Registration Begins September 9
Para información en Español: Página 6
UPD MISSION

It is the mission of the Urbana Park District to: Improve the quality of life of its citizens through a responsive, efficient, and creative park and recreation system; Pursue excellence in a variety of programs, parks and special facilities that contribute to the attractiveness of neighborhoods, conservation of the environment and overall health of the community.

Board of Commissioners

Michael J. Walker President
Nancy Delcomyn Vice President
Meredith Blumthal Commissioner
Lashounda Cunningham Commissioner
Roger Digges Commissioner

Call Us

Phillips Recreation Center 217-367-1544
Brookens Gym 217-255-8601
Anita Purves Nature Center 217-384-4062
Crystal Lake Park Family Aquatic Center 217-239-7946
Urbana Indoor Aquatic Center 217-384-7665
Planning and Operations 217-344-9583
Administration Office 217-367-1536

Visit in Person

Phillips Recreation Center 505 W. Stoughton
Brookens Gym 1776 E. Washington
Anita Purves Nature Center 1505 N. Broadway
Crystal Lake Park Family Aquatic Center 1401 N. Broadway (Seasonal)
Lake House in Crystal Lake Park 206 W. Park
Urbana Indoor Aquatic Center 102 E. Michigan
Planning and Operations 1011 E. Kerr
Administration Office 303 W. University

Support Us

Donate or Volunteer Call the Development Manager:
217-367-1536 or visit urbanaparks.org

Park District Leadership Team

Tim Bartlett Executive Director
Corky Emberson Superintendent of Recreation
Derek Liebert Superintendent of Planning and Operations
Caty Roland Business Manager
Alex Ivanova Human Resources Coordinator
Ellen Kirsanoff Development Manager
Mark Schultz Public Information and Marketing Manager
Dear fellow Urbana residents,

As we look ahead to the cooler months, we hope you have been able to find some respite in our parks during this unprecedented spring and summer. We would like to thank all our residents for their understanding and cooperation through these circumstances that none of us can fully predict nor control. We regret that so many programs and events have had to be cancelled and we have been actively developing safer alternatives. Please remember to provide feedback so we can continue to improve in how we serve you while safeguarding public health.

You may have noticed that this Leisure Guide is smaller than usual. Given the rapidity with which public health circumstances are changing, it is impossible for us to guarantee holding much of our normal face-to-face fall programming which the guide would contain. However, the guide is many people’s only contact with us and we had contracted in advance for the printing, so we are attempting this novel format. For the most up to date information, please visit our website at www.urbanaparks.org.

If there is any bright side to the pandemic, it has served to reinforce the importance of accessible open spaces throughout the community. Meadowbrook has seen very heavy usage and has been a valuable resource for exercise while properly distancing. We would like to remind our residents that even during the construction taking place in Crystal Lake Park it is open for informal activities. The walking opportunities there have increased over the past few years (most recently the multi-use path along the south edge of the park) and more changes are underway to convert the internal roadway to one way for vehicles so that pedestrians and bicycles can safely use the other half. Blair Park is also scheduled for significant upgrades in the near future which will increase opportunities for safe walking in the heart of Urbana.

While the signature fall events of Jazz Walk in Meadowbrook and the Turkey Trot in Crystal Lake have fallen victim to the pandemic, we are seeking to reimagine the Turkey Trot as a virtual event. Please be sure to follow UPD on our website and social media for the latest COVID-related announcements.

Above all, please be safe and well, take advantage of your parks, and remember that “You Belong Here”.

Sincerely,

Michael W. Walker
President
Urbana Park District
Board of Commissioners

You belong here.

Board of Commissioners

The Urbana Park District Board of Commissioners oversees the operation of the Urbana Park District. The five-member board is elected by the public, and each member serves a six-year term.

The Board of Commissioners meets at 7pm on the second Tuesday of each month. Meetings take place at the Planning and Operations building, located at 1011 E. Kerr St. The public is invited to attend.

Staff Leadership Team

The Urbana Park District staff is available to take your questions and concerns. Please call us at the numbers listed on the inside cover and we will be happy to help.

From left to right:
Roger Digges, Commissioner; Lashaunda Cunningham, Commissioner; Nancy Delcomyn, Vice President; Meredith Blumthal, Commissioner; Michael Walker, President

Back Row:
Corky Emberson, Derek Liebert, Tim Bartlett
Front Row:
Alex Ivanova, Ellen Kirsanoff, Caty Roland
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Ways to Register

(Proof of residency required. Residency explained at right.)

Mail Registration
Mail-in registration for residents will be processed starting September 9. Proof of residency must accompany all mail-in registration. Confirmation of registration will be sent to all participants. Registration is first-come, first-serve. If a program is full, your money will be refunded.

• Fill out registration form completely. Include program code.
• Participant or parent/guardian must sign the waiver.
• Pay by personal check or money order (checks payable to “Urbana Park District”)
• Enclose proof of residency.
• Mail form and payment to: Urbana Park District Registration, 505 W. Stoughton, Urbana, IL 61801.

Phone Registration
Register by phone at 217-367-1544 using your Visa, Master Card, Discover or American Express card during regular Phillips Center hours. First time registrants will need to prove residency. Registration phone calls will be accepted starting September 9.

Please be prepared to tell our staff:
• Name on credit card
• Credit card number
• Credit card expiration date
• Program name/code

Walk-In Registration
Registration is also available at the Phillips Recreation Center, 505 W. Stoughton. Pay by cash, check or credit card. Walk-in registrations will be accepted starting September 9.

Online Registration
Register online at www.urbanaparks.org/register/ for programs. See page 7 for instructions.

Residency
Residents living within the boundaries of the Park District regularly support park facilities and programs through property taxes. People living within the boundaries of the Urbana and Champaign Park Districts pay the resident (R) fees. Acceptable documents that prove current residency include: utility bill, home-owner’s or auto insurance bill, cable bill, bank statement, vehicle registration, or voter registration card. (Emailed or faxed copies are accepted.) If in doubt about whether your document is acceptable, ask a staff person. Call 217-367-1544. See also reciprocal agreement on this page.

The Urbana Park District has established a nonresident fee system in order to equalize payments by individuals residing outside of the Park District boundaries, so they will contribute to the overall financing of the park system on an equitable basis with residents. The Urbana Park District offers three options for nonresident program fees:

1. Individuals may pay 1.5 times the resident fee.
2. Individuals residing immediately adjacent to Urbana Park District boundaries have the option of annexing their property into the district. For more information, call 217-367-1536.
3. Individuals may purchase an Urbana Park District annual park membership. This fee is computed based on the assessed value of the participant’s property using the current Urbana Park District tax rate. The membership fee for rented properties is $100 per year. Memberships are valid for programs May 1 through April 30 of the following year. Ask a Phillips Recreation staff member for additional information. These memberships do not qualify you as a resident for purposes of Urbana Indoor Aquatic Center Memberships.

Reciprocal Agreement
The Urbana Park District and Champaign Park District have a reciprocal agreement. A resident of one district can participate in programs at the other district at the resident rate. For programs with limited enrollment, nonresidents may register on the third day of registration. Residents of the district offering the program will receive priority to register during the first three days of registration. Not applicable to the Urbana Indoor Aquatic Center.

Important Terms in the Program Guide

• SEB - Super Early Bird; An extra early registration deadline with a lower fee
• EB - Early Bird; An early registration deadline with a lower fee
• R - Resident; Individuals living within the boundaries of the Urbana and Champaign Park Districts
• NR - Nonresident; Individuals living outside the boundaries of the Urbana and Champaign Park Districts
• Code - Number of the program in the Urbana Park District online registration program. You can search our registration website using this number.

COVID-19 PRECAUTIONS
Visitors to the recreation office at the Phillips Center will need to fill out contact tracing sign-in and answer health screening questions, for more information, call 217-367-1544.
Refunds, Cancellations, Withdrawals

If you withdraw from a program at least two weeks before it begins, you may choose to apply the fee for that original program toward another program OR you may receive a refund of the program cost minus a $5 processing fee. In cases where the minimum number of participants is not reached, the park district may have to cancel the program. In this case, full refunds will be issued. There will be a $25 service charge on all returned checks and declined scheduled payments.

ADA / Equal Access

The Urbana Park District works cooperatively with C-U Special Recreation to offer equal access to our recreation programs and services for persons with disabilities. For further information, call C-U Special Recreation at 217-239-1152.

Visit CUSR at: cuspecialrecreation.com

The Urbana Park District completed a professional ADA audit in 2011 and has a plan in place that addresses areas where facilities and parks need updates and/or modifications to make them ADA-compliant. To see a copy of the transition plan, visit the Phillips Recreation Center or visit www.urbanaparks.org/about-us.

Quality Guarantee

The Urbana Park District constantly strives to provide you with excellence in recreation programs and services. We are so confident you will like these programs that we guarantee your satisfaction. If, after attending one of our classes or programs you are not completely satisfied with the quality of our programs, tell us immediately so we can correct the situation and arrange for you to do one of the following:

• Continue in the class
• Repeat the class at no charge
• Receive credit to apply to another program
• Receive a partial refund or credit

Our guarantee is based on fulfilling our promise of delivering excellence. If you are not satisfied, we request your input in the form of suggestions, comments, ideas or changes for improvement. Refund request forms must be filled out and brought or mailed to 505 W. Stoughton, Urbana, IL 61801 (217-367-1544). Requests must be made no later than 10 business days after the last class attended. Requests for past classes will not be honored. Refunds or credits will be mailed within seven to ten business days after the Urbana Park District business office receives the written request. Requests for refunds due to changes in personal circumstances are not covered under this policy.

Youth Financial Assistance: Partial Fee Waivers for Urbana Park District Residents

In order to provide financial assistance to the greatest number of individuals and families, we are able to offer partial fee waivers to qualified participants.

Youth Financial Assistance is available to those residing within Urbana Park District boundaries. Fee waivers are available year-round and are awarded based on demonstrated financial need. We closely follow the criteria set forth by the Urbana School District for their free and reduced lunch program.

Applications must be turned in at least two weeks before a program’s deadline. This allows adequate time for processing and approval. Place in a program is reserved once payment is received. Submit requests early. Applications can be picked up in person at the Phillips Recreation Center, 505 W Stoughton, Urbana.

Along with a proof of residency, the following items must accompany your fee waiver application:

All of the following as they apply:

• Link Card and approval letter
• Housing Authority subsidized housing letter (show amount of subsidy)
• If you are a student who is doing research work at the UIUC and have a stipend or grant, a letter confirming that on official letterhead from that department

If presently employed:

• 2 months’ worth of paystubs OR bank statements
• Any document showing monies or subsidies received
• Official letters stating student assistantships and/or scholarships with amounts
• Completed Income Tax form (if self-employed)
• Official letter from employer (on official company letterhead) if you have just started working and have not received a paycheck yet

If presently unemployed:

• Official unemployment documentation

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Becas/Ayuda Financiera

Las becas están disponibles para aquellos que residen dentro de los límites de Urbana Park District. Las becas no están disponibles para los residentes de Champaign Park District, a pesar de que todavía reciben la tarifa de residente (ver Información de Residencia). Las becas están disponibles todo el año y se otorgan en base a la necesidad económica. Seguimos de cerca los criterios establecidos por el Distrito Escolar de Urbana por su programa de almuerzo gratis a precio reducido. Con el fin de prestar asistencia a más individuos y familias, se otorgan exenciones parciales.

Las solicitudes deben ser entregadas a más tardar dos semanas antes de la fecha límite de un programa. Esto permite un tiempo adecuado para la tramitación y aprobación. Espacios no se reservarán hasta que se recibe el pago, las primeras solicitudes recibirán un lugar en el programa.

Junto con una prueba de residencia, los siguientes elementos deben acompañar su solicitud:

Si actualmente trabajando o es estudiante universitario:
- Talones de cheques (de 2 meses) o
- Estados de cuentas (2 meses de estados de cuenta de ahorros y/o cuenta de cheques)
- Cualquier documento demostrando dinero o ayuda otorgados
- Cartas oficiales demostrando asistencia de estudiante y/o becas con cantidades

Si actualmente se encuentra desempleado:
- Demonstration of unemployment

Además, por favor traiga todos los siguientes documentos si se refieren a usted:
- Formulario de Impuestos llenado (si trabaja por su propia cuenta)
- Carta de empleador (carta oficial de la compañía si apenas empezó a trabajar y no a recibido un talón de cheque)
- Tarjeta Link (carta de aprobación y tarjeta)
- Carta de ayuda de vivienda (mostrando la cantidad de ayuda otorgada)
- Si usted es un estudiante que esta haciendo trabajo de investigación en la UIUC y tiene un estipendio o beca, también necesitamos prueba de esto en una carta oficial del departamento.

Formas de Registro
(Se requiere comprobante de domicilio)

Registro por correo
El registro por correo de residentes será procesado a partir del 9 de septiembre. Prueba de domicilio se requiere con todos los registros por correo. La confirmación de su inscripción se enviará por correo a todos los participantes. El registro es por orden de llegada. Si el programa está lleno, su dinero será reembolsado.

- Llene la forma de registro completamente. Incluyendo el código del programa.
- Partícipante o el padre/tutor debe de firmar un acuerdo.
- Pague con cheque personal, money order, Visa, Master-card o Discover. (Los cheques dirigidos a “Urbana Park District”)
- Incluya prueba de domicilio
- Envíe su forma y pago a: Urbana Park District Registration, 505 W. Stoughton, Urbana, IL 61801.

Registrarse por teléfono
Regístrese por teléfono al 217-367-1544 usando su tarjeta Visa, Master-card, Discover o American Express durante el horario regular del Phillips Center. Cuando se registre por teléfono, usted a acordado cumplir con el comunicado de renuncia a toda reclamación en la página 64 de este guía. El registro mediante llamadas por teléfono serán aceptadas a partir del 9 de septiembre.

Por favor esté preparado para decirle a nuestro personal:
- Nombre y tarjeta de crédito
- Número de tarjeta de crédito
- Expiración de tarjeta de crédito
- Nombre del programa/código

Registro Personal
También se pueden inscribir en el Centro de Recreación Phillips, 505 W. Stoughton. Pague en efectivo, cheque o tarjeta de crédito. Pase a inscribirse a partir del día 9 de septiembre.

Registro en Línea

Términos Importantes en la Guía del Programa

- **SEB** - Plazo extra con precio de descuento
- **EB** - Fecha límite con precio de descuento
- **R** - Residente del área de Urbana Park District
- **NR** - Reside fuera del área de Urbana Park District
- **Code** - Código; Número de programa en el programa de registro en línea. Puede buscar en nuestro sitio web de registro usando este número.

Para preguntas, por favor mande un correo electrónico a Kelsey Rademacher a karademacher@urbanaparks.org.
Before you begin

1. In order to register online, you must first create an account. You will need an email address. These can be created for free using any number of providers such as gmail, hotmail or yahoo.

2. If you have registered with us previously call us at 217-367-1544 to set up your account. Creating a new one will result in duplicated accounts.

3. When you create an account, start with the adult/guardian of the household and then add additional family members to the same account.

4. RESIDENCY: Residents are those who live within the boundaries of the Urbana Park District. Excluding UIAC memberships, residents of the Champaign Park District are also considered residents because of a reciprocal agreement between Champaign and Urbana Park Districts. See the residency guidelines on page 4 for more information.

Adding classes to wish list or cart

Click on the class or program you want and once selected you can add it to your cart.

Making a payment

We accept Visa, MasterCard, Discover Card and American Express.

Donate to Youth Scholarship Fund

You can make a donation online regardless of whether you register for a program.

Help Stop Vandalism

You can save costly tax dollars. Report vandalism immediately! Phone the Urbana Police, 911 or the Urbana Park District at 217-367-1536.

COVID-19 PRECAUTIONS

Certain in-person activities will require waivers and health screenings. Call 217-367-1544 for more information.

Behavior Code

In keeping with the Urbana Park District’s goals, we encourage fun for all participants. However, certain rules are necessary to ensure everyone’s safety and enjoyment. The following behavior rules apply to all participants in Urbana Park District programs. Failure to follow these rules can result in dismissal from programs. No refunds are granted when a participant is dismissed for behavioral reasons.

Participants should:

1. Demonstrate respect to other participants and staff.
2. Use appropriate language.
3. Respect the physical and mental well being of themselves, other participants and staff.
4. Use equipment, supplies and facilities as they are meant.
5. Refrain from participation in unlawful activities.

Photographs / Video

The Urbana Park District uses pictures of participants in its programs and events to inform others of recreational opportunities in promotional material including brochures, websites, social media, and this course catalog. If you do not want your picture taken, please tell our photographer.

Urbana Park District Rainout Line - Download the app or call us.

For information about program cancellations, including weather cancellations, and for updates about special events or other key happenings at the Urbana Park District, you may call the Sports, Program, and Event Hotline at 217-367-9575. For evening sports programs, this line will be updated after 4:30pm on weekdays and one hour before the scheduled program or sports on weekends. All other updates will be made as conditions change. You may also find out about the Rainoutline App for your phone at:

http://www.urbanaparks.org/events/rain-outs-and-cancellations/

THERE ARE DIFFERENT EXTENSIONS FOR EACH PROGRAM AREA

Registering using our online system

Getting started

Visit www.urbanaparks.org/register/ and click on Register Online.

Finding what you want

Once you have been taken to the Active site, you will see a set of tabs where you may select your next step: Browsing through or registering for activities [Activities tab], browsing through or renting pavilions or facilities or renting equipment [Rentals tab] or donating to our Youth Scholarship Fund with the [Donations tab]. You also can search using the keyword Search Box using specific terms you want to find such as “ballet” or “soccer”.

Under the ACTIVITIES tab

• Search using the keyword Search Box using specific terms such as “ballet” or “soccer”.
• The Location Filter lets you select a park or facility. Leave alone to show all locations.
• Use the Sort By drop down menu to find events and programs by date.
• In the Filter menu on the left, filter activities by category and/or age group:
  - Activity Primary Category filters program type: Any aquatics, dance, etc.
  - Activity Secondary Category chooses one or more age groups.
• Activities are always listed alphabetically.

Under the RENTALS tab

• See facility and pavilion locations/maps.
• See pavilions that are available for rental in five-hour blocks of time and make reservations.
• See facility availability and find out how to request a date and time for your rental.
# Free Fall/Winter Activities & Events

## September

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<td>All Ages</td>
<td>VIRTUAL - Busey Woods</td>
<td>39</td>
</tr>
<tr>
<td>Nature</td>
<td>At-Home Nature Activity Kits</td>
<td>Thursday, September 24</td>
<td></td>
<td>Ages 5-12</td>
<td></td>
<td>38</td>
</tr>
<tr>
<td>Nature</td>
<td>At-Home Nature Activity Kits</td>
<td>Friday, September 25</td>
<td></td>
<td>Ages 5-12</td>
<td></td>
<td>38</td>
</tr>
<tr>
<td>Nature</td>
<td>Outdoor Movie Night: The Wizard of Oz</td>
<td>Friday, September 25</td>
<td>6:45-8:30pm</td>
<td>All Ages - under 15 with adult</td>
<td>Anita Purves Nature Center</td>
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## October

<table>
<thead>
<tr>
<th>Event Category</th>
<th>Event</th>
<th>Date</th>
<th>Time</th>
<th>Age</th>
<th>Location</th>
<th>Page #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community</td>
<td>Quilters Zoom Group - VIRTUAL</td>
<td>Tuesday, October 6</td>
<td>10-11am</td>
<td>All Ages</td>
<td>VIRTUAL</td>
<td>29</td>
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<tr>
<td>Community</td>
<td>Quilters Zoom Group - VIRTUAL</td>
<td>Tuesday, October 13</td>
<td>10-11am</td>
<td>All Ages</td>
<td>VIRTUAL</td>
<td>29</td>
</tr>
<tr>
<td>Community</td>
<td>Zumba Gold for Active Aging Week</td>
<td>Tuesday, October 6</td>
<td>4:30-5:30pm</td>
<td>Age 50+</td>
<td>Meadowbrook Park</td>
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<tr>
<td>Community</td>
<td>Zumba Gold for Active Aging Week</td>
<td>Thursday, October 20</td>
<td>10-11am</td>
<td>All Ages</td>
<td>VIRTUAL</td>
<td>29</td>
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<tr>
<td>Nature</td>
<td>Science of Sleep - VIRTUAL</td>
<td>Tuesday, October 20</td>
<td>5:15-6:30pm</td>
<td>Age 15+</td>
<td>VIRTUAL</td>
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<tr>
<td>Nature</td>
<td>&quot;Connecting You to Nature&quot; Hike - VIRTUAL</td>
<td>Wednesday, October 7</td>
<td>5:30-6:30pm</td>
<td>All Ages</td>
<td>VIRTUAL - Weaver Park</td>
<td>39</td>
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<tr>
<td>Nature</td>
<td>Happy Trees Painting Class - VIRTUAL</td>
<td>Saturday, October 10</td>
<td>10-11:30am</td>
<td>Ages 13-17</td>
<td>VIRTUAL</td>
<td>31</td>
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<tr>
<td>Nature</td>
<td>Zoom with the Animals - Turtles, Snakes &amp; Toads - VIRTUAL</td>
<td>Saturday, October 17</td>
<td>10-11am</td>
<td>All Ages</td>
<td>VIRTUAL</td>
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<tr>
<td>Nature</td>
<td>&quot;Connecting You to Nature&quot; Hike - VIRTUAL</td>
<td>Wednesday, October 21</td>
<td>5:30-6:30pm</td>
<td>All Ages</td>
<td>VIRTUAL - Meadowbrook Park</td>
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<td>Nature</td>
<td>Zoom with the Animals - Owls &amp; Owl Pellet Dissection - VIRTUAL</td>
<td>Friday, October 30</td>
<td>4-5pm</td>
<td>All Ages</td>
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## November

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<tbody>
<tr>
<td>Community</td>
<td>Quilters Zoom Group - VIRTUAL</td>
<td>Tuesday, November 3</td>
<td>10-11am</td>
<td>All Ages</td>
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<tr>
<td>Community</td>
<td>Quilters Zoom Group - VIRTUAL</td>
<td>Tuesday, November 10</td>
<td>10-11am</td>
<td>All Ages</td>
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<tr>
<td>Community</td>
<td>Quilters Zoom Group - VIRTUAL</td>
<td>Tuesday, November 17</td>
<td>10-11am</td>
<td>All Ages</td>
<td>VIRTUAL</td>
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<tr>
<td>Community</td>
<td>Quilters Zoom Group - VIRTUAL</td>
<td>Tuesday, November 24</td>
<td>10-11am</td>
<td>All Ages</td>
<td>VIRTUAL</td>
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<tr>
<td>Fitness</td>
<td>Intro to Laughter Yoga - VIRTUAL</td>
<td>Saturday, November 14</td>
<td>9-10am</td>
<td>All Ages</td>
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<td>Nature</td>
<td>&quot;Connecting You to Nature&quot; Hike - VIRTUAL</td>
<td>Wednesday, November 4</td>
<td>5:30-6:30pm</td>
<td>All Ages</td>
<td>VIRTUAL - Perkins Road Wet Prairie</td>
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<td>Nature</td>
<td>Zoom with the Animals - Dinner with the Animals - VIRTUAL</td>
<td>Friday, November 13</td>
<td>5-6pm</td>
<td>All Ages</td>
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## December

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<thead>
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<th>Event Category</th>
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<tbody>
<tr>
<td>Community</td>
<td>Quilters Zoom Group - VIRTUAL</td>
<td>Tuesday, December 1</td>
<td>10-11am</td>
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<td>Community</td>
<td>Rules of the Road - VIRTUAL</td>
<td>Thursday, December 3</td>
<td>10-11:30am</td>
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<td>Community</td>
<td>Quilters Zoom Group - VIRTUAL</td>
<td>Tuesday, December 8</td>
<td>10-11am</td>
<td>All Ages</td>
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</table>
Welcoming Week 2020

September 12-20

Welcoming Week is an annual, national series of events where communities bring together immigrants, refugees, and native-born residents to raise awareness of the benefits of welcoming everyone.

Check out the Urbana Park District facebook page and www.UrbanaParks.org for updates on Welcoming Week schedule of events.

Take a Child Outside Week

September 18-27 is Take a Child Outside Week! Join the national effort to connect children with nature.

Explore ways to get outdoors throughout the park district! Just look for this symbol in the guide:

Regular contact with nature is associated with:

• Improved creativity, problem solving and self-control
• Enhanced ability to focus and reduced symptoms of ADD
• Better academic performance and social relations
• Increased physical activity and lower rates of obesity

For more information about Take a Child Outside Week activities, see page 38.

FREE: Outdoor Movie Night: The Wizard of Oz

Friday, September 25, 6:45-9pm
• Rain Date: Saturday, September 26
Anita Purves Nature Center
All Ages - under 15 with adult

Celebrate Take a Child Outside Week with an outdoor movie at the park! Bring your own snacks and a blanket/lawn chair to sit on, check in by 6:45pm, and we’ll show you to your assigned space. The movie will begin promptly at 7pm. Space is limited to household groups of 1-6 people, and group spaces will be 10 feet apart. Register your household by calling (217) 384-4062.
November 1-26, 2020
Virtual Fun Run/Walk
All Ages, FREE!

As this beloved event celebrates 53 years, we invite you to continue Urbana Park District’s Thanksgiving tradition by participating in this year’s Virtual Turkey Trot! Walk, run, or roll your mile anytime between November 1st - November 26th to participate. This virtual one-mile trot can be completed at any location. Please share your photos on our Turkey Trot Facebook event page or email photos to info@urbanaparks.org.

Purchase your souvenir Turkey Trot shirt at Phillips Recreation Center during regular business hours between October 30 and November 25. While the Turkey Trot continues to be a free event, those who wish to continue to put the “give” in Thanksgiving can donate to the Urbana Park District Youth Scholarship Fund at the Phillips Recreation Center as well.

We hope to see you all back in-person at Crystal Lake Park for the 54th Annual Turkey Trot in 2021!
Zumba Gold for Active Aging Week

October 6 and October 8, 4:30-5:30pm
Meadowbrook Park, Garden Pavilion
Age 50+

Celebrate Active Aging Week with a fun dance party workout! Zumba Gold has all the fat-burning moves and energizing international music of regular Zumba, but with simpler choreography designed for beginners and seniors. Space will be limited to ensure social distancing. Program is weather dependent. Please check www.UrbanaParks.org for cancellation information.

Active Aging Week (October 5-11, 2020) challenges society’s diminished expectations of aging by showing that, regardless of age or health conditions, adults over 50 can live as fully as possible in all areas of life — physical, social, spiritual, emotional, intellectual, vocational, and environmental. The objective of the annual health-promotion event is to give as many older adults as possible the means to experience wellness activities and exercise in a safe, supportive environment. It also promotes the benefits of healthier, more active lifestyles across the life span.

WE’RE BRINGING YOU — URVANA!

Urvana Mobile Recreation Unit bringing fun and activities to a neighborhood near you!
Track Urvana’s activities on social media below!

Facebook “Urvana Mobile Recreation Unit”
Instagram @upd_urvana
You belong here.
2021 BEST IN SHOW
Photographic Print Competition

February 6-14
Lincoln Square, Urbana
All ages

For the 20th Annual Best In Show Photographic Print Competition, we may have to do some things differently due to the Covid-19 pandemic – like possibly not having an in-person group critique. But hopefully we can still show hundreds and hundreds of photos in person as we have done for the past two decades.

For information on categories, eligibility and matting requirements see our website at www.urbanaparks.org or pick up a Best in Show brochure and entry form at the Phillips Recreation Center, Lincoln Square, or the News-Gazette. Call Janet at 217-367-1544 ext. 277 for more information.

There is a five-piece limit, and all prints must be mounted on foamcore. Early Bird rate on entry fee: $5 for first print and $3 each for the next four. The regular entry fee is $10 for the first print and $3 each for the next four.

- All entry forms are due to the Phillips Recreation Center by Wednesday, January 20 at 6pm to get Early Bird rate on entry fee!
- Regular entry deadline is Wednesday, January 27 at 6pm.
- Exhibition on display from Feb 6 at Noon to Feb 14 at Noon
- Judges’ critique for all entrants Feb 14, 1-2pm
- Feb 14- All photos must be picked up between 2 and 5pm

FREE: HALLOWEEN MASQUERADE CAR PARADE

Wednesday, October 28, 5:30-8pm
- Rain Date Thursday, October 29
Marketplace Mall Parking Lot
All Ages

We’re excited to join Champaign Park District and Marketplace Mall for a safe, new event since we cannot hold the ever-popular Halloween FunFest. Decorate your car at home or in our staging area and join this spooktacular parade safely inside your car and collect a goodie bag for each car.
Decoration time 5:30-7:30pm, Parade at 7:30pm.

Free - Great Pumpkin Hunt

Whole month of October – follow us on Facebook @urbanaparkdistrict for more information
All Ages

Are you ready to solve clues to find pumpkins all over Champaign-Urbana? We’ve teamed up with Champaign Park District to hide pumpkins in the parks throughout October. Get your detective gear ready and see how many you can find! Be sure to snap a picture and share your discoveries with us on our Facebook and Instagram accounts by tagging #CUpumpkinhunt.
The Anita Purves Nature Center, located at the north end of Crystal Lake Park, is an environmental education facility open free to the public. Next door you’ll find the Friendship Grove Nature Playscape (pg. 15) and Busey Woods, a 59-acre forest preserve with a boardwalk loop, season ponds and more.

Cleaning
We are dedicated to making sure the Anita Purves Nature Center follows all IDPH COVID-19 cleaning standards. Staff will be cleaning the restrooms and high touch points at least every hour. Staff will deep clean the facility at least every four hours, including but not limited to the classrooms, restrooms, and lobby and Field Station and Wildlife Observation Room when they open.

Please practice recommended CDC and local health department COVID-19 practices when using district trails and playscapes. Wash your hands before you come, bring hand sanitizer if possible and wash again when you get home. Play at your own risk.

• Stay home if you are sick.
• Maintain six-foot social distancing.
• A mask is required when visiting the nature center.
• On trail, maintain distance from others and avoid touching common areas, signs, bathrooms, etc. Wear a mask if you cannot observe social distancing.
• Keep your dog at home - they are not permitted in district natural areas or the Friendship Grove Nature Playscape.

What’s Inside the Anita Purves Nature Center?

Exhibits & Wildlife Viewing
Open by Appointment Only starting October 3, 2020 – stay tuned to our social media and district website for updates about registering for a timed visit.

Discover Illinois natural history both inside and outside the nature center. Indoors, explore the Field Station through hands-on displays that include discovery drawers and seasonal exhibits. Watch wildlife in the center’s habitat garden and feeding station.

Multipurpose Rooms
Rentals Available by Appointment Only:
October-December (weekends): 7am-11pm
Our multipurpose room is ideal for parties, retreats, meetings or groups, for up to 25 people. The room features views of the prairie and close proximity to the Friendship Grove Nature Playscape and Busey Woods. Your rental includes counter space and sinks. Dry erase easel, podium, LCD projector and PC laptop are available for an additional fee. Reservations must be made at least two weeks in advance. Call (217) -384-4062.

Nature Store: BY APPOINTMENT ONLY
Check out the great new selection of nature-related items including books, reusable straws, reusable produce and shopping bags, educational toys & dress up wings. Pick out a new walking stick or reusable water bottle for your next hike. All proceeds support district environmental programs. Visa, MasterCard, Discover, American Express, cash and checks accepted. Educators get a 10% discount. Call 217-384-4062 to schedule an appointment!

ADOPT AN EDUCATION ANIMAL
The nature center’s education animals help to demonstrate the variety of wildlife living in Illinois. Your financial contribution or “adoption” helps provide the animals with the care and the food they need. For prices and more information, please call (217) 384-4062 and ask for an adoption brochure. Or you may download one from the bottom of the Anita Purves Nature Center page at www.urbanaparks.org/facilities/anita-purves-nature-center/.

POP-UP PROGRAMS & SERVICES
Follow “Anita Purves Nature Center” on Facebook and Twitter “@UPDNature” for pop-up program announcements and the most up-to-date program information. Sign up here to receive the nature center’s monthly e-newsletter: www.urbanaparks.org/e-news/
Brookens Gym is in pod 400 of the Champaign County Administration (Brookens) Building. The gym is well-lit and has a reconditioned floor. Locker rooms are available to program participants. Locks are not provided. Ample parking can be found directly adjacent to the building accessible from the Lierman Avenue entrance off Art Bartell Road.

BROOKENS IS CLOSED TO THE PUBLIC UNTIL FURTHER NOTICE:

Brookens Gymnasium is closed this fall. Champaign County government is using the gym space so the county can provide social services and election services.

Due to the amount of equipment needed for these services, we are unable to host any activities, programs and rentals through Election Day, November 3.

Please call Brookens Gym at (217) 255 – 8601, if you are interested rentals after November 3.

Also, please follow Urbana Park District on Facebook, Twitter and online at www.urbanaparks.org for the latest information about Brookens Gymnasium.

FOR OPEN GYM DATES:

We will not offer open gym until November 4.

Please follow Urbana Park District on social media and on urbanaparks.org, and watch for open gym dates and times.

Please note: Our program offerings may change with little notice. Please follow Urbana Park District online at www.urbanaparks.org, or on Twitter, Facebook and Instagram for any schedule changes.
The Friendship Grove Nature Playscape at the Anita Purves Nature Center has earned the 2018 Governor’s Hometown Award for environmental stewardship and community involvement! This hands-on, kid-directed outdoor play space allows children’s imagination and ingenuity to inspire their adventures. The playscape provides accessible play opportunities for all abilities. There are four main features, or “anchor pieces,” as well as additional play elements that change with the seasons.

The Four Anchor Pieces

- Log Wall - Imagine all the ways you can use this multi-purpose structure.
- Fallen Tree - Use large muscles to climb, jump and balance, while searching for signs of wildlife.
- Digging Area - Get dirty and have fun playing on the ground with friends.
- Tunnel - Crawl and traverse this hill/tunnel combination.

Climbing features are intended for ages 5-12. Children must be accompanied by an adult.

Please practice recommended CDC and local health department COVID-19 practices when using district trails and playscapes. Wash your hands before you come, bring hand sanitizer if possible and wash again when you get home. Play at your own risk.

- Stay home if you are sick.
- Maintain six-foot social distancing.
- A mask is required when visiting the nature center.
- On trail, maintain distance from others and avoid touching common areas, signs, bathrooms, etc. Wear a mask if you cannot observe social distancing.
- Keep your dog at home - they are not permitted in district natural areas or the Friendship Grove Nature Playscape.

Planning a group visit? Call 217-384-4062
Please call ahead if you plan to bring a group of 10 or more. Staff can help you choose a time that does not conflict with a scheduled program or event and can help you reserve picnic tables if needed.

See photos and learn more about the Friendship Grove Nature Playscape and the benefits of nature play at:
www.urbanaparks.org/facilities/friendship-grove-nature-playscape/
Cozy & Convenient

The Lake House is a cozy spot for birthdays, anniversaries, retirement parties, bridal and baby showers, rehearsal dinners, family reunions, corporate trainings, meetings, retreats, graduation and holiday parties. Between November and March, you can add the fireplace for atmosphere! Rehabilitation has begun and while access to the Lake House and immediate surroundings won’t be impacted, large machinery may be present and vegetation and plantings around the lake edge across from the Lake House will be removed and grounds will be affected visually.

Tucked away in Crystal Lake Park, the Lake House offers a beautiful view of Crystal Lake and easy access to pavilions, playgrounds, and boating opportunities in the park. The rental room can seat or accommodate up to 25 standing people. There is a two-hour minimum for all rentals. Please make your request at least two weeks in advance.

Plan Your Next Meeting, Company Training or Retreat with Us

The Lake House offers a relaxing setting that your staff and your budget will appreciate. For only $35-45/hour, you’ll have access to all the Lake House features. Call Janet at 217-367-1544 ext. 277 to see if your meeting qualifies for our seminar rate. We have a new ceiling-mounted LED projector with screen over the fireplace. It also comes with a 5-speaker sound system and connects to your device wirelessly or via HDMI cable.

Rental Fees

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<th>Days</th>
<th>Inside Room</th>
<th>Inside Room Plus Patio</th>
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<tbody>
<tr>
<td>Mon-Thurs</td>
<td>$50/hour</td>
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<tr>
<td>Fri-Sun</td>
<td>$60/hour</td>
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<td>Extras</td>
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<td>Fireplace (Nov-Mar) - $20</td>
<td>TV/DVD - $10</td>
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<tr>
<td></td>
<td>Ceiling-Mounted LED Projector w/ sound - $20</td>
<td>Lakeside Deck Rental for 2 Hours - $50</td>
</tr>
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</table>

Included in Every Rental: use of a prep kitchen with counter space, small microwave, sink, and ice machine, use of refrigerator and freezer. Easel, screen and podium are also available at no extra charge.

All rentals require a $75 deposit. Additional permits and/or fees are required to serve beer and wine at your event or if you are charging an entry fee to the public. Please make all requests at least two weeks in advance. Requests made less than two weeks in advance pay additional charges.

We are following public health Covid-19 Precautions in our rental operation. Contact tracing will be done and we are operating at half capacity during Phase 4 of the Restore Illinois Plan.
Crystal Lake Enhancement Plans
Crystal Lake Park remains a priority for the district and community. Staff are working on significant improvements of the park and within the 9-acre lake. Phase One of the rehabilitation project, sediment removal from the basin, was completed in 2017. Current Phase Two work includes restoration of a portion of the shoreline with a native plant buffer that will reduce erosion, and will provide improvement to the water quality through storm water infrastructure. Additionally, stone outcroppings, a kayak launch, new playground and other recreational amenities are funded with the help of the OSLAD grant the park district received in early 2019.

Urbana Park District Rainout Line - Download the app or call us.
For information about program cancellations, including weather cancellations, and for updates about special events or other key happenings at the Urbana Park District, you may call the Sports, Program, and Event Hotline at 217-367-9575. For evening sports programs, this line will be updated after 4:30pm on weekdays and one hour before the scheduled program or sports on weekends. All other updates will be made as conditions change; there are different extensions for individual program areas. You may also find out about the Rainoutline App for your phone at: http://www.urbanaparks.org/events/rainouts-and-cancellations/

HOW TO SEARCH FOR FACILITY AVAILABILITY ONLINE

2. Click the grey “click to register online” button.
3. Click the “Rentals tab”, then click the gray “View Facilities” button.
4. Scroll down the list to find your desired facility or enter the type of facility into the search bar (e.g. room, gym, pavilion, or pool). A list of matching facilities will be generated, but do not click on the facility’s name.
5. The right column has a “view availability” box for each facility. Click on that box and a calendar opens.
6. Find the date you are interested in. Most facilities will have available times listed in that square. For others, you will click on the “view available times” wording in that day.
Stop by the Urbana Park District’s updated recreation office and community center. This public facility has three multi-purpose rooms with new padded polyurethane flooring, a demonstration kitchen, and a beautiful dance/fitness room. Experience the variety of exciting classes, programs and activities for all ages. The Phillips Center is the place to sign up for programs, rent a picnic pavilion or get your pool pass photo taken. We look forward to helping you enjoy all that the district has to offer. Now that we offer online registration, we’d be glad to help you with your online registration, too!

NEW! James Room Kitchen
The latest improvement to your community center is a newly reconstructed kitchen. This open floor plan demo kitchen and classroom space is much more accessible and allows us to share nutrition and cooking classes for all ages and abilities in addition to other Age-Friendly Programs. See pages 30 for a listing of new programs in the kitchen.

Dance/Fitness Rooms
Our 2,000-square-foot wood-sprung dance floor is easy on the joints when you dance or exercise with us. The Phillips Recreation Center is known for a non-intimidating atmosphere and welcoming instructors, so exercising here is convenient and comfortable. A wide variety of classes fits many schedules. See pages 31-37 for group fitness, water exercise or yoga class. New students can try any dance or fitness class for free to see if it suits you. Stop at the front desk to sign a waiver and get details.

Room Rental
Programs of all types are held in our three multi-purpose rooms – from preschool fine arts to family special events. During times when rooms are not in use, they are available to rent. Rooms can accommodate 30-120 people, depending on room arrangement and needs. Rental rates range from $55 to $170 an hour, depending on how many rooms are rented. Each room is just over 660 square feet. Talk with Heather Britsky at extension 272 about room set-up and availability.

COVID-19 PRECAUTIONS
Visitors to the recreation office at the Phillips Center will need to fill out contact tracing sign-in and answer health screening questions, for more information, call 217-367-1544.

Office Hours: August 1 - September 5
Mon-Thurs 8am-6pm | Fri 8am-5pm

Office Hours: September 8 - December 24
Mon-Thurs 8am-6pm | Fri 9am-5pm | Sat 8am-12pm

Closure Dates:
September 7, November 11, November 26-28, December 25-26, and January 1
The Urbana Park District Dog Park allows dogs to run off leash and is open daily from sunrise to sunset. For security of all members, do not visit the park after dark. The 10 acres feature a shaded area in the center of the park and plenty of open meadow for running. This park provides a fun place for your dog to romp with other dogs and for you to meet and get to know other pet owners.

Please practice recommended CDC and local health department COVID-19 practices when using district trails and playscapes. Wash your hands before you come, bring hand sanitizer if possible and wash again when you get home. Play at your own risk.

- Stay home if you are sick.
- Maintain six-foot social distancing.
- A mask is required when visiting the nature center.
- On trail, maintain distance from others and avoid touching common areas, signs, bathrooms, etc. Wear a mask if you cannot observe social distancing.

Memberships are available on a yearly basis from the date of purchase at the Phillips Recreation Office; 505 W. Stoughton, Urbana. Online and phone registration is not possible at this time.

The following is required:

In Person or Mail
1. Provide a copy of your dog’s current vaccination record, showing proof of distemper and rabies vaccination. Proof of vaccination from your vet is required to complete membership. Your vet may fax these documents to the Phillips Recreation Office: 217-367-1592 or email them to info@urbanaparks.org
2. Read the rules. Complete and sign registration form. Email contact information is strongly recommended so that members receive up to date notices and park information. Visit www.urbanaparks.org/parks/dog-park-perkins-rd.site/ to read the rules and to print off a registration form.
3. Payment: Cash, check or credit card (check only if mailed). Resident and non-resident rates apply. Reciprocal Agreement: The Urbana Park District and Champaign Park District have a reciprocal agreement that allows for a resident of one district to participate in programs and services of the other district at the resident rate.
4. Your membership will include a fob to open the electronic gate at the Urbana Dog Park entrance. It will be active through the duration of your membership, unless park use is revoked. The fob fee is $10/fob. You may purchase more than one to share with family members. Replacement fobs are $10/fob.
5. Use your gate fob to enter the park. The fob will expire one year from purchase. Renewing membership will reactivate the fob.
6. Only active members have working fobs. Do not open the gate for others. If your fob does not work, call 217-367-1544.

Membership Fees:
One Dog (Resident): $41 + $10 fob fee
One Dog (Non-Resident): $61 + $10 fob fee
Each Additional Dog: $6
Each Additional Fob: $10

Monthly Trial Visitor Passes
Visitors may purchase a monthly trial visitor pass for $10 plus the $10 fob fee. If in that month, the patron wishes to purchase a year’s membership, their trial pass fee will be applied toward an annual membership fee. All rules and membership requirements are expected.

Two Memberships for the Price of One!
The Champaign Park District operates the Bark Park on the corner of Windsor and Rising Roads. The two park districts have an agreement that allows members to purchase a gate fob for the other dog park for just $10. Members must take a copy of their membership receipt to either the Champaign Park District or Urbana Park District to register for the additional dog park access. Champaign Park District Bark Park members must bring their membership receipt to the Urbana Park District to purchase an Urbana Dog Park fob. Rules for both parks are the same.
Our goal for these natural areas is to restore areas characteristic of Illinois’ most diverse habitats. Restoration includes planting and seeding native plants, removing nuisance plants, and conducting prescribed burns to encourage healthy growth. Learn more about each of these areas at: www.urbanaparks.org/parks/natural-areas/

Natural areas are open sunrise to sunset. Please observe the following recommendations:

- Stay home if you are sick.
- Maintain six-foot social distancing.
- Wear a mask if you cannot observe social distancing.
- When on trail, maintain distance from others and avoid touching common areas, signs, bathrooms, etc.
- Keep your dog at home - they are not permitted in district natural areas.

Why No Dogs? Dogs – on leash or off – are a detriment to wildlife. Wild animals perceive dogs as predators. Dogs cause stress to wildlife causing them to stop their normal behavior like feeding or resting. Repeated stress causes long-term impacts on wildlife including reduced reproduction and growth and increased vulnerability to disease. Dog urine in wildlife habitats “marks” the territory, which can make it unsuitable for wildlife. Furthermore, dog scent repels wildlife even after the dogs are gone.

Naturalists are available, and classes are designed for all age groups and interests. To inquire about programs and services, call the Anita Purves Nature Center at 217-384-4062. Visit pages 13 and 38-41 for information.

Help us maintain these natural areas by not collecting items, walking pets or cycling.

Busey Woods
Busey Woods is a 59-acre bottomland oak-hickory forest. It is located at the north end of Crystal Lake Park with an entrance just west of the Anita Purves Nature Center. The C-U Optimist Club sponsors management of Busey Woods.

Commissioners Grove & Wetland in Weaver Park
With the help of volunteers, the Urbana Park District is restoring a variety of ecosystems at this quietly emerging park. Located south of the intersection of Main Street and Smith Road, this 60-acre park contains:
- 35 acres of prairie and native grasses
- An award-winning watershed management wetland
- A 5-acre woodland/savanna restoration
- Parking for the Kickapoo Rail Trail

Spomer Prairie in Meadowbrook Park
Prairie was once the dominant natural feature of Illinois. Since 1978, the Urbana Park District and countless volunteers have worked to recreate approximately 80 acres of Illinois native landscape. Visit this park in south Urbana, along Windsor Road and Race Street, and explore and enjoy a part of Illinois’ natural history that has all but disappeared.

Perkins Road Wet Prairie
With help from the Illinois Department of Natural Resources Conservation 2000 program, the district is restoring 35 acres behind the dog park. Once restored, the park will include prairie and wetland environments for wildlife observation, environmental education programs and recreation.

“Connecting You to Nature” - Virtual Hikes on Facebook Live - FREE

Wednesdays, 5:30-6:30pm
All Ages - under 15 with adult

Join staff from the Anita Purves Nature Center during these virtual hikes through district natural areas. Learn about restoration and how to identify native and invasive plants. These programs are a great way to learn about nearby nature before visiting on your own. To watch, find the Anita Purves Nature Center on Facebook at www.facebook.com/APnaturecenter.

<table>
<thead>
<tr>
<th>Location</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Busey Woods</td>
<td>September 23</td>
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<tr>
<td>Weaver Park</td>
<td>October 7</td>
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<tr>
<td>Meadowbrook Park</td>
<td>October 21</td>
</tr>
<tr>
<td>Perkins Road Wet Prairie</td>
<td>November 4</td>
</tr>
</tbody>
</table>

For more ways to connect with nature see page 38-41.

Please note: Our program offerings may change with little notice. Please follow Urbana Park District online at www.urbanaparks.org, or on Twitter, Facebook and Instagram for any schedule changes.
North Woods Pavilion  
Crystal Lake Park: Gold/Orange Bus Route  
Rental Cost: $85 | # of Picnic Tables: 6  
The North Woods Pavilion is a shaded outdoor site in Crystal Lake Park that offers barbecue facilities, nearby sand volleyball, electricity, lights on timers, seating for up to 24 and nearby parking.

Large Pavilion  
Crystal Lake Park: Gold/Orange Bus Route  
Rental Cost: $110 | # of Picnic Tables: 24  
The Large Pavilion is an open-air facility in Crystal Lake Park. The pavilion is accessible from Park Street and overlooks Crystal Lake. The pavilion has seating for groups up to 50. Nearby features include a large grill with charcoal bin, electricity, water fountain, lights on timers, two horseshoe pits, playground and sand volleyball area with net. Portable toilets are available. Parking is easily accessible.

Garden Pavilion  
Meadowbrook Park: Bronze Bus Route  
Rental Cost: $95 | # of Picnic Tables: 8  
This pavilion is located in the heart of Meadowbrook Park. Surrounded by hiking trails, organic and herb gardens and re-created prairie, it is ideal for any special occasion. The pavilion has seating for up to 32 people and also includes electricity, water fountain, restrooms, and lights on timers. No grills at this location.

Jettie Rhodes Pavilion  
King Park: Grey/Illini Bus Route  
Rental Cost: $95 | # of Picnic Tables: 8  
This pavilion is perfect for family reunions or other gatherings. It offers seating for up to 32 people and access to grills and seasonal restrooms. Electricity is available. Nearby features include tennis courts, playground equipment and a walking path.

Pavilions in Crystal Lake Park may be inaccessible on certain dates due to construction. Call 217-367-1544 to verify availability.

During Restore Illinois Phase 4, all pavilions will be operated at half capacity. Renters will need to sign a Covid-19 waiver and follow local public health protocols.
The Urbana Indoor Aquatic Center is a partnership between the Urbana School District and the Urbana Park District. It is open to everyone during public swim time with a paid admission, punch card or membership card. During public swim hours, the water spray toys and water slides are turned on. Lap swim times are for individuals age 15 and up who wish to swim for exercise. Attend Urbana Park District water exercise classes by registering and paying for a specific program.

The Urbana Indoor Aquatic Center is also home to the Urbana Park District swim lesson program, Tiger Shark Swim Team and PE programs. Local swim team practices and meets, special events, birthday parties and private rentals are also held here. Take advantage of this great community pool — and bring a friend!

**Pool Features**
- Well-trained guards
- Zero-depth recreational pool equipped with water geysers, dinosaur slide and rain drop umbrella toy
- Drop slide and flume slide
- 25-meter x 25-yard competition pool with 8 swimming lanes
- 1-meter diving board
- Locker rooms and family changing area
- Party room

**Fall Hours:** August 3 - December 17

<table>
<thead>
<tr>
<th>Days</th>
<th>Lap Swim &amp; Water Exercise</th>
<th>Public Swim</th>
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</thead>
<tbody>
<tr>
<td>M-F</td>
<td>6-8am* &amp; 11am-1pm*</td>
<td>Closed**</td>
</tr>
<tr>
<td>Sat</td>
<td></td>
<td>Closed**</td>
</tr>
<tr>
<td>Sun</td>
<td></td>
<td>Closed**</td>
</tr>
</tbody>
</table>

*Swimmers must register online for a 45 minute lap swim reservation. Two lap swimmers per lane will be the maximum allowed. To register for a lap swim time, please visit urbanaparks.org/register. Registration will be available one week prior to lap swim date.

**Check www.urbanaparks.org/facilities/urbana-indoor-aquatic-center/ for the most up to date Public Swim hours.

**Winter Break Hours:** TBA

Hours are subject to change. Look for postings on the Urbana Indoor Aquatic Center outer doors. Refunds and/or credits are not given for closures.

**Closure Dates**

- **Closed all day - No public activities**
  - Sept 5-7 - Labor Day Weekend
  - October 10 - UHS Swim Meet
  - November 7-8 - HEAT Meet
  - November 26 - Thanksgiving Day
  - December 5 - UHS Swim Meet
  - December 24 - Christmas Eve
  - December 25 - Christmas Day
  - December 31 - New Year's Eve
  - January 1 - New Year’s Day

- **Afternoon Closures - No public activities after 3pm; Morning and lunchtime activities will continue**
  - September 16 - UHS Swim Meet
  - September 24 - UHS Swim Meet
  - October 5 - UHS Swim Meet
  - October 14 - UHS Swim Meet
  - November 6 - HEAT Meet

Please note: Our program offerings may change with little notice. Please follow Urbana Park District online at www.urbanaparks.org, or on Twitter, Facebook and Instagram for any schedule changes.
Aquatic Programs

Aquatic Programs

Urbana Park District Rainout Line
- Download the app or call us.

For information about program cancellations, including weather cancellations, and for updates about special events or other key happenings at the Urbana Park District, you may call the Sports, Program, and Event Hotline at 217-367-9575. For evening sports programs, this line will be updated after 4:30pm on weekdays and one hour before the scheduled program or sports on weekends. All other updates will be made as conditions change; there are different extensions for individual programs. You may also find out about the Rainoutline App for your phone at: http://www.urbanaparks.org/events/rain-outs-and-cancellations/

Daily Admission

$3 Non-Swimmers wishing to supervise swimmers (must be 15 or older)
$6 Per Person (under 4 years FREE)
$4 On Thursdays (Swimmers)

Youth under 11 must be accompanied by a paying supervisor age 15 or older any time they visit UIAC. This is for the safety and enjoyment of all pool visitors. Children age 11 and up and may attend the facility without a supervisor.

Punch Cards
Purchase a punch card as a way to try the Urbana Indoor Aquatic Center before committing to buying a membership. Or give one to family or friends from out of town.

5-Visit Punch Card $25
10-Visit Punch Card $50

Family Memberships (2-4 Family Members)
A family includes anyone residing in the same household. Children under age 4 will not be charged for a pass, but a pass will be issued so that the Urbana Park District can keep track of the number of members at the facility.

Memberships
Purchase a membership at either the Urbana Indoor Aquatic Center or the Phillips Recreation Center.

Resident (UPD/USD #116) 3 months 6 months Annual
Youth Ages (Up to Age 17) $75 $127 $216
Adult Ages (18 and Up) $86 $152 $254
Family of 2-4 $115 $191 $319
Additional Family Member $15 $30 $60

Nonresident 3 months 6 months Annual
Youth Ages (Up to Age 17) $90 $150 $254
Adult Ages (18 and Up) $105 $179 $299
Family of 2-4 $138 $225 $374
Additional Family Member $15 $30 $60

Please note: Our program offerings may change with little notice. Please follow Urbana Park District online at www.urbanaparks.org, or on Twitter, Facebook and Instagram for any schedule changes.
Aquatic Programs

Urbana Park District Swim Lessons
Currently, the Urbana Indoor Aquatic Center will be providing private swim lessons and private coaching only. Please check out website at www.urbanaparks.org/facilities/urbana-indoor-aquatic-center/ for the most up to date information.

Parent Information
- Shoes, food and drink are not allowed on the pool deck.
- Children may not have free swim before or after their swim lesson. If their lesson ends during public swim, you may re-enter after paying or scanning your UIAC pass.
- Parents, guardians, siblings and friends are not allowed in the water during swim lessons.
- Family members must watch lessons from the Mezzanine level, not on the deck.

Private & Semi-Private Swim Lessons
Urbana Indoor Aquatic Center & Crystal Lake Park Family Aquatic Center
4 Lessons/30 Minutes Each
All Ages
Private and Semi-private lessons provide very individualized instruction for anyone at any age. These lessons help the student become more confident in their swimming skills. We also recommend these lessons for anyone who wishes to perfect their strokes or for those who need a little extra attention before rejoining group lessons. Please call the Aquatics Coordinator at 217-384-7665 to register or to contact a shift manager if you need to cancel. If 24 hours advanced notice of cancellation is not given, credit will not be applied and you will forfeit that lesson.

Register early, this class fills fast!

<table>
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<td>9162</td>
</tr>
<tr>
<td>3 Students</td>
<td>$112R/$168NR</td>
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Private Coaching
Urbana Indoor Aquatic Center
30 Minute Lessons
These 30-minute lessons are focused, one-on-one training with area elite swim instructors. Turn your weaknesses into strengths, improve your skills, and gain confidence. Cost is per lesson. Please contact the Shift Manager on duty at 217-384-7665 with questions or to request a coach. No online registration. Contact a shift manager at 217-384-7665 if you need to cancel. If 24 hours advanced notice of cancellation is not given, credit will not be applied you will forfeit that lesson.

<table>
<thead>
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<th># of Students</th>
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<tr>
<td>2 Students</td>
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<tr>
<td>3 Students</td>
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<td>9167</td>
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</tbody>
</table>

Please note: Our program offerings may change with little notice. Please follow Urbana Park District online at www.urbanaparks.org, or on Twitter, Facebook and Instagram for any schedule changes.
Year-Round Tiger Shark Swim Team
Head Coach/Swim Pro: Ed Morford

The Tiger Shark Swim Team will provide an opportunity for experience and success at every level for the sport of competitive swimming. Development of character, skill proficiency, physical training, and joy for practice and competition are the goals for every swimmer and the team.

Short Course season runs from August 3, 2020 to April 16, 2021, at the Urbana Indoor Aquatic Center. Registration is ongoing throughout the year. Questions? Contact Ed Morford at 217-384-7665 ext.337 or email etmorford@urbanaparks.org.

Group placements will be determined on the athlete’s skill level, not by age. We encourage all swimmers to come to a practice or arrange for an evaluation where we will be able to evaluate skill level and place them in the appropriate group. Please review the group levels below to suggest which group your child should swim in. The Swim Pro holds the ability to place the swimmer into the proper group due to skill level, safety, and efficiency, which group your child should swim in.

<table>
<thead>
<tr>
<th>Level</th>
<th>Description</th>
<th>Prerequisites</th>
<th>Monthly Fee</th>
</tr>
</thead>
</table>
| Beginner         | For school aged swimmers with no swim team experience. Practice up to 5 times per week. | • Safe and competent in deep water  
• Ability to swim one 25 yard length on front and back | $70         |
| Advanced Beginner| For school age swimmers with beginning level experience in competitive swimming or more advanced skill and stroke knowledge. | • “Legal” strokes in 3 of 4 competitive strokes.  
• Ability to swim/kick 300 yards continuously. | $70         |
| Age Group        | For swimmers ready and able to begin the training aspect of competitive swimming. Speed and endurance will be emphasized, along with refining existing competitive skills. | • 4 legal strokes with starts, turns and finishes  
• Ability to swim/kick 500 yards continuously  
• 8 x 50 freestyle on 1:20, 4 x 100 IM on 1:45 | $90         |
| Advanced Age Group| For the swimmer who wants advanced levels of skills, training and competition. 3 or more 1 ½ hour practices are expected. | • 10 x 50 freestyle on :50  
• 8 x 100 IM on 2:15 | $110        |
| Senior           | The top level of competitive swimming. Encouraged to practice 5 days a week for at least 1 ½ hours. | • 10 x 100 on 1:30  
• 6 x 200 IM on 3:30 | $110        |

Register online at https://bit.ly/3hw4jQo

Please note: Our program offerings may change with little notice. Please follow Urbana Park District online at www.urbanaparks.org, or on Twitter, Facebook and Instagram for any schedule changes.
Athletic Programs

Youth Basketball
Practices: Weekday Evenings, Urbana Elementary Schools  
- January 18-March 11
Games: Saturdays, Brookens Gym/Leonhard Recreation Center  
- January 30-March 13

Grades 3-8
Practices are weekday evenings at the coaches’ convenience between 6:15-8:45 pm at Urbana elementary schools.  
Teams are guaranteed one practice per week. For Junior Boys and Junior Girls, please sign up for your first choice of practice site. Depending upon enrollment, teams may be combined. For all other levels, practice site is determined after assessment. A coach will contact you to let you know your team and first practice time. Practice begins the week of January 20. If the schools are closed for any reason, practice will not be held. Jersey Fee $16 - Players can purchase their Jersey at Brookens Gym.

MANDATORY Skills Assessment for 5th-8th Grade:  
Saturday, January 9, Brookens Gym, 11am. All 5th-8th grade participants MUST attend the skill assessment. Coaching and/or carpool requests will NOT be considered for those who fail to participate in the assessment.

Parents: We Want YOU! Volunteer Coaches Needed
As a volunteer, you will spend 3-4 total hours per week leading practices through drills and skill building exercises and coaching games — that you go to already. Training resources are provided for each sport including discussions on skills, strategies, and policies. We can even match you with another parent and you can co-coach. Parents interested in helping should call 217-255-8601, or fill out a Volunteer Application online at www.urbanaparks.org/get-involved/volunteer/. Volunteer as head coach for your child’s team and receive a credit towards your child’s fee once the season is complete. Applies to all youth sports teams except Wood Bat League.

Please note: Our program offerings may change with little notice. Please follow Urbana Park District online at www.urbanaparks.org, or on Twitter, Facebook and Instagram for any schedule changes.
Hoopster’s Co-Recreational Basketball
Saturdays, January 9-February 20
• Grade 1 - 8-8:50am
• Grade 2 - 9-9:50am
Brookens Gym
First and second graders will love this exciting, instructional program for little hands and big expectations. With a smaller ball and shorter basket, your hoopster will have a blast! Depending on number of participants age groups may combine. If combined, the program will run at 9:00am.

<table>
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<tr>
<th>Grade</th>
<th>EB Cost</th>
<th>Deadline</th>
<th>Cost</th>
<th>Deadline</th>
<th>Code</th>
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<td>2</td>
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<td>Dec 24</td>
<td>$35R/$47NR</td>
<td>Jan 1</td>
<td>9171</td>
</tr>
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</table>

Open Gym Basketball
Sundays, October 4-May 2
• Ages 5-14: 1-3pm | Age 15 and Up: 3-5pm
Brookens Gym, $1/person at the door
Brookens Gym is open Sunday afternoons for open gym basketball. Parents are welcome to attend the youth session. Children under 11 must be accompanied by someone 15 or older. Bring a photo ID. All Urbana Park District rules and regulations must be followed. Open gym may be canceled on occasion for special events. When Open Gym will be canceled, signs will be posted at Brookens Gym no less than one week prior to the cancellation. No open gym November 29 & December 27.

Open Gym Volleyball
Fridays, September 4-May 7, 5:30-8:30pm
Brookens Gym, $1/person at the door
Age 15 and Up
Bring your enthusiasm and equipment to Brookens Gym on Friday evenings for some volleyball action! Practice for your upcoming game with your team, or just come out solo and join others who love volleyball in a casual atmosphere. Open gym may be canceled occasionally for special events. When Open Gym will be canceled, signs will be posted on the park district website and at Brookens Gym no less than one week prior to the cancellation. No open gym November 27 and December 25.

Open Gym Pickleball
Tuesdays & Thursdays, August 25-May 27, 9-11am
Brookens Gym, $1/person at the door
Age 15 and Up
Pickleball is a fun, fast-paced sport that combines elements of badminton, tennis, and table tennis. Anyone over age 15 can play. Don’t know how to play Pickleball? Come on out anyway and learn a fun, new game! Open gyms may be canceled occasionally for activities. Notices will be on the Athletics page at urbanaparks.org, and signs will be posted at Brookens Gym no less than one week prior to cancellation. No Open Gym November 26, December 24, and December 31.

Urbana Park District Adult Sports Code of Conduct
Participants are expected to follow all Urbana Park District rules, regulations, and this code of conduct. The following code of conduct has been developed to ensure that all participants exhibit appropriate behavior at all times. All athletic programs are intended to provide a safe and fun recreational environment for the participants.

1. All teams and individuals must show respect to other participants, officials and staff members; including volunteers. Respect all the equipment and the facilities/fields.
2. Follow all Urbana Park District program rules and regulations.
3. The use of abusive or foul language is not permitted.
4. Any unnecessary physical contact towards another player, staff, coach, official, or spectator is not allowed. This also includes verbal threats/abuse.
5. Participants should refrain from participation in unlawful activities.

The Urbana Park District reserves the right to suspend or remove a participant or team from a program for a violation of the code of conduct and no refunds will be given. Each situation will be evaluated on its own merit.

Urbana Park District Rainout Line Download the app or call us.
For information about program cancellations, including weather cancellations, and for updates about special events or other key happenings at the Urbana Park District, you may call the Sports, Program, and Event Hotline at 217-367-9575. For evening sports programs, this line will be updated after 4:30pm on weekdays and one hour before the scheduled program or sports on weekends. All other updates will be made as conditions change. You may also find out about the Rainoutline App for your phone at: http://www.urbanaparks.org/events/rain-outs-and-cancellations/
Community Programs

Children’s Tap Dance
Tuesdays, 5:45–6:30 pm
Virtual Zoom Class
Age 16 and up

Energize both your body and your soul! No previous tap experience is necessary. Learn basic steps and rhythm, choreography and style. Support and instruction will vary based on the dancer’s skills and abilities.

Date | EB Cost | Deadline | Cost | Deadline | Code
--- | --- | --- | --- | --- | ---
Sep 22–Nov 4 | $45R/$67NR | Sep 16 | $52R/$78NR | Sep 21 | 9127

Teeney Ballereenies Dance with Me
Saturdays, 10:15-10:45am
Phillips Recreation Center
Age 2 with Adult

Teeney Ballereenies Dance with Me is a fun place to enter the wonderful world of dance and movement. Be a part of the music and the movement of ballet with fun exercises perfect for adventurous and imaginative little ones. Adults participate along with the Ballereenies to give them the confidence and one-on-one support that they need. No class October 31.

Date | EB Cost | Deadline | Cost | Deadline | Code
--- | --- | --- | --- | --- | ---
Oct 3-Nov 14 | $40R/$60NR | Sep 19 | $48R/$72NR | Sep 26 | 9132

Teeney Ballereenies
Saturdays
- Ages 3-4: 11-11:30am
- Ages 4-5: 9:15-10am
Phillips Recreation Center

Introduce your young dancer to the music and the movement of ballet with fun exercises perfect for little ones. No class October 31.

Ages 3-4
Date | EB Cost | Deadline | Cost | Deadline | Code
--- | --- | --- | --- | --- | ---
Oct 3-Nov 14 | $40R/$60NR | Sep 19 | $48R/$72NR | Sep 26 | 9129

Ages 4-5
Date | EB Cost | Deadline | Cost | Deadline | Code
--- | --- | --- | --- | --- | ---
Oct 3-Nov 14 | $40R/$60NR | Sep 19 | $48R/$72NR | Sep 26 | 9130

Youth Beginning/Continuing Ballet
Saturdays, 1-1:55pm
Phillips Recreation Center
Ages 6-12

Young dancers will gain understanding of proper ballet techniques used in this invigorating class! Some children start at this level based on age and ability, but it is intended for students who have completed Teeny Ballereenies, Bigger Ballereenies, or the equivalent. No class October 31.

Date | EB Cost | Deadline | Cost | Deadline | Code
--- | --- | --- | --- | --- | ---
Oct 3-Nov 14 | $40R/$60NR | Sep 19 | $48R/$72NR | Sep 26 | 9131

Adult Absolute Beginner/Beginner Tap Dance
Tuesdays, 7-7:55pm
Virtual Zoom Class
Age 16 and up

Want to learn a new skill from the comfort of your own home? If you are a beginning dancer and want to try tap for the first time, this class is for you. Learn basic steps and rhythm, choreography and style. You will be amazed how much fun you can have with tap. This class is intended for folks who have 3 or less semesters of tap dance experience. If you need help with proper class placement please email nahoesman@urbanaparks.org No class Nov. 24th.

Date | EB Cost | Deadline | Cost | Deadline | Code
--- | --- | --- | --- | --- | ---
Oct 3-Nov 14 | $40R/$60NR | Sep 19 | $48R/$72NR | Sep 26 | 9132

Adult Intermediate Tap Dance Technique
Tuesdays, 5:45-6:40pm
Virtual Zoom Class
Age 16 and up

This class expands on the techniques and rhythms taught in Adult Beginning Tap. It is for students with at least four semesters of tap experience. If you need help with proper class placement please email nahoesman@urbanaparks.org No class Nov. 24th.

Date | EB Cost | Deadline | Cost | Deadline | Code
--- | --- | --- | --- | --- | ---
Oct 3-Nov 14 | $40R/$60NR | Sep 19 | $48R/$72NR | Sep 26 | 9130

Please note: Our program offerings may change with little notice. Please follow Urbana Park District online at www.urbanaparks.org, or on Twitter, Facebook and Instagram for any schedule changes.
Community Programs

Adult Daytime Tap Class
Mondays, 2-2:50pm
Phillips Recreation Center
Age 16 and Up

Want to improve strength, balance and memory skills? You’ll learn simple tap dance steps and short routines to wonderful music. Although a sense of rhythm helps, no previous dance experience is required…just an interest in having fun! Please note: For safety, it is important that you do not have challenges with knee or ankle joints, as this style requires frequent bending and straightening of the legs and flexing and pointing of the feet.

School’s Out Days & Holiday Camp
On select days when USD#116 does not have in-session school, join the Urbana Park District Leaders to celebrate a day away from the classroom. Children will participate in socially distanced activities including art and STEAM activities as well as outdoor games as the weather allows.

Availability of programming depends on USD#116 instruction dates that are subject to change. Please check urbanaparks.org for our current offerings.

Kids Online Art Club
Tuesdays, 6:30-7:30pm
Virtual Classes
Age 6-10

Join us for a weekly craft night! We will bring supplies to your door and we will complete the projects together over Zoom. At the close of our classes we will have a virtual art and tell show.

Quilters Zoom Group
Tuesdays, 10-11am
Virtual Classes
All Ages

Show off your latest projects and learn new tips and tricks from your fellow quilters! We will have a weekly social and making hour over Zoom!

Afterschool Book Club
Thursdays, 4-5pm
Virtual Classes
Age 8-12

Do you love reading and want to add a few more books to your collection? Children will receive 6 brand new books and a weekly zoom session to talk about the book of the week. This club will be targeted to children from 8-12 years old.

PLEASE NOTE: Friday Night Contra Dances with the Urbana Country Dancers and English Country Dancing with the Central Illinois English Country Dancers
Due to the physical closeness required for both of these social dances, we can’t know if we can offer dances during the fall semester at the time of printing. For more information and updates about contra dances, workshops, musician jams, pre-dance potluck dinners, and special events, sashay to http://urbana-contra.org/. For more information about English Country Dancing, visit www.CenterIllinoisECD.org. Both groups can be reached at 217-359-8225.
Community Programs

URBANA PARK DISTRICT | urbanaparks.org/register | 217-367-1544

Please note: Our program offerings may change with little notice. Please follow Urbana Park District online at www.urbanaparks.org, or on Twitter, Facebook and Instagram for any schedule changes.

James Room Kitchen Programs

Kids Cook @ Home

Thursdays, 6:30-7:30pm
Virtual Classes
Ages 10-12

This virtual cooking class series will feature different baked goods such as homemade brownies, cookies, and breads. Please email nahoesman@urbanaparks.org with alerts to all food allergies/sensitivities and dietary restrictions. All the supplies will be delivered to your door and we will bake the items together over a zoom class!

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Cooking with The Scotsman’s Kitchen and Bakery

Select Sundays
Phillips Recreation Center
Age 8 and Up

Join the Scotsman’s Kitchen and Bakery for hands on cooking classes featuring a variety of sweet treats and breads. Chefs Paul and Anastasia are local chefs who create traditional Scottish foods and other ethnic foods with an organic/natural twist.

September 20: Real French Mousse in a Chocolate Bowl
Love chocolate? What better than to make a delicious chocolate container & fill it with an irresistible handmade, French style mousse?

October 4: Diabetic Friendly Shortbread
Have fun making everyone’s favorite treat in a healthier way.

October 18: Traditional British Scones
Learn the art of what makes British Scones, the reason why they are the traditional way of creating them, along with a secret ingredient that makes them so soft and delicious.

November 1: Handmade Victoria Sponge Cakes w/ Butter Cream
Ever thought about being part of royalty? These lovely little sponge cakes are easy to do and you will learn how to fill them with hand whipped cream.

November 15: Plaited(Braided) Bread
Learn how to make a basic white dough, the art of rising/knocking it back and plaiting or braiding.

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Taste of the Mediterranean

Various Saturdays, 2-4pm or Thursdays, 6-8pm
Phillips Recreation Center
Age 15 and Up

After our Mediterranean success last fall, Chef Leah Bodine of Blue Dragonfly Catering is back for Part Two! She is a self-taught, accidental chef. With over 30 years in the restaurant industry, building her career on casual fine dining Italian steakhouses, Leah was in the front of the house but always wanted to learn the recipes and methods from the restaurant chef. She started going in early to learn how to prep, cook and plate dishes. After returning home to the Champaign area, Leah decided to take the plunge and open her catering company in 2009. For the last 10 years, Leah has been catering private events, weddings and visiting classic rock headliners. Her love and passion for cooking has taken Leah through many different cuisines including Mediterranean, Italian, and German. All classes will use locally sourced ingredients and Chef Leah’s own spice blends, olive oils, and vinegars. Taking Covid-19 precautions, this season of classes will be demonstrations with individually plated samples of all the yummy food Leah will make!

Thursday, October 1: Tapas and Tequila
Take a trip to the south of Spain to explore the origins of tapas. 3 different recipes will be demonstrated showing the ease of creating these small bites. Then learn about tequila and it’s complex yet simple flavor.

Saturday, October 10: Taste of Tuscany
You will be swept to the rolling hills of Tuscany while watching the recipes being created. An appetizer and main course will be demonstrated as well as making homemade ricotta.

Saturday, October 24: Fall in the French Countryside
Strolling through the French countryside you will see beautiful Fall foliage and breath crisp fresh air. In this demonstration, the classic French dish cassoulet will be prepared along with a Fall inspired salad and vinaigrette.

Thursday, November 19: ‘Appy Hour
Learn to impress your family and friends with an upscale twist on classic appetizers. From savory to sweet, these appetizers are simple yet elegant to look at and eat. This demonstration will also show how to make ‘smoked’ salmon with different marinades.

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Please note: Our program offerings may change with little notice. Please follow Urbana Park District online at www.urbanaparks.org, or on Twitter, Facebook and Instagram for any schedule changes.
Programs for Teens

Join the FRESH Crew Today!

The Urbana Park District is organizing a new teen club, the FRESH Crew. FRESH stands for Future Responsible Environmental Stewardship Heroes. Through FRESH programming, the park district seeks to provide opportunities for teens to grow as leaders and decision-makers, becoming more proactive, confident, and independent.

We are seeking teens that are passionate about cultivating and improving community programs. The FRESH Crew will meet on a regular basis to discuss, plan, and organize events and programs centered on making the Urbana Park District a teen-friendly space in the community.

Are You?...
- Between the ages of 13-18
- Passionate about the community
- Able to commit to at least one hour-long meeting a month

Then join the FRESH Crew today! For more information or to sign up, email Environmental Education Coordinator, Chelsea Prahl, at ckprahl@urbanaparks.org or message the Urbana Park District on Facebook.

Happy Trees Painting Class- FREE

Saturday, October 10, 10-11:30am
Virtual Class
Ages 13-17

Channel your inner Bob Ross and paint a natural landscape over Zoom with local artist Paula McCarty. All the supplies will be delivered to your door for residents and available for pick up for non-residents. Zoom invitations are limited to 15 per program and will be emailed to you after we receive your online registration. Online registration only.

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Urbana Park District Senior Club

Meetings and Potlucks on hold due to the COVID-19 pandemic
Age 50 and Better

Historically, the Urbana Park District Senior Club has gathered on the second Tuesday of every month at the Phillips Recreation Center to conduct a meeting, eat a delicious potluck luncheon, and provide entertainment to members. In light of the COVID-19 pandemic, however, these gatherings will be on hiatus until further notice (be sure to check Lifelong Leisure newsletter for updates). One-day and extended trips have been cancelled and will be rescheduled when it is deemed safe to do so. We apologize for this news and will miss our members dearly, however, the health and safety of our older-adult members is of paramount concern for the Urbana Park District. For more information about the Club or to become a member ($12 resident of Urbana and Champaign Park Districts, $15 nonresident) please email Jacob at jrjohnston@urbanaparks.org or call the Recreation Office at 217-367-1544

To hear updates concerning club activities and COVID-19, please consider subscribing to our Lifelong Leisure newsletter if you have not already. We are in the process of planning virtual events and may try to have some small-group, outdoor events too!

Please note: Our program offerings may change with little notice. Please follow Urbana Park District online at www.urbanaparks.org, or on Twitter, Facebook and Instagram for any schedule changes.
FREE! Age-Friendly Office Hours and Technology Assistance  
Tuesdays & Thursdays, September 17 - October 29, 3-5pm  
Outside at the Phillips Recreation Center, Weather Dependent  
Age 50 and better

Come visit Jacob Johnston, our Age-Friendly Program Coordinator, to learn about all things technology. Jacob will be providing technology education and troubleshooting, upon request. **Appointments and facemasks required!** Once you’ve booked your appointment, be sure to bring your smartphone, tablet, or laptop and plenty of questions! For more information or to schedule an appointment, contact Jacob at 217-840-6892 or email him at jrjohnston@urbanaparks.org. **This could also be used as a great opportunity to video chat with family and friends. Loaner iPads will be available upon request!**

FREE! Virtual Rules of the Road  
Thursdays, September 3 and December, 10-11:30am  
ZOOM Virtual Meeting  
Age 50 and better

This free review of Illinois traffic laws and signs, held in cooperation with the Illinois Secretary of State’s Office, allows experienced drivers to polish their skills and keep on top of changing traffic laws. **Unlike previous offerings, registration IS required!** To register, give us a call at the Recreation Office at 217-367-1544.

How do I join? If you have registered before the deadline of September 2nd and December 2nd, respectively, you will be emailed a ZOOM invitation link one day before the event. Jacob will also be available for any last-minute tech assistance the days of the meeting.

Urbana Park District Senior Club Trips

All club travel has been cancelled until further notice. Club trips are planned to resume during phase 5 of the State’s Restore Illinois plan. To stay up-to-date on all club trips, subscribe to our monthly Lifelong Leisure newsletter.

The Urbana Senior Club Now Has a Facebook Group!

If you’ve got a Facebook account, you can request to join our Facebook group. Don’t have a Facebook? No worries! Set up an appointment with Jacob Johnston, our Age-Friendly Resource Specialist, for Facebook creation, education, and complimentary privacy-settings screening. We use the page to post information about the club, its members, and important local stuff we think you ought to know, so be sure to check for updates frequently! Here’s how to join:

1. Log in to your Facebook account.
2. In the Facebook search bar (located at the top left of the screen), type “Urbana Park District Senior Club.” The group’s page will show up as the first result.
3. Click the +1 JOIN button!

A group administrator will approve your request (usually within hours) and then you may post and share information among the group!

Lifelong Leisure—Senior News

The Urbana Park District’s free senior newsletter is your go-to source for senior activities in Urbana. The newsletter includes a monthly calendar, so you can stay up-to-date on all trips, events, and programs offered through the Park District and Senior Club. Call the Recreation Office at 217-367-1544 to get your name on the mailing list.

We also send the newsletter electronically, so if you’d like to save paper and postage, send an e-mail to Jacob Johnston at jrjohnston@urbanaparks.org or join directly from urbanaparks.org.

Please note: Our program offerings may change with little notice. Please follow Urbana Park District online at www.urbanaparks.org, or on Twitter, Facebook and Instagram for any schedule changes.
Due to the fluidity of public health guidelines for group fitness classes during COVID-19, please check www.urbanaparks.org/programs/fitness-and-wellness/ for updated guidelines for attending Urbana Park District fitness and wellness classes.

Fitness Programs

**Zumba™**
**Monday, Wednesday, Friday, 3:45-4:35pm**
**Phillips Recreation Center**
**Age 15 and Up**

Zumba is an exhilarating, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party that’s moving millions of people toward joy and health. Zumba is the world’s largest – and most successful – dance-fitness program for people of all shapes, sizes and ages. **Weather permitting, class may be outside. No class Nov 11 and Nov 27.**

**Senior Strengtheners**
**Monday, Wednesday, 10:15-11:05am**
**Phillips Recreation Center**
**Age 15 and Up**

Using light weights, work every major muscle at each class and end with a relaxing routine of stretches. Increase your muscle strength, tone your body, and work on balance and flexibility. **No class Nov 11 and Nov 26.**

**Hard Core**
**Monday, Wednesday, 5:30-6:20pm**
**Phillips Recreation Center**
**Age 15 and Up**

Develop a solid ‘hard’ core while working other muscle groups at the same time. Exercises can be modified to meet the needs of everyone who participates, from the exercise newbie to the exercise junkie. You’ll have a balanced exercise experience; one that works strength, cardiovascular endurance, flexibility and balance. **Weather permitting, class may be outside. No class Nov 11.**

**Totally Toning**
**Tuesday, Thursday, 7-7:50am**
**Phillips Recreation Center**
**Age 15 and Up**

Use free weights, resistance bands, Bosu balls, TRX bands and other equipment to help develop every major muscle group. It’s an efficiently-paced, calorie-burning workout to help you reduce body fat and build muscle. **No class on Nov 26.**

**Yoga for Every Body**
**Tuesday, Thursday, 5:30-6:45pm**
**Lake House in Crystal Lake Park**
**Age 15 and Up**

Yoga is accessible for everyone regardless of age, physical strength or flexibility. Whether you are new or experienced, each class is tailored to meet the needs of the student with the use of props and posture variations with an emphasis on the importance of alignment, the breath, and the mind/body connection. Meditation and breath control reduces stress and heals the nervous system. The physical practice of yoga tones the body, improves muscular strength, flexibility, posture and joint stability. The continued practice of yoga opens the door to a greater sense of self and peace of mind. **No class on Nov 26.**
## Indoor Deep Water Aerobics

**Monday, Wednesday, Friday 6-6:50am or Monday, Wednesday, Friday 7-7:50am or Monday, Wednesday, 11:50am-12:40pm or Monday, Wednesday, 6-6:50pm**

**Urbana Indoor Aquatic Center**  
**Age 15 and Up**

Join in a deep-water workout suitable for all ages and levels of fitness. Combining aerobic conditioning (and calorie burning!) with strength training, muscular endurance and flexibility, this class is a great way to get fit and toned while having fun! Typical workouts include swimming, water walking, water jogging and invigorating non-impact deep-water exercises in the deep end of the pool. Basic swimming skills are needed. Equipment is provided.

**MWF 6-6:50am**

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*No class Nov 11 and Nov 27.*

**MWF 7-7:50am**

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*No class Nov 11 and Nov 27.*

**MW 11:50am-12:40pm**

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*No class Nov 11.*

**MW 6-6:50pm**

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*No class Oct 5, Oct 14, and Nov 11.*

## Basic Water Exercise

**Tuesday, Thursday, 6-6:50am**  
**Urbana Indoor Aquatic Center**  
**Age 15 and Up**

Try this fun way to burn fat, tone your muscles and keep your heart healthy. Sample aerobic moves, water walking, water strengthening and much more. This invigorating exercise routine takes place in shallow water.  
*No class Nov 26.*

**TTh 6-6:50am**

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**Get Fit Where You Sit!™ Chair Yoga**

**Wednesday, 11:15am-12:05pm**  
**Phillips Recreation Center**  
**Age 15 and Up**

This calming and refreshing class provides a nice, gentle stretch and a great start to your day. Robin from LV Chair Yoga will teach you movements that are done while sitting in a chair. It is a simple, yet invigorating form of fitness, no matter what physical or mental challenges you may have.

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Tai Chi

Monday or
Wednesday or
Friday or
Tuesday, Thursday
Phillips Recreation Center
Age 15 and Up

This class is designed to reduce stress and enhance meditation through the ancient, passive martial art of Tai Chi. This art form will strengthen your mental well-being, balance, coordination and flexibility. Our Black Belt Instructors will guide you through easy lessons that will strengthen your mind and body. As students advance through sessions they will learn: Chi Kung, Stances, kicks, and Tai Chi I, 24 movements. No class Nov 11 and Nov 26-27.

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M (Advanced)

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Aikido

Saturday, 2-3:30pm
Phillips Recreation Center
Age 15 and Up

Gyokushin Ryu Aikido is a traditional Japanese Aikido style that also incorporates elements of Judo and Karate. Aikido is a defensive martial art that uses joint techniques, throws, and pins in a defensive manner. Students will improve their balance, coordination, and concentration as well as learn how to merge with the energy or motion of their practice partner. It is also a form of moving meditation or mindfulness with improves both concentration and awareness. The instructor, Dr. Barry Ackerson, is a 5th degree black belt (Godan) who has been awarded the title of Shihan dai by Master Washizu in Japan. No class Nov 28.

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MOVE – IT – MONDAY

Not able to make it to your favorite fitness class? or perhaps you aren’t ready to return to group exercise classes yet. Tune in to Urbana Park District’s Youtube channel and Facebook page to enjoy workout and wellness videos from the comfort of your home!

Why Move It Monday? Research done by the Move It Monday campaign shows that nearly 60% of respondents to a nationally representative survey indicated that if they exercised on Monday, they were more likely to exercise the rest of the week. The Urbana Park District’s Outreach and Wellness Staff has compiled a library of workouts just for you in hopes of inspiring everyone to kick off their Monday with a bit of physical activity.
The wellness wheel is a visual guide to better understand the eight dimensions or areas of individual’s life that make up their overall health. The Urbana Park District will be offering wellness workshops led by professionals covering topics related to health and wellness periodically throughout the year. These workshops are designed to educate, engage, and motivate you to incorporate ALL areas of wellness into your everyday lives. Program titles will be accompanied by an icon to correspond with the dimension of wheelness that is covered in the program.

**Sunday Soul Flow**

*Select Sundays, 3-4pm*
*Lake House in Crystal Lake Park*
*Age 15+

Feed your soul and recharge for your upcoming week during these self-care inspired flow yoga sessions! **Must register for each class individually. No walk-ins. Space is limited.**

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**FREE: Science of Sleep**

*Tuesday, October 20, 5:15-6:30 pm*
*Virtual Class*
*Age 15 and Up*

Join us to learn about how sleeping habits can impact your mood, weight, metabolism, energy levels, appetite and more. The Urbana Park District Outreach & Wellness staff will discuss sleep tracking, proper nutrition for better sleep, and other tips for improving your overall health through sleep.

Registered participants will be emailed a Zoom link to participate in the class.

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<td>Oct 19</td>
<td>9114</td>
</tr>
</tbody>
</table>

**FREE: Intro to Laughter Yoga**

*Saturday, November 14, 9-10am*
*Virtual Class*
*All Ages*

Learn about and try this worldwide practice that is not only great for emotional wellness, but also great for your whole self! A medical doctor invented this exercise in 1995 upon discovering the many benefits of laughing and the fact that you get those benefits whether you’re genuinely amused or not. It doesn’t involve poses or strength training, just breathing, laughing and clapping. It’s so fun! All ages and abilities welcome. Registered participants will receive a Zoom link through email to participate.

<table>
<thead>
<tr>
<th>Deadline</th>
<th>Code</th>
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<tbody>
<tr>
<td>Nov 13</td>
<td>9146</td>
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</tbody>
</table>
## Phillips Recreation Center

<table>
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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>7am</td>
<td>Totally Toning</td>
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<td>9am</td>
<td></td>
<td>Senior Strengtheners (9:30-10:20am) (Sep 22-Dec 17)</td>
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<tr>
<td>10am</td>
<td>Senior Strengtheners (10:15-11:05am) (Sep 21-Dec 16)</td>
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<tr>
<td>11am</td>
<td>Tai Chi (11am-12pm)</td>
<td></td>
<td>Chair Yoga (11:15-12:05am) (Nov 18-Dec 23)</td>
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<td>12pm</td>
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<td>2pm</td>
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<tr>
<td>3:45pm</td>
<td>Zumba</td>
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<tr>
<td>5:30pm</td>
<td>Hard Core</td>
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<tr>
<td>6:30pm</td>
<td>Tai Chi - ADVANCED ONLY (6:30-8pm)</td>
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<td>Tai Chi - ADVANCED ONLY (6:30-8pm)</td>
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## Urbana Indoor Aquatic Center

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<td>7am</td>
<td>Deep Water Aerobics</td>
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<td>7:50am</td>
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<tr>
<td>11:50am</td>
<td>Deep Water Aerobics (Sep 21-Dec 16)</td>
<td></td>
<td>Deep Water Aerobics (Sep 21-Dec 16)</td>
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<td>12:40pm</td>
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<tr>
<td>6pm</td>
<td>Deep Water Aerobics</td>
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<td>Deep Water Aerobics</td>
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<tr>
<td>6:50pm</td>
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## Lake House in Crystal Lake Park

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<th>Saturday</th>
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<tr>
<td>5:30pm</td>
<td>Yoga for Every Body</td>
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<td>6:45pm</td>
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Register Online: [www.urbanaparks.org/register/](http://www.urbanaparks.org/register/)

Schedule is subject to change. Visit [www.urbanaparks.org/programs/fitness-and-wellness/](http://www.urbanaparks.org/programs/fitness-and-wellness/) for the most up-to-date schedule.

Please note: Our program offerings may change with little notice. Please follow Urbana Park District online at [www.urbanaparks.org](http://www.urbanaparks.org), or on Twitter, Facebook and Instagram for any schedule changes.
Take A Child Outside Week

September 18-27 is Take a Child Outside Week! Join the national effort to connect children with nature. Explore ways to get outdoors throughout the park district! Just look for this symbol in the guide:

What Urbana parks have you visited?

- Check out the map and list of parks on pages 2-3 to find out how many Urbana parks you have visited, and maybe some you didn’t know about!
- Learn about the Friendship Grove Nature Playscape on pg. 15.
- Find out how Natural Areas are different from the rest of Urbana’s parks on pg. 20.

Share what you discover using #Urbanaparks on social media!

FREE: Outdoor Movie Night: The Wizard of Oz

Friday, September 25, 6:45-9pm
• Rain Date: Saturday, September 26
Anita Purves Nature Center
All Ages - under 15 with adult

Celebrate Take a Child Outside Week with an outdoor movie at the park! Bring your own snacks and a blanket/lawn chair to sit on, Check in by 6:45pm, and we’ll show you your assigned space. The movie will begin promptly at 7pm. Space is limited to household groups of 1-6 people, and group spaces will be 10 feet apart.

Register your household by calling (217) 384-4062.

At-Home Nature Activity Kits (FREE while supplies last)

Monday-Friday, September 21-25
Ages 5-12 with their families

In celebration of Take a Child Outside Week, the nature center is giving away a selection of free nature exploration activity kits with supplies and instructions appropriate for kids age 5-12 and their families--while supplies last! Follow the Anita Purves Nature Center on Facebook for information on kit themes and contents.

Call (217) 384-4062 starting September 14 to reserve a kit and make arrangements for pickup or delivery.

Please note: Our program offerings may change with little notice. Please follow Urbana Park District online at www.urbanaparks.org, or on Twitter, Facebook and Instagram for any schedule changes.
Shinrin-Yoku with Your Household

*September 28 - December 18*
*Busey Woods*
*By appointment only; call (217) 384-4062 or email sydonovan@urbanaparks.org*

$25 per household; for up to 6 household members age 6 and up
Experience the therapeutic effects of Shinrin-Yoku, the practice of immersing or “bathing” your senses in the atmosphere of the forest. This 90-minute, slow-paced walk will awaken your senses and uplift your spirits. Face masks are required, however there will be opportunities to safely remove them during the program. All participants must reside in the same household.

“Connecting You to Nature” - Virtual Hikes on Facebook Live - FREE

*Wednesdays, 5:30-6:30pm*
*All Ages - under 15 with adult*

Join staff from the Anita Purves Nature Center during these virtual hikes through district natural areas. Learn about restoration and how to identify native and invasive plants. These programs are a great way to learn about nearby nature before visiting on your own. To watch, find the Anita Purves Nature Center on Facebook at www.facebook.com/APnaturecenter.

### Zoom with the Animals - FREE

Meet the Anita Purves Nature Center’s education wildlife during these online interactive programs. Join alone or with your family from the comfort of your home! Nature center staff will take your questions and comments during the live presentation. Zoom invitations are limited to 15 per program and will be emailed to you after your online registration has been received.

**Online registration only.**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Time</th>
<th>Registration Deadline</th>
<th>Code</th>
<th>Link</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saturday, October 17</td>
<td>Turtles, Snakes &amp; Toad</td>
<td>10-11am</td>
<td>Saturday, October 10</td>
<td>9063</td>
<td><a href="https://bit.ly/34eODgB">https://bit.ly/34eODgB</a></td>
</tr>
<tr>
<td>Friday, October 30</td>
<td>Owls &amp; Owl Pellet Dissection</td>
<td>4-5pm</td>
<td>Friday, October 23</td>
<td>9064</td>
<td><a href="https://bit.ly/2FsWLzr">https://bit.ly/2FsWLzr</a></td>
</tr>
<tr>
<td>Friday, November 13</td>
<td>Dinner with the Animals</td>
<td>5-6pm</td>
<td>Friday, November 6</td>
<td>9065</td>
<td><a href="https://bit.ly/3230oa6S">https://bit.ly/3230oa6S</a></td>
</tr>
</tbody>
</table>

Please note: Our program offerings may change with little notice. Please follow Urbana Park District online at www.urbanaparks.org, or on Twitter, Facebook and Instagram for any schedule changes.
### Environmental Education Opportunities

#### Environmental Education Resources

**By Appointment**

**Anita Purves Nature Center**  
**Age 18 and Up**

Are you looking for a virtual program or additional resources to complement a unit or lesson you are teaching? The Urbana Park District offers a wide variety of education loan items at the Anita Purves Nature Center. Items such as curriculum guides and natural history reference materials are available. **Contact Chelsea Prahl, Environmental Education Coordinator, at (217) 384-4062 or ckprahl@urbanaparks.org.**

*Please note: Our program offerings may change with little notice. Please follow Urbana Park District online at www.urbanaparks.org, or on Twitter, Facebook and Instagram for any schedule changes.*

#### Educators, Stay Connected!

Join the Nature Connections Facebook group to stay informed about environmental education opportunities, programs and other resources the nature center has to offer. The Anita Purves Nature Center is your classroom extension where learning comes naturally.

**www.facebook.com/groups/natureconnections/about**

#### Virtual Live Animal Education Programs

Connect your class with the education animals virtually! A naturalist will lead an interactive, standards-based lesson about an education animal of your choice.

*If you are interested, contact Chelsea Prahl, Env Ed Coord, at ckprahl@urbanaparks.org*

---

**The Urbana Park District is a community leader in environmental stewardship and education.**

That’s why our District was awarded the **Best of the Best Award** for Best Green Practices from the Illinois Association of Park Districts in 2018! The “Green Team” committee guides the Urbana Park District in following these environmentally-responsible practices:

1. Provide environmental education and interpretation opportunities for the public (see Nature Programs on pages 38-41).
2. Promote preservation, restoration management and stewardship of open spaces, nature preserves, waters, greenways and trails (see Natural Areas on page 20).
3. Conserve and protect water and soil, enhance air quality, limit the production and release of damaging pollutants, and protect plants and wildlife.
4. Conserve energy resources and utilize alternative energy technologies when possible.
5. Re-use or recycle natural materials and manufactured products whenever possible; cooperate with local government and community groups to support recycling efforts.
6. Purchase and use environmentally safe and sensitive products whenever feasible.

For more information about Urbana Park District green initiatives, visit **www.urbanaparks.org/about-us/green-initiatives/** or contact Savannah Donovan, Environmental Public Program Coordinator, at 217-384-4062 or sydonovan@urbanaparks.org.
The nature center houses a number of education animals that demonstrate the variety of wildlife living in Illinois. Most have injuries that would compromise their survival in the wild, or were captive-bred. All of the animals are on exhibit and featured during educational programs with schools, scouts and the public. In 2019 alone these animals visited with over 100 different groups!

You could be part of their lives! Your financial contribution, or “adoption”, goes directly toward the animals’ medical care, housing and food. This is a great way to support local environmental education! Adoptions also make great gifts to the animal lovers in your life.

Upon adoption you receive:

- Adoption certificate
- Fact sheet with the animal’s history and photographs
- Recognition in our monthly e-newsletter
- Your name on the Animal Adoption exhibit in the Field Station for the period of the adoption

Help provide habitat needs, like food, for wildlife in the Wildlife Habitat Gardens by donating bird seed.

<table>
<thead>
<tr>
<th>Animal</th>
<th>Cost Per Month</th>
<th>Cost for 6 Months</th>
<th>Cost Per Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Toad</td>
<td>$15</td>
<td>$80</td>
<td>$150</td>
</tr>
<tr>
<td>Snake</td>
<td>$30</td>
<td>$160</td>
<td>$300</td>
</tr>
<tr>
<td>Owl</td>
<td>$50</td>
<td>$260</td>
<td>$525</td>
</tr>
</tbody>
</table>

Call 217-384-4062 or visit www.urbanaparks.org/facilities/anita-purves-nature-center/ for an adoption form and additional information.

Please note: Our program offerings may change with little notice. Please follow Urbana Park District online at www.urbanaparks.org, or on Twitter, Facebook and Instagram for any schedule changes.
**Birthday Parties**

**Zoom with the Animals**

*Birthday Party Programs*

$25 for a 60-minute Zoom meeting
Recommended for children age 6-12

Celebrate your child’s birthday with a special Zoom presentation just for them! Invite your guests to Zoom along, too, as you meet the Anita Purves Nature Center’s education wildlife during these online interactive programs.

*By appointment only; call 217-384-4062 or email sydonovan@urbanaparks.org at least two weeks before your desired party date.*

**Urbana Indoor Aquatic Center Parties**

$125 (1-15 participants), $6 for each additional guest

All rentals include the use of the party room and swimming. An additional $75 damage deposit is due at time of request.

Call 217-367-1544 for information about reserving your party. Fifteen minutes of set-up and clean-up is included in the 2-hour time block.

<table>
<thead>
<tr>
<th>Type</th>
<th>Age</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Party Package - Private Hours</td>
<td>All Ages</td>
<td>Have private use of the pools and party room for a 2-hour time slot. See page 36 for prices.</td>
</tr>
</tbody>
</table>

**Brookens Gym Rentals: Starting November 4**

$100/2 hours ($35 each additional hour)
$250 deposit for scoreboard use

Reserve your rental at least two weeks in advance by completing an application and making a full payment. An additional $75 damage deposit is due at time of request. (There is a two-hour minimum on parties.) Call 217-255-8601 for more information.

<table>
<thead>
<tr>
<th>Type</th>
<th>Age</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gym Rental</td>
<td>All Ages</td>
<td>Use Urbana Park District athletic equipment and the gym for games and fun, and use adjacent space to serve treats you supply.</td>
</tr>
</tbody>
</table>

Please note: Our program offerings may change with little notice. Please follow Urbana Park District online at www.urbanaparks.org, or on Twitter, Facebook and Instagram for any schedule changes.
Power of Parks Virtual 5k Recap!

Follow us on Instagram at @urbanaparks and share your UPD photos using #urbanaparks!

Sara Abbott
50 minutes and 51 seconds

Edmond Chow & Ophelia Chan
23 min/31 sec & 31 min/42 sec

Tasha Dunaway
27 minutes and 20 seconds

Terrence Free & Friends
26 minutes and 45 seconds

Olga Makarova-Bowman
37 minutes and 56 seconds

Sara Myers
28 minutes and 32 seconds

Laura Poradzisz & Friends
47 minutes and 07 seconds

Kristi Wall
1 hour and 4 minutes
GET TO KNOW CUSR
THE PLACE TO CELEBRATE YOUR ABILITIES!

Champaign-Urbana Special Recreation
Hays Recreation Center
1311 West Church St
Champaign, IL 61821
cuspecialrecreation.com

CUSR STAFF
Grace Tissier, CTRS – Program Manager
Christina Mott – Athletics & Volunteer Coordinator
Cherish McMullen - Adult & Events Coordinator
Amanda Carrington – Receptionist

WHAT IS CUSR?
CUSR was formed through a cooperative agreement with the Champaign and Urbana Park Districts with the mission of providing quality recreational programs and services for Champaign-Urbana residents with special needs. Participants of all ages have the opportunity to explore new areas of interest, make new friends, and learn lifelong skills.

CUSR PROGRAM GUIDE
CUSR publishes a guide three times a year. It details each of the different programming available in that season. To have a program guide mailed to you, please call the CUSR office at 217-239-1152 or view online at cuspecialrecreation.com.

REGISTRATION
A CUSR registration form must be used. Registration is only available online at cuspecialrecreation.com.

INCLUSION WITHIN PARK DISTRICT PROGRAMS
CUSR supports inclusive recreational experiences within the park district programming. When registering for a program mark the box stating an accommodation is required and the CUSR Inclusion Coordinator will be in contact with you prior to the program to discuss the needs of the individual. If there are questions prior to registering please reach out to the CUSR staff and a meeting can be scheduled to discuss the many recreational options available.

*Inclusion services may be limited due to the spread of Covid-19. Please call CUSR or CPD program supervisor to learn what accommodations are available at the time of registration.

VIRTUAL PROGRAM PASS
Ages 13+
Get access to three weeks of virtual programming for a minimal fee! All virtual activities will take place through Zoom. We will offer a variety of Athletics, Fitness, Social, Arts and more! Programs will take place 5 times a week — days and times may vary. A full schedule with activity details and any supplies needed will be e-mailed to those registered the Friday before each new week.

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<thead>
<tr>
<th>Date</th>
<th>Deadline</th>
<th>Fee (R/NR)</th>
<th>Location</th>
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<tbody>
<tr>
<td>8/10-8/29</td>
<td>8/6</td>
<td>$15/$22.50</td>
<td>Zoom</td>
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<tr>
<td>8/31-9/19</td>
<td>8/27</td>
<td>$15/$22.50</td>
<td>Zoom</td>
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<tr>
<td>9/21-10/10</td>
<td>9/17</td>
<td>$15/$22.50</td>
<td>Zoom</td>
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<tr>
<td>10/19-11/7</td>
<td>10/15</td>
<td>$15/$22.50</td>
<td>Zoom</td>
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<tr>
<td>11/9-11/28</td>
<td>11/5</td>
<td>$15/$22.50</td>
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<tr>
<td>11/30-12/19</td>
<td>11/25</td>
<td>$15/$22.50</td>
<td>Zoom</td>
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Since the spread of Covid-19, please call CUSR or CPD program supervisor to learn what accommodations are available at the time of registration.

PLEASE VISIT cuspecialrecreation.com

PROGRAMS OFFERED

After School Programs
Adult Social Programs
Virtual Program Pass
Sports
Fit Club
School Break
Camps
The Urbana Parks Foundation is the private fundraising arm for the Urbana Park District. Established in 2007, the mission of the Foundation is to support the parks, facilities and programs of the Urbana Park District and other agencies sharing the same or similar mission.

It is a not-for-profit philanthropic organization and is recognized as a charitable organization under Section 501(c)(3) of the Internal Revenue Code.

The foundation has adopted several interest areas that support high needs for the park district:
- Reforestation of Crystal Lake Park
- Endowment for youth summer camps
- Natural areas restoration
- Art in Meadowbrook Park
- Meadowbrook Park endowment fund

The Urbana Parks Foundation works with donors to help them develop giving plans that enhance their interests in sustaining Urbana’s parks and programs for today and years to come. Learn more about the Urbana Parks Foundation at their website: www.urbanaparksfoundation.org
DODDS TENNIS CENTER
You’re gonna love it!

PERMANENT & RANDOM COURT TIME
JUNIOR & ADULT CLINICS
JUNIOR & ADULT LEAGUES
ADULT WORKOUTS & DROP-INS
JUNIOR & ADULT TOURNAMENTS
JUNIORS HOLIDAY CAMP
RACQUET STRINGING

CHAMPAIGN PARK DISTRICT
champaignparks.com

2802 Farber Drive • 217-352-6044
(off Interstate Dr. between Prospect and Mattis, north of I-74 in Interstate Research Park)

FALL OPENING: TUESDAY, OCT 13 | OUTDOOR SEASON EXTENDED THRU OCT 12
<table>
<thead>
<tr>
<th>Participant Name (First, Last)</th>
<th>Birthdate mm/dd/yy</th>
<th>M/F</th>
<th>Grd</th>
<th>Code</th>
<th>Program</th>
<th>Fee</th>
<th>Office Use</th>
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I would like to contribute $ ____ to the Park District’s Scholarship Fund.

Total

FOR OFFICE USE: F P M I R/NR MCID: 

Taken by: _______ Date received: _______

Entered by: _______ Date entered: _______ Email Print

Amount $ _______ TPB: _______ TPB MCID: _______

Check: _______ Cash Receipt # _______ CC: Amex V M D

I would like information about receiving a scholarship.

If you would like to receive notifications for any program & facility cancellations or delays, sign up for our Rainout Line by going to http://www.urbanaparks.org/events/rain-outs-and-cancellations/
Waiver and Release of All Claims

I recognize and acknowledge that there are certain risks of physical injury to participants in the above program(s), and I agree to assume the full risk of any injuries, damages or loss regardless of severity that I or my minor child/ward may sustain as a result of participating in any and all activities connected with or associated such program(s). I agree to waive and relinquish all claims I or my minor child/ward may have as a result of participating in the program against the District and its officers, agents, servants and employees.

I do hereby fully release and discharge the District and its officers, agents, servants and employees from any and all claims from injuries, damage or loss which I or my minor child/ward may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with the activities of the program(s).

I further agree to indemnify and hold harmless and defend the District and its officers, agents, servants and employees from any and all claims resulting from injuries, damages and losses sustained by me or my minor child/ward arising out of, connected with, or in any way associated with the activities of the program(s). In the event of an emergency, I authorize District officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for me or any minor child/ward’s immediate care and agree that I will be responsible for payment of all medical services rendered.

A cancellation fee may be charged if you cancel a class or program.

There will be a $25 service charge on all returned payments.
PARK USER GUIDELINES

Urbana’s parks are open from sunrise until sunset daily unless otherwise posted. Rental facilities may be open later by special arrangement.

PLEASE TREAT YOUR PARKS WELL...

- Leave parks clean and litter-free.
- Damaging park property is subject to fine.
- Fires are allowed only in grills, designated areas or by permit.
- Collecting or harvesting of plants or other items is not permitted.
- Cycling is permitted on paved paths only.

PLEASE TREAT OTHERS WELL...

- Avoid loud music and disorderly conduct.
- Observe posted speed limits.
- Yield to pedestrians on trails.
- Alcohol is allowed only by special permit.
- Leave firearms, weapons and fireworks at home.

PLEASE NOTIFY US IF...

- Your group of 25 or more is planning a visit to one of our parks or natural areas by calling 217-367-1544.

PLEASE NOTE ABOUT PETS...

- Keep all animals leashed.
- Pet owners are expected to remove pet excrement immediately.
- Urbana Dog Park offers space for off-leash activity.

Breaking or not following park rules will result in penalty.

Find complete park guidelines at:
www.urbanaparks.org/parks/park-guidelines
You Belong Here promotes the creation of welcoming and supportive park and recreation experiences for everyone, while encouraging an inclusive and responsive staff culture. This celebrates inclusion regardless of age, ethnicity, culture, income, ability, lifestyle, interests—everyone and anyone belongs here!