



PROGRAM GUIDE

REGISTRATION BEGINS
WEDNESDAY, AUGUST 2

| SEPT-DEC 2023



PHOTO BY LINDA COLEMAN

PARA INFORMACION EN ESPANOL: PAGINA 71

 You *belong* here.  Tú *perteneces* aquí.  Vous *appartenez* ici.  你屬於這裡.

CONTENTS

- 1 Letter from the President
- 69-71 Residency, Registration, & Financial Info
- 72 Additional Park District Information

Places to Go

- 2-4 UPD Map & Facilities
- 5 Pavilions
- 6 Anita Purves Nature Center
- 7 Friendship Grove Nature Playscape
- 8 Brookens Gym
- 9 Urbana Dog Park
- 10-11 Lake House in Crystal Lake Park
- 12-13 Phillips Recreation Center
- 14-16 Urbana Indoor Aquatic Center
- 58 Natural Areas

Special Events

- 17 Noche de Loteria
- 17 Art at Anita Purves Nature Center
- 18 Meadowbrook Park Jazz Walk
- 18 Wandell Sculpture Garden Rededication
- 19 Sunset & Sculptures Yoga
- 19 Take a Child Outside Week
- 20 The Great Pumpkin Hunt
- 20 Climate Action Week
- 21 S'mores Social & Stroll
- 21 Sugar Skulls Workshop
- 22 Halloween FunFest
- 22 Turkey Trot
- 23 Best in Show Photo Print Competition

Things to Do

- 24-25 Free Programs & Events Calendar
- 26 Birthday Parties
- 27 Volunteer Opportunities
- 28-31 Aquatic Programs
- 32-34 Athletic Programs
- 35-45 Community Programs
 - Age-Friendly Programs (35-36)
 - Ages 6-12 Programs (37)
 - Cooking (38)
 - Holiday Events (39)
 - Performing Arts (39-41)
 - Teen Programs (42)
 - Visual Arts (43)
 - Zoom Language Classes (44-45)
- 46-51 Fitness Programs
- 52-53 Wellness Programs
- 54-60 Nature Programs

More Information

- 61 Urbana Park District CARES Plan
- 62 Champaign-Urbana Special Recreation
- 63 Urbana Parks Foundation
- 64 Meadowbrook Playground Giving Project
- 65-66 Health and Wellness Facility
- 67 Champaign Park District
- 68 Urbana Park District Advisory Committee

UPD MISSION

It is the mission of the Urbana Park District to: Improve the quality of life of its citizens through a responsive, efficient, and creative park and recreation system; Pursue excellence in a variety of programs, parks and special facilities that contribute to the attractiveness of neighborhoods, conservation of the environment and overall health of the community.

Board of Commissioners

Michael J. Walker | President
Nancy Delcomyn | Vice President
Meredith Blumthal | Commissioner
Roger Digges | Commissioner
Cedric Stratton | Commissioner

Support Us

Donate | Call the Development Manager: 217-367-1536
Volunteer | Call the Community Program & Engagement Coordinator: 217-255-8601
or visit urbanaparks.org

Park District Leadership Team

Tim Bartlett | Executive Director
Corky Emberson | Superintendent of Recreation
Derek Liebert | Superintendent of Planning & Operations



Tim Bartlett, Corky Emberson, and Derek Liebert

 **You belong here.**

Dear fellow Urbana residents,

We hope you have enjoyed the summer season at the Urbana Park District. We would like to thank our seasonal employees who put on camps, kept our grounds tidy and safe, and helped run Crystal Lake Park Family Aquatic Center. They truly “make” the summer season special at UPD. I’d also like to recognize our building and grounds staff who dealt with heavy storm damage in our parks at the end of June. They truly rose to the occasion!

The long awaited Health and Wellness Center is finally under construction in Prairie Park. If you happen to be driving on East Washington Street keep an eye out for progress on this exciting project. We expect construction to continue over the next year and, if all goes as planned, be complete in late 2024.

The 25th anniversary celebration of Wandell Sculpture Garden in Meadowbrook Park concludes this fall. The capstone event is set for Friday, September 15th, formally marking this anniversary and highlighting public art in our parks. Full details are on our website (urbanaparks.org/parks/wandellsculpture-garden/), and in the pages of this program guide. The same night, everyone can enjoy great local jazz music and public art on the 19th annual Jazz Walk.

Unfortunately, the summer also featured smoke from Canadian wildfires hovering over Urbana. This was an unwelcome reminder that climate change is very real and we all need to do our part to reduce our impact on the planet. Urbana Park District is proud to participate in Climate Action Week, October 1–8. Be sure to read in this guide about the events, programs and workshops that can help us all increase awareness and move to making our community more environmentally healthy.

We look forward to putting on the 57th Annual Turkey Trot Thanksgiving morning at Crystal Lake Park. This one-mile fun run/stroll/roll is a community tradition that brings in friends and neighbors from all over the community. We hope to see you there!

There are many more events and programs this fall that you can read in this program guide. As you peruse the guide, I hope you will see that the park district is open and welcoming to all. Have a wonderful fall and remember – “You Belong Here!”



Sincerely,

Michael W. Walker

(He/Him)

President

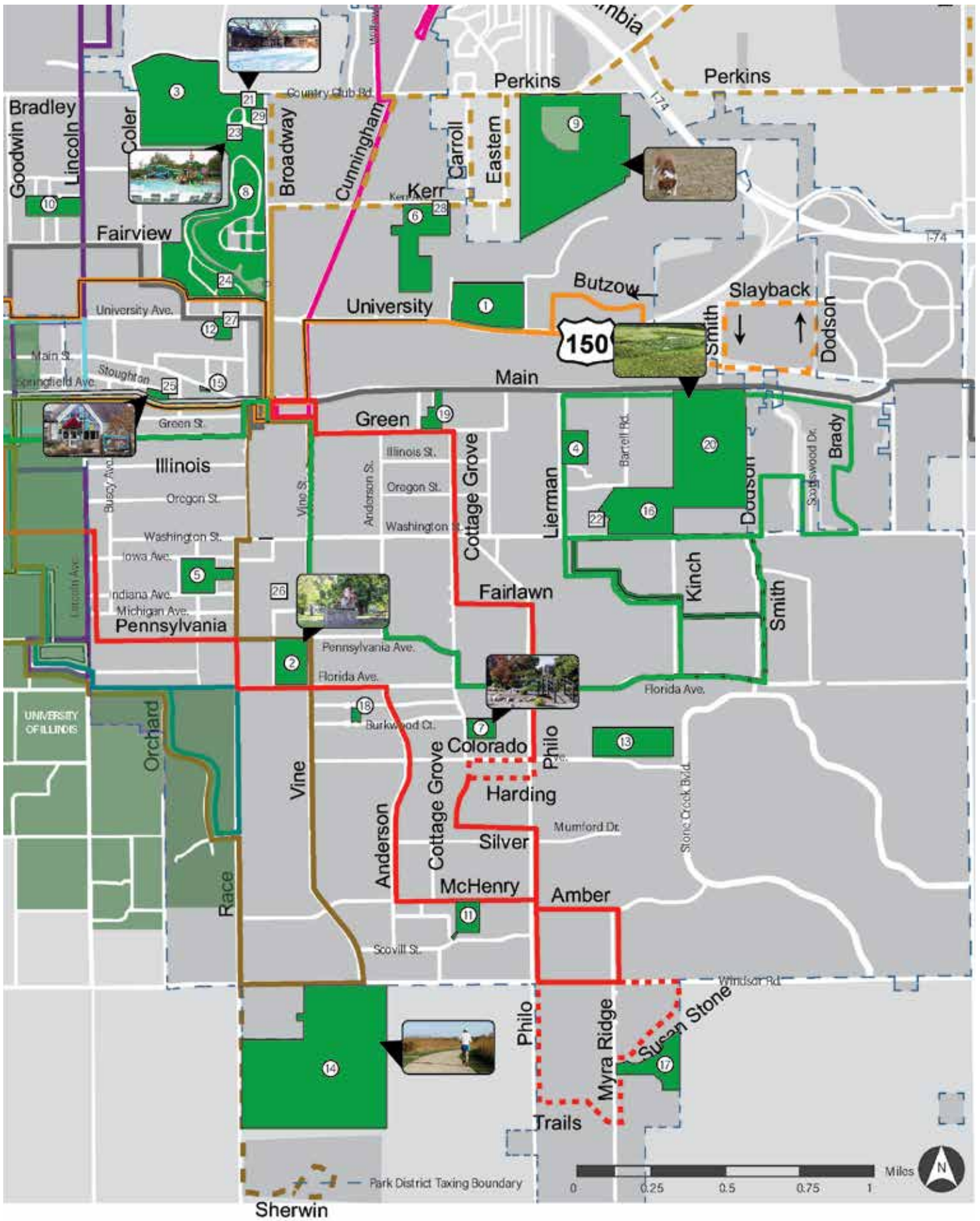
Urbana Park District

Board of Commissioners

Board of Commissioners

The Urbana Park District Board of Commissioners oversees the operation of the Urbana Park District. The five-member board is elected by the public, and each member serves a six-year term.

The Board of Commissioners meets at 7pm on the second Tuesday of each month. Meetings take place at the Planning and Operations building, located at 1011 E. Kerr St. The public is invited to attend.



Park	MTD Bus Route	Archery	Ball Diamonds	Basketball	Cricket Field	Boating (Seasonal)	Disc Golf	Dog Park	Fishing	Flower Beds	Garden Plots	Herb Garden	Historic Marker	Horseshoes	Porta Potties (Seasonal)	Open Fields	Path/Trails	Pavilion	Picnic Tables	Playground	Restrooms (Apr-Oct)	Sculpture	Grills	Sledding Hill	Soccer Field	Swimming Pool	Tennis Courts	Volleyball	Water Feature	FREE Wifi	Acreage (Owned & Leased)	
1	AMBUCS	Orange	○							○					○	○	○	○	■	○	○	○	○								22	
2	Blair	Bronze/Green/Red/Teal	○							○		○	○		○	○	○	○	○	○	○	○			○		○				○	11
3	Busey Woods	Gold/Ruby															○															59
4	Canaday	Gray/Green	○												○																5	
5	Carle	Bronze/Green/Red								○		○				○	○		○	○		○			○			○			11	
6	Chief Shemauger	Gold	○	○						○					○	○							○								13	
7	Crestview	Green/Red								○		○				○	○	○	○	○			○								6	
8	Crystal Lake	Gold/Gray/Orange				○		○	○	○		○	○		○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	144
9	Perkins Road Park Site/Judge Webber/Dog Park	Gold	○					○							○	○															84	
10	King	Gray/Illini		○						○			○	○	○	○	○	○	○	○	○	○	○	○			○				8	
11	Larson (Wheatfield)	Red								○						○					○						○				5	
12	Leal	Gray/Orange								○		○				○	○						○								3	
13	Lohmann	Green/Red			○		○								○	○									○						15	
14	Meadowbrook	Bronze								○	○	○	○		○	○	○	○	○	○	○	○	○	○						130		
15	Patterson Parklett	Gold/Silver																													<1	
16	Prairie	Green	○							○					○	○							○	○	○						20	
17	South Ridge	Red														○	○				○										11	
18	Sunnycrest Tot Lot	Bronze/Red														○					○										1	
19	Victory	Gray/Red		○						○	○					○	○	○	○	○	○		○			○					5	
20	Weaver (In Development)	Gray/Green														○	○														60	

* Accessible Playground • Accessible Grills ■ With Shelters

Facility	MTD Bus Route	ADA Accessible	Ball Diamonds	Boating (Seasonal)	Basketball	Birthday Parties	Fitness	Flower Beds	FREE Wifi	Nature Store	Offices	Open Fields	Paths/Trails	Picnic Tables	Playground	Rentable Rooms	Sculptures	Soccer Fields	Swimming Pool	
21	Anita Purves Nature Center	Gold/Ruby	○			○	○	○	○	○	○	○	○	○	○	○	○			
22	Brookens Gym/Fields	Gray/Green	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○		
23	CLP Family Aquatic Center	Gold/Ruby	○			○	○	○	○				○	○	○	○*				○
24	Lake House	Gray/Gold/Orange	○	○			○	○	○				○	○	○	○				
25	Phillips Recreation Center	Gold/Silver	○		○	○	○	○	○		○	○		○	○	○	○			
26	Urbana Indoor Aquatic Center	Gray/Green/Bronze	○			○	○	○	○		○					○				○
27	Greek Revival Cottage	Gray/Orange	○					○	○		○						○			
28	Planning and Operations	Gold	○					○	○		○									
29	Friendship Grove Nature Playscape	Gold/Ruby	○			○		○	○		○	○	○	○		○				

* Outdoor Party Patio

We're here to help our community thrive.



Champaign-Urbana Mass Transit District
217.384.8188 mtd.org





Facilities

Administration Building

303 W. University
217-367-1536

Anita Purves Nature Center

1505 N. Broadway
217-384-4062

Brookens Gym

1776 E. Washington, Pod 400
217-384-4062

Crystal Lake Park Family Aquatic Center

1401 N. Broadway
217-239-7946

Lake House in Crystal Lake Park

206 W. Park
217-328-1069

Phillips Recreation Center

505 W. Stoughton
217-367-1544

Planning And Operations

1011 E. Kerr
217-344-9583

Urbana Indoor Aquatic Center

102 E. Michigan
217-384-7665



Urbana Parks

Ambucs Park

1140 E. University Ave.

Blair Park

1406 S. Broadway Ave.

Canaday Park

300 S. Lierman Ave.

Carle Park

400 W. Indiana Ave

Chief Shemauger Park

1001 E. Kerr St.

Crestview Park

1802 S. Cottage Grove Ave.

Crystal Lake Park

206 W. Park St.

Dog Park/Perkins Rd. Park

1501 E. Perkins Rd.

Judge Webber Park

1701 E. Perkins Rd.

King Park

915 W. Wascher St.

Larson (Wheatfield) Park

1105 E. McHenry St.

Leal Park

303 W. University Ave.

Lohmann Park

1803 E. Florida Ave.

Meadowbrook Park & Wandell Sculpture Garden

2808 S. Race St.

Patterson Parklet

401 W. Main St

Prairie Park

2000 E. Washington St.

South Ridge Park

3008 S. Myra Ridge Dr.

Sunnycrest Tot Lot

505 Sunnycrest Ct. East

Victory Park

1000 E. Green St.

Weaver Park

2205 E. Main St.



Pavilion Rentals

Garden Pavilion

Meadowbrook Park: Bronze Bus Route
 Rental Cost: \$95 | # of Picnic Tables: 8
 # of People: 64

- Electricity
- Restrooms
- Water fountain
- Lights on timers

Nick Santi Pavilion

AMBUCS Park: Orange Bus Route
 Rental Cost: \$95 | # of Picnic Tables: 8
 # of People: 64

- Lights
- Large-double barbecue

North Woods Pavilion

Crystal Lake Park: Gold/Orange Bus Route
 Rental Cost: \$85 | # of Picnic Tables: 6
 # of People: 48

- Barbecue
- Sand volleyball
- Electricity
- Lights on timers

PrairiePlay Pavilion

Meadowbrook Park: Bronze Bus Route
 Rental Cost: \$85 | # of Picnic Tables: 8
 # of People: 48

- Electricity
- Grill with charcoal bin
- Water fountain
- Lights on timers
- Restrooms

Jean Driscoll Pavilion

AMBUCS Park: Orange Bus Route
 Rental Cost: \$110 | # of Picnic Tables: 12
 # of People: 120

- Playground
- Restrooms
- Large grill
- Water fountain
- Accessible parking
- Electricity
- Lights on timers

Jettie Rhodes Pavilion

King Park: Grey/Illini Bus Route
 Rental Cost: \$95 | # of Picnic Tables: 8
 # of People: 64

- Grills
- Restrooms
- Electricity
- Tennis court
- Water fountain
- Bankshot basketball court
- Playground
- Walking path
- Lights on timers

Large Pavilion

Crystal Lake Park: Gold/Orange/Green Bus Route
 Rental Cost: \$110 | # of Picnic Tables: 24
 # of People: 176

- Grill
- Electricity
- Water fountain
- Lights on timers
- Concrete game tables
- Cornhole boards
- Playground
- Portable toilets

About Requesting a Pavilion

Reserve your space well in advance of your event. Restrooms and water fountains are available mid-April to mid-October. When restrooms are closed, portable toilets are located nearby. Prices listed are per time slot. **Alcohol is prohibited without a permit.**

Pavilion Times	9am-2pm 3pm-8pm
Peak Season	Apr 1-Oct 31
Off Season	Nov 1-Mar 31

Call 217-367-1544 for information about reservation. Full payment required for reservation.

Off Season - During off season, these pavilions may be rented at the rate of \$50 per time slot.

Other Available Shelters

The following parks have shelters available for free on a first-come, first-served basis:

AMBUCS | Blair Park | Crestview Park | Crystal Lake Park | King Park | Victory Park






Anita Purves Nature Center





The Anita Purves Nature Center, located at the north end of Crystal Lake Park, is an environmental education facility open free to the public. Next door, you'll find the Friendship Grove Nature Playscape and Busey Woods.

Multipurpose Rooms for Rent:

September-May: 7am-11pm. Multipurpose rooms are ideal for parties, retreats, meetings, or groups, for up to 70 people.

 1505 North Broadway, Urbana

 Gold (Weekdays) | Ruby (Weekends, walk from Kerr and Broadway)

 Questions: 217-384-4062

Monday - Friday: 8am-5pm

Saturday: 9-4pm

Nature Store Open: 9-4pm each Day

Closed Aug 12-20; Sep 4; Nov 10, 23-24; Dec 25; Jan 1-15

Exhibits & Wildlife Viewing: See the nature center's education owl, turtles, salamanders, and snakes, and observe wildlife that visit the habitat gardens. Explore feathers, skulls, frog calls and more in the interactive, hands-on Field Station!

Nature Store: Check out the great selection of nature-related and environmentally-friendly items including walking sticks, vinyl stickers, books, reusable kitchen items, educational toys & dress-up wings. Grab a trail snack, an ID guide, or survival kit for your next hike. All proceeds support environmental programs. Cash, checks and major credit cards accepted. Educators get a 10% discount.

Busey Woods: A 59-acre forest preserve with a boardwalk loop and seasonal ponds, open daily from sunrise to sunset. The Busey Woods Gateway Trail is a link between park and woods. Hike the trails which include the 0.3-mile boardwalk trail. View interpretive information about Busey Woods' seasonal ponds, habitats and natural resources management. See page 58 for more information about Busey Woods and other district natural areas.



FRIENDSHIP GROVE NATURE PLAYSCAPE

Open daily from sunrise to sunset

*Climbing features are intended for ages 5-12.
Children must be accompanied by an adult.
Keep your dog at home - they are not
permitted here or in district natural areas.*

The Friendship Grove Nature Playscape at the Anita Purves Nature Center is a hands-on, kid-directed outdoor play space where boulders, logs, and other thoughtfully curated natural items give kids' imaginations room to soar. The space provides accessible play opportunities for all abilities. There are four main features, many other play elements, and an ever-changing variety of loose play pieces such as pots and pans, baskets for gathering, cardboard for forts, and more!

The Four Anchor Pieces

- Log Wall – This line of towering flat-topped logs is a balancing challenge or a castle in the making!
- Tree Tower – Climb and jump from this enormous tree trunk.
- Digging Area – Get dirty and enjoy digging canals, making sandcastles or mixing mud pies.
- Tunnel – Go low or high in this intriguing stone tunnel and hill combination.

Donations Accepted

We accept donations of old cookware, kitchen equipment, baskets, and garden shovels. Contact David Subers at dasubers@urbanaparks.org.



Planning a group visit? Call 217-384-4062

Please call ahead if you plan to bring a group of 10 or more. Staff can help you choose a time that does not conflict with a scheduled program or event and can help you reserve picnic tables if needed.



See photos and learn more about the Friendship Grove Nature Playscape and the benefits of nature play at:

www.urbanaparks.org/facilities/friendship-grove-nature-playscape/



Brookens Gym & Fields



Brookens Gym is in pod 400 of the Champaign County Administration (Brookens) Building. The gym is well-lit and has a reconditioned floor. Locker rooms are available to program participants. Locks are not provided. Ample parking can be found directly adjacent to the building accessible from the Lierman Avenue entrance off Art Bartell Road.

Athletic Field Rentals: Soccer, Baseball, Softball

Download a field request form at:

www.urbanaparks.org/rentals/rent-a-park/

Minimum \$20/1hr (base price with bases/goals)
 \$10/hr additional
 \$110 - Prepped field (includes dragging and lining)
 \$40/hr - lights (only at Canaday & Ambucs)

Sports Officials

Urbana Park District youth and adult sports programs provide an excellent training ground for individuals interested in officiating sports. Officials are needed for youth basketball and soccer. Officials must be at least 15. Certified officials are encouraged to apply to assist in maintaining a high-quality program and to help develop and train less experienced officials. The pay rate varies with the age of competition www.urbanaparks.org/employment.html

Sport	Rate/Game
Youth Soccer	\$17-30
Adult Kickball	\$18
Youth Baseball	\$65

Urbana Park District Rainout Line

217-367-9575

www.urbanaparks.org/events/rain-outs-and-cancellations/

For information about program cancellations, including weather cancellations, and for updates about special events or other key happenings at the Urbana Park District, visit www.urbanaparks.org. For evening sports programs, this line will be updated after 4:30pm on weekdays and one hour before the scheduled program or sports on the weekend. All other updates will be made as conditions change.

Planning a birthday party?

Reserve your Brookens Gym rental at least two weeks in advance by completing an application and making a full payment. A \$100 deposit is due at time of request. There is a two-hour minimum on rentals. Call 217-255-8601 for information.

VOLUNTEER COACHES NEEDED

Adult volunteers coach our youth sports programs such as basketball and soccer. Without our volunteer coaches, we do not have leaders for your player's team. As a volunteer, you will spend 3-4 total hours per week leading practices through drills and skill building exercises and coaching games (that you go to already). Training resources are provided for each sport including discussions on skills, strategies, and policies. We can even match you with another adult and you can co-coach. Adults interested in helping should call 217-255-8601, or fill out a Volunteer Application online at www.urbanaparks.org.

1776 East Washington, Urbana

Green/Grey

Questions: 217-255-8601

Rent Brookens Gym **WEEKDAYS**

(8am-3pm*) for ONLY \$25/hour

*Call 217-255-8601 to check availability



Dog Park

A park especially for dogs
Open daily from sunrise to sunset

The Urbana Park District Dog Park allows dogs to run off-leash and is open daily from sunrise to sunset. For security of all members, do not visit the park after dark. The 10 acres feature a shaded area and plenty of open meadow for running. This park provides a fun place for your dog to romp with other dogs and for you to meet other dog owners.

MEMBERSHIPS

Available on a yearly basis from the date of purchase at the Phillips Recreation Center:
505 W. Stoughton, Urbana.

Yearly Fees

One Dog \$46R/\$69NR
Each Additional Dog: \$6R/9NR
Gate Entry Fob: \$10 each

Monthly Trial Visitor Passes

Visitors may purchase a monthly trial/visitor pass for \$10 plus the \$10 fob fee. If in that month you wish to purchase a year-long membership, your trial pass fee will be applied toward your annual membership fee. All visitors must follow all rules and membership requirements.

Register in Person or by Mail

1. Complete a registration form in person or visit www.urbanaparks.org/parks/dog-park-perkins-rd-site/Read the rules. Include your email address.
2. Proof of vaccination from your vet is required. Provide a copy of your dog's current vet records showing proof of distemper and rabies vaccinations. Your vet may fax these documents to 217-367-1592 or email them to info@urbanaparks.org
3. Payment:
 - In person: Pay by cash, check or credit card.
 - By mail: Include check with your registration form.
 - By phone: Staff will call you for your credit card information once they have received the completed registration form and vet records.
 - *DO NOT email your credit card information*
4. Membership includes a fob to open the electronic gate at the Urbana Dog Park entrance. It can be mailed to you if you register by phone or mail, or stop by the Phillips Recreation Center to pick it up. The fob is active through the duration of your membership. ***The Urbana Park District is not responsible for fobs lost through the mail.***
5. Only active members have working fobs. Do not open the gate for others. If your fob does not work, call 217-367-1544.

Two Memberships for the Price of One!

The Champaign Park District operates the Bark Park on the corner of Windsor and Rising Roads. The two park districts have an agreement that allows members to purchase a gate fob for the other dog park for just \$10. Members must show a copy of their membership receipt to the other park district to register for the additional dog park access. Rules for both parks are the same.

📍 1501 East Perkins Road, Urbana

🚌 Gold

📞 Questions: 217-344-9583



The Lake House in Crystal Lake Park



The Lake House is perfect for birthdays, anniversaries, retirement parties, bridal and baby showers, rehearsal dinners, family reunions, small weddings, graduation parties, and receptions. Bright track lighting plus open Wi-Fi make the room even more suited for corporate trainings, meetings, and retreats as well. It offers a beautiful view of Crystal Lake with easy access to pavilions, playgrounds, and boating in the park. The climate-controlled room can seat 50 people or accommodate up to 80 people with the inclusion of the patio. Rental requests should be made at least two weeks in advance. Add a special touch to a wedding or reunion by booking a group boat rental. You'll get a discount when you plan ahead!

Stay Connected! Like us on Facebook (facebook.com/UPDLakehouse)

- 📍 206 West Park, Urbana
- 🚌 Orange/Gold/Gray
- ☎ Rental Information: 217-367-1544
- ☎ Boating Information: 217-328-1069

July 24-Aug 6: Th-Su 12-7pm
Aug 12-Sept 4: Sa-Su 12-7pm
(open Labor Day)

Skiing and Sledding

Crystal Lake Park is a great location for winter activities when the weather permits. Cannonball Hill is perfect for cool, steep sledding fun. The hill lights are on until 9pm. Cross country skiers enjoy the brisk weather while skiing the park's trails.

Ice skating is no longer allowed on Crystal Lake. The lake acts as a drainage basin for Crystal Lake Park and the surrounding neighborhood and is continually receiving new water all winter. This means there is no guarantee that the lake will freeze evenly to a depth of six inches. Call our Planning and Operations office at 217-344-9583 if you have questions.

Boating and Concessions

Stop by the Lake House in Crystal Lake Park to rent a paddle boat, canoe or kayak and discover the Crystal Lake. The Lake House will close when weather conditions make boating unsafe. Call 217-328-1069 for updated information.

2023 Boat Rental Fees

Kayaks	\$10/half-hour or \$12/hour
Canoes	\$10/half-hour or \$12/hour
2-person Paddle Boats	\$11/half-hour or \$14/hour
3-person Paddle Boats	\$12/half-hour or \$15/hour
4-person Paddle Boats	\$13/half-hour or \$16/hour

We accept all major credit cards, cash or check (with valid ID) as payment. Fees include Coast Guard-approved life jackets with sizes ranging from infant to adult. An adult must accompany anyone under 16. A valid driver's license or major credit card is required as a deposit on all rentals.

Group Boat Rentals

Save up to **25%** on regular boat rental prices when you book your group boat rental at least two weeks in advance! Increase the quality of your Lake House party, pavilion rental, scout troop function, family reunion or any other gathering in the park. Call the Phillips Recreation Center at 217-367-1544 to arrange your group boat rental today!



Facility Rental Fees

M-Th	\$55/hr (seats 50) \$70/hr with patio (seats 80)
F-Su	\$65/hr (seats 50) \$80/hr with patio (seats 80)
Lakeside Deck	\$50 flat fee (seats 75 with chairs you supply)
Extras	LCD Projector \$20 TV/DVD \$10

Included in Every Rental: use of a prep kitchen (no stove or oven) with counter space, small microwave, sink, ice machine, refrigerator and freezer. Easel, portable screen and podium are also available at no extra charge.

All rentals require a \$100 deposit. Additional permits and/or fees are required to serve beer and wine at your event or if you are charging an entry fee to the public. Please make all requests at least two weeks in advance. Requests made less than two weeks in advance pay additional charges.

The Perfect Wedding Spot!

The Lake House is a fantastic location for an intimate wedding or other celebration. Call Janet at 367-1544 to talk about set-up options and accommodations for a larger party. Quite often, groups rent additional tables and chairs to complement our indoor set-up for an outdoor ceremony. We'd be glad to help plan your day!

Plan Your Next Meeting, Company Training, or Retreat with Us

The Lake House offers a unique and relaxing setting that your staff and your budget will appreciate. \$45 or \$55/hour - includes access to all the Lake House features. Call Janet at 367-1544 to see if your meeting qualifies for our seminar rate.



Phillips Recreation Center



Stop by the Urbana Park District's recreation office and community center. This public facility has three multi-purpose rooms with Sport Court flooring, a dance and fitness studio, and a gorgeous demonstration kitchen. Experience the variety of exciting classes, programs, and activities for all ages. The Phillips Center is the place to sign up for programs, rent a picnic pavilion, or get your pool pass photo taken. We look forward to helping you enjoy all that the district has to offer!

 505 West Stoughton, Urbana

 Gold/Silver/Green

 Questions: 217-367-1544

Office Hours:

May 27-Sept 4: M-Th 8am-6pm | F 8am-5pm

Beginning Sept 5:

M-Th 8am-6pm | F 8am-5pm | Sa 8am-12pm

Closure Dates:

September 2-4, November 10-11,

November 23-26, December 16-January 1

Room Rental

When rooms are not in use for programs, they are available to rent. Rooms can accommodate up to 120 people, depending on room arrangement and needs. Rental rates range from \$60 to \$170 an hour, depending on how many rooms are rented. Each room is just over 660 square feet. Talk with Heather Britsky at 217-367-1544 about room setup and availability. Rentals are unavailable during closure dates and between May 1-September 10.

James Room Kitchen

The demonstration kitchen at the Phillips Recreation Center features:

- double ovens
- two refrigerators
- small ice machine
- 6 adjustable tables
- 5 counter-height chairs
- island with stove top
- microwave
- dishwasher
- 12 chairs

The kitchen can be added to a multi-purpose room rental or be rented alone. Renters will be given a brief orientation at the start of their kitchen use and a building attendant will walk through the kitchen's condition before and after the rental. In addition to renting the kitchen, we hope you and your family take advantage of our various cooking classes. See page 38 for classes in the James Room Kitchen!



Dance/Fitness Studio

Our 2,000 square foot, newly refinished, wood-sprung dance floor is easy on the joints when you dance or exercise with us. The Phillips Recreation Center is known for a non-intimidating atmosphere and welcoming instructors, so exercising here is convenient and comfortable. A wide variety of classes fits many schedules. Don't miss our flexible fitness option: buy a 10-punch card and attend class when you can – they never expire! See page 46 for group fitness, water exercise, or yoga punch card prices and pages 39-41 for dance classes.





UIAC

URBANA INDOOR AQUATIC CENTER



The Urbana Park District and the Urbana School District have agreed to a new, four-year contract to operate Urbana Indoor Aquatic Center (UIAC). The school district owns the pool and the park district operates the pool. The pact runs from May 1, 2023 to April 30, 2027.

Both the park district and school district are pleased to continue this unique, over 20-year partnership that brings indoor aquatics to Urbana and the surrounding community. Both the school district and the park district are committed to provide the community with high-quality programs for years to come.

The USD and the UPD negotiating team worked collaboratively to identify cost-effective ways to provide the highest level of programming at the UIAC, while helping to reduce staffing, operating and capital costs over the term of the new agreement. The pool will close during the summer to all programs and activities while Crystal Lake Park Family Aquatic Center (the outdoor pool) is open.

📍 102 E. Michigan, Urbana

🚌 Green/Grey/Bronze

📞 Questions: 217-384-7665

✓ Register: 217-367-1544

The park district is pleased to offer popular aquatics programs for the entire community to enjoy. During the fall and winter, UIAC will offer open swim during the school district's Fall, Winter, and Spring Breaks. The park district will rent the pool out for private parties on Saturdays and Sundays. The park district will continue to offer swimming lessons, water aerobics classes and lap swim on a regular basis.

HOURS AND INFORMATION

Lap swim times are for individuals age 15 and up who wish to swim for exercise. Attend Urbana Park District water exercise classes by registering and paying for a specific program or by using a water flexi punch pass. Open swim times are available during USD 116 fall and winter breaks. You may enter by paying a daily admission fee or by using your membership pass.

Private rentals are a great way to utilize the facility for birthday parties, company parties, or just family and friend get-togethers. These times are available on Saturday and Sundays. Lifeguards are provided. The Urbana Indoor Aquatic Center is also home to the Urbana Park District swim lesson program and diving lessons. Local swim team practices and meets, special events, and private rentals are also held here. The Urbana Park District is proud and grateful to have access to such a wonderful facility.

Pool Features

- Well-trained guards
- Zero-depth recreational pool equipped with water geysers, dinosaur slide, and rain drop umbrella toy
- Drop slide and flume slide
- 25-meter x 25-yard competition pool
- 1-meter diving board
- Locker rooms and family changing area
- Party room

Lap Swim Etiquette

Children under 15 are not allowed in the pool during lap swim times. Circle swimming will be enforced when there are more than two swimmers in a lane. Early morning activities from 6-8am include lap swim, water aerobics and occasional swim team practice.

PUBLIC HOURS:

Hours are subject to change. Look for postings on the Urbana Indoor Aquatic Center outer doors. Refunds and/or credits are not given for closures of any kind.

Fall Hours: **September 5-December 19**

Days	Time	Type of Swim
M-F	6-8am	Lap Swim & Water Exercise Classes
	11am-1pm	Lap Swim
Sa/Su	Closed	

Fall Break Hours: **October 16-20**

Days	Time	Type of Swim
M-F	6-8am	Lap Swim & Water Exercise Classes
	11am-1pm	Lap Swim
	1:30-5pm	Public Swim*
Sa/Su	Closed	

*Closed Tuesday, October 17

Winter Break Hours: **Dec 20-Jan 3**

Days	Time	Type of Swim
M-F	6-8am	Lap Swim & Water Exercise Classes
	11am-1pm	Lap Swim
	1:30-5pm	Public Swim
Sa/Su	Closed	

Closure Dates

Closed all day - No public activities

- November 23 - Thanksgiving Day
- December 25 - Christmas Day
- January 1 - New Year's Day

CRYSTAL LAKE PARK FAMILY AQUATIC CENTER MEMBERSHIP - BLACK FRIDAY SALE

November 24-27

Type	Resident	Non-Resident
Individual	\$80	\$120
Family of 2-3	\$155	\$233
Family of 4	\$182	\$273
Family of 5	\$209	\$314
Add Family Members	\$27	\$41
Senior	\$62	\$93



Entrance Fees

- \$3** Non-Swimmers wishing to supervise swimmers (must be 15 or older)
- \$6** Swimmers
- \$5** Per person group rate of 5+ people

Youth up through age 10 must be accompanied by a paying supervisor age 15 or older any time they visit UIAC. This is for the safety and enjoyment of all pool visitors. Children age 11 and up may attend the facility without a supervisor.

Lap Swim Punch Cards

Lap Swim punch cards are a great way to get a discount on your exercise routine without committing to a membership yet! Try out the Urbana Indoor Aquatic Center. Or give one to family or friends from out of town. Take advantage of this alternative that saves you money.

- 5-Visit Punch Card **\$25**
- 10-Visit Punch Card **\$50**

Memberships

Purchase a membership at either the Urbana Indoor Aquatic Center or the Phillips Recreation Center. (Membership cannot be put on hold due to vacations or extended absences.)

Resident (UPD/USD #116)	Monthly*	3 months	6 months
Youth Ages (Up to Age 17)	\$30	\$75	\$127
Adult Ages (18+)	\$35	\$86	\$152
Family of 2-4	\$47	\$115	\$191
Additional Family Member	\$8	\$15	\$30

Nonresident	Monthly*	3 months	6 months
Youth Ages (Up to Age 17)	\$36	\$90	\$150
Adult Ages (18+)	\$42	\$105	\$179
Family of 2-4	\$56	\$138	\$225
Additional Family Member	\$8	\$15	\$30

*Monthly memberships are reoccurring and will be automatically charged per month

Family Memberships

A family includes anyone residing in the same household. Proof of residency must be provided. Children under age 4 do not require a pass.



SPECIAL EVENTS



Noche de Lotería

Domingo, 17 de septiembre, de 2 a 4 pm | Centro Recreativo Phillips
Para todas las edades

Celebra el Mes de la Herencia Hispana y la Semana de Bienvenida con una Noche de Lotería con el Distrito de Parques de Urbana y el Departamento Multilingüe Urbana 116. ¡Disfruta de juegos de Lotería, premios, bocadillos y mucho más! Este evento es gratuito y se llevará a cabo en español.

Celebrate Hispanic Heritage Month and Welcoming Week at a Loteria Night. This event is free and will be held in Español.

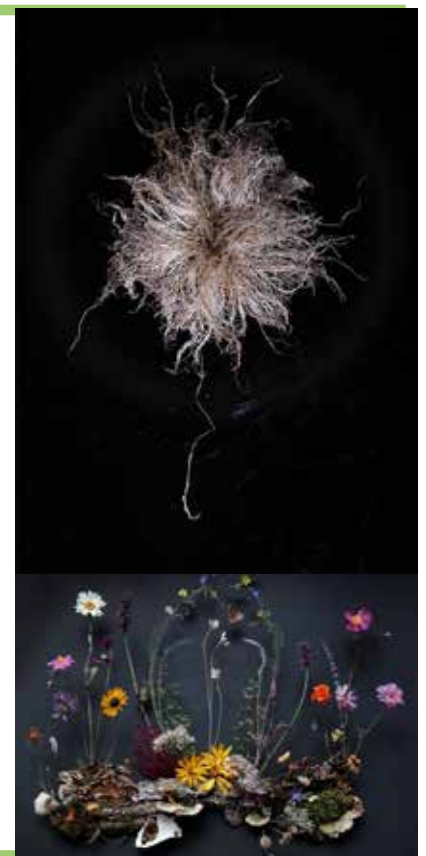


Art at Anita Purves Nature Center Capturing C-U in a Collaborative Collage: A Natural Portrait from Foraged Finds

FREE! Opening Reception: Saturday, September 23, 1-3pm
Show Dates: September 9-December 15 | Anita Purves Nature Center

Cris Hughes—the artist of Secret Gardens CU—collects, organically preserves, and composes each forged item in her natural botanical portraits, creating an intersection of seasonality and ecosystems. Cris is creating a macro, 3-D botanical collage made from community-sourced and donated objects. A digital map of stories from the contributing folks will be available at the show.

Cris is partnering with Julia Pollack, the creator and curator of the Art of Science program at the Carl R. Woese Institute for Genomic Biology (IGB) at UIUC. Julia's work utilizes microscopy and artistic enhancement to generate digital prints of the science done at the IGB. Together, we intend to continue bringing the community of Urbana-Champaign new interactive and creative opportunities and help them experience the connective tissues of science, art, and story.



Free! 19th Annual Meadowbrook Park Jazz Walk

Friday, September 15 from 5-7pm | Meadowbrook Park
(Rain date September 16)

Meadowbrook's Wandell Sculpture Garden is a picturesque location for the most original jazz event in town! Join us for live, local jazz music during this sunset event brought to you by the **Urbana Park District, Clark-Lindsey, and the Urbana Parks Foundation**. A selection of jazz soloists and small combos will be scattered along the paths of Meadowbrook Park; you can listen to as many as you like as you walk at your own pace through the Garden. Parking is available at the Race Street entrance with overflow parking thanks to Stone Creek Church on the corner of Race Street and Windsor Road. Stop by our information table to make a donation towards the musicians. Call the Park District Rainout Line for postponement information: 217-367-9575.



WANDELL SCULPTURE GARDEN
WSG
25th
ANNIVERSARY

Rededication of the Wandell Sculpture Garden

Meadowbrook Interpretive Center
Race Street entrance

September 15, 2023

PROGRAM

3:30-4:15pm Social with Refreshments
4:15pm Rededication and Remarks
5pm Jazz Walk Begins



FREE! Sunset & Sculptures: An Evening Yoga Experience in Meadowbrook Park

Sunday, September 24, 5:30-7:00pm | Meet at Garden Pavilion | Age 15+

Art, wellness, and nature combine to enhance your yoga experience with views of the Wandell Sculpture Garden at sunset in Meadowbrook Park. Check-in for this program will take place at the Garden Pavilion at the Race Street entrance. Participants will enjoy a short guided walk along the paved path within the park to the 'Timpone Ornamental Tree Grove' where the yoga practice will take place. Yoga mats are available to borrow while supplies last. Urbana Park District staff will guide participants back to the Garden Pavilion at the end of the yoga practice.



FREE! Take A Child Outside Week

September 22-29 is **Take a Child Outside Week!**



Join the national effort to reconnect children with nature. Check out great ways to get outdoors throughout the park district! All programs are free! Just look for this symbol in the guide. See page 55 for program details.



Date	Event	Time
Friday, Sep 22	Outdoor Movie Night: "The Bad Guys" at Anita Purves Nature Center	6:45-8:30pm
Saturday, Sep 23	Nature Play Kids - STEM with Sticks	1-3pm
	Rain Date: Outdoor Movie Night	6:45-8:30pm
Sunday Sep 24	Texture Trek at Meadowbrook Park	1-2:30pm
Tuesday, Sep 26	Connecting You to Nature Walk in Busey Woods	5:30-6:30pm
Wednesday, Sep 27	Blair Park Bubble Bonanza	4:30-6pm
Thursday, Sep 28	Full Moon Hike*	6:45-8:15pm
Friday, Sep 29	Kids Go Fishing*	4-6pm

*Registration required; call 217-384-4062.



FREE! The Great Pumpkin Hunt

All Ages | Whole month of October
Follow us on Facebook @
[urbanaparkdistrict](#)

Are you ready to solve clues to find pumpkins all over Champaign-Urbana? We've teamed up once again with Champaign Park District to hide pumpkins in the parks throughout October. Get your detective gear ready and see how many you can find! Collect as many tiny pumpkins as you can to win great prizes! Be sure to snap a picture and share your discoveries with us on our Facebook and Instagram accounts using #CUpumpkinhunt.

CLIMATE ACTION WEEK 2023



October 1-8 | Crystal Lake Park

This week will be full of engaging opportunities to learn about climate change causes and effects, local impacts, and how to be part of the solution! There will be programs and workshops throughout the week, ending with a celebration at Crystal Lake Park that will feature live music, guided hikes and more!

Main Event: Sat, Oct 7, 1-4pm

Rain Date: Sun, Oct 8, 1-4pm

Follow the Urbana Park District on social media or check www.urbanaparks.org for updates and a full schedule of events.

This event is brought to you in partnership with the Champaign County Climate Coalition (C4). For more information, contact Savannah at sydonovan@urbanaparks.org or 217-384-4062.



FREE! S'mores Social and Stroll

Sunday, October 8: South Ridge Park, 3-5pm

Sunday, November 12: Blair Park, 3-5pm

Sunday, December 10: King Park, 3-5pm

Our popular S'mores Social and Strolls are hitting the road! Join your fellow park lovers in these fun, self-guided autumnal strolls through some of our neighborhood parks with loop paths. Walk at your own pace with friends and then convene for s'mores over a fire and hot chocolate. Enjoy the outdoors with fresh air and nature views. Let us know by 12pm on Saturday that you're coming by calling 217-367-1544.

Donations will be accepted to cover the cost of chocolatey treats. Call the Park District Rainout line for severe weather cancellation information: 217-367-9575.

FREE! SUGAR SKULLS WORKSHOP

Sunday, October 15, 5-6:30pm | Phillips Recreation Center | All Ages

All are welcome to join us and La Casa Cultural Latina from UIUC as we decorate and learn about the significance of sugar skulls! Sugar skulls are just part of the traditions of Dia de los Muertos, a cultural celebration to honor and commune with those who have passed on. As we prepare for Dia de los Muertos on campus on November 1, we will be decorating traditional and modern sugar skulls while learning about different Day of the Dead celebrations all over the world.



Student Affairs

UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN



FREE! Halloween FunFest

Wednesday, October 25, 5-8 pm

Marketplace Mall, Champaign

Ages 2-11 with an adult

FunFest has returned! Join the Urbana and Champaign Park Districts and celebrate with fun carnival games, trick-or-treating and a costume contest. This safe indoor Halloween alternative would not be possible without help from many generous and dedicated local organizations and clubs. Registration is not required. If your civic club or service group would like to help by running a carnival game, call the Champaign Park District at 217-398-2550. Don't miss it!



56TH ANNUAL TURKEY TROT

Thursday, November 23, 2023
CHECK-IN: 8am | RACE START: 9am
Lake House in Crystal Lake Park
All Ages, FREE!

Join the Urbana Park District for a Thanksgiving morning tradition. Turkey Trot is a one-mile fun run/walk that is a great way to get some exercise before you sit down for dinner. Free hot chocolate is provided. The first 800 participants across the finish line receive a ribbon. Stay after the run for a prize raffle.

Souvenir shirts will be available for purchase at the Phillips Recreation Center from October 30 through 12pm on November 22. Shirts will be available for purchase at the event as well.

This year we'll again put the "give" in Thanksgiving by taking donations for the Urbana Park District Scholarship Fund. Your donation will help the park district offer reduced-price summer camp opportunities for children in need next year.

Parking is available at the special event lot on Broadway Ave. Call the Urbana Park District Rainout Line for postponement information: 217-367-9575.

2024 BEST IN SHOW PHOTOGRAPHIC PRINT COMPETITION

February 10-25 | Lincoln Square, Urbana | All Ages

Early Bird entry fee: \$5 for first print and \$3 each for the next four

- *Deadline: Wednesday, January 24 at 6pm*

Regular entry fee: \$10 for first print and \$3 each for the next four

- *Deadline: Wednesday, January 31 at 6pm*

The Urbana Park District and Champaign County Camera Club are proud to announce their 23rd annual competition at Lincoln Square next February. This is a great opportunity for amateur photographers to have their photos publicly exhibited and professionally judged. There is a five-piece limit, and all prints must be mounted on foamcore.

For information on categories, eligibility and matting requirements see our website at www.urbanaparks.org or pick up a Best in Show brochure and entry form at the Phillips Recreation Center, Lincoln Square, or the News-Gazette. Call Janet at 217-367-1544 for more information.

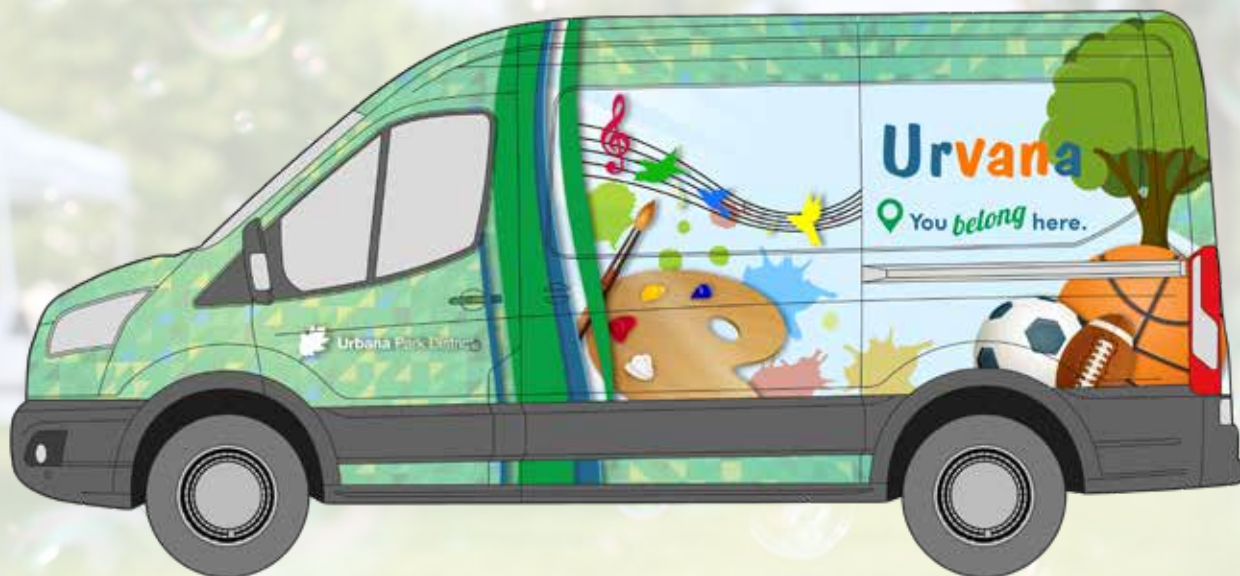
Exhibition will now be on display for two weeks! Photos will be up from February 10 at 12pm through February 25 at 12pm.

February 25: All photos must be picked up between 2-4pm.



BE ON THE LOOKOUT FOR URVANA!

Urvana Mobile Recreation Unit bringing more fun and activities to a neighborhood near you!



Follow Urvana on social media!



Urvana Mobile Recreation Unit



@upd_ urvana

FREE PROGRAMS & EVENTS

SEPTEMBER

*Pre-registration required

Event	Day	Date	Time	Age	Location	Page
Free Fitness Week	Mon-Fri	Aug 28-Sep 1	Any	Ages 15+	Various	47
<i>FRESH</i> Crew Teen Nature Workday	Sat	Sep 2	2-4pm	Grades 6-12	MP	42, 54
Sunday Morning Bird Walks	Sun	Sep 3	7:30-9am	All Ages	APNC	56
Toddler Art Play Group	Thu	Sep 7	9-11am	Ages 1-4	PRC	43
Rules of the Road*	Thu	Sep 7	10am-12pm	Age 50+	PRC	35
Dance It UP!	Thu	Sep 7	6-7:30pm	Age 14+	PRC	50
Sunday Morning Bird Walks	Sun	Sep 10	7:30-9am	All Ages	APNC	56
Injury Screening w/ Athletico	Mon	Sep 11	12:30-2pm	Age 15+	PRC	53
Dance It UP!	Thu	Sep 14	6-7:30pm	Age 14+	PRC	50
Meadowbrook Jazz Walk & Wandell Sculpture Garden Rededication	Fri	Sep 15	5:30-7:30pm	All Ages	MP	18
Sunday Morning Bird Walks	Sun	Sep 17	7:30-9am	All Ages	APNC	56
Noche de Loteria	Sun	Sep 17	2-4pm	All Ages	PRC	17
Toddler Art Play Group	Thu	Sep 21	9-11am	Ages 1-4	PRC	43
Aging Mastery Series*	Thu	Sep 21	2:30-4pm	Age 50+	PRC	34
Chord Theory for Ukulele*	Thu	Sep 21	5:30-6:30pm	Age 18+	PRC	39
Dance It UP!	Thu	Sep 21	6-7:30pm	Age 14+	PRC	50
Outdoor Movie Night: The Bad Guys	Fri	Sep 22	6:45-8:30pm	All Ages	APNC	19, 55
Art Show Opening Reception	Sat	Sep 23	1-3pm	All Ages	APNC	17
Nature Play Kids: STEM with Sticks	Sat	Sep 23	1-3pm	All Ages	APNC	19, 55
Sunday Morning Bird Walks	Sun	Sep 24	7:30-9am	All Ages	APNC	56
Texture Trek	Sun	Sep 24	1-2:30pm	Age 5+	MP	19, 55
Sunset & Sculptures Yoga	Sun	Sep 24	5:30-7pm	Age 15+	MP	19, 55
Connecting You to Nature Walk	Tues	Sep 26	5:30-6:30pm	All Ages	APNC	19, 55
Blair Park Bubble Bonanza	Wed	Sep 27	4:30-6pm	All Ages	BP	19, 55
Dance It UP!	Thu	Sep 28	6-7:30pm	Age 14+	PRC	50
Full Moon Hike*	Thu	Sep 28	6:45-8:15pm	All Ages	APNC	19, 55
<i>FRESH</i> Teen Hangout Zone	Fri	Sep 29	3:30-6pm	Grades 6-12	PRC	42
Kids Go Fishing*	Fri	Sep 29	4-6pm	All Ages	LH	19, 55
Sunday Morning Bird Walks	Sun	Sep 30	7:30-9am	All Ages	APNC	56
PRIDE Nature Hike*	Sat	Sep 30	9:30-11am	All Ages	APNC	56

OCTOBER

Event	Day	Date	Time	Age	Location	Page
Great Pumpkin Hunt	Any	Oct 1-31	Any	All Ages	Various	20
Sunday Morning Bird Walks	Sun	Oct 1	7:30-9am	All Ages	APNC	56
More than a Book Club*	Tue	Oct 3	6-7:15pm	Age 15+	APNC	52
Toddler Art Play Group	Thu	Oct 5	9-11am	Ages 1-4	PRC	43
Dance It UP!	Thu	Oct 5	6-7:30pm	Age 14+	PRC	50
Climate Action Day	Sat	Oct 7	1-4pm	All Ages	CLP	20
<i>FRESH</i> Crew Teen Nature Workday	Sat	Oct 7	2-4pm	Grades 6-12	PRWP	42, 54
Sunday Morning Bird Walks	Sun	Oct 8	7:30-9am	All Ages	APNC	56
S'mores Social and Stroll	Sun	Oct 8	3-5pm	All Ages	SRP	21, 53
More than a Book Club*	Tue	Oct 10	6-7:15pm	Age 15+	UFL	52
Dance It UP!	Thu	Oct 12	6-7:30pm	Age 14+	PRC	50

Community
Environmental
Fitness/Wellness/Outreach

APNC	Anita Purves Nature Center
BP	Blair Park
BW	Busey Woods

FREE PROGRAMS & EVENTS

OCTOBER (CONTINUED)

*Pre-registration required

Event	Day	Date	Time	Age	Location	Page
Sunday Morning Bird Walks	Sun	Oct 15	7:30-9am	All Ages	APNC	56
Dance It UP!	Thu	Oct 12	6-7:30pm	Age 14+	PRC	50
Sunday Morning Bird Walks	Sun	Oct 15	7:30-9am	All Ages	APNC	56
Sugar Skulls Workshop	Sun	Oct 15	5-6:30pm	All Ages	PRC	21, 39
Injury Screening w/ Athletico	Mon	Oct 16	12:30-2pm	Age 15+	PRC	53
More than a Book Club*	Tue	Oct 17	6-7:15pm	Age 15+	PRC	52
Toddler Art Play Group	Thu	Oct 19	9-11am	Ages 1-4	PRC	43
Dance It UP!	Thu	Oct 19	6-7:30pm	Age 14+	PRC	50
Composting Methods & Practices	Sat	Oct 21	10-12pm	Age 15+	APNC	56
Sunday Morning Bird Walks	Sun	Oct 22	7:30-9am	All Ages	APNC	56
Halloween FunFest	Wed	Oct 25	5-8pm	Ages 2-11	MM	22
Financial Workshop – Mortgages	Thu	Oct 26	5:30-6:30pm	Age 15+	PRC	53
Dance It UP!	Thu	Oct 26	6-7:30pm	Age 14+	PRC	50
FRESH Teen Hangout Zone	Fri	Oct 27	3:30-6pm	Grades 6-12	PRC	42
Sunday Morning Bird Walks	Sun	Oct 29	7:30-9am	All Ages	APNC	56

NOVEMBER

Event	Day	Date	Time	Age	Location	Page
Toddler Art Play Group	Thu	Nov 2	9-11am	Ages 1-4	PRC	43
Dance It UP!	Thu	Nov 2	6-7:30pm	Age 14+	PRC	50
America Recycles Day	Sat	Nov 4	10am-12pm	All Ages	APNC	57
FRESH Crew Teen Nature Workday	Sat	Nov 4	2-4pm	Grades 6-12	BW	42, 54
Dance It UP!	Thu	Nov 9	6-7:30pm	Age 14+	PRC	50
S'mores Social and Stroll	Sun	Nov 12	3-5pm	All Ages	BP	21, 53
Stressbusters for Caregivers*	Tue	Nov 14	2:30-4pm	Age 18+	PRC	35
Toddler Art Play Group	Thu	Nov 16	9-11am	Ages 1-4	PRC	43
Dance It UP!	Thu	Nov 16	6-7:30pm	Age 14+	PRC	50
FRESH Teen Hangout Zone	Fri	Nov 17	3:30-6pm	Grades 6-12	PRC	42
Injury Screening w/ Athletico	Mon	Nov 20	12:30-2pm	Age 15+	PRC	53
Turkey Trot	Thu	Nov 23	8am: Check-in 9am: Race Start	All Ages	LH	23
Toddler Art Play Group	Thu	Nov 30	9-11am	Ages 1-4	PRC	43
Dance It UP!	Thu	Nov 30	6-7:30pm	Age 14+	PRC	50

DECEMBER

Event	Day	Date	Time	Age	Location	Page
FRESH Crew Teen Nature Workday	Sat	Dec 2	2-4pm	Grades 6-12	MP	42, 54
Rules of the Road*	Thu	Dec 7	10am-12pm	Age 50+	PRC	35
Dance It UP!	Thu	Dec 7	6-7:30pm	Age 14+	PRC	50
S'mores Social and Stroll	Sun	Dec 10	3-5pm	All Ages	KP	21, 53
Injury Screening w/ Athletico	Mon	Dec 11	12:30-2pm	Age 15+	PRC	53
Toddler Art Play Group	Thu	Dec 14	9-11am	Ages 1-4	PRC	43
Dance It UP!	Thu	Dec 14	6-7:30pm	Age 14+	PRC	50
FRESH Teen Hangout Zone	Fri	Dec 15	3:30-6pm	Grades 6-12	PRC	42
Winter Solstice Celebration	Thu	Dec 21	4-7pm	All Ages	APNC	57

CLP	Crystal Lake Park
KP	King Park
LH	Lake House at CLP

MM	Marketplace Mall, Champaign
MP	Meadowbrook Park
PRC	Phillips Recreation Center

PRWP	Perkins Road Wet Prairie
SRP	South Ridge Park
UFL	Urbana Free Library



BIRTHDAY PARTIES

Anita Purves Nature Center Parties

\$138 (1-15 children); \$5 each additional child
 \$100 refundable damage deposit due when booking

Celebrate a birthday at the nature center with a themed program! You will get a 2½ hour room rental including a 45-60 minute kids' program packed with games, activities, and sometimes a live animal. Following the program, use the room to open gifts and eat treats you bring. The birthday child will receive a gift certificate to the Nature Shop. To request a party, call 217-384-4062 at least three weeks before your desired party date.

Nature Birthday Party Themes

- Mud Kitchen Party (ages 4+)
- Creepy Crawly Bugs Party (ages 4+)
- Reptiles Party (ages 4+)
- Dino-mite Party (ages 4+)
- Owls Party (ages 5+)
- Nature Scavenger Hunt Party (ages 5+)
- Going Batty Party (ages 6+)
- Campfire Party (ages 9+)
- Custom Party
 (additional fees apply; 4-weeks' notice required)

Brookens Gym Rentals:

\$110/2 hours (\$45 per additional hour)
 \$250 deposit for scoreboard use
 All Ages

Use Urbana Park District athletic equipment and the gym for games and fun, and use adjacent space to serve treats you supply. Reserve your rental at least two weeks in advance by completing an application and making a full payment. \$100 damage deposit is due at time of request. Two-hour minimum on parties. Call 217-255-8601 for more information.

Urbana Indoor Aquatic Center Rentals

\$100 refundable damage deposit due at booking

Rent the Urbana Indoor Aquatic Center and have access to the pool(s), party area, and general use of the facility. Lifeguards will be provided.

For groups of more than 60, please speak with the Aquatics Coordinator at 217-384-7665.

Once you complete your paperwork and pay the deposit fee, the staff will review your request. Your party rental IS NOT APPROVED until confirmed by email or phone call from the Aquatics Coordinator.

# of Pools	Number of Guests	
	1-15	16-30
1	\$72/hr	\$110/hr
2	\$116/hr	\$154/hr



Phillips Recreation Center Parties

\$125 (Up to 8 children); *Add extra items or upgrade to a Complete Party for additional fees*

Request a date and select the theme. Extra items are available for additional fees, including piñatas, balloon bouquets, and adding an animal from the Anita Purves Nature Center. Request your party at least three weeks in advance by submitting an application to the Phillips Recreation Center. Party approval is subject to building and staff availability. Call the Community Program Coordinator at 217-367-1544 for additional information.

Parties are available Saturdays and Sundays from 1-3pm or 2-4pm.

Phillips Recreation Center Birthday Party Themes

- Pirate Party (Ages 6-8)
 - A Birthday to "Dye" For (Ages 8-15)
 - Ooze, Gooze, & Fun (Ages 6-10)
- Or create a Custom Party for an additional \$40*

Essentials Party

Includes Party Leaders, Activities, & Decorations	\$125 - Up to 8 Children
	\$185 - 9-16 Children

Complete Party

Includes Essential Party plus Cake, Ice Cream, Drinks, Tableware, & Goody Bags	\$185 - Up to 8 Children
	\$250 - 9-16 Children

VOLUNTEER OPPORTUNITIES

Become a Natural Area Site Steward

Want to help the environment in an active way? Email Matt Balk at mjbalk@urbanaparks.org with your favorite Urbana Park District natural area, and we can match you with a project. Year-round opportunities are available, from collecting observational data to removing nuisance plants and litter. No experience necessary.

Environmental Programs Volunteer

Hone your natural history knowledge and leadership skills, and make a difference to thousands of children who engage in environmental education programs each year. Share the excitement of teaching while exploring Busey Woods, Weaver Park, and Meadowbrook Park's Spomer Prairie.

Do you love being outdoors and want to share your passion for the environment? Join us as an environmental education volunteer! Help with school field trips, forest school, and other environmental special events. No experience required. For more information, call 217-384-4062



SPLASH Afterschool Leader or Supervisor

Paid positions also available

SPLASH stands for Students Playing and Learning After School Hours. To learn more about the SPLASH program, follow this link:

<https://usd116.org/grantbasedprograms/>

Responsibilities: Help students develop and strengthen academic, physical, and social skills by planning and running fun programs. Assist with the development of recreational and educational programs for children.

Time Commitment: Hours may vary. Monday through Thursday between 2:30 and 6pm

Skills Needed: An ability to work with groups of children. Will be responsible for arriving on site.

Getting Involved: To claim the position or for any questions, Contact the Phillips Recreation Center at 217-367-1544 or email info@urbanaparks.org

**Note: Applicants must pass a background check prior to volunteering for any SPLASH programs*

UrVANa Mobile Recreation Volunteer

UrVANa travels citywide to provide equipment and instructional activities for community events which include: arts and crafts, sport, environmental, wellness, and fitness activities.

Responsibilities: Setup and tear down of tables, chairs, and canopies for various events, supervise and play with children in various recreational settings, and report any accidents, incidents, or injuries immediately.

Time Commitment: Events are seven days a week at various times (often in the evening and on weekends). If this position is claimed, you will be contacted before any event with information on: date, time, details, and expectations.

Skills Needed: Must possess a genuine interest in working with children and the community, and must be enthusiastic, punctual, dependable, and compassionate.

Getting Involved: To claim the position or for any questions, call Ashley Dennis at 217-357-1544 or email amdennis@urbanaparks.org.

Note: Applicants must pass a background check prior to volunteering for any UrVANa event

Wednesday Workdays

10am-12pm each week

Locations vary. During these sessions you might plant trees or flowers, collect or scatter seed, remove nuisance plants, maintain trails, and pick up trash as needed.

Email Matt Balk at mjbalk@urbanaparks.org to join the e-mail list for location announcements.

Youth Sports Coach

For more information on you sports please visit pages 32-33 of this guide.

Responsibilities: Have Fun, teach teamwork and sportsmanship, improve the skill level of the players. Have FUN!!

Time Commitment: Late August through early October. 3 hours per week with practices from 5:30-6:30pm Monday and Wednesday OR Tuesday and Thursday. Games will be on weekday evenings in place of 1 practice starting on week 3.

Skills Needed: We have practice plans and materials for all age groups. Do not need to know all of the rules to Coach.

Getting Involved: To claim the position or for any questions, please contact Joe Manning at 217-255-8601 or email jamanning@urbanaparks.org



Aquatic Programs

Urbana Park District Swim Lessons

Early registration is encouraged. A waitlist may be started for programs that fill quickly. Fall swim lessons take place at the Urbana Indoor Aquatic Center.

Multiple Student Discount: Enroll more than one child in swim lessons and receive a \$5 discount for each additional child. Can only be applied in person or over the phone.

Toddler & Me Swim Lessons

Children are introduced to the water with games and songs. They will work on jumping in, splashing, and being comfortable floating on front and back.

According to Illinois Health Code, all children wearing diapers must also wear plastic pants over them or wear "a swim diaper." This is to help prevent the spread of infectious disease through fecal accidents. Swim diapers are available for \$1 at the entrance.

How do I know where to place my child for swim lessons?

During the first class of each session, instructors and coordinators will evaluate the child's swim skills and place them in the appropriate level.

6-18 Months

**EB Cost: \$34R/\$51NR | Regular Cost: \$43R/\$65NR
EB Cost: \$40R/\$60NR | Regular Cost: \$49R/\$74NR*

Day	Date	Time	No Class	Makeup Date	EB Deadline	Reg Deadline	Code
MW	Sep 6-27	5:30-6pm	N/A	Sept 8	Aug 23	Aug 30	402
MW	Nov 6-29*	5:30-6pm	Nov 22	N/A	Oct 23	Oct 30	403
TuTh	Oct 3-31	5:30-6pm	Oct 12, 17, and 19	Oct 13 and 27	Sept 19	Sept 26	404
Sat	Sept 9-Nov 11	9-9:30am	Oct 7, 21, 28; Nov 4	N/A	Aug 25	Sept 1	405

8-36 Months

**EB Cost: \$34R/\$51NR | Regular Cost: \$43R/\$65NR
EB Cost: \$40R/\$60NR | Regular Cost: \$49R/\$74NR*

Day	Date	Time	No Class	Makeup Date	EB Deadline	Reg Deadline	Code
MW	Oct 2-Nov 1	5:30-6pm	Oct 16 and 18	N/A	Sept 18	Sept 25	407
TuTh	Sept 7-30	5:30-6pm	Sept 12 and 21	Sept 15, 22, and 29	Aug 24	Aug 31	408
TuTh	Nov 7-30*	5:30-6pm	Nov 23	N/A	Oct 24	Oct 31	409
Sat	Sept 9-Nov 11	9:30-10am	Oct 7, 21, 28; Nov 4	N/A	Aug 25	Sept 1	410

- **EB** - Early Bird; An early registration deadline with a discounted fee
- **R** - Resident; Individuals living within the boundaries of the Urbana and Champaign Park Districts
- **NR** - Nonresident; Individuals living outside the boundaries of the Urbana and Champaign Park Districts

**EB Cost: \$34R/\$51NR | Regular Cost: \$43R/\$65NR
EB Cost: \$40R/\$60NR | Regular Cost: \$49R/\$74NR*

Beginner Swim Lessons

These lessons are designed to introduce swimmers to the water. They will work on being comfortable in the water through play and skills, and learn lead up swimming skills such as front and back floats, kicking, arm movements, and blowing bubbles.

Day	Date	Time	No Class	Makeup Date	EB Deadline	Reg Deadline	Code
MW	Sept 6-27	4-4:30pm	N/A	Sept 8	Aug 23	Aug 30	412
		5-5:30pm					413
MW	Oct 2-Nov 1	4-4:30pm	Oct 16 and 18	N/A	Sep 18	Sep 25	414
		5-5:30pm					415
MW	Nov 6-29*	4-4:30pm	Nov 22	N/A	Oct 23	Oct 30	416
		5-5:30pm					417
M-Th	Dec 4-14	4-4:30pm	Dec 5	Dec 8	Nov 20	Nov 27	418
		5-5:30pm					419
TuTh	Sept 7-28	4-4:30pm	Sept 12 and 21	Sept 15, 22, 29	Aug 24	Aug 31	420
		5-5:30pm					421
TuTh	Oct 3-Nov 2	4-4:30pm	Oct 12, 17, 19	Oct 13	Sep 19	Sep 26	422
		5-5:30pm					423
TuTh	Nov 7-30*	4-4:30pm	Nov 23	N/A	Oct 24	Oct 30	424
		5-5:30pm					425
Sat	Sep 9-Nov 11	10-10:30 am	Oct 7, 21, 28; Nov 4	N/A	Aug 25	Sep 1	426
		11-11:30am					427

**EB Cost: \$42R/\$63NR | Regular Cost: \$53R/\$80NR
EB Cost: \$49R/\$74NR | Regular Cost: \$61R/\$92NR*

Intermediate Swim Lessons

Children will work on side breathing and diving. They will learn the arm movements and kicks for breaststroke and butterfly strokes, work on their endurance for all 4 strokes, and work on being able to swim longer distances.

Day	Date	Time	No Class	Makeup Date	EB Deadline	Reg Deadline	Code
MW	Sept 6-27	4-4:45pm	N/A	Sept 8	Aug 23	Aug 30	429
		5-5:45pm					430
MW	Oct 2-Nov 1	4-4:45pm	Oct 16 and 18	N/A	Sep 18	Sep 25	431
		5-5:45pm					432
MW	Nov 6-29*	4-4:45pm	Nov 22	N/A	Oct 23	Oct 30	433
		5-5:45pm					434
M-Th	Dec 4-14	4-4:45pm	Dec 5	Dec 8	Nov 20	Nov 27	435
		5-5:45pm					436
TuTh	Sept 7-28	4-4:45pm	Sept 12 and 21	Sept 15, 22, 29	Aug 24	Aug 31	437
		5-5:45pm					438
TuTh	Oct 3-Nov 2	4-4:45pm	Oct 12, 17, 19	Oct 13	Sep 19	Sep 26	439
		5-5:45pm					440
TuTh	Nov 7-30*	10-10:45am	Nov 23	N/A	Oct 24	Oct 30	441
		11-11:45am					442
Sat	Sep 9-Nov 11	10-10:45am	Oct 7, 21, 28; Nov 4	N/A	Aug 25	Sep 1	443
		11-11:45am					444



Indoor Deep Water Aerobics

Monday, Wednesday, Friday
 Urbana Indoor Aquatic Center
 Age 15+

This class is a deep-water workout suitable for all ages and levels of fitness that will challenge both the cardiovascular and muscular systems. Combining aerobic conditioning (and calorie burning!) with strength training, muscular endurance and flexibility, this class is a great way to get fit and toned while having fun! Typical workouts include swimming, water walking, water jogging and invigorating non-impact deep-water exercises in the deep end of the pool. Basic swimming skills are needed. Exercise equipment is provided. **No class Sep 4, Nov 10 & 24**

MWF 6-6:50am

Date	EB Cost	Deadline	Cost	Deadline	Code
Sep 6-Oct 20	\$64R/\$96NR	Aug 23	\$80R/\$120NR	Sep 6	732
Oct 23-Dec 15	\$71R/\$107NR	Oct 9	\$89R/\$134NR	Oct 23	733
Dec 18-Dec 22	\$10R/\$15NR	Dec 4	\$13R/\$20NR	Dec 18	734

MWF 7-7:50am

Date	EB Cost	Deadline	Cost	Deadline	Code
Sep 6-Oct 20	\$64R/\$96NR	Aug 23	\$80R/\$120NR	Sep 6	736
Oct 23-Dec 15	\$71R/\$107NR	Oct 9	\$89R/\$134NR	Oct 23	737
Dec 18-Dec 22	\$10R/\$15NR	Dec 4	\$13R/\$20NR	Dec 18	738

MWF 11:30am-12:20pm

Date	EB Cost	Deadline	Cost	Deadline	Code
Sep 6-Oct 20	\$64R/\$96NR	Aug 23	\$80R/\$120NR	Sep 6	740
Oct 23-Dec 15	\$71R/\$107NR	Oct 9	\$89R/\$134NR	Oct 23	741
Dec 18-Dec 22	\$10R/\$15NR	Dec 4	\$13R/\$20NR	Dec 18	742

MW 6-6:50pm

Date	EB Cost	Deadline	Cost	Deadline	Code
Sep 6-Oct 18	\$42R/\$63NR	Aug 23	\$53R/\$80NR	Sep 6	744
Oct 23-Dec 13	\$51R/\$77NR	Oct 9	\$64R/\$96NR	Oct 23	745
Dec 18-Dec 20	\$6R/\$9NR	Dec 4	\$8R/\$12NR	Dec 18	746

Basic Water Exercise

Tuesday, Thursday, 6-6:50am or 6-6:50pm
 Urbana Indoor Aquatic Center
 Age 15+

Try this fun way to burn fat, tone your muscles and keep your heart healthy. Sample aerobic moves, water walking, water strengthening and much more. This invigorating exercise routine takes place in shallow water. **No class Nov 23. No PM class Sep 5 & 21, Oct 12 & 17**

TTh 6-6:50am

Date	EB Cost	Deadline	Cost	Deadline	Code
Sep 5-Oct 19	\$47R/\$71NR	Aug 22	\$59R/\$89NR	Sep 5	706
Oct 24-Dec 14	\$51R/\$77NR	Oct 10	\$64R/\$96NR	Oct 24	707
Dec 19-Dec 21	\$7R/\$11NR	Dec 5	\$9R/\$14NR	Dec 19	708

TTh 6-6:50pm

Date	EB Cost	Deadline	Cost	Deadline	Code
Sep 7-Oct 19	\$34R/\$51NR	Aug 22	\$43R/\$65NR	Sep 7	710
Oct 24-Dec 14	\$51R/\$77NR	Oct 10	\$64R/\$96NR	Oct 24	711
Dec 19-Dec 21	\$7R/\$11NR	Dec 5	\$9R/\$14NR	Dec 19	712



Private & Semi-Private Swim Lessons

Urbana Indoor Aquatic Center | All Ages
 4 Lessons/30 Minutes Each

Private and Semi-private lessons provide very individualized instruction for anyone at any age. These lessons help the student become more confident in their swimming skills. We also recommend these lessons for anyone who wishes to perfect their strokes or for those who need a little extra attention before rejoining group lessons. Please call 217-384-7665 to register. Private and semi-private lessons require at least 24 hours advanced notice of cancellation or no credit will be given. Contact a shift manager at 217-384-7665 if you need to cancel. If 24 hours advance notice is not given, you will forfeit that lesson.

# of Students	Cost
1 Student	\$70R/\$105NR
2 Students	\$90R/\$135NR
3 Students	\$110R/\$165NR

Private Coaching

Urbana Indoor Aquatic Center | All ages

These 30 Minute Lessons at Urbana Indoor Aquatic Center are focused, one-on-one training with area elite swim instructors. Turn your weaknesses into strengths, improve your skills, and gain confidence. Cost is per lesson. Please contact the Shift Manager on duty at 217-384-7665 with questions or to request a coach. No online registration. Private coaching lessons require at least 24 hours advanced notice of cancellation or no credit will be given. Contact a shift manager at 217-384-7665 if you need to cancel. If 24 hours advance notice is not given, you will forfeit that lesson.

# of Students	Cost
1 Student	\$25R/\$38NR
2 Student	\$30R/\$45NR
3 Students	\$35R/\$53NR

Beginner Adult Learn to Swim Classes *EB Cost: \$40R/\$60NR | Regular Cost: \$49R/\$74NR*

Beginner swim lessons are for adults who want to build confidence or overcome a fear. Once you're comfortable in the water, you will learn front and back floats, and well as beginning swim strokes.

Day	Date	Time	No Class	Makeup Date	EB Deadline	Reg Deadline	Code
Sat	Sep 9-Nov 11	9-10am	Oct 7, 21, 28; Nov 4	N/A	Aug 25	Sep 1	463

Intermediate Adult Learn to Swim Classes *EB Cost: \$49R/\$74NR | Regular Cost: \$61R/\$92NR*

Intermediate swim lessons for adults who want to make progress in the four basic strokes. Classwork on endurance, distance, and technique.

Day	Date	Time	No Class	Makeup Date	EB Deadline	Reg Deadline	Code
Sat	Sep 9-Nov 11	8-9am	Oct 7, 21, 28; Nov 4	N/A	Aug 25	Sep 1	464

**EB Cost: \$42R/\$63NR | Regular Cost: \$53R/\$80NR*

EB Cost: \$49R/\$74NR | Regular Cost: \$61R/\$92NR

Swim Team Conditioning

Calling all swim teamers, advanced lesson swimmers! This is a year-round conditioning program for those who want to stay on top of their game during the off season or advance in their competitive stroke skills. This program includes coaching and personal instruction, swimming, drills, endurance training and more. It's a great workout for those on a summer swim team, or a way to discover if swim team is for you.

Day	Date	Time	No Class	Makeup Date	EB Deadline	Reg Deadline	Code
MW	Sept 6-27	4-4:45pm	N/A	Sept 8	Aug 23	Aug 30	446
		5-5:45pm					447
MW	Oct 2-Nov 1	4-4:45pm	Oct 16 and 18	N/A	Sep 18	Sep 25	448
		5-5:45pm					449
MW	Nov 6-29	4-4:45pm	Nov 22	N/A	Oct 23	Oct 30	450
		5-5:45pm					451
M-Th	Dec 4-14	4-4:45pm	Dec 5	Dec 8	Nov 20	Nov 27	452
		5-5:45pm					453
TuTh	Sept 7-28	4-4:45pm	Sept 12 and 21	Sept 15, 22, 29	Aug 24	Aug 31	454
		5-5:45pm					455
TuTh	Oct 3-Nov 2	4-4:45pm	Oct 12, 17, 19	Oct 13	Sep 19	Sep 26	456
		5-5:45pm					457
TuTh	Nov 7-30	4-4:35pm	Nov 23	N/A	Oct 24	Oct 31	458
		5-5:45pm					459
Sat	Sep 9-Nov 11	10-10:45am	Oct 7, 21, 28 and Nov 4	N/A	Aug 25	Sept 1	460
		11-11:45am					461

Swim Clinic

Saturdays, 8-9:30am | Ages 13+

This program is for those who can swim 25 yards consistently. All of the coaches leading this program have had extensive experience in the field. They all want to help you improve your stroke and performance in the water. This is not a "learn to swim" clinic. Competitive swimming technique, including starts, turns, streamlining, "wall work", etc will be taught. Triathlon/long distance swimmers will also benefit from this clinic by becoming more efficient and faster. **Register early, this class fills fast!**

Date	Cost	Deadline	Code
Sep 9-Dec 16	\$86R/\$129NR	Sep 2	462
No class Oct 7, 21, & 28; Nov 4, 18, 25, & 28; Dec 2			

Top Tier Stroke Clinic

Sunday, September 10 | Ages 5-16

Top Tier Stroke clinic will be ran by University of Illinois student-athletes. The first 30 minutes of the clinic will be stroke work in small groups. Participants will be grouped by age and swimming ability with the instruction ranging from water safety for less experienced swimmers up to detailed stroke mechanics for swimmers who have been in the water for a few years. The last 15 minutes will consist of a game with all participants coming together to finish up with some fun! Information about the Top Tier program will be handed out at the clinic for those interested.

Session	EB Cost	Cost	Code
1: 1-4:45pm	\$16R/\$24NR Aug 27	\$20R/\$30NR Sep 3	475
2: 2-2:45pm			476





Athletic Programs

Athletic Programs

Fall Wood Bat Baseball League

Sundays, September 10-October 15
 1pm or 4:30pm double header
 Prairie Park Baseball Field & other area fields
 Grades 9-12

Keep your skills sharp and continue the baseball season into the fall with our wood bat baseball league. Volunteer coaches will manage the teams. All games are doubleheaders and are played on Sundays at Prairie Baseball Field or fields in the surrounding area. Teams play 12 games. Bats and jerseys are provided. **NOTE:** Please be sure to indicate the name of the high school you attend when registering.

EB Cost	Deadline	Cost	Deadline	Code
\$99R/\$111NR	Aug 25	\$123R/\$135NR	Sept 1	523

Beginning Archery

September, 5:30-6:45pm
 • Monday, Sep. 18
 • Thursday, Sep. 21
 • Monday, Sep. 25
 • Thursday, Sep 28
 Judge Webber Park | Ages 6+

Learn archery basics from members of the East Central Illinois Archers. Participants receive instruction in 3D shooting and target shooting. The class ends with a tournament.

EB Cost	Deadline	Cost	Deadline	Code
\$26R/\$38NR	Sep 8	\$32R/\$44NR	Sep 15	571

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- **R** - Resident; Individuals living within the boundaries of the Urbana and Champaign Park Districts
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Co-Recreational Indoor Soccer

Grades 1-6: Saturdays, Oct 14-Nov 18
 Grades 7-12: Wednesdays, Oct 18-Nov 29
 Brookens Gym

Catch up or keep up with the fundamentals. Kids learn skills through drills and play cross-court or full-court with indoor balls and goals. New and returning players can benefit from this program as they sharpen their skills and work as a team. Meet at Brookens Gym. Classes may be condensed and times are subject to change depending upon enrollment. Jerseys: This program uses the blue and gold jerseys from the outdoor soccer program. If your child has outgrown his or her jersey or has not participated before, a jersey can be purchased at the Phillips Recreation Center for \$16.

No class: Nov 22

EB Cost	Deadline	Cost	Deadline
\$26R/\$38NR	Sep 30	\$32R/\$44NR	Oct 7

Grade	Time	Code
Grades 1-2	9-9:55am	501
Grades 3-4	10-11:25am	502
Grades 5-6	11:30am-12:55pm	503
Grades 7-8	6-7:25pm	504
Grades 9-12	7:30-8:55pm	505



Youth Basketball

Practices: Weekday Evenings,
Urbana Schools / Brookens Gym

- January 22-March 14

Games: Saturdays, Brookens Gym
& Leonard Rec Center

- February 3-March 16

Grades 3-8

Practices are weekday evenings at the coaches' convenience between 4:00-8:45 pm at Urbana elementary schools and Brookens Gym.

Teams are guaranteed one practice per week, but typically have 2. For Junior Boys and Junior Girls, please sign up for your first choice of practice site. Depending upon enrollment, teams may be combined. For all other levels, practice site is determined after assessment. A coach will contact you to let you know your team and first practice time. Practice begins the week of January 23.

If the schools are closed for any reason, practice will likely be canceled. **Jersey Fee \$16 - Players can purchase their Jersey at Brookens Gym.**

MANDATORY Skills Assessment for 5th-8th Grade: Saturday, January 6 at 11am, Brookens Gym. All 5th-8th grade participants MUST attend the skill assessment. Coaching and/or carpool requests will NOT be considered for those who fail to participate in the assessment.

EB Cost Deadline	Cost Deadline
\$42R/\$54NR Dec 29	\$52R/\$64NR Jan 5

Grade	Practice Site	Code
Junior Boys (Grades 3 & 4)	Dr. Williams	551
	King	552
	Leal	553
	Thomas Paine	554
	Wiley	555
	Yankee Ridge	556
Junior Girls (Grades 3 & 4)	Dr. Williams	557
	King	558
	Leal	559
	Thomas Paine	560
	Wiley	561
	Yankee Ridge	562
Intermediate Boys (Grades 5 & 6)	Assigned after assessment	563
Intermediate Girls (Grades 5 & 6)	Assigned after assessment	564
Middle School Boys (Grades 7 & 8)	Assigned after assessment	565
Middle School Girls (Grades 7 & 8)	Assigned after assessment	566

Hoopster's Co-Recreational Basketball

Saturdays, January 13-February 24

- Grade 1 - 8-8:50am

- Grade 2 - 9-9:50am

Brookens Gym

First and second graders will love this exciting, instructional program for little hands and big expectations. With a smaller ball and shorter basket, your hoopster will have a blast! Depending on # of participants age groups may combine. If combined, the program will run at 9:00am.

Grade	EB Cost Deadline	Cost Deadline	Code
1	\$31R/\$43NR Dec 30	\$38R/\$50NR Jan 6	568
2	\$31R/\$43NR Dec 30	\$38R/\$50NR Jan 6	569

Youth Basketball: Pre-Season Shooters

Saturdays, October 14-November 18

- Grade 3-4 Boys & Girls - 2:30-3:55pm

- Grade 5-6 Boys & Girls - 4-5:30pm

Brookens Gym

Keep your skills sharp and get an early start on the basketball season by learning the fundamentals, including dribbling, passing, defense, and shooting. Each session has 45 minutes of instruction followed by scrimmages. Classes may be combined based on enrollment.

Grade	EB Cost Deadline	Cost Deadline	Code
3-4 Boys	\$29R/\$41NR Sep 30	\$36R/\$48NR Oct 7	507
3-4 Girls	\$29R/\$41NR Sep 30	\$36R/\$48NR Oct 7	508
5-6 Boys	\$29R/\$41NR Sep 30	\$36R/\$48NR Oct 7	509
5-6 Girls	\$29R/\$41NR Sep 30	\$36R/\$48NR Oct 7	510

Open Gym Basketball

Sundays, October 15-April 28th

Brookens Gym, \$1/person at the door

Ages 5-14: 1-3pm

Age 15+: 3-5pm

Bring a photo ID. Brookens Gym is open Sunday afternoons for open gym basketball. Parents are welcome to attend the youth session. Children under 11 must be accompanied by someone 15 or older. All Urbana Park District rules and regulations must be followed. See page 34 for participant behavior code. Open gym may be canceled on occasion for special events. When Open Gym will be canceled, signs will be posted at Brookens Gym no less than one week prior to the cancellation. **No open gym Nov 27, Dec 24, or Dec 31.**

Open Gym Volleyball

Fridays, September 15-May 3, 5:30-8:30pm
Brookens Gym, \$1/person at the door
Age 15+

Bring a photo ID, your enthusiasm, and equipment to Brookens Gym on Friday evenings for some volleyball action! Practice for your upcoming game with your team, or just come out solo and join others with the same love of the game in a casual atmosphere. Open gym may be canceled occasionally for special events. When Open Gym will be canceled, signs will be posted on the park district website and at Brookens Gym no less than one week prior to the cancellation. **No open gym Nov 10, 24; Dec 22, 29**



Open Gym Pickleball

Monday-Friday, August 14-May 31, 9-12pm
Brookens Gym, \$1/person at the door
Age 15+

Bring a photo ID. New Players are welcome! Open gyms may be canceled occasionally for activities. Notices will be on the Athletics page at urbanaparks.org, and signs will be posted at Brookens Gym no less than one week prior to cancellation. **No Open Gym Nov 10, 23, 24 or Dec 25**

Corecreational Volleyball League

Mondays, September 11-November 27
Age 15+ | Brookens Gym

Set and spike your way to victory! Get your team together for a 10-game round robin regular season. The winning team will get a trophy and bragging rights. Games are played Monday evenings starting at 6pm. If we have an odd number of teams the season may be extended to get every team their allotted 10 games prior to the tournament. The season ends with a single elimination, first-round consolation tournament. Teams must submit a completed roster and full payment with registration. There is no online registration for this league. Please register for this activity in person or at 217-367-1544.

Mandatory Managers Meeting:
Wednesday, Sep. 6, 6pm, Brookens Gym

EB Cost Deadline	Cost Deadline	Code
\$175/team Aug 28	\$215/team Sept 5	511

Fall Co-Rec Kickball

Thursdays, August 31-October 19, 6:15-10:30pm
Fields in Urbana | Age 15+

Our kickball league is fun and laid back, but we still like to compete. Get a team of at least four men and four women together for a six-game round-robin schedule. We end the season with a single elimination tournament. Athleticism is optional! Teams must submit a complete roster and full payment at registration.

Mandatory Managers Meeting:
Thursday, August 24, 5:30pm at Brookens Gym

EB Cost Deadline	Cost Deadline	Code
\$153/team Aug 17	\$191/team Aug 24	512

Urbana Park District Adult Sports Code of Conduct

Participants are expected to follow all Urbana Park District rules, regulations, and this code of conduct. The following code of conduct has been developed to ensure that all participants exhibit appropriate behavior at all times. All athletic programs are intended to provide a safe and fun recreational environment for the participants.

All teams and individuals must show respect to other participants, officials and staff members, including volunteers. Respect all the equipment and the facilities/fields.

- Follow all Urbana Park District program rules and regulations.
- The use of abusive or foul language is not permitted.
- Any unnecessary physical contact towards another player, staff, coach, official, or spectator is not allowed. This also includes verbal threats/abuse.
- Participants should refrain from participation in unlawful activities.

The Urbana Park District reserves the right to suspend or remove a participant or team from a program for a violation of the code of conduct and no refunds will be given. Each situation will be evaluated on its own merit.



Community Programs

AGE-FRIENDLY (50 & BETTER) PROGRAMS

FREE! Rules of the Road

Thursday, September 7 & December 7, 10am-12pm
 Phillips Recreation Center
 Age 50+

This free review of Illinois traffic laws and signs, held in cooperation with the Illinois Secretary of State's Office, allows experienced drivers to polish their skills and keep on top of changing traffic laws. **Registration for the class is required**, so please register online or call the Phillips Recreation Office at 217-367-1544.

Date	Deadline	Code
Thursday, September 7	September 6	891
Thursday December 7	September 5	892

FREE! Stressbusters Class for Caregivers

Tuesdays, November 14-January 16, 2:30-4pm
 Phillips Recreation Center
 Age 18+

For family care givers of persons with memory loss. Over the 10-week session we will go over ideas to help reduce the stress of caregiving. You will find support and ideas with others who have chosen to lovingly care for a family member with memory loss at-home. Registration for this opportunity is required. To Register please call the Phillips Recreation Center at 217-367-1544.

Deadline	Code
November 7	894

- **EB** - Early Bird; An early registration deadline with a discounted fee
- **R** - Resident; Individuals living within the boundaries of the Urbana and Champaign Park Districts
- **NR** - Nonresident; Individuals living outside the boundaries of the Urbana and Champaign Park Districts

FREE! Aging Mastery Series with CRIS Healthy Aging

Thursdays, September 21-November 16, 2:30-4pm
 Phillips Recreation Center
 Age 50+

This 9-week educational discussion program covers a wide variety of topics from getting better sleep to nutrition, advance planning and more! Classes meet once a week for 90 minutes and each topic will be presented by a guest speaker from the community. Registration for this opportunity is required. To register please call the Phillips Recreation Center at 217-367-1544.

Deadline	Code
September 14	893

FREE! Age-Friendly Office Hours and Technology Assistance

By Appointment Tuesdays and Thursdays, 2-3pm
 Phillips Recreation Center
 Age 50+

Come visit Jacob Johnston, Community Program and Engagement Coordinator, to learn about technology basics. This could include: learning and/or setting up a new smart phone, password management, taking, storing, and sharing photos, and much more! Jacob, along with some tech-savvy volunteers, will be providing technology education and troubleshooting, upon request.

No registration is required but appointments are! For more information or to schedule an appointment, call Jacob at 217-367-1544 email jrjohnston@urbanaparks.org or give him a at. Once Jacob has confirmed your appointment with you, be sure to bring your smartphone, tablet, or laptop and plenty of questions!

Community Programs



Urbana Park District Senior Club

Second Tuesday of each month, 12-2pm
Phillips Recreation Center
Age 50+

The Urbana Park District Senior Club gathers on the second Tuesday of every month at the Phillips Recreation Center for a meeting, potluck luncheon, and entertainment. All seniors, 50+, are welcome to join us for fun, fellowship, and a great meal. For more information about the Club or to become a member (\$17 resident of Urbana and Champaign Park Districts, \$20 nonresident), please give Jacob Johnston a call at 217-367-1544 or email jrjohnston@urbanaparks.org.

Senior Club Trips

This season, our Club will be going on some fabulous trips. If you'd like to stay up-to-date about Club Travel, please consider subscribing to our Lifelong Leisure newsletter. If you're interested in joining us or for questions, call Travel Chair Bobbi McEntire at 217-367-1849. Please call between 9am and 5pm Monday-Thursday or Saturday.

Join the "Urbana Park District Senior Club" Facebook Group!

If you've got a Facebook account, you can request to join our Facebook group.

Don't have a Facebook? No worries! Set up an appointment with Jacob, our Community Program and Engagement Coordinator for Facebook creation, education, and a complimentary privacy-settings screening to ensure your information remains as secure as possible. We use the page to post information about the club, its members, and important local stuff we think you ought to know, so be sure to check for updates frequently!

Here's how to join:

1. Log in to your Facebook account.
2. In the Facebook search bar (located at the top left of the screen), type "Urbana Park District Senior Club." The group's page will show up as the first result.
3. Click the +1 JOIN button!

A group administrator will approve your request (usually within hours) and then you may post and share information among the group!

Lifelong Leisure – Senior News

The Urbana Park District's free senior newsletter is your go-to source for senior activities in Urbana. The newsletter is the best way to stay up-to-date on all trips, events, and programs offered through the Park District and Senior Club. Call the Recreation Office at 217-367-1544 to get your name on the mailing list. **We also send the newsletter electronically. If you'd like to save paper and postage, join directly from or send an e-mail to Jacob at jrjohnston@urbanaparks.org**



Active Aging Week - October 2-3

Subscribe to our Lifelong Leisure newsletter or follow us on social media to read about our community's plans for Active Aging Week!



AGES 6-12 PROGRAMS

School's Out Day

September 25, 7:30am-5:30pm
Phillips Recreation Center
Ages 6-12

Celebrate the day out of school by exploring local sites, participating in group games, and experiencing new activities. All movies will be rated G or PG. Children will ride MTD buses to field trip locations. Please bring a lunch and beverage. We provide a snack.

Date	EB Cost	EB Deadline	Cost	Deadline	Code
Sep 25	\$39R/\$58NR	Sept 11	\$45R/\$67NR	Sept 18	854

Holiday Camp

7:30am-5:30pm during winter break
Lake House | Ages 6-12
EB Cost: \$39R/\$58NR
Cost: \$45R/\$67NR

Do something over break that you can't wait to tell your friends about! Join the fun leaders at the Urbana Park District on great trips to area attractions. You'll play fun games and make cool holiday crafts. All movies will be rated G or PG. Campers should bring a lunch and drink each day. We'll provide a snack. Camp meets at the Lake House in Crystal Lake Park.

Date	EB Deadline	Deadline	Code
Wednesday, Dec 20	Dec 6	Dec 13	842
Thursday, Dec 21	Dec 7	Dec 14	843
Friday, Dec 22	Dec 8	Dec 15	844
Wednesday, Dec 27	Dec 13	Dec 20	845
Thursday, Dec 28	Dec 14	Dec 21	846
Friday, Dec 29	Dec 15	Dec 22	847

FALLiday Camp

7:30am-5:30pm during fall break
Phillips Recreation Center | Ages 6-12
EB Cost: \$39R/\$58NR
Cost: \$45R/\$67NR

Do something over break that you can't wait to tell your friends about! Join the fun leaders at the Urbana Park District on great trips to area attractions. You'll play fun games and make cool seasonal crafts. All movies will be rated G or PG. Campers should bring a lunch and drink each day. We'll provide a snack.

Date	EB Deadline	Deadline	Code
Monday, Oct 16	Oct 2	Oct 9	849
Tuesday, Oct 17	Oct 3	Oct 10	850
Wednesday, Oct 18	Oct 4	Oct 11	851
Thursday, Oct 19	Oct 5	Oct 12	852
Friday, Oct 20	Oct 6	Oct 13	853



Safe@Home

November 18, 10-11:30am
Phillips Recreation Center
Grades 4-6

Safe@Home is ideal for kids who have expressed interest in assuming the responsibility of staying home alone. Participants learn how to practice safe habits, how to prevent unsafe situations, and what to do when faced with dangers such as power failures or weather emergencies. Students are also introduced to the Safe Sitter® First Aid Chart and learn a system to help them assess and respond to injuries and illnesses. The program is designed to prepare students for their first steps towards independence. Email Chelsea Prah at ckprahl@urbanaparks.org for more information.

Date	Cost	Deadline	Code
Nov 18	\$15	Nov 13	955



COOKING

Flavor Principles of Ethnic Cooking with Paul Young

Thursdays, 6-8pm | Phillips Recreation Center | Age 21+



Travel the world with self-taught home cook Paul Young as he deconstructs ethnic recipes and breaks down the flavor principles of each culinary tradition.

Students will have the opportunity to watch demos and/or participate in the preparation of our dinner party. Do come hungry and thirsty because the tuition includes a full two-course dinner with alcoholic beverage pairings during the second half of the class when we will be eating everything we cooked.

Students will leave each session with easy-to-follow recipes of all the dishes on the menu. These recipes have all been adapted for the typical home cook and contain many tips & tricks to help minimize your time in the kitchen while staying true to the spirit of the original ethnic flavors.

All menu items below will use locally-sourced ingredients but are subject to change based on availability of fresh ingredients at local markets.

Visit www.cooking-with-paul.com to learn more!

September 21: A Taste of Palestine

Malfouf (cabbage leaves stuffed with beef and rice), Fattoush Salad (with sumac vinaigrette), Namoura (semolina dessert), Mint tea

Palestinian food begins at home with recipes that evoke feelings of homesickness, happiness and nostalgia that have been passed down by generations. The cuisine is healthy, delicious and vibrant. Most of the dishes are simple, affordable and easy to make, others take more effort and time. Regardless of the simplicity or complexity of the dishes, they are made with love and care, and the flavors are always a treat to the palate. This session will be co-presented with Fairouz AbuGhazaleh, who will share her family recipes.

Oct 12: Czechian Classics

Mushroom Soup, Vepřové Koleno (Pork Knuckle in Dark Beer), Braised Red Cabbage, Smazeny Syr (fried cheese)

The Czech Republic (Czechia) is at the crossroads of Eastern and Western Europe, and its "Old Bohemian" cuisine reflects its storied historical influences. Hungarian imports include goulash and hearty soups, from neighboring Vienna comes schnitzels and other fried foods, and from Germany comes sauerkraut and other pickled things. Czechian cuisine is classic comfort food where fat is flavor, grease is good, and all meals are served with what many consider the best beer of the world — Pilsner Urquell.

November 2: Indonesian Cooking

Sayur Asem (sour soup), Sate Padang (West Sumatra beef stick), Pepes Ikan (fish in banana leaves), Nasi Goreng (fried rice)

From Bali to Java to Sumatra, Indonesia is a country of over 6,000 islands with a diverse cuisine that varies greatly from region to region. As one of the world's top producers of spices, Indonesians sometimes use up to a dozen herbs and spices in one recipe resulting in dishes that are intensely flavorful, complex, and often spicy. Top it all off with distinctive condiments like sambal (chili sauce) and kecap manis (sweet soy sauce) and you have a world-class cuisine that deserves to be in the spotlight more often.

Cuisine	Date	EB Cost	EB Deadline	Cost	Deadline	Code
A Taste of Palestine	Sep 21	\$45R/\$68NR	Sep 7	\$54R/\$81NR	Sep 14	801
Czechian Classics	Oct 12	\$55R/\$82NR	Sep 28	\$66R/\$99NR	Oct 5	802
Indonesian Cooking	Nov 2	\$50R/\$75NR	Oct 19	\$60R/\$90NR	Oct 26	803

Community Programs

Kids Cooking Club

Learn how to cook like a professional! In this hands-on class, kids really get a feel for working in the kitchen. All supplies will be included. Please contact the Phillips Recreation Center office staff at 217-367-1544 about any food allergies upon registration.

Phillips Recreation Center
Ages 9-14 | Cost: \$38R/\$57NR

Saturday, Sep 16, 11am-1pm
Deadline: Sep 9 | Code: 862

Saturday, Nov 18, 11am-1pm
Deadline: Nov 11 | Code: 863

HOLIDAY EVENTS

FREE! Sugar Skulls Workshop

Sunday, October 15, 5-6:30pm
Phillips Recreation Center
All Ages

All are welcome to join us and La Casa Cultural Latina from UIUC as we decorate and learn about the significance of sugar skulls! Sugar skulls are just part of the traditions of Dia de los Muertos, a cultural celebration to honor and commune with those who have passed on. As we prepare for Dia de los Muertos on campus on November 1, we will be decorating traditional and modern sugar skulls while learning about different Day of the Dead celebrations all over the world.

Candy House Creations

Saturday, December 2
Make your house anytime between 1-4pm
Phillips Recreation Center
All ages (under 15 w/adult)

Get into the spirit of the season with an afternoon of sugary fun. Create fabulous decorated houses from all sorts of goodies and treats we provide: graham crackers, cookies, candies, and frosting. Listen to holiday tunes while your sweet tooth builds its dream house. Best of all, we clean up the mess! Registered participants may drop in between 1-3pm.

EB Cost	EB Deadline	Cost	Deadline	Code
\$12*	Nov 21	\$17*	Nov 28	840

*price is per candy house

PERFORMING ARTS

FREE! Champaign-Urbana Ukulele Jam

Wednesdays, 6:30-8pm
Phillips Recreation Center
Age 18+

Our weekly ukulele jam is a great way to improve or maintain your skills and make lasting friendships. The group welcomes anyone regardless of age, instrument, or ability. We sit in a circle and take turns choosing songs to play as a group. Our group plays beginner-friendly music too so newer players are encouraged to attend. Loaner music stands and ukuleles may be available upon request. **No registration required, just come on by!**
No jam Nov 22, Dec 20 & 27

Join our private Facebook group (Champaign-Urbana Ukulele Jam) for weekly updates, and contact Jacob by email at jrjohnston@urbanaparks.org or at 217-367-1544 with any questions.

FREE! Chord Theory for Ukulele

Thursdays, September 21-October 12, 5:30-6:30pm
Phillips Recreation Center
Age 18+

This four-week class is intended for those who already play the ukulele but want a deeper understanding of how it all works. Students are expected to know: the names of each string on the ukulele and a handful of major and minor chords. All materials will be provided so students should only plan to bring their ukuleles and an open mind. **Registration is required.**

Session 1: Notes, Scales, and Intro to Chord Theory
Session 2: Chord Progressions and Inversions
Session 3: Constructing Scales and Keys
Session 4: Review and Practical Application

Deadline	Code
September 14	895

Improve Your Improv - Adult Improv Class

Tuesdays, 7:30-9pm | Phillips Recreation Center | Ages 21+

Do people tell you that you're funny and you should be on stage? Have you always wanted to try improvisational theater? Learn long-form improv with an experienced improv performer and teacher! In this class you will learn long form improv and even play short-form improv games that are all designed to assist you learning and performing the art of improv like you may see at Second City in Chicago. Novice, intermediate, and experienced performers are welcome to sign up. A student showcase performance will top off all the fun at the end of the season.

Date	Cost	Deadline	Code
Oct 17-Dec 5	\$50	Oct 10	839



International Folk Dancing

Mondays, 6-7pm
Phillips Recreation Center
All Ages

Folk dancing is fun and enjoyable. It is good exercise and relieves stress. We will be learning several dances from a variety of countries during the class. No experience or partner is needed. A brief history will be given of each dance we learn. The primary focus of the class is dancing, so please wear comfortable clothing and shoes.

Dates	EB Cost	Deadline	Cost	Deadline	Code
Sep 11-Oct 9	\$36R/\$54NR	Aug 28	\$45R/\$65NR	Sep 5	831

Teeny Ballereenies Dance with Me

Saturdays, 10:15-10:45am
Phillips Recreation Center
Age 2 with adult

Teeny Ballereenies Dance with Me is a fun place to enter the wonderful world of dance and movement. Be a part of the music and the movement of ballet with fun exercises perfect for adventurous and imaginative little ones. Adults participate along with the Ballereenies to give them the confidence and one-on-one support that they need. Children are free to wear any comfortable and moveable clothing and footwear. **No class Nov 11 & 25**

Dates	EB Cost	Deadline	Cost	Deadline	Code
Sep 9-Oct 14	\$40R/\$60NR	Aug 25	\$48R/\$72NR	Sep 1	821
Oct 21-Dec 9	\$40R/\$60NR	Oct 7	\$48R/\$72NR	Oct 14	822

Teeny Ballereenies

Saturdays
Phillips Recreation Center

- *Ages 3-4: 11-11:30am*
- *Ages 4-5: 9:15-10am*

Introduce your young dancer to the music and the movement of ballet with fun exercises perfect for little ones. Each session concludes with a demonstration of all that we've learned. You are welcome to quietly observe your child in class. Children are free to wear any comfortable and moveable clothing and footwear.

No class Nov 11 & 25

Dates	EB Cost	Deadline	Cost	Deadline	Code
Ages 3-4					
Sep 9-Oct 14	\$40R/\$60NR	Aug 25	\$48R/\$72NR	Sep 1	823
Oct 21-Dec 9	\$40R/\$60NR	Oct 7	\$48R/\$72NR	Oct 14	824
Ages 4-5					
Sep 9-Oct 14	\$40R/\$60NR	Aug 25	\$48R/\$72NR	Sep 1	825
Oct 21-Dec 9	\$40R/\$60NR	Oct 7	\$48R/\$72NR	Oct 14	826

Youth Beginning/Ballet 1

Saturdays, 1-1:50pm
Phillips Recreation Center | Ages 6-12

Young dancers will gain understanding of proper ballet techniques used in this invigorating class! Some children start at this level based on age and ability, but it is intended for students who have completed Teeny Ballereenies, Bigger Ballereenies, or the equivalent. These split sessions are perfect for busy schedules. Parents may observe the first and last class of each session. For all other meetings, please relax in the lobby. Children are free to wear any comfortable and moveable clothing and footwear. **No class Nov 11 & 25**

Dates	EB Cost	Deadline	Cost	Deadline	Code
Sep 9-Oct 14	\$40R/\$60NR	Aug 25	\$48R/\$72NR	Sep 1	829
Oct 21-Dec 9	\$40R/\$60NR	Oct 7	\$48R/\$72NR	Oct 14	830



Bigger Ballereenies

Saturdays, 12-12:45pm
Phillips Recreation Center
Ages 5-6

Introduce your young dancer to the music and the movement of ballet with fun exercises perfect for little ones. Young dancers will gain an understanding of proper ballet techniques to lay down the foundational work to progress beyond this class. Some children start at this level based on age and ability, but it is intended for students who have completed Teeny Ballereenies or the equivalent. Each session concludes with a demonstration of all that we've learned. You are welcome to quietly observe your child in class. Children are free to wear any comfortable and moveable clothing and footwear. **No class Nov 11 & 25**

Dates	EB Cost	Deadline	Cost	Deadline	Code
Sep 9-Oct 14	\$40R/\$60NR	Aug 25	\$48R/\$72NR	Sep 1	827
Oct 21-Dec 9	\$40R/\$60NR	Oct 7	\$48R/\$72NR	Oct 14	828

Adult Daytime Tap Class with Robin

Wednesdays, 1:30pm-2:20pm

Phillips Recreation Center

Age 16+

Want to improve your strength, balance and memory skills? You'll learn simple tap dance steps and short routines to wonderful music. Although a sense of rhythm helps, no previous dance experience is required, just an interest in having fun! Please note: For safety, it is important that you do not have challenges with knee or ankle joints, as this style requires frequent bending and straightening of the legs and flexing and pointing of the feet.

Dates	EB Cost	Deadline	Cost	Deadline	Code
Oct 18-Dec 6	\$67R/\$102NR	Oct 4	\$82R/\$122NR	Oct 11	835

Adult Beginning Tap Dance

Tuesdays, 7:30-8:25pm

Phillips Recreation Center

Age 16+

Want to learn a new skill? If you are a beginner dancer and want to try tap for the first time, this class is for you! Learn basic steps and rhythm, choreography, and style. You will be amazed how much fun you can have with tap. This class is intended for those who have 3 or less years of tap dance experience. **No class Nov 21**

Dates	EB Cost	Deadline	Cost	Deadline	Code
Sep 12-Dec 5	\$85R/\$125NR	Aug 29	\$100R/\$150NR	Sep 5	837

Adult Afternoon Tap Dance with Alicia

Mondays, 2:35-3:30pm

Phillips Recreation Center

Ages 16+

This fun class is designed to focus on multiple areas of tap dancing, including but not limited to: tap dancing without music, tap dance improvisation, and work on tap dance rhythm and combinations. This class is intended for the more advanced tap dancers. Tap dancers with at least three years in the Adult Intermediate/Advanced Tap Dance class, or equivalent tap experience, and consent of the instructor. **No class Sep 25 & Nov 20**

Dates	EB Cost	Deadline	Cost	Deadline	Code
Sep 11-Dec 11	\$85R/\$125NR	Aug 28	\$100R/\$150NR	Sep 4	836

Adult Intermediate/Advanced Tap

Tuesdays, 6-6:55pm

Phillips Recreation Center

Age 16+

This class expands on the techniques and rhythms taught in Adult Beginning Tap. It is for students with at least four semesters of tap experience.

No class Nov 21

Dates	EB Cost	Deadline	Cost	Deadline	Code
Sep 12-Dec 5	\$85R/\$125NR	Aug 29	\$100R/\$150NR	Sep 5	838



Swing Dance

Sundays | Phillips Recreation Center | Age 15+, no partner required

Jazz tunes got you tapping your toe? Learn swing dance moves and move from toe tapping to getting out on the dance floor! Swing dancing (including 'jitterbug', 'Charleston', and 'Lindy Hop') is a fun and energetic partner dance, appropriate for a wide range of music. "Beginner" classes are appropriate for everyone, including people with no dance experience. Beginning Swing A and B sessions will be different from each other, but all at the beginner level (anyone can take either class, or preferably both). "Continuing/Intermediate" classes are for those who have taken at least 1-2 beginner classes (or by instructor consent), and will cover more intricate patterns, and dance creativity. All sessions are different. No partner or special shoes required.

No class Nov 26

Session 1: September 10-October 15

Class & Time	Cost	Deadline	Code
Continuing/Intermediate 5:30-6:45pm	\$25R/\$35NR	Sep 22	859
Open Dance - 6:45-7:00pm			
Beginner A 7-8:15pm	\$25R/\$35NR	Sep 22	857
Open Dance - 8:15-8:30pm			

Session 2: October 22-December 10

Class & Time	Cost	Deadline	Code
Continuing/Intermediate 5:30-6:45pm	\$30R/\$40NR	Nov 3	860
Open Dance - 6:45-7:00pm			
Beginner B 7-8:15pm	\$30R/\$40NR	Nov 3	858
Open Dance - 8:15-8:30pm			

TEENS PROGRAMS



Safe Sitter® Course
 November 18, 9:30am-3:30pm
 Phillips Recreation Center
 Grades 6-8

Safe Sitter® is a one-day, nationally certified course designed for children ages 11 and up. Taught in a fun and interactive format, Safe Sitter® shows participants safe and nurturing childcare techniques, behavior management skills, and appropriate responses to medical emergencies. Class materials are included in the fee. Financial assistance is available.

Course content includes:

- Safety Skills: Indoor safety, outdoor safety, online safety, and personal safety
- Child Care Skills: Child development, behavior management, and childcare routines including diapering
- First Aid & Rescue Skills: Injury prevention, injury management, and choking rescue.
- Life & Business Skills: Screening jobs, setting fees, and greeting employers.

Cost	Deadline	Code
\$25	Nov 13	954

FRESH Teen Hangout Zone

Select Fridays, 3:30-6pm
 Phillips Recreation Center
 Grades 6-12

- September 29
- October 27
- November 17
- December 15

Urbana Park District is hosting FRESH Hangout Zones just for teens. All teens are welcome once a month to play games, listen to music, craft, or just socialize. Free Wi-Fi is available, and park district staff will offer activities such as PS5, PS4 and Nintendo Switch gaming, art supplies, board games and a make and take crafting station. Activities may vary based on what teens want to try! **Free snacks and refreshments provided!** For more information call the Phillips Recreation Center at 217-367-1544.

FRESH Crew Teen Nature Workdays

First Saturday of the month, 2-4pm, Grades 6-12

FRESH Crew is a nature work club for teens, grades 6 to 12. FRESH Crew meets monthly to remove invasive species, plant native plants, garden in community gardens, or harvest seeds. In addition, we host guest speakers, spend time in Urbana's natural areas.

All are welcome! FRESH Crew helps members build connections with nature and their community, make new friends, and learn about the natural world. This program also provides hands-on experience for students interested in working in nature, such as at a National Park, in a research lab, or on a restoration crew.

Participants must have a signed waiver by a guardian over the age of 18 - digital versions available by email. No prior registration or experience is required! Call 217-384-4062 or email Chelsea Prah at ckprahl@urbanaparks.org for more information.

Date	Time	Location
Sep 2	2-4 pm	Meadowbrook (Windsor lot)
Oct 7	2-4 pm	Perkins Road Wet Prairie
Nov 4	2-4 pm	Busey Woods
Dec 2	2-4 pm	Meadowbrook (Windsor lot)



VISUAL ARTS

Crochet 101 Craft Class

Mondays

Phillips Recreation Center | Ages 20+

Cost: \$60R/\$80NR

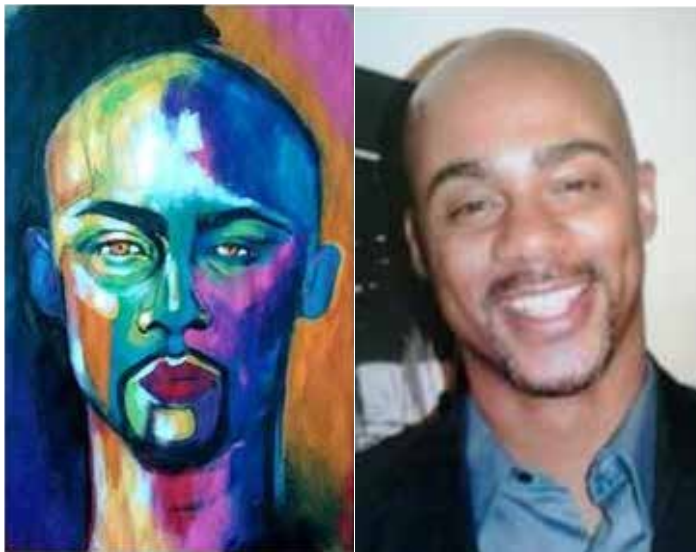
Learn how to hand-craft hats, handbags, and even sweaters! Want to be in on the latest fashion and make something unique? This is the class for you! Taught by professional artist Carmelita Acid-Hooks.

10-11:30am Sessions

Date	Deadline	Code
Sep 11-Oct 2	Sep 5	873
Oct 9-Oct 30	Oct 2	874
Nov 6-Nov 27	Oct 30	875

6-7:30pm Sessions

Date	Deadline	Code
Sep 11-Oct 2	Sep 5	876
Oct 9-Oct 30	Oct 2	877
Nov 6-Nov 27	Oct 30	878



Painting Acrylic Mastery

Tuesdays, 6-7:30pm

Phillips Recreation Center | Ages 17+

Cost: \$60R/\$80NR

Paint like Picasso! Do you want a unique piece of artwork that you can show off to your friends? Do you want a one-of-a-kind collectible that you created? Come create a Picasso-like self-portrait! Learn to master colorful portraiture with acrylics on canvas. Enjoy a nice, relaxing atmosphere of jazz and meditative music to ensure your focus on your masterpiece. Taught by professional artist Carmelita Acid-Hooks.

Date	Deadline	Code
Sep 12-Oct 3	Sep 5	865
Oct 10-Nov 7	Oct 3	866
Nov 14-Dec 5	Oct 31	867

Figure Drawing and Portraits from Live Models

Wednesdays, 6:30-7:30pm

Phillips Recreation Center | Ages 17+

Want to take a fun class and learn how to sketch like the Masters? Yes, you can! We will have you "flexing like a pro!" From this artistic discipline, you will be able to convey the illusion of 3-Dimensional figures through shapes, shadow, light, lines, and shading techniques. Taught by professional artist Carmelita Acid-Hooks.

Date	Deadline	Code
Sep 13 - Oct 4	Sep 6	869
Oct 11 - Nov 1	Oct 4	870
Nov 8 - Nov 29	Nov 1	871

FREE! Toddler Art Play Group

Select Thursdays, 9-11am

Phillips Recreation Center

Ages 1-4 accompanied by an adult

Meet other adults and toddlers in this class that can be used as an additional social opportunity for you and your children. Joining a playgroup can be an enriching way to give your child new experiences while making friends. This class will focus on creating/making different art projects each session, and the best part is, we clean up the mess! No registration required.

- September 7
- September 21
- October 5
- October 19
- November 2
- November 16
- November 30
- December 14

ZOOM LANGUAGE CLASSES

Zoom - French, Italian, & Spanish for All Ages! - Cost: \$70

Have you ever wanted to learn a foreign language, but never had the opportunity? Now is the time! Stay connected and learn from the safety and comfort of your own home via the interactive Zoom platform! Each class will be tailored to the needs of the students enrolled. Taught live by a Language in Action, Inc. instructor. Zoom login information will be emailed to participants before the first class. **No class Oct 9 or Nov 20 & 23**

I Speak Italian Jr. (Ages 3-6)

	Day	Time	Date	Deadline	Code
1	W	5-5:45pm	Sep 13-Oct 18	Sep 6	207
2	W	5-5:45pm	Oct 25-Nov 29	Oct 18	208
3	W	5-5:45pm	Dec 6-Jan 10	Nov 29	209

I Speak Spanish for Kids (Ages 3-6)

	Day	Time	Date	Deadline	Code
1-A	M	5-5:45pm	Sep 11-Oct 23	Sep 5	210
2-A	M	5-5:45pm	Oct 30-Dec 11	Oct 23	211
1-B	R	5-5:45pm	Sep 7-Oct 12	Aug 31	212
2-B	R	5-5:45pm	Oct 19-Nov 30	Oct 12	213
3-B	R	5-5:45pm	Dec 7-Jan 11	Nov 30	214

I Speak French for Kids (Ages 7-11)

	Day	Time	Date	Deadline	Code
1	M	5-5:45pm	Sep 11-Oct 23	Sep 4	222
2	M	5-5:45pm	Oct 30-Dec 11	Oct 23	223

I Speak Italian (Ages 7-11)

	Day	Time	Date	Deadline	Code
1	W	6-6:45pm	Sep 13-Oct 18	Sep 6	219
2	W	6-6:45pm	Oct 25-Nov 29	Oct 18	220
3	W	6-6:45pm	Dec 6-Jan 10	Nov 29	221

Youth Spanish for Kids (Ages 7-11)

	Day	Time	Date	Deadline	Code
1-A	M	5:30-6:15pm	Sep 11-Oct 23	Sep 5	224
2-A	M	5:30-6:15pm	Oct 30-Dec 11	Oct 23	225
1-B	R	6:15-7pm	Sep 7-Oct 12	Aug 31	226
2-B	R	6:15-7pm	Oct 19-Nov 30	Oct 12	227
3-B	R	6:15-7pm	Dec 7-Jan 11	Nov 30	228

Spanish for Grades 6-8

	Day	Time	Date	Deadline	Code
1	Tu	5:30-6:15pm	Sep 12-Oct 17	Sep 5	232
2	Tu	5:30-6:15pm	Oct 24-Nov 28	Oct 17	233
3	Tu	5:30-6:15pm	Dec 5-Jan 9	Nov 28	234

Spanish Classes for High School (9th-12th)

	Day	Time	Date	Deadline	Code
1	Tu	6:30-7:15pm	Sep 12-Oct 17	Sep 5	235
2	Tu	6:30-7:15pm	Oct 24-Nov 28	Oct 17	236
3	Tu	6:30-7:15pm	Dec 5-Jan 9	Nov 28	237

I Speak French for Adults (Ages 18+)

	Day	Time	Date	Deadline	Code
1	M	6-7pm	Sep 11-Oct 23	Sep 5	245
2	M	6-7pm	Oct 30-Dec 11	Oct 23	246

I Speak Italian (Ages 18+)

	Day	Time	Date	Deadline	Code
1	W	7-8pm	Sep 13-Oct 18	Sep 6	242
2	W	7-8pm	Oct 25-Nov 29	Oct 18	245
3	W	7-8pm	Dec 6-Jan 10	Nov 29	244

Spanish for Adults (Ages 18+)

	Day	Time	Date	Deadline	Code
1-A	Tu	10-11am	Sep 12-Oct 17	Sep 5	247
2-A	Tu	10-11am	Oct 24-Nov 28	Oct 17	248
3-A	Tu	10-11am	Dec 5-Jan 9	Nov 28	249
1-B	R	6-7pm	Sep 13-Oct 18	Sep 6	250
2-B	R	6-7pm	Oct 25-Nov 29	Oct 18	251
3-B	R	6-7pm	Dec 6-Jan 10	Nov 29	252





NEW! Zoom - ASL (American Sign Language) for All Ages! - Cost: \$70

Interested in learning the basics of American Sign Language or communicating with your young child through signing? Join us from the comfort and convenience of your living room as you learn to sign in a fun, interactive and lively environment. Each session covers new material. Taught live on the Zoom platform by a Language in Action, Inc. instructor. Zoom login information will be emailed to participants before the first class.

Learn to Sign - Kids (ages 7-11)

	Day	Time	Date	Deadline	Code
1	W	5:45-6:25pm	Sep 13-Oct 18	Sep 6	215
2	W	5:45-6:25pm	Oct 25-Nov 29	Oct 18	216
3	W	5:45-6:25pm	Dec 6-Jan 10	Nov 29	217

Mom/Dad and me! (ages 9mo-3years with adult) \$55

	Day	Time	Date	Deadline	Code
1	Tu	5-5:30pm	Sep 12-Oct 17	Sep 5	201
2	Tu	5-5:30pm	Oct 24-Nov 28	Oct 17	202
3	Tu	5-5:30pm	Dec 5-Jan 9	Nov 28	203

Learn to Sign - Kids (ages 12-18)

	Day	Time	Date	Deadline	Code
1	W	6-6:45pm	Sep 13-Oct 18	Sep 6	229
2	W	6-6:45pm	Oct 25-Nov 29	Oct 18	230
3	W	6-6:45pm	Dec 6-Jan 10	Nov 29	231

Mom/Dad and me! (ages 3-6 years with adult)

	Day	Time	Date	Deadline	Code
1	Tu	5:45-6:25pm	Sep 12-Oct 17	Sep 5	204
2	Tu	5:45-6:25pm	Oct 24-Nov 28	Oct 17	205
3	Tu	5:45-6:25pm	Dec 5-Jan 9	Nov 28	206

Learn to Sign - Adults (ages 18+)

	Day	Time	Date	Deadline	Code
1	W	7-8pm	Sep 13-Oct 18	Sep 6	239
2	W	7-8pm	Oct 25-Nov 29	Oct 18	240
3	W	7-8pm	Dec 6-Jan 10	Nov 29	241

NEW! Zoom - ESL (English as a Second Language) for Adults (Ages 18+) - Cost: \$70

Improve your English skills without leaving your home via the interactive Zoom platform! In this class you will learn conversational English, as well as some reading and writing skills that you can immediately begin using. The class will be tailored as much as possible to the needs of the students enrolled.

ESL for Adults (Ages 18+)

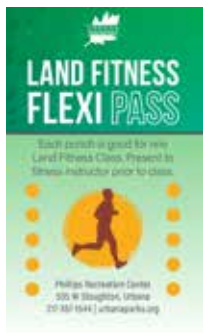
	Day	Time	Date	Deadline	Code
1	Tu	7:15-8:15pm	Sep 12-Oct 17	Sep 5	253
2	Tu	7:15-8:15pm	Oct 24-Nov 28	Oct 17	254
3	Tu	7:15-8:15pm	Dec 5-Jan 9	Nov 28	255



Fitness Programs

Flexible Fitness Punch Cards

If your schedule fluctuates or you find it difficult to attend an entire session of fitness classes, purchase a 10-class Flexible Fitness Punch Card. Attend any class that accommodates your schedule. Passes may be used for all fitness classes in their category. Pre-registered participants get priority of class space. Passes are not interchangeable across categories. Before each class you attend, present the card upon arrival and you will be admitted to the class. Punch cards are valid from one session to the next. **Flexi Passes are not accepted for Tai Chi and Get Fit Where You Sit! Chair Yoga.**



Land Fitness Pass

\$39R/\$59NR

- Boot Camp
- Hard Core
- H.I.I.T. Revolution
- Totally Toning
- Senior Strengtheners
- Work-it Circuit
- Zumba



Water Fitness Pass

\$47R/\$71NR

- Basic Water Exercise
- Indoor Deep Water Aerobics



Yoga/Pilates Pass

\$49R/\$74NR

- Flow Yoga
- Yoga for Every Body

Fitness Programs

Flexi Pass Sale Dates: December 4-9 & January 2-6

Why not treat yourself to better fitness this holiday season? Fitness punch cards can help you take control of your fitness by giving you the ability to attend classes on YOUR schedule. Each card is good for 10 classes. Just give your card to the instructor at the beginning of each class to get it punched.

Purchase these punch cards in person at the Phillips Recreation Center.

Land Fitness Pass Sale Price: \$34R/\$54NR
Water Fitness Pass Sale Price: \$42R/\$66NR
Yoga/Pilates Fitness Pass Sale Price: \$44R/\$69NR

- **EB** - Early Bird; An early registration deadline with a discounted fee
- **R** - Resident; Individuals living within the boundaries of the Urbana and Champaign Park Districts
- **NR** - Nonresident; Individuals living outside the boundaries of the Urbana and Champaign Park Districts

Boot Camp

Monday, Wednesday, Friday, 12-12:50pm
Phillips Recreation Center
Age 15+

Challenge yourself with this fast-paced, calorie-blasting workout. This fun and engaging class is for any fitness level, and uses elements of strength training and high-intensity cardio. Modifications are offered for beginner to advanced participants. **No class Sep 4, Nov 10 & 24**

Date	EB Cost	Deadline	Cost	Deadline	Code
Sep 6-Oct 20	\$57R/\$86NR	Aug 23	\$71R/\$107NR	Sep 6	714
Oct 23-Dec 15	\$62R/\$93NR	Oct 9	\$78R/\$117NR	Oct 23	715

Hard Core

Monday, Wednesday, 5:30-6:20pm
Phillips Recreation Center
Age 15+

Develop a solid 'hard' core while working other muscle groups at the same time. Exercises can be modified to meet the needs of everyone who participates from the exercise newbie to the exercise junkie. You'll have a balanced exercise experience; one that works strength, cardiovascular endurance, flexibility and balance. **Weather permitting, class may be outside. No class Sep 4**

Date	EB Cost	Deadline	Cost	Deadline	Code
Sep 6-Oct 18	\$44R/\$66NR	Aug 23	\$55R/\$83NR	Sep 6	729
Oct 23-Dec 13	\$41R/\$62NR	Oct 9	\$51R/\$77NR	Oct 23	730



FREE! Fitness Week

Monday, August 28 - Friday, September 1

Try out any fitness classes at the Phillips Recreation Center or the Lake House in Crystal Lake Park absolutely free for this week. It's one way that we can say "Thanks!" to our continuing participants and "Welcome" to our new participants. So come on by, try out a class, and let us know what you think. **Please note: Get Fit Where You Sit! Chair Yoga, Tai Chi, and Outdoor Water Aerobics are not included.**

Work-it Circuit

Tuesday, Thursday, 5-5:50pm
Phillips Recreation Center
Age 15+

You will build strength and muscular endurance through this fun, energizing class. Each class will take you through a full body circuit of exercises by combining a mix of resistance training and high-intensity aerobics. Exercise options are available for all fitness levels, beginner to advanced, to guide your progress towards your personal fitness goals. **No class Nov 23.**

Date	EB Cost	Deadline	Cost	Deadline	Code
Sep 5-Oct 19	\$47R/\$71NR	Aug 22	\$59R/\$89NR	Sep 5	781
Oct 24-Dec 14	\$51R/\$77NR	Oct 10	\$64R/\$96NR	Oct 24	782



H.I.I.T. Revolution

Tuesday, Thursday, 12-12:50pm
Phillips Recreation Center
Age 15+

High Intensity Interval Training (H.I.I.T.) is an efficient and effective workout that will keep you burning calories long after you are done. Power through moderate to intense intervals using your own body weight and resistance equipment to improve metabolism, cardiovascular and athletic ability. Modifications are offered for all fitness levels. **No class Nov 23**

Date	EB Cost	Deadline	Cost	Deadline	Code
Sep 5-Oct 19	\$47R/\$71NR	Aug 22	\$59R/\$89NR	Sep 5	725
Oct 24-Dec 14	\$51R/\$77NR	Oct 10	\$64R/\$96NR	Oct 24	726

Indoor Deep Water Aerobics & Basic Water Exercise have moved to the Aquatic Programs (pg 31).

Senior Strengtheners

Monday, Wednesday, 10:15-11:05am
 Tuesday, Thursday, 9:30-10:20am
 Phillips Recreation Center
 Age 15+

Using light weights, work every major muscle at each class and end with a relaxing routine of stretches. Increase your muscle strength, tone your body, and work on balance and flexibility. **No class Sep 4 and Nov 23**

Monday, Wednesday, 10:15-11:05am

Date	EB Cost	Deadline	Cost	Deadline	Code
Sep 6-Oct 18	\$44R/\$66NR	Aug 23	\$55R/\$83NR	Sep 6	751
Oct 23-Dec 13	\$41R/\$62NR	Oct 9	\$51R/\$77NR	Oct 23	752

Tuesday, Thursday, 9:30-10:20am

Date	EB Cost	Deadline	Cost	Deadline	Code
Sep 5-Oct 19	\$47R/\$71NR	Aug 22	\$59R/\$89NR	Sep 5	754
Oct 24-Dec 14	\$51R/\$77NR	Oct 10	\$64R/\$96NR	Oct 24	755



Totally Toning

Tuesday, Thursday, 7-7:50am
 Phillips Recreation Center
 Age 15+

Use free weights, resistance bands, Bosu balls, TRX bands and other equipment to help develop every major muscle group. It's an efficiently-paced, calorie-burning workout to help you reduce body fat and build muscle. **No class Nov 23**

Date	EB Cost	Deadline	Cost	Deadline	Code
Sep 5-Oct 19	\$47R/\$71NR	Aug 22	\$59R/\$89NR	Sep 5	769
Oct 24-Dec 14	\$51R/\$77NR	Oct 10	\$64R/\$96NR	Oct 24	770

Tai Chi

Monday, Wednesday or Tuesday, Thursday
 Phillips Recreation Center
 Age 15+

This class is designed to reduce stress and enhance meditation through the ancient, passive martial art of Tai Chi. This art form will strengthen your mental well-being, balance, coordination and flexibility. Our Black Belt Instructors will guide you through easy lessons that will strengthen your mind and body. As students advance through sessions they will learn: Chi Kung, Stances, kicks, and Tai Chi I, 24 movements.

MW (Beginner) - 6:30-7:30pm

Date	EB Cost	Deadline	Cost	Deadline	Code
Sep 11-Nov 8	\$56R/\$84NR	Aug 28	\$70R/\$105NR	Sep 11	757

MW (Advanced) - 6:30-8pm

Date	EB Cost	Deadline	Cost	Deadline	Code
Sep 11-Nov 8	\$65R/\$98NR	Aug 28	\$81R/\$122NR	Sep 11	760

TuTh (Beginner) - 10:30-11:30am

Date	EB Cost	Deadline	Cost	Deadline	Code
Sep 12-Nov 9	\$56R/\$84NR	Aug 29	\$70R/\$105NR	Sep 12	763

TuTh (Advanced) - 10:30am-12pm

Date	EB Cost	Deadline	Cost	Deadline	Code
Sep 12-Nov 9	\$65R/\$98NR	Aug 29	\$81R/\$122NR	Sep 12	766

Yoga for Every Body

Tuesday, Thursday, 5:30-6:45pm
Lake House in Crystal Lake Park
Age 15+

Yoga is accessible for everyone regardless of age, physical strength or flexibility. Whether you are new or experienced, each class is tailored to meet the needs of the student with the use of props and posture variations with an emphasis on the importance of alignment, the breath, and the mind/body connection. Meditation and breath control reduces stress and heals the nervous system. The physical practice of yoga tones the body, improves muscular strength, flexibility, posture and joint stability. The continued practice of yoga opens the door to a greater sense of self and peace of mind.

No class Nov 23

Date	EB Cost	Deadline	Cost	Deadline	Code
Sep 5-Oct 19	\$56R/\$84NR	Aug 22	\$70R/\$105NR	Sep 5	773
Oct 24-Dec 14	\$60R/\$90NR	Oct 10	\$75R/\$113NR	Oct 24	774

Get Fit Where You Sit!™ Chair Yoga

Wednesday, 10:15-11:05am
Phillips Recreation Center
Age 15+

This calming and refreshing class provides a nice, gentle stretch and a great start to your day. Robin from LV Chair Yoga will teach you movements that are done while sitting in a chair. It is a simple, yet invigorating form of fitness, no matter what physical or mental challenges you may have. **Yoga/Pilates flexi passes will not be accepted for these sessions. No class Oct 11**

Date	EB Cost	Deadline	Cost	Deadline	Code
Aug 30-Oct 4	\$29R/\$44NR	Aug 16	\$36R/\$54NR	Aug 30	721
Oct 18-Nov 29	\$33R/\$50NR	Oct 4	\$41R/\$62NR	Oct 18	722

Flow Yoga

Monday, Wednesday, Friday 9-10am
Phillips Recreation Center
Age 15+

Join our certified Astanga Yoga Instructors as they help you to enhance your body's strength, flexibility, breathing and balance with the physical and emotional approach of Yoga. Expert attention is given to your special needs, as the instructor makes corrections via verbal instruction and/or hands-on adjustment.

No class Sep 4, Nov 10, and Nov 24

Date	EB Cost	Deadline	Cost	Deadline	Code
Sep 6-Oct 20	\$53R/\$80NR	Aug 23	\$66R/\$99NR	Sep 6	718
Oct 23-Dec 15	\$59R/\$89NR	Oct 9	\$74R/\$111NR	Oct 23	719

FREE! Sunset & Sculptures: An Evening Yoga Experience in Meadowbrook Park



Sunday, September 24, 5:30-7:00pm
Meet at Garden Pavilion
Age 15+

Art, wellness, and nature combine to enhance your yoga experience with views of the Wandell Sculpture Garden at sunset in Meadowbrook Park. Check-in for this program will take place at the Garden Pavilion at the Race Street entrance. Participants will enjoy a short guided walk along the paved path within the park to the 'Timpone Ornamental Tree Grove' where the yoga practice will take place. Yoga mats are available to borrow while supplies last. Urbana Park District staff will guide participants back to the Garden Pavilion at the end of the yoga practice. **Registration is required.**

Date	Deadline	Code
Sunday, Sep 24	Friday, Sep 22	612





FREE! Dance It UP!

Thursdays, Sep 7-Dec 14, 6-7:30pm
Phillips Recreation Center
Age 14+


Dance It UP! is a community dance class for those who want a chance to move and groove in a safe, affirming, positive environment. Uniting Pride started the Dance It UP! team for the Pride Parade in 2022 and it was such a hit that Uniting Pride wants to take that joy and love for all to a wider audience. LGBTQIA+ folks and allies alike should join as different dance teachers from the community are invited to lead drop in classes that are designed to inspire health and wellness of both body and soul. Spread love through dance! No experience necessary. **No programs Nov 23**

Zumba™

Monday, Wednesday, Friday, 3:45-4:35pm
Phillips Recreation Center
Age 15+

Zumba is an exhilarating, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party that's moving millions of people toward joy and health. Zumba is the world's largest – and most successful – dance-fitness program for people of all shapes, sizes and ages. **No class Sep 4, Nov 10 & 24**

Date	EB Cost	Deadline	Cost	Deadline	Code
Sep 6-Oct 20	\$57R/\$86NR	Aug 23	\$71R/\$107NR	Sep 6	777
Oct 23-Dec 15	\$62R/\$93NR	Oct 9	\$78R/\$117NR	Oct 23	778



Meet the Instructor Kate Fair

I have been teaching fitness for four years, and practicing fitness in a variety of forms for over 10 years through activities including yoga, running, and strength training. I have been very active since childhood, participating in a variety of sports and activities. I realized I had a passion for fitness and wellness while working at a local clinic and seeing firsthand the impact that sedentary lifestyles and flawed health choices can have on people. I pursued ACE certification as both a Personal Trainer and a Health Coach to help people at all levels and abilities to get moving and take steps toward improving their health and wellness. Nothing excites me more than hearing that a client, friend, or family member has found a type of exercise they enjoy and they have committed to it. I enjoy creating workouts that bring fun to exercise while helping people achieve their goals. In my spare time, I enjoy hiking and kayaking with my husband and daughter and I also love to read. *You can meet Kate at our new Work-it Circuit class!*



FITNESS PROGRAMS SCHEDULE

Phillips Recreation Center

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:00am		Totally Toning 7-7:50am		Totally Toning 7-7:50am	
9:00am	Flow Yoga 9-10am		Flow Yoga 9-10am		Flow Yoga 9-10am
10:15am			Get Fit Where You Sit! Chair Yoga 10:15-11:05am & Senior Strengtheners 10:15-11:05am		
10:30am	Senior Strengtheners 10:15-11:05am	Tai Chi (10:30-11:30am-Beg.) (10:30am-12pm-Adv.)		Tai Chi (10:30-11:30am-Beg.) (10:30am-12pm-Adv.)	
12:00pm	Boot Camp 12-12:50pm	H.I.I.T. Revolution 12-12:50pm	Boot Camp 12-12:50pm	H.I.I.T. Revolution 12-12:50pm	Boot Camp 12-12:50pm
3:45pm	Zumba 3:45-4:35pm		Zumba 3:45-4:35pm		Zumba 3:45-4:35pm
5:00pm		Work-it Circuit 5-5:50pm		Work-it Circuit 5-5:50pm	
5:30pm	Hard Core 5:30-6:20pm		Hard Core 5:30-6:20pm		
6:00pm					
6:30pm	Tai Chi (6:30-7:30pm-Beg.) (6:30-8pm-Adv.)		Tai Chi (6:30-7:30pm-Beg.) (6:30-8pm-Adv.)	Dance It UP! 6pm – 7:30pm	

Lake House in Crystal Lake Park

Time	Monday	Tuesday	Wednesday	Thursday	Friday
5:30pm-6:45pm		Yoga for Every Body		Yoga for Every Body	

Indoor Deep Water Aerobics & Basic Water Exercise have moved to the Aquatic Programs (pg 31).

Schedule is subject to change.

Visit www.urbanaparks.org/programs/fitness-and-wellness/ for the most up-to-date schedule.



WELLNESS WORKSHOPS

The wellness wheel is a visual guide to better understand the eight dimensions or areas of an individual's life that make up their overall health. The Urbana Park District offers wellness workshops led by professionals covering topics related to health and wellness periodically throughout the year. These workshops are designed to educate, engage, and motivate you to incorporate ALL areas of wellness into your everyday lives. Program titles will be accompanied by an icon to correspond with the dimension of wellness that is covered in the program.



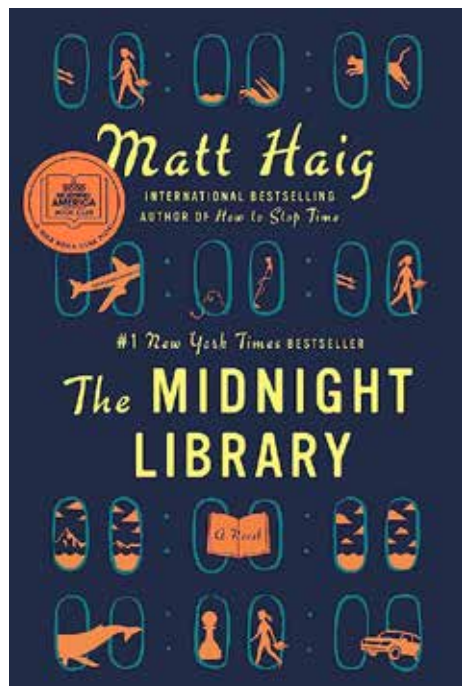
FREE! More than a Book Club w/ The Urbana Free Library: *The Midnight Library*

Select Tuesdays, 6-7:15pm | Age 15+



Join Urbana Park District and The Urbana Free Library for More Than a Book Club: *The Midnight Library*.

"An uplifting, poignant novel about regret, hope and second chances" –author **David Nicholls**



The *Midnight Library* tells the story of a library between life and death where the shelves go on forever. Every book offers a chance to try another life you could have lived and shows how things would be if you had made other choices. "Would you have done anything different, if you had the chance to undo your regrets?" Join us for conversation and more about *The Midnight Library*, a dazzling novel about all the choices that go into a life well lived, written by the internationally bestselling author Matt Haig. Participants may begin to pick up their copies of the book at The Urbana Free Library after **September 15**. Digital copies are also available for download online. **Registration is required.**

October 3: Meet at Anita Purves Nature Center for a hike through beautiful Busey Woods and conversation about our first impressions of *The Midnight Library*.

October 10: Meet at The Urbana Free Library for more discussion and a chance to explore the book's theme of life-changing choices through creative art activities.

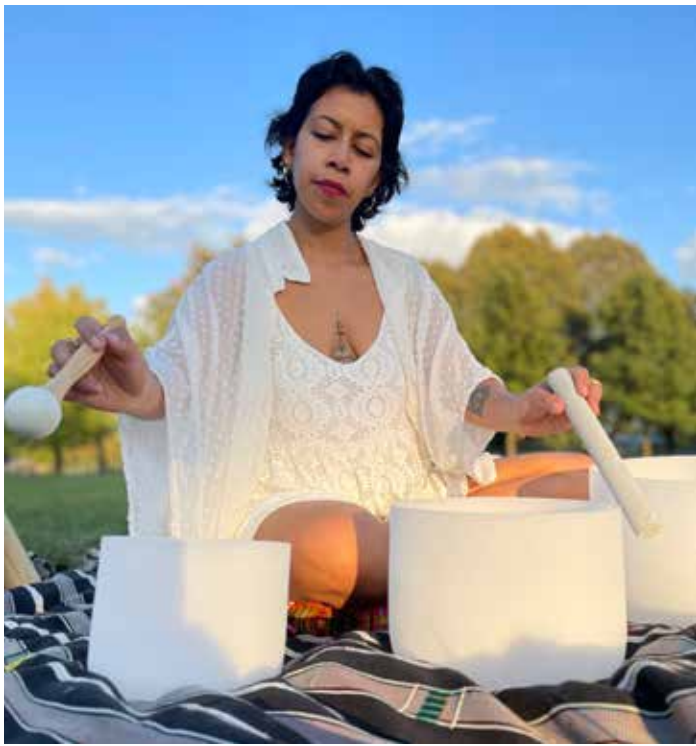
October 17: Meet at Phillips Recreation Center James Room Kitchen to make and share food inspired by *The Midnight Library* and to have our final book discussion.

Deadline

September 15

Code

611



Immerse: A Yoga Experience with Sound and Self-Reflection



Select Sundays, 3-4:30pm
 Lake House in Crystal Lake Park
 Age 15+

Join yoga instructor Vivianne Velazquez in nurturing the mind & body. Come immerse yourself in the meditative resonating sounds created by singing bowls and chimes. This is a 90-minute expedition where the practice will start with gentle yoga, flowing into a sound bath journey, and closing the session with self-reflection journaling. For a comfortable experience, we suggest bringing a blanket or extra layers for warmth, along with a water bottle and journal. Registration is required.

Dates	Cost	Deadline	Code
Sep 3	\$5R/\$8NR	Sep 1	603
Oct 1	\$5R/\$8NR	Sep 29	604
Nov 19	\$5R/\$8NR	Nov 17	605
Dec 17	\$5R/\$8NR	Dec 15	606

FREE! Injury Screening with Athletico

Mondays, Sep 11, Oct 16, Nov 20, & Dec 11
 Phillips Recreation Center
 Age 15+



The Urbana Park District has partnered with Athletico Physical Therapy to offer FREE monthly injury assessments! During select days and times, Athletico Physical Therapy staff will be at the Phillips Recreation Center to offer 20-minute free injury assessments. Athletico cannot provide free assessments for federally funded health care plans. For further questions or to reserve your appointment, please call 217-352-3330. Walk-ins are welcome!

Dates	Time
Monday, September 11	12:30-2pm
Monday, October 16	12:30-2pm
Monday, November 20	12:30-2pm
Monday, December 11	12:30-2pm

FREE! Financial Wellness Workshop w/ Busey Bank

Thursday, October 26, 5:30-6:30pm
 Phillips Recreation Center
 Age 15+



Join Michelle Stallmeyer of Busey for a workshop for participants to learn how to budget for a mortgage, how the mortgage application process works, the options available to them, and the costs associated with getting a mortgage. Light refreshments will be provided. **Registration is required.**

Date	Deadline	Code
Thursday, Oct 26	Wednesday, Oct 25	614



FREE! S'mores Social and Stroll

Sunday, October 8: South Ridge Park, 3-5pm
 Sunday, November 12: Blair Park, 3-5pm
 Sunday, December 10: King Park, 3-5pm



Our popular S'mores Social and Strolls are hitting the road! Join your fellow park lovers in these fun, self-guided autumnal strolls through some of our neighborhood parks with loop paths. Walk at your own pace with friends and then convene for s'mores over a fire and hot chocolate. Enjoy the outdoors with fresh air and nature views. Donations will be accepted to cover the cost of chocolatey treats. Call the Park District Rainout line for severe weather cancellation information: 217-367-9575.



Environmental Programs

Natural Areas Volunteer Opportunities

See how you can make a difference during volunteer opportunities at District Natural Areas. Pre-registration is required for groups of 8 or more people. Call 217-384-4062. Clubs, scouts, and other groups may request their own private workday by calling the number listed above.

Wednesday Workdays

- 10am-12pm each week

Locations vary. During these sessions you might plant trees or flowers, collect or scatter seed, remove nuisance plants, maintain trails, and pick up trash as needed. Email Matt Balk at mjbalk@urbanaparks.org to join the e-mail list for location announcements.

Become a Natural Area Site Steward

Want to help the environment in an active way? Email Matt Balk at mjbalk@urbanaparks.org with your favorite Urbana Park District natural area, and we can match you with a project. Year-round opportunities are available, from collecting observational data to removing nuisance plants and litter. No experience necessary.

FRESH Crew Teen Nature Workdays

FRESH Crew is a nature work club for teens, grades 6 to 12. FRESH Crew meets weekly to remove invasive species, plant native plants, garden in community gardens, or harvest seeds. In addition, we host guest speakers, spend time in Urbana's natural areas.

All are welcome! FRESH Crew helps members build connections with nature and their community, make new friends, and learn about the natural world. This program also provides hands-on experience for students interested in working in nature, such as at a National Park, in a research lab, or on a restoration crew.

Participants must have a signed waiver by a parent or guardian over the age of 18 - digital versions available by email. No prior registration or experience is required! Call 217-384-4062 or email Chelsea Prah at ckprahl@urbanaparks.org for more information.

Date	Time	Location
Sep 2	2-4 pm	Meadowbrook (Windsor lot)
Oct 7	2-4 pm	Perkins Road
Nov 4	2-4 pm	Busey Woods
Dec 2	2-4 pm	Meadowbrook (Windsor lot)

- **EB** - Early Bird; An early registration deadline with a discounted fee
- **R** - Resident; Individuals living within the boundaries of the Urbana and Champaign Park Districts
- **NR** - Nonresident; Individuals living outside the boundaries of the Urbana and Champaign Park Districts

FREE! Take A Child Outside Week



September 22-29 is Take a Child Outside Week! Join the national effort to connect children with nature. Check out great ways to get outdoors throughout the park district! All programs are free! Just look for this symbol in the guide. ***Pre-registration required.**

Outdoor Movie Night: "The Bad Guys" Rated PG

Friday, September 22, 6:45-8:30pm
Rain Date: Saturday, September 23
Anita Purves Nature Center
All ages (under 15 with adult)

Celebrate Take a Child Outside Week with an outdoor movie at the park! Bring your own snacks and a blanket/lawn chair to sit on. Check in by 6:45pm; the movie will begin promptly at 7pm. No registration required.

Nature Play Kids - STEM with Sticks

Saturday, September 23, 1-3pm
Anita Purves Nature Center
All ages (under 15 with adult)

Sticks are a great and bountiful resource we have available, and the possibilities for engaging in STEM are endless! We'll be focusing on engineering and math skills during this program where we'll have stations for building stick rafts, towers, forts and more! No registration required.

Texture Trek

Sunday, September 24, 1-2:30pm
Meadowbrook Park, Garden Pavilion
Age 5+ (children under 15 with an adult)



Combine your love for nature and art together as we explore Meadowbrook Park for texture rubbings. We'll use parts of nature and the built environment to find unique textures on sculptures, plants, buildings, and more! We may even meet an animal guest with a special texture of its own! Park at Race street entrance. No registration required.



Connecting You to Nature Walk

Tuesday, September 26, 5:30-6:30pm
Anita Purves Nature Center & Busey Woods
All ages (under 15 with adult)

Join staff from the Anita Purves Nature Center on a walk through this district natural area. Explore the plants, animals, and unique natural history of this remnant woodland of Urbana's "Big Grove." No registration required.

Blair Park Bubble Bonanza

Wednesday, September 27, 4:30-6pm
Blair Park
All ages (under 15 with adult)

We're busting out the bubble machine at one of the coolest parks around – join in the fun as we make tons of bubbles big and small. If you've yet to visit the challenge course, zipline, or interactive soccer wall, this will be a great chance to do so along with nature center staff and a little added whimsy. No registration required.

Full Moon Hike*

Thursday, September 28, 6:45-8:15pm
Busey Woods, Anita Purves Nature Center
All ages (under 15 with adult)

Experience a new side of Busey Woods on this guided hike scheduled on the night of the full moon. Listen for owls and other nocturnal creatures, and learn how they survive and thrive. Pre-registration is required, as space is limited.

Deadline	Code
September 21	917

Kids Go Fishing*

Friday, September 29, 4-6pm
Lake House at Crystal Lake Park
All Ages (under 15 with adult)

Let's catch some fish! We'll have equipment for kids to use and will help practice fishing basics around the boat dock. Kids under 16 fish for free – others must have a valid Illinois State Fishing License if planning to fish. Pre-registration is required.

Deadline	Code
September 22	918

FREE! Sunday Morning Bird Walks

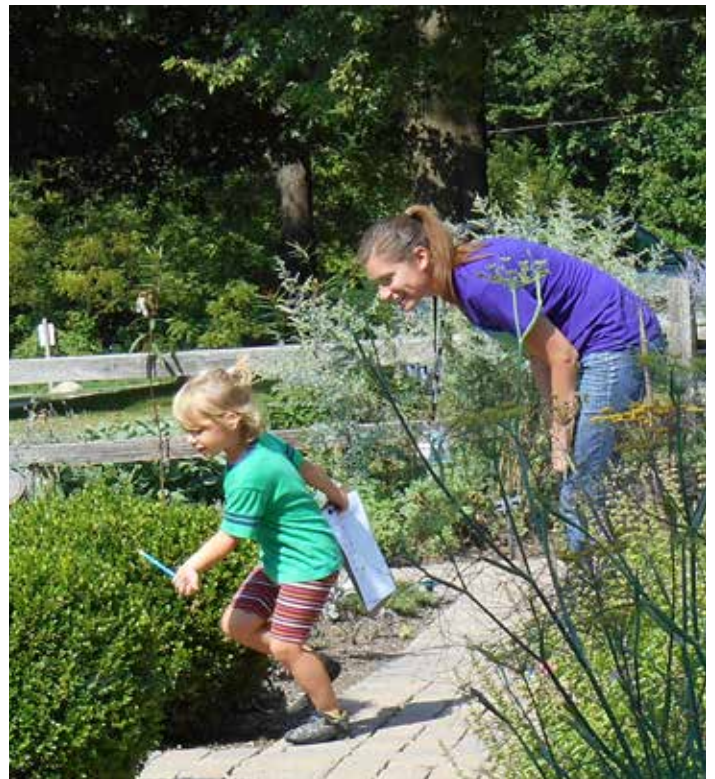
Sundays, Sep 3-Oct 29, 7:30-9am
 Busey Woods, Anita Purves Nature Center
 All ages (under 15 with adult)

Walk with Champaign County Audubon Society leaders and search for birds in Busey Woods and Crystal Lake Park. Learn and practice basic bird watching and identification techniques. Bring a pair of binoculars or borrow one from the Anita Purves Nature Center with a refundable credit card deposit of \$15 (pick up Monday-Saturday 9am-4pm).

FREE! PRIDE Nature Hike

Saturday, September 30, 9:30-11:00am
 Busey Woods, Anita Purves Nature Center
 All ages (under 15 with adult)

Celebrate CU Pride Fest, and share your pride and love of the outdoors by enjoying a guided hike! Relax in the sights, sounds and smells of nature as we explore Busey Woods. Everyone is welcome, but space is limited. **To register, call 217-384-4062 by 5pm on Friday Sep 29.**



Nature Tales and Trails

Fridays, October 6 - November 3, 10-11am
 Anita Purves Nature Center
 Recommended for ages 2-6 with adult
 Fee: \$5 per family

Enjoy nature stories and journey into Busey Woods on a guided walk with your child. Each time we investigate a current event in nature and bring it to life outdoors! Drop-ins welcome; arrive by 9:45am to register and pay the \$5 fee

Date	Deadline	Code
Oct 6	Oct 5	910
Oct 13	Oct 12	911
Oct 20	Oct 19	912
Oct 27	Oct 26	913
Nov 3	Nov 2	914



Forest School Afternoons

Wednesdays, 1-4pm
 Busey Woods & Anita Purves Nature Center
 Ages 6-11

This program connects school-aged children with the natural world through discovery and play in an educational outdoor setting. Drop-off is from 1-1:15pm at the Friendship Grove Nature Playscape. We will be outside rain or shine unless conditions are unsafe, so children must come dressed appropriately for the weather and bring a refillable water bottle daily. Light snacks will be provided.

Date	EB Cost	Deadline	Cost	Deadline	Code
Oct 4-25	\$94	Sep 13	\$118	Sep 27	917
Nov 1-22	\$94	Oct 11	\$118	Oct 25	918
Nov 29-Dec 13	\$71	Nov 8	\$89	Nov 22	919

FREE! Composting Methods and Practices (rescheduled date)

Saturday, October 21, 10am-12pm
 Anita Purves Nature Center
 Age 15+

Learn different methods for composting waste at home plus advice and troubleshooting tips with Courtney Kwong, City of Urbana Recycling Coordinator. Then learn how to use your compost to improve soil health and help your home garden grow! This is a rescheduled program originally planned for May.

Deadline	Code
October 14	916



Introduction to Camping

Saturday, October 14, 1-3pm
Anita Purves Nature Center
Age 15+

This program is for adults who want to go camping! Maybe you've never been before or perhaps you'd like to take your whole family or friends and make sure you've got your bases covered. We'll work through how to find a site, helpful gear to bring along, and common issues people might run into.

EB Cost	EB Deadline	Cost	Deadline	Code
\$8	Sep 30	\$10	Oct 7	915



Nature Center Pre-K Fridays

Fridays from 9:30am-12:00pm
November 17; December 1, 8, & 15
Anita Purves Nature Center
Age 6 and under with adult

Kids age six and under and their families can drop by the nature center to discover self-guided activities just for little naturalists. Your adventures may lead you outdoors as weather permits, so come prepared! Themes are announced the week before each program. Call 217-384-4062 for more information or follow the Anita Purves Nature Center on Facebook. Free-will donations of \$5/child are requested.

FREE! America Recycles Day: Plastic Pollution Solutions

Saturday, November 4, 10am-12pm
Anita Purves Nature Center
All ages

Join us for America Recycles Day at the Anita Purves Nature Center as we celebrate our community's efforts to reduce waste. This year we're focusing on plastic waste - including single-use plastics, plastic packaging, and micro-plastics. Come by any time during program hours for recycling-related crafts, displays and activities! No registration required.



FREE! Winter Solstice Celebration

Thursday, December 21, 4-7pm
Anita Purves Nature Center
All Ages (Under 15 with adult)

Enjoy a festive evening of stories and adventure during this twilight event in anticipation of the shortest day of the year. We will space out around the fire for snacks and storytelling, make holiday crafts, and set our intentions for the coming year. Guided hikes through Busey Woods will depart every hour, and we will finish with a candlelit winter spiral walk. **Pre-registration is required for this event as space will be limited. Call 217-384-4062 to sign-up.**

Shinrin-Yoku by Request

Available weekdays 1-6pm & weekends 9am-6pm
By appointment only; call 217-384-4062
or email dasubers@urbanaparks.org
Busey Woods
\$26 per group; for up to 8 people age 6+

Experience the therapeutic effects of Shinrin-Yoku, the practice of immersing or "bathing" your senses in the atmosphere of the forest. This 90-minute, slow-paced, guided walk will awaken your senses and uplift your spirits.

NATURAL AREAS



The Urbana Park District protects, manages and restores areas characteristic of Illinois' most diverse habitats. Restoration includes planting and seeding native plants, removing nuisance plants and conducting prescribed burns to encourage healthy growth. Passive recreation such as photography, hiking, and birdwatching in small groups is encouraged.

OPEN DAILY FROM SUNRISE TO SUNSET

Busey Woods

Busey Woods is a 59-acre bottomland oak-hickory forest. It is located at the north end of Crystal Lake Park with an entrance just west of the Anita Purves Nature Center.

Commissioners Grove & Wetland in Weaver Park

This 60-acre park includes 5 acres of woodland/savanna restoration, 35 acres planted with prairie and native grasses, and an award-winning watershed management wetland. Parking along Main Street (near Smith Road) offers a place for you to begin your bike or hike along the Kickapoo Rail Trail, extending 6.7 miles to St. Joseph.

Spomer Prairie in Meadowbrook Park

Prairie was the predominant habitat in Illinois before European settlement. Since 1978, the Urbana Park District and countless volunteers have worked to re-create approximately 80 acres of native landscape. Explore this prairie in south Urbana, along Windsor Road and Race Street.

Perkins Road Natural Area

The Perkins Road site, located behind the Dog Park at 1501 E. Perkins Road, is leased long-term from the Urbana-Champaign Sanitary District. 35 acres of prairie and wetland are being restored here. Development plans include trails, interpretive signs, and wildlife viewing areas.

Benefits of Natural Areas

Natural areas maintain ecosystem balance, build resilience to climate change, and support a wide variety of plants and wildlife. They provide "ecosystem services" like improving water and air quality by absorbing excess water and carbon dioxide. Natural spaces also offer a variety of social, mental, and physical benefits. These include stress reduction, lower blood pressure, decreased depression and anxiety, and relief from the symptoms of Attention Deficit Disorder.

Program Opportunities

Naturalist guides lead programs at these locations that are designed for all age groups and interests, including school groups and the public. See page 59 for more information. To inquire about programs and services, or to make a request, call the Anita Purves Nature Center at 217-384-4062.

Volunteer Opportunities

For information about Natural Areas stewardship and Wednesday Workdays, see page 54. Clubs, scout, and other groups may request a private workday by calling 217-384-4062.

Help us maintain these natural areas by not collecting items, walking pets or cycling.

SCHOOL PROGRAMS



The Anita Purves Nature Center is your classroom extension where learning comes naturally. Our standards-based field trips, classroom visits and loan items will complement your curriculum with hands-on activities. By employing direct observation and experiential learning opportunities, the Anita Purves Nature Center enriches and strengthens existing school curricula and provides students the opportunity to explore and connect with the natural world.

Educators - Bring your class for a School Field Trip through Busy Woods, Meadowbrook Park, or Weaver Park. Programs at Busey Woods include time to explore the nature center's Field Station. Or, invite a Naturalist in the Classroom to visit your school. An environmental educator will bring hands-on materials, interactive lessons and (as related to the topic) a live owl, turtle, snake, or worms to your classroom. All programs meet grade-specific Common Core and Next Generation Science Standards.

Custom Programs

Are you looking for a program to compliment a unit or lesson you are teaching? We can work with you to develop a unique environmental education program to fit your specific needs. Requests must be made at least 4 weeks in advance.

Teach with a Turtle

Borrow the Reptiles and Amphibians loan box and have a live turtle in your classroom for up to two weeks! The kit includes supplemental activities and instructions about turtle care and feeding, and standards-based reptile and amphibian lesson plans. This hands-on kit delivers an unforgettable experience for you and your students.

Nature Items You Can Borrow

The Urbana Park District offers a wide variety of educational loan items at the Anita Purves Nature Center such as skulls, nests, natural history specimens, reference materials, and IDNR loan boxes.

IDNR Loan Trunks

These self-contained K-5 teaching units with natural objects, pictures, reference books, equipment and activities are great for any classroom. Topics include Birds, Illinois Fossils, Illinois Invasive Species, Illinois State Symbols, Insects & Spiders, Illinois Pollinators, People & Animals of Illinois' Past and Wetlands.



Program Themes & Reservation Information

Visit: www.urbanaparks.org/programs/nature-programs/
 Email: Chelsea Prah at ckprahl@urbanaparks.org
 Call: 217-384-4062

Connecting Classes with Nature Sponsorship

This program provides support for Urbana School District classrooms to take science-based field trips in local natural areas. Urbana Park District seeks donations from local individuals, businesses and organizations to help sponsor classrooms to cover the cost of programs and transportation for Urbana educators. If you are interested in sponsoring a class, contact Kelsey Beccue at khbeccue@urbanaparks.org. *Field trip class size typically varies between 20-30 students. Over 200 students were able to take field trips in 2022-2023 through sponsorships.*

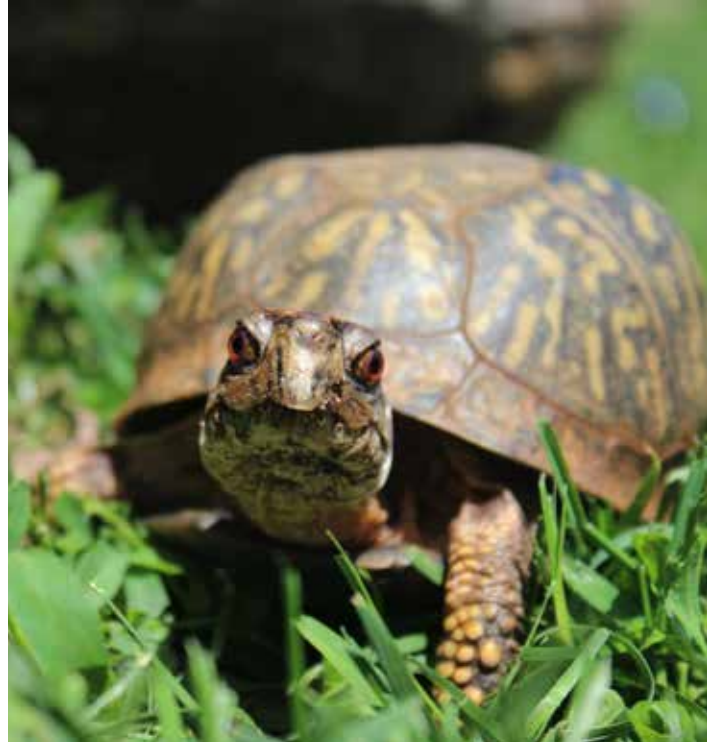
Program Fee / 1 Class	Transportation Fee / 1 Class	Full Sponsorship / 1 Class (Program & Transportation Fees)
\$42	\$145	\$187



SPONSOR AN EDUCATION ANIMAL

The Anita Purves Nature Center houses a number of education animals that demonstrate the variety of wildlife living in Illinois. Most have injuries that make them unable to survive in the wild or were hatched in captivity and are non-releasable. The animals are on exhibit and are featured during educational programs with schools, scouts and the public.

You could be part of their lives! Your financial contribution goes directly toward the animals' medical care, housing and food. This is a great way to support local environmental education. Sponsorships also make great gifts!



SPONSORS RECEIVE:

- A certificate of sponsorship
- A fact sheet with the animal's history and photographs
- Their name displayed in the Field Station for the period of the sponsorship
- An optional photo opportunity with the animal

Animal	Cost/Month	Cost/6 Months	Cost/Year
Salamander	\$15	\$80	\$150
Turtle	\$15	\$80	\$150
Snake	\$30	\$160	\$300
Owl	\$50	\$260	\$525

You can help us feed the wildlife that visit the center's habitat gardens by donating birdseed!



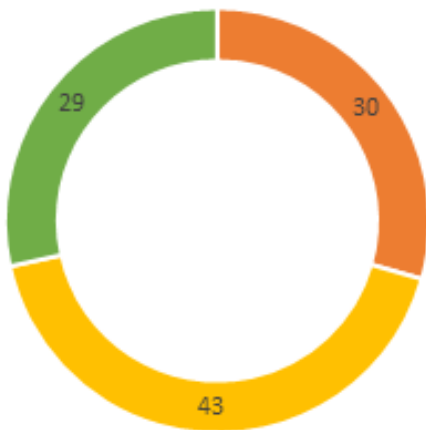
Call 217-384-4062 or visit www.urbanaparks.org/facilities/anita-purves-nature-center/ for a sponsorship form and additional information.

The Urbana Park District CARES Plan

Year Two Summary (April 2022 – April 2023)

The Urbana Park District **C**limate **A**ction, **R**esilience, **E**ducation and **S**ustainability Plan (2021-2026) centers on creating a healthier, safer and more resilient community. The plan sets actionable goals for reducing the district's carbon footprint, offsetting local impacts of climate change, improving air and water quality, and fostering biodiversity.

CARES Plan Progress



Of the 102 strategies outlined in the CARES Plan, we have completed 29 during the first two years, and 43 strategies are ongoing or underway! An additional 30 strategies will commence over the next three years of the plan.

- 29- Completed
- 43 - Ongoing or in-progress
- 30 - Still To Come



We are working with Solidarity Gardens CU to grow organic produce for community members in need. Growing local, organic produce lowers our community's carbon impact by supporting healthy pollinators and soils, and by reducing transportation of produce. It's a win-win!



For more information on UPD green initiatives, visit www.urbanaparks.org/about-us/green-initiatives, or contact Savannah Donovan, Environmental Program Manager, at 217-384-4062 or sydonovan@urbanaparks.org.

GET TO KNOW CUSR

THE PLACE TO CELEBRATE YOUR ABILITIES!



Champaign-Urbana Special Recreation

CUSR Center
2212 Sangamon Dr.
Champaign, IL 61821
cuspecialrecreation.org

Voice: 217-819-3980
Relay: 711
f/CUspecialrec

CUSR STAFF

Christina Mott, CPRP – CUSR Manager/Inclusion Coordinator

Nikiaya Brandon – Adult Program & Event Coordinator

Cole Alvis – Athletics & Volunteer Coordinator

Tristan Elzy – Youth & Teen Coordinator

Amanda Carrington – Receptionist

WHAT IS CUSR?

CUSR was formed through a cooperative agreement with the Champaign and Urbana Park Districts with the mission of providing quality recreational programs and services for Champaign-Urbana residents with special needs. Participants of all ages have the opportunity to explore new areas of interest, make new friends, and learn lifelong skills.

CUSR PROGRAM GUIDE

CUSR publishes a guide three times a year. It details each of the different programming available in that season. To view, go online at cuspecialrecreation.org or pick one up at CUSR Center.

REGISTRATION

A CUSR registration form must be used. Registration is only available online at cuspecialrecreation.org.

BOCCE

Ages 13+

Bocce is a sport that is similar to bowling, but is played in the grass. So, if you want the fun of bowling and the refreshing feeling of being outside, bocce is your game!

GOALS: *Become familiar with the rules of bocce and improve sportsmanship and teamwork skills.*



Date	Day	Program ID
Sep 7-28	Thursday	222522-01
Oct 5-26	Thursday	222522-02

Time: 4-5pm

Location: CUSR Center

Fee(R/NR): \$38/\$57

Deadline: 1 week before program

PROGRAMS OFFERED

After School Programs

Horseback Riding

Adult Social Programs

Bingo

Outings

Dances

Day Programs

Theatre

Sports &
Special Olympics

Bowling

Basketball

School Break
Camp

Summer Youth
Program

INCLUSION WITHIN PARK DISTRICT PROGRAMS

CUSR supports inclusive recreational experiences within the park district programming. When registering for a program, mark the box stating an accommodation is required, and the CUSR Inclusion Coordinator will be in contact with you prior to the program to discuss the needs of the individual. If there are questions prior to registering, please reach out to the CUSR staff, and a meeting can be scheduled to discuss the many recreational options available.

PLEASE VISIT cuspecialrecreation.org

Great Parks Build Great Communities

Urbana parks are for everyone. Whether you live in Urbana or the surrounding area, the Urbana Parks Foundation (UPF) strengthens the entire community by cultivating resources to enhance the future of Urbana parks.

The Foundation is dedicated to supporting high-priority park district needs across several areas:

- Construction of a **new Health & Wellness Center** in Prairie Park
- **Youth Scholarships** that help reduce barriers to kids and families' participation in park district programs
- **Arts and Culture** to enhance the vibrancy of our parks and community
- **Urbana Parks Endowment** to create long-term sustainability in park development and maintenance



The Urbana Parks Foundation

Whether you live in Urbana or a surrounding community, make a positive impact on Urbana's parks now and in the future by donating today.

Learn more at www.urbanaparksfoundation.org



Meadowbrook Park Playground Giving Project

The Urbana Parks Foundation is proud to partner with the Urbana Park District on the fundraising effort for an ambitious new playground at Meadowbrook Park!



The Urbana Parks Foundation

Learn more about the Meadowbrook
Park Playground Giving Project at
www.urbanaparksfoundation.org



Great Parks Build Great Communities



The Health and Wellness Facility at Urbana's Prairie Park

The Urbana Park District realizes that the demand of its users for an indoor space dedicated to health and wellness currently outweighs what its existing facilities can offer. An Urbana facility with space for a wide variety of programming, large scale activities (such as indoor basketball or volleyball), and permanent exercise equipment does not currently exist.

Urbana, as well as the broader region, is greatly impacted by rising obesity rates, cardiovascular disease, diabetes, and cancer. The demand for an affordable and accessible community Health and Wellness Facility is greater than ever.





The Urbana Park District has developed a site plan at Prairie Park that will include features that promote the health and wellness of the entire community.

These amenities are based on feedback from the community and research of other facilities from across the midwest.

Amenities included in the Health & Wellness Facility don't stop at the door!

- Group fitness rooms
- Indoor walking and running track
- Exercise equipment room
- Multi-court indoor gymnasium
- Multipurpose room
- Locker rooms with showers

Scan the QR code below to learn more about the facility and follow along as we build a state-of-the-art Health and Wellness facility that our entire community will be proud of.





2023 FALL PERFORMING ARTS SEASON

thevirginia.org

203 W Park Ave
217-356-9063

FEATURED EVENTS



SAT, AUG 19, 2023
ASLEEP AT THE
WHEEL



FRI, SEP 22, 2023
ZACH WILLIAMS



SUN, OCT 15, 2023
AMY GRANT



FRI, OCT 13, 2023
THERESA CAPUTO



WED, NOV 18, 2023
BUDDY GUY



SAT, DEC 9, 2023
MAGICAL CIRQUE
CHRISTMAS

FOR MORE EVENTS & UPDATES VISIT THEVIRGINIA.ORG

BRING YOUR GAME INDOORS!



- AFFORDABLE MEMBERSHIP RATES
- TENNIS CLINICS AGES 3 & UP
- SINGLES LEAGUES

- DROP-IN WORKOUTS
- COURT TIME
- TOURNAMENTS

DODDS TENNIS CENTER

2802 Farber Drive • 217-352-6044 (off Interstate Dr. between Prospect & Mattis, north of I-74 in Interstate Research Park)



CHAMPAIGN
PARK DISTRICT
champaignparks.org





UPDAC

URBANA PARK DISTRICT ADVISORY COMMITTEE

Every year, the Urbana Park District looks for volunteers interested in serving on the Urbana Park District Advisory Committee (UPDAC). Members of UPDAC are community volunteers who help the Board of Commissioners and staff of the Urbana Park District investigate new ideas, study possible changes and improvements, and evaluate current park district operations. Meetings are held monthly on the 4th Tuesday of the month (except July and December). The time commitment is between 2 and 3 hours a month, and includes the monthly UPDAC meeting and potential committee meetings. UPDAC members are appointed for a three-year term. For consideration of appointment to UPDAC, you must live within the Urbana Park District residency area, and fill out an application for nomination. You might be interested in serving on UPDAC if you:

- Are interested in learning more about the Urbana Park District
- Are willing to share information about park district issues with your peers
- Would like an opportunity to share feedback from your neighborhood with the district on a regular basis
- Value diversity and inclusivity

Every effort is made to balance UPDAC membership both geographically and demographically. It's important that UPDAC represents all of Urbana! You can learn more about UPDAC, and find the application, by visiting our website at www.urbanaparks.org/get-involved/urbana-park-district-advisory-committee-updac. You may also contact Development Manager Kelsey Beccue at khbeccue@urbanaparks.org or 217-367-1536.

RESIDENCY, REGISTRATION, & FINANCIAL INFO

Residency

Residents living within the boundaries of the Park District regularly support park facilities and programs through residential property taxes, and must currently reside at the residence. People living within the boundaries of the Urbana and Champaign Park Districts pay the resident (R) fees. Acceptable documents that prove current residency include, but are not limited to: utility bill, home-owner or auto insurance bill, cable bill, bank statement, vehicle registration, or voter registration card. Emailed or faxed copies are accepted. If in doubt about whether your document is acceptable call 217-367-1544. See also Reciprocal Agreement on this page.

The Urbana Park District has established a nonresident fee system in order to equalize payments by individuals residing outside of the Park District boundaries, so they will contribute to the overall financing of the park system on an equitable basis with residents. The Urbana Park District offers three options for nonresident program fees:

1. Individuals may pay 1.5 times the resident fee per program or membership.
2. Individuals residing immediately adjacent to Urbana Park District boundaries have the option of annexing their property into the district. For more information, call 217-367-1536.
3. Individuals may purchase an Urbana Park District annual park membership. This fee is computed based on the assessed value of the participant's property using the current Urbana Park District tax rate. The membership fee for rented properties is \$100 per year. Memberships are valid for programs that begin between May 1, 2023 through April 30, 2024. Ask a Phillips Recreation staff member for additional information. These memberships do not qualify you as a resident for purposes of Urbana Indoor Aquatic Center Memberships.

Reciprocal Agreement

The Urbana Park District and Champaign Park District have a reciprocal agreement. A resident of one district can participate in programs at the other district at the resident rate. Not applicable to Urbana Indoor Aquatic Center memberships.

Refunds, Cancellations, Withdrawals

If you withdraw from a program, you may choose to apply the fee toward another program or you may receive a refund of the program cost minus a \$5 processing fee. If it is after the program's deadline, a refund request form will need to be completed. They can be picked up at the Phillips Recreation Center or found online. Requests must be made no later than 10 business days after the last class attended. Requests for past classes will not be honored.

There will be a \$25 service charge on all returned checks.

Refunds are processed by credit/debit card or as a mailed check. No cash refunds can be given. Refunds or credits will be issued within seven to ten business days after the Urbana Park District business office receives the written request.

Quality Guarantee

The Urbana Park District constantly strives to provide you with excellence in recreation programs and services. We are so confident you will like these programs that we guarantee your satisfaction. If, after attending one of our classes or programs, you are not completely satisfied with the quality of our programs, please tell us immediately.

Our guarantee is based on fulfilling our promise of delivering excellence. If you are not satisfied, we request your input in the form of suggestions, comments, ideas, or changes for improvement. Requests for refunds due to changes in personal circumstances are not covered under this policy.

ADA / Equal Access

The Urbana Park District works cooperatively with C-U Special Recreation to offer equal access to our recreation programs and services for persons with disabilities. For further information, call C-U Special Recreation at 217-819-3980.

In 2021-2022 the Urbana Park District contracted a professional ADA Assessment of parks and facilities in addition to programs, policies, and procedures. The Park District has an ADA Transition Plan in place to address barriers to accessibility. If you have questions about the ADA Transition plan, or would like to contact the ADA Coordinator for more information, visit:

urbanaparks.org/about-us/ada-policies-and-procedures/

How to Register

- Proof of park district residency is required for all new participants. Residency is explained at right. Proof of residency may be emailed to info@urbanaparks.org prior to registration.
- Registration opens at 8am on August 2.
- Payment is due at time of registration.

By Phone

Register by phone at 217-367-1544 using your Visa, Discover, American Express or MasterCard during regular Phillips Center hours (See page 12). First time registrants will need to prove residency before phone registration can be processed.

Walk-In Registration

In-person registration is at the Phillips Recreation Center - 505 W. Stoughton. Pay by cash, check or credit/debit card. Checks should be made payable to "Urbana Park District."

Online

Register online at bit.ly/updregistration

New patrons will need to create an account; Returning patrons can log in using their current Urbana Park District account.

Need help logging in? You can contact the Phillips Recreation Center at 217-367-1544 or info@urbanaparks.org



Youth Financial Assistance: Partial Fee Waivers for Urbana Park District Residents

In order to provide financial assistance to the greatest number of individuals and families, we are able to offer partial fee waivers to qualified participants.

Youth Financial Assistance is available to those residing within Urbana Park District boundaries. Fee waivers are available year-round and are awarded based on demonstrated financial need.

Applications should be turned in at least two weeks before a program's deadline. This allows adequate time for processing and approval. Place in a program is reserved once payment is received. Submit requests early. You do not need to wait for registration to begin before submitting your application.

Applications can be picked up in person at the Phillips Recreation Center, 505 W. Stoughton, Urbana or on our website.

Along with a proof of Urbana residency, the following items must accompany your fee waiver application:

Any of the following as they apply:

- Link Card or approval letter
- Housing Authority subsidized housing letter (show amount of subsidy)
- If you are a student who is doing research work at the UIUC and have a stipend or grant, a confirmation letter from that department on official letterhead

If presently employed:

- 2 months' worth of pay stubs or bank statements
- Any document showing monies or subsidies received
- Official letters stating student assistantships and/or scholarships with amounts
- Completed Income Tax form (if self-employed)
- Official letter from employer (on official company letterhead) if you have just started working and have not received a paycheck yet

If presently unemployed:

- Official unemployment documentation

Important Terms in the Program Guide

- **EB** - Early Bird; An early registration deadline with a discounted fee
- **R** - Resident; Individuals living within the boundaries of the Urbana and Champaign Park Districts
- **NR** - Nonresident; Individuals living outside the boundaries of the Urbana and Champaign Park Districts
- **Code** - Number of the program in the Urbana Park District registration system. You can search our registration website using this number.

Cómo Registrarse

- Prueba de residencia en el distrito de parques es requerido para todos los nuevos participantes. Residencia explicada a la derecha. Prueba de la residencia puede enviarse por correo electrónico a info@urbanaparks.org antes de registro.
- El registro abre a las 8 am el 2 de agosto.
- El pago vence al momento de la inscripción

Registrarse por teléfono

Regístrese por teléfono al 217-367-1544 usando tu Visa, Discover, American Express, o MasterCard durante el horario regular del Phillips Center (ver página 12). Los inscritos por primera vez tendrán que demostrar su residencia.

Registro Personal

También se pueden inscribir en el Centro de Recreación Phillips, 505 W. Stoughton. Pague en efectivo, cheque o tarjeta de crédito. Los cheques deben hacerse a nombre de "Urbana Park District"

En línea

Regístrese en línea en bit.ly/updregistration

Nuevos clientes tendrán que crear una cuenta; clientes que regresan pueden iniciar sesión usando su cuenta actual del Distrito de Parques de Urbana.

¿Necesitas ayuda para iniciar sesión? Puede comunicarse con el Centro de Recreación Phillips en 217-367-1544 o info@urbanaparks.org



Términos Importantes en la Guía del Programa

- EB - Fecha límite con precio de descuento
- R - Residente del área de Urbana Park District
- NR - Reside fuera del área de Urbana Park District
- Code - Código; Número de programa en el programa de registro en línea. Puede buscar en nuestro sitio web de registro usando este número.

Asistencia financiera para jóvenes: exenciones parciales de tarifas para residentes del distrito de Urbana Park

Con el fin de brindar asistencia financiera a la mayor cantidad de personas y familias, podemos ofrecer exenciones parciales de tarifas a los participantes calificados.

La Asistencia Financiera para Jóvenes está disponible para aquellos que residen dentro de los límites del Distrito de Parques Urbana. Las exenciones de tarifas están disponibles todo el año y se otorgan en función de la necesidad financiera demostrada.

Las solicitudes deben enviarse al menos dos semanas antes de la fecha límite del programa. Esto permite un tiempo adecuado para el procesamiento y la aprobación. El lugar en un programa se reserva una vez que se recibe el pago. Envíe las solicitudes con anticipación. No necesita esperar a que comience el registro antes de enviar.

Las solicitudes se pueden recoger en persona en Centro de Recreación Phillips, 505 W Stoughton, o en nuestro sitio web.

Junto con una prueba de residencia en Urbana, los siguientes elementos deben acompañar su solicitud de exención de tarifas: Cualquiera de los siguientes según corresponda:

Cualquiera de los siguientes según corresponda:

- Tarjeta de enlace o carta de aprobación
- Carta de vivienda subsidiada de la Autoridad de Vivienda (muestre el monto del subsidio)
- Si eres un estudiante que está haciendo un trabajo de investigación en la UIUC y tienes un estipendio o beca, una carta de confirmación de ese departamento en papel membretado oficial

Si está empleado actualmente:

- 2 meses de recibos de pago o extractos bancarios
- Cualquier documento que muestre dinero o subsidios recibidos.
- Cartas oficiales indicando ayudantías estudiantiles y / o becas con montos
- Formulario de impuesto sobre la renta completado (si trabaja por cuenta propia)
- Carta oficial de su empleador (con membrete oficial de la empresa) si acaba de comenzar a trabajar y aún no ha recibido un cheque de pago.

Si actualmente está desempleado:

- Documentación oficial de desempleo

ADDITIONAL PARK DISTRICT INFORMATION

Behavior Code

In keeping with the Urbana Park District's goals, we encourage fun for all participants. However, certain rules are necessary to ensure everyone's safety and enjoyment. The following behavior rules apply to all participants in Urbana Park District programs. Failure to follow these rules can result in dismissal from programs. No refunds are granted when a participant is dismissed for behavioral reasons.

Participants should:

1. Demonstrate respect to other participants and staff.
2. Use appropriate language.
3. Respect the physical and mental well-being of themselves, other participants, and staff.
4. Use equipment, supplies, and facilities as they are meant.
5. Refrain from participation in unlawful activities.

Photographs / Video

The Urbana Park District uses pictures of participants in its programs and events to inform others of recreational opportunities in promotional material including brochures, websites, social media, and this course catalog. If you do not want your picture taken, please tell our photographer.

Help Stop Vandalism

You can help maintain the beauty of our parks. Report vandalism immediately! Phone the Urbana Police, 911, or the Urbana Park District at 217-367-1536.

Urbana Park District Rainout Line

Download the app or call us!

For information about program cancellations, including weather cancellations, and for updates about special events or other key happenings at the Urbana Park District, you may call the Sports, Program, and Event Hotline at 217-367-9575. For evening sports programs, this line will be updated after 4:30pm on weekdays and one hour before the scheduled program or sports on weekends. All other updates will be made as conditions change. You may also find out about the Rainoutline App for your phone at: urbanaparks.org/events/rain-outs-and-cancellations/.



You Belong Here Initiative

Urbana Park District is committed to creating and promoting inclusion across all public spaces, places, facilities, and programs that the district manages. Through Urbana Park District's You Belong Here Inclusion Strategy, we welcome and support recreation experiences for everyone, while encouraging an inclusive and responsive staff culture. Celebrating inclusion regardless of age, ethnicity, culture, income, ability, interests, gender expression, gender identity, and/or sexual identity; everyone and anyone belongs here!

For more information, about this initiative, visit: urbanaparks.org/about-us/you-belong-here/



PARK USER GUIDELINES

Urbana's parks are open from sunrise until sunset daily unless otherwise posted. Rental facilities may be open later by special arrangement.

Please treat your parks well...

- Leave parks clean and litter-free.
- Damaging park property is subject to fine.
- Fires are allowed only in grills, designated areas or by permit.
- Collecting or harvesting of plants or other items is not permitted.
- Cycling is permitted on paved paths only.

Please treat others well...

- Avoid loud music and disorderly conduct.
- Observe posted speed limits.
- Yield to pedestrians on trails.
- Alcohol is allowed only by special permit.
- Leave firearms, weapons and fireworks at home.

Please notify us if...

- Your group of 25 or more is planning a visit to one of our parks or natural areas by calling 217-367-1544.

Please note about pets...

- Keep all animals leashed.
- Pet owners are expected to remove pet excrement immediately.
- Urbana Dog Park offers space for off-leash activity.

Breaking or not following park rules will result in penalty.

Find complete park guidelines at: www.urbanaparks.org/parks/park-guidelines



505 W Stoughton
 Urbana, IL 61801
 217-367-1544
 www.urbanaparks.org

PRSRT STD
 U.S. Postage Paid
 Urbana, Illinois 61801
 Permit No. 38

SEPTEMBER - DECEMBER 2023

TURKEY TROT
 see page 17

REDEDICATION OF THE WANDELL SCULPTURE GARDEN
 see page 18

NOCHE DE LOTERIA
 see page 17

ECRWSS
 RESIDENTIAL CUSTOMER



SCAN TO BEGIN



REGISTRATION

PHOTO BY SHIRLEY LEMAY

VISIT WWW.URBANAPARKS.ORG TO REGISTER ONLINE.