



# PROGRAM GUIDE

REGISTRATION BEGINS  
WEDNESDAY, APRIL 5

| MAY-AUG 2023



PARA INFORMACION EN ESPANOL: PAGINA 6

📍 You *belong* here. 📍 Tú *perteneces* aquí. 📍 Vous *appartenez* ici. 📍 你屬於這裡。

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## UPD MISSION

**It is the mission of the Urbana Park District to:** Improve the quality of life of its citizens through a responsive, efficient, and creative park and recreation system; Pursue excellence in a variety of programs, parks and special facilities that contribute to the attractiveness of neighborhoods, conservation of the environment and overall health of the community.

### Board of Commissioners

Michael J. Walker | President  
Nancy Delcomyn | Vice President  
Meredith Blumthal | Commissioner  
Roger Digges | Commissioner  
Cedric Stratton | Commissioner

### Call Us

Phillips Recreation Center | 217-367-1544  
Brookens Gym | 217-255-8601  
Anita Purves Nature Center | 217-384-4062  
Crystal Lake Park Family Aquatic Center | 217-239-7946  
Urbana Indoor Aquatic Center | 217-384-7665  
Planning and Operations | 217-344-9583  
Administration Office | 217-367-1536

### Visit in Person

Phillips Recreation Center | 505 W. Stoughton  
Brookens Gym | 1776 E. Washington  
Anita Purves Nature Center | 1505 N. Broadway  
Crystal Lake Park Family Aquatic Center | 1401 N. Broadway  
Lake House in Crystal Lake Park | 206 W. Park  
Planning and Operations | 1011 E. Kerr  
Administration Office | 303 W. University

### Support Us

Donate | Call the Development Manager: 217-367-1536  
Volunteer | Call the Community Program &  
Engagement Coordinator: 217-255-8601 ext 311  
or visit [urbanaparks.org](http://urbanaparks.org)

### Park District Leadership Team

Tim Bartlett | Executive Director  
Corky Emberson | Superintendent of Recreation  
Derek Liebert | Superintendent of Planning & Operations

 **You belong here.**

## Dear fellow Urbana residents,

We hope you have managed to stay well and active through the winter and are enjoying the lengthening days and rising temperatures as we move into spring and summer. This is the busiest time of the year for the park district as we rev up both outdoor programs and the maintenance of our open spaces. We have a range of both seasonal jobs and instructor openings available for hiring and are committed to attracting applicants that represent the full diversity of Urbana. Visit [www.urbanaparks.org/jobs](http://www.urbanaparks.org/jobs) for more information.

Remember that the Crystal Lake Park Family Aquatic Center season kicks off Memorial Day weekend so be sure to get your season pass early to get maximum benefit. Our summer camps will start shortly afterwards and this year will benefit from the brand new UPDAC Learning Pavilion located between the pool and the nature center. These popular programs fill quickly, so be sure to register early at [bit.ly/updregistration](http://bit.ly/updregistration).

After more than a decade of effort to determine community needs, develop an achievable design, and assembled the needed financing from multiple sources, we are delighted to announce that the ground breaking ceremony for the long awaited Health and Wellness Center will be held on May 6 in Prairie Park. Financing for this project is coming from two state grants, generous allocations of covid relief money

from the City of Urbana and Champaign County, UPD's own capital funds, and over \$1.8 million raised by the Urbana Parks Foundation campaign. It is truly a community wide effort for a facility that will serve Urbana's needs for decades to come.

We are also excited to have received a \$550,000 state grant to help fund a redesigned playground area for Meadowbrook Park to replace the failing wood structures of PrairiePlay there. There will be continuing opportunity for community involvement as we seek additional donations to maximize the amount of the design that can be achieved in the first phase of the project.

Have a great spring and summer and enjoy all your favorite UPD parks and programs, which our outstanding UPD staff work so hard to provide. And above all, please remember that You Belong Here!



*Sincerely,*

**Michael W. Walker**  
(He/Him)  
President  
Urbana Park District  
Board of Commissioners

## Board of Commissioners

The Urbana Park District Board of Commissioners oversees the operation of the Urbana Park District. The five-member board is elected by the public, and each member serves a six-year term.

The Board of Commissioners meets at 7pm on the second Tuesday of each month. Meetings take place at the Planning and Operations building, located at 1011 E. Kerr St. The public is invited to attend.

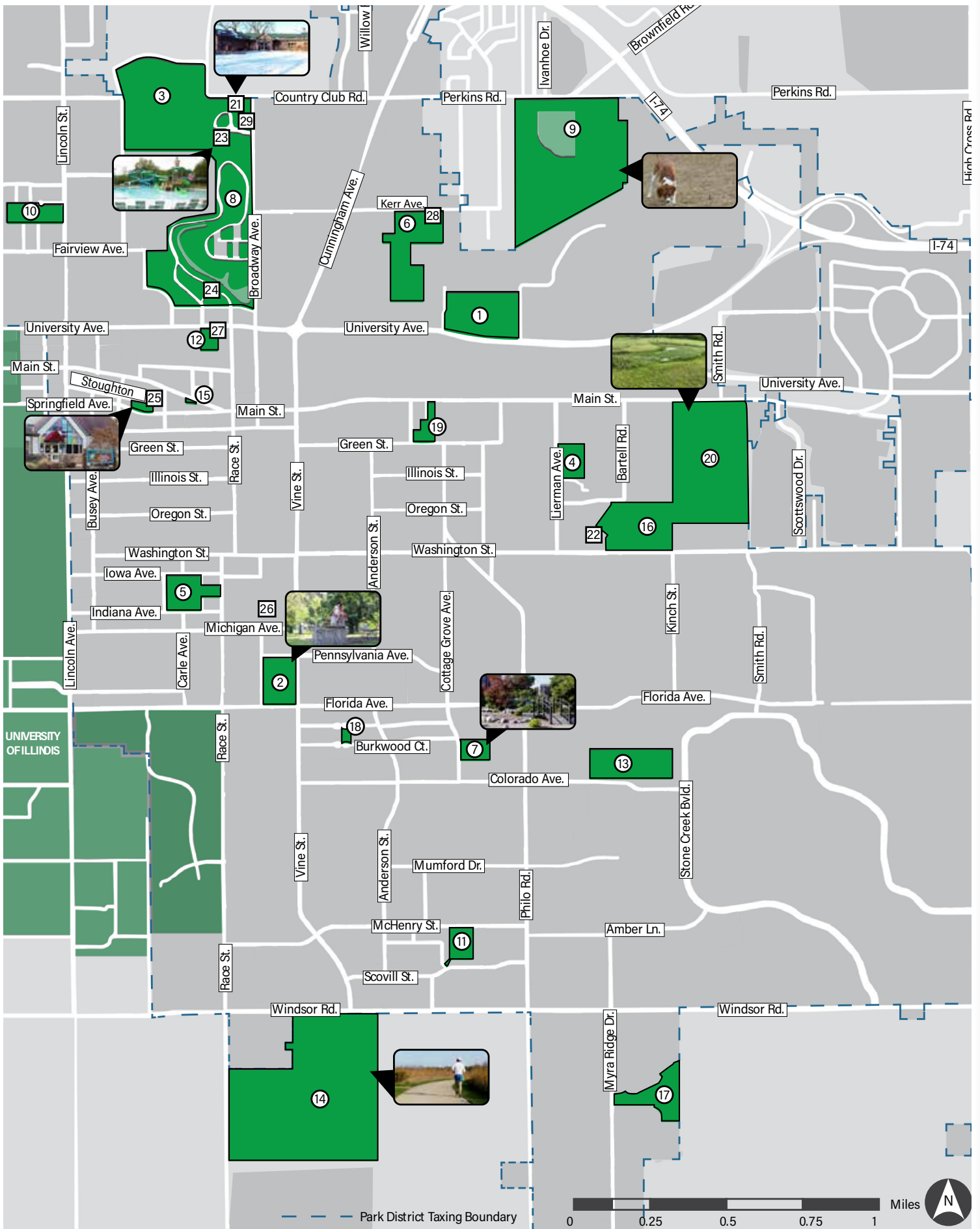


## Staff Leadership Team

The Urbana Park District staff is available to take your questions and concerns. Please call us at the numbers listed on the inside cover and we will be happy to help.

*Pictured from left to right: Tim Bartlett, Corky Emberson, and Derek Liebert*





Park	MTD Bus Route	Archery	Ball Diamonds	Basketball	Cricket Field	Boating (Seasonal)	Disc Golf	Dog Park	Fishing	Flower Beds	Garden Plots	Herb Garden	Historic Marker	Horseshoes	Porta Potties (Seasonal)	Open Fields	Path/Trails	Pavilion	Picnic Tables	Playground	Restrooms (Apr-Oct)	Sculpture	Grills	Sledding Hill	Soccer Field	Swimming Pool	Tennis Courts	Volleyball	Water Feature	FREE Wifi	Acreage (Owned & Leased)	
1	AMBUCS	Orange	○							○					○	○	○	○	○	○*	○	○	○								22	
2	Blair	Red/Green/Bronze	○							○			○	○		○	○	○	○	○	○	○			○		○				○	11
3	Busey Woods	Gold/Ruby															○														59	
4	Canaday	Green/Grey	○												○																5	
5	Carle	Green/Grey/Bronze/Gold								○			○			○	○		○	○	○		○		○			○			11	
6	Chief Shemauger	Gold	○	○						○					○	○	○						○								13	
7	Crestview	Red/Green								○			○			○	○	○	○	○	○		○								6	
8	Crystal Lake	Gold/Orange				○			○	○			○		○	○	○	○	○	○	○	○	○	○		○		○	○	○	144	
9	Perkins Road Park Site/Judge Webber/Dog Park	Gold	○					○							○	○															84	
10	King	Grey/Illini		○						○				○	○	○	○	○	○	○	○	○	○	○			○				8	
11	Larson (Wheatfield)	Red								○						○	○				○						○				5	
12	Leal	Orange/Grey								○			○			○	○						○								3	
13	Lohmann	Red/Green			○		○								○	○									○						15	
14	Meadowbrook	Bronze								○	○	○			○	○	○	○	○	○	○	○	○	○							130	
15	Patterson Parklett	Gold/Silver																													<1	
16	Prairie	Green	○							○					○	○							○	○	○						20	
17	South Ridge	Red														○	○				○										11	
18	Sunnycrest Tot Lot	Red/Green														○					○										1	
19	Victory	Red		○						○	○					○	○	○	○	○	○		○				○				5	
20	Weaver (In Development)	Green/Grey														○	○														60	

\* Accessible Playground • Accessible Grills ■ With Shelters

Facility	MTD Bus Route	ADA Accessible	Ball Diamonds	Boating (Seasonal)	Basketball	Birthday Parties	Fitness	Flower Beds	FREE Wifi	Nature Store	Offices	Open Fields	Paths/Trails	Picnic Tables	Playground	Rentable Rooms	Sculptures	Soccer Fields	Swimming Pool	
21	Anita Purves Nature Center	Gold/Ruby	○			○	○	○	○	○	○	○	○	○	○	○	○			
22	Brookens Gym/Fields	Green/Grey	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○		○	
23	CLP Family Aquatic Center	Gold/Ruby	○			○	○	○	○				○	○	○*	○			○	
24	Lake House	Orange/Gold	○	○			○	○	○				○	○	○	○				
25	Phillips Recreation Center	Gold/Silver	○			○	○	○	○		○	○		○	○	○	○			
26	Urbana Indoor Aquatic Center	Green/Grey/Bronze	○			○	○	○	○		○			○	○	○			○	
27	Greek Revival Cottage	Orange/Grey	○					○	○		○						○			
28	Planning and Operations	Gold	○					○	○		○									
29	Friendship Grove Nature Playscape	Gold/Ruby	○			○		○	○		○	○	○	○	○			○		

\* Outdoor Party Patio

**We're here to help our community thrive.**



Champaign-Urbana Mass Transit District  
217.384.8188 mtd.org



## How to Register

- Proof of park district residency is required for all new participants. Residency is explained at right. Proof of residency may be emailed to [info@urbanaparks.org](mailto:info@urbanaparks.org) prior to registration.
- Registration opens at 8am on April 5.
- Payment is due at time of registration.

### By Phone

Register by phone at 217-367-1544 using your Visa, Discover, American Express or Mastercard during regular Phillips Center hours (See page 27). First time registrants will need to prove residency before phone registration can be processed.

### Walk-In Registration

In-person registration is at the Phillips Recreation Center - 505 W. Stoughton. Pay by cash, check or credit/debit card. Checks should be made payable to "Urbana Park District."

### Online

Register online at [bit.ly/updregistration](https://bit.ly/updregistration)

New patrons will need to create an account; Returning patrons can log in using their current Urbana Park District account.

Need help logging in? You can contact the Phillips Recreation Center at 217-367-1544 or [info@urbanaparks.org](mailto:info@urbanaparks.org)

## Residency

Residents living within the boundaries of the Park District regularly support park facilities and programs through residential property taxes, and must currently reside at the residence. People living within the boundaries of the Urbana and Champaign Park Districts pay the resident (R) fees. Acceptable documents that prove current residency include, but are not limited to: utility bill, home-owner or auto insurance bill, cable bill, bank statement, vehicle registration, or voter registration card. (Emailed or faxed copies are accepted.) If in doubt about whether your document is acceptable call 217-367-1544. See also Reciprocal Agreement on this page.

The Urbana Park District has established a nonresident fee system in order to equalize payments by individuals residing outside of the Park District boundaries, so they will contribute to the overall financing of the park system on an equitable basis with residents. The Urbana Park District offers three options for nonresident program fees:

1. Individuals may pay 1.5 times the resident fee per program or membership.
2. Individuals residing immediately adjacent to Urbana Park District boundaries have the option of annexing their property into the district. For more information, call 217-367-1536.
3. Individuals may purchase an Urbana Park District annual park membership. This fee is computed based on the assessed value of the participant's property using the current Urbana Park District tax rate. The membership fee for rented properties is \$100 per year. Memberships are valid for programs that begin between May 1, 2023 through April 30, 2024. Ask a Phillips Recreation staff member for additional information. These memberships do not qualify you as a resident for purposes of Urbana Indoor Aquatic Center Memberships.

## Reciprocal Agreement

The Urbana Park District and Champaign Park District have a reciprocal agreement. A resident of one district can participate in programs at the other district at the resident rate. Not applicable to Urbana Indoor Aquatic Center memberships.

## Important Terms in the Program Guide

- **EB** - Early Bird; An early registration deadline with a discounted fee
- **R** - Resident; Individuals living within the boundaries of the Urbana and Champaign Park Districts
- **NR** - Nonresident; Individuals living outside the boundaries of the Urbana and Champaign Park Districts
- **Code** - Number of the program in the Urbana Park District registration system. You can search our registration website using this number.

## Youth Financial Assistance: Partial Fee Waivers for Urbana Park District Residents

In order to provide financial assistance to the greatest number of individuals and families, we are able to offer partial fee waivers to qualified participants.

Youth Financial Assistance is available to those residing within Urbana Park District boundaries. Fee waivers are available year-round and are awarded based on demonstrated financial need.

***Applications must be turned in at least two weeks before a program's deadline.*** This allows adequate time for processing and approval. Place in a program is reserved once payment is received. Submit requests early. You do not need to wait for registration to begin before submitting your application.

Applications can be picked up in person at the Phillips Recreation Center, 505 W. Stoughton, Urbana or on our website.

Along with a proof of Urbana residency, the following items must accompany your fee waiver application:

### **Any of the following as they apply:**

- Link Card or approval letter
- Housing Authority subsidized housing letter (show amount of subsidy)
- If you are a student who is doing research work at the UIUC and have a stipend or grant, a confirmation letter from that department on official letterhead

### **If presently employed:**

- 2 months' worth of pay stubs or bank statements
- Any document showing monies or subsidies received
- Official letters stating student assistantships and/or scholarships with amounts
- Completed Income Tax form (if self-employed)
- Official letter from employer (on official company letterhead) if you have just started working and have not received a paycheck yet

### **If presently unemployed:**

- Official unemployment documentation

## **Refunds, Cancellations, Withdrawals**

If you withdraw from a program, you may choose to apply the fee for that original program toward another program or you may receive a refund of the program cost minus a \$5 processing fee. If it is less than two weeks before the program's start date, or if it has already begun, a refund request form will need to be completed. They can be picked up at the Phillips Recreation Center or found online.

There will be a \$25 service charge on all returned checks and declined scheduled payments.

Refunds are processed by credit/debit card or as a mailed check. No cash refunds can be given.

## **Quality Guarantee**

The Urbana Park District constantly strives to provide you with excellence in recreation programs and services. We are so confident you will like these programs that we guarantee your satisfaction. If, after attending one of our classes or programs you are not completely satisfied with the quality of our programs, please tell us immediately.

Our guarantee is based on fulfilling our promise of delivering excellence. If you are not satisfied, we request your input in the form of suggestions, comments, ideas, or changes for improvement. Refund request forms must be filled out and brought or mailed to 505 W. Stoughton, Urbana, IL 61801 (217-367-1544). Requests must be made no later than 10 business days after the last class attended. Requests for past classes will not be honored. Refunds or credits will be issued within seven to ten business days after the Urbana Park District business office receives the written request. Requests for refunds due to changes in personal circumstances are not covered under this policy.

## **ADA / Equal Access**

The Urbana Park District works cooperatively with C-U Special Recreation to offer equal access to our recreation programs and services for persons with disabilities. For further information, call C-U Special Recreation at 217-819-3980.

In 2021-2022 the Urbana Park District contracted a professional ADA Assessment of parks and facilities in addition to programs, policies, and procedures. The Park District has an ADA Transition Plan in place to address barriers to accessibility. If you have questions about the ADA Transition plan, or would like to contact the ADA Coordinator for more information, visit [www.urbanaparks.org/about-us/ada-policies-andprocedures/](http://www.urbanaparks.org/about-us/ada-policies-andprocedures/)



## Cómo Registrarse

- Prueba de residencia en el distrito de parques es requerido para todos los nuevos participantes. Residencia explicada a la derecha. Prueba de la residencia puede enviarse por correo electrónico a [info@urbanaparks.org](mailto:info@urbanaparks.org) antes de registro.
- El registro abre a las 8 am el 5 de abril.
- El pago vence al momento de la inscripción

### Registrarse por teléfono

Regístrese por teléfono al 217-367-1544 usando tu Visa, Discover, American Express, o Master-card durante el horario regular del Phillips Center. Los inscritos por primera vez tendrán que demostrar su residencia.

### Registro Personal

También se pueden inscribir en el Centro de Recreación Phillips, 505 W. Stoughton. Pague en efectivo, cheque o tarjeta de crédito. Los cheques deben hacerse a nombre de "Urbana Park District"

### En línea

Regístrese en línea en [bit.ly/updregistration](http://bit.ly/updregistration)

Nuevos clientes tendrán que crear una cuenta; clientes que regresan pueden iniciar sesión usando su cuenta actual del Distrito de Parques de Urbana.

¿Necesitas ayuda para iniciar sesión? Puede comunicarse con el Centro de Recreación Phillips en 217-367-1544 o [info@urbanaparks.org](mailto:info@urbanaparks.org)

## Términos Importantes en la Guía del Programa

- EB - Fecha límite con precio de descuento
- R - Residente del área de Urbana Park District
- NR - Reside fuera del área de Urbana Park District
- Code - Código; Número de programa en el programa de registro en línea. Puede buscar en nuestro sitio web de registro usando este número.

## Asistencia financiera para jóvenes: exenciones parciales de tarifas para residentes del distrito de Urbana Park

Con el fin de brindar asistencia financiera a la mayor cantidad de personas y familias, podemos ofrecer exenciones parciales de tarifas a los participantes calificados.

La Asistencia Financiera para Jóvenes está disponible para aquellos que residen dentro de los límites del Distrito de Parques Urbana. Las exenciones de tarifas están disponibles todo el año y se otorgan en función de la necesidad financiera demostrada.

Las solicitudes deben entregarse al menos dos semanas antes de la fecha límite del programa. Esto permite un tiempo adecuado para el procesamiento y la aprobación. El lugar en un programa se reserva una vez que se recibe el pago. Envíe las solicitudes con anticipación. No necesita esperar a que comience el registro antes de enviar.

Las solicitudes se pueden recoger en persona en Centro de Recreación Phillips, 505 W Stoughton, o en nuestro sitio web.

Junto con una prueba de residencia en Urbana, los siguientes elementos deben acompañar su solicitud de exención de tarifas: Cualquiera de los siguientes según corresponda:

### Cualquiera de los siguientes según corresponda:

- Tarjeta de enlace o carta de aprobación
- Carta de vivienda subsidiada de la Autoridad de Vivienda (muestre el monto del subsidio)
- Si eres un estudiante que está haciendo un trabajo de investigación en la UIUC y tienes un estipendio o beca, una carta de confirmación de ese departamento en papel membretado oficial

### Si está empleado actualmente:

- 2 meses de recibos de pago o extractos bancarios
- Cualquier documento que muestre dinero o subsidios recibidos.
- Cartas oficiales indicando ayudantías estudiantiles y / o becas con montos
- Formulario de impuesto sobre la renta completado (si trabaja por cuenta propia)
- Carta oficial de su empleador (con membrete oficial de la empresa) si acaba de comenzar a trabajar y aún no ha recibido un cheque de pago.

### Si actualmente está desempleado:

- Documentación oficial de desempleo



## You Belong Here Initiative

Urbana Park District is committed to creating and promoting inclusion across all public spaces, places, facilities, and programs that the district manages. Through Urbana Park District's You Belong Here Inclusion Strategy, we welcome and support recreation experiences for everyone, while encouraging an inclusive and responsive staff culture. Celebrating inclusion regardless of age, ethnicity, culture, income, ability, interests, gender expression, gender identity, and/or sexual identity; everyone and anyone belongs here!

For more information, see our "You Belong Here" Initiative at [www.urbanaparks.org/about-us/you-belong-here/](http://www.urbanaparks.org/about-us/you-belong-here/)



## Behavior Code

In keeping with the Urbana Park District's goals, we encourage fun for all participants. However, certain rules are necessary to ensure everyone's safety and enjoyment. The following behavior rules apply to all participants in Urbana Park District programs. Failure to follow these rules can result in dismissal from programs. No refunds are granted when a participant is dismissed for behavioral reasons.

Participants should:

1. Demonstrate respect to other participants and staff.
2. Use appropriate language.
3. Respect the physical and mental well-being of themselves, other participants, and staff.
4. Use equipment, supplies, and facilities as they are meant.
5. Refrain from participation in unlawful activities.

## Photographs / Video

The Urbana Park District uses pictures of participants in its programs and events to inform others of recreational opportunities in promotional material including brochures, websites, social media, and this course catalog. If you do not want your picture taken, please tell our photographer.

## Help Stop Vandalism

You can help maintain the beauty of our parks. Report vandalism immediately! Phone the Urbana Police, 911, or the Urbana Park District at 217-367-1536.

## Urbana Park District Rainout Line - Download the app or call us.

For information about program cancellations, including weather cancellations, and for updates about special events or other key happenings at the Urbana Park District, you may call the Sports, Program, and Event Hotline at 217-367-9575. For evening sports programs, this line will be updated after 4:30pm on weekdays and one hour before the scheduled program or sports on weekends. All other updates will be made as conditions change. You may also find out about the Rainoutline App for your phone at: <http://www.urbanaparks.org/events/rain-outs-and-cancellations/>.



# Free Summer Activities & Events

## MAY

\*Pre-registration required

Event	Day	Date	Time	Age	Location	Page
FREE Fitness Week	Mon-Fri	May 1-5	Various Times	Age 15+	Various	52
Composting Methods and Practices *	Sat	May 6	10am-12pm	Age 15+	APNC	60
FRESH Crew Teen Nature Workdays	Sat	May 6	2-4pm	Grades 6-12	BW	45, 61
Sunday Morning Bird Walks	Sun	May 7	7:30-9am	All Ages	APNC	60
Connecting You to Nature Hikes	Wed	May 10	5:30-6:30pm	All Ages	WP	60
Sunday Morning Bird Walks	Sun	May 14	7:30-9am	All Ages	APNC	60
Gnome Homes and Fairy Gardens *	Sat	May 20	1-3pm	Age 5-12	MP	60
Sunday Morning Bird Walks	Sun	May 21	7:30-9am	All Ages	APNC	60
Injury Screening with Athletico	Mon	May 22	12:30-2pm	Age 15+	PRC	58
Tai Chi in the Park	Tues	May 23	6:30-7:30pm	Age 15+	MP	13, 54
Sunday Morning Bird Walks	Sun	May 28	7:30-9am	All Ages	APNC	60
Senior Club Game Day	Wed	May 31	12-4pm	Age 50+	PRC	47
Neighborhood Nights	Wed	May 31	6:30-8pm	All Ages	CP	11

## JUNE

\*Pre-registration required

Event	Day	Date	Time	Age	Location	Page
Folk & Roots Friday	Fri	Jun 2	12-1pm	All Ages	LH	10
FRESH Crew Teen Nature Workdays	Tues	Jun 6	9-11am	Grades 6-12	BW	45, 61
Neighborhood Nights	Wed	Jun 7	6:30-8pm	All Ages	LH	11
Rules of the Road *	Thu	Jun 8	10am-12pm	Age 50+	PRC	46
Play Day in the Park	Thu	Jun 8	5:30-7pm	All Ages	VP	12
Yoga in the Park	Sat	Jun 10	9-10am	All Ages	MP	13, 54
FRESH Crew Teen Nature Workdays	Tues	Jun 13	9-11am	Grades 6-12	MP	45, 61
Tai Chi in the Park	Tues	Jun 13	6:30-7:30pm	Age 15+	MP	13, 54
Connecting You to Nature Hikes	Wed	Jun 14	5:30-6:30pm	All Ages	PRWP	60
Neighborhood Nights	Wed	Jun 14	6:30-8pm	All Ages	SRP	11
LGBTQIA+ Financial Workshop *	Thu	Jun 15	5:30-6:30pm	Age 18+	PRC	58
Folk & Roots Friday	Fri	Jun 16	12-1pm	All Ages	LH	10
FRESH Teen Hangout Zone	Fri	Jun 16	3:30-6pm	Grades 6-12	BP	45
Yoga in the Park	Sat	Jun 17	9-10am	All Ages	MP	13, 54
Juneteenth Celebration	Sun	Jun 18	2-4pm	All Ages	LH	15
Community Fishing	Sun	Jun 18	2-4pm	All Ages	LH	15, 60
FRESH Crew Teen Nature Workdays	Tues	Jun 20	9-11am	Grades 6-12	MP	45, 61
Neighborhood Nights	Wed	Jun 21	6:30-8pm	All Ages	CVP	11
Sampler of Physical Therapy *	Thu	Jun 22	5:30-6:30pm	Age 15+	PRC	58
Yoga in the Park	Sat	Jun 24	9-10am	All Ages	MP	13, 54
Zumba in the Park	Sat	Jun 24	10:30-11:30am	All Ages	MP	13, 54
Martin Luther King-Jettie Rhodes Day	Sat	Jun 24	12-4pm	All Ages	KP	15
Injury Screening with Athletico	Mon	Jun 26	12:30-2pm	Age 15+	PRC	58
FRESH Crew Teen Nature Workdays	Tues	Jun 27	9-11am	Grades 6-12	VP	45, 61
Neighborhood Nights	Wed	Jun 28	6:30-8pm	All Ages	VP	11
Play Day in the Park	Thu	Jun 29	5:30-7pm	All Ages	BP	12

	Community
	Environmental
	Fitness / Wellness

APNC	Anita Purves Nature Center
BP	Blair Park
BW	Busey Woods

CLP	Crystal Lake Park
CP	Carle Park
CVP	Crestview Park

# Free Summer Activities & Events

## JULY

\*Pre-registration required

Event	Day	Date	Time	Age	Location	Page
Yoga in the Park	Sat	July 1	9-10am	All Ages	MP	13, 54
Neighborhood Nights	Wed	July 5	6:30-8pm	All Ages	AMBUCS	11
Folk & Roots Friday	Fri	July 7	12-1pm	All Ages	LH	10
Yoga in the Park	Sat	July 8	9-10am	All Ages	MP	13, 54
FRESH Crew Teen Nature Workdays	Tues	July 11	9-11am	Grades 6-12	BW	45, 61
Connecting You to Nature Hikes	Wed	July 12	5:30-6:30pm	All Ages	MP	60
Neighborhood Nights	Wed	July 12	6:30-8pm	All Ages	LP	11
Play Day in the Park	Thu	July 13	5:30-7pm	All Ages	KP	12
FRESH Teen Hangout Zone	Fri	July 14	3:30-6pm	Grades 6-12	BP	45
Yoga in the Park	Sat	July 15	9-10am	All Ages	MP	13, 54
Power of Parks 5K *	Mon-Sun	July 17-July 30	Various	All Ages	Various	14
Injury Screening with Athletico	Mon	July 17	12:30-2pm	Age 15+	PRC	58
FRESH Crew Teen Nature Workdays	Tues	July 18	9-11am	Grades 6-12	TBD	45, 61
Tai Chi in the Park	Tues	July 18	6:30-7:30pm	Age 15+	MP	13, 54
Neighborhood Nights	Wed	July 19	6:30-8pm	All Ages	BP	11
Folk & Roots Friday	Fri	July 21	12-1pm	All Ages	LH	10
Yoga in the Park	Sat	July 22	9-10am	All Ages	MP	13, 54
Zumba in the Park	Sat	July 22	10:30-11:30am	All Ages	MP	13, 54
FRESH Crew Teen Nature Workdays	Tues	July 25	9-11am	Grades 6-12	MP	45, 61
Senior Club Game Day	Wed	July 26	12-4pm	Age 50+	PRC	47
Neighborhood Nights	Wed	July 26	6:30-8pm	All Ages	MP	11
Yoga in the Park	Sat	July 29	9-10am	All Ages	MP	13, 54

## AUGUST

\*Pre-registration required

Event	Day	Date	Time	Age	Location	Page
FRESH Crew Teen Nature Workdays	Tues	Aug 1	9-11am	Grades 6-12	TBD	45, 61
Folk & Roots Friday	Fri	Aug 4	12-1pm	All Ages	LH	10
Yoga in the Park	Sat	Aug 5	9-10am	All Ages	MP	13, 54
Crystal Lake Park Art Fair	Sat	Aug 5	10am-4pm	All Ages	CLP	18
FRESH Crew Teen Nature Workdays	Tues	Aug 8	9-11am	Grades 6-12	CLP	45, 61
Connecting You to Nature Hikes	Wed	Aug 9	5:30-6:30pm	All Ages	BW	60
Play Day in the Park	Thu	Aug 10	5:30-7pm	All Ages	CVP	12
Yoga in the Park	Sat	Aug 12	9-10am	All Ages	MP	13, 54
Folk & Roots Friday	Fri	Aug 18	12-1pm	All Ages	LH	10
Yoga in the Park	Sat	Aug 19	9-10am	All Ages	MP	13, 54
Zumba in the Park	Sat	Aug 19	10:30-11:30am	All Ages	MP	13, 54
Injury Screening with Athletico	Mon	Aug 21	12:30-2pm	Age 15+	PRC	58
Tai Chi in the Park	Tues	Aug 22	6:30-7:30pm	Age 15+	MP	13, 54
FRESH Teen Hangout Zone	Fri	Aug 25	3:30-6pm	Grades 6-12	BP	45
Crystal Lake Bat Walk	Thu	Aug 31	7-8:30pm	All Ages	LH	60

KP	King Park
LH	Lake House at Crystal Lake Park
LP	Larson Park

MP	Meadowbrook Park
PRC	Phillips Recreation Center
PRWP	Perkins Road Wet Prairie

SRP	South Ridge Park
TBD	To Be Determined
VP	Victory Park



# Lake House Candlelight Serenade

Friday, May 19, 8:30-10pm | Age 21+ | Boat Ride CODE: 809 | Patio Seat CODE: 810

Tickets in Advance (Deadline May 18 at 5pm): \$15 per boat, \$5 per person patio-only seating

Tickets at the Door: \$20 per boat, \$10 per person for patio-only seating

Your boat ticket is for one 30-minute ride on a first-come, first-served basis that seats up to four people. After your ride, enjoy the rest of the concert from the Lake House Patio. Food and drink will be for sale.

We are pleased to partner with the City of Urbana Arts and Culture Program and the CU Symphony to offer this evening of candlelit paddle boat rides at the Lake House in Crystal Lake Park you'll be serenaded by a string quartet from the CU Symphony live on the Lakeside Deck. Enjoy a twinkly summer concert while you paddle around a limited area on Crystal Lake Park! Rain date is the following night in the case of inclement weather. Call the Urbana Park District Rainout Line after 5pm for postponement information: 217-367-9575 or check our Facebook page at [www.facebook.com/urbanaparkdistrict](http://www.facebook.com/urbanaparkdistrict)



## FOLK & ROOTS FRIDAYS BROWN BAG LUNCH CONCERTS

Fridays, 12-1pm at the Lake House in Crystal Lake Park  
June 2 & 16, July 7 & 21, August 4 & 18, September 1 & 15

Join the Urbana Park District and the C-U Folk & Roots Festival on the first and third Fridays of each month this summer for some great FREE live music! We'll have boating and drink/snack specials, just bring your lunch and enjoy an afternoon lunch break on the lake. Enter your name into our raffle each Friday to win a free Lake House rental. In case of inclement weather, the concert will be held inside the air-conditioned rental room at the Lake House.



Presented By: *THE Music SHOPPE INC.*

# Neighborhood nights



**Wednesdays from 6:30-8pm | All ages are welcome!**

Gather up your chairs and blankets because Neighborhood Nights are back! We've been bringing the best local musicians to just about every park in Urbana for nearly 35 years. Bring a picnic dinner and spend the evening with us in a lovely park setting. Each park features a different musical performance, all playing the very best music from folk to soul and from rock to bluegrass.

**Each Neighborhood Night features:**

- The very best local musicians
- Free popcorn and lemonade
- Fun activities
- Community resources
- Meet district officials and talk to them about your neighborhood

*Rain date is the following night in the case of inclement weather. Call the Urbana Park District Rainout Line after 4pm for postponement information: 217-367-9575, ext. 21 or check our Facebook page at [facebook.com/urbanaparkdistrict](https://facebook.com/urbanaparkdistrict)*

Date	Location	Band	Music Genre
May 31	Carle Park	Occasional Cajun Band	Cajun
June 7	Lake House	Painkillers Blues Band	Chicago and Southern Blues
June 14	South Ridge Park	Wildwood	Bluegrass
June 21	Crestview Park	Kilborn Alley	Blues
June 28	Victory Park	Mank & Sass w/ Uniting Pride	Funk/Blue/Rock/Pop/Country/Hip-Hop
July 5	AMBUCS Park	New Souls	Neosoul/Funk/R&B/90's Hip-Hop
July 12	Larson Park	Silverweed	Country-Rock
July 19	Blair Park	Kalesa	Pop & Rock Hits
July 26	Meadowbrook Park, PrairiePlay Pavilion	Nickel and Dimes	Country/Country Rock/R&B



# JOIN US FOR NEIGHBORHOOD BLOCK PARTIES!



Select Thursdays, 5:30-7pm  
**FREE, All Ages & Abilities**

- June 8: Victory Park
- June 29: Blair Park
- July 13: King Park
- August 10: Crestview Park



The Urbana Park District staff will be bringing the fun to YOU on select Thursday evenings this summer for a FREE Play Day in your neighborhood! Your evening will be filled with activities, sports, laughter, meeting new friends, and more! The activities offered at each park will vary. All ages and abilities are welcome. We will provide the activities, equipment, popcorn, and drinks.

## BE ON THE LOOKOUT FOR **URVANA!**

*Urvana Mobile Recreation Unit* bringing more fun and activities to a neighborhood near you!



Follow Urvana on social media!

 Urvana Mobile Recreation Unit

 @upd\_\_urvana

 You belong here.





## FREE! Outdoor Fitness

Are you looking for ways to stay fit and active this summer? Check out our FREE outdoor fitness program that you can enjoy all summer long in the park!

### FREE! Yoga in the Park

Saturdays, June 10-August 19, 9-10am

Meadowbrook Park, Meet at Prairie Play Pavilion  
All Ages & Abilities

### FREE! Tai Chi in the Park

Select Tuesdays, 6:30-7:30pm

- May 23
- June 13
- July 18
- August 22

Meadowbrook Park, Meet at Garden Pavilion  
Age 15+

### FREE! Zumba in the Park

Select Saturdays, 10:30-11:30am

- June 24
- July 22
- August 19

Meadowbrook Park, Meet at Prairie Play Pavilion  
All Ages & Abilities

## Special Events at



CRYSTAL LAKE PARK  
**FAMILY AQUATIC CENTER**

### Mermaid Party

Saturday, July 29, 9-10:30am

All ages will enjoy plenty of water fun with special guests at the facility during the party. The leisure pool, the streambed, and the sand play area will be open during this party. Snacks and refreshments will be provided. Adults must accompany children to this event.

EB Cost	EB Deadline	Reg Cost	Deadline	Code
\$13R/\$20NR	July 15	\$16R/\$24NR	July 22	459
\$10R/\$15NR	July 15	\$13R/\$20NR	July 22	460

Registration cost is good for one child and one adult

Each additional person

### Nonresident Days

June 10, 21 | July 8, 19 | August 5, 9

Nonresidents may swim at resident rate ALL DAY!

### Movies at the Pool

June 17, 8:30pm - Minions: The Rise of Gru

July 15, 8:30pm - Turning Red

\$8R/\$12NR | Season Passholders: FREE

Whether you want a view from the water or from the pool deck, you'll love seeing a film at Crystal Lake Park Family Aquatic Center with friends and family.

### June 18 - Father's Day

What could be more fun than celebrating Dads in the sun and water? One free adult admission for Dad with purchase of child's admission!

### July 4 - Fourth of July Celebration!

Nothing is better on a hot 4th of July than a fun day at the pool with friends and family. There will be give-a-ways, a cannon ball contest, and a wall climbing contest!

# POWER OF PARKS 5K

WANDELL SCULPTURE GARDEN 25TH ANNIVERSARY EDITION

Any Location | All Ages | FREE CODE (First 200 registrants): 675 | REGULAR CODE: 676



## COMPLETE YOUR MILEAGE: JULY 17 - JULY 30

Exposure to parks and green spaces has tremendous power to help improve physical, emotional, and intellectual wellness. The Power of Parks Virtual 5k encourages participants of all ages and abilities to walk, run, or roll their 5k distance in one of UPD's many parks. The first 200 registrants will receive FREE registration and a complete swag package including a t-shirt, medal, and race bib. Register any time between 8am on April 5 and 12pm on June 23. The Power of Parks Virtual 5k will begin on July 17 and end on July 30.



### PLEASE NOTE:

- Complete your mileage any time between July 17–July 30.
- Mileage can be done all at once, or broken up over several days.
- Shirt sizes are available Youth S-L and Adult S-3XL.
- After the first 200 free registration spots are taken, participants can still register for \$12 and will receive a t-shirt ONLY.
- Race swag will NOT be mailed out to participants. Participants can pick up race swag starting Monday, July 17 at Phillips Recreation Center at 505 W. Stoughton Urbana, IL 61801
- Race swag must be picked up by August 11.
- Participants are encouraged to submit photos and race times to [info@urbanaparks.org](mailto:info@urbanaparks.org) to be included on our Power Board at the end of the event.



# JUNETEENTH CELEBRATION

Sunday, June 18, 2-4pm

The Lake House in Crystal Lake Park

Join Urbana Park District and The Urbana Free Library for a family-friendly Juneteenth celebration at the Lake House in Crystal Lake Park! Enjoy music, food and refreshments, fishing, Urbana Mobile Recreation Unit games and activities, community resources, and more as we celebrate Black freedom and achievements in Urbana and beyond.



## COMMUNITY FISHING

Throughout the Juneteenth Celebration, the Anita Purves Nature Center will be hosting community fishing. Bait will be provided, and there will be rods and reels of various sizes to borrow. Staff will be present to help practice the basics. See page 60 for more information!

## 25th Annual Martin Luther King-Jettie Rhodes Day

Saturday, June 24, 12-4pm | King Park | FREE!

Martin Luther King Jettie Rhodes Neighborhood Day was founded by the late Mrs. Jettie Rhodes. Mrs. Rhodes had a famous quote: "Who's your neighbor?" This day is all about giving back to the community with fun, family, networking, and a diverse atmosphere. Plan your next family outing at MLK Jettie Rhodes Neighborhood Day. Enjoy free food (while supplies last), live entertainment, kids' activities, raffle prizes, and a wealth of resourceful information provided by various local nonprofits. In addition, you may recognize some of our public officials and community members who volunteer for this event each year. Rain or shine, the fun goes on!



## PEACE Community Art Projects with URBANA

Join the Urbana Park District and Urbana Rotary Club for a meaningful peace art project at this year's Jettie Rhodes Day. Dress for mess and bring your creativity as we festoon the park with PEACE and art!




Join us for an entire year of programs, events, and activities to celebrate the upcoming 25th Anniversary of the Wandell Sculpture Garden at Meadowbrook Park!

We will have at least one activity highlighting sculpture, art, or the prairie each month. In addition to the nine new sculptures added to the park last fall, this season we will have:

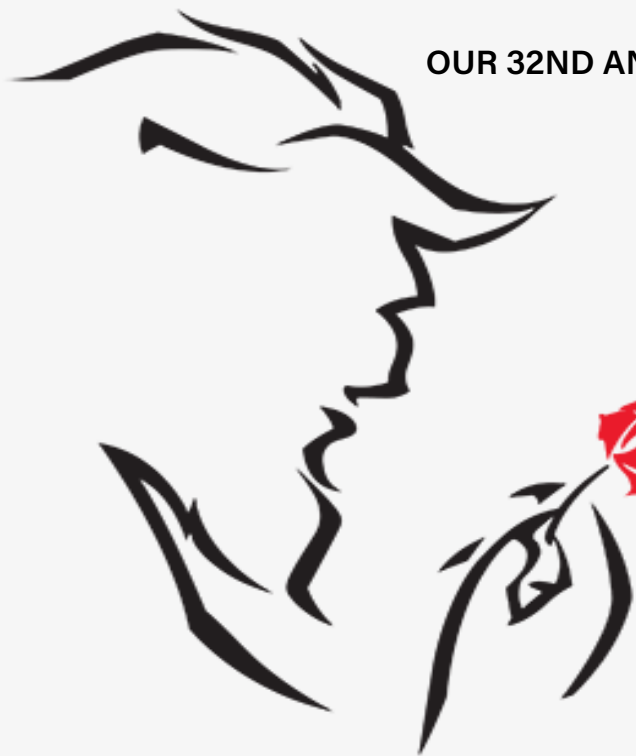
- UPD program guide cover photo contest: Your image, taken any time since 1998, could be on the Fall 2023 program guide cover! To enter, visit <https://bit.ly/WSG25contest> and upload your digital image before June 16. Winner announced in July 2023.
- Power of Parks 5K (*page 14*)
- Gnome Homes & Fairy Gardens (*page 60*)
- UrVANA summer art project
- Photo Scavenger Hunt

The year-long celebration will be capped off in September 15, 2023 with a re-dedication event in partnership with the Urbana Parks Foundation at the Meadowbrook Park Jazz Walk. For a complete listing of Wandell 25th activities, visit [www.urbanaparks.org/parks/wandell-sculpture-garden/](http://www.urbanaparks.org/parks/wandell-sculpture-garden/)

Find the  icon in the guide for activities throughout the year that will be part of the celebration!



OUR 32ND ANNUAL YOUTH SUMMER THEATRE PERFORMANCE



Disney  
**BEAUTY  
AND THE  
BEAST**

**THE BROADWAY MUSICAL**

©Disney

**Music by Alan Menken   Lyrics by Howard Ashman & Tim Rice   Book by Linda Wolverton**

Based on the smash hit 1991 Disney animated feature and dating back to a late 18th-century classic French fairy tale, *Beauty and the Beast* tells the story of Belle, a beautiful and intelligent young woman who feels out of place in her provincial French village.

When her father is imprisoned in a mysterious castle, Belle's attempt to rescue him leads to her capture by the Beast, a grisly and fearsome monster, who was long ago trapped in his gruesome form by an enchantress. The only way for the Beast to become human once again is if he learns to love and be loved in return. There is a time limit, too: once a magical rose loses all of its petals, all hope will be lost and he will stay a Beast forever. The Beast's enchanted household--populated by such beloved characters as Mrs. Potts, Lumiere, Cogsworth, and Chip--watch anxiously as Belle and the Beast grow to understand and befriend one another. Their feelings grow ever deeper as the clock ticks and petals continue to fall off the enchanted rose--will they confess their love for one another before it is too late.

**PERFORMANCES**

**Friday, July 28 at 7pm | Saturday, July 29 at 2pm & 7pm | Sunday, July 30 at 2pm**  
Harold and Jean Miner Theatre at Parkland College, 2400 W. Bradley, Champaign

Tickets go on sale: **June 19**

Adults	Students/Seniors	Children 12 and under
\$14	\$10	\$7

Tickets are available in person at the Phillips Recreation Center, by credit card at 217-367-1544, from a cast member, and at the door if still available.



# 5TH ANNUAL CRYSTAL LAKE PARK ART FAIR

URBANA, ILLINOIS

AUGUST 5, 2023

10AM-4PM

- 40+ featured artists
- beautiful park setting
- food trucks
- UrVANA

Crystal Lake Park will be transformed with local and regional art vendors that will set up along the park road next to the large pavilion and the Lake House in Crystal Lake Park (206 W. Park) and feature paintings, textiles, ceramics, photography, jewelry, glass, mixed media and much more!





### Hours

M-F 8am-5pm; Sat 9am-4pm  
 Closure Dates: May 29, June 19,  
 July 4, Aug 12-20, Sept 4

## What's Inside the Anita Purves Nature Center?

### Exhibits & Wildlife Viewing

See the nature center's education owls, turtles and snakes, and observe wildlife that visit the habitat gardens. Explore feathers, skulls, frog calls and more in the interactive, hands-on Field Station!

### Multipurpose Rooms for Rent

September-May: 7am-11pm

Multipurpose rooms are ideal for parties, retreats, meetings or groups, for up to 70 people. Rooms feature views of the prairie and include counter space and sinks. Dry-erase easel, lectern, LCD projector and PC laptop are available for an additional fee. Reservations must be made at least two weeks in advance. Call 217-384-4062.

### Nature Store: Open Monday-Saturday, 9am-4pm

Check out the great selection of nature-related and environmentally-friendly items including walking sticks, vinyl stickers, books, reusable kitchen items, educational toys & dress-up wings. Grab a trail snack, an ID guide, or survival kit for your next hike. All proceeds support environmental programs. Cash, checks and major credit cards accepted. Educators get a 10% discount.

## POP-UP PROGRAMS & SERVICES

Follow us on social media for pop-up program announcements and the most up-to-date program information.



"Anita Purves Nature Center"



@ap\_naturecenter



@UpDNature

[www.urbanaparks.org/facilities/anita-purves-nature-center/](http://www.urbanaparks.org/facilities/anita-purves-nature-center/)

Sign up here to receive the nature center's e-newsletter: [www.urbanaparks.org/e-news/](http://www.urbanaparks.org/e-news/)

## Anita Purves Nature Center

- 1505 North Broadway, Urbana
- Gold/Ruby (Weekdays) | Ruby (Weekends)
- Questions: 217-384-4062

The Anita Purves Nature Center, located at the north end of Crystal Lake Park, is an environmental education facility open free to the public. Next door, you'll find the Friendship Grove Nature Playscape and Busey Woods, a 59-acre forest preserve with a boardwalk loop and seasonal ponds.

## What's Outside the Anita Purves Nature Center?

### Busey Woods: Open sunrise to sunset

The Busey Woods Gateway Trail is a link between park and woods. Hike the trails which include the 0.3-mile boardwalk trail. View interpretive information about Busey Woods' seasonal ponds, habitats and natural resources management. See page 29 for more information about Busey Woods and other district natural areas.

### Friendship Grove Nature Playscape:

#### Open sunrise to sunset

This hands-on, kid-directed outdoor play space is for everyone! For more about this attraction visit page 24.

## PROGRAMS BY REQUEST

Your group can come to us or we can come to you! During a **Special Tour** or **School Field Trip** (starting at \$42), a naturalist will lead a program at the nature center or a park district natural area. Or, invite a **Traveling Naturalist** (starting at \$58) or **Naturalist in the Classroom** (starting at \$48) to visit your group for a one-time, weekly or monthly program. Custom programs are available, including programs for scout badges.

Make your request at least two weeks in advance.

Call 217-384-4062 or scan the QR code here:





## Brookens Gym & Fields

📍 1776 East Washington, Urbana

🚌 Green/Grey

📞 Questions: 217-255-8601

Brookens Gym is in pod 400 of the Champaign County Administration (Brookens) Building. The gym is well-lit and has a reconditioned floor. Locker rooms are available to program participants. Lockers are not provided. Ample parking can be found directly adjacent to the building accessible from the Lierman Avenue entrance off Art Bartell Road.

### Athletic Field Rentals: Soccer, Baseball, Softball

Download a field request form at:  
[www.urbanaparks.org/rentals/rent-a-park/](http://www.urbanaparks.org/rentals/rent-a-park/)

Minimum \$20/1hr (base price with bases/goals)  
\$10/hr additional  
\$110 - Prepped field (includes dragging and lining)  
\$40/hr - lights (only at Canaday & Ambucs)

### Sports Officials

Urbana Park District youth and adult sports programs provide an excellent training ground for individuals interested in officiating sports. Officials are needed for youth basketball and soccer. Officials must be at least 16. Certified officials are encouraged to apply to assist in maintaining a high-quality program and to help develop and train less experienced officials. Certified officials are preferred for baseball and softball. The pay rate varies with the age of competition and sport. Apply online at [www.urbanaparks.org/employment.html](http://www.urbanaparks.org/employment.html)

Sport	Application Deadline	Rate/Game
Youth Soccer	April 2	\$15-\$20
Adult Kickball	May 28	\$17
Youth Baseball	May 7	\$65

### Urbana Park District Rainout Line

217-367-9575

[www.urbanaparks.org/events/rain-outs-and-cancellations/](http://www.urbanaparks.org/events/rain-outs-and-cancellations/)

For information about program cancellations, including weather cancellations, and for updates about special events or other key happenings at the Urbana Park District, visit [www.urbanaparks.org](http://www.urbanaparks.org). For evening sports programs, this line will be updated after 4:30pm on weekdays and one hour before the scheduled program or sports on the weekend. All other updates will be made as conditions change.

### Planning a birthday party?

Reserve your Brookens Gym rental at least two weeks in advance by completing an application and making a full payment. A \$100 deposit is due at time of request. There is a two-hour minimum on rentals. Call 217-255-8601 for information.

### Rent Brookens Gym WEEKDAYS

(8am-3pm\*) for ONLY \$25/hour


\*Call 217-255-8601 to check availability

## VOLUNTEER COACHES NEEDED

Adult volunteers coach our youth sports programs such as T-Ball, basketball, and soccer. Without our volunteer coaches, we do not have leaders for your player's team. As a volunteer, you will spend 3-4 total hours per week leading practices through drills and skill building exercises and coaching games (that you go to already). Training resources are provided for each sport including discussions on skills, strategies, and policies. We can even match you with another adult and you can co-coach. Adults interested in helping should call 217-255-8601, or fill out a Volunteer Application online at [www.urbanaparks.org](http://www.urbanaparks.org).



CRYSTAL LAKE PARK  
**FAMILY AQUATIC CENTER**

 Like us on Facebook!

"Crystal Lake Park Family Aquatic Center"



 1401 N Broadway, Urbana

 Gold/Ruby (Weekdays) | Silver (Saturdays)

 Questions: 217-239-7946

Crystal Lake Park Family Aquatic Center (CLPFAC) boasts a beautiful setting, highly-trained staff and reasonable rates. We have a wide variety of water-related classes, activities and fun available all summer long.

CLPFAC also has a 5-star rating from internationally-recognized Starfish Aquatics Institute. CLPFAC features flume slides, drop slide, diving board, AquaClimb wall, dump bucket, sand play area, Vortex, Wet Deck, and more! Coast guard approved life jackets are available for use free of charge for adults and children. Non-coast guard approved life jackets are not permitted.

## POOL RULES

For more information and a full list of our general pool rules, please visit <https://bit.ly/CLPFAC>.

According to the Illinois Department of Public Health, if your child is still in diapers, a swim diaper must be worn at all times while if your child will be entering the water. We understand that accidents do happen, however we are required to close the facility/body of water to properly sanitize and clean any pool that is contaminated. Approved diapers are available for purchase at our information kiosk on the pool deck.

## Lap Swim Etiquette

Children under age 15 are not allowed in the pool during lap swim times. Due to the popularity of lap swimming, lap lanes for the general public are not guaranteed during public swim hours. Early morning activities from 6-8am include lap swim, water aerobics and occasional swim team practice.

## Food & Drink

Purchase snacks and drinks from the vending area or bring your cooler. Staff will check coolers at the entrance for items that are not allowed. Prohibited items include glass bottles and open containers of liquid. Health codes require us to ask patrons to dump any open containers, so please bring either sealed water bottles or empty bottles that you fill at our free water filling station.

**2023 Season: May 27 - September 4**

### CLPFAC HOURS

*Late Open June 10 and 24*

**School's not in Session Hours:**

May 27 - August 15

### Lap Swim:

Monday-Friday | 6-8am & 11am-12pm

### Member Early Entry:

Monday-Friday | 12-12:30pm

### Open Swim:

Monday-Friday | 12:30-7pm\*

Saturday/Sunday | 11am-7pm

\*M/W 6-7pm diving well closed due to Aerobics Class

*Closed All Day  
July 22 Due to  
Conference  
Swim Meet*

**School's in Session Hours:**

August 16 - September 4

### Lap Swim:

Monday-Friday | 6-8am & 11am-1pm

### Open Swim:

Monday-Friday | 4-7pm

Saturday/Sunday | 11am-7pm





## FOR YOUR SAFETY

All waterslide riders must be at least 48 inches tall without exception. The waterslides are 37 feet tall and there are three to choose from: the swirly open slide, the enclosed body slide and the enclosed drop slide.



Only Coast Guard-approved flotation devices are allowed. See the label to check if yours is approved. Staff reserves the right to check any personal flotation devices for safety reasons. Parents are required to be within arm's reach of a child wearing a life jacket. Life jackets are not allowed on slides or in the diving well.

### Is the pool open?

Crystal Lake Park Family Aquatic Center will occasionally close due to inclement weather. Weather conditions that will cause the pool to close its doors include, but are not limited to, outside temperature of less than 68 degrees, lightning and rain. No refunds or credits will be issued for weather related closings or for closings due to cleaning, repair, or swim meets.

### Closures

To check if the pool is closed, call the Crystal Lake Park Family Aquatic Center at 217-239-7946 or check our Facebook page! For quick information about closures, including weather cancellations, check out our Rainoutline App for your phone: [urbanaparks.org/events/rain-outs-and-cancellations/](http://urbanaparks.org/events/rain-outs-and-cancellations/)

## NADIATOR SWIM MEETS

Regular Home Meets are Saturday June 10 and June 24 - We will open the entire facility immediately after meets conclude. These swim meets begin at 8am and usually end at roughly 12pm. If the opening is delayed beyond 1pm, an update will be posted on [rainoutline.com](http://rainoutline.com).

Conference swim meet July 22 at CLPFAC. See [nadiators.weebly.com](http://nadiators.weebly.com) for the entire Nadiators meet schedule.

## We're Hiring!

Join our Lifeguard team



Spend your time this summer as a cashier, swim instructor, or lifeguard at the Crystal Lake Park Family Aquatic Center or the Urbana Indoor Aquatic Center!

### To be a lifeguard:

Come into the Urbana Indoor Aquatic Center at 102 E. Michigan Ave, Urbana to register for a FREE lifeguard class (+uniform fee upon hire).

### Lifeguard Prerequisites:

- 200 Meter Swim
- 12 Foot Brick Retrieval
- 2 Minute Tread (hands above water)

## Don't Wait... APPLY NOW!

Visit [bit.ly/3A10GFp](http://bit.ly/3A10GFp) to see our Aquatics job openings, or contact Jennifer at 217-384-7665 or [jrnierenhausen@urbanaparks.org](mailto:jrnierenhausen@urbanaparks.org)





## Daily Admission

<b>Admission Prices</b> (3 and under - FREE)	
Until 5pm	\$8R/\$12NR
After 5pm	\$6R/\$9NR
All Day Tuesday	\$6R/\$9NR

### Daily Admission Information:

- At the pay window, verify residency with a current driver's license, state ID or utility bill to receive resident rates.
- Youth under age 11 must be accompanied by a paying adult each time they visit CLPFAC.
- Everyone is required to pay an admission fee or have a current membership pass to enter the facility.

### Punch Cards

Purchase a punch card as a way to try the Crystal Lake Park Family Aquatic Center before committing to buying a pass. Or give one to family or friends from out of town. Take advantage of this alternative that saves you \$1 per visit

<b>5-Visit Punch Card</b>	\$35R/\$55NR
<b>10-Visit Punch Card</b>	\$60R/\$110NR

## Crystal Lake Park Family Aquatic Center Memberships

You may purchase a membership at the Phillips Recreation Center or the Crystal Lake Park Family Aquatic Center.

### Family Memberships

A family includes anyone residing in the same household. Children under age 4 require a pass to be able to scan into the facility; however there is no charge for this. Youth under age 11 must be accompanied by an adult.

### CLPFAC Summer Membership - Starting May 1

Individual	\$104R/\$156NR
Adult (55+)	\$81R/\$122NR
Family of 3	\$203R/\$305NR
Each Additional Member	\$35R/\$53NR

## Rent the Crystal Lake Park Family Aquatic Center!

### Patio Party Rentals

(1-15 participants | \$131 for 2-hour party | + \$100 deposit)

### Private Rentals


(2-Hour minimum | \$100 deposit due at time of request)


Full Facility	\$365/hour
Partial Facility (2 pools)	\$230/hour   Add slides: \$15/hour
Leisure Pool Only	\$165/hour   Add slides: \$15/hour
Competition Pool Only	\$150/hour


All rentals include the use of a patio party area and swimming! An additional \$100 deposit is due at time of request. Fifteen minutes of set-up and clean-up is included in the 2-hour time block. The patio party area must be cleaned up and all attendees must exit by your scheduled ending time. Please reserve your party at least three weeks in advance. Please ask for details about having more than 15 participants at your party. Call CLPFAC at 217-239-7946 for more information about reserving your party! You can also email our Aquatics Coordinator at [jnierenhausen@urbanaparks.org](mailto:jnierenhausen@urbanaparks.org)

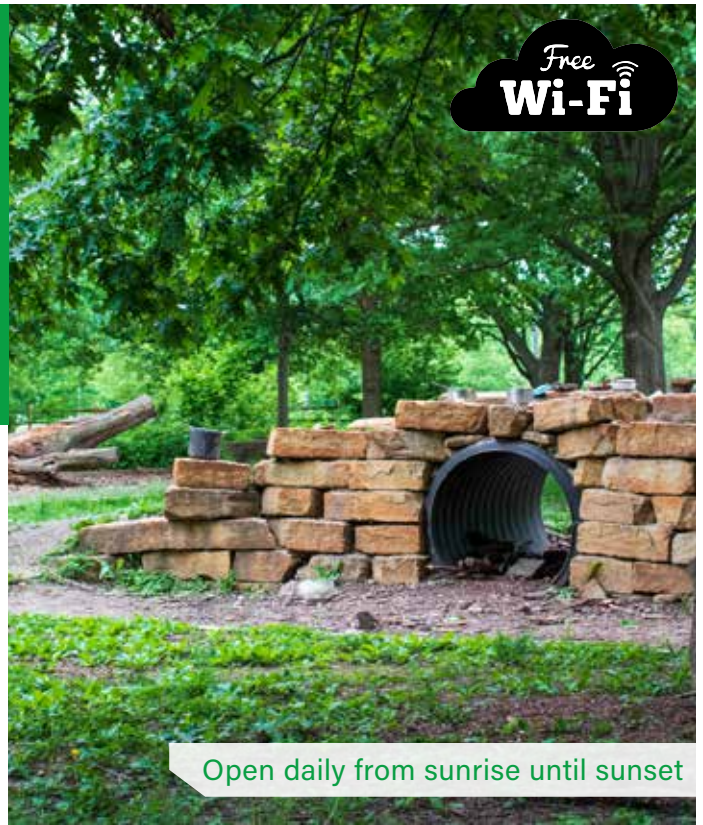


## Friendship Grove Nature Playscape

 Anita Purves Nature Center  
1505 North Broadway, Urbana

 Gold (Weekdays) | Ruby (Saturdays,  
walk from Kerr and Broadway)

 Questions and to Make Reservations  
for Groups of 10+: 217-384-4062



Open daily from sunrise until sunset

The Friendship Grove Nature Playscape at the Anita Purves Nature Center is a hands-on, kid-directed outdoor play space where boulders, logs, and other thoughtfully curated natural items give kids' imaginations room to soar. The space provides accessible play opportunities for all abilities. There are four main features, many other play elements, and an ever-changing variety of loose play pieces such as pots and pans, baskets for gathering, cardboard for forts, and more!

### The Four Anchor Pieces

- Log Wall – This line of towering flat-topped logs is a balancing challenge or a castle in the making!
- Tree Tower – Climb and jump from this enormous tree trunk.
- Digging Area – Get dirty and enjoy digging canals, making sandcastles or mixing mud pies.
- Tunnel – Go low or high in this intriguing stone tunnel and hill combination.



*Climbing features are intended for ages 5-12. Children must be accompanied by an adult. Keep your dog at home - they are not permitted here or in district natural areas.*

### Planning a group visit? Call 217-384-4062

Please call ahead if you plan to bring a group of 10 or more. Staff can help you choose a time that does not conflict with a scheduled program or event and can help you reserve picnic tables if needed.

See photos and learn more about the Friendship Grove Nature Playscape and the benefits of nature play at: [www.urbanaparks.org/facilities/friendship-grove-nature-playscape/](http://www.urbanaparks.org/facilities/friendship-grove-nature-playscape/)

### Donations Accepted

We accept donations of old cookware, kitchen equipment, baskets, and garden shovels.  
Contact David Subers at [dasubers@urbanaparks.org](mailto:dasubers@urbanaparks.org).

## Lake House in Crystal Lake Park

📍 206 West Park, Urbana

🚗 Orange/Gold/Gray

☎ Rental Information: 217-367-1544

☎ Boating Information: 217-328-1069



The Lake House is perfect for birthdays, anniversaries, retirement parties, bridal and baby showers, rehearsal dinners, family reunions, small weddings, graduation parties, and receptions. Bright track lighting plus open Wi-Fi make the room even more suited for corporate trainings, meetings, and retreats as well. It offers a beautiful view of Crystal Lake with easy access to pavilions, playgrounds, and boating in the park. The climate-controlled room can seat 50 people or accommodate up to 80 people with the inclusion of the patio. Rental requests should be made at least two weeks in advance. Add a special touch to a wedding or reunion by booking a group boat rental. You'll get a discount when you plan ahead!

### Boating and Concession Hours

Stop by the Lake House in Crystal Lake Park to rent a paddle boat, canoe or kayak and discover the newly-rehabbed Crystal Lake. The Lake House will close when weather conditions make boating unsafe. Call 217-328-1069 for updated information.

**May 6 - May 29 (open Memorial Day):** Sa-Su 12-7pm

**June 1 - Aug 6 (open Independence Day):** Th-Su 12-7pm

**Aug 19 - Sept 4 (open Labor Day):** Sa-Su 12-7pm

### 2023 Boat Rental Fees

Kayaks:	\$10/half-hour or \$12/hour
Canoes & Rowboats:	\$10/half-hour or \$12/hour
2-person Paddle Boats:	\$11/half-hour or \$14/hour
3-person Paddle Boats:	\$12/half-hour or \$15/hour
4-person Paddle Boats:	\$13/half-hour or \$16/hour

***We accept all major credit cards, cash or check (with valid ID) as payment. Fees include Coast Guard-approved life jackets with sizes ranging from infant to adult. An adult must accompany anyone under 16. A valid driver's license or major credit card is required as a deposit on all rentals.***

### Group Boat Rentals

Save up to **25%** on regular boat rental prices when you book your group boat rental at least two weeks in advance! Increase the quality of your Lake House party, pavilion rental, scout troop function, family reunion or any other gathering in the park. Call the Phillips Recreation Center at 217-367-1544 to arrange your group boat rental today!



### Stay Connected!

Like us on Facebook ([facebook.com/UPDLakehouse](https://www.facebook.com/UPDLakehouse))



## Facility Rental Fees

M-Th	\$55/hr (seats 50)   \$70/hr with patio (seats 80)
F-Su	\$65/hr (seats 50)   \$80/hr with patio (seats 80)
Lakeside Deck	\$50 flat fee (seats 75 with chairs you supply)
Extras	LCD Projector \$20   TV/DVD \$10

**Included in Every Rental:** use of a prep kitchen (no stove or oven) with counter space, small microwave, sink, and ice machine, refrigerator and freezer. Easel, portable screen and podium are also available at no extra charge.

**All rentals require a \$100 deposit.** Additional permits and/or fees are required to serve beer and wine at your event or if you are charging an entry fee to the public. Please make all requests at least two weeks in advance. Requests made less than two weeks in advance pay additional charges.

### The Perfect Wedding Spot!

The Lake House is a fantastic location for an intimate wedding or other celebration. Call Janet at 367-1544 ext. 277 to talk about set-up options and accommodations for a larger party. Quite often, groups rent additional tables and chairs to complement our indoor set-up for an outdoor ceremony. We'd be glad to help plan your day and respond to any limits based on the Restore Illinois plan!

### Plan Your Next Meeting, Company Training, or Retreat with Us

The Lake House offers a unique and relaxing setting that your staff and your budget will appreciate. \$45 or \$55/hour - includes access to all the Lake House features. Call Janet at 367-1544 ext. 277 to see if your meeting qualifies for our seminar rate.



## HOW TO SEARCH FOR FACILITY AVAILABILITY ONLINE

1. Go to the [www.urbanaparks.org/register](http://www.urbanaparks.org/register)
2. Click the gray "Register Online" button.
3. Click the "Rentals tab", then click the gray "View Facilities" button.
4. Scroll down the list to find your desired facility or enter the type of facility into the search bar (e.g. room, gym, pavilion, or pool). A list of matching facilities will be generated, but do not click on the facility's name.
5. The right column has a "view availability" box for each facility. Click on that box and a calendar opens.
6. Find the date you are interested in. Most facilities will have available times listed in that square. For others, you will click on the "view available times" wording in that day.
7. For pavilions only, click the blue "Book" button to book online. At that point you will be prompted to log in to an existing ActiveNet account or to create one if your family does not have one.
8. Call 217-367-1544 to follow up and verify Phillips Recreation Center, pools, pavilions and Lake House availability. Call 217-384-4062 to verify Anita Purves Nature Center availability. Call 217-255-8601 to verify gymnasium or athletics field availability.

## Phillips Recreation Center

📍 505 West Stoughton, Urbana

🚌 Gold/Silver/Green

📞 Questions: 217-367-1544

Stop by the Urbana Park District's recreation office and community center. This public facility has three multi-purpose rooms with Sport Court flooring, a dance and fitness studio, and a gorgeous demonstration kitchen. Experience the variety of exciting classes, programs, and activities for all ages. The Phillips Center is the place to sign up for programs, rent a picnic pavilion, or get your pool pass photo taken. We look forward to helping you enjoy all that the district has to offer!

### James Room Kitchen

The demonstration kitchen at the Phillips Recreation Center features:

- double ovens
- island with stove top
- two refrigerators
- microwave
- small ice machine
- dishwasher
- 6 adjustable tables
- 12 chairs
- 5 counter-height chairs

The kitchen can be added to a multi-purpose room rental or be rented alone. Renters will be given a brief orientation at the start of their kitchen use and a building attendant will walk through the kitchen's condition before and after the rental. In addition to renting the kitchen, we hope you and your family take advantage of our various cooking classes. See page 48 for classes in the James Room Kitchen!

### Dance/Fitness Rooms

Our 2,000 square foot wood-sprung dance floor is easy on the joints when you dance or exercise with us. See pages 49-50 for dance classes. The Phillips Recreation Center is known for a non-intimidating atmosphere and welcoming instructors, so exercising here is convenient and comfortable. A wide variety of classes fits many schedules. Don't miss our flexible fitness option: buy a 10-punch card and attend class when you can – they never expire! See page 53 for group fitness, water exercise, or yoga punch card prices. New students can try a fitness class for free to see if it suits you. Stop at the front desk to sign a waiver and get details.



### Office Hours:

M-Th 8am-6pm | F 8am-5pm | Sa 8am-12pm

### Summer Hours (May 27-September 4):

M-Th 8am-6pm | F 8am-5pm

### Closure Dates:

May 27-29, June 19, July 4



### Room Rental

Programs of all types are held in our three multi-purpose rooms – from chair yoga to preschool fine arts to family special events. When rooms are not in use for programs, they are available to rent. Rooms can accommodate 30-120 people, depending on room arrangement and needs. Rental rates range from \$60 to \$170 an hour, depending on how many rooms are rented. Each room is just over 660 square feet. Talk with Heather Britsky at extension 272 about room setup and availability. Rentals are unavailable between May 1-September 10.

## Urbana Dog Park

📍 1501 East Perkins Road, Urbana

🚌 Gold

📞 Questions: 217-344-9583



A park especially for dogs  
*Open daily from sunrise to sunset*

The Urbana Park District Dog Park allows dogs to run off-leash and is open daily from sunrise to sunset. For security of all members, do not visit the park after dark. The 10 acres feature a shaded area and plenty of open meadow for running. This park provides a fun place for your dog to romp with other dogs and for you to meet other dog owners.

### MEMBERSHIPS

Available on a yearly basis from the date of purchase at the Phillips Recreation Office:  
505 W. Stoughton, Urbana.

#### Yearly Fees

One Dog \$46R/\$69NR  
Each Additional Dog: \$6R/9NR  
Gate Entry Fob: \$10 each

#### Monthly Trial Visitor Passes

Visitors may purchase a monthly trial/visitor pass for \$10 plus the \$10 fob fee. If in that month you wish to purchase a year-long membership, your trial pass fee will be applied toward your annual membership fee. All visitors must follow all rules and membership requirements.

### Two Memberships for the Price of One!

The Champaign Park District operates the Bark Park on the corner of Windsor and Rising Roads. The two park districts have an agreement that allows members to purchase a gate fob for the other dog park for just \$10. Members must show a copy of their membership receipt to the other park district to register for the additional dog park access. Rules for both parks are the same.

### Register in Person or by Mail

1. Complete a registration form in person or visit [www.urbanaparks.org/parks/dog-park-perkins-rd.site/](http://www.urbanaparks.org/parks/dog-park-perkins-rd.site/). Read the rules. Include your email address.
2. Proof of vaccination from your vet is required. Provide a copy of your dog's current vet records showing proof of distemper and rabies vaccinations. Your vet may fax these documents to 217-367-1592 or email them to [info@urbanaparks.org](mailto:info@urbanaparks.org)
3. Payment:
  - In person: Pay by cash, check or credit card.
  - By mail: Include check with your registration form.
  - By phone: Staff will call you for your credit card information once they have received the completed registration form and vet records.  
*\*\*DO NOT email your credit card information*
4. Reciprocal Agreement: The Urbana Park District and Champaign Park District have a reciprocal agreement that allows for a resident of one district to participate in programs and services at the other district at the resident rate.
5. Membership includes a fob to open the electronic gate at the Urbana Dog Park entrance. It can be mailed to you if you register by phone or mail, or stop by the Phillips Recreation Center to pick it up. The fob is active through the duration of your membership. ***The Urbana Park District is not responsible for fobs lost through the mail.***
6. Only active members have working fobs. Do not open the gate for others. If your fob does not work, call 217-367-1544.





# Natural Areas

Open daily from sunrise to sunset

The Urbana Park District protects, manages and restores areas characteristic of Illinois' most diverse habitats. Restoration includes planting and seeding native plants, removing nuisance plants and conducting prescribed burns to encourage healthy growth. Passive recreation such as photography, hiking, and birdwatching in small groups is encouraged. **Help us maintain these natural areas by not collecting items, walking pets or cycling.**

## What Is a Natural Area?

By "natural area," the District refers to an area that is preserved or restored to a state that is characteristic of Illinois' native habitats, like prairies and woodlands. These designated areas include Busey Woods in Crystal Lake Park, much of Meadowbrook Park, Weaver Park and the Perkins Road site. **Do not collect plants, wildlife or natural items.**

## Benefits of Natural Areas

Natural areas maintain ecosystem balance, build resilience to climate change, and support a wide variety of plants and wildlife. They provide "ecosystem services" like improving water and air quality by absorbing excess water and carbon dioxide. Natural spaces also offer a variety of social, mental, and physical benefits. These include stress reduction, lower blood pressure, decreased depression and anxiety, and relief from the symptoms of Attention Deficit Disorder.

## Why No Dogs?

Dogs—on leash or off—are a threat to wildlife. Wild animals perceive dogs as predators. This interrupts their normal behaviors, like feeding or resting, and causes them stress. A dog's scent repels wildlife even after the dogs are gone. Dog urine "marks" territory, which can make it undesirable for wildlife.

## Why No Bikes?

Bikes disturb wildlife habitats. In seasonally wet environments, bikes on the soft trails can make paths unusable for walkers.

## Busey Woods

Busey Woods is a 59-acre bottomland oak-hickory forest. It is located at the north end of Crystal Lake Park with an entrance just west of the Anita Purves Nature Center.

## Commissioners Grove & Wetland in Weaver Park

This 60-acre park includes 5 acres of woodland/savanna restoration, 35 acres planted with prairie and native grasses, and an award-winning watershed management wetland. Parking along Main Street (near Smith Road) offers a place for you to begin your bike or hike along the Kickapoo Rail Trail, extending 6.7 miles to St. Joseph.

## Spomer Prairie in Meadowbrook Park

Prairie was the predominant habitat in Illinois before European settlement. Since 1978, the Urbana Park District and countless volunteers have worked to re-create approximately 80 acres of native landscape. Explore this prairie in south Urbana, along Windsor Road and Race Street.

## Perkins Road Natural Area

The Perkins Road site, located behind the Dog Park at 1501 E. Perkins Road, is leased long-term from the Urbana-Champaign Sanitary District. 35 acres of prairie and wetland are being restored here. Development plans include trails, interpretive signs, and wildlife viewing areas.

## Program Opportunities

Naturalist guides lead programs at these locations that are designed for all age groups and interests, including school groups and the public. See page 63 for more information. To inquire about programs and services, or to make a request, call the Anita Purves Nature Center at 217-384-4062.

## Volunteer Opportunities

For information about Natural Areas Stewardship Days and Wednesday Workdays, see page 61. Clubs, scout, and other groups may request a private workday by calling 217-384-4062.





# Pavilion Rentals

## About Requesting a Pavilion

Reserve your space well in advance of your event. Restrooms and water fountains are available mid-April to mid-October. When restrooms are closed, portable toilets are located nearby. Prices listed are per time slot.

**Alcohol is prohibited without a permit.**

Pavilion Times	9am-2pm   3pm-8pm	Call 217-367-1544 for information about reservation. Full payment required for reservation.
Peak Season	Apr 1-Oct 31	
Off Season	Nov 1-Mar 31	

**Off Season** - During off season, these pavilions may be rented at the rate of \$50 per time slot.

## Other Available Shelters

The following parks have shelters available for free on a first-come, first-served basis:

**AMBUCS | Blair Park | Crestview Park | Crystal Lake Park | King Park | Victory Park**

### Garden Pavilion

Meadowbrook Park: Bronze Bus Route

Rental Cost: \$95 | # of Picnic Tables: 8

# of People: 64

- Electricity
- Restrooms
- Water fountain
- Lights on timers

### Nick Santi Pavilion

AMBUCS Park: Orange Bus Route

Rental Cost: \$95 | # of Picnic Tables: 8

# of People: 64

- Lights
- Large-double barbecue

### North Woods Pavilion

Crystal Lake Park: Gold/Orange Bus Route

Rental Cost: \$85 | # of Picnic Tables: 6

# of People: 48

- Barbecue
- Electricity
- Sand volleyball
- Lights on timers

### PrairiePlay Pavilion

Meadowbrook Park: Bronze Bus Route

Rental Cost: \$85 | # of Picnic Tables: 8

# of People: 48

- Electricity
- Grill with charcoal bin
- Water fountain
- Lights on timers
- Restrooms

### Jean Driscoll Pavilion

AMBUCS Park: Orange Bus Route

Rental Cost: \$110 | # of Picnic Tables: 12

# of People: 120

- Playground
- Accessible parking
- Restrooms
- Electricity
- Large grill
- Lights on timers
- Water fountain

### Jettie Rhodes Pavilion

King Park: Grey/Illini Bus Route

Rental Cost: \$95 | # of Picnic Tables: 8

# of People: 64

- Grills
- Bankshot basketball court
- Restrooms
- Playground
- Electricity
- Walking path
- Tennis court
- Lights on timers
- Water fountain

### Large Pavilion

Crystal Lake Park: Gold/Orange/Green Bus Route

Rental Cost: \$110 | # of Picnic Tables: 24

# of People: 176

- Grill
- Concrete game tables
- Electricity
- Cornhole boards
- Water fountain
- Playground
- Lights on timers
- Portable toilets





# Summer Camps

## Summer Camps at a Glance

Dates	Camp Name	Age	Location	Times (M-F)	Page
May 30-June 2	School's Out for Summer	6-12	Phillips Recreation Center	7:30am-5:30pm	34
June 5-Aug 11	Preschool Arts Camp	3-5	Phillips Recreation Center	7:30am-3pm	35
	Preschool Arts Extended Camp	3-5	Phillips Recreation Center	3-5:30pm	35
	Preschool Nature Camp	3-5	Anita Purves Nature Center	8am-12pm	37
	Nature Day Camp	6-12	Anita Purves Nature Center	7:30am-3pm	36
	Extended Nature Day Camp	6-12	Anita Purves Nature Center	3-5:30pm	36
	Summer Arts Camp	6-12	Phillips Recreation Center	7:30am-3pm	35
	Summer Arts Extended Camp	6-12	Phillips Recreation Center	3-5:30pm	35
	Sports Camp	6-12	Brookens Gym	7:30am-3pm	34
	Sports Extended Camp	6-12	Brookens Gym	3-5:30pm	34
	July 10-28	Camp FRESH	12-15	Lake House in Crystal Lake Park	8am-3pm

Summer Camps

## GENERAL CAMP INFORMATION

If you have any registration questions, call the Phillips Recreation Center at 217-367-1544.

- All campers must be toilet trained unless limited by a disability.
- Participants will be the correct age for camp enrollment by September 1, 2023.
- Camps may be canceled at any time if weather conditions become severe or threaten the safety of the campers and staff. No refunds are issued when camps are canceled due to weather.
- Full payment is preferred at registration. An extended payment option is available for anyone who registers in person or online (see page 33). To register by phone, payment in full by credit card is required. A child cannot be registered for camp without payment.
- Camps may fill. Waitlists will be started on a first-come, first-served basis when this occurs. If a spot opens up in a camp, registration staff will notify you of the availability. Payment will only be required if your camper is fully enrolled.

## Who Should I Call with Questions about A Specific Camp Programs?

### Sports Camps

- Athletics Coordinator: 217-255-8601

### Arts Camps & School's Out for Summer

- Community Program Coordinator: 217-367-1544

### Nature Camps & Wild Child Survival Camp

- Environmental Public Program Coordinator: 217-367-1544

### JC Program, Camp FRESH, & CIT Program

- Environmental Education Coordinator: 217-384-4062

### Scholarships, CCRS, & Camp Payments

- Community Program Coordinator: 217-367-1544

### Inclusion Services

- Champaign Urbana Special Recreation: 217-819-3980



## DON'T WAIT... REGISTER NOW!

1. Early registration is advised due to the popularity of camps and the limited number of spaces available.
2. Visit [bit.ly/updregistration](http://bit.ly/updregistration) to find a summer camp registration form.

Camp registration is required one week prior to the start of each session. Camper information and discipline forms are due prior to the start of each session. Late registration is at the discretion of the camp coordinator.

### Summer Camp Fees & Deadlines\*\*

Camp Week	Registration Deadline	Early Bird Prices <i>April 6-May 18</i>	Weeks 1, 2, 4 & 6-10	Weeks 3 & 5
1: Jun 5-9	May 30	Day Camps (7:30am-3pm) Extended Camps (3-5:30pm)	\$149R/\$225NR \$76R/\$114NR	\$119R/\$180NR \$60R/\$91NR
2: Jun 12-16	June 5			
3: Jun 20-23*	June 12			
4: Jun 26-30	June 20			
5: Jul 3-7*	June 26			
6: Jul 10-14	July 3			
7: Jul 17-21	July 10			
8: Jul 24-28	July 17			
9: Jul 31-Aug 4	July 24			
10: Aug 7-11	July 31			

Regular Prices <i>(May 19-Registration Deadline)</i>	Weeks 1, 2, 4 & 6-10	Weeks 3 & 5
Day Camps (7:30am-3pm)	\$159R/\$239NR	\$127R/\$191NR
Extended Camps (3-5:30pm)	\$81R/\$121NR	\$64R/\$97NR

**\*\*Alternate fees apply to Preschool Nature Camp and Camp FRESH**

**\*No camps on  
Monday, June 19 or Tuesday, July 4.**

Summer Camps

### Extended Camp Drop-In

*Monday-Friday, 3-5:30pm  
All Registered Full-Day Campers  
\$16 per camper per day*

The Extended Camp Drop-In option is perfect for parents of children in all our full-day camps who are occasionally unable to pick up children by 3pm, but not often enough to enroll campers in a full session of Extended Camp. Space permitting, you may register your child for a single day or multiple days of Extended Camp. Please speak with your camper's camp supervisor as soon as you know the days for which you need to enroll as this is a first-come, first-served program.

### MY CAMPER NEEDS INCLUSION SERVICES. HOW DO I REQUEST THEM?

CUSR offers inclusion services for Urbana Park District programs. Upon an initial assessment, services that are deemed appropriate based on each individual may be provided. If needed, a one-on-one aide may be available. When registering, please fill in ADA information as needed on the registration form.

*\*Inclusion services may be limited at this time. Due to insufficient staffing, Inclusion Assistants cannot be guaranteed. Please call CUSR to learn what accommodations are available at this time: 217-819-3980.*



- **EB** - Early Bird; An early registration deadline with a discounted fee
- **R** - Resident; Individuals living within the boundaries of the Urbana and Champaign Park Districts
- **NR** - Nonresident; Individuals living outside the boundaries of the Urbana and Champaign Park Districts



## CAN I PAY FOR CAMP IN INSTALLMENTS USING THE EXTENDED PAYMENT OPTION?

The Extended Payment Option is only available for registration in person or online; phone registration is not available. If you choose to pay in installments, a \$25 per camper, per week, nonrefundable registration deposit is required. This deposit will be applied to the full payment of the camp fee. The remainder of the fee must be paid by pre-authorized credit card payment or pre-authorized automated withdrawal from checking account. In addition to the registration form, you will complete an extended payment form authorizing the Urbana Park District to make scheduled withdrawals from your checking account or credit card. The payment plan is a set schedule established by the Urbana Park District. Your credit card or checking account will be debited two weeks before the first day of the camp session. If an automatic payment is declined for any reason, a \$25 service fee will be assessed. The camp fee and the service fee must be paid by Wednesday of the same week to avoid your child being unenrolled from camp.

Camp Weeks and Dates	Automatic Payment Due Date	Withdraw Date if Payment Not Received
May 30-June 2	May 15	May 18
Week 1, June 5-9	May 22	May 25
Week 2, June 12-16	May 29	June 1
Week 3, June 20-23*	June 5	June 8
Week 4, June 26-30	June 12	June 15
Week 5, July 3-7*	June 20	June 22
Week 6, July 10-14	June 26	June 29
Week 7, July 17-21	July 3	July 6
Week 8, July 24-28	July 10	July 13
Week 9, July 31-August 4	July 17	July 20
Week 10, August 7-11	July 24	July 27

*\*No camps on Monday, June 19 or Tuesday, July 4.*

## I HAVE MORE THAN ONE CHILD IN CAMP. IS THERE A DISCOUNT?

Families with more than one child attending any Urbana Park District camp during the same session receive a discount of \$14 per session for each additional child. Multiple-child discounts are only available over the phone or in person, not online.

## I NEED ASSISTANCE AFFORDING CAMPS. ARE THERE SCHOLARSHIPS AVAILABLE?

Requests for scholarships must be received no later than two weeks before a program's deadline. See page 5 for details. Space is not guaranteed, and a spot is not saved for your child until we receive payment or the \$25 deposit. The regular camp payment schedule still applies.

## I RECEIVE ASSISTANCE FROM CCRS (CHILD CARE RESOURCE SERVICE). WHAT DO I NEED TO KNOW ABOUT CAMP REGISTRATION?

A \$10 deposit per child per week will be required to save a spot. These deposits will be refunded at the end of the summer as long as your child attends 80% (4 out of 5 days) of camp for each week enrolled. Due to the cost of camps and the amount that CCRS can cover, extended camps are an extra fee that may not be covered by CCRS. If you would like to register for these camps, you will need to sign up for the regular payment plan. An approval letter for the Urbana Park District or payment in full will be required by the Thursday before a camp begins in order for your child to attend. You are responsible for any remaining balance after CCRS. Once your letter is received, payment must be made or a payment plan set up with the Office Service Specialist II within 1 week for your child to continue attending camp.

## CAN I REQUEST A REFUND?

There is a \$25 nonrefundable deposit for every camp session. Refunds for the camp price, minus the \$25 deposit, will be issued if requested at least two weeks prior to the camp start date. No refunds are issued when camps are canceled due to weather.

## HOW DO I TRANSFER A CHILD FROM ONE CAMP TO ANOTHER?

You may transfer a child to another camp, space permitting, if you make the request at least two weeks prior to the start of the camp session. Any difference in fee must be paid at time of transfer. Call the Phillips Recreation Center at 217-367-1544.

## School's Out for Summer

Meets Tuesday-Friday from 7:30am-5:30pm  
 (Sign up for individual dates desired)  
 Phillips Recreation Center  
 Ages 6-12

Travel around town to see what Urbana-Champaign has to offer while hanging out with old and new friends! Each day will feature different games and activities. You'll ride the MTD to our field trip locations. All movies rated G or PG. Be sure to bring your swimsuit, sunscreen, and towel each day—we may get very messy and wet! Please bring a lunch, but a snack will be provided. Any days when Urbana School District classes are in session, camp will be canceled.

EB Cost	Regular Cost
\$47R/\$61NR	\$50R/\$75NR

Camp Day	Deadline	Code
Tu, May 30	May 23	142
W, May 31	May 24	143
Th, June 1	May 25	144
F, June 2	May 26	145



## Sports Camp

Monday-Friday, 7:30am-3pm  
 Brookens Gym  
 Ages 6-12

Kids will enjoy a variety of fun activities involving sports and games, while making new friends in an active environment. Campers are instructed on a variety of sports activities, participate in competitions, and go on trips. Camp includes two afternoons a week of free swim at Crystal Lake Park Family Aquatic Center. Campers ride MTD buses for field trips. Bring a lunch that does not need refrigeration, a morning snack, and a swimsuit and towel on swim days. Campers should wear tennis shoes daily.

Session	Date	Deadline	Code
1	Jun 5-9	May 30	201
2	Jun 12-16	Jun 5	202
3	Jun 20-23*	Jun 12	203
4	Jun 26-30	Jun 20	204
5	Jul 3-7*	Jun 26	205
6	Jul 10-14	Jul 3	206
7	Jul 17-21	Jul 10	207
8	Jul 24-28	Jul 17	208
9	Jul 31-Aug 4	Jul 24	209
10	Aug 7-11	Jul 31	210

## Sports Extended Camp

Monday-Friday, 3-5:30pm  
 Brookens Gym  
 Ages 6-12

Children registered for Sports Camp can add extended camp and stay for more camp fun until 5:30 pm. *Participants must be enrolled in the corresponding session of Sports Camp.*

Session	Date	Deadline	Code
1	Jun 5-9	May 30	211
2	Jun 12-16	Jun 5	212
3	Jun 20-23*	Jun 12	213
4	Jun 26-30	Jun 20	214
5	Jul 3-7*	Jun 26	215
6	Jul 10-14	Jul 3	216
7	Jul 17-21	Jul 10	217
8	Jul 24-28	Jul 17	218
9	Jul 31-Aug 4	Jul 24	219
10	Aug 7-11	Jul 31	220

*\*No camps on Monday, June 19 or Tuesday, July 4.*

## Art Camp Themes and Information

Each camper will learn new art terms and techniques and gain valuable friendships. Drop off begins at 7:30am with official activities beginning between 8:30 and 9am. Be sure to dress for mess. Campers will ride MTD buses for field trips, have open play time at the Phillips Recreation Center playground, and swim up to twice a week. Snack and lunch are provided. Each child receives an Arts Camp T-shirt.

Week	Date	Theme
1	Jun 5-9	Painting/Drawing
2	Jun 12-16	Art Meets Science
3	Jun 20-23*	Photography, Media
4	Jun 26-30	Wood, Glass, & Plastic
5	Jul 3-7*	Clay, Dough, & Modeling
6	Jul 10-14	Illustration
7	Jul 17-21	Music & Dance
8	Jul 24-28	Costumes & Textiles
9	Jul 31-Aug 4	2D Art
10	Aug 7-11	Public Art

## Summer Arts Camp

Monday-Friday, 7:30am-3pm  
Phillips Recreation Center  
Ages 6-12

Budding artists focus on the visual and performing arts. Each session will have a virtual art show posted online.

Week	Date	Deadline	Code
1	Jun 5-9	May 30	147
2	Jun 12-16	Jun 5	148
3	Jun 20-23*	Jun 12	149
4	Jun 26-30	Jun 20	150
5	Jul 3-7*	Jun 26	151
6	Jul 10-14	Jul 3	152
7	Jul 17-21	Jul 10	153
8	Jul 24-28	Jul 17	154
9	Jul 31-Aug 4	Jul 24	155
10	Aug 7-11	Jul 31	156

## Summer Arts Extended Camp

Monday-Friday, 3-5:30pm  
Phillips Recreation Center  
Ages 6-12

Summer Arts Campers can extend their day with these afternoons of general recreation activities, swimming and more. Structured and unstructured activities will be offered, including games, sports, movies, quiet play, playground time and a daily snack. We swim up to twice a week. Extended Camp ends at 5:30pm. *Participants must be enrolled in the corresponding session of Summer Arts Camp.*

Week	Date	Deadline	Code
1	Jun 5-9	May 30	158
2	Jun 12-16	Jun 5	159
3	Jun 20-23*	Jun 12	160
4	Jun 26-30	Jun 20	161
5	Jul 3-7*	Jun 26	162
6	Jul 10-14	Jul 3	163
7	Jul 17-21	Jul 10	164
8	Jul 24-28	Jul 17	165
9	Jul 31-Aug 4	Jul 24	166
10	Aug 7-11	Jul 31	167

\*No camps on Monday, June 19 or Tuesday, July 4.

## Preschool Arts Camp

Monday-Friday, 7:30am-3pm  
Phillips Recreation Center  
Ages 3-5, must be toilet trained

Young artists will develop their visual and performing arts skills in this exciting camp just for 3-5 year old campers. Each session will include hands-on art exploration as well as play-based learning and recreation in a small group setting. This camp is for children who no longer require a napping period during the day.

Week	Date	Deadline	Code
1	Jun 5-9	May 30	169
2	Jun 12-16	Jun 5	170
3	Jun 20-23*	Jun 12	171
4	Jun 26-30	Jun 20	172
5	Jul 3-7*	Jun 26	173
6	Jul 10-14	Jul 3	174
7	Jul 17-21	Jul 10	175
8	Jul 24-28	Jul 17	176
9	Jul 31-Aug 4	Jul 24	177
10	Aug 7-11	Jul 31	178

## Preschool Arts Extended Camp

Monday-Friday, 3-5:30pm  
Phillips Recreation Center  
Ages 3-5

Preschool Arts Campers can extend their day with these afternoons of general recreation activities, crafts and more. Structured and unstructured activities will be offered, including games, sports, movies, quiet play, playground time and a daily snack. Extended Camp ends at 5:30pm. *Participants must be enrolled in the corresponding session of Preschool Arts Camp.*

Week	Date	Deadline	Code
1	Jun 5-9	May 30	180
2	Jun 12-16	Jun 5	181
3	Jun 20-23*	Jun 12	182
4	Jun 26-30	Jun 20	183
5	Jul 3-7*	Jun 26	184
6	Jul 10-14	Jul 3	185
7	Jul 17-21	Jul 10	186
8	Jul 24-28	Jul 17	187
9	Jul 31-Aug 4	Jul 24	188
10	Aug 7-11	Jul 31	189



## Nature Camp Themes and Information

Nature Camp gives children opportunities to discover, connect with, and ask questions about nature. Campers are divided into separate groups and spend their days exploring the outdoors during weekly themed sessions. Leaders guide hands-on investigations, field trips and more. Traditional summer camp activities like songs, games, crafts and swimming are also offered. Each camper receives a Nature Day Camp T-shirt. Please dress your camper for mess and bring a refillable water bottle daily.

Session	Date	Theme	Description
1	Jun 5-9	Woodlands	Get up-close and personal with Busey Woods as we explore and discover different parts of our surroundings each day.
2	Jun 12-16	Wetlands	Visit different wetland habitats in the park district and compare the different kinds of life we can find!
3	Jun 20-23*	Buggy Blitz	Insects, spiders, slugs and bugs—search and learn what makes invertebrates so important to the biological community.
4	Jun 26-30	STEAM Week	Explore how Science, Technology, Engineering, Art and Math can connect us with nature through inquiry and discovery!
5	Jul 3-7*	Camp Rocks	See how geology connects to nature as we learn about what makes up the earth beneath our feet.
6	Jul 10-14	Lakeside, Creeks & Streams	Campers will explore Crystal Lake Park, visit a creek, and spend some time enjoying the lakeside views. We may even catch some fish!
7	Jul 17-21	Wildlife Watchers	Many species of birds, mammals, reptiles, & amphibians live in local natural areas. How many can we see?
8	Jul 24-28	Prairies & Farmland	Visit local prairie habitats to discover why Illinois is the “Prairie State”, and learn how humans alter landscapes for agricultural use.
9	Jul 31-Aug 4	Giving Back to Nature	Campers will celebrate the variety of local habitats and help out with projects to keep them healthy!

## Nature Day Camp

*Monday-Friday, 7:30am-3pm*  
*Anita Purves Nature Center & Crystal Lake Park*  
*Ages 6-12*

Campers will explore nature and the environment as they play and discover outdoors. Children are divided into smaller groups, each with a different camp leader. Drop off is from 7:30-8:30am with kids' choice activities. Scheduled group activities begin at 8:30am. Campers must bring a morning snack, lunch and water bottle daily.

Session	Date	Deadline	Code
1	Jun 5-9	May 30	102
2	Jun 12-16	Jun 5	103
3	Jun 20-23*	Jun 12	104
4	Jun 26-30	Jun 20	105
5	Jul 3-7*	Jun 26	106
6	Jul 10-14	Jul 3	107
7	Jul 17-21	Jul 10	108
8	Jul 24-28	Jul 17	109
9	Jul 31-Aug 4	Jul 24	110

## Extended Nature Day Camp

*Monday-Friday, 3-5:30pm*  
*Anita Purves Nature Center & Crystal Lake Park*  
*Age 6+*

Nature Day and Camp FRESH campers can end the day with various supervised recreational activities. Play games, make crafts, go swimming and more. An afternoon snack is provided. *Campers must be enrolled in the corresponding session of Nature Day Camp or Camp FRESH.*

Session	Date	Deadline	Code
1	Jun 5-9	May 30	122
2	Jun 12-16	Jun 5	123
3	Jun 20-23*	Jun 12	124
4	Jun 26-30	Jun 20	125
5	Jul 3-7*	Jun 26	126
6	Jul 10-14	Jul 3	127
7	Jul 17-21	Jul 10	128
8	Jul 24-28	Jul 17	129
9	Jul 31-Aug 4	Jul 24	130



## Camp FRESH! (Future Responsible Environmental Stewardship Heroes)

Monday-Friday, July 10-28, 8am-3pm | Crystal Lake Park Lake House | Age 12-15

Camp FRESH! offers a unique look at the Urbana-Champaign community. Camp is held at the Lake House in Crystal Lake Park, where campers will enjoy boating, fishing, and picnicking. Campers ride MTD for fun activities and experiences all around Urbana-Champaign. Bring a sack lunch, snack, and water bottle each day. Drop-off is from 8-8:30am at the Lake House; scheduled group activities begin at 8:30am. See Extended Nature Day Camp on page 36 for a longer camp day.

Week	Date	Deadline	Code
6	July 10-14	July 3	136
7	July 17-21	July 10	137
8	July 24-28	July 17	139

	Cost
EB	\$174R/\$261NR
REG	\$185R/\$278NR

Looking for more activities for teens? See page 45.

## Preschool Nature Camp

Monday-Friday, 8am-12pm  
Anita Purves Nature Center  
Ages 3-5, must be toilet trained

This morning camp, for children who have not yet attended kindergarten, nurtures curiosity and provides a positive introduction to day camp and nature. Camper drop off is from 8-8:30am starting with free play. Scheduled activities begin at 8:30am. A snack is provided. Campers must bring a water bottle daily.

Session	Date	Deadline	Code
1	Jun 5-9	May 30	112
2	Jun 12-16	Jun 5	113
3	Jun 20-23*	Jun 12	114
4	Jun 26-30	Jun 20	115
5	Jul 3-7*	Jun 26	116
6	Jul 10-14	Jul 3	117
7	Jul 17-21	Jul 10	118
8	Jul 24-28	Jul 17	119
9	Jul 31-Aug 4	Jul 24	120

	Cost	*Weeks 3 & 5 Cost
EB	EB Cost: \$73R/\$109NR	\$59R/\$89NR
REG	Reg Cost: \$78R/\$116NR	\$63R/\$95NR



## Wild Child Survival Camp

Monday-Friday, Aug 7-11, 7:30am-3pm  
Anita Purves Nature Center  
Ages 6-12

**FULL!**

In this adventure-based outdoor camp, campers will learn skills that promote independence and critical thinking, like making fire, building debris shelters, creating and using tools, and identifying dangers in the wilderness. Campers can also enjoy swimming and other general recreational activities during the week. Drop-off is from 7:30 to 8:30am. Campers should bring a water bottle, lunch, and sturdy clothing that can get dirty.

Date	Deadline	Code
Aug 7-11	July 31	131

## Wild Child Extended Camp

Monday-Friday, Aug 7-11, 3-5:30pm  
Anita Purves Nature Center  
Ages 6-12

Wild Child campers can end the day with various supervised recreational activities. Play games, make crafts, go swimming and more. An afternoon snack is provided. *Participants must be enrolled in Wild Child Survivor Camp.*

Date	Deadline	Code
Aug 7-11	July 31	132

**\*No camps on Monday, June 19 or Tuesday, July 4.**





# Aquatic Programs

## CRYSTAL LAKE PARK FAMILY AQUATIC CENTER

### Urbana Park District Swim Lessons

Early registration is encouraged. A waitlist may be started for programs that fill quickly.

**Multiple Student Discount:** Enroll more than one child in swim lessons and receive a \$5 discount for each additional child. Can only be applied in person or over the phone.

**Water Fitness Programs:** Listed under Fitness Programs. See page 55 for more information.

### How do I know where to place my child for swim lessons?

During the first class of each session, instructors and coordinators will evaluate the child's swim skills and place them in the appropriate level.

### Toddler & Me Swim Lessons

Children are introduced to the water with games and songs. They will work on jumping in, splashing, and being comfortable floating on front and back.

*According to Illinois Health Code, all children wearing diapers must also wear plastic pants over them or wear "a swim diaper." This is to help prevent the spread of infectious disease through fecal accidents. Swim diapers are available for \$1 at the entrance.*

#### 6-18 Months

EB Cost: \$40R/\$60NR | Regular Cost: \$49R/\$74NR

Day	Date	Time	No Class	Makeup Date	EB Deadline	Reg Deadline	Code
M-Th	June 5-15	9:30-10am	N/A	N/A	May 22	May 30	402
M-Th	June 19-29	9:30-10am	N/A	N/A	June 5	June 12	403
M-Th	July 3-13	9:30-10am	July 4	July 7	June 19	June 26	404
M-Th	July 17-27	9:30-10am	N/A	N/A	July 3	July 10	405
M-Th	July 31-Aug 10	9:30-10am	N/A	N/A	July 17	July 24	406
Sat	June 3-July 29	9:30-10am	June 10 & 24, July 22	N/A	May 20	May 27	407

#### 8-36 Months

EB Cost: \$40R/\$60NR | Regular Cost: \$49R/\$74NR

Day	Date	Time	No Class	Makeup Date	EB Deadline	Reg Deadline	Code
M-Th	June 5-15	9:00-9:30am	N/A	N/A	May 22	May 30	409
M-Th	June 19-29	9:00-9:30am	N/A	N/A	June 5	June 12	410
M-Th	July 3-13	9:00-9:30am	July 4	July 7	June 19	June 26	411
M-Th	July 17-27	9:00-9:30am	N/A	N/A	July 3	July 10	412
M-Th	July 31-Aug 10	9:00-9:30am	N/A	N/A	July 17	July 24	413
Sat	June 3-July 29	9:00-9:30am	June 10 & 24, July 22	N/A	May 20	May 27	414

- **EB** - Early Bird; An early registration deadline with a discounted fee
- **R** - Resident; Individuals living within the boundaries of the Urbana and Champaign Park Districts
- **NR** - Nonresident; Individuals living outside the boundaries of the Urbana and Champaign Park Districts



## Beginner Swim Lessons

*EB Cost: \$40R/\$60NR | Regular Cost: \$49R/\$74NR*

These lessons are designed to introduce swimmers to the water. They will work on being comfortable in the water through play and skills, and learn lead up swimming skills such as front and back floats, kicking, arm movements, and blowing bubbles.

Day	Date	Time	No Class	Makeup Date	EB Deadline	Reg Deadline	Code
M-Th	June 5-15	10-10:30am	N/A	N/A	May 22	May 30	416
		11-11:30am					417
M-Th	June 19-29	10-10:30am	N/A	N/A	June 5	June 12	418
		11-11:30am					419
M-Th	July 3-13	10-10:30am	July 4	July 7	June 19	June 26	420
		11-11:30am					421
M-Th	July 17-27	10-10:30am	N/A	N/A	July 3	July 10	422
		11-11:30am					423
M-Th	July 31-Aug 10	10-10:30am	N/A	N/A	July 17	July 24	424
		11-11:30am					425
Sat	June 3-July 29	9-9:30am	June 10 & 24, July 22	N/A	May 20	May 27	426
		10-10:30am					427

## Intermediate Swim Lessons

*EB Cost: \$49R/\$74NR | Regular Cost: \$61R/\$92NR*

Children will work on side breathing and diving. They will learn the arm movements and kicks for breaststroke and butterfly strokes, work on their endurance for all 4 strokes, and work on being able to swim longer distances.

Day	Date	Time	No Class	Makeup Date	EB Deadline	Reg Deadline	Code
M-Th	June 5-15	10-10:45am	N/A	N/A	May 22	May 30	429
		11-11:45am					430
M-Th	June 19-29	10-10:45am	N/A	N/A	June 5	June 12	431
		11-11:45am					432
M-Th	July 3-13	10-10:45am	July 4	July 7	June 19	June 26	433
		11-11:45am					434
M-Th	July 17-27	10-10:45am	N/A	N/A	July 3	July 10	435
		11-11:45am					436
M-Th	July 31-Aug 10	10-10:45am	N/A	N/A	July 17	July 24	437
		11-11:45am					438
Sat	June 3-July 29	10-10:45am	June 10 & 24, July 22	N/A	May 20	May 27	439
		11-11:45am					440

## Springboard Diving Lessons

*EB Cost: \$50R/\$75NR | Regular Cost: \$62R/\$93NR*

Instructors will teach the basics of competitive diving. Students will learn and refine approaches and jumps. Students will learn and practice forward, back, reverse, inward, and twist dives in various positions (straight, tuck, pike, and free). Register early! There are limited spots available.

Day	Date	Time	No Class	EB Deadline	Reg Deadline	Code
Sun	June 4-July 2	5:30-7pm	June 18	May 22	May 29	442
Sun	July 9-30	5:30-7pm	N/A	June 26	July 3	443
Sun	Aug 6-27	5:30-7pm	N/A	July 24	July 31	444



## Swim Clinic

Saturdays, 8-9:30am | Ages 13+

This program is for those who can swim 25 yards consistently. All of the coaches leading this program have had extensive experience in the field. They all want to help you improve your stroke and performance in the water. This is not a "learn to swim" clinic. Competitive swimming technique, including starts, turns, streamlining, "wall work", etc will be taught. Triathlon/long distance swimmers will also benefit from this clinic by becoming more efficient and faster. **Register early, this class fills fast!**

Date	Cost	Deadline	Code
June 3-July 29	\$65R/\$97NR	May 27	445
<b>No class June 10 &amp; 24, July 22</b>			

## Private Coaching

Urbana Indoor Aquatic Center | All ages

These 30 Minute Lessons at Crystal Lake Park Family Aquatic Center are focused, one-on-one training with area elite swim instructors. Turn your weaknesses into strengths, improve your skills, and gain confidence. Cost is per lesson. Please contact the Shift Manager on duty at 217-239-7946 with questions or to request a coach. No online registration. Private coaching lessons require at least 24 hours advanced notice of cancellation or no credit will be given. Contact a shift manager at 217-239-7946 if you need to cancel. If 24 hours advance notice is not given, you will forfeit that lesson.

# of Students	Cost	Code
1 Student	\$29R/\$44NR	447
2 Students	\$35R/\$53NR	448

## Junior Lifeguard Program

July 10-14, 9am-12pm

Crystal Lake Park Family Aquatic Center

Age 12+

Learn basic lifeguarding skills, including lifeguard rescues, whistle codes, shift procedures, CPR/First Aid and more! Participants will receive CPR and first aid certifications with completion of this course. Please email Jennifer if you have any questions about this program at [jrnierenhausen@urbanaparks.org](mailto:jrnierenhausen@urbanaparks.org).

EB Cost	Cost	Code
\$75R/\$113NR   Jun 26	\$92R/\$138NR   Jul 3	453

## Private & Semi-Private Swim Lessons

Urbana Indoor Aquatic Center | All Ages

4 Lessons/30 Minutes Each

Private and Semi-private lessons provide very individualized instruction for anyone at any age. These lessons help the student become more confident in their swimming skills. We also recommend these lessons for anyone who wishes to perfect their strokes or for those who need a little extra attention before rejoining group lessons. Please call 217-239-7346 to register. Private and semi-private lessons require at least 24 hours advanced notice of cancellation or no credit will be given. Contact a shift manager at 217-239-7946 if you need to cancel. If 24 hours advance notice is not given, you will forfeit that lesson.

# of Students	Cost	Code
1 Student	\$75R/\$113NR	450
2 Students	\$99R/\$149NR	451
3 Students	\$120R/\$180NR	452



# Nadiator Swim Team



## Nadiator Prerequisites

Pre-Team (PT) - Up to 8 years old

- Completion of UPD intermediate swim lessons.\*

Nadiators I (N1) - Ages 9-12

- Ability to swim 25 yards in freestyle and backstroke. Main understanding of breaststroke and butterfly, with forward progression through coaching. Ability to swim for 1 hour at practices

Nadiators II (N2) - Ages 13-18

- Ability to swim all strokes proficiently. Ability to swim for 1.5 hours at practices.

*\*Please see pages 38-40 for more information on swim lessons.*

Practice begins May 30th.

Level	Days	Time	EB Cost	EB Deadline	Cost	Code
N2	M-F	8-9:45am	\$94R/\$141NR	May 22	\$117R/\$176NR	457
N1	M-F	9:30-10:30am	\$86R/\$129NR	May 22	\$107R/\$161NR	456
PT	M-F	10:30-11am	\$78R/\$117NR	May 22	\$97R/\$146NR	455

Practices and local meets will be held at the Crystal Lake Park Family Aquatic Center. Practice information will be posted on [rainoutline.com](http://rainoutline.com) at least 30 minutes prior to your scheduled practice time during inclement weather.

At the end of the season, all new swimmers who have participated in three or more swim meets will receive a plaque where they can add the years as they continue to be a part of the team. Swimming at the end of the year conference requires participation in three swim meets. Co-Head Coaches are Jeff Birdsley and Michelle Zimmerman. You may reach them with any questions at [nadiators.swimteam@gmail.com](mailto:nadiators.swimteam@gmail.com)

The Nadiators website is [www.nadiators.weebly.com](http://www.nadiators.weebly.com)

### Mandatory Parent Meeting

Attending this meeting is very beneficial for new members. A zoom link will be sent out once scheduled. Please email [nadiators.swimteam@gmail.com](mailto:nadiators.swimteam@gmail.com) with questions.

### Swim Meet Parking

Please park in the overflow parking lot during swim meets and in Crystal Lake Park. Entry will be available through the south gate.



## Nadiators Swim Meet Schedule

Start time: 8am

Home Meets: CLPFAC

June 10 - HOME vs. Monticello

June 17 - at Tuscola

June 24 - HOME VS Charleston

July 8 - at Indiana Acres

July 15 - at Sholem

July 22 - CONFERENCE at Crystal Lake Park Family Aquatic Center





## Athletic Programs

### Sharkey's Fall Soccer

August 28-October 5, 5:30-6:30pm  
 Register for MW or TuTh Practice  
 Ages 4-5

The games are fun and exciting. Practices build teamwork and basic soccer skills. The rules, field, and ball are modified to meet kindergartners' size and abilities. Everyone gets a T-shirt and everyone participates. All coaches are volunteers. You may be asked to bring snacks to practices and games. Practice days and site are assigned on a first come-first serve basis. Games rotate among all practice locations/practice days. Thursday, October 5 is Sharkey's Fun Night for all teams at Brookens' Pee Wee Soccer Fields.

EB Cost	Deadline	Cost	Deadline
\$27R/\$39NR	Aug 14	\$33R/\$45NR	Aug 21

Day	Location	Code
MW	Weaver Park	515
MW	Carle Park	516
MW	Brookens Fields	517
MW	Yankee Ridge	518
TuTh	Brookens Fields	519
TuTh	Larson Park	520
TuTh	Blair Park	521
TuTh	Carle	522

- **EB** - Early Bird; An early registration deadline with a discounted fee
- **R** - Resident; Individuals living within the boundaries of the Urbana and Champaign Park Districts
- **NR** - Nonresident; Individuals living outside the boundaries of the Urbana and Champaign Park Districts

### Fall Outdoor Youth Soccer

Practices: Beginning July 24, 5:30-6:30pm  
 ▪ Register for MW or TuTh Practice  
 Games: Saturdays, August 5 - September 30  
 Grades 1-8

Players learn rules, soccer skills, and the value of teamwork and sportsmanship in a fun environment. All teams are coached by volunteer coaches. Sign up for your preference of practice site. Depending upon enrollment, teams may be combined, and you may not receive your first choice. If you are switched to a different location, you will be contacted by the park district. Boys and girls grade 5-8 will play with the Champaign Park District and Mahomet Parks and Recreation. Most games will be played at Brookens or Dodds Soccer Complex in Champaign.

EB Cost	Deadline	Cost	Deadline
\$29R/\$41NR	July 10	\$36R/\$48NR	July 17

*Required Jersey Fee - \$16 (purchase jersey at Phillips)*

Grades	Days	Location	Code
Grades 1-2 Co-Rec	MW	Brookens Fields	525
	MW	Carle Park	526
	MW	Weaver Park	527
	MW	Blair	528
	TuTh	Brookens Fields	529
	TuTh	Carle Park	530
	TuTh	Yankee Ridge School	531
	TuTh	Chief Shemauger	532
Grades 3-4 Boys	MW	Brookens Fields	533
	TuTh	Brookens Fields	534
Grades 3-4 Girls	MW	Brookens Fields	535
	TuTh	Brookens Fields	536
Grades 5-6 Boys	MW	Brookens Fields	537
	TuTh	Brookens Fields	538
Grades 5-6 Girls	TuTh	Brookens Fields	539
Grades 7-8 Boys	MW	Brookens Fields	540
Grades 7-8 Girls	TuTh	Brookens Fields	541

## Co-Recreational T-Ball

May 15-July 6, 5:30-6:30pm  
 Register for MW *or* TuTh Practice  
 Games rotate practice locations & days  
 Ages 5-7

Have fun and learn baseball fundamentals! Beginners and more experienced players will have a great time building skills together. Confidence and skill building are stressed in this instructional program. Volunteer coaches provide instruction. One game of the season will be played under the lights at Canaday field. Parents may be asked to bring snacks to games. Practice days and site are assigned on a first come-first serve basis.  
**No T-Ball May 29 or July 4**

EB Cost	Deadline	Cost	Deadline
\$29R/\$41NR	May 1	\$36R/\$48NR	May 8

Day	Location	Code
MW	Blair Park	592
MW	Chief Shemauger	593
MW	Weaver Park	594
MW	Ambucs West	595
TuTh	Blair Park	596
TuTh	Chief Shemauger	597
TuTh	Weaver Park	598
TuTh	Ambucs West	599

## Pony Baseball League

April 3-July 14  
 AMBUCS Baseball Field  
 Ages 13-15

Pony League is designed for competitive play with players of all ability levels. Games begin the week of May 8th or 15th and are held on weekday evenings throughout the summer, located in Urbana and neighboring communities. Participants must be the correct age for participation by Sept 1, 2023. A copy of each participant's birth certificate must be presented in person at registration or sent by email to [kamills@urbanaparks.org](mailto:kamills@urbanaparks.org).

Player assessment: April 3 at 5:30pm at AMBUCS Park.

EB Cost	Deadline	Cost	Deadline	Code
\$80R/\$92NR	March 20	\$98R/\$110NR	March 27	590

## Fall Wood Bat Baseball League

Sundays, September 10-October 15  
 1pm or 4:30pm double header  
 Prairie Park Baseball Field & other area fields  
 Grades 9-12

Keep your skills sharp and continue the baseball season into the fall with our wood bat baseball league. Volunteer coaches will manage the teams. All games are doubleheaders and are played on Sundays at Prairie Baseball Field or fields in the surrounding area. Teams play 12 games. Bats and jerseys are provided. **NOTE:** Please be sure to indicate the name of the high school you attend when registering.

EB Cost	Deadline	Cost	Deadline	Code
\$99R/\$111NR	Aug 25	\$123R/\$135NR	Sept 1	523



## Volunteer Coaches Needed!

Adult volunteers coach our youth sports programs such as T-Ball, basketball, and soccer. Without our volunteer coaches, we do not have leaders for your player's team. As a volunteer, you will spend 3-4 total hours per week leading practices through drills and skill building exercises and coaching games. Training resources are provided for each sport including discussions on skills, strategies, and policies. We can even match you with another adult and you can co-coach.

Adults interested in helping should call 217-255-8601, or fill out a Volunteer Application online at [www.urbanaparks.org/get-involved/volunteer/](http://www.urbanaparks.org/get-involved/volunteer/)

## Summer Co-Rec Kickball

Thursdays, June 1, 6:30-10:30pm

Fields in Urbana

Age 15+

Mandatory Managers Meeting:

Thursday, May 25, 6pm at Brookens Gym

Our kickball league is fun and laid back, but we still like to compete. Get a team of at least four men and four women together for a six-game round-robin schedule. We end the season with a single elimination tournament. Athleticism is optional! Teams must submit a complete roster and full payment at registration.

EB Cost   Deadline	Cost   Deadline	Code
\$153/team   May 18	\$191/team   May 25	510

## Beginning Archery

Mondays and Thursdays 6:30-7:45pm

▪ **Session 1:** June 12, 15, 19, 22

▪ **Session 2:** July, 17, 20, 24, 27

Judge Webber Park

Ages 6+

Learn archery basics from members of the East Central Illinois Archers. Participants receive instruction in 3D shooting and target shooting. The class ends with a tournament.

Session	EB Cost   Deadline	Cost   Deadline	Code
1	\$26R/\$38NR   Jun 5	\$32R/\$44NR   Jun 12	512
2	\$26R/\$38NR   Jul 10	\$32R/\$44NR   Jul 17	513



## Urbana Park District Adult Sports Code of Conduct

Participants are expected to follow all Urbana Park District rules, regulations, and this code of conduct. The following code of conduct has been developed to ensure that all participants exhibit appropriate behavior at all times. All athletic programs are intended to provide a safe and fun recreational environment for the participants.

All teams and individuals must show respect to other participants, officials and staff members, including volunteers. Respect all the equipment and the facilities/fields.

- Follow all Urbana Park District program rules and regulations.
- The use of abusive or foul language is not permitted.
- Any unnecessary physical contact towards another player, staff, coach, official, or spectator is not allowed. This also includes verbal threats/abuse.
- Participants should refrain from participation in unlawful activities.

***The Urbana Park District reserves the right to suspend or remove a participant or team from a program for a violation of the code of conduct and no refunds will be given. Each situation will be evaluated on its own merit.***



# Community Programs

## Teens

### FRESH Teen Hangout Zone

Select Fridays, 3:30-6pm  
Blair Park  
Grades 6-12

Urbana Park District is hosting *FRESH* Hangout Zones just for teens. Whether you enjoy playing games, reading, drawing, or just socializing—all are welcome to join! Free Wi-Fi is available, and park district staff will offer activities such as Nintendo Switch gaming, art supplies, board games and a crafting station. Free snacks and refreshments provided! For more information call the Phillips Recreation Center at 217-367-1544.

- June 16
- July 14
- Aug 25



### FRESH Crew Teen Nature Workdays

Tuesdays, 9-11am  
Grades 6-12

*FRESH* Crew is a nature work club for teens, grades 6 to 12. *FRESH* Crew meets weekly to remove invasive species, plant native plants, garden in community gardens, or harvest seeds. In addition, we host guest speakers, spend time in Urbana's natural areas.

All are welcome! *FRESH* Crew helps members build connections with nature and their community, make new friends, and learn about the natural world. This program also provides hands-on experience for students interested in working in nature, such as at a National Park, in a research lab, or on a restoration crew.

Participants must have a signed waiver by a guardian over the age of 18 - digital versions available by email. No prior registration or experience is required! Call 217-384-4062 or email Chelsea Prah! at [ckprahl@urbanaparks.org](mailto:ckprahl@urbanaparks.org) for more information.

Date	Time	Location
June 6	9-11am	Busey Woods
June 13	9-11am	Meadowbrook Park
June 20	9-11am	Solidarity Gardens - Meadowbrook Park
June 27	9-11am	Solidarity Gardens - Victory Park
July 11	9-11am	Busey Woods
July 18	9-11am	TBD
July 25	9-11am	Solidarity Gardens - Meadowbrook Park
Aug 1	9-11am	TBD
Aug 8	9-11am	Crystal Lake Park - Stream Clean-Up

- **EB** - Early Bird; An early registration deadline with a discounted fee
- **R** - Resident; Individuals living within the boundaries of the Urbana and Champaign Park Districts
- **NR** - Nonresident; Individuals living outside the boundaries of the Urbana and Champaign Park Districts

# Age-Friendly (50 & Better)



## Age-Friendly Field Trip to St. Louis Botanical Garden

Wednesday, May 10, 7am-7pm  
Age 50+

Join us for our annual, awe-inspiring garden trip! This year we've decided to change it up a bit and try out the Missouri Botanical Garden instead of our traditional Chicago Garden trip. We'll start the day with a quick and delicious meal on your own at Sassafras, the garden's restaurant. After lunch, there will be an optional guided tram tour, which will provide an excellent opportunity to observe the beautiful display gardens, sculptures, and buildings. We'll end our time at the Gardens by visiting the Garden Gate Shop, which stocks some of the finest plants, gardening materials, books, and home furnishings around. There will be plenty of storage space under the bus for your purchased items. **Please register online or call the Phillips Recreation Center at 217-367-1544.**

Cost	Deadline	Code
\$70 (includes snacks)	May 9	807

## Lifelong Leisure-Senior News

The Urbana Park District's free senior newsletter is your go-to source for senior activities in Urbana. The newsletter is the best way to stay up-to-date on all trips, events, and programs offered through the Park District and Senior Club. Call the Recreation Office at 217-367-1544 to get your name on the mailing list.

We also send the newsletter electronically. If you'd like to save paper and postage, join directly from [urbanaparks.org](http://urbanaparks.org) or send an e-mail to Jacob at [jrjohnston@urbanaparks.org](mailto:jrjohnston@urbanaparks.org)

## FREE! Age-Friendly Office Hours and Technology Assistance

By Appointment  
Phillips Recreation Center  
Age 50+

Come visit Jacob Johnston, our Community Program and Engagement Coordinator, to learn about technology basics. This could include: learning and/or setting up a new smart phone, password management, taking, storing, and sharing photos, and much more! Jacob, along with some tech-savvy volunteers, will be providing technology education and troubleshooting, upon request. **No registration is required but appointments are!** For more information or to schedule an appointment, email Jacob at [jrjohnston@urbanaparks.org](mailto:jrjohnston@urbanaparks.org) or give him a call at 217-367-1544. Once Jacob has confirmed your appointment with you, be sure to bring your smartphone, tablet, or laptop and plenty of questions!

## FREE! Rules of the Road

Thursday, June 8, 10-12pm  
Phillips Recreation Center  
Age 50+

This free review of Illinois traffic laws and signs, held in cooperation with the Illinois Secretary of State's Office, allows experienced drivers to polish their skills and keep on top of changing traffic laws. **Registration for the class is required**, so please register online or call the Phillips Recreation Office at 217-367-1544.

Date	Deadline	Code
Thursday, June 8	June 1	806





## Urbana Park District Senior Club

*Second Tuesday of each month, 12-2pm  
Phillips Recreation Center  
Age 50+*

The Urbana Park District Senior Club gathers on the second Tuesday of every month at the Phillips Recreation Center for a meeting, potluck luncheon, and entertainment. All seniors, 50+, are welcome to join us for fun, fellowship, and a great meal. For more information about the Club or to become a member (\$15 resident of Urbana and Champaign Park Districts, \$18 nonresident), please give Jacob Johnston a call at 217-367-1544 or email Jacob at [jrjohnston@urbanaparks.org](mailto:jrjohnston@urbanaparks.org).

## Senior Club Trips

This season, our Club will be going on some fabulous trips. If you'd like to stay up-to-date about Club Travel, please consider subscribing to our Lifelong Leisure newsletter. If you're interested in joining us or have questions, call Travel Chair Bobbi McEntire at 217-637-1849. Please call between 9am and 5pm Monday-Thursday or Saturday.



## Join the "Urbana Park District Senior Club" Facebook Group!

**If you've got a Facebook account, you can request to join our Facebook group.**

Don't have a Facebook? No worries! Set up an appointment with Jacob, our Community Program and Engagement Coordinator for Facebook creation, education, and a complimentary privacy-settings screening to ensure your information remains as secure as possible. We use the page to post information about the club, its members, and important local stuff we think you ought to know, so be sure to check for updates frequently!

### Here's how to join:

1. Log in to your Facebook account.
2. In the Facebook search bar (located at the top left of the screen), type "Urbana Park District Senior Club." The group's page will show up as the first result.
3. Click the +1 JOIN button!

A group administrator will approve your request (usually within hours) and then you may post and share information among the group!

## FREE! Senior Club Game Days

*Wednesdays, May 31 & July 26*

- Food and chatting from 12-1pm
- Games from 1-4pm

*James Room Kitchen, Phillips Recreation Center  
Age 50+*

Please join us for our Urbana Park District Senior Club Game Days! Plan to bring a sandwich or boxed lunch at noon or come at 1pm to play some good, ol' fashioned card and board games! **No registration required, just come on by!**



# Cooking

## Flavor Principles of Ethnic Cooking with Paul Young

Thursdays, 6-8pm | Phillips Recreation Center | Age 21+

Travel the world with self-taught home cook Paul Young as he deconstructs ethnic recipes and breaks down the flavor principles of each culinary tradition. Learn how to make anything taste Moroccan, Hawaiian, or Vietnamese by following a few master recipes and utilizing simple flavor principles. By the end of the series you will be able to customize flavor profiles and adjust recipes like a pro!

Students will have the opportunity to watch demos and/or participate in the preparation of our dinner party. Come hungry and thirsty because the tuition includes a full two-course dinner with alcoholic beverage pairings during the second half of the class when we will be eating everything that was cooked that evening.

Students will leave with easy-to-follow recipes of all the dishes. These recipes have been adapted for the typical home cook and contain many tips & tricks to help minimize your time in the kitchen while staying true to the spirit of the original ethnic flavors.

All menu items below will use locally-sourced ingredients but are subject to change based on availability of fresh ingredients at local markets.



### June 8: Moroccan Classics

Blending Arab and Mediterranean influences, Moroccan cuisine is world-renowned for its incredible blend of spices, sweet-and-savory flavor profile and beautifully textured dishes. Learn how to make a Moroccan spice mix from scratch, then use the same ingredients to flavor almost any dish. Enjoy a traditional Moroccan dinner complete with beer tastings from North Africa.

*Ras El Hanout (Master Spice Mix), Lamb Tagine (Moroccan Stew), Taktouka (Moroccan Salad), Stuffed Fried Sardines, Couscous, Khobz (Moroccan Flatbread)*

### June 29: A Taste of Hawaii

"Hawaiian regional cuisine" is a fusion of the best of Asia and some really bad American products (like Spam). But if you remove the American influence, Hawaii can be a foodie wonderland of delightful Polynesian-influenced flavors. Taste the best of Hawaii at this luau-style dinner party complete with retro tiki cocktails.

*Ahi Poke, Kalua Pork with Cabbage, Huli Huli Chicken, Pineapple Rice, Haupia (Coconut Pudding)*

### July 20: Vietnamese Cooking

Influenced by the flavors of neighboring China, Cambodia, and Laos, Vietnam offers some wonderfully delightful dishes unique to its own culture. Learn about the versatility of rice noodles and enjoy a special Vietnamese dinner complete with imported beers.

*Gỏi Cuốn (Spring Rolls), Phở (Noodle Soup), Chả Cá La Vong (Turmeric Fish with Noodles), Cà Tím Xào (Braised Eggplant)*

Date	EB Cost	EB Deadline	Cost	Deadline	Code
Jun 8	\$45R/\$68NR	May 25	\$54R/\$81NR	Jun 1	801
Jun 29	\$50R/\$75NR	Jun 15	\$60R/\$90NR	Jun 22	802
Jul 20	\$40R/\$60NR	Jul 6	\$48R/\$72NR	Jul 13	803

# Language Classes & Performing Arts

## Zoom Languages for All Ages! - Cost: \$50

Have you ever wanted to learn a foreign language, but never had the opportunity? Now is the time! Stay connected and learn from the safety and comfort of your own home via the interactive Zoom platform! The class will be tailored to the needs of the students enrolled. Taught live by a Language in Action, Inc. instructor. Zoom login information will be emailed to participants before the first class. **No class July 4**

### Zoom - I Speak Spanish for Kids (Ages 3-6)

	Day	Time	Date	Deadline	Code
1	Th	9:30-10:15am	June 15-July 6	Jun 8	840
	Th	5-5:45pm	June 15-July 6	Jun 8	841
2	Th	9:30-10:15am	July 13-Aug 3	Jul 6	842
	Th	5-5:45pm	July 13-Aug 3	Jul 6	843
3	Th	9:30-10:15am	Aug 10-Aug 31	Aug 3	844
	Th	5-5:45pm	Aug 10-Aug 31	Aug 3	845

### Zoom - Youth Spanish for Kids (Ages 7-11)

	Day	Time	Date	Deadline	Code
1	Th	10:30-11:15am	June 15-July 6	Jun 8	846
	Th	5-5:45pm	June 15-July 6	Jun 8	847
2	Th	10:30-11:15am	July 13-Aug 3	Jul 6	848
	Th	5-5:45pm	July 13-Aug 3	Jul 6	849
3	Th	10:30-11:15am	Aug 10-Aug 31	Aug 3	850
	Th	5-5:45pm	Aug 10-Aug 31	Aug 3	851

### Zoom - Spanish for Middle & Jr. High School (6<sup>th</sup>-8<sup>th</sup>)

	Day	Time	Date	Deadline	Code
1	Tu	11:15am-12:15pm	June 13-July 11	Jun 6	852
	Tu	7:15-8:15pm	June 13-July 11	Jun 6	853
2	Tu	11:15am-12:15pm	July 18-Aug 8	Jul 11	854
	Tu	7:15-8:15pm	July 18-Aug 8	Jul 11	855
3	Tu	11:15am-12:15pm	Aug 15-Sept 5	Aug 8	856
	Tu	7:15-8:15pm	Aug 15-Sept 5	Aug 8	857

### Zoom - Spanish Classes for High School (9<sup>th</sup>-12<sup>th</sup>)

	Day	Time	Date	Deadline	Code
1	W	7:15-8:15pm	June 14-July 5	Jun 7	858
2	W	7:15-8:15pm	July 12-Aug 2	Jul 5	859
3	W	7:15-8:15pm	Aug 9-Aug 30	Aug 2	860

### Zoom Spanish for Adults (Ages 18+)

	Day	Time	Date	Deadline	Code
1	Tu	10-11am	June 13-July 11	Jun 6	827
	W	6-7pm	June 14-July 5	Jun 7	828
2	Tu	10-11am	July 18-Aug 8	Jul 11	829
	W	6-7pm	July 12-Aug 2	Jul 5	830
3	Tu	10-11am	Aug 15-Sept 5	Aug 8	831
	W	6-7pm	Aug 9-Aug 30	Aug 2	832

### Zoom - I Speak French for Kids (Ages 3-6)

	Day	Time	Date	Deadline	Code
1	M	5-5:45pm	June 12-July 3	Jun 5	861
2	M	5-5:45pm	July 10-Jul 31	Jul 3	862
3	M	5-5:45pm	Aug 7-Aug 28	Jul 31	863

### Zoom - I Speak French for Kids (Ages 7-11)

	Day	Time	Date	Deadline	Code
1	M	6-6:45pm	June 12-July 3	Jun 5	864
2	M	6-6:45pm	July 10-Jul 31	Jul 3	865
3	M	6-6:45pm	Aug 7-Aug 28	Jul 31	866

### Zoom - I Speak French for Adults (Ages 18+)

	Day	Time	Date	Deadline	Code
1	M	7-8pm	June 12-July 3	Jun 5	833
2	M	7-8pm	July 10-Jul 31	Jul 3	834
3	M	7-8pm	Aug 7-Aug 28	Jul 31	838

### Zoom - I Speak Italian (Ages 7-11)

	Day	Time	Date	Deadline	Code
1	W	6-6:45pm	June 14-July 5	Jun 7	867
2	W	6-6:45pm	July 12-Aug 2	Jul 5	868
3	W	6-6:45pm	Aug 9-Aug 30	Aug 2	869

### Zoom - I Speak Italian (Ages 18+)

	Day	Time	Date	Deadline	Code
1	W	7-8pm	June 14-July 5	Jun 7	836
2	W	7-8pm	July 12-Aug 2	Jul 5	837
3	W	7-8pm	Aug 9-Aug 30	Aug 2	838

## Let's Get Creative! Creative Writing for Kids (Ages 7-11) on Zoom!

Let the creative juices flow! In this fun and interactive class, kids will use their own natural talent of creativity and imagination to learn how to effectively develop and write their own stories. Each session covers different activities and topics. Taught by the Language in Action, Inc. instructor live on Zoom. Zoom login information will be emailed to participants before each session.

*Wednesdays: 10:30-11:30am*

	Date	Cost	Deadline	Code
1	June 21-July 12	\$50R/NR	Jun 14	870
2	July 19-Aug 9	\$50R/NR	Jul 12	871

## International Folk Dancing

*Tuesdays, 4:30-5:30pm*  
*Phillips Recreation Center*  
*All Ages*

Folk dancing is fun and enjoyable. It is good exercise and relieves stress. We will be learning several dances from a variety of countries during the class. No experience or partner is needed. I will give a brief history of each dance we learn. The primary focus of the class is dancing, so please wear comfortable clothing and bring comfortable shoes - street shoes are not allowed in the studio.

Dates	EB Cost	Deadline	Cost	Deadline	Code
May 2-Jun 6	\$36R/\$54NR	Apr 18	\$45R/\$65NR	Apr 25	824



# Performing Arts

## Intermediate Ukulele

Thursdays, May 25-July 13, 5:30-6:30pm  
Phillips Recreation Center  
Age 13+

Okay, so you're getting pretty good at the ol' ukulele? Perhaps you've mastered a handful of chords and some strumming patterns but are looking for a little more of a challenge. Well, our Intermediate Ukulele class is just for you! Some of the skills you'll learn include: playing AND singing at the same time, plucking strings, and the basics of reading real sheet music. **To register, please call 217-367-1544!**

Cost	Deadline	Code
\$45	May 24	805

## Adult Daytime Tap Class with Robin

Mondays 1:30pm-2:20pm  
Phillips Recreation Center  
Age 16+

Want to improve your strength, balance and memory skills? You'll learn simple tap dance steps and short routines to wonderful music. Although a sense of rhythm helps, no previous dance experience is required, just an interest in having fun! Please note: For safety, it is important that you do not have challenges with knee or ankle joints, as this style requires frequent bending and straightening of the legs and flexing and pointing of the feet. **No class June 19**

Dates	EB Cost	Deadline	Cost	Deadline	Code
Jun 5-Jul 31	\$60R/\$91NR	May 23	\$73R/\$108NR	May 29	821

## Adult Tap Dance Workshop

Tuesdays, 6-7:15pm  
Phillips Recreation Center  
Age 16+

This class is a mixed-level class for all Adult Intermediate and Advanced Tap Dancers, as well as students who have completed the Adult Absolute Beginner Tap Dance Workshop or equivalent tap experience. This class expands on tap dance techniques and rhythms. If you need help with proper class placement, e-mail [mvlewis@urbanaparks.org](mailto:mvlewis@urbanaparks.org).

Dates	EB Cost	Deadline	Cost	Deadline	Code
Jun 6-Jun 27	\$27R/\$41NR	May 23	\$32R/\$49NR	May 30	822

## FREE! Champaign-Urbana Ukulele Jam

Wednesdays, 6:30-8pm  
Phillips Recreation Center  
Age 18+

Our weekly ukulele jam is a great way to improve or maintain your skills and make lasting friendships. The group welcomes anyone regardless of age, instrument, or ability. We sit in a circle and take turns choosing songs to play as a group. Our group plays beginner-friendly music too so newer players are encouraged to attend. Loaner music stands and ukuleles may be available upon request. **No registration required, just come on by!**

Join our private Facebook group (Champaign-Urbana Ukulele Jam) for weekly updates, and contact Jacob by email at [jrjohnston@urbanaparks.org](mailto:jrjohnston@urbanaparks.org) or at 217-367-1544 with any questions.

## Adult A Capella Tap

Mondays, 2:35-3:30pm  
Phillips Recreation Center  
Ages 16+

This fun class is designed to focus on tap dancing without music and work on tap dance rhythm and combinations. This class is intended for the more advanced tap dancers - Tap dancers with at least three years in the Adult Intermediate/Advanced Tap Dance class or equivalent tap experience, and consent of the instructor. If you are interested in registering for this class, please e-mail [mvlewis@urbanaparks.org](mailto:mvlewis@urbanaparks.org) or call 217-367-1544. **No class June 19**

Dates	EB Cost	Deadline	Cost	Deadline	Code
Jun 5-Jun 26	\$20R/\$30NR	May 23	\$24R/\$36NR	May 30	823

## Adult Absolute Beginner Tap Dance Workshop

Tuesdays, 7:30-8:25pm  
Phillips Recreation Center  
Age 16+

Want to learn a new skill? If you are a beginner dancer and want to try tap for the first time, this class is for you! Learn basic steps and rhythm, choreography, and style. You will be amazed how much fun you can have with tap. This class is intended for those who have 3 or less years of tap dance experience. If you need help with proper class placement, please email [mvlewis@urbanaparks.org](mailto:mvlewis@urbanaparks.org).

Dates	EB Cost	Deadline	Cost	Deadline	Code
Jun 6-Jun 27	\$27R/\$41NR	May 23	\$32R/\$49NR	May 30	820



# Disney BEAUTY AND THE BEAST

THE BROADWAY MUSICAL

©Disney

## Production: *Disney's Beauty and the Beast!* - July 28-30

Friday, July 28 at 7pm - Saturday, July 29 at 2pm & 7pm - Sunday, July 30 at 2pm

*Ticket Information on page 17.*

### Disney's Beauty and the Beast Auditions Rehearsal Information

*Friday, April 21-Sunday, April 23*

*Phillips Recreation Center*

*Ages 6-18 (just finished senior year of high school)*

Call go to [bit.ly/ystauditions2023](https://bit.ly/ystauditions2023) or call Matt at 217-367-1544 or to schedule an audition time for either a named role or the chorus only. If you are unable to make these schedule times, ask about making alternate arrangements. Sign-ups for technical work will be accepted any time during auditions.

*Monday-Thursday, May 15-July 30, 6:30-9:30pm*

*Phillips Recreation Center*

Frequency of rehearsals for an individual will depend on how many scenes they are in. Exact schedules vary within the 6:30-9:30 time frame week to week. Some performers may rehearse up to 12 hours a week. Rehearsal times may change and frequency will increase the weeks prior to the production, and may include Friday, Saturday, and Sunday meetings and rehearsals. **There is no rehearsal May 29, June 19, or July 4**

Audition Type	Day	Time
Chorus Auditions	Friday, April 21	4-6pm
	Saturday, April 22	10-11am

*Children will be taught a number from the show and will sing and dance in groups of 10-15 for 30 minutes.*

Solo Auditions	Friday, April 21	6-8pm
	Saturday, April 22	11am-12pm
	Saturday, April 22	1-4pm

*Prepare a song to sing. An accompanist will be provided for those who bring sheet music. Children will perform their number and dance in small groups for one hour*

Call Backs	Sunday, April 23	1-5pm
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*Call backs will be done in two phases and will include script readings, dance movement auditions and possible singing repeats. Children will be contacted if they are to attend call backs.*

### Program Fees (Code: 825)

A fee of \$105 is required and covers the cost of production materials as well as a show T-shirt and poster for each cast member. No separate costuming fees will be required, though cast members may need to supply their own individual pieces from home (such as plain-colored shirts, tights, shoes, or makeup). **The program fee is due by the first rehearsal. No refunds will be given after May 31.** Financial assistance is available. Please apply by May 1.



# Fitness Programs

## Boot Camp

Monday, Wednesday, Friday, 12-12:50pm  
Phillips Recreation Center  
Age 15+

Challenge yourself with this fast-paced, calorie-blasting workout. This fun and engaging class is for any fitness level, and uses elements of strength training and high-intensity cardio. Modifications are offered for beginner to advanced participants.

**No class May 29 & June 19**

Date	EB Cost	Deadline	Cost	Deadline	Code
May 8-Jun 30	\$62R/\$93NR	Apr 24	\$78R/\$117NR	May 8	714
July 3-Aug 25	\$68R/\$102NR	Jun 19	\$85R/\$128NR	Jul 3	715

## Zumba™

Monday, Wednesday, Friday, 3:45-4:35pm  
Phillips Recreation Center  
Age 15+

Zumba is an exhilarating, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party that's moving millions of people toward joy and health. Zumba is the world's largest – and most successful – dance-fitness program for people of all shapes, sizes and ages. **No class May 29 & June 19**

Date	EB Cost	Deadline	Cost	Deadline	Code
May 8-Jun 30	\$62R/\$93NR	Apr 24	\$78R/\$117NR	May 8	777
July 3-Aug 25	\$68R/\$102NR	Jun 19	\$85R/\$128NR	Jul 3	778

## Hard Core

Monday, Wednesday, 5:30-6:20pm  
Phillips Recreation Center  
Age 15+

Develop a solid 'hard' core while working other muscle groups at the same time. Exercises can be modified to meet the needs of everyone who participates from the exercise newbie to the exercise junkie. You'll have a balanced exercise experience; one that works strength, cardiovascular endurance, flexibility and balance. **Weather permitting, class may be outside. No class May 29 & June 19**

Date	EB Cost	Deadline	Cost	Deadline	Code
May 8-Jun 28	\$47R/\$71NR	Apr 24	\$59R/\$89NR	May 8	729
July 3-Aug 23	\$54R/\$81NR	Jun 19	\$68R/\$102NR	Jul 3	730

## Totally Toning

Tuesday, Thursday, 7-7:50am  
Phillips Recreation Center  
Age 15+

Use free weights, resistance bands, Bosu balls, TRX bands and other equipment to develop every major muscle group. This is an efficiently paced, calorie-burning workout to help you reduce body fat and build muscle. **No class July 4**

Date	EB Cost	Deadline	Cost	Deadline	Code
May 9-Jun 29	\$54R/\$81NR	Apr 25	\$68R/\$102NR	May 9	769
Jul 6-Aug 24	\$51R/\$77NR	Jun 22	\$64R/\$96NR	Jul 6	770

## FREE! Fitness Week

May 1-5

Try out any fitness classes at the Phillips Recreation Center, the Urbana Indoor Aquatic Center, or the Lake House in Crystal Lake Park absolutely free for this week. It's one way that we can say "Thanks!" to our continuing participants and "Welcome" to our new participants. So come on by, try out a class, and let us know what you think. **Please note: Get Fit Where You Sit! Chair Yoga and Tai Chi are not included.**

- **EB** - Early Bird; An early registration deadline with a discounted fee
- **R** - Resident; Individuals living within the boundaries of the Urbana and Champaign Park Districts
- **NR** - Nonresident; Individuals living outside the boundaries of the Urbana and Champaign Park Districts

## H.I.I.T. Revolution

Tuesday, Thursday, 12-12:50pm  
Phillips Recreation Center  
Age 15+

High Intensity Interval Training (H.I.I.T.) is an efficient and effective workout that will keep you burning calories long after you are done. Power through moderate to intense intervals using your own body weight and resistance equipment to improve metabolism, cardiovascular and athletic ability. Modifications are offered for all fitness levels.  
**No class July 4**

Date	EB Cost	Deadline	Cost	Deadline	Code
May 9-Jun 29	\$54R/\$81NR	Apr 25	\$68R/\$102NR	May 9	725
Jul 6-Aug 24	\$51R/\$77NR	Jun 22	\$64R/\$96NR	Jul 6	726



## FREE! Dance It UP!

Thursdays, 7-8:30pm  
Phillips Recreation Center  
Age 14+

NEW!

Dance It UP! is a community dance class for those who want a chance to move and groove in a safe, affirming, positive environment. Uniting Pride started the Dance It UP! team for the Pride Parade in 2022 and it was such a hit that Uniting Pride wants to take that joy and love for all to a wider audience. LGBTQIA+ folks and allies alike should join as different dance teachers from the community are invited to lead drop in classes that are designed to inspire health and wellness of both body and soul. Spread love through dance! No experience necessary.

## Tai Chi

Monday, Wednesday or Tuesday, Thursday  
Phillips Recreation Center  
Age 15+

This class is designed to reduce stress and enhance meditation through the ancient, passive martial art of Tai Chi. This art form will strengthen your mental well-being, balance, coordination and flexibility. Our Black Belt Instructors will guide you through easy lessons which will strengthen your mind and body. As students advance through sessions they will learn: Chi Kung, Stances, kicks, and Tai Chi I, 24 movements. **No PM class May 29, June 19, & Sept 4; No AM class July 4**

## MW (Beginner) - 6:30-7:30pm

Date	EB Cost	Deadline	Cost	Deadline	Code
May 8-Jul 5	\$50R/\$75NR	Apr 24	\$63R/\$95NR	May 8	757
Jul 10-Sept 6	\$53R/\$80NR	Jun 26	\$66R/\$99NR	Jul 10	758

## MW (Advanced) - 6:30-8pm

Date	EB Cost	Deadline	Cost	Deadline	Code
May 8-Jul 5	\$58R/\$87NR	Apr 24	\$73R/\$110NR	May 8	760
Jul 10-Sept 6	\$61R/\$92NR	Jun 26	\$76R/\$114NR	Jul 10	761

## TuTh (Beginner) - 10:30-11:30am

Date	EB Cost	Deadline	Cost	Deadline	Code
May 9-Jul 6	\$53R/\$80NR	Apr 25	\$66R/\$99NR	May 9	763
Jul 11-Sept 7	\$56R/\$84NR	Jun 27	\$70R/\$105NR	Jul 11	764

## TuTh (Advanced) - 10:30am-12pm

Date	EB Cost	Deadline	Cost	Deadline	Code
May 9-Jul 6	\$61R/\$92NR	Apr 25	\$76R/\$114NR	May 9	766
Jul 11-Sept 7	\$65R/\$98NR	Jun 27	\$81R/\$122NR	Jul 11	767

## Flexible Fitness Punch Cards

If your schedule fluctuates or you find it difficult to attend an entire session of fitness classes, purchase a 10-class Flexible Fitness Punch Card. Attend any class that accommodates your schedule. Passes may be used for all fitness classes in their category. Pre-registered participants get priority of class space. Passes are not interchangeable across categories. Before each class you attend, present the card upon arrival and you will be admitted to the class. Punch cards are valid from one session to the next. **Flexi Passes are not accepted for Tai Chi and Get Fit Where You Sit! Chair Yoga.**



### Land Fitness Pass

\$39R/\$59NR

- Boot Camp
- Hard Core
- H.I.I.T. Revolution
- Totally Toning
- Zumba



### Water Fitness Pass

\$47R/\$71NR

- Aquajog
- Basic Water Exercise
- Indoor Deep Water Aerobics
- Outdoor Deep Water Aerobics



### Yoga/Pilates Pass

\$49R/\$74NR

- Flow Yoga
- Yoga for Every Body



## Flow Yoga

Monday, Wednesday, Friday 9-10am  
Phillips Recreation Center  
Age 15+

Join our certified Astanga Yoga Instructors as they help you to enhance your body's strength, flexibility, breathing and balance with the physical and emotional approach of Yoga. Expert attention is given to your special needs, as the instructor makes corrections via verbal instruction and/or hands-on adjustment.

**No class May 29 & June 19**

Date	EB Cost	Deadline	Cost	Deadline	Code
May 8-Jun 30	\$58R/\$87NR	Apr 24	\$73R/\$110NR	May 8	718
Jul 3-Aug 25	\$64R/\$96NR	Jun 19	\$80R/\$120NR	Jul 3	719

## Yoga for Every Body

Tuesday, Thursday, 5:30-6:45pm  
Lake House in Crystal Lake Park  
Age 15+

Yoga is accessible for everyone regardless of age, physical strength or flexibility. Whether you are new or experienced, each class is tailored to meet the needs of the student with the use of props and posture variations with an emphasis on the importance of alignment, the breath, and the mind/body connection. Meditation and breath control reduces stress and heals the nervous system. The physical practice of yoga tones the body, improves muscular strength, flexibility, posture and joint stability. The continued practice of yoga opens the door to a greater sense of self and peace of mind.

**No class July 4**

Date	EB Cost	Deadline	Cost	Deadline	Code
May 9-Jun 29	\$64R/\$96NR	Apr 25	\$80R/\$120NR	May 9	773
Jul 6-Aug 24	\$60R/\$90NR	Jun 22	\$78R/\$117NR	Jul 6	774

## Get Fit Where You Sit!™ Chair Yoga

Wednesday, 10:15-11:05am  
Phillips Recreation Center  
Age 15+

This calming and refreshing class provides a nice, gentle stretch and a great start to your day. Robin from LV Chair Yoga™ will teach you movements that are done while sitting in a chair. It is a simple yet invigorating form of fitness, no matter what mental or physical challenges you may have. **Yoga/Pilates flexi passes will not be accepted for these sessions.**

Date	EB Cost	Deadline	Cost	Deadline	Code
May 10-Jun 21	\$33R/\$50NR	Apr 26	\$41R/\$62NR	May 10	721
Jul 5-Aug 16	\$33R/\$50NR	Jun 21	\$41R/\$62NR	Jul 5	722

## FREE! Yoga in the Park

Saturdays, June 10-August 19, 9-10am  
Meadowbrook Park Prairie Play Pavilion  
All Ages & Abilities

Come outside to experience the joy of yoga! Join the Urbana Park District, your community, and a variety of talented yoga instructors as we take to beautiful Meadowbrook Park for yoga in the open-air. All ages and abilities are welcome to join us as we gather to celebrate movement and breathe under our beautiful prairie skies. Instructors will offer modifications so you can practice at your own level. This is a FREE yoga practice, so invite your friends and family along, bring a yoga mat (although we have loaners if you need one), some comfortable clothing, and the desire to practice yoga in an outdoor setting. Last summer was fantastic, and this summer will provide more great yoga to enjoy! While this program is free, donations are accepted to benefit the Urbana Park District Youth Scholarship Fund.

## FREE! Zumba in the Park

Select Saturdays, 10:30-11:30am  
• June 24, July 22, & August 19  
Meadowbrook Park Prairie Play Pavilion  
All Ages

Join local Zumba instructor Lei Shanbhag for a free outdoor Zumba party! Zumba is an exhilarating, effective, easy-to-follow Latin-inspired calorie-burning dance fitness-party that is moving the world towards joy and health. Zumba is the world's most successful – dance-fitness program for people of all shapes, sizes, and ages. This program will be weather dependent. Check [www.urbanaparks.org](http://www.urbanaparks.org) for cancellation information.

## FREE! Tai Chi in the Park

Select Tuesdays, 6:30-7:30 pm  
• May 23, June 13, July 18, August 22  
Meadowbrook Park Garden Pavilion  
Age 15+

Join our Black Belt instructors as they guide you through easy lessons that will strengthen your mind and body. These free classes are designed to reduce stress and enhance meditation through the ancient, passive martial art of Tai Chi. This art form will strengthen your mental well-being, balance, coordination and flexibility. This program will be weather dependent. Check [www.urbanaparks.org](http://www.urbanaparks.org) for cancellation information.



## Indoor Deep Water Aerobics

Monday, Wednesday, Friday  
Urbana Indoor Aquatic Center  
Age 15+

This class is a deep-water workout suitable for all ages and levels of fitness that will challenge both the cardiovascular and muscular systems. Combining aerobic conditioning (and calorie burning!) with strength training, muscular endurance and flexibility, this class is a great way to get fit and toned while having fun! Typical workouts include swimming, water walking, water jogging and invigorating non-impact deep-water exercises in the deep end of the pool. Basic swimming skills are needed. Exercise equipment is provided. **No class May 29**

### MWF 6-6:50am

Date	EB Cost	Deadline	Cost	Deadline	Code
May 8-May 26	\$29R/\$44NR	Apr 24	\$36R/\$54NR	May 8	732

### MWF 7-7:50am

Date	EB Cost	Deadline	Cost	Deadline	Code
May 8-May 26	\$29R/\$44NR	Apr 24	\$36R/\$54NR	May 8	736

### MWF 11:30am-12:20pm

Date	EB Cost	Deadline	Cost	Deadline	Code
May 8-May 26	\$29R/\$44NR	Apr 24	\$36R/\$54NR	May 8	740

### MW 6-6:50pm

Date	EB Cost	Deadline	Cost	Deadline	Code
May 8-May 24	\$19R/\$29NR	Apr 24	\$24R/\$36NR	May 8	744

## Basic Water Exercise

Tuesday, Thursday, 6-6:50am or 6-6:50pm  
Urbana Indoor Aquatic Center  
Tuesday, Thursday, 6:15am-7:05am  
Crystal Lake Park Family Aquatic Center  
Age 15+

Try this fun way to burn fat, tone your muscles and keep your heart healthy. Sample aerobic moves, water walking, water strengthening and much more. This invigorating exercise routine takes place in shallow water. **No class July 4**

Urbana Indoor Aquatic Center

TTh 6-6:50am (Urbana Indoor Aquatic Center)

Date	EB Cost	Deadline	Cost	Deadline	Code
May 9-May 25	\$20R/30NR	Apr 25	\$25R/\$38NR	May 9	706

TTh 6-6:50pm (Urbana Indoor Aquatic Center)

Date	EB Cost	Deadline	Cost	Deadline	Code
May 9-May 25	\$20R/30NR	Apr 25	\$25R/\$38NR	May 9	710

Crystal Lake Park Family Aquatic Center

TTh 6:15am-7:05am (Crystal Lake Park Family Aquatic Center)

Date	EB Cost	Deadline	Cost	Deadline	Code
May 30-Jul 13	\$44R/\$66NR	May 16	\$55R/\$83NR	May 30	707
Jul 18- Aug 31	\$47R/\$71NR	Jul 3	\$59R/\$89NR	Jul 18	708

## Outdoor Deep Water Aerobics

Monday, Wednesday, Friday, 6:15-7:05am or 11-11:50am  
Monday, Wednesday, 6-6:50pm  
Tuesday, Thursday, 11-11:50am  
Crystal Lake Park Family Aquatic Center  
Age 15+

This class is a deep-water workout suitable for all ages and levels of fitness that will challenge both the cardiovascular and muscular systems. Combining aerobic conditioning (and calorie burning!) with strength training, muscular endurance and flexibility, this class is a great way to get fit and toned while having fun! Typical workouts include swimming, water walking, water jogging and invigorating non-impact deep-water exercises in the deep end of the pool. Basic swimming skills are needed. Exercise equipment is provided.

**No class May 29, June 19, & July 4**

### MWF 6:15-7:05am

Date	EB Cost	Deadline	Cost	Deadline	Code
May 31-Jul 14	\$61R/\$92 NR	May 17	\$76R/\$114NR	May 31	780
Jul 17-Sept 1	\$67R/\$ 101NR	Jul 3	\$84R/\$126NR	Jul 17	781

### MWF 11-11:50am

Date	EB Cost	Deadline	Cost	Deadline	Code
May 31-Jul 14	\$61R/\$92 NR	May 17	\$76R/\$114NR	May 31	656
Jul 17-Sept 1	\$67R/\$ 101NR	Jul 3	\$84R/\$126NR	Jul 17	657

### MW 6-6:50pm

Date	EB Cost	Deadline	Cost	Deadline	Code
May 31-Jul 12	\$39R/\$59 NR	May 17	\$49R/\$74NR	May 31	745
Jul 17-Aug 30	\$45R/\$68NR	Jul 3	\$56R/\$84NR	Jul 17	746

### TuTh 11-11:50am

Date	EB Cost	Deadline	Cost	Deadline	Code
May 30-Jul 13	\$44R/\$66NR	May 16	\$55R/\$83NR	May 30	659
Jul 18-Aug 31	\$47R/\$71NR	Jul 3	\$59R/\$89NR	Jul 18	660

## Aquajog

Monday, Wednesday, Friday, 8-8:50am  
Crystal Lake Park Family Aquatic Center  
Age 15+

Utilizing walking, jogging, and cross-country skiing movements in deep water, this workout is a great way to improve cardiovascular fitness and muscle tone while burning excess body fat. Studies indicate that one-half hour of aqua jogging is equal to one hour and 20 minutes of running on land, all without the joint and muscle stress of land exercise!

**No classes May 29 & June 19**

Date	EB Cost	Deadline	Cost	Deadline	Code
May 31-Jul 14	\$61R/\$92 NR	May 17	\$76R/\$114NR	May 31	651
Jul 17-Sept 1	\$67R/\$101NR	Jul 3	\$84R/\$126NR	Jul 17	652



# Fitness Programs Schedule

## Phillips Recreation Center

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:00am		Totally Toning 7-7:50am		Totally Toning 7-7:50am	
9:00am	Flow Yoga 9-10am		Flow Yoga 9-10am		Flow Yoga 9-10am
9:30am					
10:15am			Get Fit Where You Sit! Chair Yoga 10:15-11:05am		
10:30am		Tai Chi (10:30-11:30am-Beg.) (10:30am-12pm-Adv.)		Tai Chi (10:30-11:30am-Beg.) (10:30am-12pm-Adv.)	
12:00pm	Boot Camp 12-12:50pm	H.I.I.T. Revolution 12-12:50pm	Boot Camp 12-12:50pm	H.I.I.T. Revolution 12-12:50pm	Boot Camp 12-12:50pm
3:45pm	Zumba 3:45-4:35pm		Zumba 3:45-4:35pm		Zumba 3:45-4:35pm
5:30pm	Hard Core 5:30-6:20pm		Hard Core 5:30-6:20pm	Dance It UP! 5:30-7pm	
6:30pm	Tai Chi (6:30-7:30pm-Beg.) (6:30-8pm-Adv.)		Tai Chi (6:30-7:30pm-Beg.) (6:30-8pm-Adv.)		

## Lake House in Crystal Lake Park

Time	Monday	Tuesday	Wednesday	Thursday	Friday
5:30pm-6:45pm		Yoga for Every Body		Yoga for Every Body	

## Urbana Indoor Aquatic Center

Time	Monday	Tuesday	Wednesday	Thursday	Friday
6:00am-6:50am	Indoor Deep Water Aerobics	Basic Water Exercise	Indoor Deep Water Aerobics	Basic Water Exercise	Indoor Deep Water Aerobics
7:00am-7:50am	Indoor Deep Water Aerobics		Indoor Deep Water Aerobics		Indoor Deep Water Aerobics
11:30am-12:20pm	Indoor Deep Water Aerobics		Indoor Deep Water Aerobics		Indoor Deep Water Aerobics
6:00pm-6:50pm	Indoor Deep Water Aerobics	Basic Water Exercise	Indoor Deep Water Aerobics	Basic Water Exercise	

## Crystal Lake Park Family Aquatic Center

Time	Monday	Tuesday	Wednesday	Thursday	Friday
6:15am-7:05am	Outdoor Deep Water Aerobics	Basic Water Exercise	Outdoor Deep Water Aerobics	Basic Water Exercise	Outdoor Deep Water Aerobics
8:00am-8:50am	Aquajog		Aquajog		Aquajog
11:00am-11:50am	Outdoor Deep Water Aerobics	Outdoor Deep Water Aerobics	Outdoor Deep Water Aerobics	Outdoor Deep Water Aerobics	Outdoor Deep Water Aerobics
6:00pm-6:50pm	Outdoor Deep Water Aerobics		Outdoor Deep Water Aerobics		

*Schedule is subject to change.*

Visit [www.urbanaparks.org/programs/fitness-and-wellness/](http://www.urbanaparks.org/programs/fitness-and-wellness/) for the most up-to-date schedule.

# Wellness Workshops

The wellness wheel is a visual guide to better understand the eight dimensions or areas of an individual's life that make up their overall health. The Urbana Park District offers wellness workshops led by professionals covering topics related to health and wellness periodically throughout the year. These workshops are designed to educate, engage, and motivate you to incorporate ALL areas of wellness into your everyday lives. Program titles will be accompanied by an icon to correspond with the dimension of wellness that is covered in the program.



## Immerse: A Yoga Experience with Sound and Self-Reflection

Select Sundays, 3-4:30pm  
 Lake House in Crystal Lake Park  
 Age 15+



Join yoga instructor Vivianne Velazquez in nurturing the mind & body. Come immerse yourself in the meditative resonating sounds created by singing bowls and chimes. This is a 90-minute expedition where the practice will start with gentle yoga, flowing into a sound bath journey, and closing the session with self-reflection journaling. For a comfortable experience, we suggest bringing a blanket or extra layers for warmth, along with a water bottle and journal. Registration is required.

Dates	Cost   Deadline	Code
May 28	\$5R/\$8NR   May 26	603
Jun 11	\$5R/\$8NR   Jun 9	604
Jul 9	\$5R/\$8NR   Jul 7	605
Aug 6	\$5R/\$8NR   Aug 4	606



## FREE! Injury Screening with Athletico

May 22, Jun 26, Jul 17, & Aug 21  
 Phillips Recreation Center  
 Age 15+



The Urbana Park District has partnered with Athletico Physical Therapy to offer FREE monthly injury assessments! During select days and times, Athletico Physical Therapy staff will be at the Phillips Recreation Center to offer 20-minute free injury assessments. Athletico cannot provide free assessments for federally funded health care plans. For further questions or to reserve your appointment, please call 217-352-3330. Walk-ins are welcome!

Dates	Time
Monday, May 22	12:30-2pm
Monday, June 26	12:30-2pm
Monday, July 17	12:30-2pm
Monday, August 21	12:30-2pm

## FREE! LGBTQIA+ Script Your Family's Future: Why You Need an Estate Plan

Thursday, June 15, 5:30-6:30pm  
 Phillips Recreation Center  
 Age 18+



Join Nicole Kingery of Edward Jones and attorney Roaa Al-Heeti to discuss estate planning needs of LGBTQIA+ individuals and protection considerations for those in committed relationships who are not married. This financial wellness workshop discusses asset transfer, incapacity protection, guardian for minors or dependents, charitable intent, and tax control. Light refreshments will be provided. Registration is required.



Date	Deadline	Code
Thursday, June 15	June 14	611



## FREE! Sampler of Physical Therapy with Athletico

Thursday, June 22, 5:30-6:30pm  
 James Room Kitchen, Phillips Recreation Center  
 Age 15+



Come join the Urbana Park District as we team up with Athletico Physical Therapy to discover what kinds of treatments are used during physical therapy. There are various methods of treatment outside of the traditional exercises that can be utilized including forms of manual therapy, dry needling, and electrical stimulation. Come learn about how these work and experience them for yourself!

Date	Deadline	Code
Thursday, June 22	June 20	614

# Community Bike Activities

## Earth Day - Biking to Save the Earth!

Saturday, April 22, 2-5pm

Meet at Anita Purves Nature Center Parking Lot

Celebrate Earth Day with a bike ride this year! Join us and decorate your bikes and wear a fun costume, like butterfly wings. We will meet at Meadowbrook Park near the Race Street parking lot to create art and decorate our bikes (art supplies provided). Then we will bike around the park. Those who want may join us to bike to Riggs Brewery where we can enjoy a beverage (nonalcoholic drinks are available). You can bring your own food or, we hope, there will be food trucks.

More information: <https://fb.me/e/3gViiFZ8p>



## Bike & Roll to School Day

Wednesday, May 3

Various Locations

Join us and bike or roll to school on May 3rd! Register to receive a free Bike Month t-shirt (t-shirt supplies are limited so sign up early), bicycle safety information, and a bike to school reflector. Some schools will be hosting a bike station where students and families can pick up their t-shirts, bike safety information, reflectors, bike lights, etc. Please check the C-U Safe Routes to School Website for more information.

More information: <https://fb.me/e/1YI4UxUG9> or <http://www.cu-srtsproject.com/bike-and-roll-to-school-day.html>



## Mother's Day Ride

Sunday, May 14, 2-4:15pm

Meet at Anita Purves Nature Center

Join us to honor moms, and all people who help us nurture our children, on this Mother's Day Ride. The ride will be slow-paced and easy 3.5 mile ride. We will meet at Anita Purvis Nature Center at Crystal Lake Park and bike to BakeLab for drinks and treats. League Certified Cycling Instructors will be leading the ride

More information: <https://fb.me/e/486jmnxhV>

## Ride of Silence

Wednesday, May 17, 7pm

The Ride of Silence will traverse and unite the globe as nothing before it. Cyclists will take to the roads in a silent procession to honor cyclists who have been killed or injured while cycling on public roadways. Although cyclists have a legal right to share the road with motorists, the motoring public often isn't aware of these rights, and sometimes not aware of the cyclists themselves.

More information: [www.rideofsilence.org/main.php](http://www.rideofsilence.org/main.php)

## Smart Cycling Class - Traffic Skills 101

Wednesday, May 27, 1-5pm

MTD Training Facility, 1207 E University Ave, Urbana

This class will teach you emergency maneuvers, roadway safety skills and more. The 9-hour course is organized into two parts:

- Part 1: 4.5-hour online classroom instruction available for free at [bikeed.org](http://bikeed.org)
- Part 2: 4.5-hour on-bike instruction includes basic bike handling skills, emergency maneuvers, and a supervised road ride to practice new skills

The Registration fee includes materials and manual. Scholarships are available. Contact Cynthia Hoyle at [choyle@mtd.org](mailto:choyle@mtd.org)

To register: <https://tinyurl.com/yuaxmakr>



## Nature Programs

### FREE! Sunday Morning Bird Walks

*Sundays, March 5 – May 28, 7:30-9am*  
*Busey Woods (meet at the Anita Purves Nature Center parking lot)*  
*All ages (under 15 with adult)*

Walk with Champaign County Audubon Society leaders and search for birds in Busey Woods and Crystal Lake Park. Learn and practice basic bird watching and identification techniques. Bring a pair of binoculars or borrow one from the Anita Purves Nature Center with a refundable credit card deposit of \$15 (pick up Monday-Saturday 9am-4pm). **No registration required.**

### FREE! Connecting You to Nature Hikes

*Wednesdays from 5:30-6:30pm*

- *May 10: Weaver Park*  
*Meet at Main St Parking Lot*
- *June 14: Perkins Road Wet Prairie*  
*Meet at Dog Park Parking Lot*
- *July 12: Meadowbrook Park*  
*Meet at the Garden Pavilion*
- *August 9: Busey Woods*  
*Meet at the Anita Purves Nature Center*

Join staff from the Anita Purves Nature Center on hikes through district natural areas. Explore the plants, animals and unique natural history of each preserve. Content for these informal programs is based on seasonality and group interests. **No registration required.**

### FREE! Community Fishing

*Sunday, June 18, 2-4pm*  
*The Lake House in Crystal Lake Park*  
*All Ages*

As a part of the Juneteenth Celebration, come out to the Lake House for some fishing fun! Bait will be provided, and there will be rods and reels of various sizes to borrow. Staff will be present to help practice the basics. Supplies may be limited, so we encourage those with their own gear to bring it along. **No registration required.**



### FREE! Composting Methods and Practices

*Saturday, May 6, 10am-12pm*  
*Anita Purves Nature Center*  
*Age 15+*

Learn different methods for composting waste at home plus advice and troubleshooting tips with Courtney Kwong, City of Urbana Recycling Coordinator. Then learn how to use your compost to improve soil health and help your home garden grow!

Date	Deadline	Code
Saturday, May 6	Saturday, April 29	931

### FREE! Gnome Homes and Fairy Gardens



*Saturday, May 20, 1-3pm*  
*Meadowbrook Park Sensory Garden, near Race St. Entrance*  
*Recommended for ages 5-12*

Legend has it that if you build a tiny house or garden outside, you might attract a fairy or a gnome! Using mostly natural items, we'll create tiny homes for magical creatures. Come and go any time during the program hours – we'll provide materials while supplies last, and you can explore the park to gather more!

Date	Deadline	Code
Saturday, May 20	Thursday, May 18	932

### FREE! Crystal Lake Bat Walk

*Thursday, August 31, 7-8:30pm*  
*The Lake House at Crystal Lake Park*  
*All Ages*

Discover the bats living in your area! Join in the excitement with University of Illinois Wildlife Biologist Joy O'Keefe. We will start with a brief talk about these often misunderstood creatures of the night, then we'll venture into the park with special equipment to listen and look for them. This short hike may cover some uneven/unpaved terrain in low-light conditions, so wear appropriate footwear. **No registration required;** call 217-384-4062 with questions. Meet at the Lake House - enter lot at Park St. and Race St. intersection.



## FREE - Volunteer Programs

See how you can make a difference during volunteer opportunities at District Natural Areas. Pre-registration is required for groups of 8 or more people. Call 217-384-4062. Clubs, scouts, and other groups may request their own private workday by calling the number listed above.

### Become a Natural Area Site Steward

Want to help improve nature but don't know how? Email Matt Balk at [mjbalk@urbanaparks.org](mailto:mjbalk@urbanaparks.org) with your favorite Urbana Park District natural area, and we can match you with a project. Year-round opportunities are available, from nature observer to nuisance plant remover. No experience necessary.

### Wednesday Workdays

- 9am-11am each week

Locations vary. During these two-hour sessions you might plant trees or flowers, collect or scatter seed, remove nuisance plants, maintain trails, and pick up trash as needed. Email Matt Balk at [mjbalk@urbanaparks.org](mailto:mjbalk@urbanaparks.org) to join the e-mail list for location announcements.

### FRESH Crew Teen Nature Workdays

FRESH Crew is a nature work club for teens, grades 6 to 12. FRESH Crew meets weekly to remove invasive species, plant native plants, garden in community gardens, or harvest seeds. In addition, we host guest speakers, spend time in Urbana's natural areas.

All are welcome! FRESH Crew helps members build connections with nature and their community, make new friends, and learn about the natural world. This program also provides hands-on experience for students interested in working in nature, such as at a National Park, in a research lab, or on a restoration crew.

Participants must have a signed waiver by a parent or guardian over the age of 18 - digital versions available by email. No prior registration or experience is required! Call 217-384-4062 or email Chelsea Prahel at [ckprahl@urbanaparks.org](mailto:ckprahl@urbanaparks.org) for more information.

Date	Time	Location
June 6	9-11am	Busey Woods
June 13	9-11am	Meadowbrook Park
June 20	9-11am	Solidarity Gardens - Meadowbrook Park
June 27	9-11am	Solidarity Gardens - Victory Park
July 11	9-11am	Busey Woods
July 18	9-11am	TBD
July 25	9-11am	Solidarity Gardens - Meadowbrook Park
Aug 1	9-11am	TBD
Aug 8	9-11am	Crystal Lake Park - Stream Clean-Up

## Follow us on Facebook!

Follow the Anita Purves Nature Center on Facebook for the most up-to-date program information, or sign-up to receive our e-newsletter: [www.urbanaparks.org/e-news](http://www.urbanaparks.org/e-news)

# Community Gardening

## Solidarity Gardens CU

Solidarity Gardens CU helps home and community gardeners network to grow food for themselves and neighbors in need. The project includes:

- Affiliate Garden program: eligible gardens can receive supplies, tools, resource access, technical help, and funding to grow more food for themselves and others.
- Vegetable donation and distribution program: homegrown vegetables can be dropped off at Sola Gratia Farm or Champaign-Urbana Public Health District and will be distributed through partner food banks, pantries, and meal programs.
- Garden volunteer opportunities: volunteer in a Solidarity Gardens Affiliate Garden and build your own gardening skills while growing food for your neighbors in need!

Solidarity Gardens is a collaboration between Urbana Park District, Cunningham Township, Sola Gratia Farm, Channing Murray Foundation, and other community partners. Visit the Solidarity Gardens website for more information:

[www.solidarity-gardens-cu.org](http://www.solidarity-gardens-cu.org)



## Are you interested in volunteering?

Solidarity Gardens can match you with a community garden in need of extra hands. Interested? Sign up to volunteer at:

[www.solidarity-gardens-cu.org/volunteer](http://www.solidarity-gardens-cu.org/volunteer)

## Organic Gardens: Community Gardening in Meadowbrook Park

*Growing Season: March 5-November 5, 2023  
Meadowbrook Park - Race Street entrance  
Age 18+*

Since 1975, the Meadowbrook Organic Garden program has supported healthy bodies and a healthy community. We provide space, water, hoses and wheelbarrows. You supply tools, plants, labor and optional fencing. A Garden Supervisor will assist with questions or concerns. Garden plots are rented "as is," and participation is at your own risk. For more information, call 217-384-4062 or read the garden manual at

[urbanaparks.org/programs/community-gardening](http://urbanaparks.org/programs/community-gardening)

### To Register for a Garden Plot:

- Call 217-384-4062 to register. Online registration is not available.
- In addition to the plot rental fee, gardeners pay a \$30 deposit. The deposit is refunded at the end of the growing season if the gardener has followed all of the Urbana Park District's published rules and guidelines. Returning gardeners in good standing earn a discounted deposit.
- New gardeners will receive an orientation email once they are registered. This is when garden plot selection will take place.

Plot Size	Fee
Raised Plot: 11' x 3'	\$20R/\$30NR
Half Plot: 17' x 15'	\$30R/\$45NR
Full Plot: 17' x 30'	\$50R/\$75NR





# School Programs



The Anita Purves Nature Center is your classroom extension where learning comes naturally. Our standards-based field trips, classroom visits and loan items will complement your curriculum with hands-on activities. By employing direct observation and experiential learning opportunities, the Anita Purves Nature Center enriches and strengthens existing school curricula and provides students the opportunity to explore and connect with the natural world.

**Educators** - Bring your class for a School Field Trip through Busy Woods, Meadowbrook Park, or Weaver Park. Programs at Busey Woods include time to explore the nature center's Field Station. Or, invite a Naturalist in the Classroom to visit your school. An environmental educator will bring hands-on materials, interactive lessons and (as related to the topic) a live owl, turtle, snake, or worms to your classroom. All programs meet grade-specific Common Core and Next Generation Science Standards.

## Custom Programs

Are you looking for a program to compliment a unit or lesson you are teaching? We can work with you to develop a unique environmental education program to fit your specific needs. Requests must be made at least 4 weeks in advance.

## Teach with a Turtle

Borrow the Reptiles and Amphibians loan box and have a live turtle in your classroom for up to two weeks! The kit includes supplemental activities and instructions about turtle care and feeding, and standards-based reptile and amphibian lesson plans. This hands-on kit delivers an unforgettable experience for you and your students.

## Nature Items You Can Borrow

The Urbana Park District offers a wide variety of educational loan items at the Anita Purves Nature Center such as natural history specimens, curriculum guides and reference materials, and IDNR loan boxes.

## IDNR Loan Trunks

These self-contained K-5 teaching units with natural objects, pictures, reference books, equipment and activities are great for any classroom. Topics include Birds, Illinois Fossils, Illinois Invasive Species, Illinois State Symbols, Insects & Spiders, Illinois Pollinators, People & Animals of Illinois' Past and Wetlands.



## Program Themes & Reservation Information

Visit: [www.urbanaparks.org/programs/nature-programs/](http://www.urbanaparks.org/programs/nature-programs/)

Email: Chelsea Prahl at [ckprahl@urbanaparks.org](mailto:ckprahl@urbanaparks.org)

Call: 217-384-4062

## Connecting Classes with Nature Sponsorship

This program provides support for Urbana School District classrooms to take science-based field trips in local natural areas. Urbana Park District seeks donations from local individuals, businesses and organizations to help sponsor classrooms to cover the cost of programs and transportation for Urbana educators. If you are interested in sponsoring a class, contact Kelsey Beccue at [khbeccue@urbanaparks.org](mailto:khbeccue@urbanaparks.org). *Field trip class size typically varies between 20-30 students.*

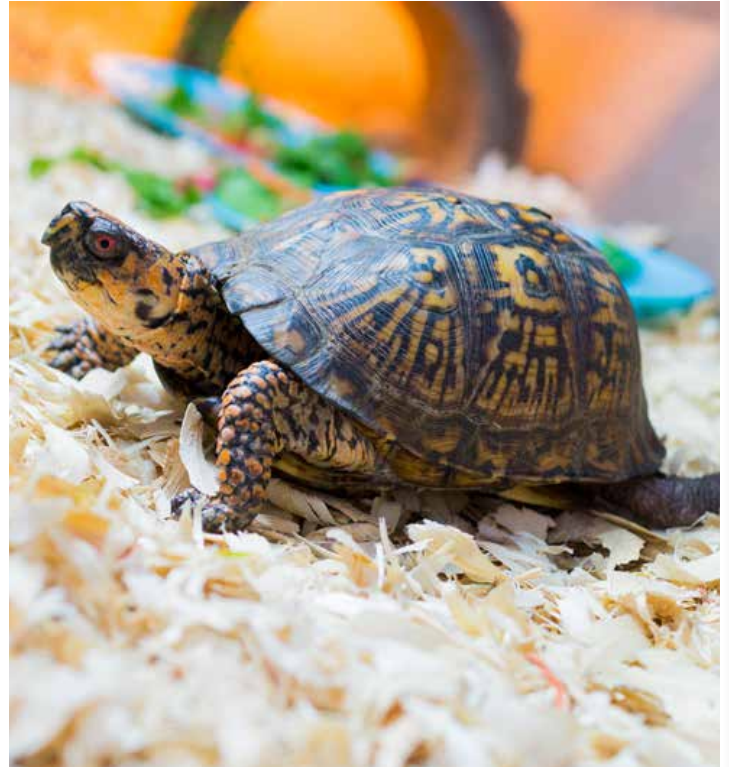
Program Fee / 1 Class	Transportation Fee / 1 Class	Full Sponsorship / 1 Class (Program & Transportation Fees)
\$42	\$145	\$187



# Sponsor An Education Animal

The Anita Purves Nature Center houses a number of education animals that demonstrate the variety of wildlife living in Illinois. Most have injuries that make them unable to survive in the wild or were hatched in captivity and are non-releasable. The animals are on exhibit and are featured during educational programs with schools, scouts and the public.

**You could be part of their lives!** Your financial contribution goes directly toward the animals' medical care, housing and food. This is a great way to support local environmental education. Sponsorships also make great gifts!



## SPONSORS RECEIVE:

- A certificate of sponsorship
- A fact sheet with the animal's history and photographs
- Their name displayed in the Field Station for the period of the sponsorship
- An optional photo opportunity with the animal

Animal	Cost/Month	Cost/6 Months	Cost/Year
Salamander	\$15	\$80	\$150
Turtle	\$15	\$80	\$150
Snake	\$30	\$160	\$300
Owl	\$50	\$260	\$525

You can help us feed the wildlife that visit the center's habitat gardens by donating birdseed!



Call 217-384-4062 or visit [www.urbanaparks.org/facilities/anita-purves-nature-center/](http://www.urbanaparks.org/facilities/anita-purves-nature-center/) for a sponsorship form and additional information.

# The Urbana Park District CARES Plan

The Urbana Park District **C**limate **A**ction, **R**esilience, **E**ducation and **S**ustainability Plan (2021-2026) centers on creating a healthier, safer and more resilient community. The plan sets actionable goals for reducing the district's carbon footprint, offsetting local impacts of climate change, improving air and water quality, and fostering biodiversity.

Here are some things that **you** can do to act on climate change this summer:

- **Start composting.** Composting has many benefits including less waste sent to landfills and producing your own garden fertilizer. Learn more at the free program Composting Methods and Practices—see page 60 for more information!
- **Shop local.** Buying food at the Urbana Farmer's Market is a healthy way to decrease packaging and lower the environmental impacts of shipping.
- **Buy reusable.** Having a picnic or cookout? Offer your guests reusable plates and napkins, which will also save you money in the long run.
- **Volunteer at a natural area.** Nurturing green spaces helps to capture excess carbon dioxide, which slows (and could even reverse!) climate change. Learn how you can help—see page 61 for a list of volunteer opportunities.

Visit [urbanaparks.org/about-us/green-initiatives](https://urbanaparks.org/about-us/green-initiatives) for more information on UPD green initiatives, or contact Savannah Donovan, Environmental Program Manager, at 217-384-4062 or [sydonovan@urbanaparks.org](mailto:sydonovan@urbanaparks.org).



# GET TO KNOW CUSR

THE PLACE TO CELEBRATE YOUR ABILITIES!



**Champaign-Urbana Special Recreation**

CUSR Center  
2212 Sangamon Dr.  
Champaign, IL 61821  
cuspecialrecreation.org

Voice: 217-819-3980  
Relay: 711  
f/CUspecialrec



## CUSR STAFF

Christina Mott, CPRP – CUSR Manager/Inclusion Coordinator

Nikiaya Brandon – Adult Program & Event Coordinator

Cole Alvis – Athletics & Volunteer Coordinator

Tristan Elzy – Youth & Teen Coordinator

Amanda Carrington – Receptionist

## WHAT IS CUSR?

CUSR was formed through a cooperative agreement with the Champaign and Urbana Park Districts with the mission of providing quality recreational programs and services for Champaign-Urbana residents with special needs. Participants of all ages have the opportunity to explore new areas of interest, make new friends, and learn lifelong skills.

## CUSR PROGRAM GUIDE

CUSR publishes a guide three times a year. It details each of the different programming available in that season. To view, go online at [cuspecialrecreation.org](http://cuspecialrecreation.org).

## REGISTRATION

A CUSR registration form must be used. Registration is only available online at [cuspecialrecreation.org](http://cuspecialrecreation.org).

## SENSORY FRIENDLY SWIMMING

**Ages: 0-22 with parent or guardian**

Enjoy a day of family fun and sensory friendly swimming at Sholem Aquatic Center! Please see CUSR's program guide, visit [cuspecialrecreation.org](http://cuspecialrecreation.org), or call the CUSR Center at 217-819-3980 for more information.

**Dates:** 6/9, 7/7, 7/28

**Time:** 9-11:15a (pool is closed to the public during this event)

**Location:** Sholem Aquatic Center

## PROGRAMS OFFERED

### After School Programs

Horseback Riding

### Adult Social Programs

Bingo  
Diner's Club  
Dances  
Day Programs  
Theatre

### Sports & Special Olympics

Bowling  
Softball  
Volleyball

School Break Camp  
Summer Youth Program

## INCLUSION WITHIN PARK DISTRICT PROGRAMS

*CUSR supports inclusive recreational experiences within the park district programming. When registering for a program, mark the box stating an accommodation is required, and the CUSR Inclusion Coordinator will be in contact with you prior to the program to discuss the needs of the individual. If there are questions prior to registering, please reach out to the CUSR staff, and a meeting can be scheduled to discuss the many recreational options available.*

PLEASE VISIT [cuspecialrecreation.org](http://cuspecialrecreation.org)

# Great Parks Build Great Communities

Urbana parks are for everyone. Whether you live in Urbana or the surrounding area, the Urbana Parks Foundation (UPF) strengthens the entire community by cultivating resources to enhance the future of Urbana parks.

The Foundation is dedicated to supporting high-priority park district needs across several areas:

- Construction of a **new Health & Wellness Center** in Prairie Park
- **Youth Scholarships** that help reduce barriers to kids and families' participation in park district programs
- **Arts and Culture** to enhance the vibrancy of our parks and community
- **Urbana Parks Endowment** to create long-term sustainability in park development and maintenance



The Urbana Parks Foundation

Whether you live in Urbana or a surrounding community, make a positive impact on Urbana's parks now and in the future by donating today.

Learn more at [www.urbanaparksfoundation.org](http://www.urbanaparksfoundation.org)



The Urbana Parks Foundation Presents

# BARN BASH



with music by

**Friday, May 12, 2023**

**6-9 PM AT HUDSON FARM IN URBANA**

**RAIN OR SHINE • MUSIC  
CASH BAR • FOOD TRUCKS**

**\$20 general admission tickets**

Purchase tickets at: [www.urbanaparksfoundation.org/barnbash](http://www.urbanaparksfoundation.org/barnbash)

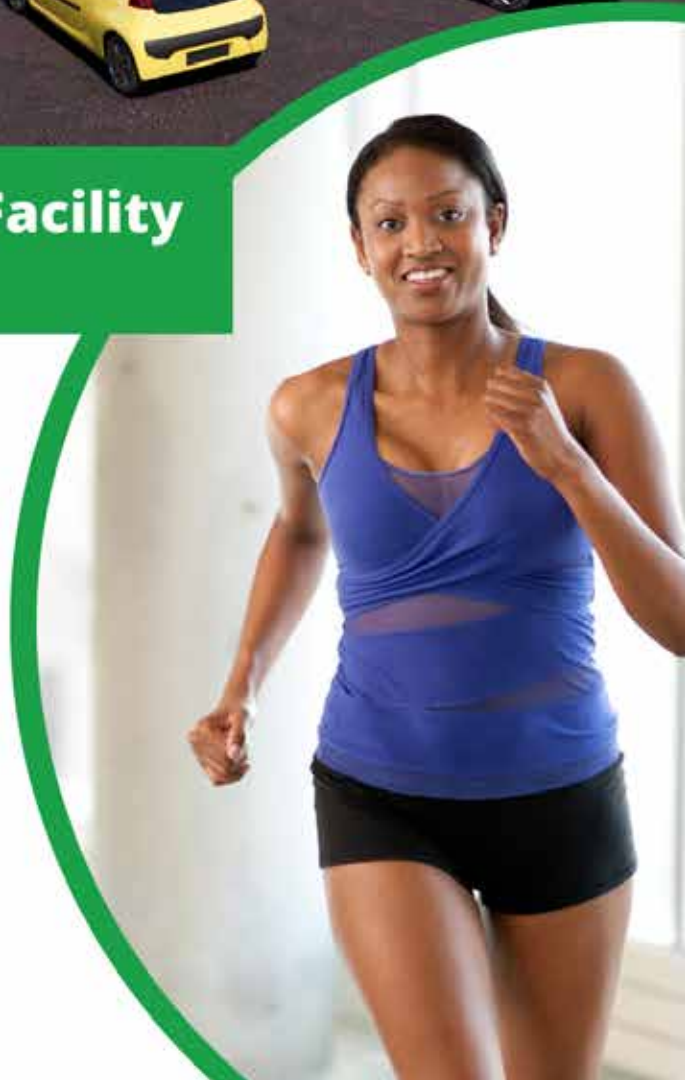
# Great Parks Build Great Communities



## The Health and Wellness Facility at Urbana's Prairie Park

The Urbana Park District realizes that the demand of its users for an indoor space dedicated to health and wellness currently outweighs what its existing facilities can offer. An Urbana facility with space for a wide variety of programming, large scale activities (such as indoor basketball or volleyball), and permanent exercise equipment does not currently exist.

Urbana, as well as the broader region, is greatly impacted by rising obesity rates, cardiovascular disease, diabetes, and cancer. The demand for an affordable and accessible community Health and Wellness Facility is greater than ever.





The Urbana Park District has developed a site plan at Prairie Park that will include features that promote the health and wellness of the entire community.

These amenities are based on feedback from the community and research of other facilities from across the midwest.

Amenities included in the Health & Wellness Facility don't stop at the door!

- Group fitness rooms
- Indoor walking and running track
- Exercise equipment room
- Multi-court indoor gymnasium
- Multipurpose room
- Locker rooms with showers

**Scan the QR code below to learn more about the facility and follow along as we build a state-of-the-art Health and Wellness facility that our entire community will be proud of.**





# TENNIS

Take  
classes at  
Urbana's  
Blair Park

## TENNIS: IT'S ALL ABOUT THE 'LOVE'!

### Join us for tennis clinics, leagues, and workouts

The Champaign Park District offers tennis programs for all ages that allow for a progression from beginner to advanced levels throughout the summer. Each session is comprised of 6 classes (2 classes per week for 3 weeks.) Classes are held mornings and evenings at both Champaign and Urbana locations.

**Lindsay Courts:** Sangamon Drive in Centennial Park, Champaign

**Hessel Park:** Kirby & Grandview, Champaign

**Blair Park:** Vine & Florida, Urbana

For complete class details, see our 2023 Summer Program Guide, online at [champaignparks.org](http://champaignparks.org) and at Champaign Park District facilities. Please register at least one week in advance of the beginning of each session. Questions, call 217-398-2550.



### FUTURE STARS CLINICS

Beginning students of all ages will be introduced to tennis in a fun and rewarding way. Fundamentals of basic stroke production will be introduced with time spent on developing the ability to hit consistently.

**Pee Wees (3-5 years)**

**Young Future Stars (6-9 years)**

**Pre-Teen Future Stars (10-12 years)**

**Teen Future Stars (13-16 years)**

**Adult Beginners (16+ years)**

### STARS CLINICS

For those who have completed our "beginner" Future Stars clinics and achieved an intermediate level of consistency with their groundstrokes, serves, and volleys.

**Young Stars (6-9 years)**

**Pre-Teen Stars (10-12 years)**

**Teen Stars (13-16 years)**

**Adult Intermediates Level I (16+ years)**

**Adult Intermediates Level II (16+ years)**

### CHAMPIONS CLINICS

For those who have completed our "intermediate" Stars Clinics and achieved an advanced level of consistency with their groundstrokes and serves in particular. Those serious about playing high levels of tennis will benefit greatly from these fast-paced programs. Emphasis will be placed on polishing technique, movement, and developing competitive tournament skills and strategy.

**Young Champions (6-9 years)**

**Pre-Teen Champions (10-12 years)**

**Teen Champions (13-16 years)**



**CHAMPAIGN  
PARK DISTRICT**



### SESSIONS

June 5-21

June 6-22

June 28-July 17

June 29-July 20

July 26-August 14

July 27-August 15



# UPDAC

## URBANA PARK DISTRICT ADVISORY COMMITTEE

Every year, the Urbana Park District looks for volunteers interested in serving on the Urbana Park District Advisory Committee (UPDAC). Members of UPDAC are community volunteers who help the Board of Commissioners and staff of the Urbana Park District investigate new ideas, study possible changes and improvements, and evaluate current park district operations. Meetings are held monthly on the 4th Tuesday of the month (except July and December). The time commitment is between 2 and 3 hours a month, and includes the monthly UPDAC meeting and potential committee meetings. UPDAC members are appointed for a three-year term. For consideration of appointment to UPDAC, you must live within the Urbana Park District residency area, and fill out an application for nomination. You might be interested in serving on UPDAC if you:

- Are interested in learning more about the Urbana Park District
- Are willing to share information about park district issues with your peers
- Would like an opportunity to share feedback from your neighborhood with the district on a regular basis
- Value diversity and inclusivity

Every effort is made to balance UPDAC membership both geographically and demographically. It's important that UPDAC represents all of Urbana! You can learn more about UPDAC, and find the application, by visiting our website at [www.urbanaparks.org/get-involved/urbana-park-district-advisory-committee-updac](http://www.urbanaparks.org/get-involved/urbana-park-district-advisory-committee-updac). You may also contact Development Manager Kelsey Beccue at [kbeccue@urbanaparks.org](mailto:kbeccue@urbanaparks.org) or 217-367-1536.

# PARK USER GUIDELINES

**Urbana's parks are open from sunrise until sunset daily unless otherwise posted. Rental facilities may be open later by special arrangement.**

## Please treat your parks well...

- Leave parks clean and litter-free.
- Damaging park property is subject to fine.
- Fires are allowed only in grills, designated areas or by permit.
- Collecting or harvesting of plants or other items is not permitted.
- Cycling is permitted on paved paths only.

## Please treat others well...

- Avoid loud music and disorderly conduct.
- Observe posted speed limits.
- Yield to pedestrians on trails.
- Alcohol is allowed only by special permit.
- Leave firearms, weapons and fireworks at home.

## Please notify us if...

- Your group of 25 or more is planning a visit to one of our parks or natural areas by calling 217-367-1544.

## Please note about pets...

- Keep all animals leashed.
- Pet owners are expected to remove pet excrement immediately.
- Urbana Dog Park offers space for off-leash activity.

**Breaking or not following park rules will result in penalty.**

Find complete park guidelines at: [www.urbanaparks.org/parks/park-guidelines](http://www.urbanaparks.org/parks/park-guidelines)



505 W Stoughton  
 Urbana, IL 61801  
 217-367-1544  
 www.urbanaparks.org

PRSRT STD  
 U.S. Postage Paid  
 Urbana, Illinois 61801  
 Permit No. 38

MAY - AUGUST 2023

NEIGHBORHOOD NIGHTS  
 see page 11

POWER OF PARKS 5K  
 see page 14

YOUTH SUMMER THEATRE - BEAUTY AND THE BEAST  
 see page 17

# ECRWSS RESIDENTIAL CUSTOMER



see page 31-37

**SUMMER CAMPS**

VISIT [WWW.URBANAPARKS.ORG](http://WWW.URBANAPARKS.ORG) TO REGISTER ONLINE.