

# Free Summer Activities & Events

## May

| Event Category | Event                                       | Date              | Time          | Age      | Location                          | Page |
|----------------|---|-------------------|---------------|----------|-----------------------------------|------|
| Community      | Conversations with Evergreen Place          | Tuesday, May 10   | 2-3pm         | Age 50+  | Phillips Recreation Center        | 54   |
|                | Ukulele Jam                                 | Thursday, May 19  | 5:30-7pm      | Age 18+  | Phillips Recreation Center        | 52   |
|                | Ukulele Jam                                 | Thursday, May 26  | 5:30-7pm      | Age 18+  | Phillips Recreation Center        | 52   |
| Fitness        | FREE Fitness Week                           | May 2-6           | Various Times | Age 15+  | Various Locations                 | 56   |
|                | Injury Screening with Athletico             | Wednesday, May 18 | 4-5:30pm      | Age 15+  | Phillips Recreation Center        | 61   |
|                | Tai Chi in the Park                         | Tuesday, May 24   | 6:30-7:30pm   | Age 15+  | Meadowbrook Park                  | 58   |
| Nature         | Sunday Morning Bird Walks                   | Sunday, May 1     | 7:30-9am      | All Ages | Anita Purves Nature Center        | 63   |
|                | Sunday Morning Bird Walks                   | Sunday, May 8     | 7:30-9am      | All Ages | Anita Purves Nature Center        | 63   |
|                | Playscape Office Hours                      | Tuesday, May 10   | 4-6pm         | All Ages | Friendship Grove Nature Playscape | 63   |
|                | Connecting You to Nature Hikes - In Person! | Wednesday, May 11 | 1-2pm         | All Ages | Busey Woods                       | 63   |
|                | Sunday Morning Bird Walks                   | Sunday, May 15    | 7:30-9am      | All Ages | Anita Purves Nature Center        | 63   |
|                | Playscape Office Hours                      | Tuesday, May 17   | 4-6pm         | All Ages | Friendship Grove Nature Playscape | 63   |
|                | Sunday Morning Bird Walks                   | Sunday, May 22    | 7:30-9am      | All Ages | Anita Purves Nature Center        | 63   |
|                | Playscape Office Hours                      | Tuesday, May 24   | 4-6pm         | All Ages | Friendship Grove Nature Playscape | 63   |
|                | Sunday Morning Bird Walks                   | Sunday, May 29    | 7:30-9am      | All Ages | Anita Purves Nature Center        | 63   |
|                | Playscape Office Hours                      | Tuesday, May 31   | 4-6pm         | All Ages | Friendship Grove Nature Playscape | 63   |

## June

| Event Category                        | Event                                       | Date               | Time          | Age              | Location                   | Page |
|---------------------------------------|---|--------------------|---------------|------------------|----------------------------|------|
| Community                             | Neighborhood Nights                         | Wednesday, June 1  | 6:30-8pm      | All Ages         | Carle Park                 | 16   |
|                                       | Ukulele Jam                                 | Thursday, June 2   | 5:30-7pm      | Age 18+          | Phillips Recreation Center | 52   |
|                                       | Neighborhood Nights                         | Wednesday, June 8  | 6:30-8pm      | All Ages         | Anita Purves Nature Center | 16   |
|                                       | Rules of the Road                           | Thursday, June 9   | 10am-12pm     | Age 50+          | Phillips Recreation Center | 52   |
|                                       | Ukulele Jam                                 | Thursday, June 9   | 5:30-7pm      | Age 18+          | Phillips Recreation Center | 52   |
|                                       | Play Day in the Park                        | Thursday, June 9   | 5:30-7pm      | All Ages         | Victory Park               | 11   |
|                                       | Conversations with Evergreen Place          | Tuesday, June 14   | 2-3pm         | Age 50+          | Phillips Recreation Center | 54   |
|                                       | Neighborhood Nights                         | Wednesday, June 15 | 6:30-8pm      | All Ages         | South Ridge Park           | 16   |
|                                       | Ukulele Jam                                 | Thursday, June 16  | 5:30-7pm      | Age 18+          | Phillips Recreation Center | 52   |
|                                       | Neighborhood Nights                         | Wednesday, June 22 | 6:30-8pm      | All Ages         | Larson Park                | 16   |
|                                       | Ukulele Jam                                 | Thursday, June 23  | 5:30-7pm      | Age 18+          | Phillips Recreation Center | 52   |
|                                       | Martin Luther King-Jettie Rhodes Day        | Saturday, June 25  | 12-4pm        | All Ages         | King Park                  | 14   |
|                                       | Neighborhood Nights                         | Wednesday, June 29 | 6:30-8pm      | All Ages         | Victory Park               | 16   |
|                                       | Play Day in the Park                        | Thursday, June 30  | 5:30-7pm      | All Ages         | Blair Park                 | 11   |
|                                       | Ukulele Jam                                 | Thursday, June 30  | 5:30-7pm      | Age 18+          | Phillips Recreation Center | 52   |
| Fitness                               | Yoga in the Park                            | Saturday, June 11  | 9-10am        | All Ages         | Meadowbrook Park           | 58   |
|                                       | Zumba in the Park                           | Saturday, June 11  | 10:30-11:30am | All Ages         | Meadowbrook Park           | 58   |
|                                       | Yoga in the Park                            | Saturday, June 18  | 9-10am        | All Ages         | Meadowbrook Park           | 58   |
|                                       | Tai Chi in the Park                         | Tuesday, June 21   | 6:30-7:30pm   | Age 15+          | Meadowbrook Park           | 58   |
|                                       | Yoga in the Park                            | Saturday, June 25  | 9-10am        | All Ages         | Meadowbrook Park           | 58   |
| Nature                                | FRESH Crew Volunteer Stewardship Days       | Wednesday, June 8  | 9-10:30am     | Ages 13-18       | Crystal Lake Park          | 55   |
|                                       | FRESH Crew Volunteer Stewardship Days       | Wednesday, June 15 | 3-4:30pm      | Ages 13-18       | Victory Park               | 55   |
|                                       | Summer Solstice Stewardship Day             | Tuesday, June 21   | 8am-5pm       | All Ages         | Meadowbrook Park           | 64   |
|                                       | FRESH Crew Volunteer Stewardship Days       | Wednesday, June 22 | 9-10:30am     | Ages 13-18       | Meadowbrook Park           | 55   |
|                                       | Connecting You to Nature Hikes - In Person! | Wednesday, June 22 | 1-2pm         | All Ages         | Meadowbrook Park           | 63   |
| FRESH Crew Volunteer Stewardship Days | Wednesday, June 29                          | 3-4:30pm           | Ages 13-18    | Meadowbrook Park | 55                         |      |

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# Free Summer Activities & Events

## July

| Event Category                        | Event                                       | Date               | Time          | Age          | Location                   | Page |
|---------------------------------------|---|--------------------|---------------|--------------|----------------------------|------|
| Community                             | Neighborhood Nights                         | Wednesday, July 6  | 6:30-8pm      | All Ages     | AMBUCS Park                | 16   |
|                                       | Conversations with Evergreen Place          | Tuesday, July 12   | 2-3pm         | Age 50+      | Phillips Recreation Center | 54   |
|                                       | Neighborhood Nights                         | Wednesday, July 13 | 6:30-8pm      | All Ages     | Crestview Park             | 16   |
|                                       | Ukulele Jam                                 | Thursday, July 14  | 5:30-7pm      | Age 18+      | Phillips Recreation Center | 52   |
|                                       | Ukulele Jam                                 | Thursday, July 17  | 5:30-7pm      | Age 18+      | Phillips Recreation Center | 52   |
|                                       | Neighborhood Nights                         | Wednesday, July 20 | 6:30-8pm      | All Ages     | Blair Park                 | 16   |
|                                       | Play Day in the Park                        | Thursday, July 21  | 5:30-7pm      | All Ages     | King Park                  | 11   |
|                                       | Ukulele Jam                                 | Thursday, July 21  | 5:30-7pm      | Age 18+      | Phillips Recreation Center | 52   |
|                                       | Neighborhood Nights                         | Wednesday, July 27 | 6:30-8pm      | All Ages     | Meadowbrook PrairiePlay    | 16   |
| Fitness                               | Ukulele Jam                                 | Thursday, July 28  | 5:30-7pm      | Age 18+      | Phillips Recreation Center | 52   |
|                                       | Yoga in the Park                            | Saturday, July 9   | 9-10am        | All Ages     | Meadowbrook Park           | 58   |
|                                       | Yoga in the Park                            | Saturday, July 16  | 9-10am        | All Ages     | Meadowbrook Park           | 58   |
|                                       | Zumba in the Park                           | Saturday, July 16  | 10:30-11:30am | All Ages     | Meadowbrook Park           | 58   |
|                                       | Power of Parks 5K                           | July 18-July 29    | Various       | All Ages     | Various Locations          | 12   |
|                                       | Yoga in the Park                            | Saturday, July 23  | 9-10am        | All Ages     | Meadowbrook Park           | 58   |
|                                       | Injury Screening with Athletico             | Wednesday, July 25 | 4-5:30pm      | Age 15+      | Phillips Recreation Center | 61   |
|                                       | Tai Chi in the Park                         | Tuesday, July 26   | 6:30-7:30 pm  | Age 15+      | Meadowbrook Park           | 58   |
|                                       | Posture Workshop with Athletico             | Wednesday, July 27 | 5:30-6:30pm   | Age 15+      | Phillips Recreation Center | 61   |
| Nature                                | Yoga in the Park                            | Saturday, July 30  | 9-10am        | All Ages     | Meadowbrook Park           | 58   |
|                                       | FRESH Crew Volunteer Stewardship Days       | Wednesday, July 6  | 9-10:30am     | Ages 13-18   | Crystal Lake Park          | 55   |
|                                       | FRESH Crew Volunteer Stewardship Days       | Wednesday, July 13 | 9-10:30am     | Ages 13-18   | Meadowbrook Park           | 55   |
|                                       | Connecting You to Nature Hikes - In Person! | Wednesday, July 20 | 1-2pm         | All Ages     | Weaver Park                | 63   |
|                                       | FRESH Crew Volunteer Stewardship Days       | Wednesday, July 20 | 3-4:30pm      | Ages 13-18   | Meadowbrook Park           | 55   |
| FRESH Crew Volunteer Stewardship Days | Wednesday, July 27                          | 3-4:30pm           | Ages 13-18    | Victory Park | 55                         |      |

## August

| Event Category | Event                                       | Date                 | Time          | Age      | Location                   | Page |
|----------------|---|----------------------|---------------|----------|----------------------------|------|
| Community      | Ukulele Jam                                 | Thursday, August 4   | 5:30-7pm      | Age 18+  | Phillips Recreation Center | 52   |
|                | Crystal Lake Park Art Fair                  | Saturday, August 6   | 10am-4pm      | All Ages | Crystal Lake Park          | 15   |
|                | Conversations with Evergreen Place          | Tuesday, August 9    | 2-3pm         | Age 50+  | Phillips Recreation Center | 54   |
|                | Play Day in the Park                        | Thursday, August 11  | 5:30-7pm      | All Ages | Crestview Park             | 11   |
|                | Ukulele Jam                                 | Thursday, August 11  | 5:30-7pm      | Age 18+  | Phillips Recreation Center | 52   |
|                | Ukulele Jam                                 | Thursday, August 18  | 5:30-7pm      | Age 18+  | Phillips Recreation Center | 52   |
| Fitness        | Yoga in the Park                            | Saturday, August 6   | 9-10am        | All Ages | Meadowbrook Park           | 58   |
|                | Yoga in the Park                            | Saturday, August 13  | 9-10am        | All Ages | Meadowbrook Park           | 58   |
|                | Financial Well-Being                        | Tuesday, August 16   | 5:30-6:30pm   | Age 15+  | Phillips Recreation Center | 61   |
|                | Injury Screening with Athletico             | Wednesday, August 17 | 4-5:30pm      | Age 15+  | Phillips Recreation Center | 61   |
|                | Yoga in the Park                            | Saturday, August 20  | 9-10am        | All Ages | Meadowbrook Park           | 58   |
|                | Zumba in the Park                           | Saturday, August 20  | 10:30-11:30am | All Ages | Meadowbrook Park           | 58   |
| Nature         | Tai Chi in the Park                         | Tuesday, August 23   | 6:30-7:30 pm  | Age 15+  | Meadowbrook Park           | 58   |
|                | Connecting You to Nature Hikes - In Person! | Wednesday, August 17 | 1-2pm         | All Ages | Perkins Road Wet Prairie   | 63   |

