

It is the mission of the Urbana Park District to:

Improve the quality of life of its citizens through a responsive, efficient, and creative park and recreation system,

Pursue excellence in a variety of programs, parks and special facilities that contribute to the attractiveness of neighborhoods, conservation of the environment and the overall health of the community.

NOTICE AND AGENDA OF MEETING
URBANA PARK DISTRICT BOARD OF COMMISSIONERS
BOARD STUDY SESSION
TUESDAY, SEPTEMBER 3, 2019
6:30 – 8:30 PM
PLANNING AND OPERATIONS FACILITY
1011 E. KERR AVENUE
URBANA, ILLINOIS 61802

Board Study Sessions are designed for the Board to study, review and discuss specific topics. Actions are not typically taken during a Study Session, unless specifically noted on the agenda.

I. Call to Order

A. Remote Attendance

The Board may authorize, by a voice vote of the physically present board members, any Commissioner wishing to attend remotely, pursuant to the UPD Remote Attendance Policy (Ord 2017-03).

II. Accept Agenda

III. Public Comment

Any member of the public may make a brief statement at this time.

IV. Discussion

- A. Strategic Plan
- B. Financial Planning

V. Comments from Commissioners

VI. Adjourn

Note: This Meeting Agenda and its supporting materials are on the UPD website at http://www.urbanaparks.org/documents/index.html, choose the "Public Meetings" category and search for the meeting information you wish to download.

Urbana Park District Strategic Plan 2020

Accepted by Board of Commissioners September 10, 2019 Effective 2020-2024











Executive Summary

Iam pleased to present our residents with the Urbana Park District Strategic Plan 2020. On behalf of the Board of Commissioners and our staff, we hope you can identify with the vision created in the plan and that our future planning efforts will meet your needs going forward.

This plan creates a vision for the years 2020-2024. Park and recreation needs, trends, and opportunities change season to season and this five-year timeframe allows the park district to remain relevant and attentive to the interests of our community. Our strategic plan will keep board and staff moving forward in unity towards reaching these common goals.

As you read the plan, keep in mind the four distinct and interwoven 'planning pillars': You Belong Here, Placemaking, Health & Wellness, and Trails & Connectivity. The community identified each pillar as overarching themes for the important unmet needs facing Urbana today. These pillars combine to help create the foundation for establishing our Strategic Plan 2020.

Timothy Bartlett Executive Director

Twothy S. Bartett

Thank You!

The successful creation of this plan is all thanks to those listed below, and many more.

Urbana Park District Board of Commissioners

Michael Walker Lashaunda Cunningham

Nancy Delcomyn Roger Digges

Meredith Blumthal

Steering Committee Members

Tim Bartlett Elsie Hedgspeth Derek Liebert Kara Dudek

Corky Emberson Erik Orta (former)

Caty Roland Racheal Weiland (former)

Andy Rousseau Zoe Wu (former)

Mark Schultz

Urbana Park District staff members

Urbana Park District Advisory Committee (resident volunteers)

Jarrod Scheunemann, Campfire Concepts

David Michael Moore, graphic illustration and facilitation

A huge thank you to the community members who formally and informally shared their thoughts to help guide the plan:

348 individuals answered the User Questionnaire

147 people jotted answers to whiteboard questions

98 stakeholders were consulted at interviews

335 people listened in at presentations

49 community members attended focus group sessions

Thank you to those **977** people and the many others we talked with!

2018 full time and summer staff pose outside the Phillips Recreation Center after a morning training.

Table of Contents

1. Introduction	5
Planning Process and Timeline	6
3. Urbana's Demographic Snapshot	7
4. Plan Pillars	8
5. Goals & Objectives	10
6. Strategic Plan Financials	20
7. Implementation Strategy	22
Appendices A. Urbana Park District User Questionnaire Summary	

- B. Detailed Strategic Plan Financials
- C. Strategic Plan Focus Groups Report



Chapter 1: Introduction

Why a strategic plan?

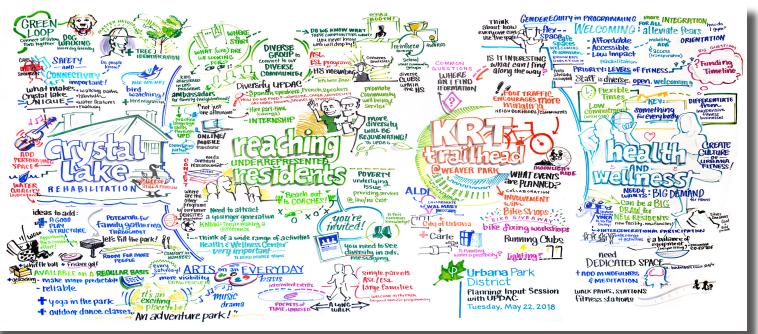
The Urbana Park District's former plan was written in 2007 and much has changed since then. The Urbana Park District Strategic Plan 2020 strives to set priorities and focus energy and district-wide resources on common initiatives, or plan pillars. To serve the public's needs most efficiently, this plan outlines achievable, measurable goals to optimize potential for the next five years. It is difficult to achieve any objectives without a plan.

It is important to note that the park district must be nimble and open to opportunities that arise. While the goals and objectives contained in this plan are a roadmap to moving forward, needs and priorities can, and will likely be adjusted to stay on target. This is also why the park district elected to create the plan using our own Planning staff—greater control over the planning process, ease of plan updates, lower cost, and firsthand knowledge of community needs.

Formation of the Plan Pillars

The creation of the four strategic plan pillars began with park district initiatives, which had already received substantial planning and public input, and developed from there. Comments from, and discussions with, the nearly 1,000 people who informed the plan helped to develop these initiatives further. These overarching themes and values are the plan pillars.

Reaching residents underrepresented in our parks and programs grew to encompass any improvement that promoted our **You Belong Here** initiative. The multi-phase Crystal Lake Rehabilitation project advanced the **Placemaking** pillar, which creates engaging spaces for health and recreation accessible to all community members. A review of a the park district's need for indoor recreation space spawned the **Health & Wellness** pillar. Lastly, trail development and the Weaver Park trailhead for Kickapoo Rail Trail aided in the creation of the **Trails & Connectivity** pillar. Further explanation of each pillar can be found in Chapter 4.



In May 2018, artist and facilitator David Michael Moore lead the Urbana Park District Advisory Committee (UPDAC) in a brainstorming activity to help refine the plan pillars based on existing projects. Equipped with an 8 foot by 4 foot poster and nothing but the project titles, the artist drew ideas in real time as they were generated.



Chapter 2: Planning Process and Timeline

With more than ten years since the last strategic plan and the development of a new planning model, the process took over two years to complete. This involved background research, Board member input, citizen volunteer (UPDAC) guidance, an online presence, public input at summer events, stakeholder meetings with other municipal bodies, public focus groups, and many plan renditions.

A simplified timeline of the plan process follows:

Part of Process	Timeframe
Background research	January- March 2018
Kickoff meeting with steering committee	April 2018
Kickoff meeting with Board of	May 2018
Commissioners	IVIAY 2018
Input through graphic facilitation exercise	May 2018
with advisory committee	IVIAY 2018
Strategic planning page launched on website	June 2018
Public input at 17 community events	
through questionnaire and white board	June-August 2018
questions	
Stakeholder interview meetings	August- October 2018
Input through graphic facilitation exercise at	October 2018
fall staff retreat	October 2018
Individual Board of Commissioner interviews	November- December
	2018
Analysis of input received	January- February 2019
Steering committee formation of draft goals	March-April 2019
and objectives based on input	Water April 2013
Public participation in focus groups	April-May 2019
Final plan creation	June- August 2019
Final plan accepted by Board of	September 2019
Commissioners	September 2019



In August 2018 at the Free Wave pool party, an event that gives away free backpacks and school supplies, kids answer the white board question "How can the Urbana Park District help you be more healthy?" An Urbana Park District Advisory Committee member helps distribute prizes to those who answer.



In July 2018 at Victory Park Neighborhood Night, park district interns administer the strategic plan questionnaire and help those who have finished it spin the prize wheel.

Chapter 3: Urbana's Demographic Snapshot

Unifying around the concept of You Belong Here, the Urbana Park District promotes the unique lifestyles, interests, and experiences of all who live in the community. Most important to the park district is providing a welcoming, inclusive, and supportive park and recreation system. While the US Census Bureau only provides a limited snapshot of Urbana's diversity and uniqueness, it does allow a data comparison over time and is therefore included in this plan. With such a wonderfully diverse community, it is important for the park district to reach as many people as possible in a variety of ways. Furthermore, the Urbana Park District also desires to provide quality of life improvements to those outside of the park district boundaries, and promote a happier, healthier community at large.

The below information is provided for the City of Urbana by the United States Census Bureau. Most recent data is from 2018.

Population: 42,046

Foreign born: 19.8%

Language other than English spoken at home 26.5%

Persons in poverty: 31.9%

Urbana Park District User Questionnaire Snapshot

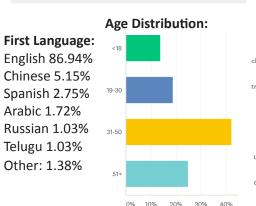
Additionally, 348 respondents filled out the Urbana Park District User Questionnaire during the summer of 2018. These questionnaires directly informed the priorities of the strategic plan. Below are answers to three of the demographic questions of those who chose to share their thoughts, as well as a question regarding personal barriers to attending park district offerings.

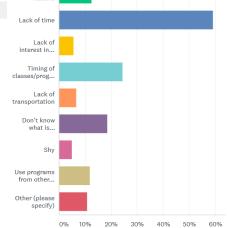
ANSWER CHOICES	RESPONSES	•
▼ White	65.71%	205
▼ Black or African American	16.03%	50
▼ Hispanic/Latino	3.53%	11
▼ Asian	8.97%	28
▼ American Indian or Alaska Native	0.64%	2
▼ Native Hawaiian/Pacific Islander	0.64%	2
▼ Two or more races	4.49%	14
TOTAL		312

Over 300 of the nearly 350 questionnaire respondents chose to share their demographic information, as seen above and below.

Barriers to attending UPD events, programs, classes, or facilities:

Financial







A Crestview Park Neighborhood Night attendee receives a questionnaire from an UPDAC member while a park district intern offers assistance.

Chapter 4: Plan Pillars

The four planning pillars are comprised of interwoven initiatives, which strive to provide welcoming, inclusive, and creative recreational opportunities for our community.



You Belong Here promotes the creation of welcoming and supportive park and recreation experiences for everyone, while encouraging an inclusive and responsive staff culture. This celebrates inclusion regardless of age, ethnicity, culture, income, ability, lifestyle, interests—everyone and anyone belongs here!



Placemaking features the design and creation of vibrant and engaging spaces that inspire health and recreation. Placemaking strives to incorporate universal and multigenerational design, sustainable and environmentally responsible initiatives, resilient and future-oriented plans, and safe, welcoming places, which the public participates in creating.



Health & Wellness reinforces the Urbana Park District's commitment to providing parks, programs, facilities, and events that promote all dimensions of wellness. This includes investigation of new indoor and self-guided opportunities for all ages and abilities.



Trails & Connectivity highlights the establishment of multiuse paths within parks for transportation and recreation, while creating park-wide, neighborhood, community, and regional connections. This supports active lifestyles and safe transportation for those walking, biking, jogging, and rolling in the community, while also stimulating local tourism and economy.

Brief History and Background of Plan Pillars

You Belong Here

In 2015, the park district began placing even greater emphasis on the creation of a welcoming, affirming, and inclusive culture in which all community members and staff feel they belong; hence the "You Belong Here" expression accompanying the park district logo in many publications, on staff and camper t-shirts, and district signage and marketing. The logo has been added the district's portable performance stage too, new in summer of 2019. What began with the Urbana Park District's 2017 study Increasing Involvement among Underrepresented Groups in Parks and Recreation Programs has evolved over time. The initial study held focus groups with users and non-users of park district parks, programs and facilities and worked to understand the honest barriers people in our community are facing. Working to overcome these barriers, the park district formed an Outreach & Wellness Department. This department has implemented free Play Days in the Park, expanded the scholarship program, printed flyers in multiple languages, hired a Spanish translator on staff, and are working to broaden our reach with a "Park Van" filled with recreational equipment that can be taken to neighborhoods and events.

Topics of You Belong Here goals (beginning on page 11) include effective communication with those who speak English as a second language, promotion of the importance of diversity and inclusion within staff culture, and efforts to make parks and facilities more welcoming to all.

> The "You Belong Here" logo in four languages adorns the back of the park district 2019 summer staff and camp shirts.



Placemaking

The most well-known project which spurred the placemaking pillar, is the multi-phase transformation and rehabilitation of Crystal Lake. With a significant amount of planning, engineering and community input already invested into Crystal Lake Park since 2015, the placemaking pillar broadened into more widespread objectives applicable across the park district. Stakeholder interviews and questionnaire respondents highlighted the importance of placemaking through accessible design, welcoming spaces, colorful parks and facilities, environmentally sustainable practices, and safe places for activities. Some commented about how shade on a hot day, or a map in a park they are visiting for the first time can make all the difference in creating a place to stay and enjoy.

Topics of the Placemaking goals (beginning on page 13) include the revitalization of Crystal Lake, addition of active, teen and multigenerational opportunities for recreation, and creation of vibrant, comfortable, welcoming, art-filled spaces within parks.



A rendering depicts a placemaking component of the Crystal Lake rehabilitation as visitors enjoy reading, relaxing, walking and kayaking near the stone plaza.

Health & Wellness

As a park district, we are intently focused on providing opportunities for the community to be physically healthy in daily life. It goes further than that though, as we strive to incorporate the eight dimensions of wellness: physical, intellectual, emotional, spiritual, environmental, financial, occupational, and social. During public input opportunities, people often voiced the need for indoor recreation space to be physically and mentally well, more opportunities to be healthy in the colder



The wellness wheel depicts the eight dimensions of wellness. Credit: Iowa State University Division of Student Affairs

months, and increased opportunities for people of all generations. As with all the planning pillars, there is great overlap, and it is important to promote the You Belong Here culture of welcoming anyone to improve their health and wellness.

Health & Wellness goals (beginning on page 16) highlight the need for more indoor and "on your own time" recreation opportunities, wellness for all generations, increased opportunities in colder months, and expanded partnerships with health agencies.



An example of being active in the cold winter months, the Snow Fort making pop up program engaged children and adults alike in outdoor activity.

Trails & Connectivity

Trails in our community provide a variety of important functions from recreation to transportation to economic benefits. They provide key accessibility and connectivity to various parts of our parks, facilities, and neighborhoods. Whether paved or natural, trails allow us to connect more deeply to our own minds and bodies, and walk, roll, hike, and ride for the benefit of ourselves and the environment.

The Urbana Trails Master Plan highlights long term vision and trails projects throughout the district's parks. While park level projects are one focus, the regional Kickapoo Rail Trail is another focus. Owned by the Champaign County Forest Preserve District and opened in 2017, this regional trail system remains important to Urbana. The trail currently ends east of Urbana, and the park district continues work to promote the trail, support westward extension, and provide trailhead facilities at Weaver Park. Through community observation, it is noted that people see the benefits of trails, appreciate the various trail types, would like to see more in parks, and also promote the need to take care of existing paths.

The focus of Trails & Connectivity goals (beginning on page 18) include the completion to trails master plan projects, connecting more people to trails and nature, promotion of the regional Kickapoo Rail Trail, and the preservation of existing hardscapes.



The Weaver Park Trailhead provides parking and amenities for community members looking to use both the 7-mile long Kickapoo Rail Trail as well as the nature paths through the Weaver Park prairie and wetland.

Chapter 5: Goals & Objectives

The following goals and objectives comprise the heart of this plan. Every bit of input received, questionnaire returned, or interview held shaped this section. The intention is not to create an exhaustive list, but to create goals that make strides towards what is important and impactful for our community.

Unless otherwise noted, the timeframe for the goals of this plan are five years, the window of the plan. This acknowledges that while the goals are time bound, the many moving parts of the district create different opportunities for accomplishing goals. Some may be finished much sooner, others may take the entire five-year window, and others yet may roll into the next strategic planning cycle.



Kids and adults alike celebrate the grand opening of the Larson Park playground in 2015. Bruce Larson, longtime Urbana Park District Commissioner and park namesake looks on. One of the following strategic plan goals encompasses active recreation opportunities for all ages.

Chapter 5: Goals & Objectives



Planning Pillar: You Belong Here

Goal #1: More effectively reach and communicate with community members for whom English is a second language.				
Objective	Strategy	Performance Measure	Responsible Staff Groups	
1. Expand upon UPD's capabilities for translation.	Employ or secure a network of translators to help with programming and translation.	Secure two new tools (new staff, third party phone translation services,	Recreation, Outreach	
	Collaborate with Urbana School District, University of Illinois, and outreach partnerships to share translation services.	programs, google hub) needed to communicate with speakers of Spanish,	& Wellness, Community Programs, Customer Service Matrix Team	
	Develop schedule of office hours with multilingual staff who speak Spanish, French, and Mandarin as the first languages to target.	Development of schedule with opportunities for each of the three languages.	Outreach & Wellness, Community Programs	
	Broaden network of community members to help test effectiveness and provide feedback on translation services and tools.	Number of key informants secured to test the new tools and strategies; goal is 10 people.	Recreation, Outreach & Wellness, UPDAC	

Goal #2: Strive to create an environment in which all UPD staff appreciate and promote the importance of diversity and inclusion.			
Objective	Strategy	Performance Measure	Responsible Staff Groups
A. Provide three mandatory trainings to staff to learn about both the needs and triumphs of diverse community groups.	Partner with local community groups to provide trainings to UPD full and part time staff. Examples include the Up Center, Center on Health, Disability and Aging (CHAD) or Champaign Urbana Special Recreation (CUSR), Developmental Services Center, CU Friends & Allies of Immigrants & Refugees (CU FAIR), Community Choices, CU Trauma & Resiliency Initiative.	Number of trainings completed; goal is 3 trainings.	Administration, Human Resources, Outreach & Wellness
B. Promote an inclusive culture through staff, Urbana Park District Advisory Committee	Continue to recruit diverse staff members with varied backgrounds, cultures, lifestyles, ages, interests, and skill sets.	Advertisement and promotion of inclusivity and "You Belong Here" culture during recruitment process through statement on appropriate paperwork, job descriptions, and applications.	Human Resources, Administration, Planning & Operations, Recreation
(UPDAC) members and Board positions.	Promote parks and recreation as a full-time career path and inform the hundreds of seasonal staff from varying backgrounds who are unaware of the full-time opportunities in parks and recreation.	Emphasize full-time parks and recreation jobs for staff through addition of an agenda item (Director's comments) at seasonal staff training.	Administration

Goal #3: Seek opportui	Goal #3: Seek opportunities where UPD can bring activities to neighborhoods and be responsive to interests of community groups.			
Objective	Strategy Performance Measure		Responsible Staff Groups	
A. Develop various neighborhood champions to help facilitate engagement with UPD and spread the word of UPD activities.	Create list of existing community champions, and other potential neighborhood partnerships, which UPD aims to target for outreach. These champions are community members who are involved and well respected in their communities, and can provide direct insight into what UPD offers.	Creation of list of existing community champions and number of new community champions recruited; goal is at least 5.	Recreation, Outreach & Wellness	
B. Meet people where they already are, focusing on areas with transportation or	Add two new neighborhoods or locations that UPD can bring activities to. Example: north of Interstate 74 where there are no UPD parks or facilities, reached through pop-up play, Park Van (filled with recreation equipment and games to bring to events/	Programs or events in two new locations. Number of people (likely new users) attending these programs or events;	Recreation, Outreach & Wellness Recreation, Outreach &	
financial barriers.	communities), etc.	goal is at least 20 people per event.	Wellness	

Goal #4: Advance efforts that make UPD parks and facilities more welcoming for everyone.				
Objective	Strategy	Performance Measure	Responsible Staff Groups	
A. Widely distribute the program guide pages that highlight all free programs and events.	Circulate select materials more widely through neighborhood list-serves, WIC office, CU Public Health District, etc.	Marketing materials on free opportunities, or upcoming events, spread to at least 5 new locations.	Outreach & Wellness, Marketing	
B. Add park signage that represents a more vibrant and welcoming space.	Multilingual signage or use of pictures/icons on new signs; design new interpretive panels to depict information with bright and engaging images.	All new interpretive panels designed with all users (non-English speakers, those with low literacy, children) in mind.	Planning & Operations, Recreation	



Planning Pillar: Placemaking

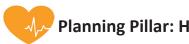
Objective	Strategy	Performance Measure	Responsible Staff
A. Restoration of lake edge and habitat improvement.	Complete engineering for entire lake edge creating gentler slopes, removal of invasive trees and shrubs, bank stabilization, and low profile, native plantings.	Restoration of at least 50% (5800 linear feet) of the shoreline in first phase of work as capital money, fundraising and grants allow.	Groups Planning & Operations
	Implement best management practices (BMPs)	Implementation of at least two BMPs (rain gardens, filter strips, hydrodynamic separators) to clean water before reaching lake.	Planning & Operations
	in the greater, 159 acre, watershed to improve water quality before entering lake.	Work with one outside partner to help fund installation of a BMP in the watershed (Carle Hospital, City of Urbana, County Fairgrounds, private business, etc.).	Planning & Operations, Administration
	Manage and control nuisance aquatic plants (watermeal and duckweed) through lake applications and nutrient (nitrogen and phosphorus) reduction.	Annual aluminum sulfate (alum) application, or other product applications, to bind phosphorus and make unusable by nuisance aquatic plants.	Planning & Operations
B. Enhance visitor		Perform water sampling 2-4 times per summer to assess nutrient, and other water quality, indicators.	Planning & Operations
experiences through water quality improvements.	Manage Canada goose populations to improve health of animal population and mitigate environmental and human impacts.	Continuation of annual egg and nest management to reduce number of new goslings adding to goose population.	Planning & Operations
		Continued use of other control techniques which include turf spray (to protect certain areas), coyote decoys (as a deterrent), lasers (for geese dispersion), trained dogs (to move geese along), and physical barriers (to protect new plantings, etc.).	Planning & Operations
		Evaluate additional measures to reduce and control geese in park, including the IL Department of Natural Resources culling program to reduce number of geese in park, and lead to healthier environmental system.	Planning & Operations
C. Increase recreational	Replace boat dock with accessible version and	Addition of at least three access points to lake: new dock	Planning &
amenities around, and	install rock outcroppings for access to lake.	and two outcroppings. Complete installation of at least one trail in southern	Operations Planning &
access to, Crystal Lake.	Expand paths in southern portion of park.	half of Crystal Lake Park.	Operations

	Implement Crystal Lake Park One-Way Road Study (one way vehicle traffic, two way bike and pedestrian traffic). As recommended in study, use signage, road markings, and public education to create a loop path system in the park which uses the park road as a multiuse path.	Creation of the one-way road system.	Planning & Operations
	Increase usability of the Lake House outdoor terraces for general use, concerts, events and rentals.	Make at least one exterior Lake House improvement, including additional shade structures, more seating, or improved connectivity between upper and lower levels.	Planning & Operations
D. Begin systematically assessing the aging park infrastructure: lighting, stormwater systems.	Inventory/assess infrastructure and develop conceptual engineering plan based on cost, need, safety, and park enhancements, necessary for a prosperous park future.	Completion of infrastructure inventory/assessment.	Planning & Operations

Goal #2: Renovate and revitalize Blair Park with active, teen, and multigenerational opportunities.				
Objective	Strategy	Performance Measure	Responsible Staff Groups	
Provide new recreational opportunities and improved park experience for all ages.	Contract with landscape architecture firm to develop a site plan and further define wants, including new playground, teen-centered components, completion of loop path around perimeter improvements to restrooms and pavilion, and expanded technology (wifi).	Completion of site master plan, with community input, to guide redevelopment process and determine phasing of new work.	Administration, Planning & Operations, Recreation	
	Work with partners for funding assistance and cost sharing on improvements.	Identification of at least two partners including the School District, City, or private donors.	Administration, Development, Planning & Operations,	
	Apply for future Open Space Lands Acquisition and Development (OSLAD) grant funding.	Submittal of OSLAD grant application.	Planning & Operations	
	Construct new amenities/ improvements in Blair Park.	Construction of at least three new amenities/ improvements identified in the site master plan.	Planning & Operations	

Goal #3: Encourage a sense of place and uniqueness in Urbana parks, which creates vibrant spaces for park and facility users.				
Objective	Strategy	Performance Measure	Responsible Staff Groups	
A. Achieve sense of place and welcoming through diverse art pieces.	Engage with both professional artists, UPD participants, and neighborhood residents to create outdoor art pieces, including culturally diverse and inclusive pieces.	One piece of art in all Urbana parks. This could include a sculpture, temporary installation, unique bench, mural, art made with native plantings, etc.	Administration, Planning & Operations, Outreach & Wellness, Community Programs, Arts & Culture Matrix Team	
B. Provide interactive, cultural and unique	Integrate renovated spaces like the Broadway Avenue Plaza and the improved Lake House stage as the Crystal Lake Park Art Fair develops into a Midwest arts destination with programming and performances in addition to arts vendors.	Add mobile stage to the Art Fair and work with the CU Folk and Roots Festival and other organizations to bring at least one more live music opportunity to the park. Add performance opportunities including at least one dance and theatre arts to park spaces in further years.	Community Programs, Arts & Culture Matrix Team	
performances and experiences in parks.	Investigate granting opportunities to bring regional and national performers and artists to improve youth and all ages programs, including the new park mobile programs to other areas of Urbana.	Apply for at least one new grant in the next three years as we develop new program opportunities for all populations.	Development, Arts & Culture Matrix Team	





Planning Pillar: Health & Wellness

Goal #1: Improve and expand upon indoor health and wellness space (H&W space) for the community. The vision of this potential space incorporates a variety of opportunities in fitness, wellness, and athletics to promote and improve the overall well-being of community members, while providing indoor, on your own time opportunities.

Objective	Strategy	Performance Measure	Responsible Staff Groups
A. Solidify partnerships and form a team to move H&W space forward.	Determine other government bodies, local groups, hospitals, businesses, or external funding partnerships (donors) willing to provide resources (financial, land, programmatic, transportation etc.) to move H&W space forward.	Creation of an agreement with partners, confirming interest, and resources provided, in advancing indoor H&W space.	Administration, Planning & Operations, Recreation, Leadership Team
B. Use information from H&W program statement and public input to prepare concept plan.	Contract with engineering firm, experienced in building similar facilities, to undertake concept planning with pro forma (including location of indoor space, office areas, staffing needs, technology costs, construction, and operational expenses).	Completion of concept plan with pro forma study to measure baseline performance expectations and feasibility.	Planning & Operations, Leadership Team
	Engage Champaign Urbana Special Recreation (CUSR) in development of final vision statement to ensure amenity needs are met, universally designed spaces provided for all, and CUSR feels they have an Urbana home.	Work with CUSR management team to define CUSR program/facility space needs.	Administration, Planning & Operations, Recreation
C. Finalize program statement (vision and amenities) for H&W space.	Use results of concept plan with pro forma to create a "final" program statement to bring forward in future phases of planning.	Update of existing program statement (vision and amenities) for H&W facility to a final form.	Administration, Planning & Operations, Recreation
D. Proceed with development of H&W space.	Identify revenue sources: UPD capital, state of Illinois grants, partnerships, private donors, other businesses, and operating budgets from all partners.	Construct new H&W space to meet community H&W needs (as determined by partnerships, program statement, concept planning, and funding resources).	Administration, Planning & Operations, Recreation

Goal #2: Create opportunities for wellness experiences open to all generations.						
Objective	Strategy	Performance Measure	Responsible Staff Groups			
Facilitate one opportunity per calendar year.	Brainstorm and implement multigenerational activities. Examples: older adult/ child baggo tournament, bring a child to fitness class day, or single adult pickleball tournament. Potential target groups: Clark Lindsey, Students Playing and Learning After School Hours (SPLASH), college students, neighborhood groups.	Number of unique, multigenerational activities offered; goal is 5 over the course of this plan (one per year).	Recreation			

Goal #3: Work to create health and physical wellness opportunities in colder months with less park usage.							
Objective Strategy Performance Measure Responsible Groups							
Pilot one outdoor, cold weather activity per year.	Engage more community members in parks during the winter months through runs/walks, educate about cold weather exercise, expand nature hikes, organize snowy fitness class, etc.	One new cold weather activity per year; goal is 5 over the course of this plan (one per year).	Recreation				

Goal #4: Expand collaboration and partnerships with community health agencies.						
Objective	Strategy	Performance Measure	Responsible Staff Groups			
Collaborate with local health care providers to expand impact of UPD wellness programs.	Creation of new program or event. Examples include: Walk with a Doc program for preventative healthcare or rework of Play Rx to connect children with active opportunities in community. Potential partners include Champaign Urbana Public Health, OSF HealthCare, Christie Clinic, and Carle Foundation Hospital.	Creation of one new partnership, program, or event.	Recreation, Outreach & Wellness			





Planning Pillar: Trails & Connectivity

Goal #1: Evaluate, identify, and advance trail projects in UPD Trails Master Plan which qualify for grant funding, in order to expand trails within Urbana parks.						
Objective	Strategy	Performance Measure	Responsible Staff Groups			
Work with Champaign County Regional	Review trails plan and identify projects that qualify for grant programs.	Completed annual trails grant	Diamain a Q			
Planning Commission and other partners to advance grant- qualifying trail projects.	Search out and apply for grants including: Illinois Transportation Enhancement Program (ITEP), Safe Routes to School (SRTS), Recreational Trails Program (RTP), and Open Spaces Lands Acquisition and Development (OSLAD) as part of larger park renovations.		Planning & Operations			

Goal #2: Connect more people to nature through Urbana parks and trails.						
Objective	Strategy	Performance Measure	Responsible Staff Groups			
A. Engage new and existing users through a trail ribbon cutting event.	Plan one ribbon cutting celebration for a new UPD trail to garner enthusiasm on the impact of trails for community, transportation and health.	Execution of one community ribbon cutting event with the goal to engage at least 25 people.	Planning & Operations, Recreation, Marketing			
B. Spread the word about trails that already exist in Urbana parks.	Create interactive GIS map/ web app for trail locations, types, lengths and other park amenities such as restrooms, water, playgrounds, playing fields.	Implementation and sharing of interactive map/ app.	Planning & Operations, Recreation			
C. Expand offerings of soft trails (not paved), and more rugged hiking opportunities in Urbana parks.	Build new soft trails and capitalize on elevation changes in applicable parks, including Perkins (once restoration is complete and open to public) and the southern portion of Busey Woods.	Creation of at least one new soft trail.	Planning & Operations			

Goal #3: Promote a regional trail system through study of Kickapoo Rail Trail (KRT) extension into downtown Urbana.					
Objective	Strategy	Performance Measure	Responsible Staff Groups		
A. Complete <i>Urbana Kickapoo Rail Trail Extension Study</i> by end of 2020.	Work with Champaign Co. Regional Planning Commission, Champaign Co. Forest Preserve District, City of Urbana, and other stakeholders to evaluate rail with (and without) trail options along current active rail line through Urbana.	Completion of feasibility study with suggestions for next steps.	Planning & Operations		
B. Develop working plan to guide stakeholder group in next steps for future years of KRT development.	Development of action steps tied to various stakeholder groups for future KRT development, design, engineering, financing, connections, Trail Town/ economic impacts, etc.	Creation of a development plan to ensure collaboration towards the common KRT goals.	Planning & Operations, Recreation, Leadership Team		
C. Further the implementation of Weaver Park & East	Seek land acquisition where possible between KRT and Weaver Park.				
Urbana KRT Connectivity Study. The study seeks to 1. Connect the KRT to Weaver Park, 2. Develop a primary trailhead at Weaver Park and 3. Improve East Urbana access.	Use grant applications to seek improved trailhead facilities (restrooms, drinking fountains, etc.) where grant parameters allow.	Implementation of one study goal or component.	Administration, Planning & Operations, Leadership Team		

Goal #4: Focus on care and preservation of existing hardscapes and parking areas, as they are the front door to many parks.						
Objective	Strategy	Performance Measure	Responsible Staff Groups			
Maintain and preserve hardscapes in parks, with emphasis on trails and parking areas.	Budget for rehabilitation and maintenance on the following: AMBUCS road and parking, Chief Shemauger lot, Crystal Lake Park road and lots, Dog Park lot, Meadowbrook Windsor Road lot, and South Ridge path. These improvements will take many phases per park, as funding allows.	Completion of at least 2 projects in the highlighted parks.	Planning & Operations			



Chapter 6: Strategic Plan Financials

The Urbana Park District is a separate unit of local government - a municipal corporation which operates under the Statutes of the State of Illinois. It is governed by a five member Board of Commissioners elected to six-year terms in biennial public elections. The Park District also has a Citizen Advisory Committee composed of eighteen members representing all areas of Urbana and a wide variety of interests. The District is a capped property tax district, which receives revenue for capital projects each year through tax levy. The District also manages other sources of funding and pursues other opportunities including: annual operating budget, bond reissuance (refinancing), grants, donations and partnerships, although some of these resources are less predictable. A combination of these will be used to accomplish strategic goals and objectives. The district aims to take steps towards accomplishing each of the strategic goals and objectives, acknowledging that completion of each are bound by funding and may take longer to accomplish.

Below you will find cost estimates, source of funding, and duration to complete each goal developed as part of the Strategic Plan. Beneath each strategic plan goal there are multiple objectives, not included in this chart, but found in Chapter 5 of the plan document. Resources required reflect the summation of all objectives under each goal.

\$ \$0-\$49,999

\$\$ \$50,000-\$99,999

\$\$\$ \$100,000-\$999,999

\$\$\$\$ >\$1,000,000

Pillar	Goal	Estimated Cost	Source of Funding	Duration
You Belong Here	More effectively reach and communicate with community members for whom English is a second language.	\$	Operating, partnerships	2 years
You Belong Here	Strive to create an environment in which all UPD staff appreciate and promote the importance of diversity and inclusion.	\$	Operating	3 years
You Belong Here	Seek opportunities where UPD can bring activities to neighborhoods and be responsive to interests of community groups.	\$	Operating, partnerships, donations	2 years
You Belong Here	Advance efforts that make UPD parks and facilities more welcoming for everyone.	\$	Operating, partnerships	2 years

Chart continued on following page.

Pillar	Goal	Estimated Cost	Source of Funding	Duration
Placemaking	Continue rehabilitating and revitalizing Crystal Lake and surrounding area, the district's oldest park and only public lake in Urbana.	\$\$\$\$	Bond reissuance, capital, grants, donations	5 years
Placemaking	Renovate and revitalize Blair Park with active, teen, and multigenerational opportunities.	\$\$\$	Capital, OSLAD grant, donations, partners	2.5 years
Placemaking	Encourage a sense of place and uniqueness in Urbana parks, which creates vibrant spaces for park and facility users.	\$\$\$	Operating, grants, donations	2-3 years
Health & Wellness	Improve and expand upon indoor health and wellness space (H&W space) for the community. The vision of this potential space incorporates a variety of opportunities in fitness, wellness and athletics to promote and improve the overall well-being of community members, while providing indoor, on your own time opportunities.	\$\$\$\$	Bond reissuance, grants, partners, capital, donations	3-5 years
Health & Wellness	Create opportunities for wellness experiences open to all generations.	\$	Operating	1 year
Health & Wellness	Work to create health and physical wellness opportunities in colder months with less park usage.	\$	Operating	1 year
Health & Wellness	Expand collaboration and partnerships with community health agencies.	\$	Operating	1 year
Trails & Connectivity	Evaluate, identify, and advance trail projects in UPD Trails Master Plan which qualify for grant funding, in order to expand trails within Urbana parks.	\$\$\$	Grants, partners	3 years
Trails & Connectivity	Connect more people to nature through Urbana parks and trails.	\$	Operating	1 year
Trails & Connectivity	Promote a regional trail system through study of Kickapoo Rail Trail (KRT) extension into downtown Urbana.	\$\$\$	Grants, partnerships, capital	3 years
Trails & Connectivity	Focus on care and preservation of existing hardscapes and parking areas, the front door to many parks.	\$\$\$\$	Capital	5 years



Chapter 7: Implementation Strategy

An implementation strategy is required for this plan and its critical goals and objectives to be realized. Without a roadmap to actively accomplishing goals, this plan risks sitting on a shelf and gathering dust. To aid in implementation, each strategy and performance measure also has an assigned responsible staff group. Breaking up objectives by department creates smaller working groups and distributes work across the district.

Staff groups:

Administration Recreation Accounting/Business **Athletics** Development Aquatics

Executive Director Community Programs Human Resources Environmental Programs

Marketing & Public Information

Outreach & Wellness

Staff Teams (staff from all departments) **Planning & Operations**

Arts & Culture Matrix **Aquatics Maintenance**

Construction Maintenance **Aquatics Matrix**

Facilities Maintenance **Customer Service Matrix**

Grounds Maintenance Green Team Natural Areas Leadership Team Planning & Capital Projects Safety Team

Technology Team

Additionally, the strategic plan will be reviewed annually, in January, to assess which objectives have been met and which will be pursued in the coming year. This plan can be found online at

www.urbanaparks.org/get-involved/strategic-planning/ Check back as we update achievements over the next five years.



Community Program staff lead an art project to colorfully paint the letters U-R-B-A-N-A for an outdoor art installation at Prairie Park.

Thank you!

APPENDIX

Urbana Park District Strategic Plan 2020





APPENDICES

Appendix A: Urbana Park District User Questionnaire Summary

Appendix B: Detailed Financials

Appendix C: Strategic Plan Focus

Groups Report

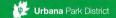
APPENDIX A

Urbana Park District User Questionnaire Summary

An analysis of the Urbana Park District User Questionnaire responses. In the summer of 2018, nearly 350 community members shared their thoughts via the questionnaire. These important responses, combined with other public input, informed the goals of the strategic plan.

Strategic Planning Questionnaire

Urbana Park District



Q1: Do you use Urbana Parks? (Please Select all that Apply)

Highest amount of users:

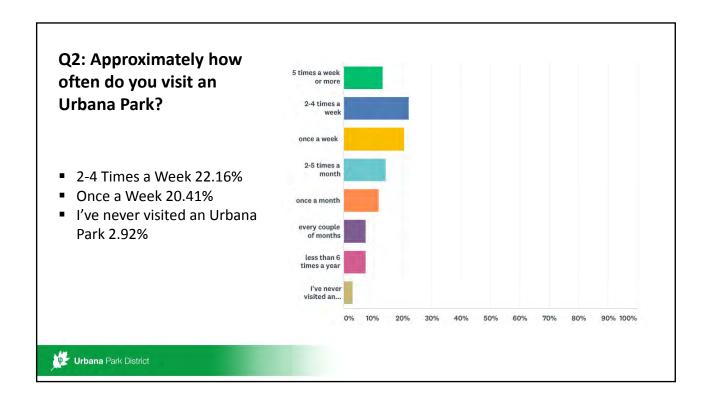
- Meadowbrook 74.12%
- Crystal Lake Park 71.47%

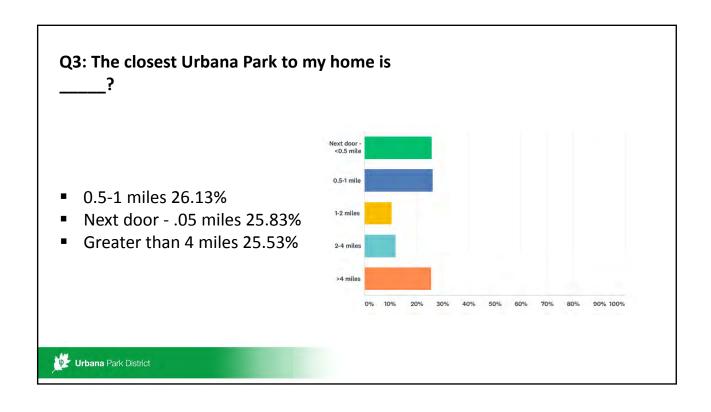
Lowest amount of users:

- Patterson Parklet .59%
- Judge Webber Park 1.18%

ANSWER CHOICES	RESPONSES	
AMBUCS Park	22.06%	75
Blair Park	27.65%	94
Canaday Park	1.47%	5
Carle Park	42.94%	146
Chief Shemauger Park	2.65%	9
Crestview Park	8.24%	28
Crystal Lake Park/ Busey Woods	71.47%	243
Dog Park/ Perkins Rd. Park Site	9.41%	32
ludge Webber Park	1.18%	4
King Park	17.35%	59
arson (Wheatfield) Park	11.76%	40
eal Park	7.35%	25
ohmann Park	5.29%	18
Meadowbrook Park	74.12%	252
Patterson Parklet	0.59%	2
Prairie Park	10.59%	36
South Ridge Park	10.59%	36
Sunnycrest Tot Lot	2.94%	10
/ictory Park	19.12%	65
Neaver Park	4.41%	15
do not use any Urbana Parks	4.71%	16
Total Respondents: 340		



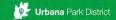




Q4: How satisfied are you with the following features of the park?

(1= very dissatisfied, 5= very satisfied, N/A= not applicable)

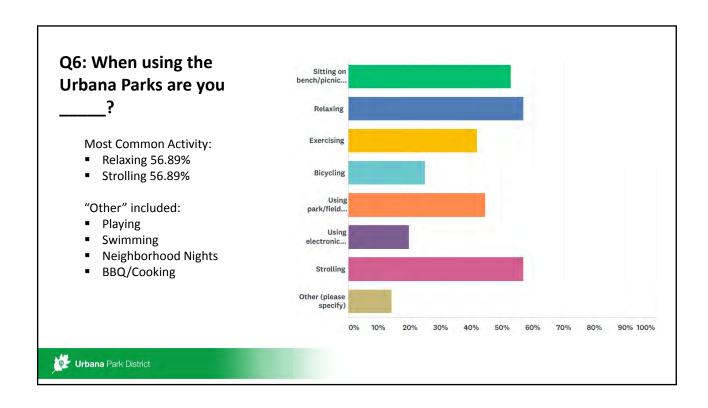
	1	2	3	4	5	N/A	TOTAL	WEIGHTED AVERAGE
Paths/sidewalks	2.36% 8	2.36%	9.44% 32	29.79% 101	51.92% 176	4.13% 14	339	4.32
Parking lots/roads	3.26%	6.23%	15.73%	27.60%	40.36%	6.82%		
	11	21	53	93	136	23	337	4.03
Playgrounds	2.95%	2.06%	6.78%	29.50%	46.31%	12.39%		
	10	7	23	100	157	42	339	4.30
Fields/courts	2.37%	2.08%	11.87%	28.19%	31.16%	24.33%		
	8	7	40	95	105	82	337	4.11
Shelters/benches	2.40%	5.39%	14.37%	31.74%	37.72%	8.38%		
	8	18	48	106	126	28	334	4.06
Trees/turf/landscaping	2.38%	1.19%	5.95%	27.38%	58.33%	4.76%		
	8	4	20	92	196	16	336	4.45
Restrooms	6.57%	13.73%	23.58%	21.79%	25.07%	9.25%		
	22	46	79	73	84	31	335	3.50

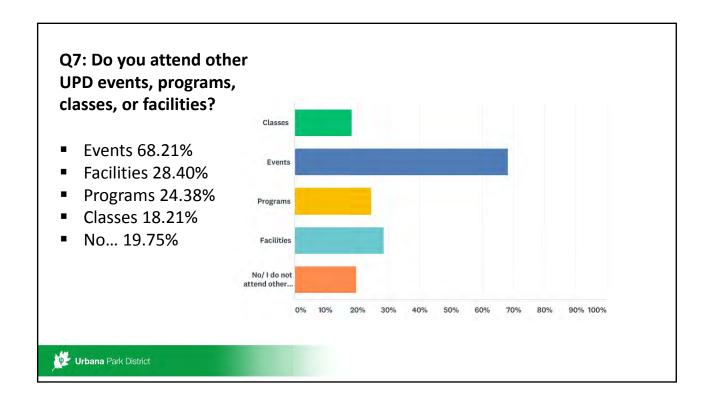


Q5: When you are at an Urbana Park, are you____?

ANSWER CHOICES	RESPONSES	
Alone	27.54%	92
Accompanied by Children	62.28%	208
Accompanied by Pets	19.76%	66
Accompanied by Other Adults	64.67%	216
Total Respondents: 334		







Q8: What barriers keep you from attending more (or any) park district events, programs, classes or facilities?

ANSWER CHOICES	RESPONSES	
Financial reasons	12.08%	36
Lack of time	59.73%	178
Lack of interest in what the Urbana Park District offers	5.70%	17
Timing of classes/programs/events does not work with my schedule	24.50%	73
Lack of transportation	6.71%	20
Don't know what is offered/lack of activity information	18.46%	55
Shy	5.03%	15
Use programs from other organizations (YMCA, local gym, etc.)	12.08%	36
Other (please specify)	10.40%	31
Total Respondents: 298		



Q9: What could the Urbana Park District do or offer to get you to utilize our programs, facilities, parks, and events?

classes use time great better love programs facilities

park activities events work kids make free dog

Advertise family Offer music

"More free community events in the parks! Neighborhood nights are cool!" "The outside facilities are wonderful. It would be great if there were an indoor playground for children to use in winter."

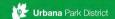
"More cleaner shelter areas and better restrooms"



Q10: Crystal Lake is in an important rehabilitation phase; what would an improved Crystal lake look like to you?

Nice New Playscape Accessible Brighter Colors Play Native Plants Activities
Facilities Walking Fishing Paths Kids Water Bathrooms
Lake Trails Park Enjoyed Geese Nicer Boat Basketball Court
Events Goose Poop Looks Disc Golf Course Place

"I love crystal lake and know it's hard to clean the water. The geese are a real turn off." "I'd like to see more bike/walking paths, lighting and safety features." "We love Crystal Lake especially the new playscape. Maybe an expansion of that and the nature center facilities."



Q11: The park district wants to ensure we are providing you with opportunities to lead a healthy life. What facilities, programs, and amenities would inspire you to lead a healthier life?

Water Fountains classes ourside Healthy Food crystal Lake Pool Doing
Basketball Courts Activities Workout Classes Running Healthier
Exercise Offered Programs Cooking Classes Parks
Community Walking Disc Golf Events Aquatic Center Bike
Better Lighting Fitness Classes Better Trails Swimming Meadowbrook is Great
Outdoor Yoga Classes

"Expanded options for outdoor exercise classes."

"Perhaps some outdoor fitness equipment like pullup bars, etc. would be nice." "Bike paths and hiking trails, vegetarian or other cooking programs, guided meditation sessions (after work hours or on weekends)."



Q12: The first seven miles of the KRT have been constructed connecting St. Joseph with Urbana. What could UPD do to make the KRT more relevant and useful to you? Additionally, what trailhead amenities would make you most likely to explore the trail?

Shade Far Champaign Points Downtown Urbana
Bag Kids Scavenger Hunt Path Transportation

Parking Maps Bike Surface Trail Markers

Water Never Heard Restrooms Bus Trips
Kickapoo Local Riding Unsure Going Look
Drinking Fountains

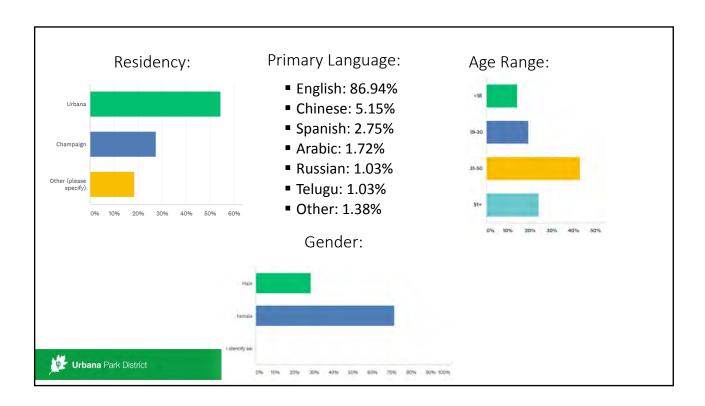
"I think there should be more ads so more of the community knows of the KRT. Bathrooms and emergency phones along the trail would be good."

"I haven't been there yet."

"It would be helpful if there were more bike routes from the center of town or other parts of town to the trailhead. I have not ridden the trail because I don't feel safe riding my bicycle from my house to the trailhead."



Demographics: ANSWER CHOICES RESPONSES 65.58% 202 White Black or African American Urbana Park 3.57% 11 Hispanic/Latino 9.09% 28 Asian District: 0.32% American Indian or Alaska Native 0.65% 2 Native Hawaiian/Pacific Islander 4.55% 14 TOTAL Race and Hispanic Origin (a) White alone, percent △ 59.6% U.S. Census Black or African American alone, percent (a) **△** 17.2% American Indian and Alaska Native alone, percent (a) ₾ 0.3% Bureau: Native Hawaiian and Other Pacific Islander alone, percent (a) △ 0.1% ▲ 3.6% Hispanic or Latino, percent (b) △ 4.8% White alone, not Hispanic or Latino, percent Urbana Park District



APPENDIX B

Detailed Strategic Plan Financials

While a streamlined version of the strategic plan financials is included within the plan document, this detailed version dives deeper into the sources of funding for strategic initiatives.

Detailed Strategic Plan Financials

Introduction Paragraph

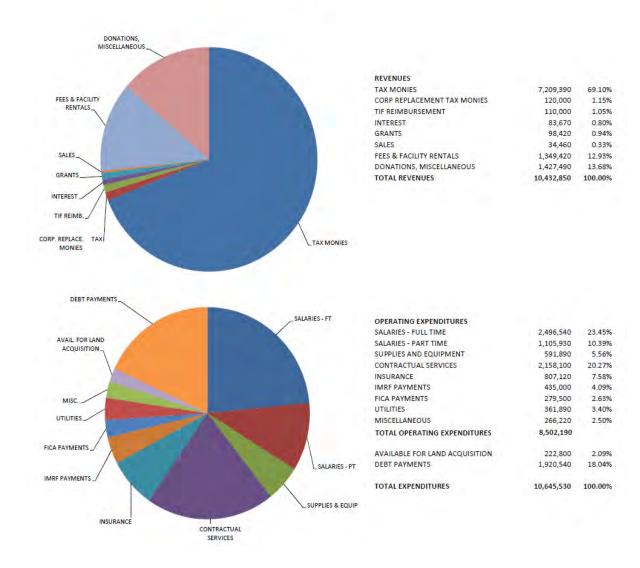
The chart included in the strategic plan is a streamlined version of the strategic plan financials for those looking for brief information, or who may not be familiar with the park district's financials the same way UPD Board of Commissioners and Staff are. The next section of this document seeks to dive further into the financial component of the Strategic Plan by taking a brief look at:

- (1) operating budget overview,
- (2) 5-year operating forecast,
- (3) 5-year capital budget,
- (4) matrix of Strategic Plan goals with added details,
- (5) other potential funding opportunities.

1. Operating Budget Information

An overview of operating revenues and expenditures for 2019-2020. The Operating Budget accounts for the annual operating funds of the district. It is used to account for administrative and park operating expenses and a variety of recreational activities and facilities.

OPERATING BUDGET (includes debt payments) 2019-2020



2. Five-Year Operating Forecast

The five-year operating forecast takes into account budget numbers from previous years, while allowing projection estimates for future years based on known information. The district is facing unprecedented budgetary constraints due to minimum wage law on top of property tax extension limitation law, and new, future budget scenarios continue to be assessed.

	FY20		FY21		FY22		FY23		FY24
	Budgeted	% incr(decr)	Projected	% incr(decr)	Projected	% incr(decr)	Projected	% incr(decr)	Projected
Property Taxes	7,209,390	2.50%	7,389,960	2.50%	7,575,052	2.50%	7,764,780	2.50%	7,959,261
Corporate Replacement Tax Monies	120,000	0.45%	120,542	0.45%	121,087	0.45%	121,635	0.45%	122,185
Urbana TIF Reimbursement	110,000	2.50%	112,755	2.50%	115,579	2.50%	118,474	2.50%	121,441
Interest	83,670	25.00%	104,588	0.00%	104,588	0.00%	104,588	0.00%	104,588
Grants	98,420	0.00%	-	0.00%	-	0.00%	-	0.00%	-
Sales	34,460	0.00%	34,460	0.00%	34,460	0.00%	34,460	0.00%	34,460
Fees & Rentals	1,349,420	4.00%	1,403,397	2.50%	1,438,482	2.50%	1,474,444	2.50%	1,511,305
Donations, Miscellaneous	1,427,490	0.00%	700,000	0.00%	700,000	0.00%	700,000	0.00%	700,000
TOTAL REVENUES	10,432,850		9,865,702		10,089,248		10,318,381		10,553,239
% Change from Previous Year	7.64%		-5.44%		2.27%		2.27%		2.28%
, and the same territorial section of the same territorial sec	7.0		2		2.2770		2.2770		2.25%
	FY20		FY21		FY22		FY23		FY24
	Budgeted	% incr(decr)	Projected	% incr(decr)	Projected	% incr(decr)	Projected	% incr(decr)	Projected
Salaries - Full Time	2,496,540	2.92%	2,619,545	2.92%	2,696,146	2.92%	2,774,988	2.92%	2,856,135
Salaries - Part Time	1,105,930	7.00%	1,183,345	7.00%	1,266,179	7.00%	1,354,812	7.00%	1,449,649
Supplies and Equipment	591,890	4.52%	618,623	4.52%	646,563	4.52%	675,764	4.52%	706,285
Contractual Services	2,158,100		1,200,000	2.00%	1,224,000	2.00%	1,248,480	2.00%	1,273,450
Insurance (Liab. & Health)	841,620	3.53%	871,368	3.53%	902,168	3.53%	934,057	3.53%	967,072
IMRF Payments	420,000	2.13%	428,934	2.13%	438,057	2.13%	447,375	2.13%	456,891
FICA Payments	260,000	2.48%	266,436	2.48%	273,032	2.48%	279,791	2.48%	286,718
Utilities	361,890	2.89%	372,364	2.89%	383,141	2.89%	394,230	2.89%	405,639
Miscellaneous	266,220	1.00%	268,882	1.00%	271,571	1.00%	274,287	1.00%	277,030
Capital Outlay	222,800		-		-		-		-
Bond Principal and Interest	1,920,540		1,900,000		1,925,000		1,930,000		1,950,000
TOTAL EXPENDITURES	10,645,530		9,729,497		10,025,858		10,313,784		10,628,869
% Change from Previous Year	13.15%		-8.60%		3.05%		2.87%		3.05%
Excess (Deficit) Rev over Exp	(212,680)		136,205		63,390		4,597		(75,629)

3. Five-Year Capital Budget Information

The Capital Improvements Budget accounts for purchases of property, equipment, and park improvements from proceeds of bond issues. Additionally there are grants, donations and transfers from other District funds received and spent in the Capital Improvement Budget. The five-year capital budget takes into account the master list of prioritized capital projects reviewed annually. It is then constructed based on this list, current needs, and various replacement schedules.

The chart that outlines the Five-Year Capital Budget is updated each year. The version current at the time of strategic plan finalization, September 2019, is included below, but is consistently revised as projects are completed and priorities are assessed.

Capital Budget Year	Revenues		Projected Expenses		Contingency
	General Obligation Bonds	816,610		65,000	
	ADA Funds	65,000	Cost of issue	11,000	
	Tributes and Donations	12,000	Tributes and Donations	12,000	
			Vehicles & Equipment	160,000	
			Operations Small Equipment	5,000	
			Recreation Small Equipment	5,000	
			EAB & Hazard Tree Management	10,000	
			Hardscapes & Fencing	150,000	
			Construction Crew Projects	20,000	103,610
2020			Mechanical Replacement Schedule	10,000	103,610
			Technology	20,000	
			Trail Projects - Blair	40,000	
			UIAC Capital Improvements	20,000	
			CLP Phased Rehab	150,000	
			Blair Park Playground	100,000	
	Subtotal 2020 Revenue	893.610	Subtotal 2020 Expenses	778.000	(Blair Park)
		555,515		,	(21011)
	General Obligation Bonds	821,080	ADA transition projects - Blair	65,000	
	ADA Funds	65,000	Cost of issue	11,300	
			Cost of issue Tributes and Donations	11,300 12,000	
	ADA Funds	65,000	Cost of issue Tributes and Donations Vehicles & Equipment	11,300	
	ADA Funds	65,000	Cost of issue Tributes and Donations Vehicles & Equipment Operations Small Equipment	11,300 12,000 225,000 5,000	
	ADA Funds	65,000	Cost of issue Tributes and Donations Vehicles & Equipment Operations Small Equipment Recreation Small Equipment	11,300 12,000 225,000 5,000 5,000	
	ADA Funds	65,000	Cost of issue Tributes and Donations Vehicles & Equipment Operations Small Equipment Recreation Small Equipment EAB & Hazard Tree Management	11,300 12,000 225,000 5,000	
	ADA Funds	65,000	Cost of issue Tributes and Donations Vehicles & Equipment Operations Small Equipment Recreation Small Equipment EAB & Hazard Tree Management Hardscapes & Fencing	11,300 12,000 225,000 5,000 5,000 10,000 150,000	
2021	ADA Funds	65,000	Cost of issue Tributes and Donations Vehicles & Equipment Operations Small Equipment Recreation Small Equipment EA6 & Hazard Tree Management Hardscapes & Fencing Construction Crew Projects	11,300 12,000 225,000 5,000 5,000 10,000 150,000 20,000	122,780
2021	ADA Funds	65,000	Cost of issue Tributes and Donations Vehicles & Equipment Operations Small Equipment Recreation Small Equipment EAB & Hazard Tree Management Hardscapes & Fencing Construction Crew Projects Mechanical Replacement Schedule	11,300 12,000 225,000 5,000 5,000 10,000 150,000 20,000 10,000	122,780
2021	ADA Funds	65,000	Cost of issue Tributes and Donations Vehicles & Equipment Operations Small Equipment Recreation Small Equipment EAB & Hazard Tree Management Hardscapes & Fencing Construction Crew Projects Mechanical Replacement Schedule Technology	11,300 12,000 225,000 5,000 5,000 10,000 150,000 20,000 10,000 20,000	122,780
2021	ADA Funds	65,000	Cost of issue Tributes and Donations Vehicles & Equipment Operations Small Equipment Recreation Small Equipment EAB & Hazard Tree Management Hardscapes & Fencing Construction Crew Projects Mechanical Replacement Schedule	11,300 12,000 225,000 5,000 5,000 10,000 150,000 20,000 10,000	122,780
2021	ADA Funds	65,000	Cost of issue Tributes and Donations Vehicles & Equipment Operations Small Equipment Recreation Small Equipment EAB & Hazard Tree Management Hardscapes & Fencing Construction Crew Projects Mechanical Replacement Schedule Technology	11,300 12,000 225,000 5,000 5,000 10,000 150,000 20,000 10,000 20,000	122,780
2021	ADA Funds	65,000	Cost of issue Tributes and Donations Vehicles & Equipment Operations Small Equipment Recreation Small Equipment EAB & Hazard Tree Management Hardscapes & Fencing Construction Crew Projects Mechanical Replacement Schedule Technology Trail Projects - Blair CLP Phased Rehab	11,300 12,000 225,000 5,000 5,000 10,000 20,000 10,000 20,000 40,000	122,780
2021	ADA Funds	65,000	Cost of issue Tributes and Donations Vehicles & Equipment Operations Small Equipment Recreation Small Equipment EAB & Hazard Tree Management Hardscapes & Fencing Construction Crew Projects Mechanical Replacement Schedule Technology Trail Projects - Blair	11,300 12,000 225,000 5,000 10,000 150,000 20,000 40,000 150,000	122,780
2021	ADA Funds	65,000	Cost of issue Tributes and Donations Vehicles & Equipment Operations Small Equipment Recreation Small Equipment EAB & Hazard Tree Management Hardscapes & Fencing Construction Crew Projects Mechanical Replacement Schedule Technology Trail Projects - Blair CLP Phased Rehab UIAC Capital Improvements	11,300 12,000 225,000 5,000 5,000 10,000 150,000 20,000 40,000 150,000 40,000 20,000 20,000	122,780
2021	ADA Funds	65,000	Cost of issue Tributes and Donations Vehicles & Equipment Operations Small Equipment Recreation Small Equipment EAB & Hazard Tree Management Hardscapes & Fencing Construction Crew Projects Mechanical Replacement Schedule Technology Trail Projects - Blair CLP Phased Rehab UIAC Capital Improvements	11,300 12,000 225,000 5,000 5,000 10,000 150,000 20,000 40,000 150,000 40,000 20,000 20,000	122,780 (Blair)

General Obligation Bonds 833,398 ADA transition projects - PrairiePlay 65,000	
Tributes and Donations 12,000	
PrairiePlay Donations	
Operations Small Equipment	
Recreation Small Equipment 5,000 EAB & Hazard Tree Management 10,000	
EAB & Hazard Tree Management 10,000	
	159,898
2022 Construction Crew Projects 20,000 Mechanical Replacement Schedule 10,000	
Technology 20,000	
Trail Projects (PrairiePlay) 40,000	
UIAC Capital Improvements 20,000	
CLP Phased Rehab 150,000	
PRC Roof - Metal 320,000	
Tike Noor- wetan 320,000	•
Subtotal 2022 Revenue 1,010,398 Subtotal 2022 Expenses 838,500	(PrairiePlay)
Output Obligation Deads 045 000 ADA transition and to the	
General Obligation Bonds 845,898 ADA transition projects 65,000	
ADA Funds 65,000 Cost of issue 10,200	
Tributes and Donations 12,000 Tributes and Donations 12,000	
Vehicles & Equipment 250,000	
Operations Small Equipment 5,000	
Recreation Small Equipment 5,000	
EAB & Hazard Tree Management 10,000	
Hardscapes & Fencing 150,000	
2023 Construction Crew Projects 10,000	
Technology 10,000	
UIAC Capital Improvements 20,000	
Trail Projects / Southridge 40,000	
Mechanical Replacement 10,000	
0.14.14.12000 B	
Subtotal 2023 Revenues 922,898 Subtotal 2018 Expenses 597,200	PrairiePlay
General Obligation Bonds 820,000 ADA transition projects 65,000	
ADA Funds 65,000 Cost of issue 10,200	
Tributes and Donations 12,000 Tributes and Donations 12,000	
Vehicles & Equipment 190,000	
Operations Small Equipment 5,000	
Recreation Small Equipment 5,000	
EAB & Hazard Tree Management 10,000	
Hardscapes & Fencing 150,000	
Construction Crow Projects 10,000	359,800
2024 Constitution Crew Projects 10,000 Technology 10,000	
UIAC Capital Improvements 20,000	
Trail Projects 40,000	
Mechanical Replacement 10,000	
Tourist Topiconon Tourist Tour	
	(TBD)
Subtotal 2024 Revenues 897,000 Subtotal 2018 Expenses 537,200	

4. Matrix of Goals with Added Details

The below chart corresponds directly with the public version of the plan, while adding specific cost estimates. Again, you will find estimates of resources required, as estimated costs, and duration to complete each goal developed as part of the Strategic Plan. Beneath each strategic plan goal there are multiple objectives, not included in this chart, but found in Chapter 5 of the plan document. Resources required reflect the summation of all objectives under each broader goal.

Detailed Matrix of Goals:

Pillar	Goal	Estimated Cost	Source of Funding	Duration
You Belong Here	More effectively reach and communicate with community members for whom English is a second language.	\$25,000	Operating, partnerships	2 years
You Belong Here	Strive to create an environment in which all UPD staff appreciate and promote the importance of diversity and inclusion.	\$1,000	Operating	3 years
You Belong Here	Seek opportunities in which UPD can bring activities to neighborhoods and be responsive to interests of community groups.	\$10,000	Operating, partnerships, donations	2 years
You Belong Here	Advance efforts that make UPD parks and facilities more welcoming for everyone.	\$10,000	Operating, partnerships	2 years
Placemaking	Continue rehabilitating and revitalizing Crystal Lake and surrounding area, the district's oldest park and only public lake in Urbana.	Up to \$8,000,000	Bond reissuance, capital, grants, donations	5 years
Placemaking	Renovate and revitalize Blair Park with active, teen, and multigenerational opportunities.	\$800,000	Capital, OSLAD grant, donations, partnerships	2.5 years
Placemaking	Encourage a sense of place and uniqueness in Urbana parks, which creates vibrant spaces for park and facility users.	\$100,000	Operating, grants, donations	2-3 years

Health & Wellness	Improve and expand upon indoor health and wellness space (H&W space) for the community. The vision of this potential space incorporates a variety of opportunities in fitness, wellness and athletics to promote and improve the overall well-being of community members, while providing indoor, on your own time opportunities.	Up to \$10,000,000	Bond reissuance, grants, partnerships, capital, donations	3-5 years
Health & Wellness	Create opportunities for wellness experiences open to all generations.	\$10,000	Operating	1 year
Health & Wellness	Work to create health and physical wellness opportunities in colder months with less park usage.	\$10,000	Operating	1 year
Health & Wellness	Expand collaboration and partnerships with community health agencies.	\$10,000	Operating	1 year
Trails & Connectivity	Evaluate, identify and advance trail projects in UPD Trails Master Plan, which qualify for grant funding, in order to expand trails within Urbana parks.	\$100,000	Grants, partnerships	3 years
Trails & Connectivity	Connect more people to nature through Urbana parks and trails.	\$1,000	Operating	1 year
Trails & Connectivity	Promote a regional trail system through study of Kickapoo Rail Trail (KRT) extension into downtown Urbana.	\$600,000	Grants, partnerships, capital	3 years
Trails & Connectivity	Focus on care and preservation of existing hardscapes and parking areas, as they are the front door to many parks.	\$1,000,000	Capital	5 years

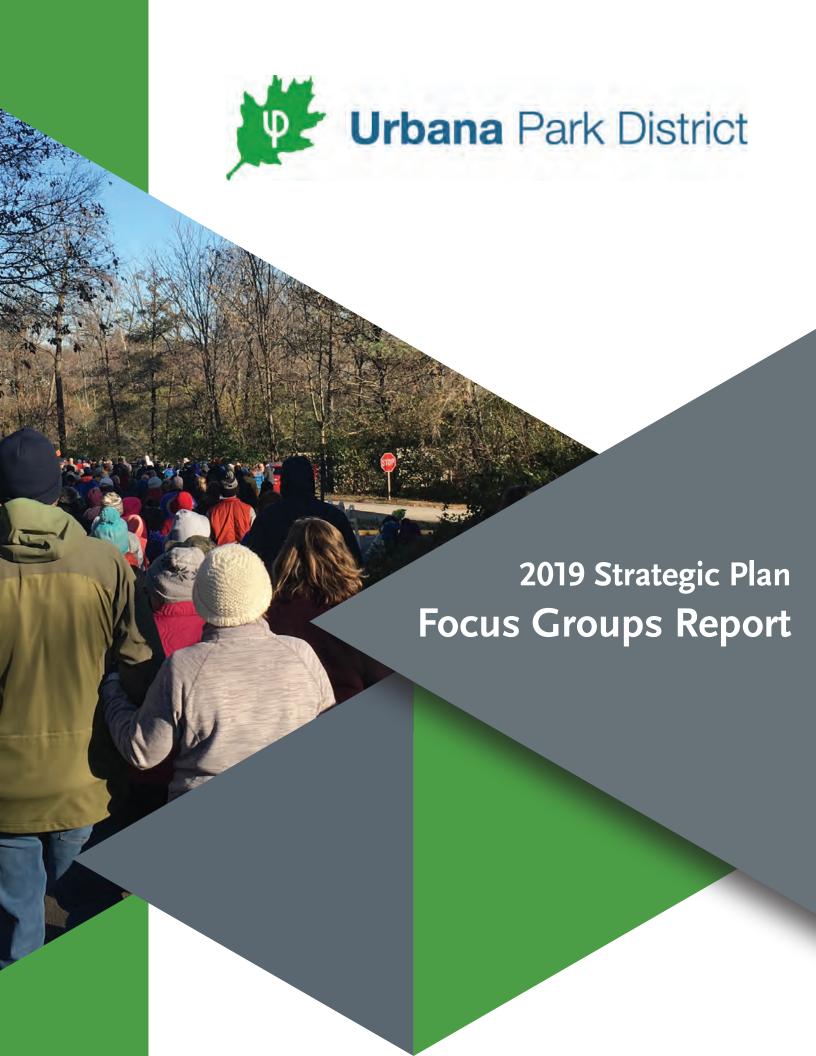
5. Other Potential Funding Opportunities

- Bond reissuance (refunding)
- Grants
- Donations
- Partnerships
- Tax increment financing (TIF)

APPENDIX C

Strategic Plan Focus Group Report

This report highlights the six focus groups which were conducted in spring 2019 to gather in depth, detailed information from the community. This included determining use patterns, health and wellness needs, trail needs, and priorities for the future.





URBANA PARK DISTRICT STRATEGIC PLAN FOCUS GROUPS REPORT

PUBLIC INPUT | STRATEGIC PLAN | FOCUS GROUPS

Completed For The Urbana Park District

By

Campfire Concepts Champaign, IL

June 2019

Project Director Jarrod Scheunemann, M.S.

Urbana Park District Board of Commissioners

Michael Walker, President Nancy Delcomyn, Vice President Meredith Blumthal, Commissioner Leshaunda Cunningham, Commissioner Roger Digges, Commissioner

Urbana Park District Strategic Plan Steering Committee

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Kara Dudek, Park Planner
Caty Roland, Business Manager
March Schultz, Public Information and Marketing Manager
Elsie Hedgspeth, Outreach and Wellness Manager



Contents

- Executive Summary
- 2 Introduction
- **3** Focus Groups Assessment
- Appendix A:
 Consent Form & Questions
- Appendix B:
 Map of Participant Use Patterns



Executive Summary

Purpose

In 2018, the Urbana Park District (UPD) formed a steering committee to establish a strategic plan for their future. The model for the local, public parks and recreation planning process makes use of various forms of input from residents and users throughout the plan's development to ensure their needs and desires are met. UPD utilized stakeholder interviews, community presentations, Urbana Park District Advisory Committee and UPD staff graphic facilitation sessions and a questionnaire to determine use patterns, preferences, satisfaction, priorities, and support. The results of these efforts were then used to inform the strategic plan, and also goals and objectives for a series of focus groups that were organized, moderated, and analyzed by Campfire Concepts, a park and recreation consulting firm. This mixed methods strategy combined the use of both quantitative and qualitative data collection and analysis in efforts to off- set their weaknesses. The use of a questionnaire and focus groups allowed for numerical data representation and for the residents to provide a more subjective and open-ended representation of their opinions. In this case, the follow-up focus groups looked to provide a broader perspective, validate questionnaire response, produce more detailed information, and supply richer understanding about resident and user needs and interests.

The goals of the research study were to determine use patterns, better understand resident and user health and wellness needs, learn more about how those needs applied to the possibility of a health and wellness center, ascertain trail needs, and identify priorities for the future. The six focus groups yield the following results that fit within these categories:



Use Patterns

- "I really think Meadowbrook is the absolute perfect place." Meadowbrook Park was clearly the most used and loved UPD amenity.
- Focus group participants who self-identified as "households without children," were less likely than "households with children," to use UPD's park, programs, facilities, and services that were closest to their residence and more likely to use community and regional level resources. Participants who self-identified as "households with children," were more likely to have used their neighborhood UPD playgrounds, parks, programs, facilities, and services and more likely to have utilized more UPD resources throughout the year.
- Non-users understood the UPD's services to be specifically for children and because their children had "aged out," UPD's services no longer applied to their household.

Health & Wellness

The health and wellness goals of participants closely matched UPD's dimensional model of health and wellness.

- Physical activity and nutrition were foundational components of health and wellness for focus group attendees. Going for a walk or walking was the most cited use of UPD's parks and trails.
- Practices that facilitate emotional health and well-being such as stress reduction, meditation, mindfulness, contemplation,





and reflection were important to attendees. Participants were also actively seeking relief from life's challenges and stressors to find peace, calm, stress relief, digital disconnection, and to escape from the built / urban setting. Many attendees also recognized UPD's parks, facilities, and programs as facilitators of mental confidence and stability.

I really think Meadowbrook is the absolute perfect place.

- Participants held a deep sense of identity from their relationship with "Urbana," UPD, and their neighbors. The UPD was seen as an integral part of the participant's sense of place in many ways and, most importantly, by creating spaces and programs that build community.
- "For me, parks are a place to reconnect with nature and myself." In addition to the other previously mentioned dimensions of health and wellness, the environment and nature were seen as beneficial to the health and well-being of attendees. Wildlife was seen as an important component for some participants, but others were unsure of and felt less safe around wildlife found within the park district.

Health & **Wellness Facility**

One priority for the focus groups was for participants to apply their health and wellness needs and desires to the possibility of a health and wellness facility or expansion of indoor space in Urbana. The following elements and amenities were important to the attendees:

- Affordability and access
- Indoor track
- Indoor playground
- Gymnasium(s)
- Drop-in child care
- Natural gathering spaces
- Windows, natural light, and visibility

Additionally, some participants were uncertain about UPD's investment in a health and wellness facility. A number of attendees believed it was a better use of their resources to maintain and enhance the current parks and programs. Efforts to boost awareness of what is available and increased staff visibility / activity in park settings were also seen as important steps to build community and foster health and wellness.

Downtown Urbana, Weaver Park, and accessible locations (multi-modal and close to schools) were the top choices for locating a health and wellness facility in Urbana.

Trail Priorities

Conversations surrounding connectivity resonated deeply with Urbana resident participants. This applied to trails as facilitators for all forms of transportation (car, bus, bike, walking, individuals with disabilities, etc.), as well as facilitating ways to connect to their neighbors and get out of the house. "Protected" pathways, trails, and bike lanes were also listed as priorities for participants.

Extending the Kickapoo Rail Trail (KRT) west into Urbana is a key priority for residents and for the next UPD strategic plan. One line of questioning for the focus groups gauged participant's interest on this extension, where it's terminus and nodes of interests should be, and how it plays a role in the broader context of connectivity and active transportation. Participants prioritized downtown Urbana, Weaver Park, and the University of Illinois campus as the top three places for the KRT terminus and nodes. Connectivity was another term that resonated with participants who thoughtfully interjected ideas about how every mode of transportation, every neighborhood, and every individual should be connected to work, retail, recreation, and each other.

To the participants, the KRT was not seen as being easily accessible in its current state. Participants mentioned seeing people using the KRT and they really like the concept, but barriers exist to using the trail. An extension of the trail into the community may mitigate some of the perceived constraints.

Desired Trail Amenities

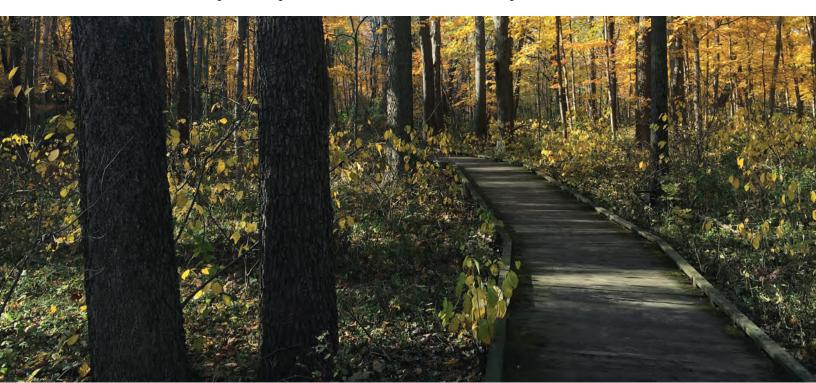
There was consensus among the focus groups about the need for the following trail and pathway amenities:

- Paved and natural trails were valued in their proper setting. For example, long unpaved trails were valued at natural areas such as Busey Woods and paved looping trails were prioritized at neighborhood parks.
- Lighting
- Shade
- Trash receptacles
- Benches
- Restrooms (including access in winter)
- Mile markers and signage to identify route mileage
- Wayfinding
- Rules and regulations for bikers and dog walkers.
- Native landscaping
- Bike maintenance stations
- Safety for people and animals



Additional Observations

- "Accessibility is connectivity is welcoming." Access, connectivity, and a welcoming atmosphere were seen as interrelated values. Accessibility was broadly defined to include transportation, affordability, 24-hour services (for hours of operation and programs), and diversity of programs.
- There is excitement and interest in the restoration of Crystal Lake Park and participants came to the focus groups to learn more.
- African American participants shared similar opinions with the broader group, but also noticeably diverged from the overall themes in unique ways, such as perceived neighborhood and park safety and interactions with wildlife. Continued investment in outreach activities (i.e. interviews, focus groups, discussions with partners) to better understand these concerns for this population are an important consideration for the future.
- Play for adults (playground features, games, programs, etc.) emerged as potentially important aspects of health and wellness for participants.
- Winter is the most difficult season to find quality options to maintain individual health and wellness, and participants would like to see UPD do more to program during these months.
- UPD's marketing efforts through the program guide, Facebook events, and partnerships with online blogs and newspapers were seen as effective. The redesign of the website, development of an app, and electronic reader boards were also of interest to the focus groups.
- Participants prioritized public input as part of the UPD strategic plan and appreciated the opportunity to share their opinions.
- Attendees held a positive opinion of the UPD board, staff, and park district as a whole.



Community park and recreation services in the United States resulted from several social movements occurring in the latter half of the 19th century. All were somewhat related to industrialism and urbanism, the emergence of a system of mass production as well as mass consumption. For example, in 1832 a cholera epidemic within U.S. cities was in large part caused by overcrowding in urban areas leading to unsanitary living conditions. To remedy this, leaders realized urban areas lacked open space, so they purchased open space and developed parklands for residents to escape from the city and for recreational purposes.

Over time, the purpose of community parks evolved into an opportunity to address social ills within poor working-class areas. Responding to the lack of safe places for children to play, recreation areas and facilities started to make an appearance along with an establishment of a national association of park and recreation professionals. This development helped the field become recognized as vital in enhancing the quality of life and prevention of acts of social deviance. Building on these ideas, construction of recreation facilities and areas increasingly became a government function, with substantial support from tax funds. Programs became more diverse, which resulted in leadership by full-time professional leaders. As a result, community park systems became increasingly prevalent in the United States during the 19th century.

Significant changes in size and scope happened during the 20th century. Largely in response to the tax revolt of the 1970s and 1980s, public park and recreation agencies faced increasing pressures of limited budgets and fiscal conservatism. Faced with these challenges and in order to keep pace with the changing needs of the publics they served, many agencies sought alternative financing sources to supplement property taxes. These financial challenges brought about an increased focus on efficiency and economy with many agencies seeking opportunities for agency and community collaboration, partnerships and other resource-sharing practices. Throughout these changes, public park and recreation agencies have maintained a commitment to diverse programming opportunities for a variety of ages in areas such as sports, visual and performing arts, hobbies, health and fitness, natural resource education, social activities and aquatics; instill a sense of community pride and ownership among residents; operate with financial efficiency; and serve as a community resource for recreational opportunities and special events, attracting local residents and tourists alike.

Purpose of the Plan

Today, the Urbana Park District (UPD) continues the lineage introduced centuries ago by working to improve the mental, physical, social and emotional health and wellbeing of all citizens in their community. Additionally, UPD adds to the overall economic and environmental health of the community through natural area stewardship and the provision of high quality parks and trails, recreation programs, recreation facilities, and events that create jobs, support local business through operations and capital spending, and increase the value of local properties and homes. These beneficial outcomes are achieved through visioning, planning, and the operationalization of UPD's mission. Therefore, research conducted by UPD and consulting parties must be completed in light of the guiding mission statements and strategic initiatives to match historic outcomes with future priorities.

Mission of the Urbana Park District

- Improve the quality of life of its citizens through a responsive, efficient, and creative park and recreation system;
- Pursue excellence in a variety of programs, parks and special facilities that contribute to the attractiveness of neighborhoods, conservation of the environment and overall health of the community.

You Belong Here

Additionally, in recent years, UPD has fostered a welcoming and inclusive culture with a strategic priority and campaign entitled, "You Belong Here." Staff have reorganized job titles and priorities around outreach and have made new inroads into the community as a result. Long-time and new established partnerships were also an integral part of the public input process and will remain a priority for inclusion in the future.

Resident Input

Planning for public parks and recreation is only effective with broad input from residents and users. In order to meet this goal, the UPD strategic plan steering committee developed a mixed methods strategy to engage residents. These efforts included stakeholder interviews, community presentations, Urbana Park District Advisory Council and staff graphic facilitation activities. Additionally, in the summer of 2018, UPD staff created and distributed a questionnaire and asked residents to answer specific questions at UPD events and facilities. The results were then used to inform the strategic plan and the goals and objectives of the focus groups. This mixed methods strategy combined the use of both quantitative and qualitative data collection and analysis in efforts to off-set their weaknesses. The use of a questionnaire and focus groups allowed for numerical data representation and for the residents to provide a more subjective, open-ended voice to the planning discussion. In this case, the follow-up focus groups sought to provide a broader perspective, validate questionnaire response, produce more detailed information, and supply richer understanding about resident needs and interests.

Study Procedures

Methods for Requesting Participation

In 2018, the Urbana Park District staff created and distributed a questionnaire through



various channels. Questionnaire respondents were asked to share their contact information if they would be willing to participate in future focus groups. Ninety-nine individuals provided their name and email address. Three contacts were made via email to each of these individuals to request participation in the 2019 focus groups. Email correspondence included a link to a SignUp Genius page. The page highlighted six options for participation and each option included a button to sign-up for a focus group. Weekday, weekend, midday, and evening sessions were available to provide a variety of options. Focus groups were limited to ten individuals and participation was on a first-come, first-serve basis. Additionally, simultaneous contacts were made to a variety of UPD partners and connections to request help in promoting the focus groups (figure 1) by phone and email.

Organization	Organization
Carle Therapy	Parkland College
Champaign County Bikes	Prairie Cycle Club
Champaign County Community Coalition	Ridgewalkers
Champaign-Urbana Friends & Allies of Immigrants and Refugees	SE Urbana Neighborhood Association
Christie Clinic Marathon	Silverwood
CU Able	University of Illinois Extension
CU Chefs Association	Urbana Free Library Outreach Department
CU Public Health	Urbana Neighborhood Connections Center
Cunningham Children's Home	Urbana Police Department
Dream Girls Academy	Urbana Pops Orchestra
Exchange Club of Urbana	Urbana School District Congolese Family Liaison
Historic East Urbana Neighborhood Association	Urbana School District EBD Special Education Department
Hope Center	Urbana School District Latino Family Liaison
Krannert Center for Performing Arts	Volunteer Illini Projects
Lierman Neighborhood Action Committee	Youth Assessment Center
Move MS	40 North / 88 West
Neutral Cycle	89 additional affiliate community cooperation connections
New American Welcoming Center	

Figure 1. UPD Community Partners

After two weeks of outreach, 31 registrations had been secured for various focus groups. At this point, stage two of the invitation process began with broader public promotion through UPD's website and social media (4/11/19). Additionally, Campfire Concepts reached out to 27 local connections, houses of worship, and the EBD Special Education Department at the Urbana School District to tap into more local networks. UPD made one final social media push on 4/22/19 and saturation was achieved at 60 registered participants.

Participants who were unable to attend the meeting they registered for were given the opportunity to respond to the focus group questions by attending another focus group, in-person interview, phone call, or email. Two individuals chose to respond to the focus group questions by email to this inquiry.

Participant Profile

Public park and recreation agencies attempt to design their programs and services to appeal to the diverse needs of their community. In light of these efforts, attempts to reach all segments of the population is important for proper planning of the Urbana Park District's park and recreation services and programs. Lack of careful assessment of the District's demographics can lead to the disproportionate placement of park facilities and recreation programs, ultimately leading to social problems in the community.

Therefore, focus groups were designed to be as inclusive as possible of all residents when requesting participation. Information such as resident ages, gender, race and ethnicity were gathered when participants registered with SignUp Genius to determine if any segments of the population were not reached.

In total, 47 individuals attended the 6 focus groups and 2 individuals who registered but were unable to attend offered their opinions through email. Figure 2 highlights self-reported participant demographics through the SignUp Genius registration platform.

Race / Ethnicity	
Caucasian / White	14
African American / Black	9
Chinese American	4
Hispanic	2
Arabic / Middle Eastern	2
Multi-Ethnic	1
Italian American	1
Chose not to respond	16
Total	49

Do you reside in Urbana?	
Yes	38
No	8
Chose not to respond	3
Total	49

Gender	
Male	16
Female	33
Total	49

Age	
Number of Participants Who Shared Their Age	41
No response	8
Mean Age of Participants	42
Median Age of Participants	39
Mode Age of Participants	38
Age Range	22–74

Figure 2. Participant Demographics



Focus Group Questions & Protocol

The UPD leadership team and strategic plan steering committee met with Campfire Concepts four times over the course of six months to prepare for the focus groups. Previously collected board, staff, and public input had established priorities for the focus groups. UPD Staff and Campfire Concepts worked together to identify areas where more information was needed and where possible gaps existed. A series of questions and prompts were derived from these discussions. The questions, prompts, and consent form are included in Appendix A.



Focus Groups Assessment

So I consider parks almost like this amazing public backyard.

Focus group goals, objectives, questions, and prompts were collaboratively formulated in a series of meetings that involved the UPD leadership team and Campfire Concepts staff. The six focus groups were recorded, transcribed, reviewed, and analyzed by the moderator and an independent researcher. The following section highlights themes and responses for each objective as well as direct quotes from participants in the focus groups. Names and identifiers were removed to protect confidentiality.

Activities at the Start of the Focus Groups

Attendees of the first three focus groups were asked to identify on a map the UPD park, trail, or facility closest to their residence and the UPD park, trail, or facility they most frequently used upon entrance into the meeting room(s). It was apparent this task and map was possibly priming the participants to think about their health and wellness needs solely in terms of parks. In future focus groups, the maps were inserted into the meetings after the health and wellness questions for the final three focus groups. A total of five focus groups participated in the map exercise due to the moderator forgetting to ask one group to participate. The exercise was effective in facilitating conversation related to use and needs.

Additionally, each participant was asked to share their name and to tell the group about their use or non-use patterns of the UPD. This line of questioning helped to enhance understanding of use patterns.

Use Patterns

"So I consider parks almost like this amazing public backyard."

A strong majority of the focus group attendees, both local and non-resident, self-identified as frequent UPD park, program, facility, and event users. Most participants were monthly, if not weekly users. Overall, Meadowbrook Park was the most used by participants. There was a general desire to replicate the qualities of marquee park amenities across the district. There was also excitement about the potential of Crystal Lake Park.

"I really think Meadowbrook is the absolute perfect place."

"I used to live in Orchard Downs Apartments which is within walking distance of Meadowbrook Park. So even though it took me quite some time to discover that park, I was really surprised and really pleased."

"I mostly go to Meadowbrook for running almost every day."

".... now I mostly use Meadowbrook for walking."

"We are interested in getting a garden plot at Meadowbrook. I think that's a nice program that's offered there."

"We live in a rural area, and unfortunately our little country road, it has a lot of traffic. So, we don't feel safe riding bikes with our kids, or you know, even sometimes just walking. It's a little uneasy, you have to be very careful of cars driving 50 plus miles per hour by you. So, it's nice to go someplace like Meadowbrook."

"I really enjoy the Nature Center, Meadowbrook Park. We love Meadowbrook Park."

"We love the parks here. I guess Meadowbrook is maybe one of our favorites."

Initially, it appeared that participants were less likely to use neighborhood parks in close proximity to their homes and more likely to use community or regional parks. However, after analyzing the data from the focus group transcriptions this appears to be more likely for individuals who would identify as households "without children." Participants with children (especially young children) were more likely to use their neighborhood park, and more likely to use *all* of the neighborhood parks in search of a variety of playgrounds and athletic programs for their children.

"Then we also had two kids along the way. And so, it's really changed my experience of parks. So, before it used to be a lot of walking, and then now we're looking for playgrounds."

"the outdoor beauty is awesome, and we love doing that, but I can tell you which parks have the cool playgrounds. Cause my daughter knows exactly where they are."

[Because we have children in our family] "Yeah, so I have been to a lot, probably most of the parks in Urbana." "I've been to pretty much every park here."

"And I have a granddaughter, that's why I'm in the parks most of the time. And we go to all of them, they're all unique."

"My daughter loves discovering new playgrounds."

Individuals without children discussed the desire to use their neighborhood park, but felt judged as an adult spending leisure time in proximity to a playground that is in use. This was especially apparent when the park was perceived to have less amenities for adults:



"As someone who is not an undergrad at U of I and also is not raising a family, I fall into the group of people in this town that are like the in between. And so, there is a lot of things for families. There is a lot of things for older individuals. There are tons of things for college students and younger, and I'm sort of in the age group where if you go to the park you might come off a little creepy because there are kids around. There is nothing for you to do. You have to borrow kids, and then it's okay I can go to the park. My best friend is about to have a baby, and it's like this is great. I have a reason to go to the park now. And it won't be creepy. But the areas where there is hiking and things, you know, you don't feel creepy there. But like it's probably the reason I don't go to my neighborhood park.... But then if I'm going to pay catch with someone, it's a great spot, but other than that it's not somewhere I can really feel comfortable hanging out. So, as we talk about things like an ice-skating rink or a skate park... about cafes near the parks, or just more circle paths in the parks, things you can do where you don't feel as weird in my age group being there. Those things sound exciting, like I'd go out more. I'd go to the parks more if I felt like there was a space for me."

Attendees also talked about being lifelong participants of UPD programs and events. Participants found value in attending UPD programs as a child and, because of that experience, many of them became staff or volunteers in UPD programs and athletics as they grew older to provide the same great opportunity for other children. Some have even enjoyed seeing their grandchildren use the parks and programs they remember loving as a child.

"The Park District, we've been involved with it pretty much my entire life. Growing up, I used to do the summer musicals which was always really fun. And then right out of high school, I got a job with the Park District doing the afterschool programs at the different elementary schools..... Now my grandchildren are attending camps."

"I played little league at Blair Park, and then I coached my sons...."

"I attended a lot of camps with the Urbana Park District, mainly sports camp. My first job was with the Urbana Park District doing afterschool programs at the middle school, and then eventually other programs in other places."

"And yeah, I do everything with the park district. And I ve went to camps as a kid, as well, like the sports camp. And then my daughters have done stuff with Urbana Park District, the Soccer League."

The individuals that identified as non-users cited a common reason for not taking advantage of UPD's services. These non-users held the perception that park districts are exclusively for households with young children, "For me my son has aged out of recreation activities."

Health & Wellness

Participant Definition of Health and Wellness:

One major objective of the study was to investigate and confirm the health and wellness needs of UPD residents and users. Additionally, UPD had been exploring the possibilities of a health and wellness facility or expanded indoor space. Initially, participants were asked to define health and wellness as a way to help them think about how UPD meets their needs and how UPD could possibly meet their needs into the future through the development of a new facility. UPD staff had completed their own research on health and wellness and had assigned eight dimensions to describe how their programs and services fit health and wellness needs. Not only do the participant responses fit within UPD's dimensional model, but their responses also more richly describe their unique understanding of what those dimensions mean to them.

Physical Dimension: Walk or Walking Most Frequently Used Terms:

At the outset of the focus groups, participants were asked to share their name and to tell the group about their use or non-use patterns of the UPD. A majority of participant's self-identified as "users" of the Urbana Park District parks, programs, facilities and events.

Participants offered unsolicited references to health and wellness outcomes when describing their use patterns, but were less likely to specifically reference physical activity or nutrition. Both were implied as priorities throughout the sessions.

> "I think to go along with the stress reduction comment is that nutrition and physical activity are the foundation of those things but there's a lot more, emotional health, mental health, stress reduction."

Additionally, it was apparent that physical activity was a basic health and wellness goal for the participants through their description of use. For example, the terms "walk" and "walking" were a few of the most frequently used words throughout the focus groups. Also, when discussing their use patterns, participants would reference the physical dimension of wellness directly as an activity or sport, such as:

"Victory Park is the one that I've used a lot. Mainly because I was doing some running as well, like couch to 5K, couch to 10K. And I was looking for non-paved surfaces to run on. So I would run around that park a few times just in the grass as I could."

Emotional Dimension:

The dimension that appeared to resonate most deeply with participants related to the emotional dimension. Comments related to actively seeking relief from life's challenges and stressors such as: seeking peace, finding calm, searching for stress relief, desiring digital disconnection, and to escape from the built / urban setting were met with verbal and physical affirmations from fellow focus group attendees. Many participants also recognized



UPD's parks, facilities, and programming practices to facilitate emotional confidence, positivity, and stability through meditation, mindfulness, contemplation, and reflection.

Stress Management: Meditation, Mindfulness, Contemplation, Reflection

"Wellness is stress management because we feel this need to constantly be connected. We're connected all the time. We have our phones, we're connected. We have our work and our family and Facebook and all this social It's like a constant barrage of stuff that you feel like you never get a minute."

"I walk to decompress."

"....but all of our experiences [with UPD] have been calming and peaceful."

"I also like anywhere where there is water [Crystal Lake], bodies of water are very peaceful to me."

"I think there is something really lifeaffirming about being on water [Crystal Lake]."

"Even just sitting and contemplating....."

"....and walk there, and just be reflective and contemplative there [Referring to Crystal Lake Park]."

"It's [Meadowbrook Park] a great place for contemplation, and it's pretty accessible to us from our house."

"And then it's beautiful out there [Meadowbrook Park], the contemplation."

"We've been completely alone!"

-Participant enthusiastically referring to visit to South Ridge Park.

I love that I feel like I'm not in the city anymore.

"It's a nice escape from work and everyday life |UPD Programs|.

"You can actually kayak on the lake [Crystal Lake] at different times and not really know that you're in the city. You do really feel like you're in nature."

"You can't get more nature in a city than that [Busey Woods]. It is leaving the urban experience behind and becoming really one with nature, and it's wonderful."

Social Dimension: "It's a good way to get to know your neighbors."

Participants held a deep sense of identity from their relationship with "Urbana" and their neighbors. UPD fosters their resident's sense of place in many ways, and one way is through creating spaces and programs that build community. Participants appreciated UPD's efforts, and some said they would like to see even more efforts to help bring people together. A number of focus groups also highlighted isolation as a concerning mental health challenge within the community. UPD parks, programs, and events were seen as proactive ways to find something to do to leave the isolation of the home, to help overcome loss, and to restore social vitality.

"We're seeing people that we know. We went to a Park District soccer game. My kids are playing, but we went to watch my daughter's best friend on Saturday, and we knew every kid on the team. That's just so fun."

"To me a big part about wellness is community...."

"[to live a] ...balanced life, balanced and fully dimensional life. So a combination of food, exercise, sociability." 44

For me, parks are a place to reconnect with nature and myself.



"I totally agree that a sense of community is part of what I consider essential to my health and wellness."

"And the kids get to know each other, and they know the counselors. And they love that connection..."

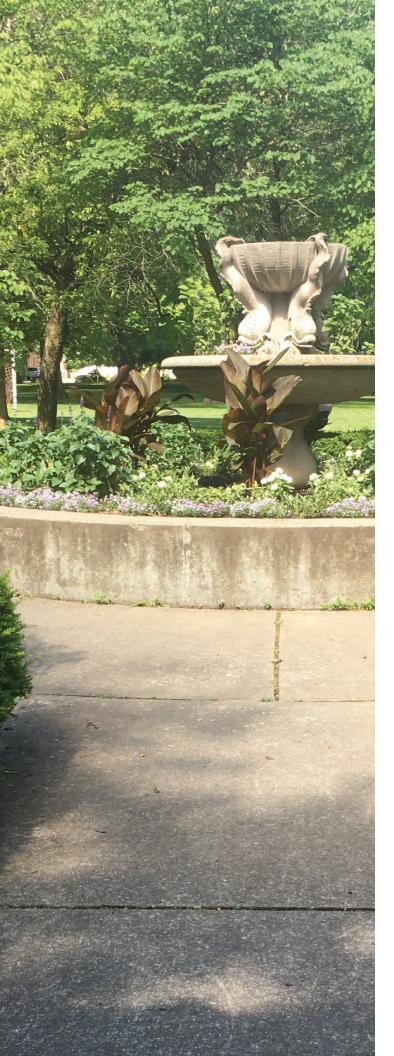
"Well I think the idea of being social on some level... So that we don't have isolation, but you know, like programming that's directly putting people in dialogue with each other."

"I thought of our grandma. My grandpa passed about a year and a half ago and of course she took that really hard. And kind of went into herself and needed to be out and about and around people. I think any time we've been able to get her to go out to the parks with us or to these events with us, you can kind of see that life come back to her."

"just being able to be out and about with other people."

"For me, it also has to do with being around people. I have to have a community in order to be well."





"...forming relationships that make you actually want to get outside and help your neighbors and do things with your friends and family."

One participant said to another participant, "I thought you looked familiar. I'm pretty sure we probably ran into each other somewhere, at one of the events or facilities."

Environmental Dimension: "For me, parks are a place to reconnect with nature and myself."

The body of research continues to grow surrounding the connections between nature and well-being (USDA Forest Service, 2019). Access to nature has been shown to positively affect the other dimensions of health and wellness as well. Individuals who live within close proximity of parks and trails that are perceived as safe note increases in home values, physical activity, and social capital. They also experience reductions in stress, illness, and even live longer lives.

Many participants appreciated the outdoor opportunities that UPD provides. These outdoor opportunities were a key factor in the way people approached health and wellness. Specifically, people thought of their time in UPD parks as good for their physical and mental well-being. Some participants wanted UPD to do more to develop contemplative or reflective spaces within parks. This could include programs like yoga or meditation classes in the parks, but also to have a centering space where people could go to relax and be in nature. Other people pushed for more outdoor activities during the winter time. Ice

Urbana Park District

skating was mentioned several times as a potential option UPD could/should explore.

"Nature" and "the environment" are also highly valued in other communities Campfire Concepts has studied in Illinois. However, when compared to Urbana's focus group results it appears UPD's residents perceive they have more access to local nature than their counterparts. This is an important observation in light of their definition of health and wellness as it relates to the environmental dimension:

"I find Busey Woods is kind of unique in the area. It's very nature-y if that makes any sense. My favorite recreational activity is hiking. And I find that to have by far the best hiking in the area. So that's what draws me to Busey Woods."

"[health and wellness means]just immersing myself in nature."

"I love anything that touches my sight, and smell, and sense, and the wind on my skin. And anything that can draw me back into nature, but bring me closer to myself,"

"every kind of green space is nurturing for us."

"I love walking through all that different terrain.
All those trees and deer."

"We'd get up and we spent our whole lives being outside."

"How many times have I driven out of my way just to eat my lunch in my car in the park just so I can be near some trees?"

"....but in Europe and mostly Asia, that's a big thing that you can get prescribed to be out in nature."

"It's very nice and quiet. This time of year you see tons of deer, a lot of does and a lot of fawns. I mean yesterday I had to see at least 35, you know, walking around thinking, he's not a hunter."

"just being out in nature is a big part of wellness for my family..... With my kids, I want to encourage them to be outside as much as possible."





Health & Wellness **Facility Needs**

After each focus group had shared what health and wellness meant to them, participants were then asked to imagine a facility that would help them achieve their goals, needs and desires. Participant's opinions varied on the idea of a new recreation center facility in Urbana. Initially, the moderator speculated that the use of a map at the outset of the focus group was inadvertently focusing the conversations on parks. Additionally, one focus group was entirely comprised of participants who were non-residents of Urbana. These items are noted to explain some of the variances in the first three focus groups. Many pointed out the need for physical activity space, especially during the winter. Others did not want to duplicate spaces that were perceived to have sacrificed quality, community, and beauty at the expense of affordability (e.g. Charter Fitness, free walking at Lincoln Square mall). Participants felt that UPD could make their facility to be open 24 hours so that people who work different shifts could take advantage of its services at ideal times of the day.



The YMCA in Champaign was frequently used as a comparison facility. The YMCA was seen as big, nice, expensive, and not at all accessible to Urbana residents. Many people noted they would not go there because it is too far away; further, they noted it was not accessible for people without a car. The YMCA staff were seen as a plus, but the location was problematic in that it further divided the haves and have-notes in U-C. Participants saw UPD's mission as being one that welcomes all people, bringing them together for the betterment of the community. Attendees felt that any facility should be built with this notion in mind.

If a facility were to be built there seemed to be a few crucial priorities – it has to be centrally located, have an open/welcoming design with lots of light and windows, it has to be affordable with amenities/programs that are free to the public, it should include a variety of multipurpose spaces, some kind of childcare option would be highly beneficial, and it should have elements to draw in teens.

One participant posited the overarching goal for a UPD Health and Wellness Center to be to "help people stay focused on their goals," which applies to all aspects of health and wellness.

Variety is Key:

Most people appreciated all that UPD has to offer and noted examples of programs and parks that meet their needs. However, they are also looking for more. Some specific activities were discussed, but many times participants were just open to new things UPD wants to try. The variety is key though – in

terms of timing and scheduling, age, cultural group, etc. Participants wanted a diverse variety of offerings from UPD.

"I think a variety. It sounds like there is a lot of variety, both in classes and informal things, places you can walk, things to do when the weather is too cold or too wet, sometimes, to be outside. But also, activities for a variety of ages and things that you can do together, despite maybe how old you are or how young you are. I really appreciate those. And that leads to the whole mental health issue, just being able to be out and about with other people."

Specific Amenities for a Health and Wellness Facility that were Common to all Focus Groups:

• Indoor track:

"Indoor track! And since they fenced off the high school when they redid it, you can't go to a track surface unless you pay."

• Indoor playground:

"I remember taking daycare kids about 10 years ago to First Christian Church over in Champaign because they have the indoor track and the little playground. Parents walk, there's room to sit."

"An indoor playground would be well-utilized in Urbana."

• Gymnasium(s):

"Yeah, and so for me that's where I would put it, if I were to do infrastructure: a brand-new beautiful gym."



"And alternatively things that are fun that don't feel like working out, but are just focused on getting people moving in general. So indoor basketball court, volleyball net."

• Drop-in child care:

"But the kids things are not being offered that late, so now I need a babysitter. So I'm still not going. I don't want to find a babysitter for a 30-minute activity. It's little much."

"...if there was a whole building dedicated to health and wellness, and then you go there — well, that's like your time. But if you have two kids, you know, providing for them [child care] in a place you can really trust, you know, I think is part of mental wellness. So I think that'd be really key thing."

• Natural gathering spaces:

"[The health and wellness center needs a] great community feel. You would walk in, you would talk to people, you would know people."

• Windows, natural light, and visibility:

"There's a lot of glass and windows and things like that, natural sunlight, as well as being able to see what's going on. And it's like, "Okay. Here's what I can do here."

"So indoor recreational spaces for the winter that have good light, high ceilings, things like that. Cause I know the YMCA offers that, but it's really far, one, and a lot of these places just tend to get so expensive. So we're resorting to the mall, which is depressing. But it'd be nice to have an alternative to that in the winter."



• Programming was also important. Group fitness (yoga, Zumba, etc.) and cooking classes ranked high on the list of priorities. Participants noted the recently revamped kitchen space at Phillips, and looked forward to more programming in that facility. Several participants with children were especially excited about opportunities to take a cooking class with their children.

Affordability and Access:

Each focus group had concerns about access and equity in relationship to the fees for entry to a potential facility. These ideas manifested in different ways. A few discussions touched on a graduated fee structure based on income. Other participants talked about the need for spaces inside and outside of the building that were free and beneficial for all.

"And then having it be subsidized where based on income you could get memberships that have a tier so if you don't make a lot of money or you're not wealthy you're not kept out."

"Because Leonhard Rec Center for our family is much cheaper than any other sort of indoor exercise facility option. And so that, you know, feels good that it's more affordable and you're supporting park district."

"But I was also saying those on fixed incomes that would be the population that I would be concerned about is accessing resources when you're on a fixed income. And I will say one strategy that I liked at the University of Illinois as a staff member when I was there is that they had pro-rated amounts."

"The biggest barrier is the cost. A lot of families can't afford to pay for six or seven kids. You know, two or three, four kids, to participate in different programs."

"And it's just something that – you wouldn't have to charge students to come in after school."

The focus group participants recognized the variety of scheduling conflicts that are experienced by differences in age, family status, and career. When discussing health and wellness facility needs, unlimited daily access was an important goal as well. And, as discussed in several places in this report, participants noted the importance of a space for teens, especially during the later evening hours.

"You can go and take a six-week class and you're done. Or you can go in on a Saturday or at 3:00 am or whenever and just do it. I think that's the one amazing thing about the park district that makes us different."

"the exercise classes that are more convenient for working people. So either first thing in the morning, like early in the morning so that you can work out, shower, and still get to work."

"I was just thinking back to when I was 13, 14. Like something we always really wanted was a space that was open late,"

"I'm concerned with the teenagers at night. Can they have a drop-in place where they can go that's also a multiple use facility."

"Yeah. Well, for me, I work overnight so in the mornings, you know, would be better. Mornings or afternoon, before my daughter gets out of school. I've wanted to do some yoga or something. They usually don't offer that till like the evening times, which I understand because a lot of people work 9:00 to 5:00 or 8:00 to 5:00."

"I had the same issue where it was really hard to -I work second shift, so finding anything that fit into my schedule didn't happen unless it was an ungodly hour in the morning. Would it be possible to have something held open 24 hours for the people who, you know, may have to be at work overnight so they want to go as soon as they get off of work, and then sleep, and then get ready for work or vice versa,"

Attendees also debated the meaning of a health and wellness center. One group, entirely comprised of non-resident users defined a health and wellness "facility" as well-kept, safe parks with a variety of supervised programs.

"Yeah, making the parks, parks. I mean that's about as simple as you can say it. Make it safe. Make it available. Make it somewhere that anybody wants to be."

"More people, less stuff like it's not that they need bigger and better and newer. They just need to get people there."

"[Parks] You know, those are the real community centers. It was parks that were the true melting pot of a community." It was parks that were the true melting pot of a community.



Health & Wellness Facility Location

Next, the focus group participants were asked about their opinions on the ideal location for a health and wellness center in Urbana. The most common responses were: Downtown, Weaver Park, and locations with ease of access for school aged children and all modes of transportation (i.e., bus, walking, biking, individuals with disabilities). Additionally, focus group participants found value in repurposing existing buildings and land, as well as a new building that would be strategically located.

"In terms of location, somewhere that people can walk/bike/drive to easily. I think the downtown area really needs more visibility. If it's in the downtown area, it could be integrated with office space, meeting rooms, or a coffee shop. We enjoy living close to the Urbana city center so that we don't have to drive everywhere for everything."

"Downtown someplace. Maybe in central Urbana so everybody can access it."

"Just facing the beauty of Weaver Park and it'd be next to two schools in a neighborhood with a ton of kids. You do get your park district taxes from property value. It would raise the property value of that sub-division. I'm just saying."

"Not on the edge. Like the Y, because of the space, they put it so far away. So it's by design to definitely separate the haves and the havenots, and I think that that is another overarching conversation. When we talk about what Park Districts are supposed to do, they are supposed to, I think, bring communities together and not separate and divide."



Trails & Pathway Interests Needs

"Definitely something that a lot of people have touched on is the idea of accessibility or conductivity, so the ability to get from park to park, from neighborhood to neighborhood, business district to business district, and interchange between these easily, and not requiring a car, and having it be safe to do all these things. I think a lot of people would like that."

Extending the Kickapoo Rail Trail (KRT) west into Urbana is a key priority for residents and for the next UPD strategic plan. One line of questioning for the focus groups gauged participant's interest on this extension, where it's terminus and nodes of interests should be, and how it plays a role in the broader context of connectivity and active transportation. Participants prioritized the Urbana downtown, Weaver Park, and the University of Illinois campus as the top three places for the KRT terminus and nodes. Connectivity was another term that resonated with participants who thoughtfully interjected ideas about how every mode of transportation, every neighborhood, and every individual should be connected to work, retail, recreation, and each other.

"Yeah, how do we get it [the KRT] to downtown cause that's really the goal!"

"And I don't know how practical it is but the trail they opened from Urbana to St. Joe [the KRT]. Having something like that through Urbana."

"I was just going to say another interesting thing that I feel coming from this conversation is the connect-ability to campus. And I think really Urbana makes, the park district kind of make zero use of that potential. And so there is all kinds of opportunities I think not only for getting people to campus, but getting campus people to Urbana, and to downtown, and to the parks with appreciating that connectivity a little bit more.

"And so I would be really interested in creating what I would call a green loop of connectivity between all the parks that's safe, low stress, easy,"

"So the idea of being able to connect between the Meadowbrook trail here and have a kind of a map or a guide or something that would get you over to Weaver, and then get you over to Crystal Lake. So that you could experience the different kinds of things that might be happening at each location on any week-

end. That wouldn't necessarily always be organized by the park district, but organized by other people using the parks. If there is a way through that makes sense, like a loop. That would be amazing."





und I would just add that working with the City of Urbana and the park district to get a... better connectivity between Weaver Park, Kickapoo, Kickapoo downtown Urbana would be helpful. There is a patch once you're off Main Street that's pretty darn scary if you're biking."

in terms of immediate priorities to make Crystal Lake safer to get to for more people to utilize." And to sort of activate Weaver Park more, and then you know, longer term connecting them all into downtown."

Participant 1: "so the ability to get from park to park, from neighborhood to neighborhood, business district to business district, and interchange between these easily, and not requiring a car, and having it be safe to do all these things. I think a lot of people would like that."

Participant 2: "That would be beautiful."

Moderator: "Would that be off-street, ideally, or would it -"

Participant 2: "I would think off-street would be preferred. Almost all the bikers I know don't get along with cars well, and almost all the people who don't ride bikes don't get along with bikers well. So it seems like it would behoove everyone to try and separate those two media.

To the participants, the KRT was not seen as being easily accessible in its current state. Participants mentioned seeing people using the KRT and they really like the concept, but barriers exist to using the trail. An extension of the trail into the community may mitigate some of the following perceived constraints.

"No, I would love to use it [The KRT]. Again, I've got kids, and we love to ride bikes." But where we live is not conducive to it,"

"Right, I have to ride my bike to Walmart? That doesn't seem very nature-y, you know what I mean?"



"But how am I going to get four or five bicycles out there to actually use it? I mean I'd have to pull a trailer with bikes on it to use it."

"I legitimately don't know how to get to the beginning of that bike trail, and like I've always wanted to go. But I have no idea where it is."

Trail Accessibility, Types and Amenities:

For a number of years, trails and pathways have consistently been considered to be one of the top recreation priorities. What is unclear, however, is what type of trails and pathway amenities are desired the most by residents? Therefore, the second set of trails and pathways focus group questions related to participant's specific opinions on-trail length, surface, style, and desired amenities.

Accessibility to Crystal Lake Park:

Participant's expressed interest and excitement about the revitalization of Crystal Lake Park. However, access for all modes of transportation across the University Avenue arterial was a concern for most focus groups.

"But I never go to Crystal Lake, and that's mostly because of University Avenue. I find it a huge barrier for crossing. I find it to be ugly. I don't want to run a mile up it, so I avoid that park."

"I would also echo the accessibility to that whole Crystal Lake complex."

"I like Crystal Lake Park a lot, and I'm very close to it. But I can't bike to it because I hate biking to it. So, I end up driving there if I'm going to walk there, which is silly cause it's so close to me."

"I echo the not pedestrian friendly aspect of sort of University Avenue and getting across there, which ends up making me go further south to Meadowbrook Park when I'm much closer to Crystal Lake Park."

"There is great public transportation here compared to there, but it's still not, for large parts of the community it's still not as accessible as it could be. Because you need a car or you feel safer if you have a car if you're trying to get up to

Crystal Lake than trying to walk or bike."

44

We want protected bike lanes and walkways.



"I wouldn't trust my kid to cross University Avenue -"



Trail Types:

"We want protected bike lanes and walkways."

"I would think off-street would be preferred. Almost all the bikers I know don't get along with cars well, and almost all the people who don't ride bikes don't get along with bikers well. So it seems like it would behoove everyone to try and separate those two media."

> "[Our street] ... it has a lot of traffic. So we don't feel safe riding bikes with our kids."

> "And with kids, you want to be able to do it |bike| with kids safely. And right now it does not feel safe."

> "We like to walk to parks and just not have to worry about getting run over by a car, you know?"

"The park experience should be safe, interesting, low stress. It shouldn't be will I die getting breakfast this morning?"

"So again, any place there are apartment complexes, where there is a higher density population, there should be more of an opportunity to get on a nice sidewalk and walk around and do things."

Participant 1: "Cause it's not enjoyable biking next to cars going really fast, it's just not."

Participant 2: "And it's stressful for drivers passing too!"

Additionally, focus group participants found value in all types of trail surface, length and style:

- Paved was valued in community and neighborhood parks, while unpaved hiking trails was preferred in natural areas.
- Long distance trails were important in larger natural areas, for linear bike paths, and active forms of transportation. Looping trails circling neighborhood parks felt welcoming to the participants and also as an idea for the adults to have something to do while their children played.

Trail Amenities:

There was consensus among the focus groups about the need for the following trail and pathway amenities:

- Lighting
- Shade
- Trash receptacles
- Benches
- Restrooms (including access in winter)
- Mile markers and signage to identify route mileage
- Wayfinding and interpretive signs
- Rules and regulations for biking and dog etiquette.
- Native landscaping
- Bike maintenance station
- Safety for people and animals

Related Themes

Attendees were asked to summarize their priorities for UPD's future based on what they heard during the discussion. The themes below are summaries of the participant's overarching goals and the most common topics of conversation that resonated with attendees in all focus groups. Specific objectives related to the research questions were highlighted previously throughout the document.

"Accessibility is Connectivity is Welcoming:"

For the focus group participants, accessibility and connectivity began with active transportation and universal infrastructure, but were also used as terms to apply to every area of life. This included low cost and no cost programs and services, variety of offerings, hours of operation, universal access (i.e. baby changing stations in men's restrooms), and diversity in music, art, culture, and nature.

There was significant confusion about how to reach UPD's amenities and programs by MTD bus routes. One attendee did not have a car and could not figure out how to get to outlying parks and facilities by bus. Another attendee used a bus route to visit Meadowbrook Park, but believed that route stopped on the weekends, the most important time for them to go there. Others mentioned the possibility of a wrapped bus or colored route that would stand out as the bus that stops at UPD locations.

"That's a great idea if you think about it, to get people to know more of the parks.

Do a dedicated bus where they're going to stop at all the different parks, and they're going to do an activity. Almost like a progressive dinner, but a progressive park day. A passport thing."

The Renovation of Crystal Lake Park:

"Crystal Lake Park is my priority.... If you got that as nice as Meadowbrook I think that would really bless the north side of town."

Attendees were filled with excitement about Crystal Lake Park. They looked at Crystal Lake as a park that is full of potential, including many who fondly remember Crystal Lake Park from decades ago. Many participants specifically came to the focus groups to learn more about the progress with the Crystal Lake Park renovation.

"I looked at the Crystal Lake plans, and it looks really awesome."

"The reason why I bought the house was because I wanted to use the lake."

"We love Crystal Lake and the aquatic center."

"This is a beautiful piece of my neighborhood. I meet my neighbors here."

For many, when they first arrived in Urbana, it was hard to imagine the grand prairie that used to exist in Illinois, it was challenging to find scenic beauty, and it was difficult to connect with others. Coming to a new town



meant loneliness that reflected the emptiness of the surrounding landscape. It came as a beautiful surprise to find unknown beauty in a local park like Meadowbrook or a place for their child on an athletic team. Besides just the prairie, participants also appreciated UPD for the sculptures, deer, jazz and other music in the parks, pools with slides, soccer, and dance. UPD parks and programs became a place that helped the participants in their search to find new identity, new community, a new sense of place, and movement from restlessness to rest, from overstimulation to reflection, and from isolation to growth.

Weaver Park / Scottswood Neighborhood, Children, Graduate Students, and Older Adults

Focus group participants perceived that the surrounding neighborhoods of Weaver Park

(Scottswood in particular) exhibited the most barriers to individual health and wellness. Each focus group mentioned this park as a possible focal point for future development to serve the surrounding neighborhoods, and a number of focus groups would like Weaver Park to be the location for a new health and wellness center. Additionally, attendees

were also most concerned about school-aged children and older adults as segments of the population who need the most attention and

guidance to be healthy and well. Graduate student and young professional focus group participants often described themselves as a forgotten or in-between group who had limited time, resources, and access to the opportunities that would help them achieve their health and wellness goals.

"And being black in Urbana is just a kind of a different experience."

African American attendees are highlighted specifically in this section to warrant future confirmation and consideration of the noticeably divergent themes shared by this demographic within the focus groups. A majority of the African American participants were women. Their values, beliefs, and priorities for UPD fit within the needs and desires expressed by the other attendees. However, their perceptions and experiences were also



This is a beautiful piece of my neighborhood. I meet my neighbors here.



different than the rest of the attendees. The Campfire Concepts research team will not choose to draw conclusions from these limited interactions, but rather let their own words portray the potential differences related to safety, equity, wildlife, and access. UPD's growing outreach efforts will continue to seek to better understand how to overcome barriers and constraints.

"And I like Meadowbrook. I have never felt unsafe when I'm walking the path. I'm still alert, but I feel like I can have my ear buds up a little louder if I want to and not really be freaked out all the time."

"[It's important for me] ... to feel safe in my community, and that I can access the parks and not feel intimidated or afraid."

"I think socioeconomic status is a big strain and the safety issues. How safe is it to go outside your house after dark or even in the daylight to access parks and places?"

"[Referring to parks] Are they maintained equally?"

"The animals. I have definitely tried, but I was like, no, thank you. You didn't know coming around the corner what was going to happen. I was usually alone, so I didn't feel safe with wildlife."

"I like Meadowbrook more mid-day and evening versus early morning. There's a little too much wildlife out there."

"Participant A: I mean the deer, they are bold at times because –

Participant B: Yeah.

Participant A: They sound terrifying."

"And so safety and access are an issue, when I see children in my neighborhood passing through, I think safety, their immediate physical safety in the park is a concern. They're often on their own, and so then I feel concerned about wait, how old, like how little are you? Are you supposed to be crossing the street by yourself?"

"Participant 1: "There is one section [Meadowbrook Park], right, that looks unsafe. Like in the back.

Participant 2: Yeah, the bunny sculpture -

Participant 3: By the rabbit.

Participant 1: Yeah.

Participant 3: It's really dark back there. Even in the day, it's weird.

Participant 2: Yeah, it's still kind of a sketchy spot.

"Participant A: That's the one downside – even Meadowbrook Park, the bathroom out there is just kind of.... scary.

Participant B: Yeah, yeah, yeah. It's really dark in there, to start. It's just really dark.

Participant C: Yeah, it's very dark in there. The lighting is always kind of flickering. You know, and I know people can't be out there cleaning up after everybody who throws a tissue on the ground, but there are some things maintenance wise—the water fountain is never working or stuff like that. One stall only being available at Blair Park forever. And again, being somebody who doesn't have a car, if





I'm going to go and use a park, now I definitely need to use the bathroom before I leave.

Participant D: Again, with the one at Meadowbrook Park, the door slams shut really hard.

Participant A: It slams, then the lights shake. And you're like, Yeah. It's kind of scary."

African American participants were also concerned by the anti-homelessness measures enacted by MTD with their benches that prevented people from laying down on them. Given UPD's stated mission and goals for belongingness in the community, participants did not want to see the park district follow a similar path.

Play for Adults / Being Active with Children or while Children Play:

When discussing a health and wellness center, the City Museum in St. Louis was frequently referenced as a model to review. Play, playgrounds, and adult playground features ("more [adult-sized] swings, taller slides") brightened faces and conversations around the table. Playfulness was seen as a component of individual health and wellness across the lifespan.

"I don't know if anyone is familiar with the City Museum in St. Louis. They have this giant playground, but adults can go. And you can play with your kids, or with your nieces, or whatever. And it's just like together, which is another like form of community."

"the last time I walked in Crystal Lake Park I saw someone in scrubs, I assume she was a nurse. And she was on the swings, an adult, and I was like good for you. If you're decompressing or if you're just on your lunch break or whatever you're doing, you're taking care of yourself. And I was like, Oh can you leave? Cause now I want to be on the swings. And so having adult size swings, having the swings that are wheelchair accessible, having the merry-go-rounds....."

"what are we going to do with people over 45 in terms of play? You know? There is creative play in all of us. I'm really enjoying this part of the conversation."

Participants also requested features and programs to engage adults with children. They expressed the desire to have programs that included parents and children as well as activities for the adults while their children play (i.e. walking paths around playgrounds, outdoor board games).

"But there are all these playgrounds for kids, and then I see a lot of adults kind of sitting around. And there is not as much activity to do.... not forgetting that it's not just kids that need to run around and having more of a space for everybody to stay active."

"I don't want to sit on my phone on a bench while they play."

"I want to do the activities my kids do at summer camp. Can I go to camp with them?"

"Family yoga would be an enriching activity for us."

Winter Activity is Limited:

Each focus group discussed the winter season in Urbana. It felt challenging for them to find things to do in order to be healthy. "I think for health and wellness during the winter it feels difficult in Urbana-Champaign because my wife and I just feel like there is nowhere really to go to move around." It was understood that one constraint to recreation in the winter was the local weather. It felt too cold to go out to attend programs, but there wasn't anything to draw them out of the house either, like an outdoor ice-skating rink. For those that used the winter months to train for the local April marathon events, it was challenging to find an "interesting" running route with available bathrooms. The attendees expressed the desire for additional options to get outside and to be active to combat seasonal impacts on their health and wellness. As previously noted, participants mentioned some activities they would like to see (e.g. ice skating), but they were open to other options the park district could provide.

Overall, UPD programs and events were seen as a good reason "to get of out the house," no matter the season. The events, programs, and volunteer work were seen as vital ways for to get active and connect socially, especially for older adults.

Campfire Concepts

Uniquely Urbana:

There is a strong sense of place in Urbana and focus group participants expressed the desire to protect their unique culture. Parks and recreation are part of the fabric they want protected!

"but I also want to highlight the fact that Urbana is special. There are some unique qualities, being born and raised here, I'm very grateful that I was born and raised here, so I would want whatever the park district does to reflect and honor the roots of Urbana and the crunchy granola-ish-ness of Urbana."

"that's where the community pride comes in, and that's where I feel like we as a community are building these spaces together through consensus."

"You Belong Here initiative I think is very welcoming, quite frankly, for Urbana Park District. I think it's a really good idea. And so I think if you can kind of attach yourself to that and have a physical location, you know, where people belong that's uniquely Urbana, suited to Urbana's needs – maybe it is 24 hours a day? That might be a really interesting model."

Despite this strong sense of place and cultural identity, racial/ethnic minority participants were more apt to point out the inequity in maintenance or park infrastructure in their communities. This was more apparent for participants who had moved away to neighboring communities and had memory of enjoying UPD parks as children. How the park system has evolved looks different

to them over distance and time. Thus, participants felt UPD's strategic priorities to better serve diverse and multicultural populations should include representation of historic cultural needs, such as improvements in neighborhood park athletic fields and supervised, but unstructured sport opportunities.



... I feel like we as a community are building these spaces together ...



"We've got a lot of really nice parks and amenities and things already. It's just letting people know that they're there."

Participants identified the most effective marketing channels as the program guide, Facebook Events, Chambana Moms, Smile Politely, and word of mouth. They also expressed interest in upgrading the website and the development of an app to help them learn about programs as well as the best

way to travel to specific parks. Many people pushed for UPD to send home more flyers through the schools about upcoming events, specifically highlighting scholarships. Some countered that this approach was less than ideal because many such flyers do not make it home. Additional alternatives were also suggested such as more electronic billboards in front of UPD facilities, like at Phillips, to help promote upcoming programs and events or an outlook/google calendar that integrates summer camp sign up deadlines, events, and other points of interest with their personal digital calendars.

Overall the sentiment seems to be: UPD has nice parks and programs, we want to know more about them!

> "Well I mean apps are great ways welcome people to Urbana. Here is the park district. Here is a map of where are you, what's the closest park, what are the amenities? Are there fees? How do you get there?"

"A lot of the parks here I found by getting really desperate with two little kids, and



Urbana Park District

not knowing what to do. So lists like Chambanamoms were really helpful."

"I kind of stopped using the park district website. So you should all try it and see, maybe they've changed it. But man, it was not intuitive about how to find a program."

"Yeah, and I have heard parents who when that booklet comes, that summer booklet comes, that they just sit there and they look at it. And to them it's just like a complete lifeline to be able to look in there."

"I will say one social media thing that constantly gets me going places I would never even know about is Facebook events."

Public Input is Valued:

At the end of the focus groups, focus group members were asked to take what they heard throughout the session and select a priority for UPD. The importance of public input was not discussed in the focus group, but it was identified as a top priority for a number of participants, especially those who were concerned about marginalized populations.

"I think it's already done [top priority achieved], just involving the community, giving the opportunity for any community member to come in here and say anything. Let's redo these groups or get out to certain community members and ask these questions all over again and show them what we already have [learned]."





Positive Perception of UPD:

Participants were not asked questions related to their satisfaction with UPD, its staff, or its offerings. At the end of the focus group they were given the opportunity to share any additional thoughts, at which point each focus group chose to share positive remarks about the park district. "I love the park district, I love the staff," was a common phase heard at every session.



I would like to thank the park district. I think they do a really good job.

> "I would like to thank the park district. I think they do a really, really good job."

"I get a lot for my tax dollar, a whole lot for my tax dollar."

"The Park District listens as far as I can tell and I'm real happy about that."

Other Observations & Ideas

Greater than 10 years of Residency Equals Greater Knowledge of UPD:

At the beginning of the focus group, attendees were asked to share their UPD use patterns. Without hesitation, every participant also shared the number of years they had

> lived in Urbana or at their current residence. The moderator observed a noticeable increase in knowledge of UPD parks, programs, and service for those who had lived in Urbana (or the area) more than 10 years when compared with those who had not lived in the area that long. Those who lived in Urbana less than ten years would frequently stop conversation to say, "I've never heard of that, where is it?" or "I didn't know they offered that program, I'm going to check it out." In turn, positive experiences and interactions with staff, programs, and amenities fostered

free publicity and promotion from those who had lived in town for a long period of time.

Music and Art in Parks:

The Jazz walk, Neighborhood Nights, and other events were greatly appreciated. People liked the variety and seemed open to more such events. One crucial aspect in these events was that they were free and people could show up when they liked. Many people – especially those with young kids – mentioned the importance of flexibility with showing up or not, and not having to pay.

Additionally, several people mentioned how much they valued the musical instruments at AMBUCS Park. Kids and parents alike enjoyed this amenity.

Variety of Desires:

Based upon Campfire Concept's previous focus group experience with other park district's in Illinois, it was not unexpected for attendees to have a broad variety of requests, competing ideals, and ideas that may not be immediately realized: "We want a Hessel Park in Urbana," or "Do the same thing to Weaver Park [as Crystal Lake Park]," or we'd like solitude and community. Requests for warmer water temperatures at the Indoor Aquatic Center were in direct competition with the school district's needs (UPD's facility partner). This perceived unmet need appeared to fuel desires for a warm water therapy pool, hot tub, and expanded indoor swimming/water activities.

What Goes Around Comes Around:

The parks, facilities and trails were seen as assets for the community and attendees frequently discussed ways to enhance these amenities, how to increase user benefits, and how to get more people to take advantage of these resources. These discussions led to conversations related to trending recreation programs and amenities that have been available in the past. The participants showed interest in supervised play/sport at the parks (e.g. playground monitors), sports sampling programs at the facilities, and outdoor fitness equipment/stations on trails. Some of the participant's supported focused investments

in "people-ware" over infrastructure. This included selecting staff from "visible" and trusted members of each neighborhood to work in the supervised settings of their immediate parks and facilities. Engaging in such hiring would not only provide the neighborhood with a trusted contact at UPD, it would also enhance employment opportunities for groups of people who have traditionally been underrepresented at UPD.

"I think programming in the park would really help. We have kids at King, at Victory, and all in the southeast Urbana parks who aren't in a kind of a family who can sign them up for Tuesday and drive them to a program. But who would really benefit from programming, so if they knew that every Tuesday morning somebody was going to come with tennis rackets, and balls, and jump ropes. And you know, maybe paint up, tic-tac-toe, I mean hopscotch on the sidewalk, and help them learn to play games. And including teenagers, I think that would be a big help."

Wi-Fi in Parks:

Parks or areas of parks that are clearly marked as locations to find Wi-Fi (both online as well as at the physical site) was of interest to individuals who could "work from home" or graduate students who were looking for an outdoor location to work. Others thought free Wi-Fi might be another draw to get teens in parks. Participants were sensitive to the debate about using technology to get teens into UPD parks; but many pointed out that teens would use their technology anyway so it might not be a bad tool for UPD to draw in more young people.



Residents of Both Urbana and Champaign Over Time:

It was interesting to note that a number of the focus group attendees had lived in both Urbana and Champaign over the course of their lives. This broadens the impact and imprint of the UPD when considering it could be possible for a current Champaign resident to relocate to Urbana or vice versa.

"11th year now. Mostly in Urbana, a couple years in Champaign, and currently in Urbana I lived in Champaign for two of those years, but other than that I've been in Urbana the whole time."

"I'm originally from Urbana. Then I've lived in various places but came back and lived in Champaign for a very long time, until last year."

When Living Arrangements Limit Space and Access, UPD's Services are Even More Vital:

Attendees reflected on the small apartments and hotel rooms that they called home when they first arrived in Urbana. All of these participants mentioned how important it was for them and their families to have UPD's programs, parks, and events to have affordable recreation programs, sport teams, free events, and open space. Therefore, parks and recreation were seen as lifelines for new residents. Awareness, affordability, and access were especially critical for individuals with limited resources.

"Yeah, so I have been to a lot, probably most of the parks in Urbana. I like parks. Especially since most of the time my wife and I have lived in an apartment. So we don't really have a lawn or green space or that sort of thing. So that I would say is one of the major reasons we use parks."

Reflexology Path:

A reflexology path is a walkway full of materials consisting of different shapes and sizes to stimulate and connect individuals to their senses and different energy zones when walking barefoot over the path.

"I would love for somewhere for there to be a reflexology path to do some extra grounding work. Where people could just step on the stone and kind of reorient their body and their energy too."



Outdoor Exercise Equipment and Kinetic Art:

Outdoor fitness equipment, especially along trails and to provide activity for adults who are supervising children at a playground were seen as valuable enhancements and were mentioned in every focus group.

One participant shared a creative idea to combine the other attendees' ideas about outdoor fitness equipment with UPD's historic use of sculpture in parks.

"I think they [outdoor fitness equipment] should be kinetic art that people interact with

to exercise. Because actually I don't know the research related to how frequently those are used, people who are in the parks departments would know. When they get installed do they really get used? But I think if they were some combination of kinetic art that's also exercise that would be amazing."

Indoor Spaces are Thoughtfully Designed:

Three of the focus groups were held at the newly remodeled "kitchen" at the Phillips Recreation Center. The remodel was well received. Additionally, praise was given to the teaching kitchen remodel at the other focus groups held at the planning and operations building. Many participants found UPD's indoor spaces to be thoughtfully designed. One attendee self-identified as a person with autism and they mentioned how the space felt calming and welcoming to them and

that they had the ability to share and process without visual distractions. Participants also appreciated how indoor spaces were designed as multi-use to diversify programs and expand services.

Food and Coffee in or near the Parks:

Food and coffee were seen as a way to enhance and extend one's visit to a park or facility and as natural community builders. Participants loved the opportunity to purchase food at UPD events, but also wondered if there were possibilities for more on-demand locations throughout the district.

Splash Pad:

Splash pads were mentioned a number of times as an amenity for UPD to consider in the future. Hessel and Douglass Parks were suggested as examples of water features they would prefer.

"Yeah, a splash pad would be great, and things that are sensory."

"I don't think you can get any better bang for your buck than splash pads. I mean I would put some way to get wet, and then find shade at every park."

"you know, the parks that are putting in the little water play areas. Those are nice."

Non-traditional Family Events:

One group discussed the desire to have summer camps for families to enjoy together. Another group desired for UPD to help

CITATIONS:

connect or to provide a safe space for blended or dysfunctional families through recreational programming.

"And also, how about dysfunctional family events? A lot of people may see themselves in tough situation. Isn't there any expertise in that level? My cousin told me there was one summer during his parent's divorce that the public pool saved them; that they didn't need a parent. Or what about events that allow for kids to be in the same space as parents who don't get along?"

Outdoor, On-demand Programs in the Park and/or Fitness and Wellness Center:

One participant was inspired by their family's recent visit to Millennium Park in Chicago. They admired and enjoyed the Crown Fountains, which combined sculpture, digital art, and water. It made them think about utilizing an outside wall of the health and wellness center or a wall in a local park to show digital projections of group fitness classes such as yoga. This could be an interesting possibility to offer a number of free programs and classes (art, education, exercise, movies, etc.) at different times of the day or in an on-demand capacity.

On-location Mental Health Care Professionals:

A number of the focus groups came to the conclusion that partnerships would be important for the development of a health and wellness facility, especially partnerships with health care providers. When considering the overall health of an individual, attendees came to the conclusion that mental health care professionals should be included in the new development.



Appendix A: Consent Form & Questions

Consent forms were created to ensure the research team made every effort to protect the anonymity of participants and for the participants to agree or disagree with allowing the discussions to be recorded for future analysis. One participant did not sign the consent form and the information they shared was subsequently redacted from the focus group transcription and analysis.

Consent Form

Purpose of participation

You are a local resident of the Urbana Park District or have access to the Urbana Park District's amenities, offerings, and services. Your opinion matters to the Park District. The Urbana Park District board of commissioners and staff would like to know how they can best meet your needs.

Participation in this focus group is of your own free-will and volition. Your participation will not positively or negatively affect your relationships and standing with the Urbana Park District. You are free to leave a focus group or decline to answer any questions at any time. The research firm reserves the right to ask anyone to leave a focus group if it is within the best interests of the study.

Six total focus groups will be organized and roughly sixty participants will be asked similar questions.

Purpose of this study.

The purpose of the focus groups is to explore the needs, motivations, and constraints of the Urbana Park District residents and users. The results will inform a strategic plan that will set a course of action for the Park District.

Study methods and procedures.

Participants will be asked to join one of six focus groups. The dates, times, and locations of the focus groups will be predetermined by the Urbana Park District. The focus groups will be audio-recorded and will last between one and two hours. Audio-recording is mandatory.

To the best of our knowledge, the things you will be doing have no more risk of harm than you would experience in everyday life. However, a risk of this research is a loss of privacy (revealing to others that you are taking part in this study) or confidentiality (revealing information about you to others to whom you have not given permission to see this information).

This study is designed to learn more about the needs of the Urbana Park District residents and users. The study results will be reported to the Urbana Park District, who may use the information to serve you and/or other residents or users in the future.

Study confidentiality

Staff who may see your information will maintain confidentiality to the extent of laws. Personal identifiers will not be published or presented. Information related to specific Urbana Park District elected officials, staff, or volunteers will not be publicly shared.

Study incentives \$20 gift card to Meijer.

Study agreement

I have read and agree to the Urbana Park District strategic plan focus group consent form. I voluntarily agree to participate in this study and have my responses audio-recorded.

Signature			

Printed Name

UPD Focus Group Protocol & Questions

I. Housekeeping

i. Thank everyone for coming. Distribute confidentiality agreement. Share incentives, offer beverages, and snacks.

Date

- ii. Introduce Jarrod Scheunemann and Campfire Concepts.
- iii. Explain the purpose of the focus groups. Stress that everyone's opinions are important, and we want to hear each person's thoughts about each topic.
- iv. Participant introductions:

Will each of you take about 2 minutes to introduce yourself to the group? Please tell us how you use the Urbana Park District parks, programs, events, and activities.

Follow up: If not, why? What would encourage you to participate?



II. Questions

- *** From now on, please feel free to jump in and share your opinion at any time ***
- 1. What does health and wellness mean to you? (Probe on UPD pillars if connections are possible)
 - a. According to your definition, are your needs currently being met?
 - i. If not, what keeps you from being healthier?
 - ii. Are there other populations (SES, age, individuals with disabilities, etc.) in the community who experience constraints to being healthy?
- 2. How does the Urbana Park District currently serve your health and wellness needs?
 - a. What are ways the Urbana Park District can better serve your health and wellness needs?
 - b. You referenced xyz people group who face xyz health and wellness constraints. How can the Urbana Park District play a role in alleviating these constraints?
- 3. Imagine there was a health and wellness center that served the needs of you and your household:
 - a. What programs, activities, and components (ie. indoor walking track, gyms, group fitness, multi-generation, kitchen, cardio, weights) would you prioritize?
 - b. Where would a health and wellness facility ideally be located? How can UPD make this center safe and accessible for all?
 - c. If you could envision a health and wellness center where you and your household felt welcome, what "welcoming" aspects would be the most important?
 - i. Urbana is unique and special in many ways. What characteristics of a health and wellness facility would fit within the character and identity of your community?
- 4. When surveyed about park and recreation needs, local and national responses prioritize trails.
 - a. What are the trail needs and desires of you and your household?

- i. Use: Biking? Skating? Hiking? Walking? Running? Wild-life observation? Destination? Accessibility?
- ii. Type: Looping? Connected? Regional system? Protected? On-street?
- iii. Surface: dirt, gravel, paved?
- iv. Amenities: Rest rooms?
- v. Safety: Are local trails safe? What makes you feel safe on a trail or within a park?
- 5. Based on what we have discussed today, what is one thing you believe UPD should prioritize spending on?
- 6. Other thoughts you would like to share about the Urbana Park District or your park and recreation needs?

Thank you very much for sharing your time and opinions! We estimate the study will be completed by the end of June of 2019. We'd like to share the results with you by email. Please confirm with the moderator that you would like to review the results.



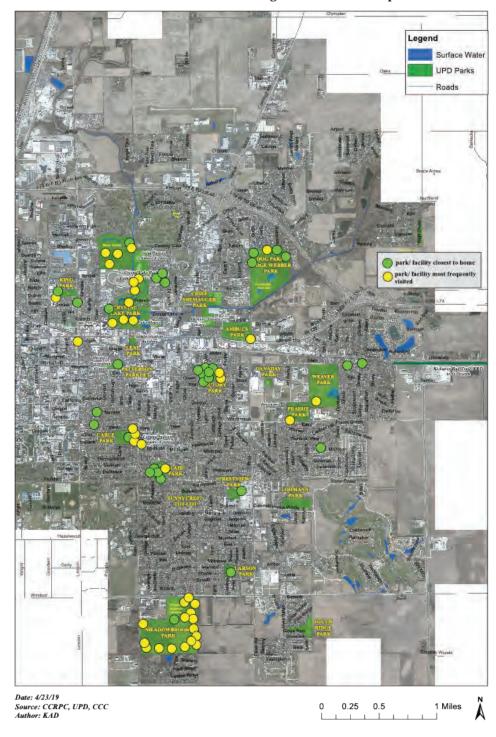


Appendix B: Map of Participant Use Patterns

Focus group participants were asked to identify the location of the UPD park or facility that is closest to their home (green dots) and they were also asked to identify the UPD park or facility that they most frequently use (yellow dots). The moderator forgot to request the participation of one focus group, therefore, the results represent 5 out of 6 focus groups or 38 individual responses.

P Urbana Park District

Parks and Facilities for Strategic Plan Focus Groups



Urbana Park District





Urbana Park District, Champaign County, Illinois

General Obligation Refunding Park Bonds (Alternate Revenue Source), Series 2019A (the "Refunding Bonds")

FULL BOARD STUDY SESSION PRESENTATION - AUGUST 6, 2019



Speer Financial, Inc.

- Independent municipal advisor of the District since 2010
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- Continuing disclosure services
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1 North LaSalle Street, Suite 4100 Chicago, IL 60602 (312) 346-3700 www.speerfinacial.com August 6, 2019

Ms. Catherine Roland Business Manager Urbana Park District 303 W. University Ave. Urbana, IL 61801

Dear Caty:

The District's General Obligation Park Bonds (Alternate Revenue Source), Series 2010, and the General Obligation Park Bonds (Alternate Revenue Source), Series 2011A are callable on December 15, 2019. This planning packet provides a footprint refunding scenario of these bonds which is projected to generate savings (net of the costs of issuances) of \$883,866 and two restructuring scenarios that refund the aforementioned bonds and provide a \$5 million and a \$6 million new money scenarios.

This planning packet is structured to provide you with the preliminary details of the proposed issuance and is designed to aid the decision making process. Current and future market conditions and interest rates are subject to change and any information based on such market conditions and interest rates is not guaranteed.

Speer Financial, Inc. is not affiliated with any broker-dealer nor do we service in any capacity other than municipal advisor. This enables Speer to offer unbiased advice solely in the District's best interests and avoid any conflicts of interest. Should you have any questions regarding any information presented in this planning packet please don't hesitate to reach out to me. I look forward to assisting you through this process.

Sincerely,

Aaron Gold

Assistant Vice President Speer Financial, Inc.

(847) 533-2154

agold@speerfinancial.com



The Refunding Bonds - Distribution list

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TBD	Credit Rating Service	Standard & Poor's	TBD	TBD
TBD	Bond Registrar & Paying Agent	TBD	TBD	TBD
TBD	Verifcation Agent	TBD	TBD	TBD
TBD	Open Market Securities Biddging Agent	TBD	TBD	TBD

Speer Financial, Inc.

The Refunding Bonds – Financing Timetable

ACTION	PARTY RESPONSIBLE	DATE
Finance Committee Presentation	District and Speer	June 28
Distribute Draft Authorizing Ordinance, BINA, and TEFRA Hearing Notices	Bond Counsel	Week of July 22
Full Board Study Session	District and Speer	August 6
Adoption of Authorizing Ordinance	District	August 13
Publication of Authorizing Ordinance Notice	District	Week of August 19
Publication of BINA and TEFRA Notices	District	By August 27
30-Day Petition Period Begins		
BINA and TEFRA Public Hearing	District	September 10
Distribute Draft of POS	Speer	Week of September 16
Submit Rating Request	Speer	Week of September 16
30-Day Petition Period Ends		
Comments Received on Draft POS	All Parties	Week of September 30
Rating Call	District and Speer	Week of October 14
Receive Bond Rating	District and Speer	Week of October 21
Distribute Draft of Bond Ordinance	Bond Counsel	Week of October 28
Finalize and Distribute POS	Speer	By October 29
Bond Sale	All Parties	November 12
Bond Ordinance Adopted	District	November 12
Bond Closing	All Parties	November 26

Board Action

Newspaper Publication Event

Urbana Park District, Champaign County, IL GO Refunding Park Bonds (Alternate Revenue Source), Series 2019A

Model 1: Foot Print Refunding (Market +50 Basis Points)

	GO Refunding Park Bonds (Alt Rev), Series 20.						
	Series	Series	Existing	Date	ed: November 26,	2019	
Year	2011 Alt Rev	2010 BAB's	Debt	Principal	Interest		Refunding
	Debt Service	Debt Service ¹	Service	12/15	6/15 & 12/15	Total ²	Savings
2020	\$474,850	\$528,210	\$1,003,060	\$635,000	\$310,926	\$945,926	\$57,135
2021	470,650	526,724	997,374	660,000	280,416	940,416	56,958
2022	471,250	529,547	1,000,797	680,000	264,576	944,576	56,221
2023	471,450	526,358	997,808	690,000	247,576	937,576	60,232
2024	471,250	527,296	998,546	710,000	229,636	939,636	58,910
2025	475,650	527,149	1,002,799	735,000	210,821	945,821	56,978
2026	479,450	526,448	1,005,898	755,000	190,976	945,976	59,922
2027	472,650	528,715	1,001,365	775,000	169,836	944,836	56,529
2028	475,275	525,176	1,000,451	795,000	147,361	942,361	58,090
2029	471,888	526,033	997,920	815,000	123,511	938,511	59,409
2030	472,669	286,083	758,752	600,000	98,246	698,246	60,506
2031	477,794	-	477,794	360,000	79,046	439,046	38,748
2032	476,594	-	476,594	370,000	67,346	437,346	39,248
2033	474,250	-	474,250	380,000	55,062	435,062	39,188
2034	474,750	-	474,750	390,000	42,294	432,294	42,456
2035	474,250	-	474,250	405,000	28,878	433,878	40,372
2036	477,750	-	477,750	420,000	14,784	434,784	42,966
	\$8,062,419	\$5,557,738	\$13,620,157	\$10,175,000	\$2,561,291	\$12,736,291	\$883,866

Analysis as of 6/18/19

¹ Total debt service net of expected BAB subsidy. Assumes a 6.2% loss of subsidy due to sequestration.

² Preliminary, subject to change

Urbana Park District, Champaign County, IL

GO Refunding Park Bonds (Alternate Revenue Source), Series 2019A Model 2: Refunding and \$5,000,000 New Money With a \$1.05 Million Annual Debt Service Requirement

				GO Refunding F	Park Bonds (Alt Re	ev), Series 2019A	
	Series	Series	Existing	Date	ed: November 26,	2019	Annual Debt
Year	2011 Alt Rev	2010 BAB's	Debt	Principal	Interest		Service
	Debt Service	Debt Service ¹	Service	12/15	6/1 & 12/15	Total ²	Variance
2020	\$474,850	\$528,210	\$1,003,060	\$555,000	\$503,243	\$1,058,243	(\$55,183)
2021	470,650	526,724	997,374	590,000	464,972	1,054,972	(57,598)
2022	471,250	529,547	1,000,797	600,000	450,812	1,050,812	(50,016)
2023	471,450	526,358	997,808	620,000	435,812	1,055,812	(58,004)
2024	471,250	527,296	998,546	640,000	419,692	1,059,692	(61,146)
2025	475,650	527,149	1,002,799	655,000	402,732	1,057,732	(54,933)
2026	479,450	526,448	1,005,898	670,000	385,047	1,055,047	(49,149)
2027	472,650	528,715	1,001,365	690,000	366,287	1,056,287	(54,922)
2028	475,275	525,176	1,000,451	710,000	346,277	1,056,277	(55,826)
2029	471,888	526,033	997,920	735,000	324,977	1,059,977	(62,057)
2030	472,669	286,083	758,752	750,000	302,192	1,052,192	(293,440)
2031	477,794	-	477,794	780,000	278,192	1,058,192	(580,398)
2032	476,594	-	476,594	805,000	252,842	1,057,842	(581,248)
2033	474,250	-	474,250	830,000	226,116	1,056,116	(581,866)
2034	474,750	-	474,750	855,000	198,228	1,053,228	(578,478)
2035	474,250	-	474,250	885,000	168,816	1,053,816	(579,566)
2036	477,750	-	477,750	915,000	138,018	1,053,018	(575,268)
2037	-	-	-	950,000	105,810	1,055,810	(1,055,810)
2038	-	-	-	985,000	72,085	1,057,085	(1,057,085)
2039	_	<u> </u>	<u>-</u>	1,020,000	36,822	1,056,822	(1,056,822)
	\$8,062,419	\$5,557,738	\$13,620,157	\$15,240,000	\$5,878,972	\$21,118,972	(\$7,498,815)

Analysis as of 6/18/19

Total New Capital \$5,000,000

Speer Financial, Inc.

¹ Total debt service net of expected BAB subsidy. Assumes a 6.2% loss of subsidy due to sequestration.

² Preliminary, subject to change

Urbana Park District, Champaign County, IL GO Refunding Park Bonds (Alternate Revenue Source), Series 2019A

Model 3: Refunding and \$6,000,000 New Money

	GO Refunding Park Bonds (Alt Rev), Series 2019A						
	Series	Series	Existing	Date	d: November 26,	2019	Annual Debt
Year	2011 Alt Rev	2010 BAB's	Debt	Principal	Interest		Service
	Debt Service	Debt Service ¹	Service	12/15	6/1 & 12/15	Total ²	Variance
2020	\$474,850	\$528,210	\$1,003,060	\$455,000	\$540,844	\$995,844	\$7,216
2021	470,650	526,724	997,374	520,000	503,038	1,023,038	(25,664)
2022	471,250	529,547	1,000,797	555,000	490,558	1,045,558	(44,762)
2023	471,450	526,358	997,808	595,000	476,683	1,071,683	(73,875)
2024	471,250	527,296	998,546	635,000	461,213	1,096,213	(97,667)
2025	475,650	527,149	1,002,799	680,000	444,386	1,124,386	(121,587)
2026	479,450	526,448	1,005,898	720,000	426,026	1,146,026	(140,128)
2027	472,650	528,715	1,001,365	765,000	405,866	1,170,866	(169,501)
2028	475,275	525,176	1,000,451	790,000	383,681	1,173,681	(173,230)
2029	471,888	526,033	997,920	810,000	359,981	1,169,981	(172,060)
2030	472,669	286,083	758,752	835,000	334,871	1,169,871	(411,119)
2031	477,794	-	477,794	865,000	308,151	1,173,151	(695,357)
2032	476,594	-	476,594	890,000	280,038	1,170,038	(693,444)
2033	474,250	-	474,250	920,000	250,490	1,170,490	(696,240)
2034	474,750	-	474,750	955,000	219,578	1,174,578	(699,828)
2035	474,250	-	474,250	985,000	186,726	1,171,726	(697,476)
2036	477,750	-	477,750	1,020,000	152,448	1,172,448	(694,698)
2037	_	-	-	1,055,000	116,544	1,171,544	(1,171,544)
2038	-	-	-	1,095,000	79,092	1,174,092	(1,174,092)
2039	_		-	1,105,000	39,891	1,144,891	(1,144,891)
	\$8,062,419	\$5,557,738	\$13,620,157	\$16,250,000	\$6,460,101	\$22,710,101	(\$9,089,944)

Analysis as of 6/18/19

Total New Capital \$6,0

\$6,000,000

¹ Total debt service net of expected BAB subsidy. Assumes a 6.2% loss of subsidy due to sequestration.

² Preliminary, subject to change



Urbana Park District, Champaign County, Illinois

General Obligation Park Bonds (Alternate Revenue Source), Series 2011A

Final

Credit Rating: S&P; AA Call Date: December 15, 2019

Purpose: Construction of a Family Aquatic Center in Crystal Lake Park

Debt Service Schedule

Date	Principal	Coupon	Interest	Total P+I	Bond Year Total
05/24/2011	-	-	-	-	-
12/15/2011	-	-	168,991.67	168,991.67	168,991.67
06/15/2012	-	-	144,850.00	144,850.00	-
12/15/2012	50,000.00	3.000%	144,850.00	194,850.00	339,700.00
06/15/2013	-	-	144,100.00	144,100.00	-
12/15/2013	195,000.00	3.000%	144,100.00	339,100.00	483,200.00
06/15/2014	-	-	141,175.00	141,175.00	-
12/15/2014	200,000.00	3.000%	141,175.00	341,175.00	482,350.00
06/15/2015	-	-	138,175.00	138,175.00	-
12/15/2015	200,000.00	3.000%	138,175.00	338,175.00	476,350.00
06/15/2016	-	-	135,175.00	135,175.00	-
12/15/2016	205,000.00	3.000%	135,175.00	340,175.00	475,350.00
06/15/2017	-	-	132,100.00	132,100.00	-
12/15/2017	210,000.00	3.000%	132,100.00	342,100.00	474,200.00
06/15/2018	-	-	128,950.00	128,950.00	-
12/15/2018	215,000.00	3.000%	128,950.00	343,950.00	472,900.00
06/15/2019	-	-	125,725.00	125,725.00	-
12/15/2019	220,000.00	3.000%	125,725.00	345,725.00	471,450.00
06/15/2020	-	-	122,425.00	122,425.00	-
12/15/2020	230,000.00	4.000%	122,425.00	352,425.00	474,850.00
06/15/2021	-	-	117,825.00	117,825.00	-
12/15/2021	235,000.00	4.000%	117,825.00	352,825.00	470,650.00
06/15/2022	-	-	113,125.00	113,125.00	-
12/15/2022	245,000.00	4.000%	113,125.00	358,125.00	471,250.00
06/15/2023	-	-	108,225.00	108,225.00	-
12/15/2023	255,000.00	4.000%	108,225.00	363,225.00	471,450.00
06/15/2024	-	-	103,125.00	103,125.00	-
12/15/2024	265,000.00	4.000%	103,125.00	368,125.00	471,250.00
06/15/2025	-	-	97,825.00	97,825.00	-
12/15/2025	280,000.00	4.000%	97,825.00	377,825.00	475,650.00
06/15/2026	-	-	92,225.00	92,225.00	-
12/15/2026	295,000.00	4.000%	92,225.00	387,225.00	479,450.00
06/15/2027	-	-	86,325.00	86,325.00	-
12/15/2027	300,000.00	4.125%	86,325.00	386,325.00	472,650.00
06/15/2028	-	-	80,137.50	80,137.50	-
12/15/2028	315,000.00	4.250%	80,137.50	395,137.50	475,275.00
06/15/2029	-	-	73,443.75	73,443.75	-
12/15/2029	325,000.00	4.375%	73,443.75	398,443.75	471,887.50
06/15/2030	-	-	66,334.38	66,334.38	-
12/15/2030	340,000.00	4.375%	66,334.38	406,334.38	472,668.76
06/15/2031	-	-	58,896.88	58,896.88	-
12/15/2031	360,000.00	4.500%	58,896.88	418,896.88	477,793.76
06/15/2032	-	-	50,796.88	50,796.88	-
12/15/2032	375,000.00	4.625%	50,796.88	425,796.88	476,593.76
06/15/2033	-	-	42,125.00	42,125.00	-
12/15/2033	390,000.00	5.000%	42,125.00	432,125.00	474,250.00
06/15/2034	-	-	32,375.00	32,375.00	-
12/15/2034	410,000.00	5.000%	32,375.00	442,375.00	474,750.00
06/15/2035	-	-	22,125.00	22,125.00	-
12/15/2035	430,000.00	5.000%	22,125.00	452,125.00	474,250.00
06/15/2036	-	-	11,375.00	11,375.00	-
12/15/2036	455,000.00	5.000%	11,375.00	466,375.00	477,750.00
Total	\$7,000,000.00	-	\$4,906,910.45	\$11,906,910.45	-

Yield Statistics

Base date for Avg. Life & Avg. Coupon Calculation	11/19/2019
Average Life	9.709 Years
Average Coupon	4.6341810%
Weighted Average Maturity (Par Basis)	9.709 Years
Weighted Average Maturity (Original Price Basis)	10.034 Years

Urbana Park District, Champaign County, Illinois

Taxable General Obligation Park Bonds (Alternate Revenue Source), Series 2010 (BAB - Direct Payment) ***Final***

Credit Rating: S&P; AA Call Date: December 15, 2019

Purpose: Operations and Planning Facility at Chief Shemauger Park, General Park and Facility improvements at Crystal

Lake Park, and the Hickory Street Storage Site

Debt Service Schedule

		,		_		Bond Year
Date	Principal	Coupon	Interest	BAB Rebate ¹	Total P+I	Total
07/01/2010	-	-	-	-	-	-
12/15/2010	-	-	153,340.00	(50,341.52)	102,998.48	102,998.48
06/15/2011	-	-	168,300.00	(55,252.89)	113,047.11	-
12/15/2011	305,000.00	1.250%	168,300.00	(55,252.89)	418,047.11	531,094.22
06/15/2012	-	-	166,393.75	(54,627.06)	111,766.69	-
12/15/2012	310,000.00	1.650%	166,393.75	(54,627.06)	421,766.69	533,533.38
06/15/2013	-	-	163,836.25	(53,787.44)	110,048.81	-
12/15/2013	310,000.00	2.150%	163,836.25	(53,787.44)	420,048.81	530,097.62
06/15/2014	-	-	160,503.75	(52,693.38)	107,810.37	-
12/15/2014	315,000.00	2.650%	160,503.75	(52,693.38)	422,810.37	530,620.74
06/15/2015	-	-	156,330.00	(51,323.13)	105,006.87	-
12/15/2015	320,000.00	3.000%	156,330.00	(51,323.13)	425,006.87	530,013.74
06/15/2016	-	-	151,530.00	(49,747.29)	101,782.71	-
12/15/2016	325,000.00	3.450%	151,530.00	(49,747.29)	426,782.71	528,565.42
06/15/2017	-	-	145,923.75	(47,906.76)	98,016.99	-
12/15/2017	335,000.00	3.700%	145,923.75	(47,906.76)	433,016.99	531,033.98
06/15/2018	-	-	139,726.25	(45,872.12)	93,854.13	-
12/15/2018	345,000.00	3.950%	139,726.25	(45,872.12)	438,854.13	532,708.26
06/15/2019	-	-	132,912.50	(43,635.17)	89,277.33	-
12/15/2019	350,000.00	4.400%	132,912.50	(43,635.17)	439,277.33	528,554.66
06/15/2020	-	-	125,212.50	(41,107.26)	84,105.24	-
12/15/2020	360,000.00	4.750%	125,212.50	(41,107.26)	444,105.24	528,210.48
06/15/2021	-	-	116,662.50	(38,300.29)	78,362.21	-
12/15/2021	370,000.00	4.900%	116,662.50	(38,300.29)	448,362.21	526,724.42
06/15/2022	-	-	107,597.50	(35,324.25)	72,273.25	-
12/15/2022	385,000.00	5.100%	107,597.50	(35,324.25)	457,273.25	529,546.50
06/15/2023	-	-	97,780.00	(32,101.17)	65,678.83	-
12/15/2023	395,000.00	5.300%	97,780.00	(32,101.17)	460,678.83	526,357.66
06/15/2024	-	-	87,312.50	(28,664.69)	58,647.81	-
12/15/2024	410,000.00	5.500%	87,312.50	(28,664.69)	468,647.81	527,295.62
06/15/2025	-	-	76,037.50	(24,963.11)	51,074.39	-
12/15/2025	425,000.00	5.500%	76,037.50	(24,963.11)	476,074.39	527,148.78
06/15/2026	-	-	64,350.00	(21,126.10)	43,223.90	-
12/15/2026	440,000.00	6.000%	64,350.00	(21,126.10)	483,223.90	526,447.80
06/15/2027	-	-	51,150.00	(16,792.54)	34,357.46	-
12/15/2027	460,000.00	6.000%	51,150.00	(16,792.54)	494,357.46	528,714.92
06/15/2028	-	-	37,350.00	(12,262.00)	25,088.00	-
12/15/2028	475,000.00	6.000%	37,350.00	(12,262.00)	500,088.00	525,176.00
06/15/2029	-	-	23,100.00	(7,583.73)	15,516.27	-
12/15/2029	495,000.00	6.000%	23,100.00	(7,583.73)	510,516.27	526,032.54
06/15/2030	-	-	8,250.00	(2,708.47)	5,541.53	-
12/15/2030	275,000.00	6.000%	8,250.00	(2,708.47)	280,541.53	286,083.06
Total	\$7,405,000.00	-	\$4,513,857.50	(1,481,899.22)	\$10,436,958.28	-

Yield Statistics

Base date for Avg. Life & Avg. Coupon Calculation	11/19/2019
Average Life	5.743 Years
Average Coupon	5.7243296%
Weighted Average Maturity (Par Basis)	5.743 Years
Weighted Average Maturity (Original Price Basis)	6.181 Years

¹ Assumes a rebate sequestration rate of 6.20%.