URBANA INDOOR AQUATIC CENTER

- Well-trained Guards
- Zero-depth Pool
- Drop & Flume Slides
- Competition Pool
- 1-Meter Diving Board
- Locker Rooms
- Party Rooms
- Water Exercise

Follow us on Twitter!
@UrbanaIndoorAC

102 E. Michigan, Urbana
Questions: 217-384-7665
✓ Register: 217-367-1544

Enjoy Urbana's only indoor public pool featuring two waterslides, water spray toys, a diving well, and lap lanes. Urbana Indoor Aquatic Center is a partnership between the Urbana School District and the Urbana Park District. It is open to everyone during public swim time with a paid admission, punch card or membership card. During public swim hours, the water spray toys and water slides are turned on. Lap swim times are for individuals age 15 and up who wish to swim for exercise. Attend Urbana Park District water exercise classes by registering and paying for a specific program.

The UIAC is also home to the Urbana Park District swim lesson program and PE programs. Local swim team practices and meets, special events, birthday parties and private rentals are also held here. Take advantage of this great community pool—and bring a friend!

Public Swim Hours

	Regular Hours (Jan 3-end of USD116 school year)	Winter Break (Dec 17-Jan 2)	Spring Break (March 20-24)
Mon-Fri	6-9pm	1:30-9pm	1:30-9pm
Sat	12-5pm	12-5pm	12-5pm
Sun	2-7pm	2-7pm	2-7pm

Lap Swim Hours

	Regular Hours (Jan 3-end of USD116 school year)	Winter Break (Dec 17-Jan 3)	Spring Break (March 20-24)
Mon-Fri	6-8am | 11am-1pm*	6-8am | 11am-1pm	6-8am | 11am-1pm

** Hours are subject to change. Look for postings on the Urbana Indoor Aquatic Center outer doors or sign up for text notification of facility closures through our Rainout Line (page 6). Refunds and/or credits are not given for closures.*

Children under 15 are not allowed in the pool during lap swim times. Due to the popularity of lap swimming, lap lanes for the general public are not guaranteed during public swim hours. Activities from 6-8am include lap swim, water aerobics, and occasional swim team practice.

Closure Dates

Closed all day (no public activities)

December 24	- Christmas Eve
December 25	- Christmas Day
December 31	- New Year's Eve
January 1	- New Year's Day
January 14 & 15	- HEAT Swim Meet
January 28	- UHS Swim Meet
February 4	- UHS Swim Meet
April 16	- Easter
May 13 & 14	- Lifeguard Training
May 29	- Memorial Day

Afternoon Closures (no public activities after 3pm)
Morning and lunchtime activities will continue

January 4	- UHS Swim Meet
January 10	- UHS Swim Meet
January 13	- HEAT Swim Meet
January 19	- UHS Swim Meet
January 24	- UHS Swim Meet
February 3	- UHS Swim Meet
April 28	- UHS Track Invitational
May 15	- UHS Track Meet

"School's Out!" Swim Days

Public Swim Extended Hours 1:30-9pm
Monday, January 2
Monday, January 16
Tuesday, January 17
Friday, February 17
Monday, February 20
Friday, March 17
Thursday, April 13
Friday, April 14

Party Package

There is a special party room waiting for you at the Urbana Indoor Aquatic Center. Swim and use the room for a two-hour time slot during public swim hours. When calling for reservations, ask about our discount for supervising adults. On the day of the party, please provide the pool cashier with a list of names of children who will be participating.

1-15 participants: $125. Call 217-384-7665 about having more than 15 participants.

Private Rentals

Rent the Urbana Indoor Aquatic Center before or after public hours for your own private facility rental. Includes unlimited swimming, party area and use of facility. Lifeguards provided. An additional $75 damage deposit is due at the time of request.

Number of People	1-15	16-30	31-45	46-60
2 pools	$105	$140	$170	$205

Prices are per hour

*For groups of more than 60, please speak with the Aquatics Specialist at 217-384-7665. Lower rates are available for rentals that use only one pool in the complex (Recreational or Competition).

Pool Rental During Public Hours

All rentals include the use of the party room and swimming. An additional $75 damage deposit is due at the time of request. Call 217-367-1544 or 217-384-7665 for information about reserving your party or email our Aquatics Specialist at jrnierenhausen@urbanaparks.org. Fifteen minutes of set-up and clean-up is included in the two-hour time block. Your party may not enter until the starting time. The party room must be cleaned up and all attendees must exit by your scheduled ending time. Due to popularity, please reserve your party at least three weeks in advance.

Daily Admission

$3 **Non-swimmers wishing to supervise swimmers (must be 15 or older)**

$6 **Per person (under 4 years FREE)**

$4 **On Thursdays**

Youth under age 11 must be accompanied by a paying adult. This is for the safety and enjoyment of all pool visitors. Youth age 11 and above may attend the facility without a supervisor. This is for the safety and enjoyment of all pool visitors.

Punch Cards

Purchase a punch card as a way to try the Urbana Indoor Aquatic Center before committing to buying a pass. Or give one to family or friends from out of town. Take advantage of this alternative that saves you money.

5-Visit Punch Card **$23**

10-Visit Punch Card **$46**

Family Memberships (2-4 family members)

A family includes anyone residing in the same household. Children through age 3 will not be charged for a pass, but a pass will be issued so that the Urbana Park District can keep track of the number of members in the facility.

Memberships

Purchase a membership at either the Urbana Indoor Aquatic Center or the Phillips Recreation Center, but all ID photos are taken at Phillips Recreation Center. Call 217-367-1544 to set up an appointment.

(Membership cannot be put on hold due to vacations or extended absences.)

Resident (UPD/USD #116)	3 months	6 months	Annual
Youth Ages 11-17	$65	$110	$188
Adult Ages 18 and Up	$78	$132	$221
Family of 2-4	$100	$166	$277
Additional Family Member	$13	$26	$52

Nonresident	3 months	6 months	Annual
Youth Ages 11-17	$78	$130	$221
Adult Ages 18 and Up	$91	$156	$260
Family of 2-4	$117	$195	$325
Additional Family Member	$13	$26	$52

2017 Preseason Pool Pass Sale

Through April 30, 2017

CLPFAC Only

	Resident	Non-Resident
Individual	$81	$122
Senior (65+)	$63	$95
Family of 3	$158	$236
Family of 4	$185	$277
Family of 5	$212	$317
Additional per person	$27	$41

CLPFAC + UIAC Pass

	Resident	Champaign Resident	Non-Resident
Individual	$132	$143	$174
Senior (65+)	$118	$130	$153
Family of 3	$209	$225	$283
Family of 4	$230	$245	$314
Family of 5	$262	$278	$358
Additional per person	$33	$38	$43

Passes are valid from May 29-Sep 4, 2017

Where to buy passes:

Phillips Recreation Center: 505 W Stoughton, Urbana
UIAC: 102 E Michigan, Urbana

We're Hiring!

Join us this Summer!

Spend your time this summer as a cashier, swim instructor, or lifeguard at the Crystal Lake Park Family Aquatic Center or the Urbana Indoor Aquatic Center!

To be a lifeguard:
Come into the Urbana Indoor Aquatic Center at 102 E. Michigan Ave, Urbana to register for a lifegaurd class.
$100 course fee (+uniform fee upon hire)

Lifeguard Prerequisites:
- 200 Meter Swim
- 12 Foot Brick Retrieval
- 2 Minute Tread (hands above water)

Call UIAC at 217-384-7665 or email Jennifer (jrnierenhausen@urbanaparks.org) for more information.

Aquatic Programs

Egg Hunt with a Splash!

Saturday, April 15
$6 Resident/$8 Nonresident

Dive into the Urbana Indoor Aquatic Center and collect many surprise-filled eggs. Wear your suit, bring a PLASTIC bag and get ready for some "egg-stra" fun! Registration fee includes admission to the Egg Hunt plus one daily admission pass to the pool. Participants must re-enter the pool during public hours to swim. Each age group will start ON TIME. If you are late, you will miss your egg hunt. Register by April 8 by calling 217-367-1544.

Age Group	Time	Code
2-3	10am	5120
4-5	10:30am	5121
6-8	11am	5122
9-10	11:10am	5123

Please arrive 10 minutes before the start time for your age group. Egg Hunts go very quickly. Refunds are not given for tardiness.

Toddler Swim Time

Monday-Thursday, 8-11am
March 13-June 2 (or final day of school for USD116)
Infant-Age 5 with accompanying adult
Up to 3 children per adult
Free for kids through age 3
$4 per person age 4 and up

The leisure pool will be open for you and your child to wade and explore during this special free swim for children up to age 5 and their parents. Join us for a relaxing and calm atmosphere where your toddler can become more comfortable in the water with you by his or her side. Questions? Call 217-384-7665.

For Water Aerobics and Water Exercise, Water Exercise Punch Cards, see page 51.

Swim Clinic

Wednesday, 6-7:30pm
Swim Clinic is for those age 13 and up who are able to swim 25 yards consistently.

Gain building blocks for becoming a better swimmer. All of the coaches leading this program have extensive experience in the field. They all want to help you improve your stroke and performance in the water. This is not a "learn to swim" clinic. Competitive swimming technique, including starts, turns, streamlining, "wall work", etc. will be taught. Triathlon/long distance swimmers will also benefit from this clinic by becoming more efficient and faster. *Register early, this class fills quickly!*
No Class March 22/ Make up April 5.

Date	Cost	Deadline	Code
Jan 25-Feb 22	$80R/$120NR	Jan 18	4983
Mar 1-Apr 5	$80R/$120NR	Feb 22	4984

Adult Learn to Swim Classes

Sunday, 5-6pm

Beginning swim lessons are for adults who want to build confidence or overcome a fear. Once you're comfortable in the water, you will learn front and back floats and beginning swim strokes.
No Class April 16.

Date	EB Cost | Deadline	Cost | Deadline	Code
Jan 22-Feb 12	$35R/$53NR | Jan 8	$44R/$66NR | Jan 15	4986
Feb 19-Mar 12	$35R/$53NR | Feb 5	$44R/$66NR | Feb 12	4987
Mar 26-Apr 23	$35R/$53NR | Mar 12	$44R/$66NR | Mar 19	4988

Adult Intermediate Group Lessons

Sunday, 6-7pm

Intermediate swim lessons are for adults who want to make progress in the four basic strokes. Students work on endurance, distance, and technique.
No Class April 16.

Date	EB Cost | Deadline	Cost | Deadline	Code
Jan 22-Feb 12	$40R/$60NR | Jan 8	$50R/$75NR | Jan 15	4990
Feb 19-Mar 12	$40R/$60NR | Feb 5	$50R/$75NR | Feb 12	4991
Mar 26-Apr 23	$40R/$60NR | Mar 12	$50R/$75NR | Mar 19	4992

Urbana Park District Swim Lessons

Early registration is encouraged. A waitlist may be started for programs that fill quickly. The deadline is one week before the session begins. **Instructors evaluate all children and place them in the appropriate skill level.**

Enroll more than one child in swim lessons and receive a $5 discount for each additional child.

To register for swim lessons:
1. Choose the date and time you prefer from the class schedule.
2. Call the Phillips Recreation Center at 217-367-1544 or the Urbana Indoor Aquatic Center 217-384-7665 to register using your credit card, stop by in person or mail in the registration form at the end of this guide, or register online at: www.urbanaparks.org (instructions on page 6).

URBANA INDOOR AQUATIC CENTER

Additional Lesson Information

- Shoes, food and drink are not allowed on the pool deck. No exceptions!
- Children may not have free swim before or after their swim lesson. If a lesson ends during public swim, you may re-enter after paying or scanning your UIAC membership card.
- Only swim lesson students are allowed in the water or on the pool deck during swim lessons with the exception of Parent Tot classes. Family members may watch lessons from the Mezzanine level.
- According to the Illinois Health Code, all children wearing diapers must also wear plastic pants over them or wear a "swim diaper". This is to help prevent the spread of infectious diseases through fecal accidents. Swim diapers are available for $1 at the entrance.

Private and Semi-Private Swim Lessons

Urbana Indoor Aquatic Center
Age 3 and up

#of Participants	Price	Code
1 Participant	$70R/$105NR	5090
2 Participants	$90R/$135NR	5091
3 Participants	$110R/$165NR	5092

Private and semi-private lessons provide very individualized instruction for anyone at any age. These lessons help the student become more confident in their swimming skills. We also recommend these lessons for anyone who wishes to perfect their strokes or for those who need a little extra attention before rejoining group lessons. There are 4 lessons per session. Please call 217-384-7665 to request lessons. **No online registration.**

Private and semi-private lessons require at least 24 hours advance notice of cancellation or no credit will be given. Contact a shift manager at 217-384-7665 if you need to cancel. If 24 hours advance notice is not given, you will forfeit that lesson.

Swim Lesson Descriptions

Parent Tot I/Parent Tot II *(6-36 Months)*
With parent or guardian, children will be introduced to the water with games and songs. They will work on jumping in, splashing, and being comfortable floating on front and back.

Preschool Lessons *(Ages 3-5)*
Lessons are designed to accommodate children with introductory swimming and safety skills. These lessons progress as your child progresses in the water, starting with building your child's comfort in the water to more advanced swimming through play and skill building.

Youth Group Lessons *(Age 6 and Up)*
Lessons progress as follows:

- Children who are uncomfortable in the water begin with activities to acclimate them to their surroundings.
- Children become comfortable performing swimming actions independently. Students begin to put stroke actions together.
- Side breathing and lead-up skills to the four swim strokes and dive.
- Introductions to breaststroke and butterfly. Lessons also focus on distance and endurance for other strokes.
- Endurance for all four strokes. Instructors critique each stroke and work to improve efficiency. Open turns and flip turns are introduced.
- Focus on endurance and stroke assessments. Students learn to swim longer distances and improve the technique of each stroke.

Once this progression has been completed, please register for Nadiator Conditioning (page 33).

PARENT TOT I LESSONS SCHEDULE (6-18 MONTHS)

			Deadline and Fees [R=Resident NR=Nonresident]		
Days	**Date**	**Time**	**EB Cost | Deadline**	**Cost | Deadline**	**Code**
MW*	Jan 9-Feb 1	5:30-6pm	$35R/$52NR | Dec 20	$44R/$66NR | Dec 27	4994
*No Class Jan 16/ Make up Jan 27					
MW*	Mar 6-Apr 5	5:30-6pm	$35R/$52NR | Feb 20	$44R/$66NR | Feb 27	4995
*No Class Mar 20, 22					
TuTh	Feb 7-Mar 2	5:30-6pm	$35R/$52NR | Jan 24	$44R/$66NR | Jan 31	4996
TuTh*	Apr 11-May 4	5:30-6pm	$35R/$52NR | Mar 28	$44R/$66NR | Apr 4	4997
*No Class Apr 13/ Make up Apr 21					
Sat*	Jan 7-Mar 4	9:15-9:45am	$35R/$52NR | Dec 23	$44R/$66NR | Dec 30	4998
*No Class Jan 14, 28, Feb 4					
Sat*	Mar 11-Apr 29	9:15-9:45am	$35R/$52NR | Feb 25	$44R/$66NR | Mar 4	4999
*No Class Mar 25, Apr 15					

PARENT TOT II LESSONS SCHEDULE (18-36 MONTHS)

			Deadline and Fees [R=Resident NR=Nonresident]		
Days	**Date**	**Time**	**EB Cost | Deadline**	**Cost | Deadline**	**Code**
MW*	Feb 6-Mar 1	5:30-6pm	$35R/$52NR | Jan 23	$44R/$66NR | Jan 30	5001
*No Class Feb 20/ Make up Feb 24					
MW	Apr 10-May 3	5:30-6pm	$35R/$52NR | Mar 27	$44R/$66NR | Apr 3	5002
TuTh*	Jan 3-Feb 2	5:30-6pm	$35R/$52NR | Dec 26	$44R/$66NR | Jan 2	5003
*No Class Jan 10, 17, 19, 24/ Make up Jan 6, 20					
TuTh*	Mar 7-Apr 6	5:30-6pm	$35R/$52NR | Feb 21	$44R/$66NR | Feb 28	5004
*No Class Mar 21, 23					
Sat*	Jan 7-Mar 4	8:45-9:15am	$35R/$52NR | Dec 23	$44R/$66NR | Dec 30	5005
*No Class Jan 14, 28, Feb 4					
Sat*	Mar 11-Apr 29	8:45-9:15am	$35R/$52NR | Feb 25	$44R/$66NR | Mar 4	5006
*No Class Mar 25, Apr 15					

PRESCHOOL LESSONS SCHEDULE

			Deadline and Fees [R=Resident NR=Nonresident]		
Days	**Date**	**Time**	**EB Cost | Deadline**	**Cost | Deadline**	**Code**
MW*	Jan 9-Feb 1	4-4:30pm	$35R/$52NR | Dec 20	$44R/$66NR | Dec 27	5008
*No Class Jan 16/ Make up Jan 27		5-5:30pm	$35R/$52NR | Dec 20	$44R/$66NR | Dec 27	5009
MW*	Feb 6-Mar 1	4-4:30pm	$35R/$52NR | Jan 23	$44R/$66NR | Jan 30	5010
*No Class Feb 20/ Make up Feb 24		5-5:30pm	$35R/$52NR | Jan 23	$44R/$66NR | Jan 30	5011
MW*	Mar 6-Apr 5	4-4:30pm	$35R/$52NR | Feb 20	$44R/$66NR | Feb 27	5012
*No Class Mar 20, 22		5-5:30pm	$35R/$52NR | Feb 20	$44R/$66NR | Feb 27	5013
MW	Apr 10-May 3	4-4:30pm	$35R/$52NR | Mar 27	$44R/$66NR | Apr 3	5014
		5-5:30pm	$35R/$52NR | Mar 27	$44R/$66NR | Apr 3	5015
TuTh*	Jan 3-Feb 2	4-4:30pm	$35R/$52NR | Dec 26	$44R/$66NR | Jan 2	5017
*No Class Jan 10, 17, 19, 24/ Make up Jan 6, 20		5-5:30pm	$35R/$52NR | Dec 26	$44R/$66NR | Jan 2	5019
TuTh	Feb 7-Mar 2	4-4:30pm	$35R/$52NR | Jan 24	$44R/$66NR | Jan 31	5020
		5-5:30pm	$35R/$52NR | Jan 24	$44R/$66NR | Jan 31	5021
TuTh*	Mar 7-Apr 6	4-4:30pm	$35R/$52NR | Feb 21	$44R/$66NR | Feb 28	5022
*No Class Mar 21, 23		5-5:30pm	$35R/$52NR | Feb 21	$44R/$66NR | Feb 28	5023
TuTh*	Apr 11-May 4	4-4:30pm	$35R/$52NR | Mar 28	$44R/$66NR | Apr 4	5024
*No Class Apr 13/ Make up Apr 21		5-5:30pm	$35R/$52NR | Mar 28	$44R/$66NR | Apr 4	5025
Sat*	Jan 7-Mar 4	10-10:30am	$35R/$52NR | Dec 23	$44R/$66NR | Dec 30	5026
*No Class Jan 14, 28, Feb 4		11-11:30am	$35R/$52NR | Dec 23	$44R/$66NR | Dec 30	5027
Sat*	Mar 11-Apr 29	10-10:30am	$35R/$52NR | Feb 25	$44R/$66NR | Mar 4	5028
*No Class Mar 25, Apr 15		11-11:30am	$35R/$52NR | Feb 25	$44R/$66NR | Mar 4	5029

YOUTH GROUP LESSONS SCHEDULE

			Deadline and Fees [R=Resident NR=Nonresident]		
Days	**Date**	**Time**	**EB Cost | Deadline**	**Cost | Deadline**	**Code**
MW*	Jan 9-Feb 1	4-4:45pm	$48R/$72NR | Dec 20	$58R/$87NR | Dec 27	5031
*No Class Jan 16/ Make up Jan 27		5-5:45pm	$48R/$72NR | Dec 20	$58R/$87NR | Dec 27	5032
MW*	Feb 6-Mar 1	4-4:45pm	$48R/$72NR | Jan 23	$58R/$87NR | Jan 30	5033
*No Class Feb 20/ Make up Feb 24		5-5:45pm	$48R/$72NR | Jan 23	$58R/$87NR | Jan 30	5034
MW*	Mar 6-Apr 5	4-4:45pm	$48R/$72NR | Feb 20	$58R/$87NR | Feb 27	5035
*No Class Mar 20, 22		5-5:45pm	$48R/$72NR | Feb 20	$58R/$87NR | Feb 27	5036
MW	Apr 10-May 3	4-4:45pm	$48R/$72NR | Mar 27	$58R/$87NR | Apr 3	5037
		5-5:45pm	$48R/$72NR | Mar 27	$58R/$87NR | Apr 3	5038
TuTh*	Jan 3-Feb 2	4-4:45pm	$48R/$72NR | Dec 26	$58R/$87NR | Jan 2	5039
*No Class Jan 10, 17, 19, 24/ Make up Jan 6, 20		5-5:45pm	$48R/$72NR | Dec 26	$58R/$87NR | Jan 2	5040
TuTh	Feb 7-Mar 2	4-4:45pm	$48R/$72NR | Jan 24	$58R/$87NR | Jan 31	5041
		5-5:45pm	$48R/$72NR | Jan 24	$58R/$87NR | Jan 31	5042
TuTh*	Mar 7-Apr 6	4-4:45pm	$48R/$72NR | Feb 21	$58R/$87NR | Feb 28	5043
*No Class Mar 21, 23		5-5:45pm	$48R/$72NR | Feb 21	$58R/$87NR | Feb 28	5044
TuTh*	Apr 11-May 4	4-4:45pm	$48R/$72NR | Mar 28	$58R/$87NR | Apr 4	5045
*No Class Apr 13/ Make up Apr 21		5-5:45pm	$48R/$72NR | Mar 28	$58R/$87NR | Apr 4	5046
Sat*	Jan 7-Mar 4	10-10:45am	$48R/$72NR | Dec 23	$58R/$87NR | Dec 30	5047
*No Class Jan 14, 28, Feb 4		11-11:45am	$48R/$72NR | Dec 23	$58R/$87NR | Dec 30	5048
Sat*	Mar 11-Apr 29	10-10:45am	$48R/$72NR | Feb 25	$58R/$87NR | Mar 4	5049
*No Class Mar 25, Apr 15		11-11:45am	$48R/$72NR | Feb 25	$58R/$87NR | Mar 4	5050

Nadiator Conditioning

Calling all Nadiators! This is a year-round conditioning program for those who want to stay on top of their game during the off season. This program includes coaching and personal instruction, swimming, drills, endurance training and more. It's a great workout for those on a summer swim team, or a way to discover if swim team is for you. You do not need to have been a Nadiator or plan to be a Nadiator to participate.

				Deadline and Fees [R=Resident NR=Non-Resident]		
Days	**Date**	**Level**	**Time**	**EB Cost | Deadline**	**Cost | Deadline**	**Code**
MW*	Jan 9-Feb 1	Nads I	4-4:45pm	$48R/$72NR | Dec 20	$60R/$90NR | Dec 27	5065
*No Class Jan 16/ Make up Jan 27		Nads II	4:45-5:30pm	$52R/$78NR | Dec 20	$65R/$98NR | Dec 27	5073
		Pre-Team	5:30-6pm	$45R/$67NR | Dec 20	$56R/$84NR | Dec 27	5081
MW*	Feb 6-Mar 1	Nads I	4-4:45pm	$48R/$72NR | Jan 23	$60R/$90NR | Jan 30	5066
*No Class Feb 20/ Make up Feb 24		Nads II	4:45-5:30pm	$52R/$78NR | Jan 23	$65R/$98NR | Jan 30	5074
		Pre-Team	5:30-6pm	$45R/$67NR | Jan 23	$56R/$84NR | Jan 30	5082
MW*	Mar 6-Apr 5	Nads I	4-4:45pm	$48R/$72NR | Feb 20	$60R/$90NR | Feb 27	5067
*No Class Mar 20, 22		Nads II	4:45-5:30pm	$52R/$78NR | Feb 20	$65R/$98NR | Feb 27	5075
		Pre-Team	5:30-6pm	$45R/$67NR | Feb 20	$56R/$84NR | Feb 27	5083
MW*	Apr 10-May 3	Nads I	4-4:45pm	$48R/$72NR | Mar 27	$60R/$90NR | Apr 3	5068
		Nads II	4:45-5:30pm	$52R/$78NR | Mar 27	$65R/$98NR | Apr 3	5076
		Pre-Team	5:30-6pm	$45R/$67NR | Mar 27	$56R/$84NR | Apr 3	5084
TuTh*	Jan 3-Feb 2	Nads I	4-4:45pm	$48R/$72NR | Dec 20	$60R/$90NR | Dec 27	5069
*No Class Jan 10, 17, 19, 24/ Make up Jan 6, 20		Nads II	4:45-5:30pm	$52R/$78NR | Dec 20	$65R/$98NR | Dec 27	5077
		Pre-Team	5:30-6pm	$45R/$67NR | Dec 20	$56R/$84NR | Dec 27	5085
TuTh	Feb 7-Mar 2	Nads I	4-4:45pm	$48R/$72NR | Jan 24	$60R/$90NR | Jan 31	5070
		Nads II	4:45-5:30pm	$52R/$78NR | Jan 24	$65R/$98NR | Jan 31	5078
		Pre-Team	5:30-6pm	$45R/$67NR | Jan 24	$56R/$84NR | Jan 31	5086
TuTh*	Mar 7-Apr 6	Nads I	4-4:45pm	$48R/$72NR | Feb 21	$60R/$90NR | Feb 28	5071
*No Class Mar 21, 23		Nads II	4:45-5:30pm	$52R/$78NR | Feb 21	$65R/$98NR | Feb 28	5079
		Pre-Team	5:30-6pm	$45R/$67NR | Feb 21	$56R/$84NR | Feb 28	5087
TuTh*	Apr 11-May 4	Nads I	4-4:45pm	$48R/$72NR | Mar 28	$60R/$90NR | Apr 4	5072
*No Class Apr 13/ Make Apr 21		Nads II	4:45-5:30pm	$52R/$78NR | Mar 28	$65R/$98NR | Apr 4	5080
		Pre-Team	5:30-6pm	$45R/$67NR | Mar 28	$56R/$84NR | Apr 4	5088

Private Coaching

30 minute lessons
Urbana Indoor Aquatic Center

Turn your weaknesses into strengths, improve your skills, and gain confidence with focused, one-on-one training with area elite swim instructors. Cost is per lesson.

Cost (1 student): $25R/$38NR Code 5094
Cost (2 students): $30R/$45NR Code 5095
Cost (3 students): $35R/$53NR Code 5096

Please contact the Shift Manager on duty at 384-7665 with questions or to request a coach. No online registration.

Prerequisites:

Pre-Team - (Up through age 8) Completion of Youth Group Swim Lesson program or approval by Aquatics Management/Coaches. (30 minutes class)

Nads I - (Ages 9-12) Must have the ability to swim 25 yards and know the basics of all four competitive strokes. (45 minutes class)

Nads II - (Ages 13-18) Must have the ability to swim 100 free, 100 kick streamline, 200 IM, do flip turns, 4 x 50 freestyle at 1:15, and 50 breaststroke with the correct kick and underwater pullout. (45 minutes class)