

# URBANA PARK DISTRICT

## Youth Basketball Rules Summary

LEAGUE	QUARTER LENGTH	TIME OUTS	BASKETBALL SIZE	FREE THROW LINE	LANE VIOLATION	SUBSTITUTE WHEN	DEFENSE	PRESS
<b>Girls 3-4</b> (cross-court)	8 minutes	Two (2) per half. No carry over.	Junior	12'	5 Seconds	ONLY Mid-Quarter or Start of Quarter	No Zone Defense or Double-teaming* (see rules for definition) Allowed.	No Press Allowed
<b>Boys 3-4</b> (cross-court)	8 minutes	Two (2) per half. No carry over.	Junior	12'	5 Seconds	ONLY Mid-Quarter or Start of Quarter	No Zone Defense or Double-teaming* (see rules for definition) Allowed.	No Press Allowed
<b>Girls 5-6</b>	10 minutes	Two (2) per half. No carry over.	Intermediate	15'	3 Seconds	Any Dead Ball	No Zone Defense or Double-teaming* (see rules for definition) Allowed.	Pressing Allowed ONLY in last 2 minutes of game. Note: ONLY if pressing team is not ahead by ten (10) or more points.
<b>Boys 5-6</b>	10 minutes	Two (2) per half. No carry over.	Intermediate	15'	3 Seconds	Any Dead Ball	No Zone Defense or Double-teaming* (see rules for definition) Allowed.	Pressing Allowed ONLY in last 2 minutes of game. Note: ONLY if pressing team is not ahead by ten (10) or more points.
<b>Girls 7-8</b>	10 minutes	Two (2) per half. No carry over.	Intermediate	15'	3 Seconds	Any Dead Ball	Zone Defense is Allowed	Pressing Allowed. Note: ONLY if pressing team is not ahead by ten (10) or more points.
<b>Boys 7-8</b>	10 minutes	Two (2) per half. No carry over.	Official Size	15'	3 Seconds	Any Dead Ball	Zone Defense is Allowed	Man-to-Man Pressing Allowed. Note: ONLY if pressing team is not ahead by ten (10) or more points.

