

URBANA INDOOR AQUATIC CENTER

{102 E. Michigan, Urbana}

{Phone: (217) 384-7665}

{Registration Questions: (217) 367-1544}



URBANA INDOOR AQUATIC CENTER

The Urbana Indoor Aquatic Center is a partnership between the Urbana School District and the Urbana Park District. It is open to everyone during public swim time with a paid admission, punch card or membership card. During public swim hours, the water spray toys and water slides are turned on. Lap swim times are for individuals ages 15 and up who wish to swim for exercise. Attend Urbana Park District water exercise classes by registering and paying for a specific program.

The Urbana Indoor Aquatic Center is also home to the Urbana Park District swim lesson program and diving lessons, and PE programs. Local swim team practices and meets, special events, birthday parties and private rentals are also held here. The Urbana Park District is proud and grateful to have access to such an exciting facility. Take advantage of this great community pool—and bring a friend!

Public Hours:

Hours are subject to change. Look for postings on the Urbana Indoor Aquatic Center outer doors. *Refunds and/or credits are not given for closures of any kind.*

Winter Break Hours (DEC 16-30)	M-F 6-8am	Lap Swim & Water Exercise
	M-F 11am-1pm	Lap Swim
	M-F 1:30-9pm	Public Swim
	Sa 12-5pm	Public Swim
	Su 2-7pm	Public Swim
Spring Hours (JAN 2-MAY 31*)	M-F 6-8am	Lap Swim & Water Exercise
	M-F 10:30am-1:30pm	Lap Swim
	M-F 6-9pm	Public Swim
	Sa 12-5pm	Public Swim
	Su 2-7pm	Public Swim
	<i>* Hours subject to change due to varying school schedules.</i>	
Spring Break Hours (MAR 19-23)	M-F 6-8am	Lap Swim & Water Exercise
	M-F 10:30am-1:30pm	Lap Swim
	M-F 1:30-9pm	Public Swim
	Sa 12-5pm	Public Swim
	Su 2-7pm	Public Swim

Pool Features

- 5-Star rated guards and facility
- Zero-depth recreational pool equipped with water geysers, dinosaur slide and rain drop umbrella
- Drop slide and flume slide
- 25-meter x 25-yard competition pool
- 1-meter diving board
- Locker rooms and family changing area
- Party room



SCHOOL'S OUT! EXTENDED HOURS

PUBLIC SWIM	Day	Date	Hours
	F	Dec 16	1:30-9pm
	M	Jan 16	1:30-9pm
	F	Feb 10	1:30-9pm
	M	Feb 20	1:30-9pm
	F	Feb 24	1:30-9pm
	F	Apr 6	1:30-9pm
	F	Apr 13	1:30-9pm
	F	May 4	1:30-9pm
	M	May 28	1:30-9pm

CLOSURES:

No public activities after 3pm
(morning and lunch activities will continue)

HOLIDAYS	SWIM MEETS	Day	Date	ACTIVITY
		Tu	Dec 13	UHS Swim Meet
		F	Jan 20	UHS Swim Meet
		F-Su	Jan 13-15	HEAT Swim Meet
			Apr 15	Special Olympics
		Sa	Dec 24	Christmas Eve
		Su	Dec 25	Christmas Day
		Sa	Dec 31	New Year's Eve
		Su	Jan 1	New Year's Day
		Su	Apr 8	Easter
		<i>Holidays closed all day</i>		

UIAC Admission

- Youth up through age 10 must be accompanied by a paying adult any time they visit UIAC. This is for the safety and enjoyment of all pool visitors.
- Due to the inability to directly monitor spectators, everyone is required to pay an admission fee or show membership pass to enter the facility. If you have further questions regarding this policy, please speak with the Aquatics Shift Manager on duty.

Entrance Fee

\$3- Non-swimmers wishing to supervise swimmers (Must be 15 or older)
\$6- Swimmers
\$4- Thursdays (Swimmers)

Lap Swim Etiquette

Children under 15 are not allowed in the pool during lap swim times. Due to the popularity of lap swimming, lap lanes for the general public are not guaranteed during public swim hours. Early morning activities from 6-8am include lap swim, water aerobics and occasional swim team practice. Look for postings of lap lane availability at the pool.

MEMBERSHIPS

You may purchase a membership at either the Urbana Indoor Aquatic Center or the Phillips Recreation Center, but all ID photos are taken at the Phillips Recreation Center. Call 367-1544 to set up an appointment.

RESIDENT (UPD/USD #116)	3 months	6 months	Annual
Youth ages 11-17	\$65	\$110	\$188
Adult 18 and up	\$78	\$132	\$221
Family of 2-4	\$100	\$166	\$277
Additional family member	\$13	\$26	\$52

NONRESIDENT	3 months	6 months	Annual
Youth ages 11-17	\$78	\$130	\$221
Adult 18 and up	\$91	\$156	\$260
Family of 2-4	\$117	\$195	\$325
Additional family member	\$13	\$26	\$52

Youth memberships

Youth between the ages of 2 and 10 must have their memberships as part of a family pass. For the safety and enjoyment of all pool visitors, all youth members must be accompanied by a paying adult at all times during their visit to UIAC.

Family memberships (2-4 family members)

A family includes two adults and their dependent children under the age of 20 who are residing in the same household. Children under age 2 do not require a pass.

SCUBA Diving lessons

are offered in conjunction with:

Wild Country

2012 N. Prospect Ave. Champaign
351-4754

Please call for more information.

POOL RENTALS

All rentals include the use of the party room and swimming. An additional \$75 damage deposit is due at time of request. Call 367-1544 for information about reserving your party. Fifteen minutes of set-up and clean-up is included in the 2-hour time block. Your party may not enter until the starting time. The party room must be cleaned up and all attendees must exit by your scheduled ending time. Due to popularity, please reserve your party at least three weeks in advance.

Party Package

There is a special party room waiting for you at the Urbana Indoor Aquatic Center. Swim and use the room for a 2-hour time slot during public swim hours. When calling for reservations, ask about our discount for supervising adults. On the day of the party, please provide the pool cashier with a list of names of children that will be participating.

1-15 participants \$125

Please ask for details about having more than 15 participants at your party. Call 384-POOL.

Private Rental

Rent the Urbana Indoor Aquatic Center before or after public hours for your own private facility rental! Includes unlimited swimming, party area and use of facility. Lifeguards will be provided. An additional \$75 damage deposit is due at the time of request.

\$105/hour up to 15 guests

\$140/hour 16-30 guests

\$170/hour 31-45 guests

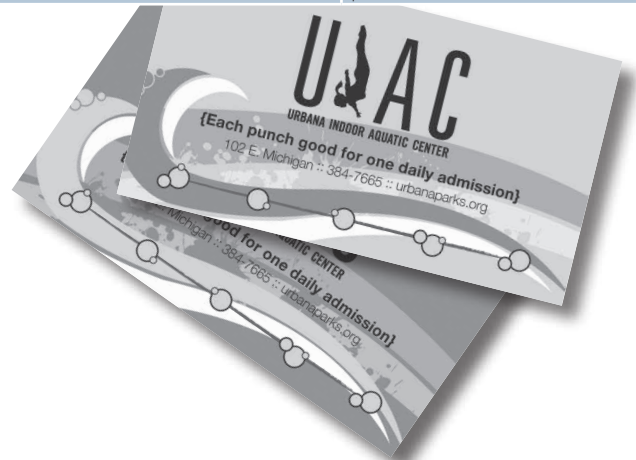
\$205/hour 46-60 guests

For groups of more than 60, please speak with the Aquatics Specialist at 384-7665. Lower rates are available for rentals that use only one pool in the complex (Recreational or Competition).

PUNCH CARDS

Purchase a punch card as a way to try the Urbana Indoor Aquatic Center before committing to buying a pass or give one to family or friends from out of town. Take advantage of this alternative that saves you \$1.50 per visit.

5-Visit Punch Card	\$23.00
10-Visit Punch Card	\$46.00



SWIM LESSONS

Swim Lessons: Group and Private

The Urbana Park District's swim lesson program teaches children the correct and safe way to swim—by master all skills in one level before moving to the next. Safety is always first and foremost during our swim lessons. Children are assessed and placed in the level that best fits their needs at their first lesson.

New Participants

When signing up for swim lessons – all participants not on our past participant list will be tested and placed in the proper class.

Multiple Student Discount

Enroll more than one sibling in swim lessons and receive a \$5 discount for each additional child.

How to Register for Group Lessons

1. Choose the date and time you prefer from the class schedule.
2. Call the Phillips Recreation Center at 367-1544 to register using your credit card, stop by in person, or mail in the registration form at the end of this guide. Instructors and supervisors reserve the right to reassign children based on swimmer assessment during the first week of classes to guarantee that the child will receive the appropriate level of instruction. The registration deadline is ONE WEEK before the session begins on a first come, first serve basis. If a class is full, you may ask to be added to the waiting list.



Important lesson information

- Time in the pool is for lessons. If a child's swim lesson ends during public swim, you may re-enter for free swim after paying or scanning your UIAC pass.
- The child must be 3 years old by the first day of the class to participate in Goldfish level or above.
- Private and semi-private lessons require at least 24 hours advanced notice of cancellation or no credit will be given. Contact the Aquatics Specialist at 384-7665 if you need to cancel. If 24 hours advance notice is not given, you will forfeit that lesson.

Levels and Prerequisites

Shrimp/Jumbo Shrimp: For infants and toddlers accompanied by parents to have fun and become more comfortable in the water through a semi-structured program with water play and games. Skills are developed through repetition of water activities.

Goldfish: No previous experience needed. Child must be able to enter the water without parent's assistance. Child must be three years old by the first day of class.

Sunfish: Front and back float with help, blow bubbles and do 10 bobs. Child must not be afraid of the water and must be willing to try things.

Clownfish: Front and back float on their own, front and back glide, swim on front and back for 15 feet.

Blowfish: Head first entry (diving) from side of the pool, rotary breathing, survival float – 30 seconds, tread water – 30 seconds, front and back crawl – 15 yards, elementary backstroke – 15 feet.

Swordfish: Dive from side, survival float – 1 minute, open turns on front and back, tread water – 1 minute, front crawl – 25 yards, breaststroke – 15 yards, butterfly – 15 yards, back crawl – 25 yards, elementary backstroke – 15 yards.

Tiger Sharks: Completion of all above levels.

Private and Semi-Private Swim Lessons

Private and Semi-private lessons provide very individualized instruction for anyone at any age. These lessons help the student become more confident in their swimming skills. We also recommend these lessons for anyone who wishes to perfect their strokes or for those who need a little extra attention before rejoining group lessons. Please contact the Aquatics Specialist at 384-7665 to register.

Location: Urbana Indoor Aquatic Center

4 Lessons/30 minutes each:

	Cost	Code
1 student	\$65R/\$130NR	9038
2 students	\$85R/\$170NR	
3 students	\$105R/\$210NR	



Private Diving Lessons

If you would like one-on-one instruction in any level of diving, call the Aquatics Specialist at 384-7665 to arrange dates and times for private lessons at the Urbana Indoor Aquatic Center.

Note: Price is per lesson for individual lessons.

Individual Lessons:

	Length	Cost	Code
1-4 lessons	30 minutes	\$19R/\$38NR	9041
1-4 lessons	60 minutes	\$29R/\$58NR	9042

Packaged Diving Lessons:

	Length	Cost	Code
5 lessons	30 minutes	\$60R/\$120NR	9043
5 lessons	60 minutes	\$100R/\$200NR	9044
10 lessons	30 minutes	\$120R/\$240NR	9045
10 lessons	60 minutes	\$180R/\$360NR	9046

Shrimp (6-18 Months)

Day	Date	Time	E.B. Cost Deadline	Cost Deadline	Code
MW	Jan 2-27	5-5:30pm	\$35R/\$70NR Dec 19	\$44R/\$88NR Dec 27	8711
<i>No Class Jan 16. Make up Jan 27.</i>					
	Feb 27-Mar 28	5-5:30pm	\$35R/\$70NR Feb 13	\$44R/\$88NR Feb 20	8713
<i>No class Spring Break Mar 19-23.</i>					
TuTh	Jan 31-Feb 23	5-5:30pm	\$35R/\$70NR Jan 17	\$44R/\$88NR Jan 24	8712
	Apr 3-26	5-5:30pm	\$35R/\$70NR Mar 27	\$44R/\$88NR Apr 3	8714
Sa	Jan 7-Feb 18	10-10:30am	\$30R/\$60NR Dec 23	\$38R/\$76NR Dec 30	8715
<i>No class Jan 14 due to swim meet.</i>					
	Mar 3-Apr 7	10-10:30am	\$30R/\$60NR Mar 20	\$38R/\$76NR Mar 27	8716
<i>No class Mar 24 and Mar 31.</i>					

Jumbo Shrimp (18-36 Months)

Day	Date	Time	E.B. Cost Deadline	Cost Deadline	Code
MW	Jan 30-Feb 22	5-5:30pm	\$35R/\$70NR Jan 16	\$44R/\$88NR Jan 23	8717
<i>No Class Feb 20. Make up Feb 17.</i>					
	Apr 2-25	5-5:30pm	\$35R/\$70NR Mar 19	\$44R/\$88NR Mar 26	8718
TuTh	Jan 3-26	5-5:30pm	\$35R/\$70NR Dec 20	\$44R/\$88NR Dec 27	8719
	Feb 28-Mar 29	5-5:30pm	\$35R/\$70NR Feb 21	\$44R/\$88NR Feb 28	8720
<i>No class Spring Break Mar 19-23.</i>					
Sa	Jan 7-Feb 18	10-10:30am	\$30R/\$60NR Dec 23	\$38R/\$76NR Dec 30	8721
<i>No class Jan 14 due to swim meet.</i>					
	Mar 3-Apr 21	10-10:30am	\$30R/\$60NR Feb 24	\$38R/\$76NR Mar 2	8754
<i>No class Mar 24 and Mar 31.</i>					

Nadiator Conditioning

Calling all Nadiators! Nadiator Conditioning is a great workout for those on a summer swim team, or a way to discover if swim team is for you! You do not need to have been a Nadiator or plan to be to participate. However, summer swimmers who want to stay on top of their game during the off season will benefit from coaching and personal instruction, swimming, drills, endurance training and more.

Day	Date	Time	E.B. Cost Deadline	Cost Deadline	Code
MW	Jan 2-27	5-6pm	\$45R/\$90NR Dec 19	\$56R/\$112NR Dec 27	8726
<i>No class Jan 16. Make up Jan 27.</i>					
	Jan 30-Feb 22	5-6pm	\$45R/\$90NR Jan 16	\$56R/\$112NR Jan 23	8727
<i>No Class Feb 20. Make up Feb 17.</i>					
	Feb 27-Mar 28	5-6pm	\$45R/\$90NR Feb 13	\$56R/\$112NR Feb 20	8728
<i>No class Spring Break Mar 19-23.</i>					
	Apr 2-25	5-6pm	\$45R/\$90NR Mar 19	\$56R/\$112NR Mar 26	8724
TuTh	Jan 3-26	5-6pm	\$45R/\$90NR Dec 20	\$56R/\$112NR Dec 27	8730
	Jan 31-Feb 23	5-6pm	\$45R/\$90NR Jan 17	\$56R/\$112NR Jan 24	8731
	Feb 28-Mar 29	5-6pm	\$45R/\$90NR Feb 14	\$56R/\$112NR Feb 21	8732
<i>No class Spring Break Mar 19-23</i>					
	Apr 3-26	5-6pm	\$45R/\$90NR Mar 20	\$56R/\$112NR Mar 27	8733

Goldfish

Day	Date	Time	E.B. Cost Deadline	Cost Deadline	Code
MW	Jan 2-27	4-4:30pm	\$35R/\$70NR Dec 19	\$44R/\$88NR Dec 27	8722
		5-5:30pm	\$35R/\$70NR Dec 19	\$44R/\$88NR Dec 27	8755
<i>No class Jan 16. Make up Jan 27.</i>					
	Jan 30-Feb 22	4-4:30pm	\$35R/\$70NR Jan 16	\$44R/\$88NR Jan 23	8723
		5-5:30pm	\$35R/\$70NR Jan 16	\$44R/\$88NR Jan 23	8756
<i>No class Feb 20. Make up Feb 17.</i>					
	Feb 27-Mar 28	4-4:30pm	\$35R/\$70NR Feb 13	\$44R/\$88NR Feb 20	8724
		5-5:30pm	\$35R/\$70NR Feb 13	\$44R/\$88NR Feb 20	8734
<i>No class Spring Break Mar 19-23.</i>					
	Apr 2-25	4-4:30pm	\$35R/\$70NR Mar 19	\$44R/\$88NR Mar 26	8757
		5-5:30pm	\$35R/\$70NR Mar 19	\$44R/\$88NR Mar 26	8758
TuTh	Jan 3-26	4-4:30pm	\$35R/\$70NR Dec 20	\$44R/\$88NR Dec 27	8760
		5-5:30pm	\$35R/\$70NR Dec 20	\$44R/\$88NR Dec 27	8759
	Jan 31-Feb 23	4-4:30pm	\$35R/\$70NR Jan 17	\$44R/\$88NR Jan 24	8761
		5-5:30pm	\$35R/\$70NR Jan 17	\$44R/\$88NR Jan 24	8762
	Feb 28-Mar 29	4-4:30pm	\$35R/\$70NR Feb 14	\$44R/\$88NR Feb 21	8763
		5-5:30pm	\$35R/\$70NR Feb 14	\$44R/\$88NR Feb 21	8764
<i>No class Spring Break Mar 19-23.</i>					
	Apr 3-26	4-4:30pm	\$35R/\$70NR Mar 20	\$44R/\$88NR Mar 27	8769
		5-5:30pm	\$35R/\$70NR Mar 20	\$44R/\$88NR Mar 27	8770
Sa	Jan 7-Feb 18	10-10:30am	\$30R/\$60NR Dec 23	\$38R/\$76NR Dec 30	8765
		11-11:30am	\$30R/\$60NR Dec 23	\$38R/\$76NR Dec 30	8766
<i>No class Jan 14 due to swim meet.</i>					
	Mar 3-Apr 21	10-10:30am	\$30R/\$60NR Feb 24	\$38R/\$76NR Mar 2	8767
		11-11:30am	\$30R/\$60NR Feb 24	\$38R/\$76NR Mar 2	8768
<i>No class Mar 24 and Mar 31.</i>					

Sun Fish - TigerShark

Day	Date	Time	E.B. Cost Deadline	Cost Deadline	Code
MW	Jan 2-27	4-4:45pm	\$45R/\$90NR Dec 19	\$56R/\$112NR Dec 27	8725
		5-5:45pm	\$45R/\$90NR Dec 19	\$56R/\$112NR Dec 27	8735
<i>No class Jan 16. Make up Jan 27.</i>					
	Jan 30-Feb 22	4-4:45pm	\$45R/\$90NR Jan 16	\$56R/\$112NR Jan 23	8736
		5-5:45pm	\$45R/\$90NR Jan 16	\$56R/\$112NR Jan 23	8737
<i>No class Feb 20. Make up Feb 17.</i>					
	Feb 27-Mar 28	4-4:45pm	\$45R/\$90NR Feb 13	\$56R/\$112NR Feb 20	8738
		5-5:45pm	\$45R/\$90NR Feb 13	\$56R/\$112NR Feb 20	8739
<i>No class Spring Break Mar 19-23.</i>					
	Apr 2-25	4-4:45pm	\$45R/\$90NR Mar 19	\$56R/\$112NR Mar 26	8740
		5-5:45pm	\$45R/\$90NR Mar 19	\$56R/\$112NR Mar 26	8741
TuTh	Jan 3-26	4-4:45pm	\$45R/\$90NR Dec 20	\$56R/\$112NR Dec 27	8742
		5-5:45pm	\$45R/\$90NR Dec 20	\$56R/\$112NR Dec 27	8743
	Jan 31-Feb 23	4-4:45pm	\$45R/\$90NR Jan 17	\$56R/\$112NR Jan 24	8744
		5-5:45pm	\$45R/\$90NR Jan 17	\$56R/\$112NR Jan 24	8745
	Feb 28-Mar 29	4-4:45pm	\$45R/\$90NR Feb 14	\$56R/\$112NR Feb 21	8746
		5-5:45pm	\$45R/\$90NR Feb 14	\$56R/\$112NR Feb 21	8747
<i>No class Spring Break Mar 19-23.</i>					
	Apr 3-26	4-4:45pm	\$45R/\$90NR Mar 20	\$56R/\$112NR Mar 27	8752
		5-5:45pm	\$45R/\$90NR Mar 20	\$56R/\$112NR Mar 27	8753
Sa	Jan 7-Feb 18	10-10:45am	\$34R/\$68NR Dec 23	\$43R/\$86NR Dec 30	8748
		11-11:45am	\$34R/\$68NR Dec 23	\$43R/\$86NR Dec 30	8749
<i>No class Jan 14 due to swim meet.</i>					
	Mar 3-Apr 21	10-10:45am	\$34R/\$68NR Feb 24	\$43R/\$86NR Mar 2	8750
		11-11:45am	\$34R/\$68NR Feb 24	\$43R/\$86NR Mar 2	8751
<i>No class Mar 24 and Mar 31.</i>					



Pilates Conditioning

Pilates is a system that emphasizes the important principles of alignment, breathing, concentration, control, and precision movement. When correctly performed, this series of exercises can improve balance, flexibility, muscular conditioning, and postural awareness. All levels of ability are welcome as modifications of exercises can be given to accommodate.

Age	Day	Time	Location
15 and up	MW	2:30-3:30pm	Phillips Recreation Center

Date	E.B. Cost Deadline	Cost Deadline	Code
Jan 9-Feb 29	\$51R/\$102NR Dec 27	\$66R/\$132NR Jan 9	8803
Mar 5-Apr 25	\$51R/\$102NR Feb 20	\$66R/\$132NR Mar 5	8804

Tai Chi

This class is designed to reduce stress and enhance meditation through the ancient, passive martial art of Tai Chi. This art form will strengthen your mental well-being, balance, coordination and flexibility. Our Black Belt Instructors will guide you through easy lessons that will strengthen your mind and body. As students advance through sessions, they will learn: Chi Kung, Stances, kicks, and Tai Chi I, 24 movements.

Age	Location	Session 1	weeks of Jan 9-Mar 8
15 and up	Phillips Recreation Center	Session 2	weeks of Mar 12-May 10

Session 1	Day	Time	E.B. Cost	Cost	Code
AM 1	TuTh	10:30-11:30am	\$50R/\$100NR Dec 27	\$63R/\$126NR Jan 9	8806
AM 2	TuTh	10:30am-12pm	\$59R/\$118NR Dec 27	\$74R/\$148NR Jan 9	8811
PM 1	MW	6:30-7:30pm	\$50R/\$100NR Dec 28	\$63R/\$126NR Jan 10	8805
PM 2	MW	6:30-8pm	\$59R/\$118NR Dec 28	\$74R/\$148NR Jan 10	8812

Session 2	Day	Time	E.B. Cost	Cost	Code
AM 1	TuTh	10:30-11:30am	\$50R/\$100NR Feb 27	\$63R/\$126NR Mar 12	8810
AM 2	TuTh	10:30am-12pm	\$59R/\$118NR Feb 27	\$74R/\$148NR Mar 12	8809
PM 1	MW	6:30-7:30pm	\$50R/\$100NR Feb 28	\$63R/\$126NR Mar 13	8808
PM 2	MW	6:30-8pm	\$59R/\$118NR Feb 28	\$74R/\$148NR Mar 13	8807

Deep Water Aerobics

Are you looking for a low impact exercise routine that tones your muscles, and strengthens your heart? Why not jump in the deep end and give Deep Water Aerobics a try! Our trained instructor will lead you through a fun routine using floating dumbbells and ankle weights. You will be pleasantly surprised how regular attendance and a healthy lifestyle will change the way you feel and look. Please register one week before each session begins.

Age	Location
15 and up	Urbana Indoor Aquatic Center

Day	Date	Time	E.B. Cost Deadline	Cost Deadline	Code
MWF	Dec 19-Feb 10	6-6:50am	\$69R/\$138NR Dec 5	\$84R/\$168NR Dec 19	9028
MW	Dec 19-Feb 8	6-6:50pm	\$45R/\$90NR Dec 5	\$60R/\$120NR Dec 19	9030
F	Dec 23-Feb 10	6-6:50pm	\$18R/\$36NR Dec 9	\$33R/\$66NR Dec 23	9032
MWF	Feb 13-Apr 6	6-6:50am	\$69R/\$138NR Jan 30	\$84R/\$168NR Feb 13	9029
MW	Feb 13-Apr 4	6-6:50pm	\$45R/\$90NR Jan 30	\$60R/\$120NR Feb 13	9031
F	Feb 17-Apr 6	6-6:50pm	\$21R/\$42NR Feb 3	\$36R/\$72NR Feb 17	9033

Basic Water Exercise

This invigorating exercise routine takes place in shallow water—no swimming skills are necessary. Join us for a fun way to burn fat, tone your muscles and keep your heart healthy. Sample aerobic moves, water walking, water strengthening and much more.

Age	Location
15 and up	Urbana Indoor Aquatic Center

Day	Date	Time	E.B. Cost Deadline	Cost Deadline	Code
TuTh	Dec 20-Feb 9	6-6:50am	\$48R/\$96NR Dec 6	\$60R/\$120NR Dec 20	9034
TuTh	Dec 20-Feb 9	6-6:50pm	\$48R/\$96NR Dec 6	\$60R/\$120NR Dec 20	9035
TuTh	Feb 14-Apr 5	6-6:50am	\$48R/\$96NR Jan 31	\$60R/\$120NR Feb 14	9036
TuTh	Feb 14-Apr 5	6-6:50pm	\$48R/\$96NR Jan 31	\$60R/\$120NR Feb 14	9037

Fitness Punch Card Sale

Dec 12-16 & Jan 3-6
Take \$5 off the regular price of a punch card

Why not treat yourself to better fitness this holiday season? Fitness punch cards can help you take control of your fitness by giving you the ability to attend classes on YOUR schedule. Each card is good for 10 classes. Just give your card to the instructor at the beginning of class to get it punched.

Flexible Fitness Punch Card

SALE PRICE \$29R/\$58NR
Code: 8772

Yoga/Pilates Flexible Punch Card

SALE PRICE: \$39R/\$78NR
Code: 8773

Water Exercise Flexible Punch Card

SALE PRICE: \$38R/\$76NR
Code: 8774

Send a FRIEND

Everyone should be able to have enriching experiences. But not every family can afford to **send a child** to summer **camp**, to a **dance** class, or to a **sport** like soccer. The UPD **scholarship fund** lets the Urbana Park District provide fee waivers for those with financial need and lets you help send a friend to these great programs...whether it's a friend you know, or one you've never met.

Call 367-1544 to learn about the scholarship fund: how to donate and how to apply.