



Dance Staff

Jonathan Sivier

English Country Dance

For registration help: Call 217-367-1544 and press 0. Other questions about dance programs: Call Niki Hoesman at 217-367-1544, ext. 276.

Community Programs

English Dancing for Fun & Fitness

Thursdays, 3:30-4:30pm
Phillips Recreation Center
Age 14 and Up

English country dancing was popular in England, Europe and the colonies from the 1600's to the early 1800's. It is one of the primary dance forms from which American contra and square dance are descended. Jonathan Sivier leads these fun, social and low-impact dances which provide good exercise for the mind as well as the body. We may include dances from the American Colonial, Revolutionary and Civil War eras, as well as modern compositions. Wear comfortable clothes and bring a pair of clean, soft-soled, non-marking, non-street shoes. No previous dance experience is required.

Date	EB Cost	Deadline	Cost	Deadline	Code
Jun 6-Aug 1	\$32R/\$48NR	May 24	\$40R/\$60NR	May 31	7814

English Country Dancing

with the Central Illinois English Country Dancers

Saturdays or Sundays, 2-5pm

- Saturday, June 9 - Playford Ball
- Sunday, July 14
- Sunday, August 11

Phillips Recreation Center

Fee: \$3 at the door

Age 14 and Up

English Country Dancing was popular in England, Europe and the Colonies during the 17th and 18th centuries. A forerunner of American square dance and contra dance, it has been featured in movie adaptations of Jane Austen's books. Programs will consist primarily of the dances and music from England in the 1600s and 1700s and from the American Colonial and Revolutionary periods.

All dances will be taught at these social and recreational programs where there is always live music provided by the Flatland Consort. Partners, costumes and experience are not necessary. Wear comfortable clothes and bring a separate pair of clean, soft-soled, non-marking, non-street shoes to help protect the floor. **For more information, call Jonathan Sivier at 217-359-8225 or visit www.CentrallIllinoisECD.org.**

These three dances will be the last dances for the summer. The English Country Dancers meet during the academic year at the Phillips Recreation Center. Look for their next schedule in the September-December guide.

Friday Night Contra Dances

with the Urbana Country Dancers

Fridays, 8-11pm - New Dancer Orientation at 7:30pm

- May 3 & 17
- June 14 & 21
- July 12 & 19
- August 2 & 16

Phillips Recreation Center

All Ages - children must be supervised at all times

Join us for fun, energetic dances with great live string-band music on a beautiful sprung-wood floor. All dances are taught by our callers and experienced dancers will welcome you and other new dancers. No partner or experience is necessary. Contra Dancing is the American descendant of English Country Dancing and has figures similar to those from square dancing (swing, do-si-do, etc).

Bring an additional pair of clean, soft-soled shoes to protect the floor. Please refrain from wearing perfume or cologne. **Admission is usually \$5 (\$4 for students and senior citizens), which pays for our callers, bands, and dance hall rent.**

For more information and updates about dances, workshops, musician jams, pre-dance potluck dinners, and special events, sashay to www.urbana-contra.org/ or call the UCD Hotline: 217-359-8225

You Can Perform In



James Lapine and Stephen Sondheim take everyone's favorite storybook characters and bring them together for a timeless, yet relevant, piece... and a rare modern classic. The Tony Award-winning book and score are both enchanting and touching.

The story follows a Baker and his wife, who wish to have a child; Cinderella, who wishes to attend the King's Festival; and Jack, who wishes his cow would give milk. When the Baker and his wife learn that they cannot have a child because of a Witch's curse, the two set off on a journey to break the curse. Everyone's wish is granted, but the consequences of their actions return to haunt them later with disastrous results.

Ages 6-18 (just finished senior year of high school)

If you have any questions, call Niki Hoesman at 217-367-1544, extension 276.

Arranging for Auditions

Auditions take place at the Phillips Recreation Center. Call 217-367-1544 ext. 276 or visit <https://bit.ly/2Q8EZID> to schedule an audition time for either the chorus only or for a named role. If you are unable to make these scheduled times, ask about making alternate arrangements. Sign-ups for technical work will be accepted any time during auditions.

Audition Type	Day	Time
Chorus Auditions	Friday, April 19	4-6pm
	Saturday, April 20	10-11am
Children will be taught a number from the show and will sing and dance in groups of 10-15 for 30 minutes.		
Solo Auditions	Friday, April 19	6-8pm
	Saturday, April 20	11am-12pm & 1-5pm
Prepare a song to sing. An accompanist will be provided for those who bring sheet music. Children will perform their number and dance in small groups for one hour.		
Call Backs	Sunday, April 21	1-5pm
Call backs will be done in two phases and will include script readings, dance movement auditions and possible singing repeats. Children will be contacted if they are to attend call backs.		

Rehearsal Information

Monday-Thursday, 6:30-9:30pm

May 20-Performance Dates (July 25-28)

Brookens Gym

Frequency of rehearsals for an individual will depend on how many scenes they are in. Exact schedules vary within the 6:30-9:30pm timeframe week to week. Some performers may rehearse up to 12 hours a week. Rehearsal times may change and frequency will increase the week just prior to the production, and may include Friday, Saturday, and Sunday meetings and rehearsals.

Program Fees | Code: 7549

A fee of \$100 is required and covers the cost of production materials as well as a show T-shirt and poster for each cast member. No separate costuming fees will be required, though cast members may need to supply their own individual pieces from home (such as plain-colored shirts, tights, shoes, or makeup). **The program fee is due by Monday, May 20. No refunds will be given after May 31. Financial assistance is available. Please apply by May 16. (See page 5)**

NEW! James Room Kitchen Programs

Kitchen Basics with Breakfast, Life & Dinner

Saturdays, 2-4pm
Phillips Recreation Center
Age 21 and Up

Join Adam Wisniewski, the talented cooking coach from Breakfast, Life, & Dinner, for these fun and simple cooking classes in our newly remodeled James Room Kitchen. Our small class size and the large-screen TV with camera pointed at the teaching island will both guarantee you don't miss any of the great tips and tricks you'll learn. If you've seen Adam on the WCIA Morning Show, you know you're in for a treat! Adam will teach you "Confidence in the Kitchen", starting with the basics, exploring new techniques, and learning new and healthier recipes from around the world. You'll gain the skills to make planning, shopping, preparing and cooking an *adventure*, instead of a chore.

May 18: Easy Focaccia and Marinara

When you can make a delicious loaf of bread in less than an hour, along with a simple marinara sauce, you've got everything you need to turn a weekday night into an Italian feast!

June 29: Buffalo Chicken and Coleslaw

Summer is here! What could be better than oven-roasted buffalo style chicken and a creamy coleslaw? These picnic favorites are a snap to make.

July 20: Mix-in Burgers (on the outdoor grill)

The grilling menu was never better than burgers on the grill! Learn how to make a basic burger and then get fancy with mix-in ingredients and techniques.

Date	EB Cost	Deadline	Cost	Deadline	Code
May 18	\$22R/\$33NR	May 4	\$28R/\$42NR	May 11	7816
June 29	\$22R/\$33NR	Jun 15	\$28R/\$42NR	Jun 22	7817
July 20	\$22R/\$33NR	Jul 6	\$28R/\$42NR	Jul 13	7818

Masterpiece and Mocktails

Saturday, August 10, 4-6pm
Phillips Recreation Center
Age 18 and Up

Come learn and explore the techniques and effects of painting on glass — specifically cocktail glasses. We will learn how to use the paint, brush techniques and how to permanently adhere the paint to your glass so it can withstand years of use. As you create your masterpiece, you can sample and learn how to concoct your own healthy mocktails. Supplies will be provided, just bring your creative and inspired self!

Date	Cost	Deadline	Code
Aug 10	\$20R/NR	Aug 7	7747

DIY Bug & Mat Spray with Essential Oils

Sunday, June 9, 2-4pm
Phillips Recreation Center
Age 15 and Up

If you are curious about how to make your own essential oil bug spray or yoga mat spray, then join Jodi Adams, our certified yoga teacher and essential oils guru to learn how. She will guide you through the process, while sharing tales of her time spent in the jungles of Costa Rica, using essential oils for virtually everything-- from bug repellent to muscle comfort.

Using the wisdom of plants that naturally repel insects, these essential oils will help protect you and those that you love using a safe, non-toxic formula. The mat spray is specially crafted with oils that are antiviral, antimicrobial and purifying. This spray can be used as a safe alternative to commercially sold room fresheners. This make-and-take workshop allows you to get hands on experience using the oils. The cost of the workshop is \$12 for either the bug spray or the mat spray or \$20 for both.

	Cost	Deadline	Code
Bug Spray	\$12R/NR	June 5	7750
Mat Spray	\$12R/NR	June 5	7751
Both Sprays	\$20R/NR	June 5	7752

FREE! Brain Teasers & Treats: Game Night

Tuesday, May 21, 5-6:30pm
Phillips Recreation Center
All Ages - under 15 with adult

Interested in keeping your brain fit? Join staff from the Urbana Park District and The Urbana Free Library for an evening of games, activities, and treats designed to sharpen your brain! **While this is a free event, registration is encouraged.**

Registration Deadline	Code
May 17	7755