74NR

18-36 Months

Day	Date	Time	No Class	Makeup Date	EB Deadline	Reg Deadline	Code
MW	Feb 5-28	5:30-6pm	N/A	N/A	Jan 22	Jan 29	409
MW	Apr 8-May 1	5:30-6pm	N/A	N/A	Mar 25	Apr 1	410
TuTh	Jan 9-Feb 1	5:30-6pm	Jan 18 & 23	Jan 19 & 26	Dec 27	Jan 2	411
TuTh	Mar 5-Apr 4	5:30-6:00pm	Mar 12 & 13	N/A	Feb 20	Feb 27	412
Sat	Jan 20-Mar 2	8:45-9:15 am	Jan 27	N/A	Jan 6	Jan 13	413
Sat*	Mar 23-May 4	8:45-9:15 am	Mar 30 & Apr 27	N/A	Mar 9	Mar 16	414

- **EB** - Early Bird; An early registration deadline with a discounted fee
- **R** - Resident; Individuals living within the boundaries of the Urbana and Champaign Park Districts
- **NR** - Nonresident; Individuals living outside the boundaries of the Urbana and Champaign Park Districts

*EB Cost: \$35R/\$52NR | Regular Cost: \$43R/\$65NR

EB Cost: \$40R/\$60NR | Regular Cost: \$49R/\$74NR

Beginner Swim Lessons

These lessons are designed to introduce swimmers to the water. They will work on being comfortable in the water through play and skills, and learn lead-up swimming skills such as front and back floats, kicking, arm movements, and blowing bubbles.

Day	Date	Time	No Class	Makeup Date	EB Deadline	Reg Deadline	Code
MW	Jan 8-31	4-4:30pm	N/A	N/A	Dec 26	Jan 2	416
		5-5:30pm					417
MW	Feb 5-28	4-4:30pm	N/A	N/A	Jan 22	Jan 29	418
		5-5:30pm					419
MW	Mar 4-Apr 3	4-4:30pm	Mar 11 & 13	N/A	Feb 19	Feb 26	420
		5-5:30pm					421
MW	Apr 8-May 1	4-4:30pm	N/A	N/A	Mar 25	Apr 1	422
		5-5:30pm					423
TuTh	Jan 9-Feb 1	4-4:30pm	Jan 18 & 23	Jan 19 & 26	Dec 27	Jan 3	424
		5-5:30pm					425
TuTh	Feb 6-29	4-4:30pm	N/A	N/A	Jan 23	Jan 30	426
		5-5:30pm					427
TuTh	Mar 5-Apr 4	4-4:30pm	Mar 12 & 14	N/A	Feb 20	Feb 27	428
		5-5:30pm					429
TuTh	Apr 9- May 2	4-4:30pm	N/A	N/A	Mar 26	Apr 2	430
		5-5:30pm					431
Sat	Jan 20-Mar 2	10-10:30 am	Jan 27	N/A	Jan 6	Jan 13	432
		11-11:30am					433
Sat*	Mar 23-May 4	10-10:30 am	Mar 30 & Apr 27	N/A	Mar 9	Mar 16	434
		11-11:30am					435

*EB Cost: \$43R/\$65NR | Regular Cost: \$53R/\$80NR

EB Cost: \$49R/\$74NR | Regular Cost: \$61R/\$92NR

Intermediate Swim Lessons

Children will work on side breathing and diving. They will learn the arm movements and kicks for breaststroke and butterfly strokes, work on their endurance for all 4 strokes, and work on being able to swim longer distances.

Day	Date	Time	No Class	Makeup Date	EB Deadline	Reg Deadline	Code
MW	Jan 8-31	4-4:45pm	N/A	N/A	Dec 26	Jan 2	437
		5-5:45pm					438
MW	Feb 5-28	4-4:45pm	N/A	N/A	Jan 22	Jan 29	439
		5-5:45pm					440
MW	Mar 4-Apr 3	4-4:45pm	Mar 11 & 13	N/A	Feb 19	Feb 26	441
		5-5:45pm					442
MW	Apr 8-May 1	4-4:45pm	N/A	N/A	Mar 25	Apr 1	443
		5-5:45pm					444
TuTh	Jan 9-Feb 1	4-4:45pm	Jan 18 & 23	Jan 19 & 26	Dec 27	Jan 3	445
		5-5:45pm					446
TuTh	Feb 6-29	4-4:45pm	N/A	N/A	Jan 23	Jan 30	447
		5-5:45pm					448
TuTh	Mar 5-Apr 4	4-4:45pm	Mar 12 & 14	N/A	Feb 20	Feb 27	449
		5-5:45pm					450
TuTh	Apr 9- May 2	4-4:45pm	N/A	N/A	Mar 26	Apr 2	451
		5-5:45pm					452
Sat	Jan 20-Mar 2	10-10:45 am	Jan 27	N/A	Jan 6	Jan 13	453
		11-11:45am					454
Sat*	Mar 23-May 4	10-10:45 am	Mar 30 & Apr 27	N/A	Mar 9	Mar 16	455
		11-11:45am					456

Making Waves Swim Lessons & Water Safety (Ages 7-12)

This program's mission is to improve the health and well-being of African American communities. One way to achieve this goal is to focus on addressing the social determinants of health and water safety in African American communities. The Making Waves Swim Lesson & Water Safety classes will provide youth ages 7-12 of all swimming abilities the foundations of water competency and water safety. Through these lessons, basic swimming and water safety skills will be taught as well as a learn and share group chat about various topics related to swimming and water safety.

Day	Date	Time	No Class	Makeup Date	EB Deadline	Reg Deadline	Code
MW	Feb 5-29	6-6:50pm	N/A	N/A	Jan 22	Jan 29	625
TTh	Feb 6-29	6-6:50pm	N/A	N/A	Jan 23	Jan 30	626
MW	Apr 8-May 1	6-6:50pm	N/A	N/A	Mar 25	Apr 1	627
TTh	Apr 9-May 2	6-6:50pm	N/A	N/A	Mar 26	Apr 2	628

**EB Cost: \$43R/\$65NR | Regular Cost: \$53R/\$80NR
EB Cost: \$49R/\$74NR | Regular Cost: \$61R/\$92NR*

Swim Team Conditioning

Calling all swim teamers and advanced lesson swimmers! This is a year-round conditioning program for those who want to stay on top of their game during the off season or advance in their competitive stroke skills. This program includes coaching and personal instruction, swimming, drills, endurance training and more. It's a great workout for those on a summer swim team, or a way to discover if swim team is for you.

Day	Date	Time	No Class	Makeup Date	EB Deadline	Reg Deadline	Code
MW	Jan 8-31	4-4:45pm	N/A	N/A	Dec 26	Jan 2	458
		5-5:45pm					459
MW	Feb 5-28	4-4:45pm	N/A	N/A	Jan 22	Jan 29	460
		5-5:45pm					461
MW	Mar 4-Apr 3	4-4:45pm	Mar 11 & 13	N/A	Feb 19	Feb 26	462
		5-5:45pm					463
MW	Apr 8-May 1	4-4:45pm	N/A	N/A	Mar 25	Apr 1	464
		5-5:45pm					465
TuTh	Jan 9-Feb 1	4-4:45pm	Jan 17 & 23	Jan 19 & 26	Dec 27	Jan 3	466
		5-5:45pm					467
TuTh	Feb 6-29	4-4:45pm	N/A	N/A	Jan 23	Jan 30	468
		5-5:45pm					469
TuTh	Mar 5-Apr 4	4-4:45pm	Mar 12 & 14	N/A	Feb 20	Feb 27	470
		5-5:45pm					471
TuTh	Apr 9- May 2	4-4:45pm	N/A	N/A	Mar 26	Apr 2	472
		5-5:45pm					473
Sat	Jan 20-Mar 2	10-10:45 am	Jan 27	N/A	Jan 6	Jan 13	474
		11-11:45am					475
Sat*	Mar 23-May 4	10-10:45 am	Mar 30 & Apr 27	N/A	Mar 9	Mar 16	476
		11-11:45am					477

**EB Cost: \$35R/\$52NR | Regular Cost: \$43R/\$65NR
EB Cost: \$40R/\$60NR | Regular Cost: \$49R/\$74NR*

Beginner Adult Learn to Swim Classes

Beginner swim lessons are for adults who want to build confidence or overcome a fear. Once you're comfortable in the water, you will learn front and back floats, and well as beginning swim strokes.

Day	Date	Time	No Class	Makeup Date	EB Deadline	Reg Deadline	Code
Sat	Jan 20-Mar 2	9-10am	Jan 27	N/A	Jan 6	Jan 13	479
Sat*	Mar 23-May 4	9-10am	Mar 30 & Apr 27	N/A	Mar 9	Mar 16	480

**EB Cost: \$43R/\$65NR | Regular Cost: \$53R/\$80NR*

Intermediate Adult Learn to Swim Classes

Intermediate swim lessons for adults who want to make progress in the four basic strokes. Classwork on endurance, distance, and technique.

Day	Date	Time	No Class	Makeup Date	EB Deadline	Reg Deadline	Code
Sat	Jan 20-Mar 2	8-9am	Jan 27	N/A	Jan 6	Jan 13	482
Sat*	Mar 23-May 4	8-9am	Mar 30 & Apr 27	N/A	Mar 9	Mar 16	483

Swim Clinic (Age 13+)

This program is for those who can swim 25 yards consistently. All of the coaches leading this program have had extensive experience in the field. They all want to help you improve your stroke and performance in the water. This is not a "learn to swim" clinic. Competitive swimming technique, including starts, turns, streamlining, "wall work", etc will be taught. Triathlon/long distance swimmers will also benefit from this clinic by becoming more efficient and faster. **Register early, this class fills fast! No Class Jan 27, & Mar 9, 16, 23, 30 & Apr 27**

Day	Date	Time	Cost	Code
Sat	Jan 20-May 4	8am-9:30am	\$84R/\$124NR	484

Private Coaching

Urbana Indoor Aquatic Center | All ages

These 30 Minute Lessons at Urbana Indoor Aquatic Center are focused, one-on-one training with area elite swim instructors. Turn your weaknesses into strengths, improve your skills, and gain confidence. Cost is per lesson. Please contact the Shift Manager on duty at 217-384-7665 with questions or to request a coach. No online registration. Private coaching lessons require at least 24 hours advanced notice of cancellation or no credit will be given. Contact a shift manager at 217-384-7665 if you need to cancel. If 24 hours advance notice is not given, you will forfeit that lesson.

# of Students	Cost
1 Student	\$28R/\$42NR
2 Student	\$33R/\$50NR

Private & Semi-Private Swim Lessons

*Urbana Indoor Aquatic Center | All Ages
4 Lessons/30 Minutes Each*

Private and Semi-private lessons provide very individualized instruction for anyone at any age. These lessons help the student become more confident in their swimming skills. We also recommend these lessons for anyone who wishes to perfect their strokes or for those who need a little extra attention before rejoining group lessons. Please call 217-384-7665 to register. Private and semi-private lessons require at least 24 hours advanced notice of cancellation or no credit will be given. Contact a shift manager at 217-384-7665 if you need to cancel. If 24 hours advance notice is not given, you will forfeit that lesson.

# of Students	Cost
1 Student	\$74R/\$111NR
2 Students	\$96R/\$144NR
3 Students	\$118R/\$177NR

Basic Water Exercise

*Tuesday, Thursday, 6-6:50am or 6-6:50pm
Urbana Indoor Aquatic Center
Age 15+*

Try this fun way to burn fat, tone your muscles and keep your heart healthy. Sample aerobic moves, water walking, water strengthening and much more. This invigorating exercise routine takes place in shallow water. **No class Jan 18 & 23**

TTh 6-6:50am

Date	EB Cost	Deadline	Cost	Deadline	Code
Jan 2-Feb 29	\$45R/\$54NR	Dec 19	\$61R/\$92NR	Dec 26	618
Mar 5-Apr 25	\$51R/\$77NR	Feb 20	\$61R/\$92NR	Feb 27	619
Apr 30-May 23	\$26R/\$39NR	Apr 16	\$31R/\$47NR	Apr 23	620

TTh 6-6:50pm

Date	EB Cost	Deadline	Cost	Deadline	Code
Jan 2-Feb 29	\$45R/\$54NR	Dec 19	\$54R/\$81NR	Dec 26	621
Mar 5-Apr 25	\$51R/\$77NR	Feb 20	\$61R/\$92NR	Feb 27	622
Apr 30-May 23	\$26R/\$39NR	Apr 16	\$31R/\$47NR	Apr 23	623

Indoor Deep Water Aerobics

*Monday, Wednesday, Friday
Urbana Indoor Aquatic Center
Age 15+*

This class is a deep-water workout suitable for all ages and levels of fitness that will challenge both the cardiovascular and muscular systems. Combining aerobic conditioning (and calorie burning!) with strength training, muscular endurance and flexibility, this class is a great way to get fit and toned while having fun! Typical workouts include swimming, water walking, water jogging and invigorating non-impact deep-water exercises in the deep end of the pool. Basic swimming skills are needed. Exercise equipment is provided. **No class Jan 15**

MWF 6-6:50am

Date	EB Cost	Deadline	Cost	Deadline	Code
Jan 8-Mar 1	\$74R/\$111NR	Dec 26	\$89R/\$134NR	Jan 2	602
Mar 4-Apr 26	\$77R/\$116NR	Feb 19	\$92R/\$138NR	Feb 26	603
Apr 29-May 22	\$35R/\$53NR	Apr 15	\$42R/\$63NR	Apr 22	604

MWF 7-7:50am

Date	EB Cost	Deadline	Cost	Deadline	Code
Jan 8-Mar 1	\$74R/\$111NR	Dec 26	\$89R/\$134NR	Jan 2	606
Mar 4-Apr 26	\$77R/\$116NR	Feb 19	\$92R/\$138NR	Feb 26	607
Apr 29-May 22	\$35R/\$53NR	Apr 15	\$42R/\$63NR	Apr 22	608

MWF 11:30am-12:20pm

Date	EB Cost	Deadline	Cost	Deadline	Code
Jan 8-Mar 1	\$74R/\$111NR	Dec 26	\$89R/\$134NR	Jan 2	610
Mar 4-Apr 26	\$77R/\$116NR	Feb 19	\$92R/\$138NR	Feb 26	611
Apr 29-May 22	\$35R/\$53NR	Apr 15	\$42R/\$63NR	Apr 22	612

MW 6-6:50pm

Date	EB Cost	Deadline	Cost	Deadline	Code
Jan 8-Feb 28	\$48R/\$72NR	Dec 26	\$58R/\$87NR	Jan 2	614
Mar 4-Apr 24	\$51R/\$77NR	Feb 19	\$61R/\$92NR	Feb 26	615
Apr 29-May 22	\$26R/\$39NR	Apr 15	\$31R/\$47NR	Apr 22	616



Co-Recreational T-Ball

May 13-July 3, 5:30-6:30pm
Register for MW or TuTh Practice
Games rotate practice locations & days
Ages 5-7

Have fun and learn baseball fundamentals! Beginners and more experienced players will have a great time building skills together. Confidence and skill building are stressed in this instructional program. Volunteer coaches provide instruction. One game of the season will be played under the lights at Canaday field. Parents may be asked to bring snacks to games. Practice days and site are assigned on a first come-first serve basis. **No T-Ball May 27**

EB Cost	Deadline	Cost	Deadline
\$30R/\$42NR	Apr 29	\$37R/\$49NR	May 6

Day	Location	Code
MW	Blair Park	532
MW	Chief Shemauger	533
MW	Weaver Park	534
MW	Ambucs West	535
TuTh	Blair Park	536
TuTh	Chief Shemauger	537
TuTh	Weaver Park	538
TuTh	Ambucs West	539

- **EB** - Early Bird; An early registration deadline with a discounted fee
- **R** - Resident; Individuals living within the boundaries of the Urbana and Champaign Park Districts
- **NR** - Nonresident; Individuals living outside the boundaries of the Urbana and Champaign Park Districts

Pony Baseball League

AMBUCS Baseball Field
Ages 13-15

Player assessment: April 8 at 5:30pm at AMBUCS Park.

Pony League is designed for competitive play with players of all ability levels. Games begin the week of May 13 and are held on weekday evenings throughout the summer, located in Urbana and neighboring communities. Participants must be the correct age for participation by Sept 1, 2024. A copy of each participant's birth certificate must be presented in person at registration or sent by email to kamills@urbanaparks.org.

EB Cost	Deadline	Cost	Deadline	Code
\$82R/\$94NR	March 18	\$100R/\$112NR	March 25	541



Co-Recreational Indoor Soccer

Wednesdays, Jan 3-Jan 31

Brookens Gym

Catch up or keep up with the fundamentals. Kids learn skills through drills and play cross-court or full-court with indoor balls and goals. New and returning players can benefit from this program as they sharpen their skills and work as a team. Meet at Brookens Gym. Classes may be condensed and times are subject to change depending upon enrollment. **Shin guards are required.**

Jerseys: This program uses the blue and gold jerseys from the outdoor soccer program. If your child has outgrown his or her jersey or has not participated before, a jersey can be purchased at the Phillips Recreation Center for \$16.

EB Cost	Deadline	Cost	Deadline
\$22R/\$34NR	Dec 22	\$28R/\$40NR	Dec 29

Grade	Time	Code
Grades 3-5	5:30-6:30pm	501
Grades 6-8	6:40-7:40pm	502
Grades 9-12	7:50-8:50pm	503

Sharkey's Outdoor Soccer

March 25-May 2, 5:30-6:30pm

Register for MW or TuTh Practice
Ages 4-6

The games are fun and exciting. Practices build teamwork and basic soccer skills. The rules, field, and ball are modified to meet kindergartners' size and abilities. Everyone gets a T-shirt and everyone participates. **Shin guards are required.** All coaches are volunteers. You may be asked to bring snacks to practices and games. Practice days and site are assigned on a first come-first serve basis. Games rotate among all practice locations/practice days. Thursday, May 2 is Sharkey's Fun Night for all teams at Brookens' Soccer Fields.

EB Cost	Deadline	Cost	Deadline
\$27R/\$39NR	Mar 11	\$33R/\$45NR	Mar 18

Day	Location	Code
MW	Weaver Park	505
MW	Carle Park	506
MW	Brookens Fields	507
MW	Yankee Ridge	508
TuTh	Brookens Fields	509
TuTh	Larson Park	510
TuTh	Blair Park	511
TuTh	Carle	512

Spring Outdoor Youth Soccer

Practices: March 18-May 11, 5:30-6:30pm

Games: Saturday mornings starting Mar 30 or Apr 6
Grades 1-9

Players learn rules, soccer skills, and the value of teamwork and sportsmanship in a fun environment. All teams are coached by volunteer coaches and soccer games are held on Saturdays or weekday evenings. Sign up for your preference of practice site. Depending upon enrollment, teams may be combined, and you may not receive your first choice. If you are switched to a different location, you will be contacted by the park district. Grades 5-9 leagues may play with the Champaign Park District, and will play most games at Brookens or Dodds Soccer Complex in Champaign. **Shin guards are required.**

Required Jersey Fee - \$16 (purchase jersey at Phillips)

EB Cost	Deadline	Cost	Deadline
\$29R/\$41NR	Feb 26	\$36R/\$48NR	Mar 4

Grades	Days	Location	Code
Grades 1-2 Co-Rec	MW	Brookens Fields	514
	MW	Carle Park	515
	MW	Chief Shemauger	516
	MW	Blair	517
	TuTh	Brookens Fields	518
	TuTh	Carle Park	519
	TuTh	Yankee Ridge School	520
	TuTh	Chief Shemauger	521
Grades 3-4 Boys	MW	Brookens Fields	522
	TuTh	Brookens Fields	523
Grades 3-4 Girls	MW	Brookens Fields	524
	TuTh	Brookens Fields	525
Grades 5-6 Boys	MW	Brookens Fields	526
	TuTh	Brookens Fields	527
Grades 5-6 Girls	TuTh	Brookens Fields	528
Grades 7-9 Boys	MW	Brookens Fields	529
Grades 7-9 Girls	TuTh	Brookens Fields	530



Youth Basketball

*Practices: Weekday Evenings, January 22-March 14
Urbana Schools*

*Games: Saturdays, February 3-March 16
Various Locations*

Grades 3-8

Practices are weekday evenings at the coaches' convenience between 4:00-8:45pm at Urbana elementary schools.

Teams are guaranteed one practice per week, but typically have 2. For Junior Boys and Junior Girls, please sign up for your first choice of practice site. Depending upon enrollment, teams may be combined. For all other levels, practice site is determined after assessment. A coach will contact you to let you know your team and first practice time. Practice begins the week of January 23.

If the schools are closed for any reason, practice will likely be canceled. **Jersey Fee \$16 - Players can purchase their Jersey at Brookens Gym.**

MANDATORY Skills Assessment for 5th-8th Grade: Saturday, January 6 at 11am, Brookens Gym. All 5th-8th grade participants MUST attend the skill assessment. Coaching and/or carpool requests will NOT be considered for those who fail to participate in the assessment.

EB Cost Deadline	Cost Deadline
\$42R/\$54NR Dec 29	\$52R/\$64NR Jan 5

Grade	Practice Site	Code
Junior Boys (Grades 3 & 4)	Dr. Williams	551
	King	552
	Leal	553
	Thomas Paine	554
	Wiley	555
	Yankee Ridge	556
Junior Girls (Grades 3 & 4)	Dr. Williams	557
	King	558
	Leal	559
	Thomas Paine	560
	Wiley	561
	Yankee Ridge	562
Intermediate Boys (Grades 5 & 6)	Assigned after assessment	563
Intermediate Girls (Grades 5 & 6)	Assigned after assessment	564
Middle School Boys (Grades 7 & 8)	Assigned after assessment	565
Middle School Girls (Grades 7 & 8)	Assigned after assessment	566

Hoopster's Co-Recreational Basketball

Saturdays, January 13-February 24

- Grade 1 - 8-8:50am
 - Grade 2 - 9-9:50am
- Location: TBD*

First and second graders will love this exciting, instructional program for little hands and big expectations. With a smaller ball and shorter basket, your hoopster will have a blast! Depending on the number of participants age groups may combine. If combined, the program will run at 9am.

Grade	EB Cost Deadline	Cost Deadline	Code
1	\$31R/\$43NR Dec 30	\$38R/\$50NR Jan 6	568
2	\$31R/\$43NR Dec 30	\$38R/\$50NR Jan 6	569

Open Gym Basketball

Sundays, January 7-April 26

Brookens Gym, \$1/person at the door

Ages 5-14: 1-3pm

Age 15+: 3-5pm

Bring a photo ID. Brookens Gym is open Sunday afternoons for open gym basketball. Parents are welcome to attend the youth session. Children under 11 must be accompanied by someone 15 or older. All Urbana Park District rules and regulations must be followed. See page 43 for participant code of conduct. Open gym may be canceled on occasion for special events. When Open Gym will be canceled, signs will be posted at Brookens Gym no less than one week prior to the cancellation. **No Open Gym Feb 7-Mar 20 (Brookens Closed)**



Open Gym Volleyball

*Fridays, January 5-May 3, 5:30-8:30pm
Brookens Gym, \$1/person at the door
Age 15+*

Bring a photo ID, your enthusiasm, and equipment to Brookens Gym on Friday evenings for some volleyball action! Practice for your upcoming game with your team, or just come out solo and join others with the same love of the game in a casual atmosphere. Open gym may be canceled occasionally for special events. When Open Gym will be canceled, signs will be posted on the park district website and at Brookens Gym no less than one week prior to the cancellation. **No Open Gym Feb 7-Mar 20 (Brookens Closed)**

Open Gym Pickleball

*Monday-Friday, Jan 1-May 31, 9-12pm
Brookens Gym, \$1/person at the door
Age 15+*

Bring a photo ID. New players are welcome! Open gyms may be canceled occasionally for activities. Notices will be on the Athletics page at urbanaparks.org, and signs will be posted at Brookens Gym no less than one week prior to cancellation.

No Open Gym Feb 7-Mar 20 (Brookens Closed)

District Adult Sports Code of Conduct

Participants are expected to follow all Urbana Park District rules, regulations, and this code of conduct. The following code of conduct has been developed to ensure that all participants exhibit appropriate behavior at all times. All athletic programs are intended to provide a safe and fun recreational environment for the participants.

All teams and individuals must show respect to other participants, officials and staff members, including volunteers. Respect all the equipment and the facilities/fields.

- Follow all Urbana Park District program rules and regulations.
- The use of abusive or foul language is not permitted.
- Any unnecessary physical contact towards another player, staff, coach, official, or spectator is not allowed. This also includes verbal threats/abuse.
- Participants should refrain from participation in unlawful activities.

The Urbana Park District reserves the right to suspend or remove a participant or team from a program for a violation of the code of conduct and no refunds will be given. Each situation will be evaluated on its own merit.

Corecreational Volleyball League

*Mondays, January 8-April 22, Evening Games
Age 15+ | Brookens Gym*

Set and spike your way to victory! Get your team together for a 10-game round robin regular season. The winning team will get a trophy and bragging rights. Games are played Monday evenings starting at 6pm. The season ends with a single elimination, first-round consolation tournament. Teams must submit a completed roster and full payment with registration. There is no online registration for this league. Please register for this activity in person or at 217-367-1544.

*Mandatory Managers' Meeting:
Thursday, January 4, 6pm, Brookens Gym*

Dates	EB Cost Deadline	Cost Deadline	Code
Jan 8-Feb 5	\$90/team Dec 26	\$110/team Jan 2	544
Mar 25-Apr 22	\$90/team Mar 11	\$110/team Mar 18	545



Adult Co-Rec Dodgeball

*Thursdays, March 21-May 2, Evening Games
Brookens Gym
Age 15+*

Relive your elementary school glory days in this District program. Get a team of at least three men and three women together for a 6-week season. Athleticism is optional!

Teams must submit a completed roster and full payment with registration. There is no online registration for this league. Please register for this activity in person at the Phillips Recreation Center.

*Mandatory Managers' Meeting:
Tuesday, March 19 at 6pm at Brookens Gym*

EB Cost Deadline	Cost Deadline	Code
\$145 per team Mar 7	\$180 per team Mar 14	542



Community Programs

AGE-FRIENDLY (50 & BETTER) PROGRAMS

FREE! Virtual Aging Mastery Series with CRIS Healthy Aging

Thursdays, January 11-March 7, 2:30-3:30pm
Online
Ages 50+

Join CRIS Healthy Aging as we start the new year with healthier habits! The 10-week Aging Mastery Program will be hosted online for this season. Aging Mastery Program encourages mastery-developing behaviors across many dimensions that will lead to improved health, stronger financial security, and overall well-being. For more information or to register, call CRIS Healthy Aging at 217-355-1543.

FREE! Creative Senior Connections with Family Service

Select Fridays, 11am-1pm
January 12, February 9, March 29, & April 19*
Phillips Recreation Center

*The Lake House in Crystal Lake Park in April
Ages 50+
Code: 811

Looking for a supportive atmosphere to be yourself, share stories, and express yourself creatively? Consider joining Creative Senior Connections. This monthly group will explore creative expression through writing, visual art, rhythm, movement, drama, guided meditation and more with the goal of connecting more deeply with others, with yourself, and with your inner creativity. Engaging creatively can relieve stress, lift your self-esteem, spark deep personal growth, and promote healing. Create for the joy of the process rather than for the end product. No art experience or skill required—we are all creative beings! We would love to have you in the circle. **Registration for this opportunity is required**, so please register online or call the Phillips Recreation Center at 217-367-1544.

FREE! Matter of Balance with Family Service

Wednesdays, March 6-April 24, 9-11am
Phillips Recreation Center
Ages 50+
Code: 810

Matter of Balance is designed to reduce the fear of falling and improve activity levels of older adults who have concerns about falling by helping people view falls and the fear of falling as controllable. This award-winning program helps you increase your safe activity levels and find personal, practical improvements in your environment to reduce the risk of falling. The program is based on research conducted at Boston University. Their research found that a fear of falling – because of past falls or concerns about the negative consequences of possible future falls - can lead to inactivity which can, in fact, increase the possibility of falls. **Registration for this opportunity is required**, so please register online or call the Phillips Recreation Center at 217-367-1544.

FREE! Rules of the Road

Thursday, March 7, 10am-12pm
Phillips Recreation Center
Ages 50+
Code: 809

This free review of Illinois traffic laws and signs, held in cooperation with the Illinois Secretary of State's Office, allows experienced drivers to polish their skills and keep on top of changing traffic laws. **Registration for the class is required**, so please register online or call the Phillips Recreation Office at 217-367-1544.

Urbana Park District Senior Club

Second Tuesday of each month, 11:30am-2:30pm

Potluck served at 12pm

Phillips Recreation Center

Age 50+

The Urbana Park District Senior Club gathers on the second Tuesday of every month at the Phillips Recreation Center for a meeting, potluck luncheon, and entertainment. All seniors, 50+, are welcome to join us for fun, fellowship, and a great meal. For more information about the Club or to become a member (\$20 resident of Urbana and Champaign Park Districts, \$23 nonresident), please give Jacob Johnston a call at 217-367-1544 or email jrjohnston@urbanaparks.org.

Senior Club Trips

This season, our Club will be going on some fabulous trips. If you'd like to stay up-to-date about Club Travel, please consider subscribing to our Lifelong Leisure newsletter. If you're interested in joining us or for questions, call Travel Chair Bobbi McEntire at 217-637-1849. Please call between 9am and 5pm Monday-Thursday or Saturday.

Join the "Urbana Park District Senior Club" Facebook Group!

If you've got a Facebook account, you can request to join our Facebook group.

Don't have a Facebook? No worries! Set up an appointment with Jacob, our Community Program and Engagement Coordinator for Facebook creation, education, and a complimentary privacy-settings screening to ensure your information remains as secure as possible. We use the page to post information about the club, its members, and important local stuff we think you ought to know, so be sure to check for updates frequently!

Here's how to join:

1. Log in to your Facebook account.
2. In the Facebook search bar (located at the top left of the screen), type "Urbana Park District Senior Club." The group's page will show up as the first result.
3. Click the +1 JOIN button!

A group administrator will approve your request (usually within hours) and then you may post and share information among the group!



FREE! Age-Friendly Office Hours and Technology Assistance

By Appointment Tuesdays and Thursdays, 2-3pm

Phillips Recreation Center

Age 50+

Come visit Jacob Johnston, Community Program and Engagement Coordinator, to learn about technology basics. This could include: learning and/or setting up a new smart phone, password management, taking, storing, and sharing photos, and much more! Jacob, along with some tech-savvy volunteers, will be providing technology education and troubleshooting, upon request.

No registration is required but appointments are! For more information or to schedule an appointment, call Jacob at 217-367-1544 or email jrjohnston@urbanaparks.org. Once Jacob has confirmed your appointment with you, be sure to bring your smartphone, tablet, or laptop and plenty of questions!

Lifelong Leisure - Senior News

The Urbana Park District's free senior newsletter is your go-to source for senior activities in Urbana. The newsletter is the best way to stay up-to-date on all trips, events, and programs offered through the Park District and Senior Club. Call the Recreation Office at 217-367-1544 to get your name on the mailing list. **We also send the newsletter electronically.** If you'd like to save paper and postage, join directly from or send an e-mail to Jacob at jrjohnston@urbanaparks.org

COOKING

Flavor Principles of Ethnic Cooking with Paul Young

Thursdays, 6-8pm | Phillips Recreation Center | Age 21+

Self-taught home cook Paul Young will deconstruct flavors from around the world. By the end of the series, you will be able to adjust flavor profiles and customize recipes like a pro! In this series of dinner party "classes," guests will have the opportunity to watch demos and/or participate in the preparation of our feast. Come hungry and thirsty for a full two-course dinner complete with beer and/or wine tastings.

Students will leave with easy-to-follow recipes adapted for the typical home cook that contain many tips and tricks to help minimize your time in the kitchen while staying true to the spirit of the original ethnic flavors. All menu items below will use locally-sourced ingredients but are subject to change based on availability of fresh ingredients at local markets. Find draft menus and specific dishes at www.cooking-with-paul.com.



February 15: Chinese Cooking - Learn how easy it is to make these classic dishes from China and then translate those flavor principles to any dish using your favorite ingredients.

March 7: Mexican Flavors - Learn how to make almost anything taste Mexican by following a few simple flavor profiles.

March 28: A Taste of Ethiopia - Learn how to make a Berbere spice mix from scratch, then use the spice mix to flavor almost any dish.

Date	Flavor Profile	EB Cost	EB Deadline	Cost	Deadline	Code
February 15	Chinese	\$45R/\$68NR	Feb 1	\$54R/\$81NR	Feb 8	801
March 14	Mexican	\$40R/\$60NR	Feb 29	\$48R/\$72NR	Mar 7	802
April 4	Ethiopian	\$50R/\$75NR	Mar 21	\$60R/\$90NR	Mar 28	803



Spanish Chocolate!

Saturday, February 10
10am-12pm
Phillips Recreation Center
Ages 7-14

Join fair trade chocolatier Pueblito Nature to identify the origin of chocolate! Get to know the different chocolate world regions in Latin America, Africa and India. Participants will use techniques learned to create chocolates to take home! This class is instructed in English with real time Spanish and French translation.

Date	Cost	Deadline	Code
February 10	\$25	February 5	889

¡Chocolate al Español!

Sábado el 10 de febrero
a las 10am-12pm
Phillips Recreation Center
Edades 7-14

¡Únase al chocolatero de comercio justo Pueblito Nature para identificar el origen del chocolate! Conozca las diferentes regiones mundiales de chocolate en América Latina, África y la India. ¡Los participantes usarán técnicas aprendidas para crear chocolate que llevarán a casa! La clase se enseña en inglés con traducción en tiempo real a español y francés.

Date	Costo	Fecha límite	Code
10 de febrero	\$25	5 de febrero	889

Le chocolat à l'espagnol!

Samedi 10 février
10h-12h
Phillips Recreation Center
7-14 ans

Rejoignez le chocolatier équitable Pueblito Nature pour identifier l'origine du chocolat ! Apprenez à connaître les différentes régions du monde du chocolat en Amérique latine, en Afrique et en Inde. Les participants utiliseront les techniques apprises pour créer des chocolats qu'ils emporteront chez eux ! Ce cours est dispensé en anglais avec une traduction en temps réel en espagnol et en français.

Date	Coût	Date limite	Code
10 février	25	5 février	889

"It's Your Turn to Cook"

Saturdays, 2-4pm | Phillips Recreation Center | Age 13-18 | EB Cost: \$40R/\$60NR | Cost: \$48R/\$72NR

Teens need to know how to cook! Join Adam Wisnewski, the talented cooking coach from Breakfast, Life, & Dinner, for these comprehensive cooking classes in the James Room Kitchen. Our small class size and the large-screen TV ensure that you don't miss any of the great tips and tricks. If you've seen Adam on WCIA ciLiving you know you're in for a treat! Adam will teach you "Confidence in the Kitchen", starting with the basics, exploring new techniques, and building your knowledge and skills to make planning, shopping, preparing and cooking an *adventure*, instead of a chore.

January 27: Breaded and Baked Chicken Fingers with Oven Fries, Fridge Sauces, & Fruit Crisp

This classic dish should be part of every teen's cookbook! Plus, we'll unleash creativity by making our own dipping sauces and finish with a versatile dessert recipe.

February 24: Roasted Pork Tenderloin with Peaches and Green Beans, Roasted Potatoes, & One Big Cookie

Roasting meat is a kitchen basic and this dish can be a center piece at any dinner. AND who doesn't want to know how to make a (giant) single serving cookie?

March 23: Sausage and Cheese Lasagna, Roasted Broccoli, & Cannoli Stuffed Strawberries

If you want to know how to make all the elements to a classic Italian meal, this class fits the bill! When you can whip up an oven baked dish, it makes your life a little easier.

April 27: Breakfast Burrito, Skillet Potatoes, & Dutch Baby Pancakes

Trying to come up with delicious breakfasts? Here's a variety of dishes that get you going on any morning (or you can make for any evening meal!).

Date	Main Dish	EB Deadline	Deadline	Code
January 27	Breaded and Baked Chicken Fingers	Jan 13	Jan 20	805
February 24	Roasted Pork Tenderloin	Feb 10	Feb 17	806
March 23	Sausage and Cheese Lasagna	Mar 9	Mar 16	807
April 27	Breakfast Burrito & Dutch Baby Pancakes	Apr 13	Apr 20	808



Community Programs

Kids' Cooking Club

Saturdays, January 13 & March 16, 11am-1pm
Phillips Recreation Center | Ages 9-14

Learn how to cook like a professional! In this hands-on class, kids really get a feel for working in the kitchen. All supplies will be included. Please contact the Phillips Recreation Center office staff at 217-367-1544 about any food allergies upon registration.

Date	Cost	Deadline	Code
Jan 13	\$38R/\$57NR	Jan 6	851
Mar 16	\$38R/\$57NR	Mar 9	852



GENERAL INTEREST PROGRAMS

FREE! Toddler Art Play Group

Select Thursdays, 9-11am
Phillips Recreation Center
Ages 1-4 accompanied by an adult

Meet other adults and toddlers in this class that can be used as an additional social opportunity for you and your children. A playgroup can be an enriching way to give your child new experiences while making friends. This class will focus on creating/making different art projects each session, and the best part is, we clean up the mess! No registration required.

- January 11
- January 25
- February 8
- February 22
- March 7
- March 21
- April 4
- April 18

Crochet 101 Craft Class

Mondays, Various Times
Phillips Recreation Center
Age 20+

Learn how to hand-craft hats, handbags, and even sweaters! Want to be in on the latest fashion and make something unique? This is the class for you! Taught by professional artist Carmelita Acid-Hooks.

Date	Time	Cost	Deadline	Code
Jan 8-Feb 5	10-11:30am	\$60R/\$80NR	Jan 2	827
Jan 8-Feb 5	6-7:30pm	\$60R/\$80NR	Jan 2	830
Feb 12-Mar 11	10-11:30am	\$60R/\$80NR	Feb 5	828
Feb 12-Mar 11	6-7:30pm	\$60R/\$80NR	Feb 5	831
Mar 18-Apr 15	10-11:30am	\$60R/\$80NR	Mar 11	829
Mar 18-Apr 15	6-7:30pm	\$60R/\$80NR	Mar 11	832

School's Out Days

7:30am-5:30pm
Phillips Recreation Center
Ages 6-12

Celebrate the day out of school by exploring local sites, participating in group games, and experiencing new activities. All movies will be rated G or PG. Children will ride the MTD buses to field trip locations. Please bring a lunch and beverage. We provide a snack.

Date	EB Cost	EB Deadline	Cost	Deadline	Code
Feb 15	\$39R/\$58NR	Feb 1	\$45R/\$67NR	Feb 8	845
Feb 16	\$39R/\$58NR	Feb 2	\$45R/\$67NR	Feb 9	846
Feb 28	\$39R/\$58NR	Feb 14	\$45R/\$67NR	Feb 21	847
Mar 29	\$39R/\$58NR	Mar 15	\$45R/\$67NR	Mar 22	848
Apr 19	\$39R/\$58NR	Apr 5	\$45R/\$67NR	Apr 12	849
Apr 22	\$39R/\$58NR	Apr 8	\$45R/\$67NR	Apr 15	850

Family Date Night

Saturday, February 10, 6-8pm
Phillips Recreation Center
All ages with adult
EB Cost: \$32/couple, \$10/each additional person
EB Deadline: Jan 27
Cost: \$42/couple, \$12/each additional person
Reg Deadline: Feb 3

You and your guest(s) will enjoy a tasty dessert bar that kids and adults will love, a fantastic DJ, and craft projects you can do together and keep as a souvenir! Each person must register individually.

Attendees	Code
Couple (register two individuals)	834
Each Additional Person	835



Safe@Home

February 24, 10-11:30am
Phillips Recreation Center
Grades 4-6

Safe@Home is ideal for kids who have expressed interest in assuming the responsibility of staying home alone. Participants learn how to practice safe habits, how to prevent unsafe situations, and what to do when faced with dangers such as power failures or weather emergencies. Students are also introduced to the Safe Sitter® First Aid Chart and learn a system to help them assess and respond to injuries and illnesses. The program is designed to prepare students for their first steps towards independence. Email Chelsea Prahl at ckprahl@urbanaparks.org for more information.

Date	Cost	Deadline	Code
Feb 24	\$15	Feb 17	955

The Office Super Fan Trivia Night

Friday, April 12, 6-8pm
Phillips Recreation Center
Age 18+
Cost: \$5 | Code: 814

Attention dundermifflinites! Join us for this one-time, winner takes all trivia extravaganza! Test your knowledge of our favorite show and socialize with other fans. The night will feature: a super fan trivia competition, a soft pretzel bar with liquid refreshments, and a Dunder Mifflin employee-themed costume contest (so be sure to dress as your favorite character from the show)! The trivia and costume contest will feature themed prizes for the winners. Trivia will be played on good, ol-fashion paper. Please note that approximately 5% of the trivia session will contain questions exclusively taken from the extended cut episodes so be sure to brush up on the deleted scenes too!

PERFORMING ARTS

FREE! Absolute Beginner Ukulele Workshops

Tuesdays, January 9-February 27, 5:30-6:30pm
Phillips Recreation Center
Age 18+
Code: 812

Have you ever wanted to learn a stringed instrument but found it too difficult or just couldn't find the time? Well, why not start with an easy one? This January, our Community Program & Engagement Coordinator will be trading in his iPad for a ukulele! Our Ukulele Workshops are designed for absolute beginners. Music will be distributed during the first session. Loaner ukuleles and music stands will be available upon request. **Registration for the class is required**, so please register online or call the Recreation Office at 217-367-1544.

FREE! Ukulele Chord Theory and Application

Thursdays, January 11-February 29, 5:30-6:30pm
Phillips Recreation Center
Age 18+
Code: 813

This eight-week workshop is intended for those who already play the ukulele but want a deeper understanding of how the instrument works. Potential students should already know the names of each string on the ukulele and a handful of major and minor chords as a prerequisite for registering. This program is not intended for absolute beginners. Though the class will primarily cover chord theory, each session will include a song intended to test your knowledge and skills. The purpose of the workshop is to introduce players to concepts and techniques, which will help them to better embellish chord movement within otherwise simple songs. Our goal is to equip you with tools to keep your chord progressions interesting and musical! All materials will be provided so students should only plan to bring their ukuleles and an open mind. **Registration is required.**



FREE! Champaign-Urbana Ukulele Jam

Wednesdays, 6:30-8pm
Phillips Recreation Center
Age 18+

Our weekly ukulele jam is a great way to improve or maintain your skills and make lasting friendships. The group welcomes anyone regardless of age, instrument, or ability. We sit in a circle and take turns choosing songs to play as a group. Our group plays beginner-friendly music too, so newer players are encouraged to attend. Loaner music stands and ukuleles may be available upon request. **No registration required, just come on by!**

Join our private Facebook group (Champaign-Urbana Ukulele Jam) for weekly updates, and contact Jacob by email at jrjohnston@urbanaparks.org or at 217-367-1544 with any questions.



Creative Dance for Children

Saturdays, 10:15-10:45am
Phillips Recreation Center
Age 2 with adult

Creative Dance for Children is a fun place to enter the wonderful world of dance and movement. Be a part of the music and the movement of ballet with fun exercises perfect for adventurous and imaginative little ones. Adults participate along with the child to give them the confidence and one-on-one support that they need. Children are free to wear any comfortable and moveable clothing and footwear.

Dates	EB Cost	Deadline	Cost	Deadline	Code
Jan 27-Mar 2	\$40R/\$60NR	Jan 13	\$48R/\$72NR	Jan 20	816
Apr 6-May 11	\$40R/\$60NR	Mar 23	\$48R/\$72NR	Mar 29	817

Bigger Ballereenies

Saturdays, 12-12:45pm
Phillips Recreation Center
Ages 5-6

Introduce your young dancer to the music and the movement of ballet with fun exercises perfect for little ones. Young dancers will gain an understanding of proper ballet techniques to lay down the foundational work to progress beyond this class. Some children start at this level based on age and ability, but it is intended for students who have completed Teeny Ballereenies or the equivalent. Each session concludes with a demonstration of all that we've learned. You are welcome to quietly observe your child in class. Children are free to wear any comfortable and moveable clothing and footwear.

Dates	EB Cost	Deadline	Cost	Deadline	Code
Jan 27-Mar 2	\$40R/\$60NR	Jan 13	\$48R/\$72NR	Jan 20	822
Apr 6-May 11	\$40R/\$60NR	Mar 23	\$48R/\$72NR	Mar 29	823



Teeny Ballereenies

Saturdays
Phillips Recreation Center
▪ Ages 3-4: 11-11:30am
▪ Ages 4-5: 9:15-10am

Introduce your young dancer to the music and the movement of ballet with fun exercises perfect for little ones. Each session concludes with a demonstration of all that we've learned. You are welcome to quietly observe your child in class. Children are free to wear any comfortable and moveable clothing and footwear.

Dates	EB Cost	Deadline	Cost	Deadline	Code
Ages 3-4					
Jan 27-Mar 2	\$40R/\$60NR	Jan 13	\$48R/\$72NR	Jan 20	818
Apr 6-May 11	\$40R/\$60NR	Mar 23	\$48R/\$72NR	Mar 29	819
Ages 4-5					
Jan 27-Mar 2	\$40R/\$60NR	Jan 13	\$48R/\$72NR	Jan 20	820
Apr 6-May 11	\$40R/\$60NR	Mar 23	\$48R/\$72NR	Mar 29	821

Youth Beginning/Ballet 1

Saturdays, 1-1:50pm
Phillips Recreation Center
Ages 6-12

Young dancers will gain understanding of proper ballet techniques used in this invigorating class! Some children start at this level based on age and ability, but it is intended for students who have completed Teeny Ballereenies, Bigger Ballereenies, or the equivalent. These split sessions are perfect for busy schedules. Parents may observe the first and last class of each session. For all other meetings, please relax in the lobby. Children are free to wear any comfortable and moveable clothing and footwear.

Dates	EB Cost	Deadline	Cost	Deadline	Code
Jan 27-Mar 2	\$40R/\$60NR	Jan 13	\$48R/\$72NR	Jan 20	824
Apr 6-May 11	\$40R/\$60NR	Mar 23	\$48R/\$72NR	Mar 29	825

NEW! Tango Lessons with Tango Collective

Sundays, 5:30-7pm
Phillips Recreation Center
Ages 18+

Learn the fundamentals of Argentine tango! This course focuses on traditional Argentine tango along with a brief introduction to tango vals and milonga. In this class, you will learn basic step patterns and sequences in close embrace style, develop skills in leading and/or following while gaining an understanding of tango etiquette as well as the musicality of Argentine tango. No partner required.

Dates	EB Cost	Deadline	Cost	Deadline	Code
Jan 28-Mar 3	\$23R/\$35NR	Jan 13	\$25R/\$38NR	Jan 20	887
Mar 10-Apr 14	\$23R/\$35NR	Feb 24	\$25R/\$38NR	Mar 2	888

Adult Daytime Tap Class with Robin

Mondays, 1:30pm-2:20pm

Phillips Recreation Center

Age 16+

Want to improve your strength, balance and memory skills? You'll learn simple tap dance steps and short routines to wonderful music. Although a sense of rhythm helps, no previous dance experience is required, just an interest in having fun! Please note: For safety, it is important that you do not have challenges with knee or ankle joints, as this style requires frequent bending and straightening of the legs and flexing and pointing of the feet.

Dates	EB Cost	Deadline	Cost	Deadline	Code
Feb 12-Apr 8	\$67R/\$102NR	Jan 29	\$82R/\$122NR	Feb 5	836

Adult Beginning Tap Dance

Tuesdays, 7:15-8:15pm

Phillips Recreation Center

Age 16+

Want to learn a new skill? If you are a beginner dancer and want to try tap for the first time, this class is for you! Learn basic steps and rhythm, choreography, and style. You will be amazed how much fun you can have with tap. This class is intended for those who have 3 or less years of tap dance experience. **No class Feb 20 & Mar 12**

Dates	EB Cost	Deadline	Cost	Deadline	Code
Jan 23-Apr 23	\$85R/\$125NR	Jan 9	\$100R/\$150NR	Jan 16	838



Swing Dance

Sundays | Phillips Recreation Center | Age 15+, no partner required

Jazz tunes got you tapping your toe? Learn swing dance moves and move from toe tapping to getting out on the dance floor! Swing dancing (including 'jitterbug', 'Charleston', and 'Lindy Hop') is a fun and energetic partner dance, appropriate for a wide range of music. "Beginner" classes are appropriate for everyone, including people with no dance experience. Beginning Swing A and B sessions will be different from each other, but all at the beginner level (anyone can take either class, or preferably both). "Continuing/Intermediate" classes are for those who have taken at least 1-2 beginner classes (or by instructor consent), and will cover more intricate patterns, and dance creativity. All sessions are different. No partner or special shoes required. **No class Mar 31**

Adult Afternoon Tap Dance with Alicia

Mondays, 2:35-3:30pm

Phillips Recreation Center

Ages 16+

This fun class is designed to focus on multiple areas of tap dancing, including but not limited to: tap dancing without music, tap dance improvisation, and work on tap dance rhythm and combinations. This class is intended for the more advanced tap dancers. Tap dancers with at least three years in the Adult Intermediate/Advanced Tap Dance class, or equivalent tap experience, and consent of the instructor. **No class Feb 19, Mar 11, & Apr 8**

Dates	EB Cost	Deadline	Cost	Deadline	Code
Jan 22-Apr 29	\$85R/\$125NR	Jan 8	\$100R/\$150NR	Jan 15	837

Adult Intermediate/Advanced Tap

Tuesdays, 6:05-7pm

Phillips Recreation Center

Age 16+

This class expands on the techniques and rhythms taught in Adult Beginning Tap. It is for students with at least four semesters of tap experience.

No class Feb 20 & Mar 12

Dates	EB Cost	Deadline	Cost	Deadline	Code
Jan 23-Apr 23	\$85R/\$125NR	Jan 9	\$100R/\$150NR	Jan 16	839

Session 1: January 21-March 3

Class & Time	Cost	Deadline	Code
<i>Continuing/Intermediate</i> 5:30-6:45pm	\$30R/\$40NR	Jan 29	840
<i>Open Dance - 6:45-7:00pm</i>			
<i>Beginner A</i> 7-8:15pm	\$30R/\$40NR	Jan 29	841
<i>Open Dance - 8:15-8:30pm</i>			

Session 2: March 17-May 5

Class & Time	Cost	Deadline	Code
<i>Continuing/Intermediate</i> 5:30-6:45pm	\$30R/\$40NR	Mar 24	842
<i>Open Dance - 6:45-7:00pm</i>			
<i>Beginner B</i> 7-8:15pm	\$30R/\$40NR	Mar 24	843
<i>Open Dance - 8:15-8:30pm</i>			

Youth Summer Theater Production: Oliver!

Oliver! Ages 10-18

Youth Summer Theatre allows everyone ages 10-18 to participate in a full-scale musical production! Youth will attend rehearsals to prepare for *Oliver!*, and participate in four live performances on stage at Parkland's Harold and Jean Minor Theatre! They will learn singing and choreography, as well as theatrical aspects such as costuming, makeup, and stage presence. If you have any questions, call 217-367-1544 or email info@urbanaparks.org

Cost	Deadline	Code
\$110	May 13	825

Auditions

Call 217-367-1544 or visit www.bit.ly/ystauditions24 to schedule an audition. Auditions take place at the Phillips Recreation Center. If you are unable to make these scheduled times, ask about making alternate arrangements.

Auditions last approximately 45 minutes and begin each half hour. There are 10 available spots in each time slot. If you are auditioning for a solo, you do not need to audition for chorus as well. Please only sign up for one time slot.

Note: It is free to audition, but you are not guaranteed a part until you register for the program (not just auditions) and pay the program fee. Registration begins December 6, but you can wait until after auditions to register. The final deadline is May 13. After that, parts may be recast if participants have not registered.

Chorus Auditions	Friday, April 19	Saturday, April 20
Youth will be taught a number from the show and will dance and sing in groups.	4:00-4:45pm	10:00-10:45am
	4:30-5:15pm	10:30-11:15am
	5:00-5:45pm	
	5:30-6:15pm	
Solo Auditions	Friday, April 19	Saturday, April 20
Prepare a song to sing. An accompanist will be provided for those who bring sheet music. Children will perform their number and dance in small groups.	6:00-6:45pm	11:00-11:45am
	6:30-7:15pm	11:30am-12:15pm
	7:00-7:45pm	1:30-2:15pm
	7:30-8:15pm	2:00-2:45pm
		2:30-3:15pm
		3:00-3:45pm
		3:30-4:15pm

Rehearsals

May 20-30, T/W/Th 6-8pm July 13, Cue-to-Cue, 10am-9pm
June 3-27, M-Th, 6:30-9:30pm July 15-18, Tech Week, 5-10pm
July 1-12, M-F, 6:30-9:30 July 19-21, Performances

Rehearsals are at the Phillips Recreation Center until Tech Week. Frequency of rehearsals for an individual will depend on how many scenes they are in. Individual schedules vary within the time frame week to week. Some performers may rehearse up to 12 hours a week. Rehearsal times may change and frequency will increase the weeks prior to the production, and may include Friday, Saturday, and Sunday meetings and rehearsals. **Attendance is required for Cue-to-Cue, the entirety of Tech Week, and all performances. No rehearsals on June 19 or July 4**

Informational Meeting

Wednesday, April 10, 6-7pm
Zoom - Meeting ID 889 7024 8092

This meeting is specifically designed for those who are new to our program or to theatre in general. We will be discussing time commitment, audition process, and volunteer information. This meeting is not required, but highly recommended for those who have not done theatre before. This meeting may go later depending on questions.

Call Backs

Sunday, April 20, 1-5pm

Call Backs are a time where some people who auditioned are asked to come back for a second audition. They usually include script readings, dance movement auditions, and possible singing repeats. Children will be contacted if they are to attend call backs.

Coming Summer 2024! Junior Performers

Ages 7-9

The Urbana Park District will be offering a Junior Performers program for those interested in theatre, but just shy of the age requirement. Program and registration information will be listed in our summer guide that comes out in April.

TEEN PROGRAMS

FRESH Teen Hangout Zone

Select Fridays, 3:30-6pm

- January 26
- February 23
- March 22
- April 26

Phillips Recreation Center
Grades 6-12

Urbana Park District is hosting FRESH Hangout Zones just for teens. All teens are welcome once a month to play games, listen to music, craft, or just socialize. Free Wi-Fi is available, and park district staff will offer activities such as PS5, PS4 and Nintendo Switch gaming, art supplies, board games, and a make-and-take crafting station. Activities may vary based on what teens want to try! Free snacks and refreshments provided. For more information, call the Phillips Recreation Center at 217-367-1544.



"It's Your Turn to Cook"

Teens need to know how to cook! Join Adam Wisnewski, the talented cooking coach from Breakfast, Life, & Dinner, for these comprehensive cooking classes in the James Room Kitchen.

See program details in the cooking programs, page 47.

FRESH Crew Volunteer Stewardship Days

First Saturday of the Month

Grades 6-12

Lend a hand in local natural areas and parks. The park district will host pop-up stewardship days for teens to assist in invasive plant removal, planting native plants, community garden maintenance, harvesting, park clean ups and more. T-shirt and instruction will be provided. This is a great opportunity to spend time outdoors, get involved in the community, and gain new skills, experiences and professional references! Reach out to Chelsea Prah! at ckprahl@urbanaparks.org or 217-384-4062 to stay up to date on pop-up stewardship workdays!

Date	Time	Location
Jan 6	2-4pm	Perkins Rd Wet Prairie
Feb 3	2-4pm	Perkins Rd Wet Prairie
Mar 2	2-4pm	Perkins Rd Wet Prairie
Apr 6	2-4pm	Meadowbrook Park - Solidarity Gardens (Race Street Lot)



Safe Sitter® Course

February 24, 9:30am-3:30pm
Phillips Recreation Center
Grades 6-8

Safe Sitter® is a one-day, nationally certified course designed for children ages 11 and up.

Taught in a fun and interactive format, Safe Sitter® shows participants safe and nurturing childcare techniques, behavior management skills, and appropriate responses to medical emergencies

Class materials are included in the fee. Financial assistance is available.

Course content includes:

- Safety Skills: Indoor safety, outdoor safety, online safety, and personal safety
- Child Care Skills: Child development, behavior management, and childcare routines including diapering
- First Aid & Rescue Skills: Injury prevention, injury management, and choking rescue.
- Life & Business Skills: Screening jobs, setting fees, and greeting employers.

Date	Cost	Deadline	Code
Feb 24	\$25	Feb 17	954

ZOOM LANGUAGE CLASSES

Have you ever wanted to learn a foreign language, but never had the opportunity? Interested in learning the basics of American Sign Language or communicating with your young child through signing? Now is the time! Learn from the safety and comfort of your own home via the interactive Zoom platform! Each session covers new material, and the class will be tailored to the needs of the students enrolled. Taught live by a Language in Action, Inc. instructor. Zoom login information will be emailed to participants before the first class. - **Cost: \$75** ***No Monday classes February 19 or May 27**

I Speak French

For Kids (Ages 7-11)

	Day	Time	Date	Deadline	Code
1	M	5-5:45pm	Jan 22-Mar 4*	Jan 15	860
2	M	5-5:45pm	Mar 11-Apr 15	Mar 4	861
3	M	5-5:45pm	Apr 22-June 3*	Apr 15	862

For Adults (Ages 18+)

	Day	Time	Date	Deadline	Code
1	M	6-7pm	Jan 22-Mar 4*	Jan 15	863
2	M	6-7pm	Mar 11-Apr 15	Mar 4	864
3	M	6-7pm	Apr 22-June 3*	Apr 15	865

I Speak Italian

For Kids (Ages 7-11)

	Day	Time	Date	Deadline	Code
1	W	6-6:45pm	Jan 17-Feb 21	Jan 10	866
2	W	6-6:45pm	Feb 28-Apr 3	Feb 21	867
3	W	6-6:45pm	Apr 10-May 15	Apr 3	868

For Adults (Ages 18+)

	Day	Time	Date	Deadline	Code
1	W	7-8pm	Jan 17-Feb 21	Jan 10	869
2	W	7-8pm	Feb 28-Apr 3	Feb 21	870
3	W	7-8pm	Apr 10-May 15	Apr 3	871

Spanish

For Kids (Ages 7-11)

	Day	Time	Date	Deadline	Code
1-A	M	5:30-6:15pm	Jan 22-Mar 4*	Jan 15	872
2-A	M	5:30-6:15pm	Mar 11-Apr 15	Mar 4	873
3-A	M	5:30-6:15pm	Apr 22-June 3*	Apr 15	874
1-B	Th	6:15-7pm	Jan 18-Feb 22	Jan 11	875
2-B	Th	6:15-7pm	Feb 29-Apr 4	Feb 22	876
3-B	Th	6:15-7pm	Apr 11-May 16	Apr 4	877

For Adults (Ages 18+)

	Day	Time	Date	Deadline	Code
1-A	Tu	10-11am	Jan 16-Feb 20	Jan 9	878
2-A	Tu	10-11am	Feb 27-Apr 2	Feb 20	879
3-A	Tu	10-11am	Apr 9-May 14	Apr 2	880
1-B	W	6-7pm	Jan 17-Feb 21	Jan 10	881
2-B	W	6-7pm	Feb 28-Apr 3	Feb 21	882
3-B	W	6-7pm	Apr 10-May 15	Apr 3	883

Learn to Sign - ASL (American Sign Language)

Mom/Dad and me! (ages 9mo-3years w/ adult) \$60

	Day	Time	Date	Deadline	Code
1	Tu	5-5:30pm	Jan 16-Feb 20	Jan 9	857
2	Tu	5-5:30pm	Feb 27-Apr 2	Feb 20	858
3	Tu	5-5:30pm	Apr 9-May 14	Apr 2	859

Mom/Dad and me! (ages 3-6 years w/ adult)

	Day	Time	Date	Deadline	Code
1	Tu	5:45-6:25pm	Jan 16-Feb 20	Jan 9	854
2	Tu	5:45-6:25pm	Feb 27-Apr 2	Feb 20	855
3	Tu	5:45-6:25pm	Apr 9-May 14	Apr 2	856

Learn to Sign - Kids (ages 7-11)

	Day	Time	Date	Deadline	Code
1	W	5:45-6:25pm	Jan 17-Feb 21	Jan 10	890
2	W	5:45-6:25pm	Feb 28-Apr 3	Feb 21	891
3	W	5:45-6:25pm	Apr 10-May 15	Apr 3	892

Learn to Sign - Kids (ages 12-18)

	Day	Time	Date	Deadline	Code
1	W	6-6:45pm	Jan 17-Feb 21	Jan 10	893
2	W	6-6:45pm	Feb 28-Apr 3	Feb 21	894
3	W	6-6:45pm	Apr 10-May 15	Apr 3	895

Learn to Sign - Adults (ages 18+)

	Day	Time	Date	Deadline	Code
1	W	7-8pm	Jan 17-Feb 21	Jan 10	896
2	W	7-8pm	Feb 28-Apr 3	Feb 21	897
3	W	7-8pm	Apr 10-May 15	Apr 3	898

ESL (English as a Second Language)

Improve your English skills! Learn conversational English, as well as some reading and writing skills that you can immediately begin using.

For Adults (Ages 18+)

	Day	Time	Date	Deadline	Code
1	Tu	7:15-8:15pm	Jan 16-Feb 20	Jan 9	884
2	Tu	7:15-8:15pm	Feb 27-Apr 2	Feb 20	885
3	Tu	7:15-8:15pm	Apr 9-May 14	Apr 2	886



Fitness Programs

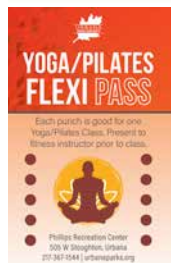
Flexible Fitness Punch Cards

If your schedule fluctuates or you find it difficult to attend an entire session of fitness classes, purchase a 10-class Flexible Fitness Punch Card. Attend any class that accommodates your schedule. Passes may be used for all fitness classes in their category. Pre-registered participants get priority of class space. Passes are not interchangeable across categories. Before each class you attend, present the card upon arrival and you will be admitted to the class. Punch cards do not expire and are valid from one session to the next. **Flexi Passes are not accepted for Tai Chi and Get Fit Where You Sit! Chair Yoga.**



Land Fitness Pass - \$40R/\$60NR

- Boot Camp
- Hard Core
- H.I.I.T. Revolution
- Totally Toning
- Senior Strengtheners
- Work-it Circuit
- Zumba



Yoga/Pilates Pass - \$50R/\$75NR

- Flow Yoga
- Yoga for Every Body

See page 16 for Water Fitness Passes.

FREE! Fitness Week (Jan 2-Jan 5)

Try out fitness classes at the Phillips Recreation Center or the Lake House in Crystal Lake Park absolutely free for this week. It's one way that we can say "Thanks!" to our continuing participants and "Welcome" to our new participants. So come on by, try out a class, and let us know what you think. **Note: Get Fit Where You Sit! Chair Yoga and Tai Chi are not included.**

Flexi Pass Sale Dates: January 2-6

Why not treat yourself to better fitness this holiday season? Fitness punch cards can help you take control of your fitness by giving you the ability to attend classes on YOUR schedule. Each card is good for 10 classes. Just give your card to the instructor at the beginning of each class to get it punched. **Purchase these punch cards in person at the Phillips Recreation Center.**

Land Fitness FlexiPass Sale Price: \$34R/\$54NR
Yoga/Pilates FlexiPass Sale Price: \$44R/\$69NR

- **EB** - Early Bird; An early registration deadline with a discounted fee
- **R** - Resident; Individuals living within the boundaries of the Urbana and Champaign Park Districts
- **NR** - Nonresident; Individuals living outside the boundaries of the Urbana and Champaign Park Districts

Boot Camp

Monday, Wednesday, Friday, 12-12:50pm
Phillips Recreation Center
Age 15+

Challenge yourself with this fast-paced, calorie-blasting workout. This fun and engaging class is for any fitness level, and uses elements of strength training and high-intensity cardio. Modifications are offered for beginner to advanced participants.

No class Jan 15

Date	EB Cost	Deadline	Cost	Deadline	Code
Jan 8-Mar 1	\$65R/\$98NR	Dec 27	\$81R/\$122NR	Jan 8	714
Mar 4-Apr 26	\$68R/\$102NR	Feb 19	\$85R/\$129NR	Mar 4	715

Zumba™

Monday, Wednesday, Friday, 3:45-4:35pm
Phillips Recreation Center
Age 15+

Zumba is an exhilarating, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party that's moving millions of people toward joy and health. Zumba is the world's largest – and most successful – dance-fitness program for people of all shapes, sizes and ages. **No class Jan 15**

Date	EB Cost	Deadline	Cost	Deadline	Code
Jan 8-Mar 1	\$65R/\$98NR	Dec 27	\$81R/\$122NR	Jan 8	777
Mar 4-Apr 26	\$68R/\$102NR	Feb 19	\$85R/\$129NR	Mar 4	778

Hard Core

Monday, Wednesday, 5:30-6:20pm
Phillips Recreation Center
Age 15+

Develop a solid 'hard' core while working other muscle groups at the same time. Exercises can be modified to meet the needs of everyone who participates from the exercise newbie to the exercise junkie. You'll have a balanced exercise experience; one that works strength, cardiovascular endurance, flexibility and balance. **No class Jan 15**

Date	EB Cost	Deadline	Cost	Deadline	Code
Jan 8-Feb 28	\$51R/\$77NR	Dec 27	\$64R/\$96NR	Jan 8	729
Mar 4-Apr 24	\$54R/\$81NR	Feb 19	\$68R/\$102NR	Mar 4	730

Totally Toning

Tuesday, Thursday, 7-7:50am
Phillips Recreation Center
Age 15+

Use free weights, resistance bands, Bosu balls, TRX bands and other equipment to help develop every major muscle group. It's an efficiently-paced, calorie-burning workout to help you reduce body fat and build muscle.

Date	EB Cost	Deadline	Cost	Deadline	Code
Jan 9-Feb 29	\$54R/\$81NR	Dec 27	\$68R/\$102NR	Jan 9	769
Mar 5-Apr 25	\$54R/\$81NR	Feb 20	\$68R/\$102NR	Mar 5	770

Work-it Circuit

Tuesday, Thursday, 5-5:50pm
Phillips Recreation Center
Age 15+

You will build strength and muscular endurance through this fun, energizing class. Each class will take you through a full body circuit of exercises by combining a mix of resistance training and high-intensity aerobics. Exercise options are available for all fitness levels, beginner to advanced, to guide your progress towards your personal fitness goals.

Date	EB Cost	Deadline	Cost	Deadline	Code
Jan 9-Feb 29	\$54R/\$81NR	Dec 27	\$68R/\$102NR	Jan 9	781
Mar 5-Apr 25	\$54R/\$81NR	Feb 20	\$68R/\$102NR	Mar 5	782

H.I.I.T. Revolution

Tuesday, Thursday, 12-12:50pm
Phillips Recreation Center
Age 15+

High Intensity Interval Training (H.I.I.T.) is an efficient and effective workout that will keep you burning calories long after you are done. Power through moderate to intense intervals using your own body weight and resistance equipment to improve metabolism, cardiovascular and athletic ability. Modifications are offered for all fitness levels.

Date	EB Cost	Deadline	Cost	Deadline	Code
Jan 9-Feb 29	\$54R/\$81NR	Dec 27	\$68R/\$102NR	Jan 9	725
Mar 5-Apr 25	\$54R/\$81NR	Feb 20	\$68R/\$102NR	Mar 5	726



Indoor Deep Water Aerobics & Basic Water Exercise have moved to the Aquatic Programs (page 39).

Senior Strengtheners

*Monday, Wednesday, 10:15-11:05am
Tuesday, Thursday, 9:30-10:20am
Phillips Recreation Center
Age 15+*

Using light weights, work every major muscle at each class and end with a relaxing routine of stretches. Increase your muscle strength, tone your body, and work on balance and flexibility. **No class Jan 15**

Monday, Wednesday, 10:15-11:05am

Date	EB Cost	Deadline	Cost	Deadline	Code
Jan 8-Feb 28	\$51R/\$77NR	Dec 27	\$64R/\$96NR	Jan 8	751
Mar 4-Apr 24	\$54R/\$81NR	Feb 19	\$68R/\$102NR	Mar 4	752

Tuesday, Thursday, 9:30-10:20am

Date	EB Cost	Deadline	Cost	Deadline	Code
Jan 9-Feb 29	\$54R/\$81NR	Dec 27	\$68R/\$102NR	Jan 9	754
Mar 5-Apr 25	\$54R/\$81NR	Feb 20	\$68R/\$102NR	Mar 5	755

Flow Yoga

*Monday, Wednesday, Friday 9-10am
Phillips Recreation Center
Age 15+*

Join our certified Astanga Yoga Instructors as they help you to enhance your body's strength, flexibility, breathing and balance with the physical and emotional approach of Yoga. Expert attention is given to your special needs, as the instructor makes corrections via verbal instruction and/or hands-on adjustment. **No class Jan 15**

Date	EB Cost	Deadline	Cost	Deadline	Code
Jan 8-Mar 1	\$61R/\$91NR	Dec 27	\$76R/\$114NR	Jan 8	718
Mar 4-Apr 26	\$64R/\$96NR	Feb 19	\$80R/\$120NR	Mar 4	719

Tai Chi

*Monday, Wednesday or Tuesday, Thursday
Phillips Recreation Center
Age 15+*

This class is designed to reduce stress and enhance meditation through the ancient, passive martial art of Tai Chi. This art form will strengthen your mental well-being, balance, coordination and flexibility. Our Black Belt Instructors will guide you through easy lessons that will strengthen your mind and body. As students advance through sessions they will learn: Chi Kung, Stances, kicks, and Tai Chi I, 24 movements. **No class Jan 15**

Get Fit Where You Sit!™ Chair Yoga

*Wednesday, 10:15-11:05am
Phillips Recreation Center
Age 15+*

This calming and refreshing class provides a nice, gentle stretch and a great start to your day. Robin from LV Chair Yoga will teach you movements that are done while sitting in a chair. It is a simple, yet invigorating form of fitness for all individuals at all ability levels. **Yoga/Pilates flexi passes will not be accepted for these sessions. No class Jan 31**

Date	EB Cost	Deadline	Cost	Deadline	Code
Jan 3-Feb 28	\$38R/\$57NR	Dec 20	\$48R/\$72NR	Jan 3	721
Mar 6-May 1	\$43R/\$65NR	Feb 21	\$54R/\$81NR	Mar 6	722

Yoga for Every Body

*Tuesday, Thursday, 5:30-6:45pm
Lake House in Crystal Lake Park
Age 15+*

Yoga is accessible for everyone regardless of age, physical strength or flexibility. Whether you are new or experienced, each class is tailored to meet the needs of the student with the use of props and posture variations with an emphasis on the importance of alignment, the breath, and the mind/body connection. Meditation and breath control reduces stress and heals the nervous system. The physical practice of yoga tones the body, improves muscular strength, flexibility, posture and joint stability. The continued practice of yoga opens the door to a greater sense of self and peace of mind.

Date	EB Cost	Deadline	Cost	Deadline	Code
Jan 9-Feb 29	\$64R/\$96NR	Dec 27	\$80R/\$120NR	Jan 9	773
Mar 5-Apr 25	\$64R/\$96NR	Feb 20	\$80R/\$120NR	Mar 5	774

MW (Beginner) - 6:30-7:30pm

Date	EB Cost	Deadline	Cost	Deadline	Code
Jan 3-Feb 28	\$56R/\$84NR	Dec 20	\$70R/\$105NR	Jan 3	757
Mar 4-May 1	\$63R/\$95NR	Feb 19	\$79R/\$119NR	Mar 4	758

MW (Advanced) - 6:30-8pm

Date	EB Cost	Deadline	Cost	Deadline	Code
Jan 3-Feb 28	\$65R/\$98NR	Dec 20	\$81R/\$122NR	Jan 3	760
Mar 4-May 1	\$73R/\$110NR	Feb 19	\$91R/\$137NR	Mar 4	761

TuTh (Beginner) - 10:30-11:30am

Date	EB Cost	Deadline	Cost	Deadline	Code
Jan 2-Feb 29	\$63R/\$95NR	Dec 19	\$79R/\$119NR	Jan 2	763
Mar 5-May 2	\$63R/\$95NR	Feb 20	\$79R/\$119NR	Mar 5	764

TuTh (Advanced) - 10:30am-12pm

Date	EB Cost	Deadline	Cost	Deadline	Code
Jan 2-Feb 29	\$73R/\$110NR	Dec 19	\$91R/\$137NR	Jan 2	766
Mar 5-May 2	\$73R/\$110NR	Feb 20	\$91R/\$137NR	Mar 5	767

FITNESS PROGRAMS SCHEDULE

Phillips Recreation Center

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:00am		Totally Toning 7-7:50am		Totally Toning 7-7:50am	
9:00am	Flow Yoga 9-10am	Senior Strengtheners 9:30-10:20am	Flow Yoga 9-10am	Senior Strengtheners 9:30-10:20am	Flow Yoga 9-10am
9:30am					
10:15am	Senior Strengtheners 10:15-11:05am	Tai Chi (10:30-11:30am-Beg.) (10:30am-12pm-Adv.)	Get Fit Where You Sit! Chair Yoga 10:15-11:05am & Senior Strengtheners 10:15-11:05am	Tai Chi (10:30-11:30am-Beg.) (10:30am-12pm-Adv.)	
10:30am					
12:00pm	Boot Camp 12-12:50pm	H.I.I.T. Revolution 12-12:50pm	Boot Camp 12-12:50pm	H.I.I.T. Revolution 12-12:50pm	Boot Camp 12-12:50pm
3:45pm	Zumba 3:45-4:35pm		Zumba 3:45-4:35pm		Zumba 3:45-4:35pm
5:00pm		Work-it Circuit 5-5:50pm		Work-it Circuit 5-5:50pm	
5:30pm	Hard Core 5:30-6:20pm		Hard Core 5:30-6:20pm		
6:00pm				Dance It UP! 6pm – 7:30pm	
6:30pm	Tai Chi (6:30-7:30pm-Beg.) (6:30-8pm-Adv.)		Tai Chi (6:30-7:30pm-Beg.) (6:30-8pm-Adv.)		

Lake House in Crystal Lake Park

Time	Monday	Tuesday	Wednesday	Thursday	Friday
5:30pm-6:45pm		Yoga for Every Body		Yoga for Every Body	

Indoor Deep Water Aerobics & Basic Water Exercise have moved to the Aquatic Programs (page 39).

Schedule is subject to change.

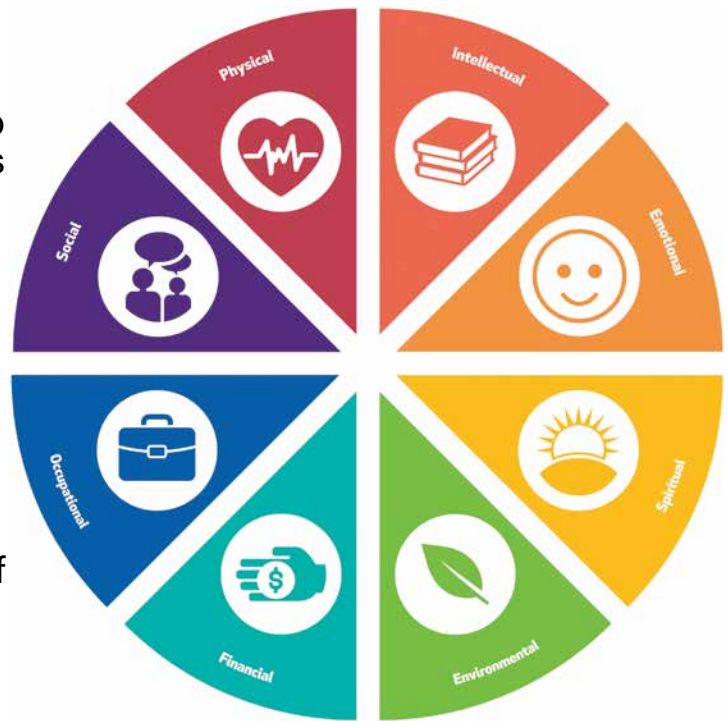
Visit www.urbanaparks.org/programs/fitness-and-wellness/ for the most up-to-date schedule.

URBANA PARK DISTRICT HIRING
FITNESS INSTRUCTORS

FOR MORE INFORMATION VISIT URBANAPARKS.ORG/JOBS

WELLNESS WORKSHOPS

The wellness wheel is a visual guide to better understand the eight dimensions or areas of an individual's life that make up their overall health. The Urbana Park District offers wellness workshops led by professionals covering topics related to health and wellness periodically throughout the year. These workshops are designed to educate, engage, and motivate you to incorporate ALL areas of wellness into your everyday lives. Program titles will be accompanied by an icon to correspond with the dimension of wellness that is covered in the program.



FREE! Financial Wellness Workshop w/ Busey Bank: Debt Management

Thursday, March 7, 5:30-6:30pm
Phillips Recreation Center
Age 15+



Join Michelle Stallmeyer of Busey for a workshop for participants wanting to explore common reasons why people find themselves in debt and the most common types of debt. Participants will also discover the value of using debt management plans. Finally, participants will compare various debt management solutions and create a personal plan about how to manage their debt. Light refreshments will be provided. **Registration is required.**

Deadline	Code
Wednesday, March 6	732

FREE! Race Training Injury Treatment & Prevention

Thursday, January 18, 5:30-6:30pm
Phillips Recreation Center
Age 15+



Are you considering participating in the Illinois Marathon Race Weekend or any other running events this year? There are distances available for all levels, including 1 mile, 5k, 10k, half marathon, and full marathon! Athletico Physical Therapy is offering a free workshop for running related injury prevention at the Phillips Recreation Center with Urbana Park District. Come learn how to prepare and train in a safe way to help you reach your goal! **Registration is required.**

Deadline	Code
Wednesday, January 17	731

FREE! S'mores Social and Stroll

Sundays, January 14, February 11, March 10, 3-5pm
Lake House in Crystal Lake Park



Join your fellow park lovers in these fun, self-guided winter strolls through Crystal Lake Park. Walk at your own pace with friends and then convene for s'mores over a fire and hot chocolate. Enjoy the outdoors with fresh air and nature views. Donations will be accepted to cover the cost of chocolatey treats. Call the Park District Rainout line for severe weather cancellation information: 217-367-9575.



Immerse: A Yoga Experience with Sound and Self-Reflection



Select Sundays, 3-4:30pm
Lake House in Crystal Lake Park
Age 15+

Join yoga instructor Vivianne Velazquez in nurturing the mind & body. Come immerse yourself in the meditative resonating sounds created by singing bowls and chimes. This is a 90-minute expedition where the practice will start with gentle yoga, flowing into a sound bath journey, and closing the session with self-reflection journaling. For a comfortable experience, we suggest bringing a blanket or extra layers for warmth, along with a water bottle and journal. **Registration is required. No Flexi Passes accepted.**

Dates	Cost	Deadline	Code
Jan 7	\$5R/\$8NR	Jan 5	733
Feb 4	\$5R/\$8NR	Feb 2	734
Mar 3	\$5R/\$8NR	Mar 1	735
Apr 14	\$5R/\$8NR	Apr 12	736



FREE! Dance It UP!

Thursdays, January 4-April 25, 6-7:30pm | Phillips Recreation Center | Age 14+

Dance It UP! is a community dance class for those who want a chance to move and groove in a safe, affirming, positive environment. Uniting Pride started the Dance It UP! team for the Pride Parade in 2022 and it was such a hit that Uniting Pride wants to take that joy and love for all to a wider audience. LGBTQIA+ folks and allies alike should join as different dance teachers from the community are invited to lead drop in classes that are designed to inspire health and wellness of both body and soul. Spread love through dance! No experience necessary.

FREE! Injury Screening with Athletico

Select Mondays and Tuesdays
Phillips Recreation Center
Age 15+



The Urbana Park District has partnered with Athletico Physical Therapy to offer FREE monthly injury assessments! During select days and times, Athletico Physical Therapy staff will be at the Phillips Recreation Center to offer 20-minute free injury assessments. Athletico cannot provide free assessments for federally funded health care plans. For further questions or to reserve your appointment, please call 217-352-3330. Walk-ins are welcome!

Dates	Time
Monday, January 8	12:30-2pm
Tuesday, February 13	5:30-7pm
Monday, March 11	12:30-2pm
Tuesday, April 9	5:30-7pm





Environmental Programs

Nature Center Pre-K Fridays

Fridays from 9:30am-12:00pm
January 19-February 23
Anita Purves Nature Center
Age 6 and under with adult

Kids age six and under and their families can drop by the nature center to discover self-guided activities just for little naturalists. This program is indoors but may sometimes include an optional outdoor component as weather permits. Themes are announced the week before each program. Call 217-384-4062 for more information or follow the Anita Purves Nature Center on Facebook. Free-will donations of \$5/family are requested.

Nature Tales and Trails

Fridays, March 22-April 19, 10am-11am
Anita Purves Nature Center
Recommended for ages 2-6 with adult
Adults & kids under 2 years attend free w/ registered child
Fee: \$5 per child

Enjoy nature stories and journey into Busey Woods on a guided walk with your child. Each time we investigate a current event in nature and bring it to life outdoors! Drop-ins welcome; arrive by 9:45am to register and pay the \$5 per child fee.

Date	Deadline	Code
Mar 22	Mar 21	911
Mar 29	Mar 28	912
Apr 5	Apr 4	913
Apr 12	Apr 11	914
Apr 19	Apr 18	915

- **EB** - Early Bird; An early registration deadline with a discounted fee
- **R** - Resident; Individuals living within the boundaries of the Urbana and Champaign Park Districts
- **NR** - Nonresident; Individuals living outside the boundaries of the Urbana and Champaign Park Districts

Forest School Afternoons

Wednesdays & Select Saturdays, 1-4pm
Busey Woods & Anita Purves Nature Center
Ages 6-11

This program connects school-aged children with the natural world through discovery and play in an educational outdoor setting. Drop-off is from 1-1:15pm at the Friendship Grove Nature Playscape. We will be outside rain or shine unless conditions are unsafe, so children must come dressed appropriately for the weather and bring a refillable water bottle daily. Light snacks will be provided.

Wednesday Sessions

Date	EB Cost	Deadline	Cost	Deadline	Code
Feb 7-28	\$94R/141NR	Jan 17	\$118R/\$177NR	Jan 31	920
Mar 6-27	\$94R/141NR	Feb 14	\$118R/\$177NR	Feb 28	921
Apr 3-24	\$94R/141NR	Mar 13	\$118R/\$177NR	Mar 27	922

Saturday Sessions

Date	EB Cost	Deadline	Cost	Deadline	Code
Mar 2, 16, 30	\$75R/\$112NR	Feb 10	\$93R/\$140NR	Feb 24	923
Apr 6, 20, & May 4	\$75R/\$112NR	Mar 16	\$93R/\$140NR	Mar 30	924

Spring Break Day Camp

March 11-15, 7:30am-5:30pm
Anita Purves Nature Center
Ages 6-12

Kick back and spend your spring break exploring, playing games, and making crafts! Bring a morning snack, lunch, and water bottle daily, and remember to dress for mess. Afternoon snack will be provided. Camp drop-off begins at 7:30am and scheduled activities begin by 9am.

Date	EB Cost	Deadline	Cost	Deadline	Code
M, Mar 11	\$48R/\$72NR	Feb 26	\$51R/\$77NR	Mar 4	932
Tu, Mar 12	\$48R/\$72NR	Feb 27	\$51R/\$77NR	Mar 5	933
W, Mar 13	\$48R/\$72NR	Feb 28	\$51R/\$77NR	Mar 6	934
Th, Mar 14	\$48R/\$72NR	Feb 29	\$51R/\$77NR	Mar 7	935
F, Mar 15	\$48R/\$72NR	Mar 1	\$51R/\$77NR	Mar 8	936



FREE! Connecting You to Nature Hikes

Tuesdays from 5:30-6:30pm

- January 23: Busey Woods
Meet at the Anita Purves Nature Center
- February 27: Meadowbrook Park
Meet at the Garden Pavilion - Race Street
- March 26: Weaver Park
Meet at Main St Parking Lot
- April 23: Perkins Road Wet Prairie
Meet at Dog Park Parking Lot

Join staff from the Anita Purves Nature Center on hikes through district natural areas. Explore the plants, animals, and unique natural history of each preserve. Content for these informal programs is based on seasonality and group interests. **No registration required.**

Birding Basics

Saturday, February 10, 8-10am

*Rain date: February 17, 8-10am

Age 10+; under 15 with a registered adult

A great opportunity to learn more about the wonderful world of bird watching. We will start the morning with coffee, orange juice, and discussion on common native/migratory birds. We will practice finding and identifying species before a guided hike in Busey Woods. Binoculars will be provided, but we encourage bringing your own if you have them.

EB Cost Deadline	Cost Deadline	Code
\$5R/\$8NR Jan 28	\$6R/\$9NR Feb 8	925

Owl Prowl for All

Saturday, February 24, 5-7pm

Anita Purves Nature Center

Age 6+; under 15 with a registered adult

This program is a special opportunity to explore Busey Woods at night in search of wild owls. We will start with a short presentation on native Illinois owls, then hit the trail! After the hike, meet the nature center's resident screech owls, warm up with hot cocoa, and dissect a real owl pellet! Come prepared for wet/cold/slippery conditions. Participants may hike on soft, uneven surfaces. Pending weather conditions, this program may be rescheduled.

EB Cost Deadline	Cost Deadline	Code
\$10R/\$15NR Feb 14	\$12R/\$18NR Feb 21	926

Spring Wetland Ecology with Illinois Natural History Survey

Saturday, April 27, 10-11:30am

Anita Purves Nature Center & Busey Woods

All ages; under 15 with a registered adult

Explore Busey Woods with INHS Wetland Ecologist Julie Nieset. Look for spring wildflowers and visit seasonal ponds to learn about their unique plant and animal communities – we may even see some fairy shrimp! This guided exploration will follow soft trails, so wear shoes that can get muddy.

EB Cost Deadline	Cost Deadline	Code
\$7R/\$11NR Apr 15	\$9R/\$14NR Apr 24	927

The Great Backyard Bird Count

February 16-19

You can be a citizen scientist from the comfort of your own home! By counting birds you see from your windows or in your yard, you will help scientists collect important real-time information. Anyone can participate—count for as little or as long as you wish! Submit your observations online to gbbc.birdcount.org/ anytime from February 18-21.

Share photos of your sightings with the Anita Purves Nature Center and Urbana Park District on social media! **#UrbanaParks #GBBC #birdcount**

FREE! Woodcock Walk

Wednesday, March 20, 6:45-8:15pm

Meadowbrook Park - Race St. entrance

(meet at the Meadowbrook Interpretive Center)

All ages; under 15 with adult

Treat yourself to an evening performance in the prairie as we witness the "sky dance" of the American woodcock, visible only during the first few weeks of spring. Discover why this strange bird is so remarkable. We will begin with a short presentation inside the barn, then head down the accessible path to the prairie. Bring a pair of binoculars if you have them. Call 217-384-4062 by March 20 if you plan on attending. Pending weather conditions, this program may be rescheduled.

FREE! Sunday Morning Bird Walks

Sundays, March 3-May 26, 7:30-9am

Busey Woods, Anita Purves Nature Center Lot

All ages (under 15 with adult)

Walk with Champaign County Audubon Society leaders and search for birds in Busey Woods and Crystal Lake Park. Learn and practice basic bird watching and identification techniques. Bring a pair of binoculars or borrow one from the Anita Purves Nature Center with a refundable credit card deposit of \$15 (pick up Monday-Saturday 9am-4pm). Learn more at champaigncountyaudubon.org.



Winter Tree ID with Uofl Extension

Saturday, January 27, 2-4pm
Age 12+; under 15 with a registered adult

If you have ever been curious about how to identify a tree while the leaves are off, this is the program for you! Impress your friends and family with your knowledge of form, branching structure, bud characteristics and leaf scars after this informative afternoon with horticulture educator, Ryan Pankau. We will provide hot coffee/cocoa, and three lucky registrants will be drawn at random to receive a free field guide! We will be outdoors if weather allows, so dress for cold weather.

EB Cost Deadline	Cost Deadline	Code
\$10R/\$15NR Jan 13	\$12R/\$18NR Jan 26	928

Adults Only Owl Prowl

Friday, March 1, 5-7pm
Anita Purves Nature Center & Busey Woods
Age 15+

Explore Busey Woods at night in search of owls with Illinois Natural History Survey Ornithologist, Tara Beveroth. Start with a presentation on native Illinois owls, then head outside to listen for their calls. After the hike, meet the Anita Purves Nature Center's resident screech owls and warm up with hot cocoa. Come prepared for wet/cold/slippery conditions. Participants may hike on soft, uneven surfaces. Pending weather conditions, this program may be rescheduled.

EB Cost Deadline	Cost Deadline	Code
\$10R/\$15NR Jan 29	\$12R/\$18NR Feb 5	930

FREE! Busey Woods History Walk and Talk

Saturday, April 13, 2-4pm
Anita Purves Nature Center and Busey Woods
Age 15+

Learn about how Busey Woods has been used from past to present. From the Big Grove and indigenous tribes, to modern day recreation and education, this valuable resource has a storied history. This walk will follow soft paths in the woods, so come prepared!

Shinrin-Yoku by Request

Available weekdays 1-6pm & weekends 9am-6pm
By appointment only; call 217-384-4062
or email dasubers@urbanaparks.org
Busey Woods
\$26 per group; for up to 8 people age 6+

Experience the therapeutic effects of Shinrin-Yoku, the practice of immersing or "bathing" your senses in the atmosphere of the forest. This 90-minute, slow-paced, guided walk will awaken your senses and uplift your spirits.



Natural Areas Volunteer Opportunities

See how you can make a difference during volunteer opportunities at District Natural Areas. Pre-registration is required for groups of 8 or more people. Call 217-384-4062. Clubs, scouts, and other groups may request their own private workday by calling the number listed above.

Become a Natural Area Site Steward

Want to help improve nature but don't know how? Email Matt Balk at mjbalk@urbanaparks.org with your favorite Urbana Park District natural area, and we can match you with a project. Year-round opportunities are available, from nature observer to nuisance plant remover. No experience necessary.

Wednesday Workdays

January - February, 10am-12pm
March - April, 9-11am
Locations Vary

During these two-hour sessions you might plant trees or flowers, collect or scatter seed, remove nuisance plants, maintain trails, and pick up trash as needed. Email Matt Balk at mjbalk@urbanaparks.org to join the e-mail list for location announcements.

NATURAL AREAS



The Urbana Park District protects, manages and restores areas characteristic of Illinois' most diverse habitats. Restoration includes planting and seeding native plants, removing nuisance plants and conducting prescribed burns to encourage healthy growth. Passive recreation such as photography, hiking, and birdwatching in small groups is encouraged.

OPEN DAILY FROM SUNRISE TO SUNSET

Busey Woods

Busey Woods is a 59-acre bottomland oak-hickory forest. It is located at the north end of Crystal Lake Park with an entrance just west of the Anita Purves Nature Center.

Commissioners Grove & Wetland in Weaver Park

This 60-acre park includes 5 acres of woodland/savanna restoration, 35 acres planted with prairie and native grasses, and an award-winning watershed management wetland. Parking along Main Street (near Smith Road) offers a place for you to begin your bike or hike along the Kickapoo Rail Trail, extending 6.7 miles to St. Joseph.

Spomer Prairie in Meadowbrook Park

Prairie was the predominant habitat in Illinois before European settlement. Since 1978, the Urbana Park District and countless volunteers have worked to re-create approximately 80 acres of native landscape. Explore this prairie in south Urbana, along Windsor Road and Race Street.

Perkins Road Natural Area

Behind the Dog Park (1501 E. Perkins Road), this 35-acre prairie and wetland restoration is leased from the Urbana-Champaign Sanitary District. Access is limited to programs and volunteer stewardship opportunities (see page 63 for more information).

Benefits of Natural Areas

Natural areas maintain ecosystem balance, build resilience to climate change, and support a wide variety of plants and wildlife. They provide "ecosystem services" like improving water and air quality by absorbing excess water and carbon dioxide. Natural spaces also offer a variety of social, mental, and physical benefits. These include stress reduction, lower blood pressure, decreased depression and anxiety, and relief from the symptoms of Attention Deficit Disorder.

Program Opportunities

Naturalist guides lead programs at these locations that are designed for all age groups and interests, including school groups and the public. See page 66 for more information. To inquire about programs and services, or to make a request, call the Anita Purves Nature Center at 217-384-4062.

Volunteer Opportunities

For information about Natural Areas stewardship and Wednesday Workdays, see page 63. Clubs, scout, and other groups may request a private workday by calling 217-384-4062.

Help us maintain these natural areas by not collecting items, walking pets or cycling.

COMMUNITY GARDENING



Solidarity Gardens CU

Solidarity Gardens CU helps home and community gardeners network to grow food for themselves and neighbors in need. The project includes:

- Affiliate Garden program: eligible gardens can receive supplies, tools, resource access, technical help, and funding to grow more food for themselves and others.
- Vegetable donation and distribution program: homegrown vegetables can be dropped off at Sola Gratia Farm or Champaign-Urbana Public Health District and will be distributed through partner food banks, pantries, and meal programs.
- Garden volunteer opportunities: volunteer in a Solidarity Gardens Affiliate Garden and build your own gardening skills while growing food for your neighbors in need!

Solidarity Gardens is a collaboration between Urbana Park District, Cunningham Township, Sola Gratia Farm, Channing Murray Foundation, and other community partners. Visit the Solidarity Gardens website for more information:

www.solidarity-gardens-cu.org

Are you interested in volunteering?

Solidarity Gardens CU can match you with a community garden in need of extra hands or bring some of your friends together and create your own garden with their support! Interested? Email Chelsea Prah at ckprahl@urbanaparks.org

Organic Gardens: Community Gardening in Meadowbrook Park

*Growing Season: March 3-November 3, 2024
Meadowbrook Park - Race Street entrance
Age 18+*

Garden at the oldest local organic community gardens! Since 1975, the Meadowbrook Organic Garden program has supported healthy bodies and a healthy community. We provide space, water, hoses and wheelbarrows. You supply tools, plants, labor, and optional fencing. A garden supervisor will assist with questions or concerns. Garden plots are rented in "as is" condition and participation is at your own risk. This is a community garden and interaction with the general public is expected and encouraged.

For more information email Chelsea Prah at ckprahl@urbanaparks.org or read the garden manual: urbanaparks.org/programs/community-gardening

To Register for a Garden Plot*:

**opens to the public on January 15, 2024*

- Register by calling 217-367-1544 or coming into the Phillips Recreation Center. Online registration is not available.
- In addition to the plot rental fee, gardeners pay a \$30 deposit. The deposit is returned at the end of the growing season if the gardener abides by the Urbana Park District's published guidelines. Returning gardeners in good standing earn a discounted deposit.
- New gardeners will receive an orientation email once they are registered. This is when plot selection will take place.

Plot Size	Fee
Raised Plot: 11' x 3'	\$20R/\$30NR
Half Plot: 17' x 15'	\$30R/\$45NR
Full Plot: 17' x 30'	\$50R/\$75NR

 You *belong* here.

SCHOOL PROGRAMS



The Anita Purves Nature Center is your classroom extension where learning comes naturally. Our standards-based field trips, classroom visits and loan items will complement your curriculum with hands-on activities. By employing direct observation and experiential learning opportunities, the Anita Purves Nature Center enriches and strengthens existing school curricula and provides students the opportunity to explore and connect with the natural world.

Educators - Bring your class for a School Field Trip through Busy Woods, Meadowbrook Park, or Weaver Park. Programs at Busey Woods include time to explore the nature center's Field Station. Or, invite a Naturalist in the Classroom to visit your school. An environmental educator will bring hands-on materials, interactive lessons and (as related to the topic) a live owl, turtle, snake, or worms to your classroom. All programs meet grade-specific Common Core and Next Generation Science Standards.

Custom Programs

Are you looking for a program to compliment a unit or lesson you are teaching? We can work with you to develop a unique environmental education program to fit your specific needs. Requests must be made at least 4 weeks in advance.

Teach with a Turtle

Borrow the Reptiles and Amphibians loan box and have a live turtle in your classroom for up to two weeks! The kit includes supplemental activities and instructions about turtle care and feeding, and standards-based reptile and amphibian lesson plans. This hands-on kit delivers an unforgettable experience for you and your students.

Nature Items You Can Borrow

The Urbana Park District offers a wide variety of educational loan items at the Anita Purves Nature Center such as skulls, nests, natural history specimens, reference materials, and IDNR loan boxes.

IDNR Loan Trunks

These self-contained K-5 teaching units with natural objects, pictures, reference books, equipment, and activities are great for any classroom. Topics include Birds, Illinois Fossils, Illinois Invasive Species, Illinois State Symbols, Insects & Spiders, Illinois Pollinators, People & Animals of Illinois' Past, and Wetlands.



Program Themes & Reservation Information

Visit: www.urbanaparks.org/programs/nature-programs/
 Email: Chelsea Prahl at ckprahl@urbanaparks.org
 Call: 217-384-4062

Connecting Classes with Nature Sponsorship

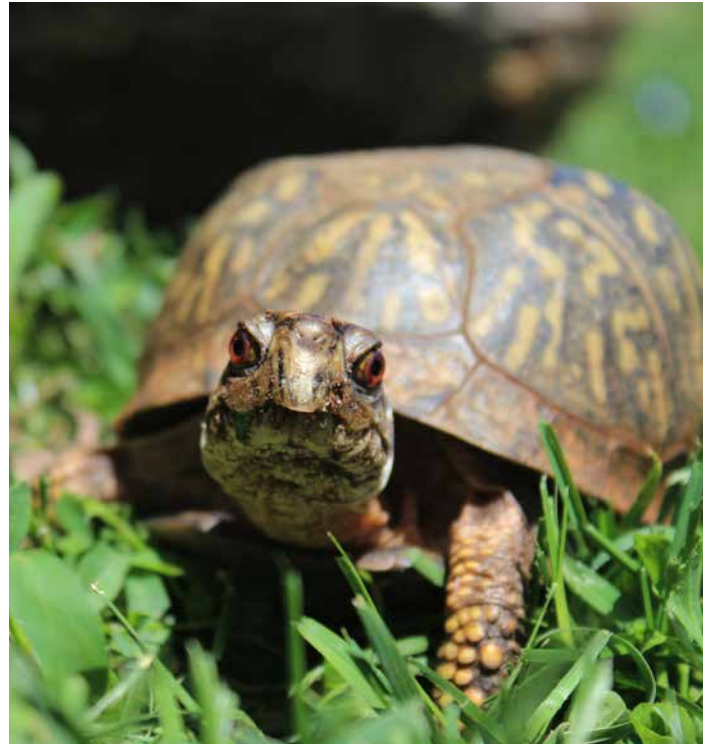
This program provides support for Urbana School District classrooms to take science-based field trips in local natural areas. Urbana Park District seeks donations from local individuals, businesses and organizations to help sponsor classrooms to cover the cost of programs and transportation for Urbana educators. If you are interested in sponsoring a class, contact Kelsey Beccue at khbeccue@urbanaparks.org. *Field trip class size typically varies between 20-30 students. Over 200 students were able to take field trips in 2022-2023 through sponsorships.*

Program Fee / 1 Class	Transportation Fee / 1 Class	Full Sponsorship / 1 Class (Program & Transportation Fees)
\$42	\$145	\$187

SPONSOR AN EDUCATION ANIMAL

The Anita Purves Nature Center houses a number of education animals that demonstrate the variety of wildlife living in Illinois. Most have injuries that make them unable to survive in the wild or were hatched in captivity and are non-releasable. The animals are on exhibit and are featured during educational programs with schools, scouts and the public.

You could be part of their lives! Your financial contribution goes directly toward the animals' medical care, housing and food. This is a great way to support local environmental education. Sponsorships also make great gifts!



SPONSORS RECEIVE:

- A certificate of sponsorship
- A fact sheet with the animal's history and photographs
- Their name displayed in the Field Station for the period of the sponsorship
- An optional photo opportunity with the animal

Animal	Cost/Month	Cost/6 Months	Cost/Year
Salamander	\$15	\$80	\$150
Turtle	\$15	\$80	\$150
Snake	\$30	\$160	\$300
Owl	\$50	\$260	\$525

You can help us feed the wildlife that visit the center's habitat gardens by donating birdseed!



Call 217-384-4062 or visit www.urbanaparks.org/facilities/anita-purves-nature-center/ for a sponsorship form and additional information.

The Urbana Park District CARES Plan

The Urbana Park District Climate Action, Resilience, Education and Sustainability Plan (2021-2026) centers on creating a healthier, safer and more resilient community. The plan sets actionable goals for reducing the district's carbon footprint, offsetting local impacts of climate change, improving air and water quality, and fostering biodiversity.

As we all gear up for Earth Day on April 20 (see page 21), here are some things that you can do to act on climate change:

1. Communicating Climate Action

- Create a work of art or poem related to climate change.
- Borrow a library book on a related topic you'd like to learn more about, such as reducing energy use or plastic waste, composting, or gardening.
- Contact your local politicians, state senators, and representatives to let them know that climate change is an important issue to you.

2. Protecting and Strengthening Our Natural Environment

- Volunteer for community cleanups or stewardship days (see pages 27 and 63 for volunteer program information).
- Buy locally-grown food and locally-made products when possible.
- Plant native trees and plants in your home landscape.

3. Conserving Resources

- Choose reusable instead of disposable items, like cups and straws.
- Make the switch to electric tools, such as leaf blowers, chainsaws, or mowers—they are quieter and don't pollute the air around you.
- Unplug electronics when not in use—this saves money too!

Visit urbanaparks.org/about-us/green-initiatives for more information on UPD green initiatives, or contact Savannah Donovan, Environmental Program Manager, at 217-384-4062 or sydonovan@urbanaparks.org.



You Belong Here



At the Urbana Park District, our core belief is simple: You Belong Here. We are dedicated to creating an environment that welcomes everyone, regardless of their interests, abilities, or backgrounds. Here is how we embody this philosophy:

Diversity and Inclusion Commitment:

We are committed to fostering a diverse environment. In 2015, we began emphasizing a welcoming, affirming, and inclusive culture for all community members and staff. The "You Belong Here" philosophy accompanying our logo encapsulates this commitment.

Inclusive Efforts:

Our actions speak louder than words. We have implemented several inclusive efforts:

1. **Program Inclusion Services:** Through Champaign-Urbana Special Recreation (CUSR), we provide program modifications to meet individual needs and abilities.
2. **Inclusive Language:** We use inclusive language on registration forms, program guides, and other materials.
3. **Accessible Programs:** We overcome transportation barriers by utilizing Urbana to bring accessible programs, events, and on-site registration into various neighborhoods.
4. **Cultural Diversity:** Partnerships with groups and organizations provide opportunities to collaborate on programs and events, such as Día de los Muertos, CU Pride Fest, and Welcoming Week.
5. **Promoting Diversity:** Our signage, artwork, and murals enhance our spaces and promote diversity and inclusion.

Explore our commitment to diversity, equity, and inclusion in our You Belong Here Inclusion Strategy – available in both English and Spanish–by visiting: www.urbanaparks.org/about-us/you-belong-here/

📍 你屬於這裡。

📍 Vous appartenez ici.

📍 Tú perteneces aquí.

📍 You belong here.

GET TO KNOW CUSR

THE PLACE TO CELEBRATE YOUR ABILITIES!



Champaign-Urbana Special Recreation

CUSR Center
2212 Sangamon Dr.
Champaign, IL 61821
cuspecialrecreation.org

Voice: 217-819-3980
Relay: 711
f/CUspecialrec



CUSR STAFF

Christina Mott, CPRP – CUSR Manager/Inclusion Coordinator

Nikiaya Brandon – Adult Program & Event Coordinator

Cole Alvis – Athletics & Volunteer Coordinator

Tristan Elzy – Youth & Teen Coordinator

Amanda Carrington – Receptionist

WHAT IS CUSR?

CUSR was formed through a cooperative agreement with the Champaign and Urbana Park Districts with the mission of providing quality recreational programs and services for Champaign-Urbana residents with special needs. Participants of all ages have the opportunity to explore new areas of interest, make new friends, and learn lifelong skills.

CUSR PROGRAM GUIDE

CUSR publishes a guide three times a year. It details each of the different programming available in that season. To view, go online at cuspecialrecreation.org or pick one up at CUSR Center.

REGISTRATION

A CUSR registration form must be used. Registration is only available online at cuspecialrecreation.org.

SENSORY EGG HUNT

Ages 2-10

The hunt is on! Celebrate spring and enjoy some family fun at Prairie Farm. Hunters should bring a basket to search high and low for colorful eggs. Be prepared to explore your senses while searching for special eggs with lights, sounds, and textures. After the hunt, treats and social time will be enjoyed by all.

GOALS: Enhance socialization with peers and increase independence and decision-making skills.

Date	Day	Time	Location	Fee
3/30	Sa	1p	Prairie Farm	Free!

Registration through CUSR is required to participate.

PROGRAMS OFFERED

After School Programs

Horseback Riding

Adult Social Programs

Bingo

Outings

Dances

Day Programs

Theatre

Sports & Special Olympics

Bowling

Basketball

School Break

Camp

Summer Youth

Program

INCLUSION WITHIN PARK DISTRICT PROGRAMS

CUSR supports inclusive recreational experiences within the park district programming. When registering for a program, mark the box stating an accommodation is required, and the CUSR Inclusion Coordinator will be in contact with you prior to the program to discuss the needs of the individual. If there are questions prior to registering, please reach out to the CUSR staff, and a meeting can be scheduled to discuss the many recreational options available.

PLEASE VISIT cuspecialrecreation.org



THE FUTURE OF PLAY AT MEADOWBROOK PARK

A new PrairiePlay is coming next year to Meadowbrook Park! After nearly a year of public input across 2021 and 2022, the Urbana Park District Board of Commissioners accepted a new master plan in August of 2022. The new plan is an innovative blend of art, nature, and play, much like Meadowbrook Park itself! It is the most ambitious, inclusive, and accessible playground project in park district history!

Construction design for the new playground has been ongoing in 2023, and construction is anticipated to begin in spring of 2024!





The Urbana Parks Foundation is proud to support the Urbana Park District in the construction of this exciting and inclusive new playground. Key features include:

- Accessible double zipline
- Dedicated 2-5 play area
- Custom sculptural benches
- Non-verbal communication board
- Vine tunnel at each entrance
- Much more!

This playground will be a true destination experience for all in our community!

To bring this vision to life, the Urbana Parks Foundation has established a \$150,000 fundraising goal. If you would like to learn more about this project, or to make a gift in support, please scan the QR code below.



In addition, the Urbana Parks Foundation is selling personalized pickets to be displayed on the new fence at PrairiePlay! This is a special opportunity and supplies are limited! See the next page to order your picket today!

PICKETS FOR PrairiePlay



Support the **Meadowbrook Playground Giving Project** by purchasing a personalized fence picket for the new playground! Pickets are \$125 each, and proceeds support construction of the new PrairiePlay Playground at Meadowbrook Park.

Limited supplies available.

Buy online by scanning the QR code or mail the form below with your payment to the **Urbana Parks Foundation** at 303 W. University Avenue, Urbana, IL 61801.

Purchaser's Name: _____

Address: _____

City: _____ State: _____ Zip: _____ Phone: _____

Email: _____

Wording to be inscribed on picket (22 space limit including spaces, numbers, and letters)

Symbols allowed: ! @ # \$ & * () - = + ; : ' "

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Please return one form per picket purchased.

The Urbana Parks Foundation Presents

BARN BASH



with music by



Friday, May 17, 2024

6-9 PM AT HUDSON FARM IN URBANA

**RAIN OR SHINE • MUSIC
CASH BAR • FOOD TRUCKS**

FEATURED EVENTS



2022/2023 PERFORMING ARTS SEASON

thevirginia.org
203 W Park Ave | 217-356-9063



FRI, DEC 9 2022
TRAVIS TRITT



WED, DEC 21, 2022
MANNHEIM STEAMROLLER
CHRISTMAS



FRI, FEB 17, 2023
HERMAN'S HERMITS



SAT, FEB 25, 2023
THAT'S WHAT
SHE SAID



WED, MAR 23, 2023
THE PIRATES OF
PENZANCE



APRIL 19-22, 2023
EBERTFEST

FOR MORE EVENTS & UPDATES VISIT THEVIRGINIA.ORG

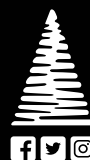
BRING YOUR GAME INDOORS!



- AFFORDABLE MEMBERSHIP RATES
- TENNIS CLINICS AGES 3 & UP
- SINGLES LEAGUES
- DROP-IN WORKOUTS
- COURT TIME
- TOURNAMENTS

DODDS TENNIS CENTER

2802 Farber Drive • 217-352-6044 (off Interstate Dr. between Prospect & Mattis, north of I-74 in Interstate Research Park)



**CHAMPAIGN
PARK DISTRICT**
champaignparks.org



UPDAC

URBANA PARK DISTRICT ADVISORY COMMITTEE

Every year, the Urbana Park District looks for volunteers interested in serving on the Urbana Park District Advisory Committee (UPDAC). Members of UPDAC are community volunteers who help the Board of Commissioners and staff of the Urbana Park District investigate new ideas, study possible changes and improvements, and evaluate current park district operations. Meetings are held monthly on the 4th Tuesday of the month (except July and December). The time commitment is between 2 and 3 hours a month, and includes the monthly UPDAC meeting and potential committee meetings. UPDAC members are appointed for a three-year term. For consideration of appointment to UPDAC, you must live within the Urbana Park District residency area, and fill out an application for nomination. You might be interested in serving on UPDAC if you:

- Are interested in learning more about the Urbana Park District
- Are willing to share information about park district issues with your peers
- Would like an opportunity to share feedback from your neighborhood with the district on a regular basis
- Value diversity and inclusivity

Every effort is made to balance UPDAC membership both geographically and demographically. It's important that UPDAC represents all of Urbana! You can learn more about UPDAC, and find the application, by visiting our website at www.urbanaparks.org/get-involved/urbana-park-district-advisory-committee-updac. You may also contact Development Manager Kelsey Beccue at khbeccue@urbanaparks.org or 217-367-1536.

RESIDENCY, REGISTRATION, & FINANCIAL INFO

Residency

Residents living within the boundaries of the Park District regularly support park facilities and programs through residential property taxes, and must currently reside at the residence. People living within the boundaries of the Urbana and Champaign Park Districts pay the resident (R) fees. Acceptable documents that prove current residency include, but are not limited to: utility bill, home-owner or auto insurance bill, cable bill, bank statement, vehicle registration, or voter registration card. Emailed copies are accepted. If in doubt about whether your document is acceptable call 217-367-1544. See also Reciprocal Agreement on this page.

The Urbana Park District has established a nonresident fee system in order to equalize payments by individuals residing outside of the Park District boundaries, so they will contribute to the overall financing of the park system on an equitable basis with residents. The Urbana Park District offers three options for nonresident program fees:

1. Individuals may pay 1.5 times the resident fee per program or membership.
2. Individuals residing immediately adjacent to Urbana Park District boundaries have the option of annexing their property into the district. For more information, call 217-367-1536.
3. Individuals may purchase an Urbana Park District annual park membership. This fee is computed based on the assessed value of the participant's property using the current Urbana Park District tax rate. The membership fee for rented properties is \$100 per year. Memberships are valid for programs that begin between May 1, 2024 through April 30, 2025. Ask a Phillips Recreation staff member for additional information. These memberships do not qualify you as a resident for purposes of Urbana Indoor Aquatic Center Memberships.

Reciprocal Agreement

The Urbana Park District and Champaign Park District have a reciprocal agreement. A resident of one district can participate in programs at the other district at the resident rate. Not applicable to Urbana Indoor Aquatic Center memberships.

Refunds, Cancellations, Withdrawals

If you withdraw from a program, you may choose to apply the fee toward another program or you may receive a refund of the program cost minus a \$5 processing fee. If it is after the program's deadline, a refund request form will need to be completed. They can be picked up at the Phillips Recreation Center or found online. Requests must be made no later than 10 business days after the last class attended. Requests for past classes will not be honored.

Refunds are processed by credit/debit card or as a mailed check. No cash refunds can be given. Refunds or credits will be issued within seven to ten business days after the Urbana Park District business office receives the written request.

There will be a \$25 service charge on all returned checks.

Quality Guarantee

The Urbana Park District constantly strives to provide you with excellence in recreation programs and services. We are so confident you will like these programs that we guarantee your satisfaction. If, after attending one of our classes or programs, you are not completely satisfied with the quality of our programs, please tell us immediately.

Our guarantee is based on fulfilling our promise of delivering excellence. If you are not satisfied, we request your input in the form of suggestions, comments, ideas, or changes for improvement. Requests for refunds due to changes in personal circumstances are not covered under this policy.

ADA / Equal Access

The Urbana Park District works cooperatively with C-U Special Recreation to offer equal access to our recreation programs and services for persons with disabilities. For further information, call C-U Special Recreation at 217-819-3980.

In 2021-2022 the Urbana Park District contracted a professional ADA Assessment of parks and facilities in addition to programs, policies, and procedures. The Park District has an ADA Transition Plan in place to address barriers to accessibility. If you have questions about the ADA Transition plan, or would like to contact the ADA Coordinator for more information, visit:

urbanaparks.org/about-us/ada-policies-and-procedures/

How to Register

- Proof of park district residency is required for all new participants. Residency is explained at right. Proof of residency may be emailed to info@urbanaparks.org prior to registration.
- Registration opens at 8am on December 6.
- Payment is due at time of registration.

By Phone

Register by phone at 217-367-1544 using your Visa, Discover, American Express or MasterCard during regular Phillips Center hours (See page 12). First time registrants will need to prove residency before phone registration can be processed.

Walk-In Registration

In-person registration is at the Phillips Recreation Center - 505 W. Stoughton. Pay by cash, check or credit/debit card. Checks should be made payable to "Urbana Park District."

Online

Register online at www.bit.ly/updregistration

New patrons will need to create an account; Returning patrons can log in using their current Urbana Park District account.

Need help logging in? You can contact the Phillips Recreation Center at 217-367-1544 or info@urbanaparks.org



Youth Financial Assistance: Partial Fee Waivers for Urbana Park District Residents

In order to provide financial assistance to the greatest number of individuals and families, we are able to offer partial fee waivers to qualified participants.

Youth Financial Assistance is available to those residing within Urbana Park District boundaries. Fee waivers are available year-round and are awarded based on demonstrated financial need.

Applications should be turned in at least two weeks before a program's deadline. This allows adequate time for processing and approval. Place in a program is reserved once payment is received. Submit requests early. You do not need to wait for registration to begin before submitting your application.

Applications can be picked up in person at the Phillips Recreation Center, 505 W. Stoughton, Urbana or on our website.

Along with a proof of Urbana residency, the following items must accompany your fee waiver application:

Any of the following as they apply:

- Link Card or approval letter
- Housing Authority subsidized housing letter (show amount of subsidy)
- If you are a student who is doing research work at the UIUC and have a stipend or grant, a confirmation letter from that department on official letterhead

If presently employed:

- 2 months' worth of pay stubs or bank statements
- Any document showing monies or subsidies received
- Official letters stating student assistantships and/or scholarships with amounts
- Completed Income Tax form (if self-employed)
- Official letter from employer (on official company letterhead) if you have just started working and have not received a paycheck yet

If presently unemployed:

- Official unemployment documentation

Important Terms in the Program Guide

- **EB** - Early Bird; An early registration deadline with a discounted fee
- **R** - Resident; Individuals living within the boundaries of the Urbana and Champaign Park Districts
- **NR** - Nonresident; Individuals living outside the boundaries of the Urbana and Champaign Park Districts
- **Code** - Number of the program in the Urbana Park District registration system. You can search our registration website using this number.

Cómo Registrarse

- Prueba de residencia en el distrito de parques es necesario para todos los nuevos participantes. Residencia explicada a la derecha. Prueba de la residencia puede enviarse por correo electrónico a info@urbanaparks.org antes de registro.
- El registro abre a las 8 am el 6 de diciembre.
- El pago vence al momento de la inscripción

Registrarse por teléfono

Regístrese por teléfono al 217-367-1544 usando tu Visa, Discover, American Express, o MasterCard durante el horario regular del Phillips Center (ver página 12). Los inscritos por primera vez tendrán que demostrar su residencia.

Registro Personal

También se pueden inscribir en el Centro de Recreación Phillips, 505 W. Stoughton. Pague en efectivo, cheque o tarjeta de crédito. Los cheques deben hacerse a nombre de "Urbana Park District"

En línea

Regístrese en línea en www.bit.ly/updregistration

Nuevos clientes tendrán que crear una cuenta; clientes que regresan pueden iniciar sesión usando su cuenta actual del Distrito de Parques de Urbana.

¿Necesitas ayuda para iniciar sesión? Puede comunicarse con el Centro de Recreación Phillips en 217-367-1544 o info@urbanaparks.org



Términos Importantes en la Guía del Programa

- EB - Fecha límite con precio de descuento
- R - Residente del área de Urbana Park District
- NR - Reside fuera del área de Urbana Park District
- Code - Código; Número de programa en el programa de registro en línea. Puede buscar en nuestro sitio web de registro usando este número.

Asistencia financiera para jóvenes: exenciones parciales de tarifas para residentes del distrito de Urbana Park

Con el fin de brindar asistencia financiera a la mayor cantidad de personas y familias, podemos ofrecer exenciones parciales de tarifas a los participantes calificados.

La Asistencia Financiera para Jóvenes está disponible para aquellos que residen dentro de los límites del Distrito de Parques Urbana. Las exenciones de tarifas están disponibles todo el año y se otorgan en función de la necesidad financiera demostrada.

Las solicitudes deben enviarse al menos dos semanas antes de la fecha límite del programa. Esto permite un tiempo adecuado para el procesamiento y la aprobación. El lugar en un programa se reserva una vez que se recibe el pago. Envíe las solicitudes con anticipación. No necesita esperar a que comience el registro antes de enviar.

Las solicitudes se pueden recoger en persona en Centro de Recreación Phillips, 505 W Stoughton, o en nuestro sitio web.

Junto con una prueba de residencia en Urbana, los siguientes elementos deben acompañar su solicitud de exención de tarifas: Cualquiera de los siguientes según corresponda:

Cualquiera de los siguientes según corresponda:

- Tarjeta de enlace o carta de aprobación
- Carta de vivienda subsidiada de la Autoridad de Vivienda (muestre el monto del subsidio)
- Si eres un estudiante que está haciendo un trabajo de investigación en la UIUC y tienes un estipendio o beca, una carta de confirmación de ese departamento en papel membrete oficial

Si está empleado actualmente:

- 2 meses de recibos de pago o extractos bancarios
- Cualquier documento que muestre dinero o subsidios recibidos.
- Cartas oficiales indican ayudantías para estudiantes y / o becas con montos
- Formulario de impuesto sobre la renta completado (si trabaja por cuenta propia)
- Carta oficial de su empleador (con membrete oficial de la empresa) si acaba de comenzar a trabajar y aún no ha recibido un cheque de pago.

Si actualmente está desempleado:

- Documentación oficial de desempleo

ADDITIONAL PARK DISTRICT INFORMATION

Behavior Code

In keeping with the Urbana Park District's goals, we encourage fun for all participants. However, certain rules are necessary to ensure everyone's safety and enjoyment. The following behavior rules apply to all participants in Urbana Park District programs. Failure to follow these rules can result in dismissal from programs. No refunds are granted when a participant is dismissed for behavioral reasons.

Participants should:

1. Demonstrate respect to other participants and staff.
2. Use appropriate language.
3. Respect the physical and mental well-being of themselves, other participants, and staff.
4. Use equipment, supplies, and facilities as they are meant.
5. Refrain from participation in unlawful activities.

Photographs / Video

The Urbana Park District uses pictures of participants in its programs and events to inform others of recreational opportunities in promotional material including brochures, websites, social media, and this course catalog. If you do not want your picture taken, please tell our photographer.

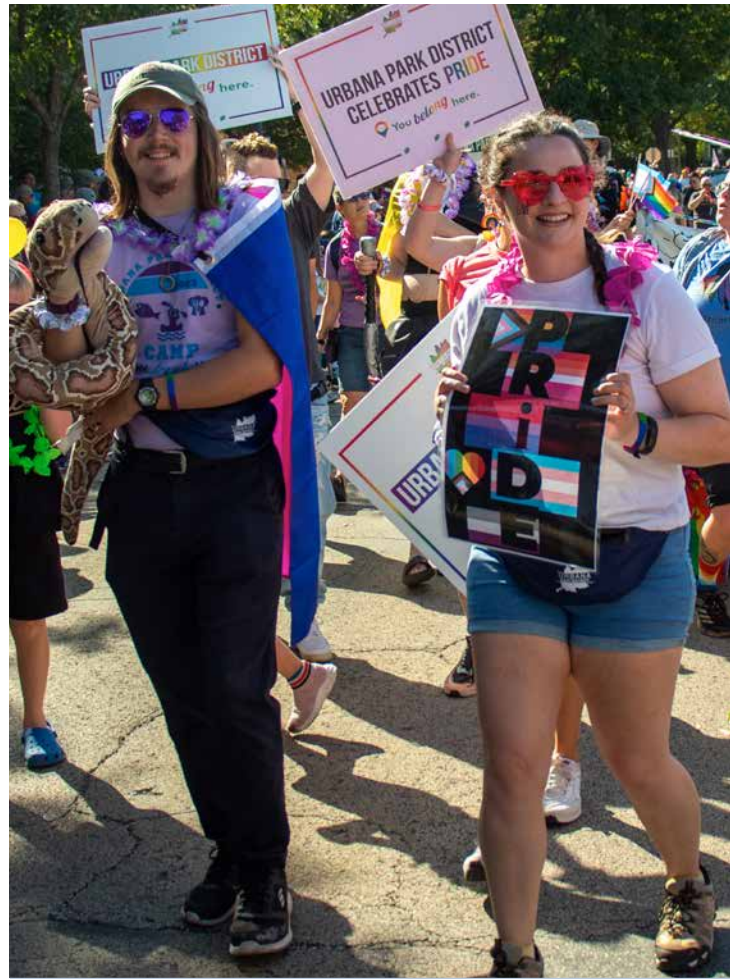
Help Stop Vandalism

You can help maintain the beauty of our parks. Report vandalism immediately! Phone the Urbana Police, 911, or the Urbana Park District at 217-367-1536.

Urbana Park District Rainout Line

Download the app or call us!

For information about program cancellations, including weather cancellations, and for updates about special events or other key happenings at the Urbana Park District, you may call the Sports, Program, and Event Hotline at 217-367-9575. For evening sports programs, this line will be updated after 4:30pm on weekdays and one hour before the scheduled program or sports on weekends. All other updates will be made as conditions change. You may also find out about the Rainoutline App for your phone at: urbanaparks.org/events/rain-outs-and-cancellations/.



You Belong Here Initiative

Urbana Park District is committed to creating and promoting inclusion across all public spaces, places, facilities, and programs that the district manages. Through Urbana Park District's You Belong Here Inclusion Strategy, we welcome and support recreation experiences for everyone, while encouraging an inclusive and responsive staff culture. Celebrating inclusion regardless of age, ethnicity, culture, income, ability, interests, gender expression, gender identity, and/or sexual identity; everyone and anyone belongs here!

For more information, about this initiative, visit: urbanaparks.org/about-us/you-belong-here/



PARK USER GUIDELINES

Urbana's parks are open from sunrise until sunset daily unless otherwise posted. Rental facilities may be open later by special arrangement.

Please treat your parks well...

- Leave parks clean and litter-free.
- Damaging park property is subject to fine.
- Fires are allowed only in grills, designated areas or by permit.
- Collecting or harvesting of plants or other items is not permitted.
- Cycling is permitted on paved paths only.

Please treat others well...

- Avoid loud music and disorderly conduct.
- Observe posted speed limits.
- Yield to pedestrians on trails.
- Alcohol is allowed only by special permit.
- Leave firearms, weapons and fireworks at home.

Please notify us if...

- Your group of 25 or more is planning a visit to one of our parks or natural areas by calling 217-367-1544.

Please note about pets...

- Keep all animals leashed.
- Pet owners are expected to remove pet excrement immediately.
- Urbana Dog Park offers space for off-leash activity.

Breaking or not following park rules will result in penalty.

Find complete park guidelines at: www.urbanaparks.org/parks/park-guidelines



505 W Stoughton
 Urbana, IL 61801
 217-367-1544
 www.urbanaparks.org

PRSR STD
 U.S. Postage Paid
 Urbana, Illinois 61801
 Permit No. 38

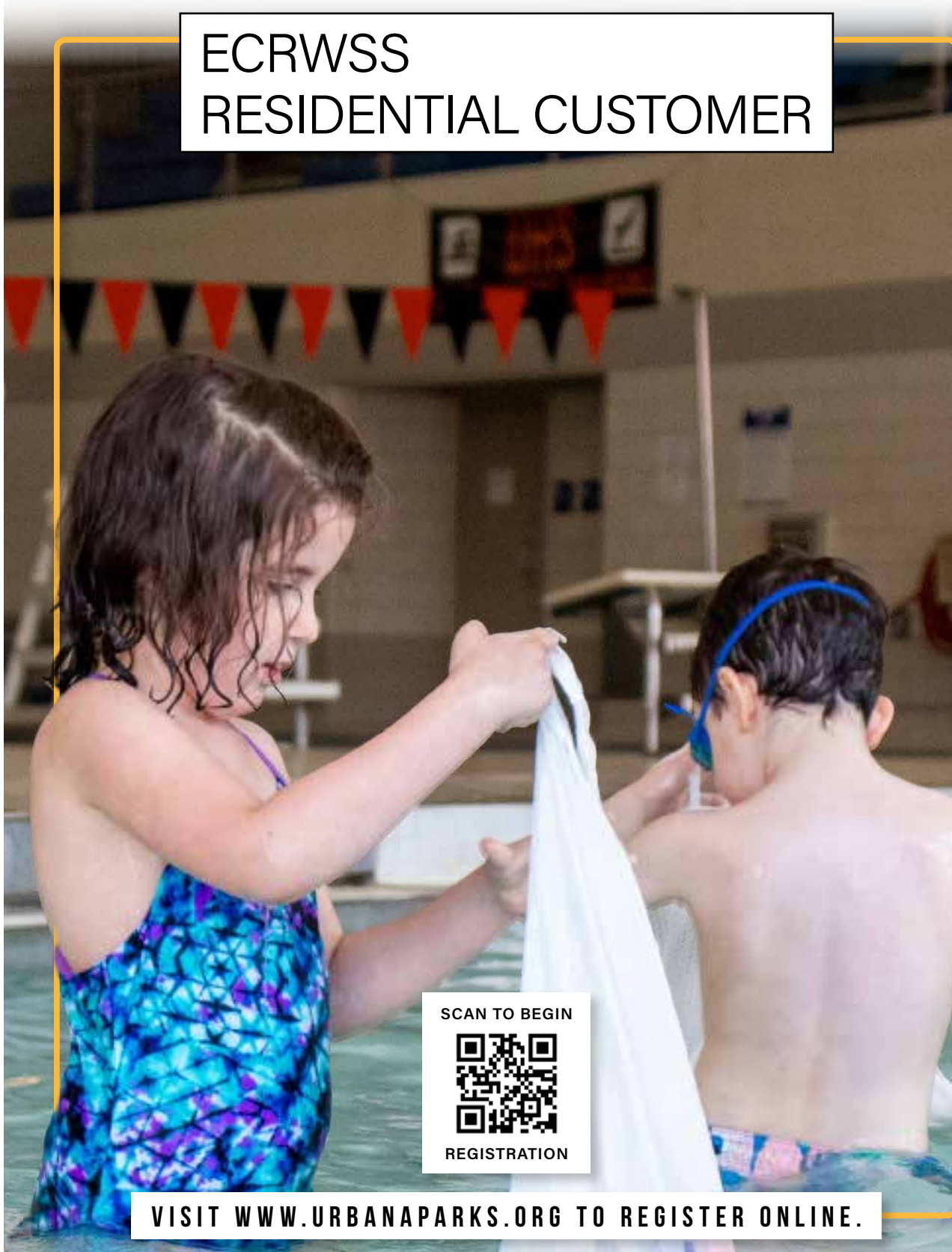
JANUARY - APRIL 2024

WINTER WELLNESS 5K
 see page 19

EGG HUNT WITH A SPLASH
 see page 20

EARTH DAY FOR EVERYONE
 see page 21

ECRWSS RESIDENTIAL CUSTOMER



SCAN TO BEGIN



REGISTRATION

VISIT WWW.URBANAPARKS.ORG TO REGISTER ONLINE.