

URBANA INDOOR AQUATIC CENTER

{102 E. Michigan, Urbana}

{Phone: (217) 384-7665}

{Registration Questions: (217) 367-1544}



URBANA INDOOR AQUATIC CENTER

The Urbana Indoor Aquatic Center is a partnership between the Urbana School District and the Urbana Park District. It is open to everyone during public swim time with a paid admission, punch card or membership card. During public swim hours, the water spray toys and water slides are turned on. Lap swim times are for individuals age 15 and up who wish to swim for exercise. Attend Urbana Park District water exercise classes by registering and paying for a specific program.

The Urbana Indoor Aquatic Center is also home to the Urbana Park District swim lesson program and diving lessons, and PE programs. Local swim team practices and meets, special events, birthday parties and private rentals are also held here. The Urbana Park District is proud and grateful to have access to such an exciting facility. Take advantage of this great community pool—and bring a friend!

Public Hours:

Hours are subject to change. Look for postings on the Urbana Indoor Aquatic Center outer doors. Please refer to posted signs or call the UIAC for these changes in hours. *Refunds and/or credits are not given for closures of any kind.*

FALL HOURS AUG 17- DEC 15	M-F	6-8am	Lap Swim & Water Exercise
	M-F	11am-1pm*	Lap Swim
<i>*Please refer to posted signs or call the UIAC for these changes in hours.</i>			
WINTER BREAK DEC 16-30	M-F	6-9pm	Public Swim
	Sa	12-5pm	Public Swim
	Su	2-7pm	Public Swim
	M-F	6-8am	Lap Swim & Water Exercise
PUBLIC SWIM	M	Sep 5	1:30-9pm
	F	Sep 30	1:30-9pm
	M	Oct 10	1:30-9pm
	F	Oct 28	1:30-9pm
	F	Nov 11	1:30-9pm
F	Nov 25	1:30-9pm	

SCHOOL HOLIDAYS: EXTENDED HOURS

Day	Date	Hours
M	Sep 5	1:30-9pm
F	Sep 30	1:30-9pm
M	Oct 10	1:30-9pm
F	Oct 28	1:30-9pm
F	Nov 11	1:30-9pm
F	Nov 25	1:30-9pm

CLOSURES:

M-F evening meets: pool open thru 3pm
Sa/Su daytime meets: pool closed all day

Day	Date	ACTIVITY
F	Aug 19	UHS Swim Meet
Tu	Aug 30	UHS Swim Meet
Tu	Sep 6	UHS Swim Meet
W	Sep 28	UHS Swim Meet
W	Oct 12	UHS Swim Meet
F-Su	Nov 4-6	HEAT Swim Meet
Tu	Dec 13	UHS Swim Meet
Th	Nov 24	Thanksgiving Day
Sa	Dec 24	Christmas Eve
Su	Dec 25	Christmas Day
Sa	Dec 31	New Year's Eve
Su	Jan 1	New Year's Day

Holidays closed all day

Pool Features

- 5-Star rated guards and facility
- Zero-depth recreational pool equipped with water geysers, dinosaur slide and rain drop umbrella
- Drop slide and flume slide
- 25-meter x 25-yard competition pool
- 1-meter diving board
- Locker rooms and family changing area
- Party room



UIAC Admission

- Youth up through age 10 must be accompanied by a paying adult any time they visit UIAC. This is for the safety and enjoyment of all pool visitors.
- Due to the inability to directly monitor spectators, everyone is required to pay an admission fee or show membership pass to enter the facility. If you have further questions regarding this policy, please speak with the Aquatics Shift Manager on duty.

Entrance Fee

\$3- Non-swimmers wishing to supervise swimmers (Must be 15 or older)
\$6- Swimmers
\$4- Thursdays (Swimmers)

Lap Swim Etiquette

Children under 15 are not allowed in the pool during lap swim times. Due to the popularity of lap swimming, lap lanes for the general public are not guaranteed during public swim hours. Early morning activities from 6-8am include lap swim, water aerobics and occasional swim team practice. Look for postings of lap lane availability at the pool.

MEMBERSHIPS

You may purchase a membership at either the Urbana Indoor Aquatic Center or the Phillips Recreation Center, but all ID photos are taken at the Phillips Recreation Center. Call 367-1544 to set up an appointment. Last photos for IDs will be taken by 5:30pm Monday through Thursday, and 4:30 Fridays, Saturdays 8:30-11:30am.

RESIDENT (UPD/USD #116)	3 months	6 months	Annual
Youth ages 11-17	\$65	\$110	\$188
Adult 18 and up	\$78	\$132	\$221
Family of 2-4	\$100	\$166	\$277
Additional family member	\$13	\$26	\$52
NONRESIDENT	3 months	6 months	Annual
Youth ages 11-17	\$78	\$130	\$221
Adult 18 and up	\$91	\$156	\$260
Family of 2-4	\$117	\$195	\$325
Additional family member	\$13	\$26	\$52

Youth memberships

Youth ages 2 to 10 must have their memberships as part of a family pass and must be accompanied by a paying supervisor age 15 or older any time they visit UIAC. This is for the safety and enjoyment of all pool visitors. Children age 11 and up may purchase a youth membership and may attend the facility without a supervisor.

Family memberships (2-4 family members)

A family includes two adults and their dependent children under the age of 20 residing in the same household. Children under age 2 do not require a membership.

SCUBA Diving lessons

are offered in conjunction with:

Wild Country

2012 N. Prospect Ave. Champaign
351-4754

Please call for more information.

POOL RENTALS

All rentals include the use of the party room and swimming. An additional \$75 damage deposit is due at time of request. Call 367-1544 for information about reserving your party. Fifteen minutes of set-up and clean-up is included in the 2-hour time block. Your party may not enter until the starting time. The party room must be cleaned up and all attendees must exit by your scheduled ending time. Due to popularity, please reserve your party at least three weeks in advance.

Party Package

There is a special party room waiting for you at the Urbana Indoor Aquatic Center. Swim and use the room for a 2-hour time slot during public swim hours. When calling for reservations, ask about our discount for supervising adults. On the day of the party, please provide the pool cashier with a list of names of children that will be participating. Wristbands will be given to each participant at the door.

1-15 participants \$125

Please ask for details about having more than 15 participants at your party.

Private Rental

Rent the Urbana Indoor Aquatic Center before or after public hours for your own private facility rental! Includes unlimited swimming, party area and use of facility. Lifeguards will be provided. An additional \$75 damage deposit is due at the time of request. A minimum of 2-hour rental is required.

\$105/hour up to 15 guests
\$140/hour 16-30 guests

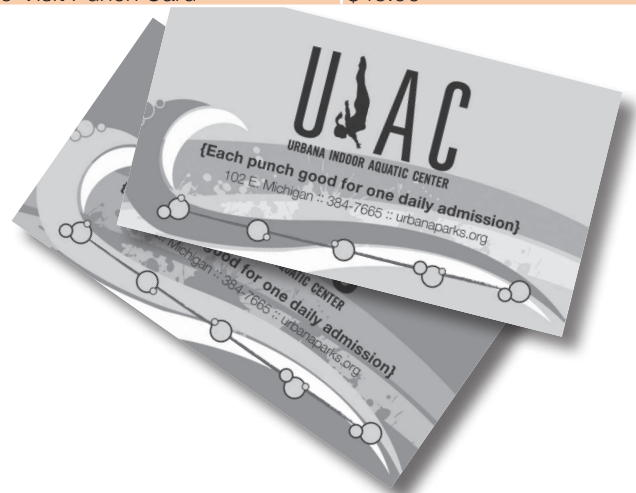
\$170/hour 31-45 guests
\$205/hour 46-60 guests

For groups of more than 60, please speak with the Aquatics Supervisor at 384-7665. Lower rates are available for rentals that use only one pool in the complex (Recreational or Competition).

PUNCH CARDS

Purchase a punch card as a way to try the Urbana Indoor Aquatic Center before committing to buying a pass. Or give one to family or friends from out of town.

5-Visit Punch Card	\$23.00
10-Visit Punch Card	\$46.00



SWIM LESSONS

Swim Lessons: Group and Private

The Urbana Park District's swim lesson program teaches children the correct and safe way to swim. Each level has been developed to master all skills before moving to the next. Safety is always first and foremost during our swim lessons. Our swim lesson program is for children 3 and up. The objective is to learn basic skills all the way through advanced swimming strokes by participating in six progressive levels. Children are assessed and placed in the level that best fits their needs. Call 367-1544 for information on registering for swim lessons.

New Participants

When signing up for swim lessons – all participants not on our past participant list will be tested and placed in the proper class.

Multiple Student Discount

Enroll more than one sibling in swim lessons and receive a \$5 discount for each additional child.

How to Register for Group Lessons

1. Choose the date and time you prefer from the class schedule.
2. Call the Phillips Recreation Center at 367-1544 to register using your credit card, stop by in person or mail in the registration form at the end of this guide. Instructors and supervisor reserve the right to reassign children based on swimmer assessment during the first week of classes to guarantee that the child will receive the appropriate level of instruction.



Lesson and Facility Information

- Shoes, food and drink are not allowed on the pool deck. No exceptions!
- Children may not have free swim before or after their swim lesson. If a lesson ends during public swim, you may re-enter after paying or scanning your UIAC pass.
- Parents, guardians, siblings and friends are not allowed in the water during swim lessons.
- Family members must watch lessons from the mezzanine level, not on the deck. Parents, guardians, siblings and friends are not allowed in the water during swim lessons.
- According to Illinois Health Code, all children wearing diapers must also wear plastic pants over them or wear a "swim diaper." This is to help prevent the spread of infectious disease through fecal accidents. Swim diapers are available for \$3 at the entrance.
- The child must be 3 years old by the first day of the class to participate in Goldfish level or higher.
- Private and semi-private lessons require at least 24 hours advanced notice of cancellation or no credit will be given. Please contact your instructor or call the UIAC at 384-7665 and leave a message for your instructor. If 24 hours advance notice is not given, you will forfeit that lesson.

Schedule of classes: Due to the popularity of swim lessons, early registration is encouraged. The registration deadline is ONE WEEK before the session begins. There will be no exceptions. It is also first come, first serve.

Levels and Prerequisites

Shrimp/Jumbo Shrimp: For infants and toddlers accompanied by parents to have fun and become more comfortable in the water through a semi-structured program with water play and games. Skills are developed through repetition of water activities.

Goldfish: No previous experience needed. Child must be able to enter the water without parent's assistance.

Sunfish: Front and back float with help, blow bubbles and do 10 bobs. Child must not be afraid of the water and must be willing to try things.

Clownfish: Front and back float on their own, front and back glide, swim on front and back for 15 feet.

Blowfish: Head first entry (diving) from side of the pool, rotary breathing, survival float – 30 seconds, tread water – 30 seconds, front and back crawl – 15 yards, elementary backstroke – 15 feet.

Swordfish: Dive from side, survival float – 1 minute, open turns on front and back, tread water – 1 minute, front crawl – 25 yards, breaststroke – 15 yards, butterfly – 15 yards, back crawl – 25 yards, elementary backstroke – 15 yards.

Tiger Sharks: Successful completion of all earlier levels.

Private and Semi-Private Swim Lessons

Private and Semi-private lessons provide very individualized instruction for anyone at any age. These lessons help the student become more confident in their swimming skills. We also recommend these lessons for anyone who wishes to perfect their strokes or for those who need a little extra attention before rejoining group lessons. Please contact the Aquatics Specialist at 384-7665 to register.

Location: Urbana Indoor Aquatic Center

4 Lessons/30 minutes each:

	Cost	Code
1 student	\$65R/\$130NR	8449
2 students	\$85R/\$170NR	
3 students	\$105R/\$210NR	



Private Diving Lessons

If you would like one-on-one instruction in any level of diving, call the Aquatics Specialist at 384-7665 to arrange dates and times for private lessons at the Urbana Indoor Aquatic Center.

Note: Price is per lesson for individual lessons.

Individual Lessons:

	Length	Cost	Code
1-4 lessons	30 minutes	\$19R/\$38NR	8452
1-4 lessons	60 minutes	\$29R/\$58NR	8453

Packaged Diving Lessons:

	Length	Cost	Code
5 lessons	30 minutes	\$60R/\$120NR	8454
5 lessons	60 minutes	\$100R/\$200NR	8455
10 lessons	30 minutes	\$120R/\$240NR	8456
10 lessons	60 minutes	\$180R/\$360NR	8457

Shrimp (6-18 Months)

Day	Date	Time	E.B. Cost Deadline	Cost Deadline	Code
TuTh	Sep 8-29	5:30-6pm	\$35R/\$70NR Aug 25	\$44R/\$88NR Sep 11	8492
Swim meet make-up Sep 16					
MW	Oct 3-26	5:30-6pm	\$35R/\$70NR Sep 19	\$44R/\$88NR Sep 26	8493
No Class Oct 10 and Oct 12 Make-up Oct 14 and Oct 21					
	Oct 31-Nov 23	5:30-6pm	\$35R/\$70NR Oct 17	\$44R/\$88NR Oct 24	8458
Sa	Sep 3-Oct 8	9:20-9:50am	\$30R/\$60 NR Aug 20	\$38R/\$76NR Aug 27	8495
	Oct 22-Dec 10	9:20-9:50am	\$30R/\$60 NR Oct 8	\$38R/\$76NR Oct 15	8496
No Class Nov 5 and Nov 26					

Jumbo Shrimp (18-36 Months)

Day	Date	Time	E.B. Cost Deadline	Cost Deadline	Code
MW	Sep 7-28	5:30-6pm	\$35R/\$70NR Aug 24	\$44R/\$88NR Aug 31	8497
No Class Sep 28 Make-up Sep 9 and Sep 23					
TuTh	Oct 4-27	5:30-6pm	\$35R/\$70NR Sep 20	\$44R/\$88NR Sep 27	8499
	Nov 1-22	5:30-6pm	\$35R/\$70NR Oct 18	\$44R/\$88NR Oct 25	8501
No Class Nov 24 Make-up Nov 18					
Sa	Sep 3-Oct 8	8:45-9:15am	\$30R/\$60 NR Aug 20	\$38R/\$76NR Aug 27	8503
	Oct 22-Dec 10	8:45-9:15am	\$30R/\$60NR Oct 8	\$38R/\$76NR Oct 15	8464
No Class Nov 5 and Nov 26					

Nadiator Conditioning

Calling all Nadiators! We are now offering a year round conditioning program for summer swim team participants who want to stay on top of their game during the off season. This program is comprised of coaching and personal instruction, swimming, drills, endurance training and more. It's a great workout for those on a summer swim team, or a way to discover if swim team is for you! You do not need to have been a Nadiator or plan to be a Nadiator to participate.

Day	Date	Time	E.B. Cost Deadline	Cost Deadline	Code
MW	Sep 7-28	5-6pm	\$45R/\$90NR Aug 24	\$56R/\$112NR Aug 31	8510
No Class Sep 28 Make-up Sep 9 and Sep 23					
	Oct 3-26	5-6pm	\$45R/\$90NR Sep 19	\$56R/\$112NR Sep 26	8465
No Class Oct 10 and Oct 12 Make-up Oct 14 and Oct 21					
	Oct 31-Nov 23	5-6pm	\$45R/\$90NR Oct 17	\$56R/\$112NR Oct 24	8466
M-Th	Nov 28-Dec 8	5-6pm	\$45R/\$90NR Nov 14	\$56R/\$112NR Nov 21	8512
TuTh	Sep 8-29	5-6pm	\$45R/\$90NR Aug 25	\$56R/\$112NR Sep 1	8467
Swim meet make-up Sep 16					
	Oct 4-27	5-6pm	\$45R/\$90NR Sep 20	\$56R/\$112NR Sep 27	8468
	Nov 1-22	5-6pm	\$45R/\$90NR Oct 18	\$56R/\$112NR Oct 25	8469

Goldfish

Day	Date	Time	E.B. Cost Deadline	Cost Deadline	Code
MW	Sep 7-28	4-4:30pm	\$35R/\$70NR Aug 24	\$44R/\$88NR Aug 31	8489
		5-5:30pm	\$35R/\$70NR Aug 24	\$44R/\$88NR Aug 31	8470
<i>No Class Sep 28 Make-up Sep 9 and Sep 23</i>					
	Oct 3-26	4-4:30pm	\$35R/\$70NR Sep 19	\$44R/\$88NR Sep 26	8505
		5-5:30pm	\$35R/\$70NR Sep 19	\$44R/\$88NR Sep 26	8471
<i>No Class Oct 10 and Oct 12 Make-up Oct 14 and Oct 21</i>					
	Oct 31-Nov 23	4-4:30pm	\$35R/\$70NR Oct 17	\$44R/\$88NR Nov 21	8507
		5-5:30pm	\$35R/\$70NR Oct 17	\$44R/\$88NR Nov 21	8472
M-Th	Nov 28-Dec 8	4-4:30pm	\$35R/\$70NR Nov 14	\$44R/\$88NR Nov 21	8515
		5-5:30pm	\$35R/\$70NR Nov 14	\$44R/\$88NR Nov 21	8514
TuTh	Sep 8-29	4-4:30pm	\$35R/\$70NR Aug 25	\$44R/\$88NR Sep 11	8474
		5-5:30pm	\$35R/\$70NR Aug 25	\$44R/\$88NR Sep 11	8473
<i>Swim meet make-up Sep 16</i>					
	Oct 4-27	4-4:30pm	\$35R/\$70NR Sep 20	\$44R/\$88NR Sep 27	8475
		5-5:30pm	\$35R/\$70NR Sep 20	\$44R/\$88NR Sep 27	8511
	Nov 1-22	4-4:30pm	\$35R/\$70NR Oct 18	\$44R/\$88NR Oct 25	8508
		5-5:30pm	\$35R/\$70NR Oct 18	\$44R/\$88NR Oct 25	8506
<i>No Class Nov 24 Make-up Nov 18</i>					
Sa	Sep 3-Oct 8	10-10:30am	\$30R/\$60NR Aug 20	\$38R/\$76NR Aug 27	8504
		11-11:30am	\$30R/\$60NR Aug 20	\$38R/\$76NR Aug 27	8502
	Oct 22-Dec 10	10-10:30am	\$30R/\$60NR Oct 8	\$38R/\$76NR Oct 15	8500
		11-11:30am	\$30R/\$60NR Oct 8	\$38R/\$76NR Oct 15	8498
<i>No Class No Class Nov 5 and Nov 26</i>					



Sunfish-Tiger Sharks

Day	Date	Time	E.B. Cost Deadline	Cost Deadline	Code
MW	Sep 7-28	4-4:45pm	\$45R/\$90NR Aug 24	\$56R/\$112NR Aug 31	8509
		5-5:45pm	\$45R/\$90NR Aug 24	\$56R/\$112NR Aug 31	8477
<i>No Class Sep 28 Make-up Sep 9 and Sep 23</i>					
	Oct 3-26	4-4:45pm	\$45R/\$90NR Sep 19	\$56R/\$112NR Sep 26	8476
		5-5:45pm	\$45R/\$90NR Sep 19	\$56R/\$112NR Sep 26	8478
<i>No Class Oct 10 and Oct 12 Make-up Oct 14 and Oct 21</i>					
	Oct 31-Nov 23	4-4:45pm	\$45R/\$90NR Oct 17	\$56R/\$112NR Oct 24	8479
		5-5:45pm	\$45R/\$90NR Oct 17	\$56R/\$112NR Oct 24	8480
M-Th	Nov 28-Dec 8	4-4:45pm	\$45R/\$90NR Nov 14	\$56R/\$112NR Nov 21	8481
		5-5:45pm	\$45R/\$90NR Nov 14	\$56R/\$112NR Nov 21	8513
TuTh	Sep 8-29	4-4:45pm	\$45R/\$90NR Aug 25	\$56R/\$112NR Sep 1	8490
		5-5:45pm	\$45R/\$90NR Aug 25	\$56R/\$112NR Sep 1	8482
<i>Swim meet make up Sep 16</i>					
	Oct 4-27	4-4:45pm	\$45R/\$90NR Sep 20	\$56R/\$112NR Sep 27	8491
		5-5:45pm	\$45R/\$90NR Sep 20	\$56R/\$112NR Sep 27	8483
	Nov 1-22	4-4:45pm	\$45R/\$90NR Oct 18	\$56R/\$112NR Oct 25	8484
		5-5:45pm	\$45R/\$90NR Oct 18	\$56R/\$112NR Oct 25	8485
<i>No Class Nov 24 Make-up Nov 18</i>					
Sa	Sep 3-Oct 8	10-10:45am	\$34R/\$68NR Aug 20	\$43R/\$86NR Aug 27	8486
		11-11:45am	\$34R/\$68NR Aug 20	\$43R/\$86NR Aug 27	8487
	Oct 22-Dec 10	10-10:45am	\$34R/\$68NR Oct 8	\$43R/\$86NR Oct 15	8488
		11-11:45am	\$34R/\$68NR Oct 8	\$43R/\$86NR Oct 15	8460
<i>No Class Nov 5 and Nov 26</i>					



See the latest plan for the
OUTDOOR AQUATIC FACILITY
 Watch for updates at www.urbanaparks.org

Open House times will be posted in late September.

Deep Water Aerobics

Are you looking for a low impact exercise routine that tones your muscles, and strengthens your heart? Why not jump in the deep end and give Deep Water Aerobics a try! Our trained instructor will lead you through a fun routine using floating dumbbells and ankle weights. You will be pleasantly surprised how regular attendance and a healthy lifestyle will change the way you feel and look. Please register one week before each session begins.

Age	Location						
15 and up	Urbana Indoor Aquatic Center						
Day	Date	Time	E.B. Cost	Deadline	Cost	Deadline	Code
MWF	Aug 29-Oct 21	6-6:50am	\$69R/\$138NR	Aug 15	\$84R/\$168NR	Aug 29	8516
MW	Aug 29-Oct 21	6-6:50pm	\$39R/\$78NR	Aug 15	\$54R/\$108NR	Aug 29	8518
No class Sep 28 or Oct 12							
F	Aug 29-Oct 21	6-6:50pm	\$21R/\$42NR	Aug 15	\$36R/\$72NR	Aug 29	8520
MWF	Oct 24-Dec 16	6-6:50am	\$69R/\$138NR	Oct 10	\$84R/\$168NR	Oct 24	8517
MW	Oct 24-Dec 16	6-6:50pm	\$45R/\$90NR	Oct 10	\$60R/\$120NR	Oct 24	8519
F	Oct 24-Dec 16	6-6:50pm	\$21R/\$42NR	Oct 10	\$36R/\$72NR	Oct 24	8521

Basic Water Exercise

This invigorating exercise routine takes place in shallow water—no swimming skills are necessary. Water Aerobic Variety is a fun way to burn fat, tone your muscles and keep your heart healthy. Sample aerobic moves, water walking, water strengthening and much more.

Age	Location						
15 and up	Urbana Indoor Aquatic Center						
Day	Date	Time	E.B. Cost	Deadline	Cost	Deadline	Code
TuTh	Aug 30-Oct 20	6-6:50am	\$48R/\$96NR	Aug 16	\$54R/\$108NR	Aug 30	8522
TuTh	Aug 30-Oct 20	6-6:50pm	\$48R/\$96NR	Aug 16	\$54R/\$108NR	Aug 30	8523
No class Aug 30, Sep 6							
TuTh	Oct 25-Dec 15	6-6:50am	\$45R/\$90NR	Oct 11	\$57R/\$114NR	Oct 25	8524
TuTh	Oct 25-Dec 15	6-6:50pm	\$45R/\$90NR	Oct 11	\$57R/\$114NR	Oct 25	8525
No class Nov 24							

FREE FITNESS WEEK

August 22-26

Try out any fitness classes at the Phillips Recreation Center, the Urbana Indoor Aquatic Center or Brookens Gym absolutely free for this week. It's one way that we can say "Thanks!" to our continuing participants and "Welcome" to our new participants. So come on by, try us out, and let us know what you think. (Tai Chi classes are not included.)

Flexible Fitness Punch Cards

If your schedule fluctuates or you find it difficult to attend an entire session of fitness classes, purchase a 10-class Flexible Fitness Punch Card. Attend any class that accommodates your schedule. Passes may be used for all fitness classes in their category. Pre-registered participants get priority of class space. Passes are not interchangeable across categories. Before each class you attend, present the card upon arrival and you will be admitted to the class. Punch cards are valid from one session to the next. Punch cards are *nontransferable* and are good only for the purchaser.

Flexible Fitness Punch Card

Fees: \$34(R) \$68(N)
Code: 8527

Yoga/Pilates Flexible Punch Card

Fees: \$44(R) \$88(N)
Code: 8528

Water Exercise Flexible Punch Card

Fees: \$42(R) \$84(N)
Code: 8526

