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## UPD MISSION

It is the mission of the Urbana Park District to:

- Improve the quality of life of its citizens through a responsive, efficient, and creative park and recreation system;
- Pursue excellence in a variety of programs, parks and special facilities that contribute to the attractiveness of neighborhoods, conservation of the environment and overall health of the community.

### Board of Commissioners

- Michael W. Walker | President
- Meredith Blumthal | Vice President
- Roger Digges      | Commissioner
- Cedric Stratton   | Commissioner
- Laura Hastings    | Commissioner

### Support Us

Donate | Call the Development Manager: 217-367-1536
Volunteer | Call the Community Programs & Engagement Coordinator: 217-255-8601 or visit [www.urbanaparks.org](http://www.urbanaparks.org)

### Park District Leadership Team

- Tim Bartlett | Executive Director
- Corky Emberson | Superintendent of Recreation
- Derek Liebert | Superintendent of Planning & Operations
- Laura Orcutt  | Superintendent of Business Services

Derek Liebert, Laura Orcutt, Tim Bartlett, and Corky Emberson

You belong here.
Dear fellow Urbana residents,

We hope you have managed to stay well and active through the winter and are enjoying the lengthening days as we move into spring and summer. This is the busiest time of the year for the park district as we rev up both outdoor programs and the maintenance of our open spaces. We have a range of both seasonal jobs and instructor openings available for hiring and are committed to attracting applicants that represent the full diversity of Urbana. Visit www.urbanaparks.org/jobs for more information.

Remember that the Crystal Lake Park Family Aquatic Center season kicks off Memorial Day weekend so be sure to get your season pass early to enjoy maximum benefit. Our summer camps will start shortly afterwards and these popular programs fill quickly; register at www.UrbanaParks.org. And remember to keep an eye out for free events, play dates and concerts throughout the summer.

Happily, construction of the new Health & Wellness Center in Prairie Park has remained “on schedule” so far for an anticipated late summer opening date. After more than a decade of effort to determine community needs, develop an achievable design, and assemble the needed funding, we are finally nearing the finish line. Financing for this project has come from two state grants, generous allocations of Covid relief money from the City of Urbana and Champaign County, UPD’s own capital funds and over $1.8 million raised by the Urbana Parks Foundation.

The next edition of this program guide will likely contain many program offerings that this new facility will make possible and there will also be many informal activities available to our residents.

By the time you read this guide, the PrairiePlay playground in Meadowbrook Park will be gone. While we will all miss this iconic feature that has sparked memories for decades, a new, safer, and more accessible playground will be rising in its place for a fall opening. There is still time for you to contribute to this project; consider purchasing an engraved fence picket honoring someone in your family and help create even more future memories.

Have a great spring and summer and enjoy all your favorite UPD parks and programs, which the outstanding UPD staff work so hard to provide. And above all please remember that You Belong Here!

Sincerely,

Michael W. Walker
(He/Him)
President
Urbana Park District
Board of Commissioners

Board of Commissioners

The Urbana Park District Board of Commissioners oversees the operation of the Urbana Park District. The five-member board is elected by the public, and each member serves a six-year term.

The Board of Commissioners meets at 7pm on the second Tuesday of each month. Meetings take place at the Planning and Operations building, located at 1011 E. Kerr Ave. The public is invited to attend.
<table>
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<th>Park</th>
<th>MTD Bus Route</th>
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<td>2 Blair</td>
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<td>23 CLP Family Aquatic Center</td>
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<td>24 Lake House</td>
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<td>25 Phillips Recreation Center</td>
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* Accessible Playground  * Accessible Grills  With Shelters
Facilities

Administration Building
303 W. University Ave.
217-367-1536

Anita Purves Nature Center
1505 N. Broadway Ave.
217-384-4062

Brookens Gym
1776 E. Washington St., Pod 400
217-255-8601

Crystal Lake Park Family Aquatic Center
1401 N. Broadway Ave.
217-239-7946

Lake House in Crystal Lake Park
206 W. Park St.
217-328-1069

Phillips Recreation Center
505 W. Stoughton St.
217-367-1544

Planning And Operations
1011 E. Kerr Ave.
217-344-9583

Urbana Indoor Aquatic Center
102 E. Michigan Ave.
217-384-7665

Urbana Parks

Ambucs Park
1140 E. University Ave.

Blair Park
1406 S. Broadway Ave.

Canaday Park
300 S. Lierman Ave.

Carle Park
400 W. Indiana Ave.

Chief Shemauger Park
1001 E. Kerr St.

Crestview Park
1802 S. Cottage Grove Ave.

Crystal Lake Park
206 W. Park St.

Dog Park/Perkins Rd. Park
1501 E. Perkins Rd.

Judge Webber Park
1701 E. Perkins Rd.

King Park
915 W. Wascher St.

Larson (Wheatfield) Park
1105 E. McHenry St.

Leal Park
303 W. University Ave.

Lohmann Park
1803 E. Florida Ave.

Meadowbrook Park & Wandell Sculpture Garden
2808 S. Race St.

Patterson Parklet
401 W. Main St

Prairie Park
2000 E. Washington St.

South Ridge Park
3008 S. Myra Ridge Dr.

Sunnycrest Tot Lot
505 Sunnycrest Ct. East

Victory Park
1000 E. Green St.

Weaver Park
2205 E. Main St.
About Requesting a Pavilion
Reserve your space well in advance of your event. Restrooms and water fountains are available mid-April to mid-October. When restrooms are closed, portable toilets are located nearby. Prices listed are per time slot. Alcohol is prohibited without a permit.

Pavilion Times 9am-2pm 3pm-8pm
Peak Season Apr 1-Oct 31
Off Season Nov 1-Mar 31

Call 217-367-1544 for information about reservations. Full payment required at time of reservation.

Other Available Shelters
The following parks have shelters available for free on a first-come, first-served basis:
AMBUCS | Blair Park | Crestview Park | Crystal Lake Park | King Park | Victory Park
Anita Purves Nature Center

The Anita Purves Nature Center, located at the north end of Crystal Lake Park, is an environmental education facility open free to the public. Next door, you'll find the Friendship Grove Nature Playscape and Busey Woods.

Multipurpose Rooms for Rent:
September-May: 7am-11pm. Multipurpose rooms are ideal for parties, retreats, meetings, or groups for up to 70 people.

Exhibits & Wildlife Viewing: See the nature center’s education owl, turtles, salamanders, and snakes, and observe wildlife that visit the habitat gardens. Explore feathers, skulls, frog calls and more in the interactive, hands-on Field Station!

Nature Store: Check out the great selection of nature-related and environmentally-friendly items including books by local authors, laundry detergent sheets, vinyl stickers, reusable kitchen items, educational toys & sustainable earrings. Grab a water bottle, an ID guide, or walking stick for your next hike. All proceeds support environmental programs. Cash, checks, major credit cards, Apple Pay & Google Pay accepted. Educators get a 10% discount.

Busey Woods: A 59-acre forest preserve with a boardwalk loop and seasonal ponds, open daily from sunrise to sunset. The Busey Woods Gateway Trail is a link between park and woods. Hike the trails, which include the 0.3-mile boardwalk trail. View interpretive information about Busey Woods’ seasonal ponds, habitats and natural resources management. See page 64 for more information about Busey Woods and other district natural areas.
The Friendship Grove Nature Playscape at the Anita Purves Nature Center is a hands-on, kid-directed outdoor play space where boulders, logs, and other thoughtfully curated natural items give kids’ imaginations room to soar. The space provides accessible play opportunities for all abilities. There are four main features, many other play elements, and an ever-changing variety of loose play pieces such as pots and pans, baskets for gathering, cardboard for forts, and more!

The Four Anchor Pieces
- Log Wall – This line of flat-topped logs is a balancing challenge.
- Tree Tower – Climb and jump from this enormous tree trunk.
- Digging Area – Get dirty and enjoy digging canals, making sandcastles or mixing mud pies.
- Tunnel – Go low or high in this intriguing stone tunnel and hill combination.

Donations Accepted
We accept donations of old cookware, kitchen equipment, baskets, and garden shovels. Contact David Subers at dasubers@urbanaparks.org.

Planning a group visit? Call 217-384-4062
Please call ahead if you plan to bring a group of 10 or more. Staff can help you choose a time that does not conflict with a scheduled program or event and can help you reserve picnic tables if needed.

See photos and learn more about the Friendship Grove Nature Playscape and the benefits of nature play at: www.urbanaparks.org/facilities/friendship-grove-nature-playscape/
Brookens Gym & Fields

Brookens Gym is in pod 400 of the Champaign County Administration (Brookens) Building. The gym is well-lit and has a reconditioned floor. Locker rooms are available to program participants. Locks are not provided. Ample parking can be found directly adjacent to the building accessible from the Lierman Avenue entrance off Art Bartell Road.

Field Rentals: Soccer, Baseball, Softball
Minimum $20/1hr (base price with bases/goals)
$10/hr additional
$120 - Prepped field (includes dragging and lining)
$40/hr – lights (only at Canaday & Ambucs)
Download a field request form at:
www.urbanaparks.org/rentals/rent-a-park/

Gym Rentals: Basketball, Volleyball, Pickleball
The gym is available to rent from 8am to midnight, except during summer camp season. From June 3-August 9, the gym is available from 6pm to midnight Mondays-Fridays.
Download a field request form at:
www.urbanaparks.org/rentals/rent-a-facility/

Sports Officials
Urbana Park District youth and adult sports programs provide an excellent training ground for individuals interested in officiating sports. Officials must be at least 15. Certified officials are encouraged to apply to assist in maintaining a high-quality program and to help develop and train less experienced officials. The pay rate varies with the age of competition
www.urbanaparks.org/employment.html

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<th>Rate/Game</th>
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<td>Adult Kickball</td>
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<td>Youth Baseball</td>
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<tr>
<td>Youth Basketball</td>
<td>$20-40</td>
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VOLUNTEER COACHES NEEDED
Adult volunteers coach our youth sports programs such as basketball and soccer. Without our volunteer coaches, we do not have leaders for your player’s team.

As a volunteer coach, you will spend 3-4 hours per week leading practices through drills, skill-building exercises, and coaching games. Training resources are provided for each sport including discussions on skills, strategies, and policies. We can even match you with another adult and you can co-coach.

Additionally, each volunteer coach receives a registration waiver that is good for one free youth athletic program (non-camp).

Adults interested in helping should call 217-255-8601, or fill out a Volunteer Application online at urbanaparks.org/get-involved/volunteer
Crystal Lake Park Family Aquatic Center (CLPFAC) boasts a beautiful setting, highly-trained staff and reasonable rates. We have a wide variety of water-related classes, activities and fun available all summer long.

CLPFAC is an internationally-recognized Starfish Aquatics Institute. CLPFAC features flume slides, drop slide, diving board, AquaClimb wall, dump bucket, sand play area, Vortex, Wet Deck, and more! Coast guard approved life jackets are available for use free of charge for adults and children. Non-coast guard approved life jackets are not permitted.

POOL RULES
For more information and a full list of our general pool rules, please visit bit.ly/CLPFAC.

According to the Illinois Department of Public Health, if your child is still in diapers, a swim diaper must be worn at all times while if your child will be entering the water. We understand that accidents do happen, however we are required to close the facility/body of water to properly sanitize and clean any pool that is contaminated. Approved diapers are available for purchase at our information kiosk on the pool deck.

Lap Swim Etiquette
Children under age 15 are not allowed in the pool during lap swim times. Due to the popularity of lap swimming, lap lanes for the general public are not guaranteed during public swim hours. Early morning activities from 6-8am include lap swim, water aerobics and occasional swim team practice.

Food & Drink
Purchase snacks and drinks from the vending area or bring your cooler. Staff will check coolers at the entrance for items that are not allowed. Prohibited items include glass bottles or containers and open containers of liquid. Health codes require us to ask patrons to dump any open containers, so please bring either sealed water bottles or empty bottles that you fill at our water filling station.

1401 N Broadway, Urbana
Gold/Ruby (Weekdays) | Silver (Saturdays)
Questions: 217-239-7946

2024 SEASON: MAY 25 - SEPTEMBER 2
Late Open June 15, July 13 & 20

School’s Not in Session Hours:
May 30 - August 14
Lap Swim:
Monday–Friday | 6–8am & 11am–12:30pm
Open Swim:
Monday–Friday | 12:30–7pm*
Saturday/Sunday | 11am–7pm
*M/W 6-7pm diving well closed due to Aerobics Class
Member Early Entry:
Monday–Friday | 12–12:30pm

Open Memorial Day (May 26)
Lap Swim: 6-8am | Open Swim: 11am-7pm

School’s in Session Hours:
May 25-29 & August 15 - September 2
Lap Swim:
Monday–Friday | 6–8am & 11am–1pm
Open Swim:
Monday–Friday | 4–7pm
Saturday/Sunday | 11am–7pm
Is the pool open?
Crystal Lake Park Family Aquatic Center will occasionally close due to inclement weather. Weather conditions that will cause the pool to close its doors include, but are not limited to, outside temperature of less than 68 degrees, lightning and rain. No refunds or credits will be issued for weather related closings or for closings due to cleaning, repair, or swim meets.

FOR YOUR SAFETY
All water slide riders must be at least 48 inches tall without exception. The water slides are 37 feet tall and there are three to choose from: the swirly open slide, the enclosed body slide and the enclosed drop slide.

Only Coast Guard-approved flotation devices are allowed. See the label to check if yours is approved. Staff reserves the right to check any personal flotation devices for safety reasons. Parents are required to be within arm’s reach of a child wearing a life jacket. Life jackets are not allowed on slides or in the diving well.

NADIATOR SWIM MEETS
Regular Home Meets are June 15, July 13 & 20 - We will open the entire facility immediately after meets conclude. These swim meets begin at 8am and usually end at roughly 12pm. If the opening is delayed beyond 1pm, an update will be posted on urbanaparks.org/events/rain-outs-and-cancellations.

See nadiators.weebly.com for the entire Nadiators meet schedule.

Closures
To check if the pool is closed, call the Crystal Lake Park Family Aquatic Center at 217-239-7946 or check our Facebook page! For quick information about closures, including weather cancellations, check out our Rainoutline App for your phone: urbanaparks.org/events/rain-outs-and-cancellations

Spend your time this summer as a cashier, swim instructor, or lifeguard at the Crystal Lake Park Family Aquatic Center!

To be a lifeguard:
Apply online and we will contact you with information on our lifeguarding courses.

Lifeguard Prerequisites:
• 200 Meter Swim
• 12 Foot Brick Retrieval
• 2 Minute Tread (hands above water)

Don’t Wait... APPLY NOW!
Visit bit.ly/3Al0GFp to see our Aquatics job openings, or contact Jennifer at 217-384-7665 or jrnierenhausen@urbanaparks.org

Junior Lifeguard Program
July 15-19, 9am-12pm
Crystal Lake Park Family Aquatic Center
Age 12+

Learn basic lifeguarding skills, including lifeguard rescues, whistle codes, shift procedures, CPR/First Aid and more! Participants will receive CPR and first aid certifications with completion of this course. Please email Jennifer if you have any questions about this program at jrnierenhausen@urbanaparks.org.

EB Cost | Cost | Code
$75R/$113NR | Jul 1
$94R/$141NR | Jul 8
471
**Daily Admission**

Admission Prices (3 and under - FREE)
- Until 5pm: $8R/$12NR
- After 5pm: $6R/$9NR
- All Day Tuesday: $6R/$9NR

Daily Admission Information:
- At the pay window, verify residency with a current driver’s license, state ID or utility bill to receive resident rates.
- Youth under age 11 must be accompanied by a paying adult each time they visit CLPFAC.
- Everyone is required to pay an admission fee or have a current membership pass to enter the facility.

Punch Cards
Purchase a punch card as a way to try the Crystal Lake Park Family Aquatic Center before committing to buying a pass. Or give one to family or friends from out of town. Take advantage of this alternative that saves you $1 per visit.

- 5-Visit Punch Card: $35R/$55NR
- 10-Visit Punch Card: $70R/$110NR

**Crystal Lake Park Family Aquatic Center Memberships**

You may purchase a membership at the Phillips Recreation Center or the Crystal Lake Park Family Aquatic Center.

**Family Memberships**
A family includes anyone residing in the same household. Children under age 4 require a pass to be able to scan into the facility; however there is no charge for this. Youth under age 11 must be accompanied by an adult.

**CLPFAC Summer Membership - Starting May 1**

<table>
<thead>
<tr>
<th>Individual</th>
<th>$106R/$159NR</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult (55+)</td>
<td>$83R/$125NR</td>
</tr>
<tr>
<td>Family of 3</td>
<td>$207R/$311NR</td>
</tr>
<tr>
<td>Each Additional Member</td>
<td>$36R/$54NR</td>
</tr>
</tbody>
</table>

**Flexible Fitness Punch Cards**

Water Fitness Pass ($47R/$71NR)

- Basic Water Exercise
- Indoor Deep Water Aerobics

**Rent the Crystal Lake Park Family Aquatic Center!**

**Patio Party Rentals**
(1-15 participants | $131 for 2-hour party | + $100 deposit)

**Private Rentals**
(2-Hour minimum | $100 deposit due at time of request)

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<tbody>
<tr>
<td>Full Facility</td>
<td>$372/hour</td>
</tr>
<tr>
<td>Partial Facility</td>
<td>$235/hour</td>
</tr>
<tr>
<td>Leisure Pool Only</td>
<td>$168/hour</td>
</tr>
<tr>
<td>Competition Pool</td>
<td>$153/hour</td>
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</table>

All rentals include the use of a patio party area and swimming! An additional $100 deposit is due at time of request. Fifteen minutes of set-up and clean-up is included in the 2-hour time block. The patio party area must be cleaned up and all attendees must exit by your scheduled ending time. Please reserve your party at least three weeks in advance. Please ask for details about having more than 15 participants at your party. Call CLPFAC at 217-239-7946 for more information about reserving your party! You can also email our Aquatics Coordinator at jrnierenhausen@urbanaparks.org
Register in Person or by Mail

1. Complete a registration form in person or visit urbanaparks.org/parks/dog-park-perkins-rd/site/ Read the rules. Include your email address.
2. Proof of vaccination from your vet is required. Provide a copy of your dog’s current vet records showing proof of distemper and rabies vaccinations. Your vet may fax these documents to 217-367-1592 or email them to info@urbanaparks.org
3. Payment:
   • In person: Pay by cash, check or credit card.
   • By mail: Include check with your membership form.
   • By phone: Staff will call you for your credit card information once they have received the completed registration form and vet records.
   • DO NOT email your credit card information
4. Membership requires a fob to open the electronic gate at the entrance. The cost of the first gate entry fob is included. It can be mailed to you if you register by phone or mail, or stop by the Phillips Recreation Center to pick it up. The fob is active through the duration of your membership. The Urbana Park District is not responsible for fobs lost through the mail.
5. Only active members have working fobs. Do not open the gate for others. If your fob does not work, call 217-367-1544.

The Urbana Park District Dog Park allows dogs to run off-leash and is open daily from sunrise to sunset. For security of all members, do not visit the park after dark. The 10 acres feature a shaded area and plenty of open meadow for running. This park provides a fun place for your dog to romp with other dogs and for you to meet other dog owners.

A park especially for dogs
Open daily from sunrise to sunset

MEMBERSHIPS
Available on a yearly basis from the date of purchase at the Phillips Recreation Center:
505 W. Stoughton, Urbana.

Yearly Fees
One Dog $46
Each Additional Dog: $6
Additional Gate Entry Fob: $10 each

Monthly Trial Visitor Passes
Visitors may purchase a monthly trial/visitor pass for $10. If in that month you wish to purchase a year-long membership, your trial pass fee will be applied toward your annual membership fee. All visitors must follow all rules and membership requirements.

Questions: 217-344-9583

Two Memberships for the Price of One!
The Champaign Park District operates the Bark Park on the corner of Windsor and Rising Roads. The two park districts have an agreement that allows members to purchase a gate fob for the other dog park for just $10. Members must show a copy of their membership receipt to the other park district to register for the additional dog park access. Rules for both parks are the same.
The Lake House is perfect for birthdays, anniversaries, retirement parties, bridal and baby showers, rehearsal dinners, family reunions, small weddings, graduation parties, and receptions. Bright track lighting plus open Wi-Fi make the room even more suited for corporate trainings, meetings, and retreats as well. It offers a beautiful view of Crystal Lake with easy access to pavilions, playgrounds, and boating in the park. The climate-controlled room can seat 50 people or accommodate up to 80 people with the inclusion of the patio. Rental requests should be made at least two weeks in advance. Add a special touch to a wedding or reunion by booking a group boat rental (available May 4-September 2). You’ll get a discount when you plan ahead!

Stay Connected! Like us on Facebook. facebook.com/UPDLakehouse

CANDLELIGHT SERENADES
This year there will be TWO opportunities to experience an evening of candlelit paddle boat rides with live music.

JAZZ EDITION
Friday, May 24, 8:30-10pm

SYMPHONY EDITION
Friday, August 30, 8:30-10pm

See page 17 for more information.

206 West Park, Urbana
Orange/Gold/Gray
Rental Information: 217-367-1544
Boating Information: 217-328-1069
The Perfect Wedding Spot!

The Lake House is a fantastic location for an intimate wedding or other celebration. Call Janet at 217-367-1544 to talk about set-up options and accommodations for a larger party. Quite often, groups rent additional tables and chairs to complement our indoor set-up for an outdoor ceremony. We’d be glad to help plan your day!

Facility Rental Fees

<table>
<thead>
<tr>
<th></th>
<th>M-Th</th>
<th>F-Su</th>
</tr>
</thead>
<tbody>
<tr>
<td>$55/hr (seats 50)</td>
<td>$65/hr (seats 50)</td>
<td></td>
</tr>
<tr>
<td>$70/hr with patio (seats 80)</td>
<td>$80/hr with patio (seats 80)</td>
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<tr>
<td>Lakeside Deck</td>
<td>$50 flat fee (seats 75 with chairs you supply)</td>
<td></td>
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<tr>
<td>Extras</td>
<td>LCD Projector $20</td>
<td>TV/DVD $10</td>
</tr>
</tbody>
</table>

All rentals require a $100 deposit. Additional permits and/or fees are required to serve beer and wine at your event or if you are charging an entry fee to the public. Please make all requests at least two weeks in advance. Requests made less than two weeks in advance pay additional charges.

Plan Your Next Meeting, Company Training, or Retreat with Us

The Lake House offers a unique and relaxing setting that your staff and your budget will appreciate. $45 or $55/hour includes access to all the Lake House features. Call Janet at 217-367-1544 to see if your meeting qualifies for our seminar rate.

Boating and Concession Hours

Stop by the Lake House in Crystal Lake Park to rent a paddle boat, canoe or kayak and discover the newly-rehabbed Crystal Lake. The Lake House will close when weather conditions make boating unsafe. Call 217-328-1069 for updated information.

- May 4 - May 27 (open Memorial Day): Sa-Su 12-7pm
- May 30 - Aug 11 (open Independence Day): Th-Su 12-7pm
- Aug 17 - Sept 2 (open Labor Day): Sa-Su 12-7pm

2024 Boat Rental Fees

- **Kayaks:** $11/half-hour or $13/hour
- **Canoes & Rowboats:** $11/half-hour or $13/hour
- **2-person Paddle Boats:** $12/half-hour or $15/hour
- **3-person Paddle Boats:** $13/half-hour or $16/hour
- **4-person Paddle Boats:** $14/half-hour or $17/hour

We accept all major credit cards, cash or check (with valid ID) as payment. Fees include Coast Guard-approved life jackets with sizes ranging from infant to adult. An adult must accompany anyone under 16. A valid driver’s license or major credit card is required as a deposit on all rentals.

Group Boat Rentals

Save up to 25% on regular boat rental prices when you book your group boat rental at least two weeks in advance! Increase the quality of your Lake House party, pavilion rental, scout troop function, family reunion or any other gathering in the park. Call the Phillips Recreation Center at 217-367-1544 to arrange your group boat rental today!
Room Rental

When rooms are not in use for programs, they are available to rent. Rooms can accommodate up to 120 people, depending on room arrangement and needs. Rental rates range from $60 to $170 an hour, depending on how many rooms are rented. Each room is just over 660 square feet. Talk with Heather at 217-367-1544 about room setup and availability. Rentals are unavailable between May 11-Sep 13.
James Room Kitchen

The demonstration kitchen at the Phillips Recreation Center includes:

- double ovens
- two refrigerators
- small ice machine
- 6 adjustable tables
- 5 counter-height chairs
- dishwasher
- island with stove top
- microwave
- 12 chairs

The kitchen can be added to a multi-purpose room rental or be rented alone. Renters will be given a brief orientation at the start of their kitchen use and a building attendant will walk through the kitchen's condition before and after the rental. In addition to renting the kitchen, we hope you and your family take advantage of our various cooking classes. See page 49 for classes in the James Room Kitchen!

Dance/Fitness Studio

Our 2,000 square foot wood-sprung dance floor is easy on the joints when you dance or exercise with us. The Phillips Recreation Center is known for a non-intimidating atmosphere and welcoming instructors, so exercising here is convenient and comfortable. A wide variety of classes fits many schedules. Don’t miss our flexible fitness option: buy a 10-punch card and attend class when you can – they never expire! See page 54 for group fitness or yoga punch card prices and page 51 for dance classes.
SPECIAL EVENTS

LAKE HOUSE

Candlelight Serenade

JAZZ EDITION
Friday, May 24
(Rain Date Saturday, May 25)
8:30-10pm
Boat Ride Code: 810 | Patio Seat Code: 811

SYMPHONY EDITION
Friday, August 30
(Rain Date Saturday, August 31)
8:30-10pm
Boat Ride Code: 812 | Patio Seat Code: 813

We are pleased to partner with 40 North, the City of Urbana Arts and Culture Program, the CU Symphony, and the CU Jazz Festival to offer these TWO evenings of candlelit paddleboat rides at the Lake House in Crystal Lake Park! In May you’ll be serenaded by a live jazz combo on the Lakeside Deck and we’ll have a symphony quartet in August. Enjoy a twinkly summer concert while you paddle around a limited area on Crystal Lake! Beverages from Analog Wine Library will be for sale. Ages 21 and up.

TICKETS:
$25 per boat [seats up to 4 people], $10 per person patio-only seating
Call 217-367-1544 to order or visit urbana-parks.org!

Your boat ticket is for one 30-minute ride on a first-come, first-served basis. Before or after your ride, enjoy the rest of the concert from the Lake House Patio.

Rain date is the following night in the case of inclement weather. Call the Urbana Park District Rainout Line after 4pm for postponement information: 217-367-9575 or check our Facebook page.
MAY 25 - OPENING DAY!

JUNE
8 - Nonresident Day
16 - Father's Day Celebration
19 - Juneteenth Celebration
22 - Movie at the Pool
26 - Nonresident Day

JULY
4 - Fourth of July Celebration
5 - Sensory Free & Toddler Swim
6 - Nonresident Day
13 - Movie at the Pool
17 - Nonresident Day
26 - Sensory Free & Toddler Swim
27 - Mermaid Party

AUGUST
2 - Sensory Free & Toddler Swim
7 - Nonresident Day
10 - Nonresident Day
16 - Sensory Free & Toddler Swim
24 - Nonresident Day
30 - Sensory Free & Toddler Swim

NONRESIDENT DAYS
June 8 & 26 | July 6 & 17 | August 7, 10, & 24
Nonresidents may swim at resident rate ALL DAY!

JUNE 16 - FATHER’S DAY
Free adult admission for Dad with the purchase of one child’s admission!

JUNE 19 - JUNETEENTH AT THE POOL
Celebrate with contests, races, and fun for all!

MOVIES AT THE POOL
June 22, 8:30pm – Monster’s Inc.
July 13, 8:30pm – The Little Mermaid (2023)
$8R/$12NR | Season Passholders: FREE

JULY 4 - FOURTH OF JULY CELEBRATION
Cannon ball & wall climbing contests! Giveaways!

SENSORY FREE & TODDLER SWIM DAYS
Fridays | July 5 & 26 | August 2, 16, & 30 | 9-11am
Swim with fewer water attractions turned on! Great for toddlers and sensory-sensitive swimmers of all ages.

MERMAID PARTY
Saturday, July 27, 9-10:30am
Enjoy water fun with special mermaid guests! The leisure pool, streambed, and sand play area will be open. Snacks and refreshments will be provided. Children must be accompanied by an adult.

<table>
<thead>
<tr>
<th>EB Cost</th>
<th>EB Deadline</th>
<th>Cost</th>
<th>Deadline</th>
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<tr>
<td>$10R/$15NR</td>
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<td>$17R/$26NR</td>
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<td>$8R/$12NR per additional person</td>
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<td></td>
<td>475</td>
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</tbody>
</table>

Registration cost is good for one child and one adult
Gather up your chairs and blankets because Neighborhood Nights are back! We've been bringing the best local musicians to just about every park in Urbana for nearly 35 years. Bring a picnic dinner and spend the evening with us in a lovely park setting. Each park features a different musical performance, all playing the very best music from folk to soul and from rock to bluegrass.

Each Neighborhood Night features:
- The very best local musicians
- Free popcorn and lemonade
- Fun activities
- Community resources
- Meet district officials and talk to them about your neighborhood

Rain date is the following night in the case of inclement weather. Call the Urbana Park District Rainout Line after 4pm for postponement information: 217-367-9575 or check our Facebook page at facebook.com/urbanaparkdistrict

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Band</th>
<th>Music Genre</th>
</tr>
</thead>
<tbody>
<tr>
<td>May 29</td>
<td>Carle Park</td>
<td>The Occasional Cajun Band</td>
<td>Cajun</td>
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<tr>
<td>June 5</td>
<td>Lake House</td>
<td>Pain Killers</td>
<td>Chicago Blues</td>
</tr>
<tr>
<td>June 12</td>
<td>Crestview Park</td>
<td>New Souls</td>
<td>Neosoul/Funk/R&amp;B/90s Hip-Hop</td>
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<td>June 19</td>
<td>NO CONCERT - UPD HOLIDAY CELEBRATING JUNETEENTH</td>
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<td></td>
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<tr>
<td>June 26</td>
<td>Victory Park</td>
<td>Keith Harden</td>
<td>Americana</td>
</tr>
<tr>
<td>July 3</td>
<td>AMBUCS Park</td>
<td>Riders of the Golden Maize</td>
<td>Roots Rock</td>
</tr>
<tr>
<td>July 10</td>
<td>Larson Park</td>
<td>Wildwood</td>
<td>Bluegrass</td>
</tr>
<tr>
<td>July 17</td>
<td>Blair Park</td>
<td>Hot Club of Urbana</td>
<td>Jazz à la Django Reinhardt</td>
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<tr>
<td>July 24</td>
<td>South Ridge Park</td>
<td>Kalesa</td>
<td>Pop &amp; Rock Hits</td>
</tr>
<tr>
<td>July 31</td>
<td>Meadowbrook Interpretive Center</td>
<td>The Elderly brothers</td>
<td>Country</td>
</tr>
</tbody>
</table>
FREE! OUTDOOR SUMMER FITNESS

Looking for a way to stay active this summer? Check out our FREE outdoor fitness programs that you can enjoy all summer long!

FREE! YOGA IN THE PARK
Saturdays, June 1-August 17, 9-10am
Meadowbrook Park, Meet at Garden Pavilion
All Ages & Abilities
Yoga mats available to borrow

FREE! TAI CHI IN THE PARK
Select Tuesdays, 6:30-7:30pm
June 11, July 2, 23, August 13
Meadowbrook Park, Meet at Garden Pavilion
Age 15+

FREE! ZUMBA IN THE PARK
Select Saturdays, 10:30-11:30am
June 15, July 13, August 17
Meadowbrook Park, Meet at Garden Pavilion
All Ages & Abilities
JOIN US FOR NEIGHBORHOOD BLOCK PARTIES!

Select Thursdays, 5:30-7pm
FREE, All Ages & Abilities

- June 6: Victory Park
- June 27: Crestview Park
- July 11: King Park
- August 8: Blair Park
- August 29: Ivanhoe Estates

Urbana Park District will bring the fun to YOU on these select Thursday evenings! Spend time in your neighborhood park with these FREE Play Days! Your evening will be filled with activities, sports, laughter, new friends, free produce, bike repairs, and more!

Activities offered at each park will vary. All ages and abilities are welcome. We will provide activities, equipment, popcorn, and drinks.

BE ON THE LOOKOUT FOR UrVANa!

UrVANa Mobile Recreation Unit bringing more fun and activities to a neighborhood near you!

Follow UrVANa on social media!

Facebook: UrVANa Mobile Recreation Unit
Instagram: @upd__urvana

You belong here.
Join the Urbana Park District and the C-U Folk & Roots Festival on the first and third Fridays of each month this summer for some great FREE live music! We’ll have boating and drink/snack specials, just bring your lunch and enjoy an afternoon lunch break on the lake. Enter your name into our raffle each Friday to win a free 3-hour Lake House rental. In case of inclement weather, the concert will be held inside the air-conditioned rental room at the Lake House.
JUNETEENTH CELEBRATION
Sunday, June 16, 1-3pm
At The Lake House in Crystal Lake Park

Join Urbana Park District and The Urbana Free Library for a family-friendly Juneteenth celebration at the Lake House in Crystal Lake Park! Enjoy music, food and refreshments, fishing, UrVANa Mobile Recreation Unit games and activities, community resources, and more as we celebrate Black freedom and achievements in Urbana and beyond.

COMMUNITY FISHING
Throughout the Juneteenth Celebration, the Anita Purves Nature Center will be hosting community fishing. Bait will be provided, and there will be rods and reels of various sizes to borrow. Staff will be present to help practice the basics. See page 63 for more information!
26th Annual Martin Luther King-Jettie Rhodes Day
Saturday, June 22, 12-4pm | King Park | FREE!

Martin Luther King Jettie Rhodes Neighborhood Day was founded by the late Mrs. Jettie Rhodes. Mrs. Rhodes had a famous quote: “Who’s your neighbor?” This day is all about giving back to the community with fun, family, networking, and a diverse atmosphere. Plan your next family outing at MLK Jettie Rhodes Neighborhood Day. Enjoy free food (while supplies last), live entertainment, kids’ activities, raffle prizes, and a wealth of resourceful information provided by various local nonprofits. In addition, you may recognize some of our public officials and community members who volunteer for this event each year. Rain or shine, the fun goes on!

PEACE Community Art Projects with UrVANa
Join the Urbana Park District and Urbana Rotary Club for a meaningful peace art project at this year’s Jettie Rhodes Day. Dress for mess and bring your creativity as we festoon the park with PEACE and art!
Complete your mileage: July 15 - July 28

Spending time outdoors in parks has incredible power to help improve physical, emotional, and intellectual health! The Power of Parks Virtual 5k encourages participants of all ages and abilities to walk, run, or roll their 5k distance in one of UPD's many parks. Every participant will receive a complete swag package including a t-shirt, medal, and race bib.

PLEASE NOTE:
- Registration Deadline: June 20
- Race Swag Available to Pick up: July 15
  - Race Swag can be picked up at Phillips Recreation Center
- Mileage Dates: July 15 – July 28
  - Mileage can be done all at once, or broken up over several days.
  - Submit photos and 5k times to info@urbanaparks.org to be included on our Power Board!
- Last Day to Pick Up Race Swag: August 9
Consider yourself at home with Lionel Bart’s classic musical based on the Charles Dickens novel, Oliver Twist. The Tony and Olivier Award-winning show is one of the few musicals to win an Academy Award for Best Picture and is widely hailed as a true theatrical masterpiece by actors and audience members alike.

The streets of Victorian England come to life as Oliver, a malnourished orphan in a workhouse, becomes the neglected apprentice of an undertaker. Oliver escapes to London and finds acceptance amongst a group of petty thieves and pickpockets led by the elderly Fagin. When Oliver is captured for a theft that he did not commit, the benevolent victim, Mr. Brownlow takes him in. Fearing the safety of his hideout, Fagin employs the sinister Bill Sikes and the sympathetic Nancy to kidnap him back, threatening Oliver’s chances of discovering the true love of a family.

PERFORMANCES
Friday, July 19 at 7pm  |  Saturday, July 20 at 2pm & 7pm  |  Sunday, July 21 at 2pm
Harold and Jean Miner Theatre at Parkland College, 2400 W. Bradley, Champaign

Tickets go on sale: June 17
General Admission Seating

<table>
<thead>
<tr>
<th>Adults</th>
<th>Adults 50+</th>
<th>Students</th>
<th>Children 12 and under</th>
</tr>
</thead>
<tbody>
<tr>
<td>$14</td>
<td>$10</td>
<td>$10</td>
<td>$7</td>
</tr>
</tbody>
</table>

Tickets are available by credit card at 217-367-1544. They may also be purchased in person at the Phillips Recreation Center, from a cast member, and at the door if still available.
6TH ANNUAL
CRYSTAL LAKE PARK
ART FAIR
URBANA, ILLINOIS
AUGUST 3 & 4, 2024
10AM–4PM

- 40+ featured artists
- beautiful park setting
- food trucks
- UrVANa

Crystal Lake Park will be transformed with local and regional art vendors that will set up along the park road next to the large pavilion and the Lake House in Crystal Lake Park (206 W. Park) and feature paintings, textiles, ceramics, photography, jewelry, glass, mixed media and much more!
# Free Programs & Events

**MAY**

<table>
<thead>
<tr>
<th>Event</th>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Age</th>
<th>Location</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Free Fitness Week</td>
<td>Mon-Fri</td>
<td>Apr 29-May 3</td>
<td>Various</td>
<td>Age 15+</td>
<td>Various</td>
<td>54</td>
</tr>
<tr>
<td>FRESH Crew Volunteer Stewardship Day</td>
<td>Sat</td>
<td>May 4</td>
<td>2-4pm</td>
<td>Grades 6-12</td>
<td>PRWP</td>
<td>52</td>
</tr>
<tr>
<td>*Creative Senior Connections Begins</td>
<td>Fri</td>
<td>May 10</td>
<td>11am-1pm</td>
<td>Age 50+</td>
<td>LH</td>
<td>46</td>
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<tr>
<td>Teen 3v3 Basketball</td>
<td>Fri</td>
<td>May 10</td>
<td>3:45pm</td>
<td>Grades 6-12</td>
<td>PRC</td>
<td>44</td>
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<tr>
<td>&quot;Meadowbrook: A History&quot; Walking Tour</td>
<td>Sat</td>
<td>May 11</td>
<td>2-4pm</td>
<td>Age 14+</td>
<td>MP</td>
<td>63</td>
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<tr>
<td>Nature Makers: Honeysuckle Snakes</td>
<td>Sun</td>
<td>May 12</td>
<td>2-4pm</td>
<td>Age 3+</td>
<td>APNC</td>
<td>63</td>
</tr>
<tr>
<td>Connecting You to Nature Hike</td>
<td>Tue</td>
<td>May 14</td>
<td>5:30-6:30pm</td>
<td>All Ages</td>
<td>MP</td>
<td>62</td>
</tr>
<tr>
<td>Don’t Bee Afraid</td>
<td>Sat</td>
<td>May 18</td>
<td>1-2:30pm</td>
<td>All Ages</td>
<td>APNC</td>
<td>63</td>
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<tr>
<td>*CRIS Healthy Aging - Breakfall Club</td>
<td>Thu</td>
<td>May 23</td>
<td>10-11:30am</td>
<td>Age 60+</td>
<td>PRC</td>
<td>47</td>
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<tr>
<td>Injury Screening with Athletico</td>
<td>Thu</td>
<td>May 23</td>
<td>5:30-7pm</td>
<td>Age 15+</td>
<td>PRC</td>
<td>60</td>
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<tr>
<td>*CRIS Healthy Aging - Wits Workout</td>
<td>Thu</td>
<td>May 24</td>
<td>10-11am</td>
<td>Age 60+</td>
<td>PRC</td>
<td>47</td>
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<tr>
<td>Walkers' Book Club</td>
<td>Tue</td>
<td>May 28</td>
<td>6-7:15pm</td>
<td>Age 15+</td>
<td>BW</td>
<td>59</td>
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<tr>
<td>Neighborhood Night</td>
<td>Wed</td>
<td>May 29</td>
<td>6:30-8pm</td>
<td>All Ages</td>
<td>CP</td>
<td>19</td>
</tr>
</tbody>
</table>

### Community
- APNC: Anita Purves Nature Center
- BP: Blair Park
- BW: Busey Woods
- CLP: Crystal Lake Park

### Environmental
- CP: Carle Park
- CVP: Crestview Park
- IE: Ivanhoe Estates
- KP: King Park

**JUNE**

<table>
<thead>
<tr>
<th>Event</th>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Age</th>
<th>Location</th>
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<tbody>
<tr>
<td>Yoga in the Park</td>
<td>Sat</td>
<td>Jun 1</td>
<td>9-10am</td>
<td>All Ages</td>
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<tr>
<td>FRESH Crew Volunteer Stewardship Day</td>
<td>Tue</td>
<td>Jun 4</td>
<td>9-11am</td>
<td>Grades 6-12</td>
<td>PRWP</td>
<td>52</td>
</tr>
<tr>
<td>Neighborhood Night</td>
<td>Wed</td>
<td>Jun 5</td>
<td>6:30-8pm</td>
<td>All Ages</td>
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<td>Rules of the Road</td>
<td>Thu</td>
<td>Jun 6</td>
<td>10am-12pm</td>
<td>Age 50+</td>
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<td>Play Day in the Park</td>
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<td>Folk &amp; Roots Friday</td>
<td>Fri</td>
<td>Jun 7</td>
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<td>9-10am</td>
<td>All Ages</td>
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<tr>
<td>FRESH Crew Volunteer Stewardship Day</td>
<td>Tue</td>
<td>Jun 11</td>
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<td>Grades 6-12</td>
<td>VP</td>
<td>52</td>
</tr>
<tr>
<td>Connecting You to Nature Hike</td>
<td>Tue</td>
<td>Jun 11</td>
<td>5:30-6:30pm</td>
<td>All Ages</td>
<td>APNC</td>
<td>62</td>
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<td>Tue</td>
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<td>6:30-7:30pm</td>
<td>Age 15+</td>
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<tr>
<td>Neighborhood Night</td>
<td>Wed</td>
<td>Jun 12</td>
<td>6:30-8pm</td>
<td>All Ages</td>
<td>CVP</td>
<td>19</td>
</tr>
<tr>
<td>Family Zumba Night</td>
<td>Thu</td>
<td>Jun 13</td>
<td>6-6:50pm</td>
<td>All Ages</td>
<td>PRC</td>
<td>60</td>
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<tr>
<td>Yoga in the Park</td>
<td>Sat</td>
<td>Jun 15</td>
<td>9-10am</td>
<td>All Ages</td>
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<tr>
<td>Zumba in the Park</td>
<td>Sat</td>
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<td>10:30-11:30am</td>
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<tr>
<td>Juneteenth Celebration</td>
<td>Sun</td>
<td>Jun 16</td>
<td>1-3pm</td>
<td>All Ages</td>
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<tr>
<td>FRESH Crew Volunteer Stewardship Day</td>
<td>Tue</td>
<td>Jun 18</td>
<td>9-11am</td>
<td>Grades 6-12</td>
<td>PRWP</td>
<td>52</td>
</tr>
<tr>
<td>*CRIS Healthy Aging Medicare Workshop</td>
<td>Tue</td>
<td>Jun 18</td>
<td>10-11am</td>
<td>Age 60+</td>
<td>PRC</td>
<td>47</td>
</tr>
<tr>
<td>Injury Screening with Athletico</td>
<td>Thu</td>
<td>Jun 20</td>
<td>5:30-7pm</td>
<td>Age 15+</td>
<td>PRC</td>
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<tr>
<td>Folk &amp; Roots Friday</td>
<td>Fri</td>
<td>Jun 21</td>
<td>12-1pm</td>
<td>All Ages</td>
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<tr>
<td>Yoga in the Park</td>
<td>Sat</td>
<td>Jun 22</td>
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<tr>
<td>Martin Luther King-Jettie Rhodes Day</td>
<td>Sat</td>
<td>Jun 22</td>
<td>12-4pm</td>
<td>All Ages</td>
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<td>Grades 6-12</td>
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<td>Fri</td>
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<td>3:30-6pm</td>
<td>Grades 6-12</td>
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### JULY

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<td>Jul 2</td>
<td>9-11am</td>
<td>Grades 6-12</td>
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<tr>
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<td>Tue</td>
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<td>6:30-7:30pm</td>
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<td>Jul 3</td>
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<tr>
<td>Connecting You to Nature Hike</td>
<td>Tue</td>
<td>Jul 9</td>
<td>5:30-6:30pm</td>
<td>All Ages</td>
<td>WP</td>
<td>62</td>
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<tr>
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<td>Jul 10</td>
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<tr>
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<td>Grades 6-12</td>
<td>PRWP</td>
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<tr>
<td><em>CRIS Healthy Aging Dementia Workshop</em></td>
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<td>10-11am</td>
<td>Age 60+</td>
<td>PRC</td>
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<tr>
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<tr>
<td>Injury Screening with Athletico</td>
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<td>5:30-7pm</td>
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<td>PRC</td>
<td>60</td>
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<td>All Ages</td>
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<td>Play Day in the Park</td>
<td>Thu</td>
<td>Jul 11</td>
<td>5:30-7pm</td>
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### AUGUST

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<th>Age</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Folk &amp; Roots Friday</td>
<td>Fri</td>
<td>Aug 2</td>
<td>12-1pm</td>
<td>All Ages</td>
<td>LH</td>
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<tr>
<td>Yoga in the Park</td>
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<td>9-10am</td>
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<tr>
<td>Crystal Lake Park Art Fair</td>
<td>Sat-Sun</td>
<td>Aug 3-4</td>
<td>10-4pm</td>
<td>All Ages</td>
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<td>FRESH Crew Volunteer Stewardship Day</td>
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<td>Grades 6-12</td>
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<td>Aug 10</td>
<td>9-10am</td>
<td>All Ages</td>
<td>MP</td>
<td>20</td>
</tr>
<tr>
<td>Connecting You to Nature Hike</td>
<td>Tue</td>
<td>Aug 13</td>
<td>5:30-6:30pm</td>
<td>All Ages</td>
<td>PRWP</td>
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<tr>
<td>Tai Chi in the Park</td>
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<td>Age 15+</td>
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<tr>
<td>Injury Screening with Athletico</td>
<td>Thu</td>
<td>Aug 15</td>
<td>5:30-7pm</td>
<td>Age 15+</td>
<td>PRC</td>
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<tr>
<td>Folk &amp; Roots Friday</td>
<td>Fri</td>
<td>Aug 16</td>
<td>12-1pm</td>
<td>All Ages</td>
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<td>Yoga in the Park</td>
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<tr>
<td>Zumba in the Park</td>
<td>Sat</td>
<td>Aug 17</td>
<td>10:30-11:30am</td>
<td>All Ages</td>
<td>MP</td>
<td>20</td>
</tr>
<tr>
<td>FRESH Teen Hangout Zone</td>
<td>Fri</td>
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<td>3:30-6pm</td>
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<tr>
<td>Play Day in the Park</td>
<td>Thu</td>
<td>Aug 29</td>
<td>5:30-7pm</td>
<td>All Ages</td>
<td>IE</td>
<td>21</td>
</tr>
</tbody>
</table>

### Locations

- **LP** Larson Park
- **LH** Lake House in CLP
- **MIC** Meadowbrook Interpretive Center
- **MP** Meadowbrook Park
- **PRC** Phillips Recreation Center
- **PRWP** Perkins Road Wet Prairie
- **SRP** South Ridge Park
- **VP** Victory Park
- **WP** Weaver Park
BIRTHDAY PARTIES

Anita Purves Nature Center Parties
$138 (1-15 children); $5 each additional child
$100 refundable damage deposit due when booking

Celebrate a birthday at the nature center with a themed program! You will get a 2½ hour room rental including a 45-60 minute kids' program packed with games, activities, and sometimes a live animal. Following the program, use the room to open gifts and eat treats you bring. The birthday child will receive a gift certificate to the Nature Shop. To request a party, call 217-384-4062 at least three weeks before your desired party date. Parties are not available May-August.

Nature Birthday Party Themes
- Mud Kitchen Party (ages 4+)
- Creepy Crawly Bugs Party (ages 4+)
- Reptiles Party (ages 4+)
- Dino-mite Party (ages 4+)
- Owls Party (ages 5+)
- Nature Scavenger Hunt Party (ages 5+)
- Going Batty Party (ages 6+)
- Campfire Party (ages 9+)
- Custom Party
  (additional fees apply; 4-weeks' notice required)

Brookens Gym Rentals:
$110/2 hours ($45 per additional hour)
$250 deposit for scoreboard use
All Ages

Use Urbana Park District athletic equipment and the gym for games and fun, and use adjacent space to serve treats you supply. Reserve your rental at least two weeks in advance by completing an application and making a full payment. $100 damage deposit is due at time of request. Two-hour minimum on parties. Call 217-255-8601 for more information.

Urbana Indoor Aquatic Center Rentals
$100 refundable damage deposit due at booking

Rent the Urbana Indoor Aquatic Center and have access to the pool(s), party area, and general use of the facility. Lifeguards will be provided.

For groups of more than 60, please speak with the Aquatics Coordinator at 217-384-7665.

Once you complete your paperwork and pay the deposit fee, the staff will review your request. Your party rental IS NOT APPROVED until confirmed by email or phone call from the Aquatics Coordinator.

<table>
<thead>
<tr>
<th>Number of Guests</th>
<th>1-15</th>
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<tr>
<td>1</td>
<td>$72/hr</td>
<td>$110/hr</td>
</tr>
<tr>
<td>2</td>
<td>$116/hr</td>
<td>$154/hr</td>
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Phillips Recreation Center Parties
$125 (Up to 8 children); Add extra items or upgrade to a Complete Party for additional fees

Request a date and select the theme. Extra items are available for additional fees, including piñatas and balloon bouquets. Request your party at least three weeks in advance by submitting an application to the Phillips Recreation Center. Party approval is subject to building and staff availability. Call the Community Program Coordinator at 217-367-1544 for additional information.

Parties are available Saturdays and Sundays, October-April from 1-3pm or 2-4pm. They are not available May-September.

Phillips Recreation Center Birthday Party Themes
- Pirate Party (Ages 6-8)
- A Birthday to “Dye” For (Ages 8-15)
- Ooze, Gooze, & Fun (Ages 6-10)
Or create a Custom Party for an additional $50

Essentials Party
Includes Party Leaders, Activities, & Decorations
$125 - Up to 8 Children
$185 - 9-16 Children

Complete Party
Includes Essential Party plus Cake, Ice Cream, Drinks, Tableware, & Goody Bags
$185 - Up to 8 Children
$250 - 9-16 Children
**SPLASH Afterschool Leader or Supervisor**
*Volunteer & paid positions available*

SPLASH is an Urbana Middle School Program designed to provide academic support, STEAM classes, and enrichment classes for middle school students. You will assist the students with developing and strengthening academic, physical, and social skills by planning and running recreational and educational programs. Hours may vary on Monday-Thursday between 2:30-6pm. To learn more about SPLASH, visit: [usd116.org/grantbasedprograms/](http://usd116.org/grantbasedprograms/)

Please contact the Phillips Recreation Center at 217-367-1544 or email info@urbanaparks.org with any questions or interest in the roles.

*Note: Applicants must pass a background check prior to volunteering/working with SPLASH.*

---

**UrVANa Mobile Recreation Volunteer**
*Volunteer & paid positions available*

Volunteer with UrVANa! UrVANa is Urbana Park District’s mobile recreation unit that travels throughout the Urbana community to bring park district activities directly to our residents, free-of-cost; including but not limited to crafts, sports, music, environmental education, sensory and wellness activities. UrVANa appearances frequently take place on weekends and evenings, and require a team of volunteers and staff to help with event setup and tear-down, to engage with the general public (often children) in various recreational settings, and to represent the Urbana Park District’s ‘You Belong Here’ philosophy through actions and conversation.

Please contact Jameel Jones at 217-357-1544 or email jjones@urbanaparks.org with any questions or interest in the role.

*Note: Applicants must pass a background check prior to working with UrVANa.*

---

**Environmental Programs Volunteer**

Hone your natural history knowledge and leadership skills and make a difference to thousands of children who engage in environmental education programs each year. Share the excitement of teaching while exploring Busey Woods, Weaver Park, and Meadowbrook Park’s Spomer Prairie.

Do you love being outdoors and want to share your passion for the environment? Join us as an environmental education volunteer! Help with school field trips, forest school, and other environmental special events. No experience required. For more information, call 217-384-4062.

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**Monday & Wednesday Workdays**

*April-September, 9-11am, Various Locations*

During these two-hour sessions you might plant trees or flowers, collect or scatter seed, remove nuisance plants, maintain trails, and pick up trash as needed. Email Matt Balk at mjbalk@urbanaparks.org to join the e-mail list for location announcements.

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**Become a Natural Area Site Steward**

Want to help improve nature but don't know how? Email Matt Balk at mjbalk@urbanaparks.org with your favorite Urbana Park District natural area, and we can match you with a project. Year-round opportunities are available, from nature observer to nuisance plant remover. No experience necessary.

---

**SPLASH Afterschool Leader or Supervisor**
*Volunteer & paid positions available*

SPLASH is an Urbana Middle School Program designed to provide academic support, STEAM classes, and enrichment classes for middle school students. You will assist the students with developing and strengthening academic, physical, and social skills by planning and running recreational and educational programs. Hours may vary on Monday-Thursday between 2:30-6pm. To learn more about SPLASH, visit: [usd116.org/grantbasedprograms/](http://usd116.org/grantbasedprograms/)

Please contact the Phillips Recreation Center at 217-367-1544 or email info@urbanaparks.org with any questions or interest in the roles.

*Note: Applicants must pass a background check prior to volunteering/working with SPLASH.*
## GENERAL CAMP INFORMATION

- All campers must be toilet trained unless limited by a disability.
- Participants will be the correct age for camp enrollment by September 1, 2024.
- Would your child benefit from an aide at camp? See page 34 for more information.
- The District uses a secure, paperless system called ePACT to organize and secure your camper’s information. Account creation and form submissions are required prior to the start of the camp session. The email address used to register will be the ePACT username. An email from ePACT for account creation will be sent at least two weeks prior to your first session of camp. Assistance navigating this system is available once registered. If you do not have access online, we also have devices available to get your account set up. Please call 217-384-4062.
- Camps may be canceled for severe or threatening weather. No refunds are issued for weather-related cancellations.
- A child cannot be registered for a camp without deposit payment, but full payment is preferred at registration. A payment plan option is available for in-person or online registration (see page 34). When registering by phone credit card payment in full is required.
- Camps may fill so a waitlist occurs on a first-come, first-served basis. If a spot becomes available, staff will notify you. Payment will only be required if your camper is enrolled.

## Summer Camps at a Glance

<table>
<thead>
<tr>
<th>Dates</th>
<th>Camp Name</th>
<th>Age</th>
<th>Location</th>
<th>Times (M-F)</th>
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<tr>
<td>May 28-May 31</td>
<td>School’s Out for Summer</td>
<td>6-12</td>
<td>Phillips Recreation Center</td>
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<td></td>
<td>Preschool Arts Camp</td>
<td>3-5</td>
<td>Phillips Recreation Center</td>
<td>8:30am-12pm</td>
<td>36</td>
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<td></td>
<td>Preschool Nature Camp</td>
<td>3-5</td>
<td>Anita Purves Nature Center</td>
<td>8:30am-12pm</td>
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<td>June 3-Aug 9</td>
<td>Nature Day Camp*</td>
<td>6-12</td>
<td>Anita Purves Nature Center</td>
<td>7:30am-3pm</td>
<td>37-38</td>
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<tr>
<td></td>
<td>Extended Nature Day Camp*</td>
<td>6-12</td>
<td>Anita Purves Nature Center</td>
<td>3-5:30pm</td>
<td>37-38</td>
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<tr>
<td></td>
<td>Summer Arts Camp</td>
<td>6-12</td>
<td>Phillips Recreation Center</td>
<td>7:30am-3pm</td>
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<td></td>
<td>Extended Summer Arts Camp</td>
<td>6-12</td>
<td>Phillips Recreation Center</td>
<td>3-5:30pm</td>
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<td></td>
<td>Sports Camp</td>
<td>6-12</td>
<td>Brookens Gym</td>
<td>7:30am-3pm</td>
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<td></td>
<td>Extended Sports Camp</td>
<td>6-12</td>
<td>Brookens Gym</td>
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<td>July 8-26</td>
<td>Camp FRESH</td>
<td>12-15</td>
<td>Lake House in Crystal Lake Park</td>
<td>7:30am-3pm</td>
<td>38</td>
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</table>

*August 5-9 Nature Day Camp and Extended Nature Day Camp are under Wild Child Survival Camp on page 32.
1. Early registration is advised due to the popularity of camps and the limited number of spaces available.
2. Camp registration is required one week prior to the start of each session. Late registration is at the discretion of the camp coordinator.

**Extended Camp Drop-In**

*Monday-Friday, 3-5:30pm | All Registered Full-Day Campers | $17 per camper per day*

The Extended Camp Drop-In option is perfect for adults of full-day campers who are occasionally unable to pick up children by 3pm, but not often enough to enroll campers in a full session of Extended Camp. Space permitting, you may register your child for a single day or multiple days. Please contact office staff as soon as you know the days that you need to enroll as this is a first-come, first-served program. Once space is confirmed, payment is due upon enrollment.


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**I HAVE MORE THAN ONE CHILD IN CAMP. IS THERE A DISCOUNT?**

Yes! Families with more than one child enrolled during the same session can receive a discount of $14 per session per each additional child. Multiple-child discounts are only available over the phone or in person, not online.

**HOW DO I TRANSFER A CHILD FROM ONE CAMP TO ANOTHER?**

You may transfer a child to another camp, space permitting, if you make the request prior to the session deadline. Fee differences, if applicable, are due at time of transfer. Call the Phillips Recreation Center at 217-367-1544.

**I NEED ASSISTANCE AFFORDING CAMPS. ARE THERE SCHOLARSHIPS AVAILABLE?**

Possibly. Scholarship requests may be submitted when registration opens and must be received no later than two weeks before the program’s deadline. Space is not guaranteed, and a spot is not saved for your child until we receive payment or the $25 deposit. The regular camp payment schedule still applies.

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**Extended Camp Drop-In**

*Monday-Friday, 3-5:30pm | All Registered Full-Day Campers | $17 per camper per day*

The Extended Camp Drop-In option is perfect for adults of full-day campers who are occasionally unable to pick up children by 3pm, but not often enough to enroll campers in a full session of Extended Camp. Space permitting, you may register your child for a single day or multiple days. Please contact office staff as soon as you know the days that you need to enroll as this is a first-come, first-served program. Once space is confirmed, payment is due upon enrollment.


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**I HAVE MORE THAN ONE CHILD IN CAMP. IS THERE A DISCOUNT?**

Yes! Families with more than one child enrolled during the same session can receive a discount of $14 per session per each additional child. Multiple-child discounts are only available over the phone or in person, not online.

**HOW DO I TRANSFER A CHILD FROM ONE CAMP TO ANOTHER?**

You may transfer a child to another camp, space permitting, if you make the request prior to the session deadline. Fee differences, if applicable, are due at time of transfer. Call the Phillips Recreation Center at 217-367-1544.

**I NEED ASSISTANCE AFFORDING CAMPS. ARE THERE SCHOLARSHIPS AVAILABLE?**

Possibly. Scholarship requests may be submitted when registration opens and must be received no later than two weeks before the program’s deadline. Space is not guaranteed, and a spot is not saved for your child until we receive payment or the $25 deposit. The regular camp payment schedule still applies.

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*Monday-Friday, 3-5:30pm | All Registered Full-Day Campers | $17 per camper per day*

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Possibly. Scholarship requests may be submitted when registration opens and must be received no later than two weeks before the program’s deadline. Space is not guaranteed, and a spot is not saved for your child until we receive payment or the $25 deposit. The regular camp payment schedule still applies.
CAN I PAY FOR CAMP IN INSTALLMENTS USING A PAYMENT PLAN OPTION?

You can! The Payment Plan Option is only available for registration in person or online; phone registration is only available once we have a completed automatic payment plan form. If you choose to pay in installments, a $25 per camper, per session, nonrefundable registration deposit is required. This deposit will be applied to the full payment of the camp fee.

A payment plan authorization form is required allowing the District to make scheduled withdrawals from your checking account or credit card. The payment plan schedule is established by the Urbana Park District for the remaining balance. Payments will be debited two weeks before the first day of the camp session. If an automatic payment is declined for any reason, payment must be received by Wednesday at 5pm of the same week to avoid unenrollment.

MY CAMPER NEEDS SPECIAL/INCLUSION SERVICES. HOW DO I REQUEST THEM?

Champaign Urbana Special Recreation (CUSR) offers free inclusion services for District programs. Participants do not need to have an IEP or 504 to qualify for inclusion services. Upon an initial assessment, services that are deemed appropriate based on each individual may be provided. If needed, a one-on-one aide may be available to work with participants. When registering, please complete the ADA information section as needed on the registration form. If you register online you must contact the Phillips Recreation Center at 217-367-1544 to arrange services. Services should be requested as early as possible and are on a first-come, first-served basis.*Inclusion services may be limited at this time. Due to staffing availability, Inclusion Assistants cannot be guaranteed.

I RECEIVE ASSISTANCE FROM CCRS (CHILD CARE RESOURCE SERVICE). WHAT DO I NEED TO KNOW ABOUT CAMP REGISTRATION?

A $10 deposit per child per session will be required to save a spot. These deposits will be refunded at the end of the summer as long as attendance requirements are met. Due to the cost of camps and CCRS restrictions, extended camps may not be covered by CCRS. If you would like to register for these camps, you will need to sign up for the regular payment plan. An approval letter for the Urbana Park District or payment in full will be required by the Thursday before a camp begins in order for your child to attend. You are responsible for any remaining balance after CCRS. Once your letter is received, payment must be made or a payment plan set up with the Office Specialist I within 1 week for your child to continue attending camp.

Who Should I Call with Questions about A Specific Camp Program?

Sports Camps
  • Athletics Coordinator: 217-255-8601
Arts Camps & School’s Out for Summer
  • Community Program Coordinator: 217-367-1544
Nature Camps & Wild Child Survival Camp
  • Environmental Public Program Coordinator: 217-384-4062

JC Program, Camp FRESH, & CIT Program
  • Environmental Education Coordinator: 217-384-4062
Registration, Scholarships, CCRS, & Camp Payments
  • Recreation Office Staff: 217-367-1544
ePact Camper Information System
  • Environmental Office Manager: 217-384-4062
School’s Out for Summer

Meets Tuesday-Friday from 7:30am-5:30pm
(Sign up for individual dates desired)
Phillips Recreation Center
Ages 6-12

Travel around town to see what Urbana-Champaign has to offer while hanging out with old and new friends! Each day will feature different games and activities. You’ll ride the MTD to our field trip locations. All movies rated G or PG. Be sure to bring your lunch, swimsuit, sunscreen, and towel each day—we may get very messy and wet! An afternoon snack will be provided. Any days when Urbana School District classes are in session, camp will be canceled.

<table>
<thead>
<tr>
<th>SEB Cost</th>
<th>EB Cost</th>
<th>Regular Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>$45R/$68NR</td>
<td>$48R/$72NR</td>
<td>$51R/$77NR</td>
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<table>
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<th>Camp Day</th>
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<td>193</td>
</tr>
<tr>
<td>F, May 31</td>
<td>May 24</td>
<td>194</td>
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</table>

Sports Camp

Monday-Friday, 7:30am-3pm
Brookens Gym
Ages 6-12

Kids will enjoy a variety of fun activities involving sports and games, while making new friends in an active environment. Campers are instructed on a variety of sports activities, participate in competitions, and go on trips. Camp includes two afternoons a week of free swim at the Crystal Lake Park Family Aquatic Center. Campers ride MTD buses for field trips. Campers must bring a morning snack, lunch, and water bottle daily. Must also bring a swimsuit and towel on swim days. Campers should wear tennis shoes daily.

<table>
<thead>
<tr>
<th>Session</th>
<th>Date</th>
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<tbody>
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<td>Jun 10-14</td>
<td>June 3</td>
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<td>10</td>
<td>Aug 5-9</td>
<td>July 29</td>
<td>210</td>
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</table>

Extended Sports Camp

Monday-Friday, 3-5:30pm
Brookens Gym
Ages 6-12

Children registered for Sports Camp can add extended camp and stay for more camp fun until 5:30pm. Campers must bring an additional snack. Participants must be enrolled in the corresponding session of Sports Camp.

<table>
<thead>
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<td>Aug 5-9</td>
<td>July 29</td>
<td>220</td>
</tr>
</tbody>
</table>

See page 33 for fees.

*There are no camps on Wednesday, June 19 or Thursday, July 4.
Art Camp Themes and Information
Each camper will learn new art terms and techniques and gain valuable friendships. Drop off begins at 7:30am with official activities beginning between 8:30 and 9am. Be sure to dress for mess. Campers will ride MTD buses for field trips, have open play time at the Phillips Recreation Center playground, and swim up to twice a week. Please provide a lunch and snack daily. Each child receives an Arts Camp T-shirt.

Preschool Arts Camp
*Monday-Friday, 8:30am-12pm
Phillips Recreation Center
Ages 3-5, must be toilet trained
Young artists will develop their visual and performing arts skills in this exciting camp just for 3-5 year old campers. Each session will include hands-on art exploration as well as play-based learning and recreation in a small group setting. This camp is for children who no longer require a napping period during the day.

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<td>178</td>
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</tbody>
</table>

Cost
EB EB Cost: $75R/$113NR $60R/$90NR
REG Reg Cost: $80R/$120NR $64R/$96NR

Summer Arts Camp
*Monday-Friday, 7:30am-3pm
Phillips Recreation Center
Ages 6-12
Budding artists focus on the visual and performing arts. Each session will have a virtual art show posted online.

<table>
<thead>
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<td>10</td>
<td>Aug 5-9</td>
<td>July 29</td>
<td>156</td>
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</tbody>
</table>

Extended Summer Arts Camp
*Monday-Friday, 3-5:30pm
Phillips Recreation Center
Ages 6-12
Summer Arts Campers can extend their day with these afternoons of general recreation activities, swimming and more. Structured and unstructured activities will be offered, including games, sports, movies, quiet play, playground time and a daily snack. We swim up to twice a week. Extended Camp ends at 5:30pm. Participants must be enrolled in the corresponding session of Summer Arts Camp.

<table>
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<td>1</td>
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<td>May 28</td>
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<td>2</td>
<td>Jun 10-14</td>
<td>June 3</td>
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<td>3</td>
<td>Jun 17-21</td>
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<td>182</td>
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</tbody>
</table>

*There are no camps on Wednesday, June 19 or Thursday, July 4. See page 33 for fees.
Nature Camp Themes and Information

Nature Camp gives children opportunities to discover, connect with, and ask questions about nature. Campers are divided into separate groups and spend their days exploring the outdoors during weekly themed sessions. Leaders guide hands-on investigations, field trips and more. Traditional summer camp activities like songs, games, crafts, and swimming are also offered. Each camper receives a Nature Day Camp T-shirt. Please dress your child for mess and bring a refillable water bottle daily.

<table>
<thead>
<tr>
<th>Session</th>
<th>Date</th>
<th>Theme</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Jun 3-7</td>
<td>Woodlands</td>
<td>Get up-close and personal with Busey Woods as we explore and discover different parts of our surroundings each day.</td>
</tr>
<tr>
<td>2</td>
<td>Jun 10-14</td>
<td>STEAM Week</td>
<td>Explore how Science, Technology, Engineering, Art and Math can connect us with nature through inquiry and discovery!</td>
</tr>
<tr>
<td>3</td>
<td>Jun 17-21*</td>
<td>Wetlands</td>
<td>Visit different wetland habitats in the park district and compare the different kinds of life we can find!</td>
</tr>
<tr>
<td>4</td>
<td>Jun 24-28</td>
<td>Space &amp; Sky</td>
<td>Put your eyes to the skies as we learn about the atmosphere and beyond!</td>
</tr>
<tr>
<td>5</td>
<td>Jul 1-5*</td>
<td>Paws, Claws, &amp; Jaws</td>
<td>From prehistoric beasts to modern predators, animals have unique adaptations that allow them to survive. Join in this week to focus on creatures that are fast, formidable, and ferocious.</td>
</tr>
<tr>
<td>6</td>
<td>Jul 8-12</td>
<td>Myths, Legends, &amp; Lore</td>
<td>Nature and animals are the subjects of many fables and folktale. This week we'll bring the fantastic to life!</td>
</tr>
<tr>
<td>7</td>
<td>Jul 15-19</td>
<td>Fungi &amp; Decomposers</td>
<td>Get down with decomposers to discover the importance of these ecosystem engineers!</td>
</tr>
<tr>
<td>8</td>
<td>Jul 22-26</td>
<td>Buggy Blitz</td>
<td>Insects, spiders, slugs and bugs—search and learn what makes invertebrates such important members of the biological community.</td>
</tr>
<tr>
<td>9</td>
<td>Jul 29 - Aug 2</td>
<td>Around the World</td>
<td>The world will be our stage as we explore the many cultures, communities, and environments on Earth.</td>
</tr>
</tbody>
</table>

*No camps on Wednesday, June 19 or Thursday, July 4.

Nature Day Camp

**Monday-Friday, 7:30am-3pm**
**Anita Purves Nature Center & Crystal Lake Park**
**Ages 6-12**

Campers will explore nature and the environment as they play and learn outdoors. Children are divided into smaller groups, each with a different camp leader. Drop off is from 7:30-8:30am with kids' choice activities. Scheduled group activities begin at 8:30am. Campers must bring a morning snack, lunch, and water bottle daily.

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<td>Jul 29 - Aug 2</td>
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</table>

Extended Nature Day Camp

**Monday-Friday, 3-5:30pm**
**Anita Purves Nature Center & Crystal Lake Park**
**Age 6+**

Nature Day and Camp FRESH campers can end the day with various supervised recreational activities. Play games, make crafts, go swimming and more. **Participants must be enrolled in the corresponding session of Nature Day Camp or Camp FRESH.**

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</tbody>
</table>

See page 33 for fees.
Wild Child Survival Camp
**Monday-Friday, Aug 5-9, 7:30am-3pm**
Anita Purves Nature Center
Ages 6-12

*See page 33 for fees.*
In this adventure-based outdoor camp, your child will learn skills that promote independence and critical thinking such as building campfires and debris shelters, orienteering, identifying plants and animals, and more. Campers will also take field trips, swim, and enjoy some general recreation activities throughout the day. Drop-off will be from 7:30 to 8:30 and pickup from 4:30 to 5:30. Dress your child in closed-toed shoes, long pants, and clothing that can get dirty. Bring a lunch, snacks, and a refillable water bottle daily.

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<td>10</td>
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<td>July 29</td>
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Extended Wild Child Survival Camp
**Monday-Friday, Aug 5-9, 3-5:30pm**
Anita Purves Nature Center
Ages 6-12

*See page 33 for fees.*
Wild Child campers can end the day with various supervised recreational activities. Play games, make crafts, go swimming and more. *Participants must be enrolled in Wild Child Survival Camp.*

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Camp FRESH!
**Monday-Friday, 8am-3pm**
Crystal Lake Park Lake House
Age 12-15

Camp FRESH offers teens a unique look at the Urbana-Champaign community. Camp is held in the Lake House in Crystal Lake Park in Urbana where campers will enjoy boating, fishing, and picnicking. Campers ride MTD for activities and field trips all around Urbana-Champaign. This camp is a great way to meet new friends and try new things! Drop off is from 8-8:30am at the Lake House; scheduled group activities begin at 8:30am. See Extended Nature Day Camp on page 37 for a longer camp day.

*Looking for more activities for teens? See page 52.*

<table>
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<th>Date</th>
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<th>EB Deadline</th>
<th>Cost</th>
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*There are no camps on Wednesday, June 19 or Thursday, July 4.*
Aquatic Programs

Urbana Park District Swim Lessons
Early registration is encouraged. A waitlist may be started for programs that fill quickly. Swim lessons take place at the Crystal Lake Park Family Aquatic Center.

Multiple Student Discount: Enroll more than one child in swim lessons and receive a $5 discount for each additional child.

Toddler & Me Swim Lessons
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According to Illinois Health Code, all children wearing diapers must also wear plastic pants over them or wear a "swim diaper." This is to help prevent the spread of infectious disease through fecal accidents. Swim diapers are available for $1 at the entrance.

How do I know where to place my child for swim lessons?
During the first class of each session, instructors and coordinators will evaluate the child’s swim skills and place them in the appropriate level.

6-18 Months

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
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18-36 Months

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• **EB** - Early Bird; An early registration deadline with a discounted fee
• **R** - Resident; Individuals living within the boundaries of the Urbana and Champaign Park Districts
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**Urbana Park District Swim Lessons**

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**6-18 Months**

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Beginner Swim Lessons

These lessons are designed to introduce swimmers to the water. They will work on being comfortable in the water through play and skills, and learn lead-up swimming skills such as front and back floats, kicking, arm movements, and blowing bubbles. Swim lessons take place at the Crystal Lake Park Family Aquatic Center.

<table>
<thead>
<tr>
<th>Day</th>
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Intermediate Swim Lessons

Children will work on side breathing and diving. They will learn the arm movements and kicks for breaststroke and butterfly strokes, work on their endurance for all 4 strokes, and work on being able to swim longer distances. Swim lessons take place at the Crystal Lake Park Family Aquatic Center.

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Junior Lifeguard Program

*EB Cost: $35R/$52NR | Regular Cost: $44R/$66NR
EB Cost: $40R/$60NR | Regular Cost: $50R/$75NR

*EB Cost: $44R/$66NR | Regular Cost: $54R/$81NR
EB Cost: $50R/$75NR | Regular Cost: $62R/$93NR

July 15-19, 9am-12pm
Crystal Lake Park Family Aquatic Center
Age 12+

Learn basic lifeguarding skills, including lifeguard rescues, whistle codes, shift procedures, CPR/First Aid and more! Participants will receive CPR and first aid certifications with completion of this course. Please email Jennifer if you have any questions about this program to jmierenhausen@urbanaparks.org.

<table>
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Swim Clinic (Age 13+)
This program is for those who can swim 25 yards consistently. All of the coaches leading this program have had extensive experience in the field. They all want to help you improve your stroke and performance in the water. This is not a “learn to swim” clinic. Competitive swimming technique, including starts, turns, streamlining, “wall work”, etc will be taught. Triathlon/long distance swimmers will also benefit from this clinic by becoming more efficient and faster. **Register early, this class fills fast! No Class Jun 15, July 13 & 20**

<table>
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<th>Date</th>
<th>Time</th>
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Private Coaching
**Crystal Lake Park Family Aquatic Center | All ages**
These 30 Minute Lessons at Urbana Indoor Aquatic Center are focused, one-on-one training with area elite swim instructors. Turn your weaknesses into strengths, improve your skills, and gain confidence. Cost is per lesson. Please contact the Swim Lessons Coordinator with questions or to request a coach. No online registration. Private coaching lessons require at least 24 hours advanced notice of cancellation or no credit will be given. Contact a shift manager if you need to cancel. If 24 hours advance notice is not given, you will forfeit that lesson.

<table>
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<th># of Students</th>
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<td>2 Student</td>
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Basic Water Exercise
**Tuesday & Thursday, 6:10-7am**
**Crystal Lake Park Family Aquatic Center**
**Age 15+**
Try this fun way to burn fat, tone your muscles and keep your heart healthy. Sample aerobic moves, water walking, water strengthening and much more. This invigorating exercise routine takes place in shallow water. **No class July 4**

<table>
<thead>
<tr>
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Deep Water Aerobics
**Mondays, Wednesdays, & Fridays**
**or Mondays & Wednesdays**
**or Tuesdays & Thursdays**
**Crystal Lake Park Family Aquatic Center**
**Age 15+**
This class is a deep-water workout suitable for all ages and levels of fitness that will challenge both the cardiovascular and muscular systems. Combining aerobic conditioning (and calorie burning!) with strength training, muscular endurance and flexibility, this class is a great way to get fit and toned while having fun! Typical workouts include swimming, water walking, water jogging and invigorating non-impact deep-water exercises in the deep end of the pool. Basic swimming skills are needed. Exercise equipment is provided. **No class May 27, June 19, or July 4**

<table>
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Basic Water Exercise
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<th>Cost</th>
<th>Deadline</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>May 28-Jul 18</td>
<td>$42R/$63NR</td>
<td>May 14</td>
<td>$33R/$80NR</td>
<td>May 21</td>
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<td>Jul 23-Aug 29</td>
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<td>July 9</td>
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<td>July 16</td>
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Day  | Date          | Time      | Cost       | Code |
<table>
<thead>
<tr>
<th></th>
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</thead>
<tbody>
<tr>
<td>Sat</td>
<td>Jun 1-Aug 10</td>
<td>8am-9:30am</td>
<td>$88R/$132NR</td>
<td>472</td>
</tr>
</tbody>
</table>

Private & Semi-Private Swim Lessons
**Crystal Lake Park Family Aquatic Center | All ages**
4 Lessons/30 Minutes Each
Private and Semi-private lessons provide very individualized instruction for anyone at any age. These lessons help the student become more confident in their swimming skills. We also recommend these lessons for anyone who wishes to perfect their strokes or for those who need a little extra attention before rejoining group lessons. Contact the Swim Lessons Coordinator with questions or to request a coach. Private and semi-private lessons require at least 24 hours advanced notice of cancellation or no credit will be given. Contact a shift manager if you need to cancel. If 24 hours advance notice is not given, you will forfeit that lesson.

<table>
<thead>
<tr>
<th># of Students</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
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</tr>
<tr>
<td>2 Students</td>
<td>$101R/$152NR</td>
</tr>
<tr>
<td>3 Students</td>
<td>$122R/$183NR</td>
</tr>
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</table>

Day  | Date       | Time      | Cost       | Code |
<table>
<thead>
<tr>
<th></th>
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</thead>
<tbody>
<tr>
<td>Sat</td>
<td>Jun 1-Aug 10</td>
<td>8am-9:30am</td>
<td>$88R/$132NR</td>
<td>472</td>
</tr>
</tbody>
</table>
Aquatic Programs

Practices and local meets will be held at the Crystal Lake Park Family Aquatic Center. Practice information will be posted on rainoutline.com at least 30 minutes prior to your scheduled practice time during inclement weather.

At the end of the season, all new swimmers who have participated in three or more swim meets will receive a plaque where they can add the years as they continue to be a part of the team. Swimming at the end of the year conference requires participation in three swim meets. Head Coach is Jeff Birdsley. You may reach them with any questions at nadiators.swimteam@gmail.com.

The Nadiators website is www.nadiators.weebly.com.

Mandatory Parent Meeting
Attending this meeting is very beneficial for new members. A zoom link will be sent out once scheduled. Please email any questions to nadiators.swimteam@gmail.com.

Swim Meet Parking
Please park in the overflow parking lot during swim meets and in Crystal Lake Park. Entry will be available through the south gate.

Nadiator Prerequisites

Pre-Team (PT) - Up to 8 years old
- Completion of UPD intermediate swim lessons.*

Nadiators I (N1) - Ages 9-12
- Ability to swim 25 yards in freestyle and backstroke. Main understanding of breaststroke and butterfly, with forward progression through coaching. Ability to swim for 1 hour at practices

Nadiators II (N2) - Ages 13-18
- Ability to swim all strokes proficiently. Ability to swim for 1.5 hours at practices.

*Please see pages 39-41 for more information on swim lessons.

Practice begins June 3. No practice June 19 or July 4

<table>
<thead>
<tr>
<th>Level</th>
<th>Days</th>
<th>Time</th>
<th>EB Cost</th>
<th>EB Deadline</th>
<th>Cost</th>
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<tr>
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<td>N1</td>
<td>M-F</td>
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<td>$109R/$164NR</td>
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<td>PT</td>
<td>M-F</td>
<td>10:30-11am</td>
<td>$79R/$119NR</td>
<td>May 20</td>
<td>$99R/$149NR</td>
<td>479</td>
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</table>

Nadiators Swim Meet Schedule

Start time: 8am
Home Meets: CLPFAC
- June 8 - HOME vs. Effingham & Shelbyville
- June 22 - at Sholem
- June 29 - at Tuscola
- July 13 - HOME vs. Indiana Acres
- July 20 - HOME vs. Lincolnshire
- July 27 - CONFERENCE at Sholem
Athletic Programs

Co-Recreational T-Ball
May 13-July 3, 5:30-6:30pm
Register for MW or TuTh Practice
Games rotate practice locations & days
Ages 5-7
Have fun and learn baseball fundamentals! Beginners and more experienced players will have a great time building skills together. Confidence and skill building are stressed in this instructional program. Volunteer coaches provide instruction. One game of the season will be played under the lights at Canaday field. Parents may be asked to bring snacks to games. Practice days and site are assigned on a first come-first serve basis. No T-Ball May 27

<table>
<thead>
<tr>
<th>Day</th>
<th>Location</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>MW</td>
<td>Blair Park</td>
<td>532</td>
</tr>
<tr>
<td>MW</td>
<td>Chief Shemauger</td>
<td>533</td>
</tr>
<tr>
<td>MW</td>
<td>Weaver Park</td>
<td>534</td>
</tr>
<tr>
<td>MW</td>
<td>Ambucs West</td>
<td>535</td>
</tr>
<tr>
<td>TuTh</td>
<td>Blair Park</td>
<td>536</td>
</tr>
<tr>
<td>TuTh</td>
<td>Chief Shemauger</td>
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</tr>
<tr>
<td>TuTh</td>
<td>Weaver Park</td>
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</tr>
<tr>
<td>TuTh</td>
<td>Ambucs West</td>
<td>539</td>
</tr>
</tbody>
</table>

EB Cost | Deadline | Cost | Deadline | Code
$30R/$42NR | Apr 29 | $37R/$49NR | May 6 | 541

Pony Baseball League
AMBUCS Baseball Field
Ages 13-15
Player assessment: April 8 at 5:30pm at AMBUCS Park.
Pony League is designed for competitive play with players of all ability levels. Games begin the week of May 13 and are held on weekday evenings throughout the summer, located in Urbana and neighboring communities. Participants must be the correct age for participation by Sept 1, 2024. A copy of each participant's birth certificate must be presented in person at registration or sent by email to kamills@urbanaparks.org.

<table>
<thead>
<tr>
<th>EB Cost</th>
<th>Deadline</th>
<th>Cost</th>
<th>Deadline</th>
<th>Code</th>
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<td>March 18</td>
<td>$100R/$112NR</td>
<td>March 25</td>
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</table>

Fall Wood Bat Baseball League
Sundays, September 8-October 13
10:30am or 2:30pm double header
Prairie Park Baseball Field & other area fields
Grades 9-12
Keep your skills sharp and continue the baseball season into the fall with our wood bat baseball league. Volunteer coaches will manage the teams. All games are doubleheaders and are played on Sundays at Prairie Baseball Field or fields in the surrounding area. Teams play 12 games. Bats and jerseys are provided. NOTE: Please be sure to indicate the name of the high school you attend when registering.

<table>
<thead>
<tr>
<th>EB Cost</th>
<th>Deadline</th>
<th>Cost</th>
<th>Deadline</th>
<th>Code</th>
</tr>
</thead>
<tbody>
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<td>$126R/$138NR</td>
<td>Aug 30</td>
<td>500</td>
</tr>
</tbody>
</table>

• **EB** - Early Bird; An early registration deadline with a discounted fee
• **R** - Resident; Individuals living within the boundaries of the Urbana and Champaign Park Districts
• **NR** - Nonresident; Individuals living outside the boundaries of the Urbana and Champaign Park Districts
Fall Outdoor Youth Soccer

Practices: August 19-October 10, 5:30-6:30pm
Games: Saturday mornings, Aug 31-Oct 12
Grades 1-9

Players learn rules, soccer skills, and the value of teamwork and sportsmanship in a fun environment. All teams are coached by volunteer coaches and soccer games are held on Saturdays or weekday evenings. Sign up for your preference of practice site. Depending upon enrollment, teams may be combined, and you may not receive your first choice. If you are switched to a different location, you will be contacted by the park district. Grades 5-9 leagues may play with the Champaign Park District, and will play most games at Brookens or Dodds Soccer Complex in Champaign. Shin guards are required. No Soccer Sep 2

Required Jersey Fee - $16 (purchase jersey at Phillips)

EB Cost | Deadline | Cost | Deadline
$30R/$42NR | Jul 29 | $37R/$49NR | Aug 5

Grades
Days | Location | Code
--- | --- | ---
Grades 1-2 Co-Rec | MW | Brookens Fields | 511
MW | Carle Park | 512
MW | Chief Shemauger | 513
MW | Blair | 514
TuTh | Brookens Fields | 515
TuTh | Carle Park | 516
TuTh | Yankee Ridge School | 517
TuTh | Chief Shemauger | 518
Grades 3-4 Boys | MW | Brookens Fields | 519
TuTh | Brookens Fields | 520
Grades 3-4 Girls | MW | Brookens Fields | 521
TuTh | Brookens Fields | 522
Grades 5-6 Boys | MW | Brookens Fields | 523
TuTh | Brookens Fields | 524
Grades 5-6 Girls | TuTh | Brookens Fields | 525
Grades 7-9 Boys | MW | Brookens Fields | 526
Grades 7-9 Girls | TuTh | Brookens Fields | 527

FREE! Teen 3v3 Basketball

Friday, May 10
Registration: 3:45pm & Games Start: 4:30pm
Phillips Recreation Center
Grades 6-12

Come ready with a team of 3, or sign up for a "pick-up" list to be assigned to a team. Must be in line by 4:30pm to register. High School & Middle School will be separate brackets. Fans, friends, and families are welcome! Call 217-367-1544 with any questions.
Beginning Archery
Tuesdays and Thursdays 6:00-7:30pm
• Session 1: June 11, 13, 18, 20
• Session 2: July, 9, 11, 23, 25
Judge Webber Park
Ages 6+
Learn archery basics from members of the East Central Illinois Archers. Participants receive instruction in 3D shooting and target shooting. The class ends with a tournament.

<table>
<thead>
<tr>
<th>Session</th>
<th>EB Cost</th>
<th>Deadline</th>
<th>Cost</th>
<th>Deadline</th>
<th>Code</th>
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<tr>
<td>2</td>
<td>$27R/$39NR</td>
<td>Jun 25</td>
<td>$33R/$45NR</td>
<td>Jul 2</td>
<td>529</td>
</tr>
</tbody>
</table>

Summer Co-Rec Kickball
Thursdays, May 30-July 18, 6:30-10:30pm
Fields in Urbana
Age 15+
Mandatory Managers Meeting:
Thursday, May 23, 6pm at Brookens Gym
Our kickball league is fun and laid back, but we still like to compete. Get a team of at least four men and four women together for a six-game round-robin schedule. We end the season with a single elimination tournament. Athleticism is optional! Teams must submit a complete roster and full payment at registration.

<table>
<thead>
<tr>
<th>EB Cost</th>
<th>Deadline</th>
<th>Cost</th>
<th>Deadline</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>$179/team</td>
<td>Aug 27</td>
<td>$224/team</td>
<td>Sep 3</td>
<td>599</td>
</tr>
</tbody>
</table>

Corecreational Volleyball League
Mondays, Sep 9-Nov 25
Brookens Gym
Age 15+
Set and spike your way to victory! Get your team together for a 10-game round-robin regular season. The winning team will get a trophy and bragging rights. Games are played Monday evenings starting at 6pm. If we have an odd number of teams the season may be extended to get every team their allotted 10 games prior to the tournament. The season ends with a single elimination, first-round consolation tournament. Teams must submit a completed roster and full payment with registration. There is no online registration for this league. Please register for this activity in person or at 217-367-1544.

<table>
<thead>
<tr>
<th>EB Cost</th>
<th>Deadline</th>
<th>Cost</th>
<th>Deadline</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>$156/team</td>
<td>May 16</td>
<td>$195/team</td>
<td>May 23</td>
<td>510</td>
</tr>
</tbody>
</table>

Open Gym Pickleball
Monday-Friday, 9am-12pm, Starting August 14
Brookens Gym, $1/person at the door
Age 15+
Bring a photo ID. New Players are welcome! Open gyms may be canceled occasionally for activities. Notices will be on the Athletics page at urbanaparks.org, and signs will be posted at Brookens Gym no less than one week prior to cancellation. Schedule and location are subject to change.

District Adult Sports Code of Conduct
Participants are expected to follow all Urbana Park District rules, regulations, and this code of conduct. The following code of conduct has been developed to ensure that all participants exhibit appropriate behavior at all times. All athletic programs are intended to provide a safe and fun recreational environment for the participants.

All teams and individuals must show respect to other participants, officials and staff members, including volunteers. Respect all the equipment and the facilities/fields.
• Follow all Urbana Park District program rules and regulations.
• The use of abusive or foul language is not permitted.
• Any unnecessary physical contact towards another player, staff, coach, official, or spectator is not allowed. This also includes verbal threats/abuse.
• Participants should refrain from participation in unlawful activities.

The Urbana Park District reserves the right to suspend or remove a participant or team from a program for a violation of the code of conduct and no refunds will be given. Each situation will be evaluated on its own merit.
AGE-FRIENDLY (50 & BETTER) PROGRAMS

FREE! Rules of the Road
Thursday, June 6, 10am-12pm
Phillips Recreation Center
Age 50+
Code: 880

This free review of Illinois traffic laws and signs, held in cooperation with the Illinois Secretary of State’s Office, allows experienced drivers to polish their skills and keep on top of changing traffic laws. **Registration for the class is required**, so please register online or call the Phillips Recreation Office at 217-367-1544.

Age-Friendly Field Trip to Chicago Botanical Gardens
Tuesday, May 28, 7am-7pm
Age 50+
Cost: $74, includes snacks
Deadline: May 21
Code: 881

Join us for our annual, awe-inspiring garden trip! This year we’ve decided to try out the Chicago Botanic in Glencoe, IL. Upon arriving, we’ll soak up some of the initial sites before sitting down for a quick and delicious meal at the Garden View Cafe. After lunch, there will be an optional guided tram tour, which is a perfect way to learn the history and science of the Garden while viewing highlights including the McDonald Woods, Elizabeth Hubert Malott Japanese Garden, the Regenstein Learning Campus, and others. We’ll end our time at the Gardens by visiting the Garden Shop, which includes unique jewelry, along with the Garden’s custom collections and wellness offerings. There will be plenty of storage space under the bus for your purchased items. Please register online or call the Recreation Office at 217-367-1544.

FREE! Creative Senior Connections with Family Service
Fridays, May 10, June 14, July 5, August 9, 11am-1pm
Lake House in Crystal Lake Park
Age 50+
Code: 882

Looking for a supportive atmosphere to be yourself, share stories, and express yourself creatively? Consider joining Creative Senior Connections. This monthly group will explore creative expression through writing, visual art, rhythm, movement, drama, guided meditation and more with the goal of connecting more deeply with others, with yourself, and with your inner creativity. Engaging creatively can relieve stress, lift your self-esteem, spark deep personal growth, and promote healing. Create for the joy of the process rather than for the end product. No art experience or skill required—we are all creative beings! We would love to have you in the circle. Please feel free to bring a snack or bagged lunch. **Registration for this opportunity is required**, so please register online or call the Phillips Recreation Office at 217-367-1544.
FREE! CRIS Healthy Aging Workshop Series
Select Tuesdays, 10-11am | Phillips Recreation Center | Age 60+

There’s something new for everyone to learn in this series of educational workshops! Come to learn how to work the system to fit your needs in our Medicare Education Workshop. Discover what to look for in our Dementia Signs and Symptoms Workshop to keep yourself and loved ones safe and catch memory loss early. At our Weather Safety Workshop find out how to weatherize your home, where Heating and Cooling centers are, and how to handle extreme weather. And for those caring for their loved ones, check out our Caregiving Education Workshop for tips and tricks on how to manage stress, find resources, and coordinate family efforts, or just come for an encouraging word to keep you going. Sign up for just one or try all four! **Registration for this opportunity is required**, so please register online or call the Phillips Recreation Center at 217-367-1544.

**June 18: Medicare Workshop - Code: 884**
An educational presentation on the basics of Medicare: how it works and how it’s structured, interactions with Medicaid, how Advantage Plans work, how Enrollment periods work, how to evaluate a plan, etc. Uses material from the State Health Insurance Program (SHIP).

**July 2: Weather Safety Workshop - Code: 885**
An educational presentation on weatherization procedures and resources in case heating/cooling systems go out, including where to go in case of emergency.

**July 16: Dementia Signs and Symptoms Workshop - Code: 886**
An educational presentation on how to recognize the signs and symptoms of dementia, how to spot them in yourself or in loved ones, what to do when you suspect it may be at play.

**July 30: Caregiving Education - Code: 887**
Presentation on unpaid caregiving, including aspects like work/life balance, respite, eventual placement options, how to keep them in the home as long as possible, resources to keep things stable, how to talk to family and ask for help.

FREE! Breakfall Club with CRIS Healthy Aging
Thursday, May 23, 10-11:30am
Phillips Recreation Center
Age 60+
Code: 888

This fall injury prevention class is designed to help you learn essential skills to avoid fractures and trips to the hospital. Modeled after similar classes in Sweden and led by a Judo instructor with years of experience, Breakfall Club offers a chance to build confidence as you learn and practice ways to fall safely in a setting where you can do so with minimal risk. Just as we teach ourselves to swim to stay safe in the water, shouldn’t we also teach ourselves to fall to stay safe if we trip, stumble, or slip? Join us for lecture, demonstrations, small group drills, and of course camaraderie and fun! **Registration for this opportunity is required**, so please register online or call the Phillips Recreation Center at 217-367-1544.

FREE! Wits Workout with CRIS Healthy Aging
Fridays, May 24 & August 30, 10-11am
Phillips Recreation Center
Age 60+
Code: 889

This peer-reviewed brain health program is perfect for any older adult looking to keep their wits sharp. Developed by the University of Illinois Extension, each session embraces a unique theme to facilitate discussion on an important topic related to brain health – exercise, diet, sleep, short- and long-term memory, and many more! Come on down for a session of puzzles and intellectual challenges, get to know the group you’re playing with, and spend a little time reminiscing with new friends. **Registration for this opportunity is required**, so please register online or call the Phillips Recreation Center at 217-367-1544.
Urbana Park District Senior Club

Second Tuesday of each month
10:30am-2:30pm, potluck served at 12pm
Phillips Recreation Center
Age 50+

The Urbana Park District Senior Club gathers on the second Tuesday of every month at the Phillips Recreation Center for a meeting, potluck luncheon, and entertainment. All seniors, 50+, are welcome to join us for fun, fellowship, and a great meal. For more information about the Club or to become a member ($18 resident of Urbana and Champaign Park Districts, $21 nonresident), please give Jacob Johnston a call at 217-367-1544 or email Jacob at jrjohnston@urbanaparks.org.

Urbana Park District Senior Citizens Club Trips

This season, our Club will be going on some fabulous trips. If you'd like to stay up-to-date about Club Travel, please consider subscribing to our Lifelong Leisure newsletter. If you're interested in joining us or for questions, call Travel Chair Bobbi McEntire at 217-637-1849. Please call between 9am and 5pm Monday-Thursday or Saturday.

FREE! Age-Friendly Technology Assistance

By Appointment
Phillips Recreation Center
Age 50+

Come visit Jacob Johnston, our Community Program and Engagement Coordinator, to learn about technology basics. This could include: learning and/or setting up a new smart phone, password management, taking, storing, and sharing photos, and much more! Jacob will be providing technology education and troubleshooting, upon request.

No registration is required but appointments are! For more information or to schedule an appointment, give Jacob a call at 217-367-1544 or email him at jrjohnston@urbanaparks.org. Once Jacob has confirmed your appointment, be sure to bring your smartphone, tablet, or laptop and plenty of questions!

Join the “Urbana Park District Senior Club” Facebook Group!

If you’ve got a Facebook account, you can request to join our Facebook group.

Don’t have a Facebook? No worries! Set up an appointment with Jacob Johnston, our Community Program and Engagement Coordinator for Facebook creation, education, and a complimentary privacy-settings screening to ensure your information remains as secure as possible.

We use the page to post information about the club, its members, and important local stuff we think you ought to know, so be sure to check for updates frequently! Here’s how to join:

1. Log in to your Facebook account.
2. In the Facebook search bar (located at the top left of the screen), type “Urbana Park District Senior Club.” The group’s page will show up as the first result.
3. Click the +1 JOIN button!

A group administrator will approve your request (usually within hours) and then you may post and share information among the group!

Lifelong Leisure – Senior News

The Urbana Park District’s free senior newsletter is your go-to source for senior activities in Urbana. The newsletter is the best way to stay up-to-date on all trips, events, and programs offered through the Park District and Senior Club. Call the Recreation Office at 217-367-1544 to get your name on the mailing list. We also send the newsletter electronically, so if you’d like to save paper and postage, send an e-mail to Jacob Johnston at jrjohnston@urbanaparks.org or join directly from www.urbanaparks.org.
Flavor Principles of Ethnic Cooking with Paul Young

*Thursdays, 6-8pm | Phillips Recreation Center | Age 21+

Self-taught home cook Paul Young will deconstruct flavors from around the world. By the end of the series, you will be able to adjust flavor profiles and customize recipes like a pro!

In this series of dinner party "classes," guests will have the opportunity to watch demos and/or participate in the preparation of our feast. Come hungry and thirsty for a full two-course dinner complete with beer and/or wine tastings.

Students will leave with easy-to-follow recipes adapted for the typical home cook and contain many tips and tricks to help minimize your time in the kitchen while staying true to the spirit of the original ethnic flavors. All menu items below will use locally-sourced ingredients but are subject to change based on availability of fresh ingredients at local markets. Find draft menus and specific dishes at www.cooking-with-paul.com

June 13: Jamaican Cooking - Learn how to make a jerk seasoning blend from scratch, then use the same ingredients to flavor almost any dish. Enjoy a Jamaican cookout complete with Caribbean beers.

July 11: Greek Classics - Learn how to make almost anything taste Greek as we explore this wonderful Mediterranean cuisine. Enjoy an alfresco Greek mezze dinner complete with wine pairings and Ouzo sampling.

August 1: A Taste of Japan - Learn how easy it is to make these classic dishes from Japan and then translate those flavor principles to any dish using your favorite ingredients. Enjoy a Japanese dinner complete with sake pairings.

### June 13: Jamaican Cooking
- Theme: Jamaican Cooking
- Date: June 13
- Cost: $55R/$83NR
- EB Deadline: May 30
- Deadline: June 6
- Code: 801

### July 11: Greek Classics
- Theme: Greek Classics
- Date: July 11
- Cost: $55R/$83NR
- EB Deadline: June 27
- Deadline: July 5
- Code: 802

### August 1: A Taste of Japan
- Theme: A Taste of Japan
- Date: Aug 1
- Cost: $55R/$83NR
- EB Deadline: July 18
- Deadline: July 25
- Code: 803
**Youth Summer Theater Production: Oliver!**

**Oliver!**

*Ages 10-18 (just finished senior year of high school)*

Join Youth Summer Theatre for a full-scale musical production! Youth will attend rehearsals and perform in four live productions at Parkland's Harold and Jean Minor Theatre. Learn singing, choreography, costuming, makeup, and stage presence. Contact 217-367-1544 or info@urbanaparks.org for inquiries.

<table>
<thead>
<tr>
<th>Cost</th>
<th>Deadline</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>$110</td>
<td>May 13</td>
<td>825</td>
</tr>
</tbody>
</table>

**Auditions**

To schedule an audition, call 217-367-1544 or visit bit.ly/ystauditions24. Auditions are held at the Phillips Recreation Center. If you can't attend the scheduled times, inquire about alternative arrangements.

Auditions last approximately 45 minutes, starting every half hour, with 10 spots available per slot. If auditioning for a solo, a chorus audition isn’t necessary. Please sign up for only one time slot.

*Note: Auditions are free, but you are not guaranteed a part until you have registered for the program (see above) and paid the program fee. Registration opened on December 6, but you can wait to register until after auditions are completed. The final deadline is May 13, and roles may be recast for unregistered participants after this date.*

**Chorus Auditions**

- **Friday, Apr 19**
  - 4:00-4:45pm
  - 4:30-5:15pm
  - 5:00-5:45pm
  - 5:30-6:15pm

- **Saturday, Apr 20**
  - 10:00-10:45am
  - 10:30-11:15am

Youth will learn a number from the show and participate in group singing and dancing sessions.

**Solo Auditions**

- **Friday, Apr 19**
  - 6:00-6:45pm
  - 6:30-7:15pm
  - 7:00-7:45pm
  - 7:30-8:15pm

- **Saturday, Apr 20**
  - 11:00-11:45am
  - 11:30am-12:15pm
  - 1:30-2:15pm
  - 2:00-2:45pm
  - 2:30-3:15pm
  - 3:00-3:45pm
  - 3:30-4:15pm

Solo auditions should prepare a 32-bar or 1½-minute section of a song. Bringing sheet music is preferred; however, a backtrack connected through Bluetooth is acceptable. Acapella singers will perform what the accompanist provides.

**Call Backs**

*Sunday, April 21, 1-5pm*

Callbacks are a second audition for select candidates, typically involving script readings, dance movement auditions, and potential singing repeats. Children will receive notification if they are requested to attend callbacks.

**Rehearsals**

- **May 20-30, T/W/Th 6-8pm**
- **June 3-27, M-Th, 6:30-9:30pm**
- **July 1–12, M-F, 6:30-9:30**
- **July 13, Cue-to-Cue, 10am-9pm**
- **July 15-18, Tech Week, 5-10pm**
- **July 19-21, Performances**

Rehearsals are at the Phillips Recreation Center until Tech Week. The frequency of rehearsals varies based on scene involvement, and some participants may rehearse up to 12 hours weekly. Rehearsal times may change and increase in the weeks prior to the production, and also may include Friday, Saturday, and Sunday rehearsals. *Attendance is required for Cue-to-Cue, the entirety of Tech Week, and all performances. No rehearsals on June 19 or July 4.*

**Volunteer Training**

*Friday, April 19, drop by any time between 6-7:30pm*

Interested in volunteering with the Youth Summer Theatre program? We will have multiple opportunities for volunteer training, with the first being during auditions. Stop by anytime to discuss available opportunities with coordinators and to learn about volunteering expectations.
NEW! Junior Performers
Mondays, 5:30-7pm
Phillips Recreation Center
Ages 7-9

This class is specifically designed for those with an interest in theatre, but are just shy of the age requirement for the production. We'll create our own characters and learn how they would react in different situations as well as learn about stage directions and presence, costumes and makeup, and more! Participants and one adult will also be invited to a dress rehearsal of Oliver! **No class May 27**

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Improve Your Improv - Adult Improv Class
Tuesdays, 6:30-8pm
Phillips Recreation Center
Age 21+

Do people tell you that you're funny and you should be on stage? Have you always wanted to try improvisational theater? Learn long-form improv with an experienced improv performer and teacher! In this class you will learn long form improv and even play short-form improv games that are all designed to assist you learning and performing the art of improv like you may see at Second City in Chicago. Novice, intermediate, and experienced performers are welcome to sign up.

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Adult Daytime Tap Class with Robin
Mondays, 1:30pm-2:20pm
Phillips Recreation Center
Age 16+

Want to improve your strength, balance, and memory skills? You'll learn simple tap dance steps and short routines to wonderful music. Although a sense of rhythm helps, no previous dance experience is required, just an interest in having fun! Please note: For safety, it is important that you do not have challenges with knee or ankle joints, as this style requires frequent bending and straightening of the legs and flexing and pointing of the feet. **No class July 1**

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Adult Absolute Beginner Tap Dance Workshop
Tuesdays, 7:30-8:25pm
Phillips Recreation Center
Age 16+

Want to learn a new skill? If you are a beginner dancer and want to try tap for the first time, this class is for you! Learn basic steps and rhythm, choreography, and style. You will be amazed how much fun you can have with tap. This class is intended for those who have 3 or less years of tap dance experience. If you need help with proper class placement, please email mvlewis@urbanaparks.org.

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Adult A Capella Tap
Mondays, 2:35-3:30pm
Phillips Recreation Center
Age 16+

This fun class is designed to focus on tap dancing without music and work on tap dance rhythm and combinations. This class is intended for the more advanced tap dancers. Tap dancers with at least three years in the Adult Intermediate/Advanced Tap Dance class or equivalent tap experience with consent of the instructor. If you are interested in registering for this class, please email mvlewis@urbanaparks.org or call the Phillips Recreation Center at 217-367-1544. **No class Jun 19**

<table>
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Adult Tap Dance Workshop
Tuesdays, 6:05-7:20pm
Phillips Recreation Center
Ages 16+

This class is a mixed-level class for all Adult Intermediate and Advanced Tap Dancers, as well as students who have completed the Adult Absolute Beginner Tap Dance Workshop or have equivalent tap dance experience. This class expands on tap dance techniques and rhythms. If you need help with class placement, please email mvlewis@urbanaparks.org or call the Phillips Recreation Center 217-367-1544.

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FREE! Intermediate Ukulele Workshop  
**Thursdays, May 2-June 27, 6:30-7:30pm**  
*Phillips Recreation Center*  
**Age 18+**  
**Code: 890**  
Okay, so you're getting pretty good at the ol' ukulele? Perhaps you've mastered a handful of chords and some strumming patterns but are looking for a little more of a challenge. Well, our Intermediate Ukulele Workshops are just for you! Some of the skills you'll learn include: playing AND singing at the same time, plucking strings, and the basics of reading real sheet music. **Registration for this opportunity is required**, so please register online or call the Phillips Recreation Center at 217-367-1544. **No class Jun 13**

FREE! Champaign-Urbana Ukulele Jam  
**Wednesdays, 6:30-8pm**  
*Phillips Recreation Center*  
**Age 18+**  
The Urbana Park District is the place to be if you own a ukulele! Our weekly ukulele jam is a great way to improve or maintain your skills and make lasting friendships. The group welcomes anyone regardless of age, instrument, or ability. We sit in a circle and take turns choosing songs to play as a group, but you can pass on selecting a song if you wish. Our group plays beginner-friendly music too, so newer players are encouraged to attend. Loaner music stands and ukuleles may be available upon request.

Please consider joining our private Facebook group for weekly updates. To join, search “Champaign-Urbana Ukulele Jam” on Facebook and click the “Join” button. For any questions, please contact Jacob Johnston at jrjohnston@urbanaparks.org. No registration required, just come on by! **No Jam Jun 19**

FREE! FRESH Teen Hangout Zone  
**Select Fridays, 3:30-6pm**  
- June 28  
- July 26  
- August 23  
*Blair Park*  
**Grades 6-12**  
Get ready for an epic time at Urbana Park District’s FRESH Hangout Zones—exclusively for teens—at Blair Park this summer! Whether you’re into gaming, reading, drawing, or just chilling with friends, we’ve got you covered. Enjoy free Wi-Fi, Nintendo Switch gaming, art supplies, board games, yard games and more. Plus, there are free snacks and refreshments! Don't miss out—call the Phillips Recreation Center at 217-367-1544 for all the deets!

FRESH Crew Volunteer Stewardship Days  
**Tuesdays, June 4-August 6, 9-11am**  
**Grades 6-12**  
Join the action and make a difference in our local parks and natural areas! Dive into weekly stewardship days hosted by the park district, where teens like you can tackle invasive plants, plant native ones, maintain community gardens, harvest, clean up parks, and more. **FRESH Crew** is a great way to complete service hours and a chance to connect with the community, pick up awesome skills, gather unique experiences, and grab professional references! Stay in the loop by reaching out to Chelsea Prahl at ckprahl@urbanaparks.org or 217-384-4062.

<table>
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<td>Perkins Wet Prairie (Urbana Dog Park)</td>
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<td>June 11</td>
<td>Victory Park Solidarity Gardens</td>
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<td>Perkins Wet Prairie</td>
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<td>June 25</td>
<td>Meadowbrook Park (Race St. lot)</td>
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<td>July 2</td>
<td>Perkins Wet Prairie</td>
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<td>Crystal Lake Park (Lake House)</td>
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Friday, May 10  
**Teens 3v3 Basketball Tournament**  
*For more details, see page 44.*
Have you ever wanted to learn a foreign language, but never had the opportunity? Now is the time! Stay connected and learn from the safety and comfort of your own home via the interactive Zoom platform! The class will be tailored to the needs of the students enrolled. Taught live by a Language in Action, Inc. instructor. Zoom login information will be emailed to participants before the first class. *No class July 4

### I Speak Italian

**For Youth (Ages 3-6) - $55**

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**For Youth (Ages 7-11) - $55**

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**For Adults (Ages 18+) - $55**

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<td>Aug 14-Sep 4</td>
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### I Speak French

**For Youth (Ages 7-11) - $55**

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**For Adults (Ages 18+) - $55**

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### American Sign Language (ASL)

**Mom/Dad and me! (ages 9mo-3yrs w/ adult) - $45**

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<td>Jul 16-Aug 6</td>
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**Mom/Dad and me! (ages 3-6yrs w/ adult) - $55**

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**Learn to Sign - Youth (ages 7-11) - $55**

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**Learn to Sign - Kids (ages 12-18) - $55**

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**Learn to Sign – Adults (ages 18+) - $55**

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<td>4</td>
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<td>Aug 7</td>
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### Let’s Get Creative! Creative Writing for Kids on Zoom!

**Wednesdays, 10:30-11:30am | Ages 7-11**

Let the creative juices flow! In this fun and interactive class, kids will use their own natural talent of creativity and imagination to learn how to effectively develop and write their own stories. Each session covers different activities and topics taught by the Language in Action, Inc. instructor live on Zoom. Login information will be emailed to participants before each session.
Fitness Programs

Flexible Fitness Punch Cards
If your schedule fluctuates or you find it difficult to attend an entire session of fitness classes, try a 10-class Flexible Fitness Punch Card. Attend any class that accommodates your schedule. Passes may be used for all fitness classes in their category. Pre-registered participants get priority of class space. Passes are not interchangeable across categories. Before each class you attend, present the card to the instructor upon arrival. Punch cards do not expire. 

Land Fitness Pass - $40R/$60NR
- Boot Camp
- Cardio Drumming
- Hard Core
- H.I.I.T. Revolution
- Totally Toning
- Senior Strengtheners
- Work-it Circuit
- Zumba

Yoga/Pilates Pass - $50R/$75NR
- Flow Yoga
- Yoga for Every Body

See page 11 for Water Fitness Passes.

FREE! Fitness Week (April 29-May 3)
Try out any fitness classes absolutely free this week! It’s one way that we can say “Thanks!” to our continuing participants and “Welcome” to our new participants. So come on by, try out a class, and let us know what you think. **For the first time, Tai Chi will be included! Please note: Get Fit Where You Sit! Chair Yoga is not included.**

Flexi Pass Sale Dates: April 29-May 3
Treat yourself to better fitness this summer! Fitness punch cards help you take control of your fitness by giving you the ability to attend classes on YOUR schedule. Each card is good for 10 classes. Just give your card to the instructor at the beginning of each class to get it punched. Punch cards can be purchased in person at Phillips Recreation Center.

Land Fitness FlexiPass Sale Price: $35R/$55NR
Yoga/Pilates FlexiPass Sale Price: $45R/$70NR

- **EB** - Early Bird; An early registration deadline with a discounted fee
- **R** - Resident; Individuals living within the boundaries of the Urbana and Champaign Park Districts
- **NR** - Nonresident; Individuals living outside the boundaries of the Urbana and Champaign Park Districts

See page 11 for Water Fitness Passes.
Flow Yoga
*Monday, Wednesday, Friday 9-10am*
*Phillips Recreation Center*
*Age 15+

Join Flow Yoga with our certified Yoga Instructor who will help you enhance your body’s breathing, flexibility, balance, and body strength in flow yoga classes. Classes are a mixture of meditation, breath work and energizing movement. Based on the principles of hatha, ashtanga, and vinyasa, flow yoga can be done by anyone. Focusing on the connection between breath and movement, classes begin with gentle movements to warm up the body then move into progressively more challenging flowing sequences. Corrections are made verbally and occasionally with hands-on adjustments. All are welcome regardless of experience. **No class May 27 or June 19**

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Cardio Drumming
*Monday, 11-11:50am or Wednesday, 1-1:50pm*
*Phillips Recreation Center*
*Age 15+

Cardio drumming is a dynamic cardiovascular workout that combines rhythmic drumming, dance and music. Participants use drumsticks to tap on an exercise ball which is placed on a bucket, or risers. This is a full-body, low-impact workout suitable for all ages and fitness levels. Cardio drumming can help lower blood pressure, reduce stress, and increase endurance. Movements can be accommodated for anyone with injuries or limitations! **No class May 27, June 19, or July 4**

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<td>$27R/$41NR</td>
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Boot Camp
*Monday, Wednesday, Friday, 12-12:50pm*
*Phillips Recreation Center*
*Age 15+

Challenge yourself with this fast-paced, calorie-blasting workout. This fun and engaging class is for any fitness level, and uses elements of strength training and high-intensity cardio. Modifications are offered for beginner to advanced participants. **No class May 27 or June 19**

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</table>

Zumba™
*Monday, Wednesday, Friday 3:45-4:35pm*
*Phillips Recreation Center*
*Age 15+

Zumba is an exhilarating, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party that’s moving millions of people toward joy and health. Zumba is the world’s largest—and most successful—dance-fitness program for people of all shapes, sizes and ages. **No class May 27 or June 19**

<table>
<thead>
<tr>
<th>Date</th>
<th>EB Cost</th>
<th>Deadline</th>
<th>Cost</th>
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</thead>
<tbody>
<tr>
<td>May 6-Jun 28</td>
<td>$68R/$102NR</td>
<td>Apr 22</td>
<td>$85R/$126NR</td>
<td>May 6</td>
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<td>Jul 1-Aug 30</td>
<td>$84R/$126NR</td>
<td>Jun 17</td>
<td>$104R/$156NR</td>
<td>Jul 1</td>
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Flow Yoga
*Monday, Wednesday, Friday 9-10am*
*Phillips Recreation Center*
*Age 15+

Join Flow Yoga with our certified Yoga Instructor who will help you enhance your body’s breathing, flexibility, balance, and body strength in flow yoga classes. Classes are a mixture of meditation, breath work and energizing movement. Based on the principles of hatha, ashtanga, and vinyasa, flow yoga can be done by anyone. Focusing on the connection between breath and movement, classes begin with gentle movements to warm up the body then move into progressively more challenging flowing sequences. Corrections are made verbally and occasionally with hands-on adjustments. All are welcome regardless of experience. **No class May 27 or June 19**

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<thead>
<tr>
<th>Date</th>
<th>EB Cost</th>
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<tbody>
<tr>
<td>May 6-Jun 28</td>
<td>$80R/$120NR</td>
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Cardio Drumming
*Monday, 11-11:50am or Wednesday, 1-1:50pm*
*Phillips Recreation Center*
*Age 15+

Cardio drumming is a dynamic cardiovascular workout that combines rhythmic drumming, dance and music. Participants use drumsticks to tap on an exercise ball which is placed on a bucket, or risers. This is a full-body, low-impact workout suitable for all ages and fitness levels. Cardio drumming can help lower blood pressure, reduce stress, and increase endurance. Movements can be accommodated for anyone with injuries or limitations! **No class May 27, June 19, or July 4**

<table>
<thead>
<tr>
<th>Date</th>
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<td>Jul 1-Aug 26</td>
<td>$27R/$41NR</td>
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Boot Camp
*Monday, Wednesday, Friday, 12-12:50pm*
*Phillips Recreation Center*
*Age 15+

Challenge yourself with this fast-paced, calorie-blasting workout. This fun and engaging class is for any fitness level, and uses elements of strength training and high-intensity cardio. Modifications are offered for beginner to advanced participants. **No class May 27 or June 19**

<table>
<thead>
<tr>
<th>Date</th>
<th>EB Cost</th>
<th>Deadline</th>
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<tbody>
<tr>
<td>May 6-Jun 28</td>
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<td>Jul 1-Aug 28</td>
<td>$84R/$126NR</td>
<td>Jun 17</td>
<td>$104R/$156NR</td>
<td>Jul 1</td>
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</tbody>
</table>

Zumba™
*Monday, Wednesday, Friday 3:45-4:35pm*
*Phillips Recreation Center*
*Age 15+

Zumba is an exhilarating, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party that’s moving millions of people toward joy and health. Zumba is the world’s largest—and most successful—dance-fitness program for people of all shapes, sizes and ages. **No class May 27 or June 19**

<table>
<thead>
<tr>
<th>Date</th>
<th>EB Cost</th>
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<tr>
<td>Jul 1-Aug 30</td>
<td>$84R/$126NR</td>
<td>Jun 17</td>
<td>$104R/$156NR</td>
<td>Jul 1</td>
</tr>
</tbody>
</table>
**Tai Chi**  
*Monday, Wednesday or Tuesday, Thursday*  
*Phillips Recreation Center*  
*Age 15+*  
This class is designed to reduce stress and enhance meditation through the ancient, passive martial art of Tai Chi. This art form will strengthen your mental well-being, balance, coordination and flexibility. Our Black Belt Instructors will guide you through easy lessons that will strengthen your mind and body. As students advance through sessions they will learn: Chi Kung, Stances, kicks, and Tai Chi I, 24 movements. *No PM class May 27 or June 19; No AM class July 4*

**Totally Toning**  
*Tuesday, Thursday, 7-7:50am*  
*Phillips Recreation Center*  
*Age 15+*  
Use free weights, resistance bands, Bosu balls, TRX bands and other equipment to help develop every major muscle group. It’s an efficiently-paced, calorie-burning workout to help you reduce body fat and build muscle. *No class July 4*

<table>
<thead>
<tr>
<th>Date</th>
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<th>Deadline</th>
<th>Cost</th>
<th>Deadline</th>
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<td>Jun 18</td>
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<td>Jul 2</td>
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**Senior Strengtheners**  
*Tuesday, Thursday, 9-9:50am*  
*Phillips Recreation Center*  
*Age 15+*  
Using light weights, work every major muscle at each class and end with a relaxing routine of stretches. Increase your muscle strength, tone your body, and work on balance and flexibility. *No class July 4*

<table>
<thead>
<tr>
<th>Date</th>
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<th>Deadline</th>
<th>Cost</th>
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<td>Jun 18</td>
<td>$56R/$84NR</td>
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**Work It Circuit**  
*Tuesday, Thursday, 5-5:50pm*  
*Phillips Recreation Center*  
*Age 15+*  
Build strength and muscular endurance through this fun, energizing class. Each class will take you through a full body circuit of exercises combining a mix of resistance training and high-intensity aerobics. Exercise options are available for all fitness levels to help you reach your fitness goals. *No class July 4*

<table>
<thead>
<tr>
<th>Date</th>
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<th>Deadline</th>
<th>Cost</th>
<th>Deadline</th>
<th>Code</th>
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**H.I.I.T. Revolution**  
*Tuesday, Thursday, 12-12:50pm*  
*Phillips Recreation Center*  
*Age 15+*  
High Intensity Interval Training (H.I.I.T.) is an efficient and effective workout that will keep you burning calories long after you are done. Power through moderate to intense intervals using your own body weight and resistance equipment to improve metabolism, cardiovascular and athletic ability. Modifications are offered for all fitness levels. *No class July 4*

<table>
<thead>
<tr>
<th>Date</th>
<th>EB Cost</th>
<th>Deadline</th>
<th>Cost</th>
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**TuTh (Beginner) - 10:30-11:30am**

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**TuTh (Advanced) - 10:30am-12pm**

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<th>Cost</th>
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# Fitness Programs Schedule

**Phillips Recreation Center**

<table>
<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
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</tr>
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<tbody>
<tr>
<td>7:00am</td>
<td>Totally Toning 7-7:50am</td>
<td>Totally Toning 7-7:50am</td>
<td>Totally Toning 7-7:50am</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:00am</td>
<td>Flow Yoga 9-10am</td>
<td>Senior Strengtheners 9-9:50am</td>
<td>Flow Yoga 9-10am</td>
<td>Senior Strengtheners 9-9:50am</td>
<td>Flow Yoga 9-10am</td>
</tr>
<tr>
<td>9:30am</td>
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</tr>
<tr>
<td>10:15am</td>
<td></td>
<td>Tai Chi (10:30-11:30am-Beg.)</td>
<td>Get Fit Where You Sit! Chair Yoga 10:15-11:05am</td>
<td>Tai Chi (10:30-11:30am-Beg.) (10:30am-12pm-Adv.)</td>
<td></td>
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<tr>
<td>10:30am</td>
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<tr>
<td>11:00am</td>
<td>Cardio Drumming 11-11:50am</td>
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</tr>
<tr>
<td>12:00pm</td>
<td>Boot Camp 12-12:50pm</td>
<td>H.I.I.T. Revolution 12-12:50pm</td>
<td>Boot Camp 12-12:50pm</td>
<td>H.I.I.T. Revolution 12-12:50pm</td>
<td>Boot Camp 12-12:50pm</td>
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<tr>
<td>1:00pm</td>
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<tr>
<td>3:45pm</td>
<td>Zumba 3:45-4:35pm</td>
<td>Zumba 3:45-4:35pm</td>
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</tr>
<tr>
<td>5:00pm</td>
<td></td>
<td>Work-it Circuit 5-5:50pm</td>
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<td>5:30pm</td>
<td>Hard Core 5:30-6:20pm</td>
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<td>Hard Core 5:30-6:20pm</td>
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<tr>
<td>6:30pm</td>
<td>Tai Chi (6:30-7:30pm-Beg.) (6:30-8pm-Adv.)</td>
<td></td>
<td>Tai Chi (6:30-7:30pm-Beg.) (6:30-8pm-Adv.)</td>
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</table>

Schedule is subject to change. Visit [www.urbanaparks.org/programs/fitness-and-wellness/](http://www.urbanaparks.org/programs/fitness-and-wellness/) for the most up-to-date schedule.

Don’t forget to download the RainoutLine app to be notified when classes and events are canceled. See page 80 for more information on how to download and receive updates.
Urbana Park District’s Health and Wellness Center is located on East Washington Street (just West of Preston Williams Elementary School). This center fosters a brighter, healthier community for Urbana residents and beyond!

**Membership information will be available by Fall 2024.**

**Coming Amenities:**
- Walking Track
- Courts (pickleball, basketball, volleyball)
- Group fitness room
- Community room
- More!

For the most up-to-date information on the Health and Wellness Center, visit [www.urbanaparks.org/projects/health-and-wellness-center](http://www.urbanaparks.org/projects/health-and-wellness-center)
The wellness wheel is a visual guide to better understand the eight dimensions or areas of an individual's life that make up their overall health. The Urbana Park District offers wellness workshops led by professionals covering topics related to health and wellness periodically throughout the year. These workshops are designed to educate, engage, and motivate you to incorporate ALL areas of wellness into your everyday lives. Program titles will be accompanied by an icon to correspond with the dimension of wellness that is covered in the program.

FREE! Financial Wellness Workshop: Budgeting Basics
Thursday, July 25, 5:30-6:30pm
Phillips Recreation Center
Age 15+
Stop by to learn the value of creating a budget, strategies to build a simple budget and pay off debt. Pick up some key habits to practice and maintain financial health. Registration is recommended.

<table>
<thead>
<tr>
<th>Deadline</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>July 25</td>
<td>732</td>
</tr>
</tbody>
</table>

FREE! Walkers' Book Club
Select Tuesdays, 6-7:15pm
Age 15+
Hit your stride with the Walkers Book Club. Once a month, we invite you to join staff from Urbana Park District and The Urbana Free Library as we come together at an Urbana Park to walk together for about half an hour. Then we'll gather to drink lemonade and share what we've been reading. Of course, you can count on Library staff to bring along a several books to recommend, but we hope you'll share the best (and worst!) of what you've read lately. **Registration is recommended but not required.**

*In case of bad weather, we'll meet at Lincoln Square Mall for an indoor walk, then talk books at the Urbana Free Library.*

<table>
<thead>
<tr>
<th>Deadline</th>
<th>Location</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>May 28th</td>
<td>Crystal Lake Park: Busey Woods (meet around fire ring)</td>
<td></td>
</tr>
<tr>
<td>June 25th</td>
<td>Meadowbrook Park (meet at the Garden Pavilion, Race Street Entrance)</td>
<td>771</td>
</tr>
<tr>
<td>July 30th</td>
<td>Blair Park (meet at Pavilion)</td>
<td></td>
</tr>
</tbody>
</table>
Immerse: A Yoga Experience with Sound and Self-Reflection

*Select Sundays, 3-4:30pm*

*Lake House in Crystal Lake Park*

*Age 15+*

Join yoga instructor Vivianne Velazquez in nurturing the mind & body. Come immerse yourself in the meditative resonating sounds created by singing bowls and chimes. This is a 90-minute expedition where the practice will start with gentle yoga, flowing into a sound bath journey, and closing the session with self-reflection journaling. For a comfortable experience, we suggest bringing a blanket or extra layers for warmth, along with a water bottle and journal. **Registration is required. No Flexi Passes accepted.**

<table>
<thead>
<tr>
<th>Dates</th>
<th>Cost</th>
<th>Deadline</th>
<th>Code</th>
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<td>June 23</td>
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<td>July 21</td>
<td>$7R/$117NR</td>
<td>July 19</td>
<td>735</td>
</tr>
<tr>
<td>August 18</td>
<td>$7R/$11NR</td>
<td>August 16</td>
<td>736</td>
</tr>
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**Family Zumba Night**

*Thursday, June 13, 6-6:50pm*

*Phillips Recreation Center*

*All Ages; 15 & under with adult*

Come by this free night of fun with your whole family! Zumba instructor Kelsey will lead a family friendly dance exercise night to kick off some moving and grooving for the rest of the summer! Registration is recommended, but not required.

<table>
<thead>
<tr>
<th>Deadline</th>
<th>Code</th>
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<tbody>
<tr>
<td>June 12</td>
<td>723</td>
</tr>
</tbody>
</table>

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**FREE! Injury Screening with Athletico**

*Thursdays, 5:30-7pm*

- May 23
- June 20
- July 18
- August 15

*Phillips Recreation Center*

*Age 15+*

Urbana Park District has partnered with Athletico Physical Therapy to offer FREE monthly injury assessments! Athletico Physical Therapy staff will be at the Phillips Recreation Center to offer 20-minute free injury assessments. Athletico cannot provide free assessments for federally funded health care plans. For further questions or to reserve your appointment, please call 217-352-3330. Walk-ins are welcome!
Bike & Roll to School Day

*Wednesday, May 8*
*Various Locations*

May 8th join the fun with bicyclists, skateboarders, & anyone who rolls for C-U for Bike & Roll to School Day!

Some schools will be hosting a bike station where students and families can pick up their bike safety information, reflectors, and be greeted by U of I student athletes and elected officials.

Sign up to bike to school: [bit.ly/2024BikeAndRoll](bit.ly/2024BikeAndRoll)

Ride of Silence

*Wednesday, May 8*

The Ride of Silence will traverse and unite the globe as nothing before it. Cyclists will take to the roads in a silent procession to honor cyclists who have been killed or injured while cycling on public roadways. Although cyclists have a legal right to share the road with motorists, the motoring public often isn't aware of these rights, and sometimes not aware of the cyclists themselves.


Smart Cycling Class - Traffic Skills 101

*Saturday, June 1, 12-5pm*

Want to learn better bicycle safety skills? This two-part class will teach you emergency maneuvers, roadway safety skills and more.

- Part 1: 4.5-hour online classroom instruction available for free.
- Part 2: 4.5-hour on-bike instruction includes: basic bike handling skills, emergency maneuvers, and a supervised road ride to practice new skills.

Registration is required. To register and learn more: [bit.ly/SmartCyclingRegistration](bit.ly/SmartCyclingRegistration)

All Generations Kickapoo Rail Trail Ride

*Biweekly Friday, June 7-September 27, 5:45pm*
*Urbana Walmart KRT Trailhead*

This ride meets biweekly on Fridays at the Urbana Walmart KRT trailhead at 5:45pm. Rollout at 6:05pm. Ride out and back on the KRT as far as you like. These all-ages friendly bike rides are an ideal way to get the family out on the trail for some fun and exercise. There is no set distance or pace, just come out and meet some other people who love cycling. Any kind of bike is welcome, as well as child trailers, tag-a-longs, jogging strollers, or even training wheels. There will be some people on hand who can help lubricate chains, fill tires with air, and adjust brakes/gears prior to the ride. Helmet, water, snacks, and appropriate clothing are recommended.

To learn more contact Tom Carlson of the Prairie Cycle Club at tacarlso@gmail.com.

Community Bike Repair at Play Days in the Park

Folks from our biking community are joining us to bring bike repairs to you! Stop by any of our Play Days in the Park to get bike repair assistance and advice. For more information on the events, see [page 21](#).

Interested in more biking activities?

*Check out these cycling programs:*
- Prairie Cycle Club: [prairiecycleclub.org](prairiecycleclub.org)
- Bike Project of Urbana-Champaign: [thebikeproject.org](thebikeproject.org)
- Champaign County Bikes: [champaigncountybikes.org](champaigncountybikes.org)
Environmental Programs

**FREE! Connecting You to Nature Hikes**
Tuesdays from 5:30-6:30pm
- May 14: Meadowbrook Park  
  Meet at the Garden Pavilion - Race Street
- June 11: Busey Woods  
  Meet at the Anita Purves Nature Center
- July 9: Weaver Park  
  Meet at Main St Parking Lot
- August 13: Perkins Road Wet Prairie  
  Meet at Dog Park Parking Lot

Join staff from the Anita Purves Nature Center on hikes through district natural areas. Explore the plants, animals, and unique natural history of each preserve. Content for these informal programs is based on seasonality and group interests. **No registration required.**

**FREE! Sunday Morning Bird Walks**
Sundays, March 3-May 26, 7:30-9am
Busey Woods, Anita Purves Nature Center Lot  
**All ages (under 15 with adult)**

Walk with Champaign County Audubon Society (CCAS) leaders and search for birds in Busey Woods and Crystal Lake Park. Learn and practice basic bird watching and identification techniques. Bring a pair of binoculars or borrow one of the ten pairs that CCAS has available (first-come, first-served). Learn more at [champaigncountyaudubon.org](http://champaigncountyaudubon.org).

**Natural Areas Volunteer Opportunities**
See how you can make a difference during volunteer opportunities at District Natural Areas. Pre-registration is required for groups of 8 or more people. Call 217-384-4062. Clubs, scouts, and other groups may request their own private workday by calling the number listed above.

**Become a Natural Area Site Steward**
Want to help improve nature but don’t know how? Email Matt Balk at [mjbalk@urbanaparks.org](mailto:mjbalk@urbanaparks.org) with your favorite Urbana Park District natural area, and we can match you with a project. Year-round opportunities are available, from nature observer to nuisance plant remover. No experience necessary.

**Monday & Wednesday Workdays**
April-September, 9-11am  
Locations Vary

During these two-hour sessions you might plant trees or flowers, collect or scatter seed, remove nuisance plants, maintain trails, and pick up trash as needed. Email Matt Balk at [mjbalk@urbanaparks.org](mailto:mjbalk@urbanaparks.org) to join the e-mail list for location announcements.

- **EB** - Early Bird; An early registration deadline with a discounted fee
- **R** - Resident; Individuals living within the boundaries of the Urbana and Champaign Park Districts
- **NR** - Nonresident; Individuals living outside the boundaries of the Urbana and Champaign Park Districts
Environmental Programs

FREE! “Meadowbrook: A History” Walking Tour
Saturday, May 11, 2-4pm
Meadowbrook Park Garden Pavilion (Race St.)
Age 14+

A new book, Meadowbrook: A History by Roger Digges, tells the story of how the Urbana Park District turned a farm into an iconic park that provides a unique blend of nature, art, recreation, and learning. Join this walking tour led by the author to witness firsthand Meadowbrook Park’s rich history. Meet at the Garden Pavilion at the Race Street entrance at 2pm, and the tour will depart from there. The walk will cover approximately two miles along accessible paved paths.

Date | Deadline | Code
--- | --- | ---
May 11 | May 10 | 932

FREE! Don’t Bee Afraid
Saturday, May 18, 1-2:30pm
Anita Purves Nature Center and Busey Woods
All Ages

Join nature center staff on a search for bees and pollinators in Busey Woods. Whether you already love bees or have a fear of them, this program is for you! Knowledge and exposure can help mitigate fears, so we’ll be learning about these important animals and their contributions to our ecosystems while getting an up-close look at certain examples.

Date | Deadline | Code
--- | --- | ---
May 18 | May 17 | 933

Nature Makers: Honeysuckle Snakes
Sunday, May 12, 2-4pm
UPDAC Pavilion (Anita Purves Nature Center)
Recommended for age 3+

Work with local nature crafter Dustin Kelly to transform branches of invasive bush Honeysuckle into educational toys like wooden bead snakes, stacking activities, and wind chimes. This invasive plant grows in parks, yards, and natural areas across our region. This is our chance to make fun and beautiful things from its effortless abundance! Each participant will leave with a hand-crafted item they help to create. Adult supervision is required for children under 18; one adult attends free with each registered child.

Date | EB Cost | Deadline | Cost | Deadline | Code
--- | --- | --- | --- | --- | ---
May 12 | $12 | May 6 | $15 | May 11 | 931

FREE! Community Fishing
Sunday, June 16, 2-4pm
The Lake House in Crystal Lake Park
All Ages

Come out to the Lake House for an afternoon of fishing fun! Fishing licenses are not required during this weekend only. Bait will be provided, and there will be rods and reels of various sizes to borrow. Staff will be present to help practice the basics. Supplies may be limited, so we encourage those with their own gear to bring it along. No registration required. See page 23 for more information about the Juneteenth Celebration.
NATURAL AREAS

The Urbana Park District protects, manages and restores areas characteristic of Illinois’ most diverse habitats. Restoration includes planting and seeding native plants, removing nuisance plants and conducting prescribed burns to encourage healthy growth. Passive recreation such as photography, hiking, and birdwatching in small groups is encouraged.

**OPEN DAILY FROM SUNRISE TO SUNSET**

**Busey Woods**
Busey Woods is a 59-acre bottomland oak-hickory forest. It is located at the north end of Crystal Lake Park with an entrance just west of the Anita Purves Nature Center.

**Commissioners Grove & Wetland in Weaver Park**
This 60-acre park includes 5 acres of woodland/savanna restoration, 35 acres planted with prairie and native grasses, and an award-winning watershed management wetland. Parking along Main Street (near Smith Road) offers a place for you to begin your bike or hike along the Kickapoo Rail Trail, extending 6.7 miles to St. Joseph.

**Spomer Prairie in Meadowbrook Park**
Prairie was the predominant habitat in Illinois before European settlement. Since 1978, the Urbana Park District and countless volunteers have worked to re-create approximately 80 acres of native landscape. Explore this prairie in south Urbana, along Windsor Road and Race Street.

**Perkins Road Natural Area**
Behind the Dog Park (1501 E. Perkins Road), this 35-acre prairie and wetland restoration is leased from the Urbana-Champaign Sanitary District. Access is limited to programs and volunteer stewardship opportunities (see page 63 for more information).

**Benefits of Natural Areas**
Natural areas maintain ecosystem balance, build resilience to climate change, and support a wide variety of plants and wildlife. They provide “ecosystem services” like improving water and air quality by absorbing excess water and carbon dioxide. Natural spaces also offer a variety of social, mental, and physical benefits. These include stress reduction, lower blood pressure, decreased depression and anxiety, and relief from the symptoms of Attention Deficit Disorder.

**Program Opportunities**
Naturalist guides lead programs at these locations that are designed for all age groups and interests, including school groups and the public. See page 66 for more information. To inquire about programs and services, or to make a request, call the Anita Purves Nature Center at 217-384-4062.

**Volunteer Opportunities**
For information about Natural Areas stewardship and volunteer workdays, see page 62. Clubs, scout, and other groups may request a private workday by calling 217-384-4062.

*Help us maintain these natural areas by not collecting items, walking pets or cycling.*
Solidarity Gardens CU

Solidarity Gardens CU helps home and community gardeners network to grow food for themselves and neighbors in need. The project includes:

- Affiliate Garden program: eligible gardens can receive supplies, tools, resource access, technical help, and funding to grow more food for themselves and others.
- Vegetable donation and distribution program: homegrown vegetables can be dropped off at Sola Gratia Farm or Champaign-Urbana Public Health District and will be distributed through partner food banks, pantries, and meal programs.
- Garden volunteer opportunities: volunteer in a Solidarity Gardens Affiliate Garden and build your own gardening skills while growing food for your neighbors in need!

Solidarity Gardens is a collaboration between Urbana Park District, Cunningham Township, Sola Gratia Farm, Channing Murray Foundation, and other community partners. Visit the Solidarity Gardens website for more information: www.solidarity-gardens-cu.org

Are you interested in volunteering?

Solidarity Gardens CU can match you with a community garden in need of extra hands or bring some of your friends together and create your own garden with their support! Interested? Email Chelsea Prahl at ckprahl@urbanaparks.org

Solidarity Gardens CU will be distributing fresh produce at the Play Days in the Park all summer long! See page 21 for more information.

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Organic Gardens: Community Gardening in Meadowbrook Park

Growing Season: March 3-November 3, 2024
Meadowbrook Park - Race Street entrance
Age 18+

Garden at the oldest local organic community gardens! Since 1975, the Meadowbrook Organic Garden program has supported healthy bodies and a healthy community. We provide space, water, hoses and wheelbarrows. You supply tools, plants, labor, and optional fencing. A garden supervisor will assist with questions or concerns. Garden plots are rented in "as is" condition and participation is at your own risk. This is a community garden and interaction with the general public is expected and encouraged.

For more information email Chelsea Prahl at ckprahl@urbanaparks.org or read the garden manual: urbanaparks.org/programs/community-gardening

To Register for a Garden Plot*: *opens to the public on January 15, 2024

- Register by calling 217-367-1544 or coming into the Phillips Recreation Center. Online registration is not available.
- In addition to the plot rental fee, gardeners pay a $30 deposit. The deposit is returned at the end of the growing season if the gardener abides by the Urbana Park District’s published guidelines. Returning gardeners in good standing earn a discounted deposit.
- New gardeners will receive an orientation email once they are registered. This is when plot selection will take place.

<table>
<thead>
<tr>
<th>Plot Size</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Raised Plot: 11' x 3'</td>
<td>$20R/$30NR</td>
</tr>
<tr>
<td>Half Plot: 17' x 15'</td>
<td>$30R/$45NR</td>
</tr>
<tr>
<td>Full Plot: 17' x 30'</td>
<td>$50R/$75NR</td>
</tr>
</tbody>
</table>

---

Solidarity Gardens is a collaboration between Urbana Park District, Cunningham Township, Sola Gratia Farm, Channing Murray Foundation, and other community partners. Visit the Solidarity Gardens website for more information: www.solidarity-gardens-cu.org

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You belong here.
The Anita Purves Nature Center is your classroom extension where learning comes naturally. Our standards-based field trips, classroom visits and loan items will complement your curriculum with hands-on activities. By employing direct observation and experiential learning opportunities, the Anita Purves Nature Center enriches and strengthens existing school curricula and provides students the opportunity to explore and connect with the natural world.

Educators - Bring your class for a School Field Trip through Busy Woods, Meadowbrook Park, or Weaver Park. Programs at Busey Woods include time to explore the nature center’s Field Station. Or, invite a Naturalist in the Classroom to visit your school. An environmental educator will bring hands-on materials, interactive lessons and (as related to the topic) a live owl, turtle, snake, or worms to your classroom. All programs meet grade-specific Common Core and Next Generation Science Standards.

Custom Programs
Are you looking for a program to compliment a unit or lesson you are teaching? We can work with you to develop a unique environmental education program to fit your specific needs. Requests must be made at least 4 weeks in advance.

Teach with a Turtle
Borrow the Reptiles and Amphibians loan box and have a live turtle in your classroom for up to two weeks! The kit includes supplemental activities and instructions about turtle care and feeding, and standards-based reptile and amphibian lesson plans. This hands-on kit delivers an unforgettable experience for you and your students.

Nature Items You Can Borrow
The Urbana Park District offers a wide variety of educational loan items at the Anita Purves Nature Center such as skulls, nests, natural history specimens, reference materials, and IDNR loan boxes.

IDNR Loan Trunks

Program Themes & Reservation Information
Visit: www.urbanaparks.org/programs/nature-programs/
Email: Chelsea Prahl at ckprahl@urbanaparks.org
Call: 217-384-4062

Connecting Classes with Nature Sponsorship
This program provides support for Urbana School District classrooms to take science-based field trips in local natural areas. Urbana Park District seeks donations from local individuals, businesses and organizations to help sponsor classrooms to cover the cost of programs and transportation for Urbana educators. If you are interested in sponsoring a class, contact Kelsey Beccue at khbeccue@urbanaparks.org. Field trip class size typically varies between 20-30 students. Over 200 students were able to take field trips in 2022-2023 through sponsorships.

<table>
<thead>
<tr>
<th>Program Fee / 1 Class</th>
<th>Transportation Fee / 1 Class</th>
<th>Full Sponsorship / 1 Class (Program &amp; Transportation Fees)</th>
</tr>
</thead>
<tbody>
<tr>
<td>$42</td>
<td>$145</td>
<td>$187</td>
</tr>
</tbody>
</table>
The Anita Purves Nature Center houses a number of education animals that demonstrate the variety of wildlife living in Illinois. Most have injuries that make them unable to survive in the wild or were hatched in captivity and are non-releasable. The animals are on exhibit and are featured during educational programs with schools, scouts and the public.

You could be part of their lives! Your financial contribution goes directly toward the animals’ medical care, housing and food. This is a great way to support local environmental education. Sponsorships also make great gifts!

<table>
<thead>
<tr>
<th>Animal</th>
<th>Cost/Month</th>
<th>Cost/6 Months</th>
<th>Cost/Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salamander</td>
<td>$20</td>
<td>$100</td>
<td>$200</td>
</tr>
<tr>
<td>Turtle</td>
<td>$20</td>
<td>$100</td>
<td>$200</td>
</tr>
<tr>
<td>Snake</td>
<td>$35</td>
<td>$180</td>
<td>$380</td>
</tr>
<tr>
<td>Owl</td>
<td>$55</td>
<td>$300</td>
<td>$600</td>
</tr>
</tbody>
</table>

You can help us feed the wildlife that visit the center’s habitat gardens by donating birdseed!

Call 217-384-4062 or visit www.urbanaparks.org/facilities/anita-purves-nature-center/ for a sponsorship form and additional information.
The Urbana Park District CARES Plan

The Urbana Park District Climate Action, Resilience, Education and Sustainability Plan (2021-2026) centers on creating a healthier, safer and more resilient community. The plan sets actionable goals for reducing the district’s carbon footprint, offsetting local impacts of climate change, improving air and water quality, and fostering biodiversity.

Here are some things that you can do to act on climate change this summer:

- **Start composting.** Composting has many benefits including less waste sent to landfills and producing your own garden fertilizer.
- **Shop local.** Buying food at the Urbana Farmer’s Market is a healthy way to decrease packaging and lower the environmental impacts of shipping.
- **Buy reusable.** Having a picnic or cookout? Offer your guests reusable plates and napkins, which will also save you money in the long run.
- **Volunteer at a natural area.** Nurturing green spaces helps to capture excess carbon dioxide, which slows (and could even reverse!) climate change. Learn how you can help: see page 31 & page 62 for a list of volunteer opportunities.

Visit [urbanaparks.org/about-us/green-initiatives](https://urbanaparks.org/about-us/green-initiatives) for more information on UPD green initiatives, or contact Savannah Donovan, Environmental Program Manager, at 217-384-4062 or sydonovan@urbanaparks.org.
You Belong Here

CELEBRATING URBANA’S DIVERSE COMMUNITY!

We’ve been overjoyed to celebrate the rich diversity of Urbana through vibrant community events.

Urbana Park District’s Recent Steps Towards Inclusive Parks & Programs:

- New park map created with bus routes for visitors using public transportation (pages 2-3).
- Computer access & in-person translators available for job applicants (page 31).
- Designated sensory areas and tools at facilities, programs, events, and camps for staff and visitors needing sensory breaks or who are in a crisis (ask staff for more info).

View more information (in English & Spanish) at: urbanaparks.org/about-us/you-belong-here/

SEE YOU AT UPCOMING SPECIAL EVENTS!

- Juneteenth Celebration (page 23)
- Jettie-Rhodes Day (page 24)
- Middle School & High School 3v3 Basketball Tournament (page 44)
GET TO KNOW CUSR
THE PLACE TO CELEBRATE YOUR ABILITIES!

CUSR
Champaign-Urbana Special Recreation
CUSR Center
2212 Sangamon Dr.
Champaign, IL 61821
cuspecialrecreation.org

CUSR STAFF
Christina Mott, CPRP – CUSR Manager/Inclusion Coordinator
Nikiaya Brandon – Adult Program & Event Coordinator
Cole Alvis – Athletics & Volunteer Coordinator
Tristan Elzy – Youth & Teen Coordinator
Amanda Carrington – Receptionist

WHAT IS CUSR?
CUSR was formed through a cooperative agreement with the Champaign and Urbana Park Districts with the mission of providing quality recreational programs and services for Champaign-Urbana residents with special needs. Participants of all ages have the opportunity to explore new areas of interest, make new friends, and learn lifelong skills.

CUSR PROGRAM GUIDE
CUSR publishes a guide three times a year. It details each of the different programming available in that season. To view, go online at cuspecialrecreation.org.

REGISTRATION
A CUSR registration form must be used. Registration is only available online at cuspecialrecreation.org.

SENSORY SWIM
Ages: 0-22 with parent or guardian
Enjoy family fun and sensory-friendly swimming! Sholem has various special sensory considerations and a water wheelchair. Please bring extra money for concessions.
GOALS: Learn new skills, increase peer interaction, socialization, motor functioning and development.
Dates
June 26
July 1
August 7
Day
Wednesday
Monday
Wednesday
Time
8-10pm
9:30-11:45am
9:30-11:45am
Location: Sholem Aquatic Center
Fee (R/NR): $6/$9 Sholem Entry Fee – pay at door

PROGRAMS OFFERED

<table>
<thead>
<tr>
<th>After School Programs</th>
<th>Sports &amp; Special Olympics</th>
</tr>
</thead>
<tbody>
<tr>
<td>Horseback Riding</td>
<td>Bowling</td>
</tr>
<tr>
<td>Adult Social Programs</td>
<td>Softball</td>
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<tr>
<td>Bingo</td>
<td>Volleyball</td>
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<tr>
<td>Diner’s Club</td>
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<tr>
<td>Dances</td>
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<tr>
<td>Day Programs</td>
<td></td>
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<tr>
<td>Theatre</td>
<td></td>
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<tr>
<td>School Break Camp</td>
<td></td>
</tr>
<tr>
<td>Summer Camps</td>
<td></td>
</tr>
</tbody>
</table>

INCLUSION WITHIN PARK DISTRICT PROGRAMS
CUSR supports inclusive recreational experiences within the park district programming. When registering for a program, mark the box stating an accommodation is required, and the CUSR Inclusion Coordinator will be in contact with you prior to the program to discuss the needs of the individual. If there are questions prior to registering, please reach out to the CUSR staff, and a meeting can be scheduled to discuss the many recreational options available.

PLEASE VISIT cuspecialrecreation.org
THE FUTURE OF PLAY AT MEADOWBROOK PARK

A new PrairiePlay is coming next year to Meadowbrook Park! After nearly a year of public input across 2021 and 2022, the Urbana Park District Board of Commissioners accepted a new master plan in August of 2022. The new plan is an innovative blend of art, nature, and play—much like Meadowbrook Park itself.

It is the most ambitious, inclusive, and accessible playground project in park district history.

The design for the new playground was finalized in 2023, and construction recently began this spring!
The Urbana Parks Foundation is proud to support the Urbana Park District in the construction of this exciting and inclusive new playground. Key features include:

- Accessible double zipline
- Dedicated 2-5 play area
- Custom sculptural benches
- Non-verbal communication board
- Vine tunnel at each entrance
- Much more!

This playground will be a true destination experience for all in our community!

To bring this vision to life, the Urbana Parks Foundation has established a $150,000 fundraising goal. If you would like to learn more about this project, or to make a gift in support, please scan the QR code below.

In addition, the Urbana Parks Foundation is selling personalized pickets to be displayed on the new fence at PrairiePlay! This is a special opportunity and supplies are limited! See the next page to order your picket today!
Support the Meadowbrook Playground Giving Project by purchasing a personalized fence picket for the new playground! Pickets are $125 each, and proceeds support construction of the new PrairiePlay Playground at Meadowbrook Park.

Limited supplies available.

Buy online by scanning the QR code or mail the form below with your payment to the Urbana Parks Foundation at 303 W. University Avenue, Urbana, IL 61801.

Purchaser's Name: ______________________________

Address: ____________________________________

City: __________________ State: _____ Zip: __________ Phone: ______________________

Email: ______________________________________

Wording to be inscribed on picket (22 space limit including spaces, numbers, and letters)

Symbols allowed: ! @ # $ & * ( ) - = + ; ‘ “

Please return one form per picket purchased.
The Urbana Parks Foundation presents

BARN BASH

with music by

The Boat Drunks

Friday, May 17, 2024
6-9 PM AT HUDSON FARM IN URBANA

Tickets $20 in advance
($25 at the door)

RAIN OR SHINE • MUSIC
CASH BAR • FOOD TRUCKS
The Champaign Park District offers tennis programs for all ages that allow for a progression from beginner to advanced levels throughout the summer. Each clinic session is comprised of 6 classes (2 classes per week for 3 weeks.) Clinics are held mornings and evenings at both Champaign and Urbana locations.

Lindsay Courts: Sangamon Drive in Centennial Park, Champaign
Hessel Park: Kirby & Grandview, Champaign
Blair Park: Vine & Florida, Urbana

For complete details on clinics, leagues, and workouts, visit champaignparks.org/registration. Please register at least one week in advance of the beginning of each session. Questions, call 217-398-2550.

**Intermediate Clinics**

Ages: 6 years - adult

For those who have completed our Beginners Clinic and achieved an intermediate level of consistency in their groundstrokes, serves, and volleys. Students will strengthen these basic skills further, focusing on achieving higher consistency and control.

**Advanced Clinics**

Ages: 6 -16 years

For those who have completed our Intermediate Clinic and achieved an advanced level of consistency with their groundstrokes and serves in particular. Those serious about playing high levels of tennis will benefit greatly from these fast-paced programs. Emphasis will be placed on polishing technique, movement, and developing competitive tournament skills and strategy.

**Sessions**

June 3–19
June 4–20
June 26-July 15
June 27-July 18
July 22-August 7
July 23-August 8

champaignparks.org/registration • 217-398-2550
Every year, the Urbana Park District looks for volunteers interested in serving on the Urbana Park District Advisory Committee (UPDAC). Members of UPDAC are community volunteers who help the Board of Commissioners and staff of the Urbana Park District investigate new ideas, study possible changes and improvements, and evaluate current park district operations. Meetings are held monthly on the 4th Tuesday of the month (except July and December). The time commitment is between 2 and 3 hours a month, and includes the monthly UPDAC meeting and potential committee meetings. UPDAC members are appointed for a three-year term. For consideration of appointment to UPDAC, you must live within the Urbana Park District residency area, and fill out an application for nomination. You might be interested in serving on UPDAC if you:

- Are interested in learning more about the Urbana Park District
- Are willing to share information about park district issues with your peers
- Would like an opportunity to share feedback from your neighborhood with the district on a regular basis
- Value diversity and inclusivity

Every effort is made to balance UPDAC membership both geographically and demographically. It’s important that UPDAC represents all of Urbana! You can learn more about UPDAC, and find the application, by visiting our website at [www.urbanaparks.org/get-involved/urbana-park-district-advisory-committee-updac](http://www.urbanaparks.org/get-involved/urbana-park-district-advisory-committee-updac). You may also contact Development Manager Kelsey Beccue at khbeccue@urbanaparks.org or 217-367-1536.
Residency
Residents living within the boundaries of the Park District regularly support park facilities and programs through residential property taxes, and must currently reside at the residence. People living within the boundaries of the Urbana and Champaign Park Districts pay the resident (R) fees. Acceptable documents that prove current residency include, but are not limited to: utility bill, homeowner or auto insurance bill, cable bill, bank statement, vehicle registration, or voter registration card. Emailed copies are accepted. If in doubt about whether your document is acceptable call 217-367-1544. See also Reciprocal Agreement on this page.

The Urbana Park District has established a nonresident fee system in order to equalize payments by individuals residing outside of the Park District boundaries, so they will contribute to the overall financing of the park system on an equitable basis with residents. The Urbana Park District offers three options for nonresident program fees:

1. Individuals may pay 1.5 times the resident fee per program or membership (NR fee)
2. Individuals residing immediately adjacent to Urbana Park District boundaries have the option of annexing their property into the district. For more information, call 217-367-1536.
3. Individuals may purchase an Urbana Park District annual park membership. This fee is computed based on the assessed value of the participant’s property using the current Urbana Park District tax rate. The membership fee for rented properties is $100 per year. Memberships are valid for programs that begin between May 1, 2024 through April 30, 2025. Ask a Phillips Recreation staff member for additional information. These memberships do not qualify you as a resident for purposes of Urbana Indoor Aquatic Center Memberships.

Reciprocal Agreement
The Urbana Park District and Champaign Park District have a reciprocal agreement. A resident of one district can participate in programs at the other district at the resident rate. Not applicable to memberships at the Urbana Indoor Aquatic Center.

Refunds, Cancellations, Withdrawals
If you withdraw from a program, you may choose to apply the fee toward another program or you may receive a refund of the program cost minus a $5 processing fee. If it is past the program’s registration deadline, or if the program has already begun, a refund request form will need to be completed. They can be picked up at the Phillips Recreation Center or found online. Requests must be made no later than 10 business days after the last class attended. Requests for past classes will not be honored.

Refunds are processed by credit/debit card or as a mailed check. No cash refunds can be given. Refunds or credits will be issued within seven to ten business days after the Urbana Park District business office receives the written request.

There will be a $25 service charge on all returned checks.

Quality Guarantee
The Urbana Park District constantly strives to provide you with excellence in recreation programs and services. We are so confident you will like these programs that we guarantee your satisfaction. If, after attending one of our classes or programs, you are not completely satisfied with the quality of our programs, please tell us immediately.

Our guarantee is based on fulfilling our promise of delivering excellence. If you are not satisfied, we request your input in the form of suggestions, comments, ideas, or changes for improvement. Requests for refunds due to changes in personal circumstances are not covered under this policy.

ADA / Equal Access
The Urbana Park District works cooperatively with C-U Special Recreation to offer equal access to our recreation programs and services for persons with disabilities. For further information, call C-U Special Recreation at 217-819-3980.

In 2021-2022 the Urbana Park District contracted a professional ADA Assessment of parks and facilities in addition to programs, policies, and procedures. The Park District has an ADA Transition Plan in place to address barriers to accessibility. If you have questions about the ADA Transition plan, or would like to contact the ADA Coordinator for more information, visit: urbanaparks.org/about-us/ada-policies-and-procedures/
Youth Financial Assistance: Partial Fee Waivers for Urbana Park District Residents

In order to provide financial assistance to the greatest number of individuals and families, we are able to offer partial fee waivers to qualified participants.

Youth Financial Assistance is available to those residing within Urbana Park District boundaries. Fee waivers are available year-round and are awarded based on demonstrated financial need.

Applications should be turned in at least two weeks before a program’s deadline. This allows adequate time for processing and approval. Place in a program is reserved once payment is received. Submit requests early. You do not need to wait for registration to begin before submitting your application.

Applications can be picked up in person at the Phillips Recreation Center, 505 W. Stoughton, Urbana or on our website.

Along with a proof of Urbana residency, the following items must accompany your fee waiver application:

Any of the following as they apply:
- Link Card or approval letter
- Housing Authority subsidized housing letter (show amount of subsidy)
- If you are a student who is doing research work at the UIUC and have a stipend or grant, a confirmation letter from that department on official letterhead

If presently employed:
- 2 months’ worth of pay stubs or bank statements
- Any document showing monies or subsidies received
- Official letters stating student assistantships and/or scholarships with amounts
- Completed Income Tax form (if self-employed)
- Official letter from employer (on official company letterhead) if you have just started working and have not received a paycheck yet

If presently unemployed:
- Official unemployment documentation

How to Register

- Proof of park district residency is required for all new participants. Residency is explained on page 77. Proof of residency may be emailed to info@urbanaparks.org prior to registration.
- Registration opens at 8am on April 3.
- Payment is due at time of registration.

By Phone
Register by phone at 217-367-1544 using your Visa, Discover, American Express or MasterCard during regular Phillips Center hours (See page 15). First time registrants will need to prove residency before phone registration can be processed.

Walk-In Registration
In-person registration is at the Phillips Recreation Center - 505 W. Stoughton. Pay by cash, check or credit/debit card. Checks should be made payable to “Urbana Park District.”

Online
Register online at www.bit.ly/updregistration

New patrons will need to create an account; Returning patrons can log in using their current Urbana Park District account.

Need help logging in? You can contact the Phillips Recreation Center at 217-367-1544 or info@urbanaparks.org

Important Terms in the Program Guide

- **EB** - Early Bird; An early registration deadline with a discounted fee
- **R** - Resident; Individuals living within the boundaries of the Urbana and Champaign Park Districts
- **NR** - Nonresident; Individuals living outside the boundaries of the Urbana and Champaign Park Districts
- **Code** - Number of the program in the Urbana Park District registration system. You can search our registration website using this number.
Cómo Registrarse

- Prueba de residencia en el distrito de parques es necesario para todos los nuevos participantes. Residencia explicada en la página 77. Prueba de la residencia puede enviarse por correo electrónico a info@urbanaparks.org antes de registro.

- El registro abre a las 8 am el 3 de abril.

- El pago vence al momento de la inscripción

Registrarse por teléfono
Regístrese por teléfono al 217-367-1544 usando tu Visa, Discover, American Express, o MasterCard durante el horario regular del Phillips Center (ver página 15). Los inscritos por primera vez tendrán que demostrar su residencia.

Registro Personal
También se pueden inscribir en el Centro de Recreación Phillips, 505 W. Stoughton. Pague en efectivo, cheque o tarjeta de crédito. Los cheques deben hacerse a nombre de “Urbana Park District”

En línea
Regístrese en línea en www.bit.ly/updregistration

Nuevos clientes tendrán que crear una cuenta; clientes que regresen pueden iniciar sesión usando su cuenta actual del Distrito de Parques de Urbana.

¿Necesitas ayuda para iniciar sesión? Puede comunicarse con el Centro de Recreación Phillips en 217-367-1544 o info@urbanaparks.org

Asistencia financiera para jóvenes: exenciones parciales de tarifas para residentes del distrito de Urbana Park

Con el fin de brindar asistencia financiera a la mayor cantidad de personas y familias, podemos ofrecer exenciones parciales de tarifas a los participantes calificados.

La Asistencia Financiera para Jóvenes está disponible para aquellos que residen dentro de los límites del Distrito de Parques Urbana. Las exenciones de tarifas están disponibles todo el año y se otorgan en función de la necesidad financiera demostrada.

Las solicitudes deben enviarse al menos dos semanas antes de la fecha límite del programa. Esto permite un tiempo adecuado para el procesamiento y la aprobación. El lugar en un programa se reserva una vez que se recibe el pago. Envíe las solicitudes con anticipación. No necesita esperar a que comience el registro antes de enviar.

Las solicitudes se pueden recoger en persona en Centro de Recreación Phillips, 505 W Stoughton, o en nuestro sitio web.

Junto con una prueba de residencia en Urbana, los siguientes elementos deben acompañar su solicitud de exención de tarifas: Cualquiera de los siguientes según corresponda:

Cualquiera de los siguientes según corresponda:

- Tarjeta de enlace o carta de aprobación
- Carta de vivienda subsidiada de la Autoridad de Vivienda (muestre el monto del subsidio)
- Si eres un estudiante que está haciendo un trabajo de investigación en la UIUC y tienes un estipendio o beca, una carta de confirmación de ese departamento en papel membrete oficial
- Si está empleado actualmente:
  - 2 meses de recibos de pago o extractos bancarios
  - Cualquier documento que muestre dinero o subsidios recibidos.
  - Cartas oficiales indican ayudantías para estudiantes y/o becas con montos
  - Formulario de impuesto sobre la renta completado (si trabaja por cuenta propia)
  - Carta oficial de su empleador (con membrete oficial de la empresa) si acaba de comenzar a trabajar y aún no ha recibido un cheque de pago.

Si actualmente está desempleado:
- Documentación oficial de desempleo

Términos Importantes en la Guía del Programa
- EB - Fecha límite con precio de descuento
- R - Residente del área de Urbana Park District
- NR - Reside fuera del área de Urbana Park District
- Code - Código; Número de programa en el programa de registro en línea. Puede buscar en nuestro sitio web de registro usando este número.
Behavior Code
In keeping with the Urbana Park District’s goals, we encourage fun for all participants. However, certain rules are necessary to ensure everyone’s safety and enjoyment. The following behavior rules apply to all participants in Urbana Park District programs. Failure to follow these rules can result in dismissal from programs. No refunds are granted when a participant is dismissed for behavioral reasons.

Participants should:
1. Demonstrate respect to other participants and staff.
2. Use appropriate language.
3. Respect the physical and mental well-being of themselves, other participants, and staff.
4. Use equipment, supplies, and facilities as they are meant.
5. Refrain from participation in unlawful activities.

Photographs / Video
The Urbana Park District uses pictures of participants in its programs and events to inform others of recreational opportunities in promotional material including brochures, websites, social media, and this course catalog. If you do not want your picture taken, please tell our photographer.

Help Stop Vandalism
You can help maintain the beauty of our parks. Report vandalism immediately! Phone the Urbana Police, 911, or the Urbana Park District at 217-367-1536.

Urbana Park District Rainout Line
Download the app or call us!
For information about program cancellations, including weather cancellations, and for updates about special events or other key happenings at the Urbana Park District, you may call the Sports, Program, and Event Hotline at 217-367-9575. For evening sports programs, this line will be updated after 4:30pm on weekdays and one hour before the scheduled program or sports on weekends. All other updates will be made as conditions change. You may also find out about the Rainoutline App for your phone at: urbanaparks.org/events/rain-outs-and-cancellations/.

You Belong Here Initiative
Urbana Park District is committed to creating and promoting inclusion across all public spaces, places, facilities, and programs that the district manages. Through Urbana Park District’s You Belong Here Inclusion Strategy, we welcome and support recreation experiences for everyone, while encouraging an inclusive and responsive staff culture. Celebrating inclusion regardless of age, ethnicity, culture, income, ability, interests, gender expression, gender identity, and/or sexual identity; everyone and anyone belongs here! (See page 69 for more program information.)
For more information, about this initiative, visit: urbanaparks.org/about-us/you-belong-here/
Urbana’s parks are open from sunrise until sunset daily unless otherwise posted. Rental facilities may be open later by special arrangement.

Please treat your parks well...
- Leave parks clean and litter-free.
- Damaging park property is subject to fine.
- Fires are allowed only in grills, designated areas or by permit.
- Collecting or harvesting of plants or other items is not permitted.
- Cycling is permitted on paved paths only.

Please treat others well...
- Avoid loud music and disorderly conduct.
- Observe posted speed limits.
- Yield to pedestrians on trails.
- Alcohol is allowed only by special permit.
- Leave firearms, weapons and fireworks at home.

Please notify us if...
- Your group of 25 or more is planning a visit to one of our parks or natural areas by calling 217-367-1544.

Please note about pets...
- Keep all animals leashed.
- Pet owners are expected to remove pet excrement immediately.
- Urbana Dog Park offers space for off-leash activity.

Breaking or not following park rules will result in penalty.

Find complete park guidelines at: www.urbanaparks.org/parks/park-guidelines
ECRWSS RESIDENTIAL CUSTOMER

MAY - AUGUST 2024

YOUTH SUMMER THEATRE - OLIVER!
see page 26

NEIGHBORHOOD NIGHTS
see page 19

SCAN TO BEGIN

REGISTRATION

VISIT WWW.URBANAPARKS.ORG TO REGISTER ONLINE.