



It is the mission of the Urbana Park District to:

- Improve the quality of life of its citizens through a responsive, efficient, and creative park and recreation system,*
- Pursue excellence in a variety of programs, parks and special facilities that contribute to the attractiveness of neighborhoods, conservation of the environment and the overall health of the community.*

**NOTICE AND AGENDA OF MEETING
URBANA PARK DISTRICT ADVISORY COMMITTEE (UPDAC)
TUESDAY, NOVEMBER 19, 2019
7:00 PM
PLANNING AND OPERATIONS FACILITY
1011 E. KERR AVENUE
URBANA, ILLINOIS 61802**

- I. Call to Order**
- II. Public Comment**
- III. New Business**
 - A. Health and Wellness Facility Update – UPD Staff
- IV. Questions and Answers** – Answer any questions as follow up from previous meeting
- V. Reports**
 - A. UPDAC Chair
 - B. Director
 - C. Board Representative
 - D. UPD Projects Update
- VI. Approval of the Minutes of the October 22, 2019 Meeting**
- VII. UPDAC Member Comments and Open Discussion**
- VIII. Adjourn**

Upcoming meetings:

*December meeting – none
January 28, 2020
February 25, 2020
March 24, 2020
April 28, 2020*

*****This month's secretary is Jennifer Hardesty*****

Note: The Meeting Agenda and Supporting Materials are on the UPD website at <http://www.urbanaparks.org/documents/index.html>; choose the "Public Meetings" category and search for the meeting information you wish to download.

UPDAC Minutes

October 22, 2019

Attending:

UPDAC members: Nicki Ambrose, Tomas Delgado, Kay Holley, Ben Kaap, Melissa Logsdon, Howard Schein, Travis Schiess, Amita Sinha

UPD Commissioners: None

UPD Staff: Tim Bartlett, Corky Emberson, Andy Rousseau

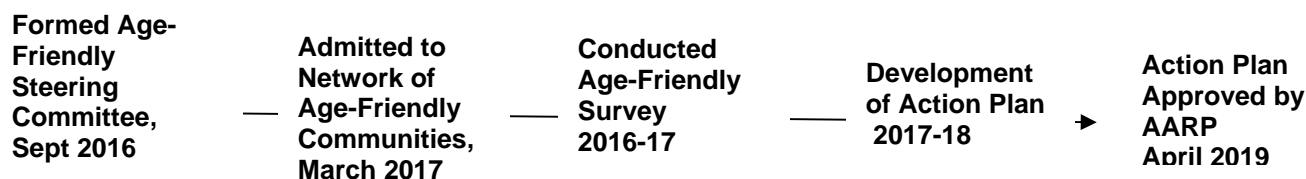
Guest Presenters: UPD staff members Janet Soesbe, Jacob Johnston

Call to Order: The meeting was called to order at 7:00 pm by acting chair, Melissa Logsdon

Public Comment: None

New Business:

- **Wendy Bartlo**, scheduled presenter, was not able to attend tonight. Her presentation will be done later.
- **Tim Bartlett** took a few minutes to give the group some background on the UPD's participation in an important local initiative: Age Friendly Programming. The work that has been done is presented in the following timeline:



--from "Age-Friendly Champaign-Urbana" handout

Tim described the work as ongoing, but still in process. UPD has partnered with local entities such as the Housing Authority, MTD, the City of Urbana, Service organizations and Public agencies to begin to envision our community as a more age-friendly environment. An Action Plan has been developed and approved by AARP. The plan has three priorities: Inclusion, Transportation, and Communication.

Corky Emberson added that this is a response, in part, to the UPD's Underrepresented Populations Study results—with elders counting as such a group, Corky talked about some of the things that UPD has already started doing in the interest of Age-Friendly programs—which led to the introduction of our **presenters**.

- **Slide Presentation by Jacob Johnston, with Janet Soesbe:**

Jacob holds a staff position that is shared by **Urbana Park District** and **Clark-Lindsey Village** in Urbana. This position was created from an understanding that elders are an underserved population in our community and that "happy and healthy seniors are a tremendous community value." He gave us an overview of the work he does, both at C-L and at UPD:

His work at Clark-Lindsey is often focused on working with aging residents on tech issues. He summarized the position as follows:

"Technology Engagement Coordinator"

- 300+ hours of one-on-one technology assistance (Mar 2018- Sep 2019)
- Apartment visits for troubleshooting stationary devices and internet issues

- Research and implement Clark-Lindsey community technologies
- Technology-centric programming

Jacob also works with aging populations through UPD. In addition to providing tech assistance to elders, his job is to--

- -Facilitate senior club goings on, potlucks, and cloud-based photo album
- -Create, publish, and facilitate Age-Friendly programs & events
- -Represent Urbana Park District at community events and conferences

A list of community programs now available for seniors in Urbana includes:

- Technology Help Office Hours
- iPad and FaceTime 101
- Beginner's Ukulele Workshop
- Champaign-Urbana Ukulele Jam
- Age-Friendly Writer's Forum
- Connections Café
- Urbana Park Walkers
- Cooking Demos w/ Chef Ryan
- 55 After 5 at Jupiter's
- Celebrate Aging Carnival & Art Fair
- Ethel & Maud's Table
- Ethel & Maud's Happy Hour

Jacob suggested some possible future activities for Elders:

- Smart Phone Photography with Free Cloud Storage and Management Classes
- Community VR Dementia/Alzheimer's Training
- Intergenerational SPLASH/FRESH programming
- Cyber Security Lecture Series
- More Cooking Classes and Demonstrations
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As well as some directions for programming in general:

- Active Adult **vs** Older Adult/Senior programming
- Proliferate community connections to eliminate duplicate offerings
- Advertise senior-centric programming offered by other staffers:
 - Senior-centric exercise and dance classes
 - Age-friendly nature programming
 - Community art/music events
 - And of course... Pickle Ball!

Jacob's presentation was ably augmented by commentary from **Janet Soesbe**, who is the **UPD Community Program Manager**, as well as further discussion from other staff who were present.

Questions and Answers: None

Reports:

- UPDAC Chair:** Melissa reminded the group that November's meeting is on Tuesday, November 19, which is a week earlier than usual. She also announced that UPDAC will be the recipients of a Governor's Award!

- B. **Director:** Tim added that 2021 will be the 50th anniversary of UPDAC. UPD plans to celebrate that and this award feels very timely. While we're at it—Corky announced that UPD Aquatics is not an official USA Swim Program, with year-round competitive swimming. We are one of two USA Swim programs in CU—the other the YMCA in Champaign.
- C. **Board Representative:** None
- D. **UPD Projects update:** Tim and staff had a lot to report at this meeting, including
- Leal Park updates proceeding apace
 - ITEP, the new all-purpose path at CLP has checked out with IDOT!
 - The Saline Project (Habitat Enhancement) starts November 11
 - CLP rehab—new construction will begin in early spring
 - PARC grant will proceed apace
 - Presentation of the IDNR Grant Program Schedule for 2020

Approval of the Minutes of the September 24, 2019 meeting: Howard Schein moved; Nicky Ambrose seconded. Approved.

UPDAC Member Comments: None

Adjourn: Kay Holley moved. Ben Kaap seconded. Approved. Meeting adjourned at 8:55 pm

Minutes submitted by Kay Holley